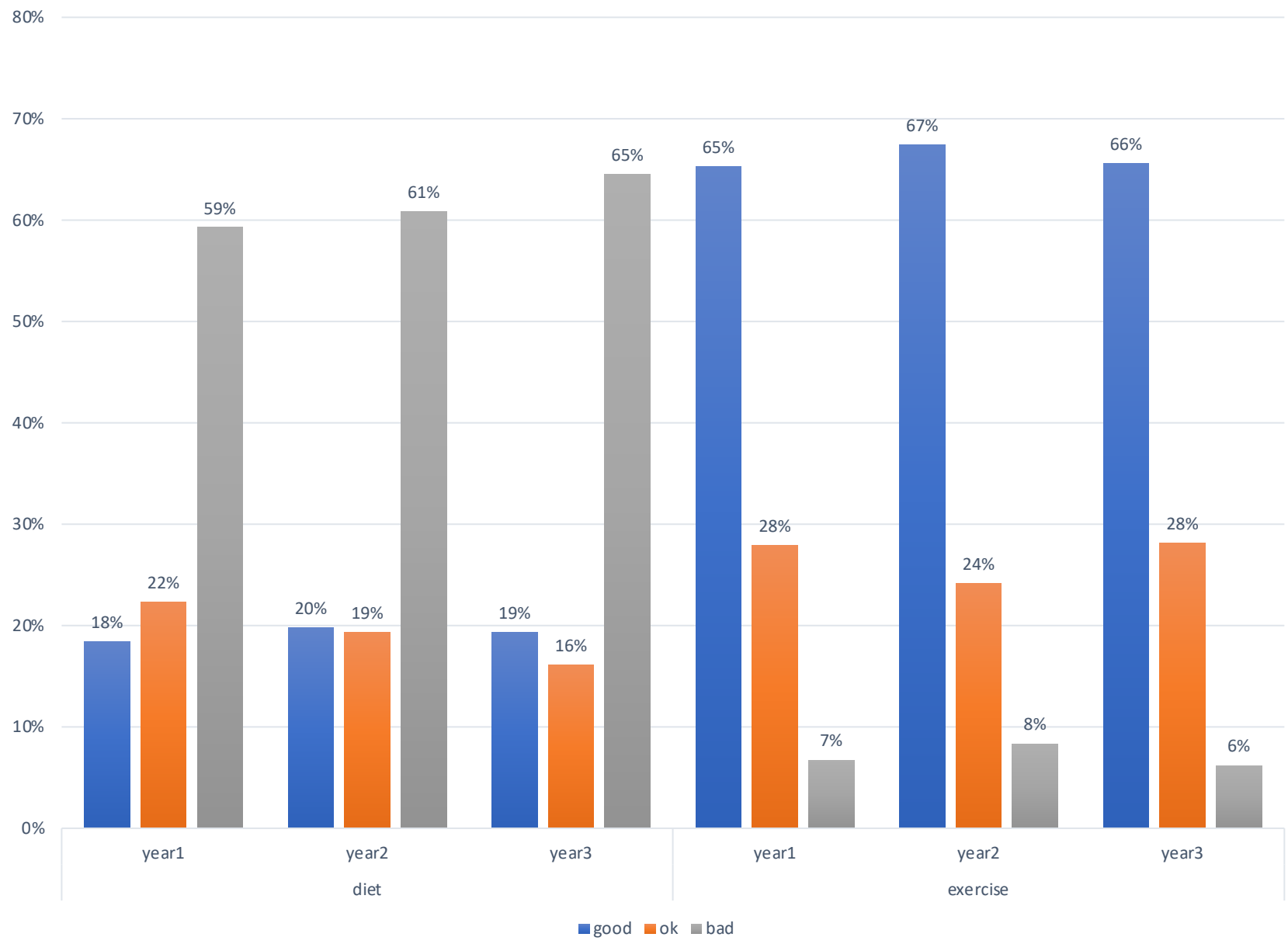
80%
70%
60%
50%
40%
30%
20%
10%
0%
18%
22%
59%
20%
19%
61%
19%
16%
65%
65%
28%
7%
67%
24%
8%
66%
28%
6%
year1
year2
year3
year1
year2
year3
diet
exercise
good
ok
bad