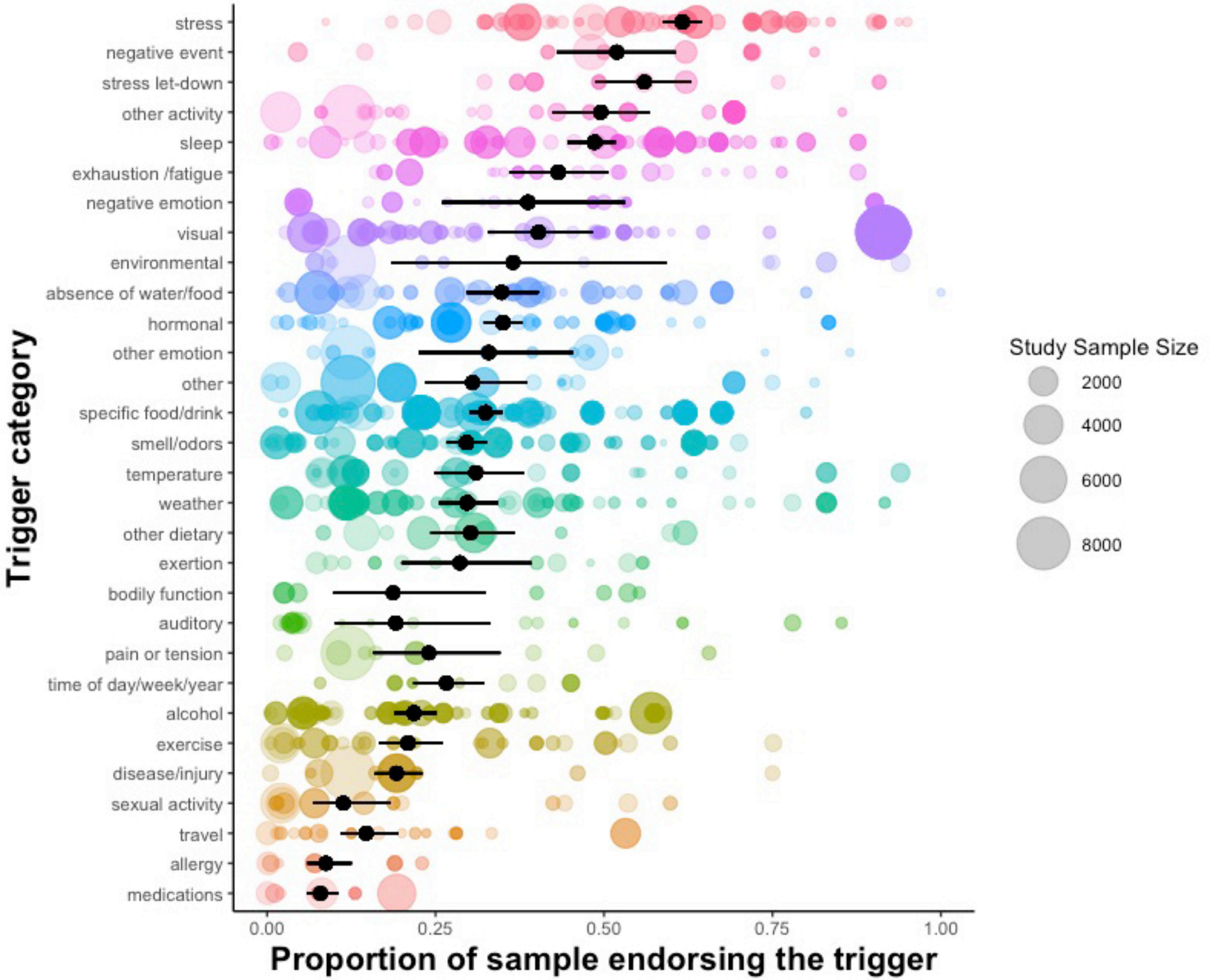
Figure e4.


stress
negative event
stress let-down
other activity
sleep
exhaustion /fatigue
negative emotion
visual
environmental
absence of water/food
hormonal
other emotion
other
specific food/drink
smell/odors
temperature
weather
other dietary
exertion
bodily function
auditory
pain or tension
time of day/week/year
alcohol
exercise
disease/injury
sexual activity
travel
allergy
medications
Trigger category
0.00
0.25
0.50
0.75
1.00
Proportion of sample endorsing the trigger
Study Sample Size
2000
4000
6000
8000