Introduction

The vinegar fly, *Drosophila melanogaster*, is a well-established model for studying many aspects of biology. *Drosophila* research has a rich history of genetic experimentation that allows sophisticated forms of gene manipulation including expression, knockdown and mutation. With the advent of fluorescent protein labels, this repertoire has expanded to include studies of cells and proteins in living animals. The fly embryo is an excellent system for such studies as it is small and optically clear allowing deep, high-resolution imaging. Most live imaging studies in *Drosophila* have focused on the embryonic stages that are accessible to manipulation and observation because of their small size and optical clarity. However, in these stages the cell cycle is unusual in that it lacks one or both of the gap phases. By contrast, cells of the pupal wing of *Drosophila* have a typical cell cycle and undergo a period of rapid mitosis spanning about 20 hr of pupal development. It is easy to identify and isolate pupae of the appropriate stage to catch mitosis in situ. Mounting intact pupae provided the best combination of tractability and durability during imaging, allowing experiments to run for several hours with minimal impact on cell and animal viability. The method allows observation of features as small as, or smaller than, fly chromosomes. Adjustment of microscope settings and the details of mounting, allowed extension of the preparation to visualize membrane dynamics of adjacent cells and fluorescently labeled proteins such as tubulin. This method works for all tested fluorescent proteins and can capture submicron scale features over a variety of time scales. While limited to the outer 20 μm of the pupa with a conventional confocal microscope, this approach to observing protein and cellular dynamics in pupal tissues in vivo may be generally useful in the study of cell and developmental biology in these tissues.

Video Article

**Imaging Through the Pupal Case of *Drosophila melanogaster***

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Abstract

The longstanding use of *Drosophila* as a model for cell and developmental biology has yielded an array of tools. Together, these techniques have enabled analysis of cell and developmental biology from a variety of methodological angles. Live imaging is an emerging method for observing dynamic cell processes, such as cell division or cell motility. Having isolated mutations in uncharacterized putative cell cycle proteins it became essential to observe mitosis in situ using live imaging. Most live imaging studies in *Drosophila* have focused on the embryonic stages that are accessible to manipulation and observation because of their small size and optical clarity. However, in these stages the cell cycle is unusual in that it lacks one or both of the gap phases. By contrast, cells of the pupal wing of *Drosophila* have a typical cell cycle and undergo a period of rapid mitosis spanning about 20 hr of pupal development. It is easy to identify and isolate pupae of the appropriate stage to catch mitosis in situ. Mounting intact pupae provided the best combination of tractability and durability during imaging, allowing experiments to run for several hours with minimal impact on cell and animal viability. The method allows observation of features as small as, or smaller than, fly chromosomes. Adjustment of microscope settings and the details of mounting, allowed extension of the preparation to visualize membrane dynamics of adjacent cells and fluorescently labeled proteins such as tubulin. This method works for all tested fluorescent proteins and can capture submicron scale features over a variety of time scales. While limited to the outer 20 μm of the pupa with a conventional confocal microscope, this approach to observing protein and cellular dynamics in pupal tissues in vivo may be generally useful in the study of cell and developmental biology in these tissues.

Protocol

1. Fly Work

   1. Maintain flies on standard cornmeal-agar-molasses-yeast medium at room temperature¹⁰.
2. For crosses, isolate virgins within 6 hr of eclosion. After crossing to males of the desired genotype, change flies to new vials every 3-4 days.

Note: For these experiments, Gal4 line A9 was used to drive expression of transgenes in the wing. Fly stocks can be obtained from the stock center in Bloomington. Stocks used in these experiments include A9-Gal4 (Bl#8761), His2Av-GFP (Bl#5941), Sco/CyO HsCre (Bl#1092), UAS-ChRFP-Tub (Bl#25773), lolilibow11.

2. Selection and Mounting of Pupae

1. Stage pupae either by collecting them as white prepupae (WPP) and keeping them at 25 °C until they reach the appropriate age or by using morphological criteria12.

2. To observe cell divisions, select pupa that have recently undergone head eversion. From this time until just before eclosion (at >96 hr), pupae are immobile allowing extended time-lapse observation.

3. Remove pupae from the vials by first touching them with a paintbrush moistened with water, waiting for a minute to allow the water to loosen the adhesive and then gently prodding them onto the paintbrush.

4. Gently wash selected pupae by prodding them with a paintbrush in water to remove the salivary gland adhesive and food particles.

5. Transfer clean pupae to a 25 mm Petri dish with a coverslip bottom (number 1 ½ coverslips).

6. Using thin strips of either modeling clay or dental wax as a support, mount pupae so that the tissue of interest is closest to the coverslip. Note: In the studies described here, pupal wings, legs, abdominal histoblasts or dorsal notum have been observed. In practice, any tissue within 20 µm of the surface of the pupal case is observable.

7. Orient pupae carefully so that the tissue of interest is parallel to the glass coverslip surface.

8. Once pupae are mounted, use a paintbrush to transfer a thin layer of thiodiethylene glycol (TDG) to the space between the pupa and the coverslip.

Note: TDG reduces surface scattering, matches the refractive index of oil, and allows oxygen to permeate the tissue13. Use of oils is not recommended, as they tend to deprive the tissues of oxygen, causing rapid cessation of cell behaviors.

3. Imaging

Note: For imaging, a confocal microscope is likely to be essential as the confocality removes most of the obscuring background caused by intense illumination of the pupal case.

1. Adjust settings on the confocal to minimize the impact of illumination on pupal development and viability. To do so, strike a balance between the intensity of excitation and the sensitivity of collection. A typical configuration for imaging with the Leica SP5 used the resonant scanner (8,000 Hz), laser power set to 2% (10% transmittance of 20% power), pinhole set to 120 µm, and line averaging set to 8. Settings will vary depending on experimental conditions.

Note: To resolve fine scale features 40X and 63X Oil immersion lenses (0.1 mm working distance) have also been successfully used in this method, though they limit the depth of focus.

4. Analysis

To analyze frames, z-stacks or movies import the data files to FIJI, which has effective tools for viewing, measuring, and modifying files for presentation14. For example time to complete mitosis was measured using the sampling interval and multidimensional image browser to step through frames while watching a cell from prophase to telophase. x-, y-, and z-dimensions can be measured using the measuring tool. For detailed instructions on the software and its use see: http://fiji.sc/Fiji.

Representative Results

Cells in pseudostratified epithelia, such as the developing Drosophila eye, or the ventricular layer of the developing vertebrate central nervous system, undergo nuclear movements, termed interkinetic nuclear migration, in time with the cell cycle. DNA replication occurs when nuclei are at or near the basal surface and cells enter mitosis when the nuclei reach the apical surface15,16. The pupal wing cells form a rapidly dividing monolayer epithelium during the first several hours after head eversion. Data were collected in xzyt mode from an early pupal wing, taking sections every 2 µm at 1 min intervals. In the resulting 3D movies mitosis was only seen at the apical surface (Figure 1A). Sections taken at more basal locations showed no signs of mitosis (Figure 1B) but nuclear movements occurred as the newly divided nuclei returned from the apical surface.
Discussion

To visualize, measure, and quantify features of dividing cells, required development of a simple preparation for observing mitosis in the living pupal wing of Drosophila by means of confocal analysis of His2AvGFP expressing cells. This method was used to document that the cell cycle in the pupal wing bears strong similarities to cell cycles in pseudostratified epithelia in that nuclei move to the apical surface of the epithelium where they enter mitosis. Following telophase, nuclei drop back into the epithelial layer. Hence, the cells of this monolayer, apparently unstratified epithelium, show limited interkinetic nuclear migration.

Imaging of publicly available stocks and lines created for brainbow type live imaging in Drosophila, demonstrated that this technique is generalizable to the study of other biological phenomena. The technique described here was used in the production of videos over times ranging from minutes to 10 hr. To some degree, the microscope parameters vary with the experiment. For example, the sampling rate of time-lapse imaging must conform to the nature of the biological phenomenon under observation: for observing cell divisions, which typically take around 12 min from prophase to telophase, collecting a stack of images every minute is appropriate. To observe the behavior of filopodia in the same cells, sections or stacks must be collected at finer (3 sec) intervals.

Under the conditions described, no effect on the survival or morphology of eclosing adults was observed regardless of the period of observation. When the fluorescent marker is of low abundance, laser power was typically increased. In these situations, shortening the duration of the movie or reducing the number of sections or z-stacks, minimized exposure. In controls for other experiments, exposing the tissue to maximum intensity for 5 minutes had no effect on morphology or survival of the adult. Visualization was extended to include red, green, yellow, orange and blue fluorescent proteins tagged to a variety of different proteins, localized to the membrane, and/or filling the cytoplasm. Features in the submicron range were observed over timescales from seconds to hours. This method has been used extensively to observe and measure the timing and fidelity of mitosis in wild type and mutants (in preparation).

The pupal stage of Drosophila development is a period of remarkable plasticity in which the larval form is substantially eliminated while the adult form develops on the scaffold of the larval body. Despite a rich history, the study of metamorphosis has been methodologically hampered. For example, the use of direct observation to study the processes underlying metamorphosis has been limited by the lack of reliable in vivo access to the cells and tissues during remodeling. The surprisingly simple approach presented here allows access to this cryptic period of development in Drosophila. The approach is simple enough that undergraduates can easily learn and use it robust enough to allow observations of tissue, cell and subcellular organization. The microscope used for these experiments is not optimized for deep tissue imaging, and so our observations are largely constrained to the outer 20 µm of the pupa. It is likely that techniques that permit deeper tissue penetration, such as multi-photon microscopy, would allow a much greater depth of imaging and allow study of the internal structural rearrangements underlying metamorphosis.

Disclosures

The authors have nothing to disclose.
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