High-Risk Groups for Congenital Heart Disease

Maternal risk factors
- Maternal congenital heart disease
- Metabolic diseases
  - Diabetes
  - Phenylketonuria
  - Anti-Ro/anti-La (risk of fetal heart block)
- Drug exposures
  - Folate antagonists
  - Anti-epileptic drugs
  - Retinoic acid analogues (oral use only)
  - Alcohol
  - Paroxitene
  - Lithium carbonate

Fetal risk factors
- Extracardiac structural anomaly
- Fetal aneuploidy
- Arrhythmia
- Abnormal four-chamber view
- Nuchal translucency greater than 3.5 mm at 11-14 weeks

Other risk factors
- Paternal congenital heart disease
- Previous child born to parents with congenital heart disease
- In vitro fertilization conception