

Table 2. Categorization of contraceptive efficacy

Method	Typical-use failure rate in 1 st year
No method	85
Less Effective Methods	
Withdrawal	22
Fertility-awareness methods	24
Condom (female)	21
Condom (male)	18
More Effective Methods	
Oral contraceptives	9
Evra patch	9
NuvaRing	9
Depo-Provera	6
Most Effective Methods	
IUD—copper T	0.8
IUD—Mirena	0.2
Contraceptive implant	0.05
Sterilization (female)	0.5
Sterilization (male)	0.15