

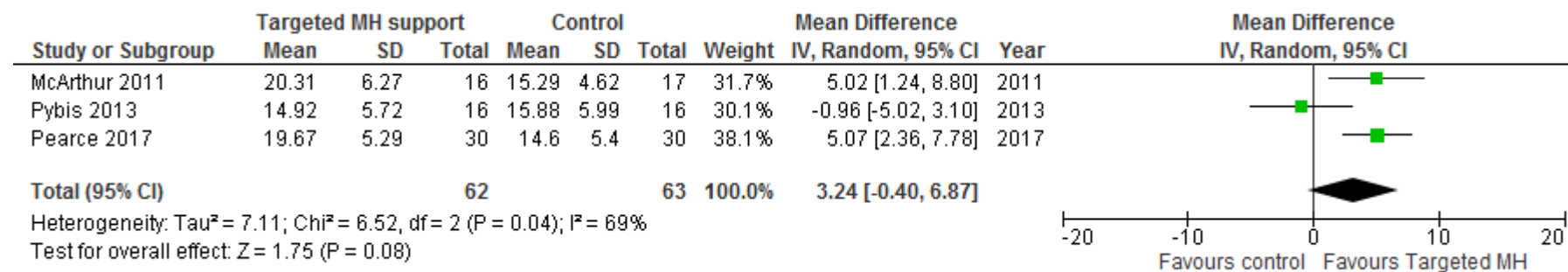
E.2 RQ5.1b Targeted mental health support in secondary education

E.2.1 Social and emotional skills and attitudes

E.2.1.1 Group interventions provided by external specialists

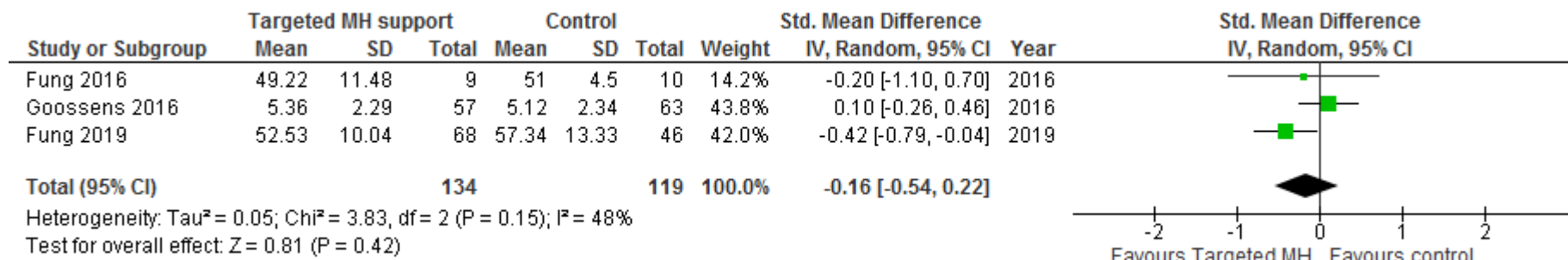
Single study only.

E.2.1.2 Individual interventions provided by external specialists: Self-esteem



E.2.2 Behavioural outcomes

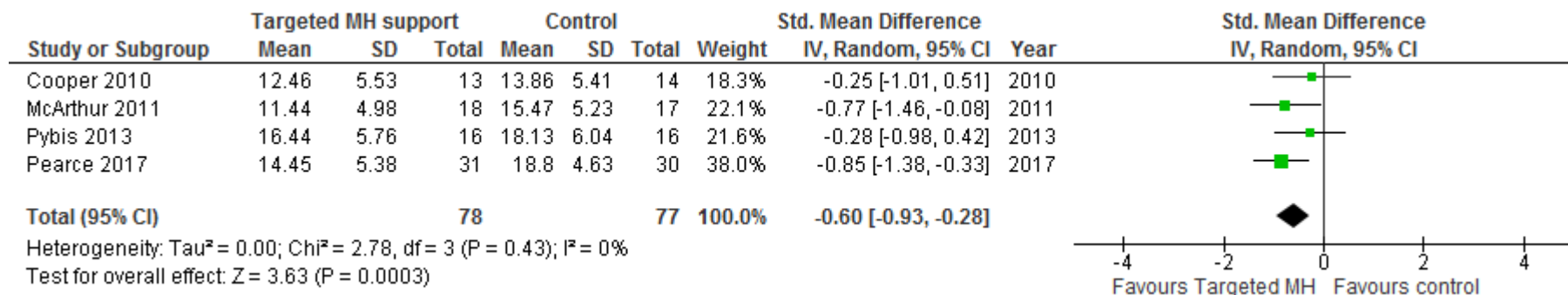
E.2.2.1 Group interventions provided by external specialists: Behavioural outcomes



E.2.2.2 Group interventions provided by school specialists

Single study only.

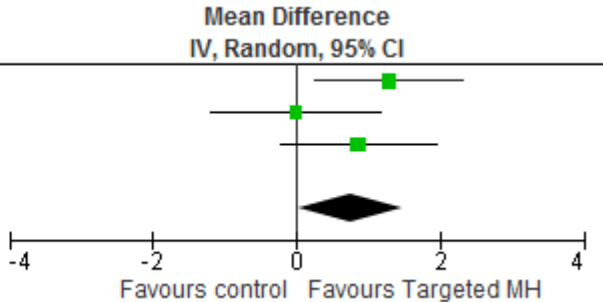
E.2.2.3 Individual interventions provided by external specialists: Behavioural difficulties



E.2.2.4 Individual interventions provided by external specialists: Prosocial behaviour

Study or Subgroup	Targeted MH support			Control			Weight	Mean Difference IV, Random, 95% CI	Year
	Mean	SD	Total	Mean	SD	Total			
Cooper 2010	9.15	0.69	13	7.86	1.83	14	36.4%	1.29 [0.26, 2.32]	2010
McArthur 2011	7.81	1.83	18	7.82	1.74	17	29.6%	-0.01 [-1.19, 1.17]	2011
Pearce 2017	8.29	1.62	31	7.43	2.56	30	34.0%	0.86 [-0.22, 1.94]	2017
Total (95% CI)			62			61	100.0%	0.76 [0.03, 1.49]	

Heterogeneity: Tau² = 0.11; Chi² = 2.68, df = 2 (P = 0.26); I² = 25%
 Test for overall effect: Z = 2.04 (P = 0.04)

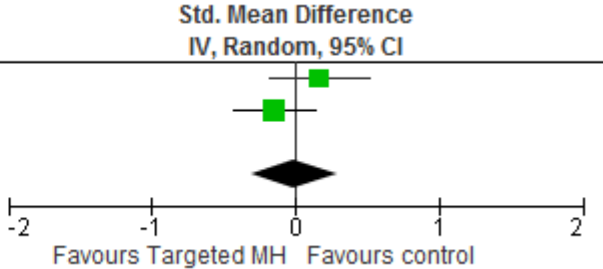


E.2.3 Emotional distress

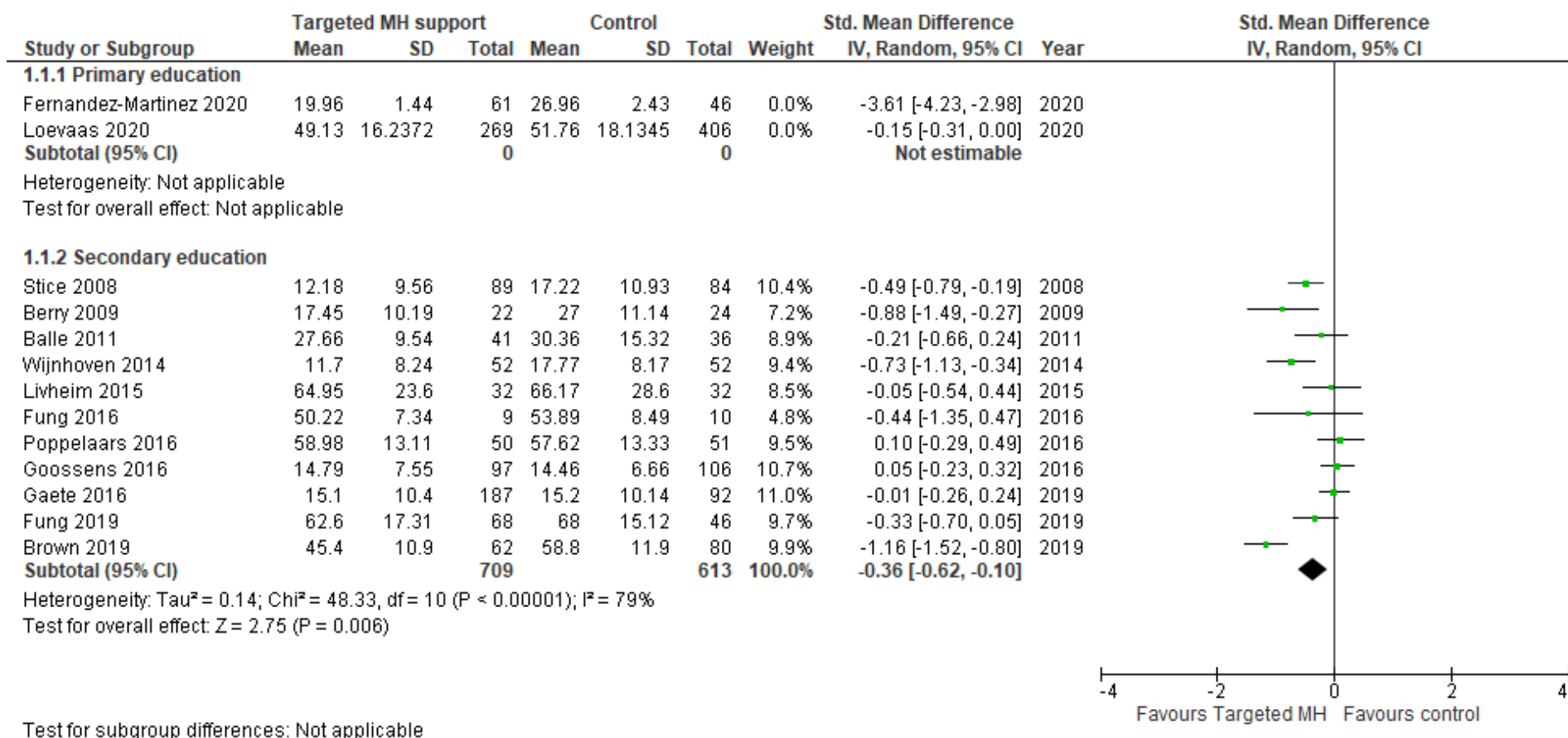
E.2.3.1 Group interventions provided by school specialists: Emotional distress

Study or Subgroup	Targeted MH			Control			Weight	Std. Mean Difference IV, Random, 95% CI	Year
	Mean	SD	Total	Mean	SD	Total			
Hunt 2009	27.2	16	68	24.7	14	62	44.8%	0.16 [-0.18, 0.51]	2009
O'Leary-Barrett 2013	8.22	2.57	113	8.6	2.57	84	55.2%	-0.15 [-0.43, 0.14]	2013
Total (95% CI)			181			146	100.0%	-0.01 [-0.31, 0.30]	

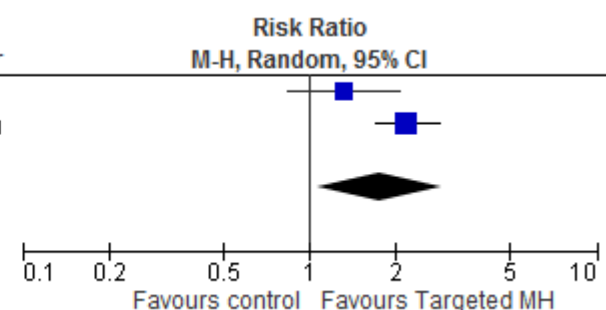
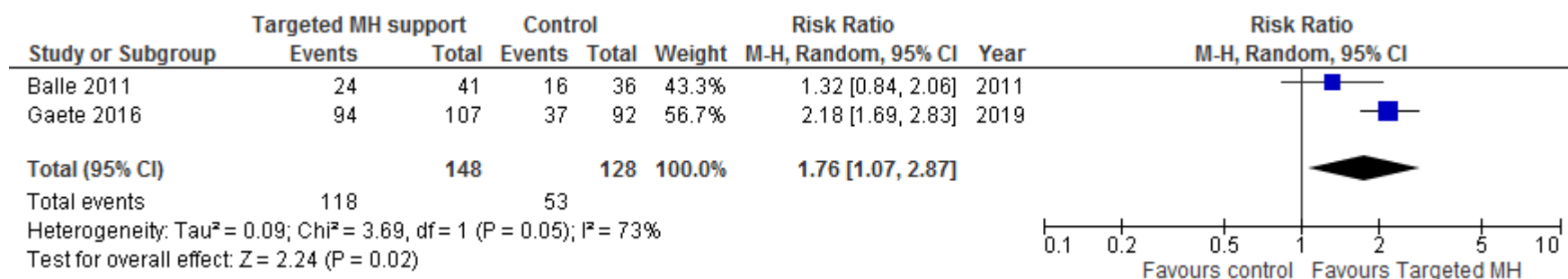
Heterogeneity: Tau² = 0.02; Chi² = 1.88, df = 1 (P = 0.17); I² = 47%
 Test for overall effect: Z = 0.05 (P = 0.96)



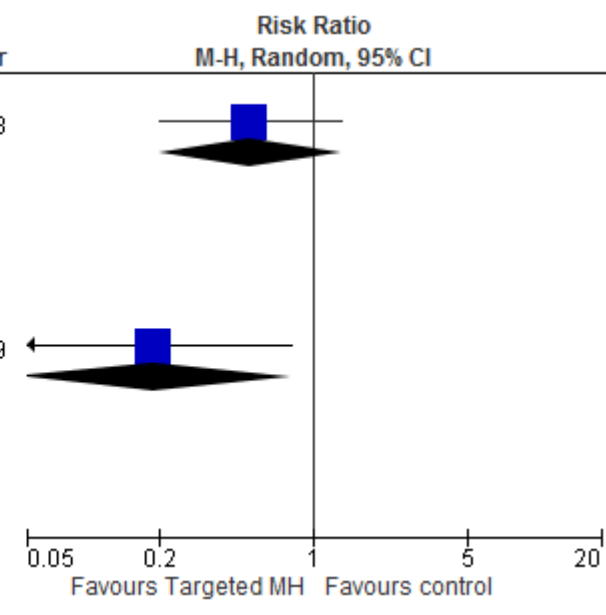
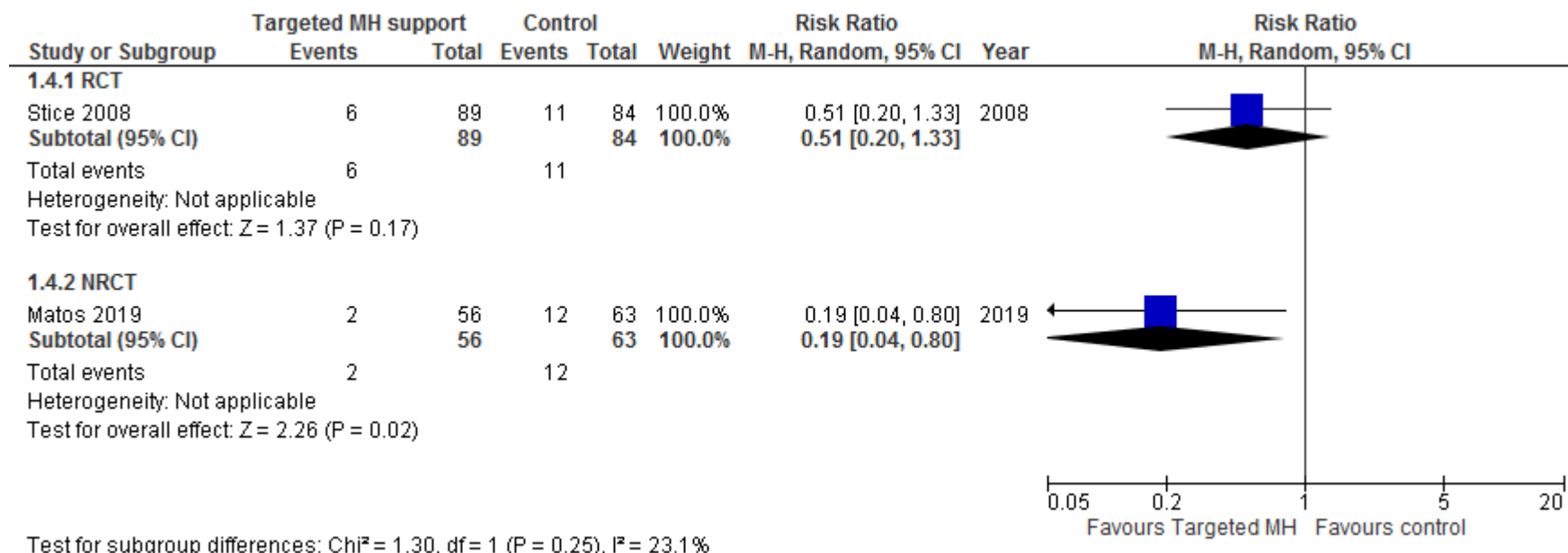
E.2.3.2 Group interventions provided by external specialists: Emotional distress



E.2.3.3 Group interventions provided by external specialists: Response (reduction in depressive symptomatology)



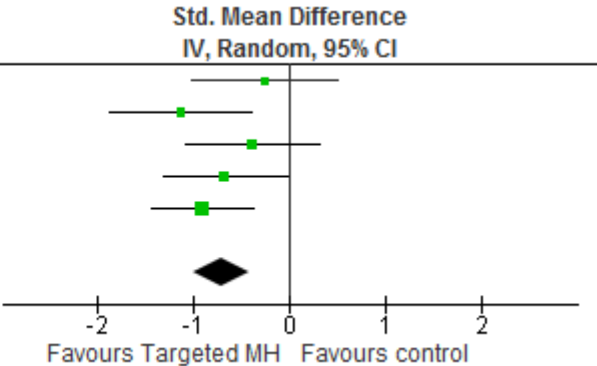
E.2.3.4 Group interventions provided by external specialists: Depression diagnosis



E.2.3.5 Individual interventions provided by external specialists: Emotional distress

Study or Subgroup	Targeted MH support			Control			Weight	Std. Mean Difference		Year
	Mean	SD	Total	Mean	SD	Total		IV, Random, 95% CI	95% CI	
Cooper 2010	10.46	7.45	13	12.29	6.17	14	15.0%	-0.26	[-1.02, 0.50]	2010
McArthur 2011	9.25	7.26	16	17.47	6.83	17	15.7%	-1.14	[-1.88, -0.40]	2011
Pybis 2013	15.19	7.18	16	18.25	7.98	16	17.6%	-0.39	[-1.09, 0.31]	2013
Saelid 2017	7.21	3.53	19	10.6	5.91	20	20.7%	-0.68	[-1.33, -0.03]	2017
Pearce 2017	12.61	7.57	31	19.3	6.92	30	31.0%	-0.91	[-1.44, -0.38]	2017
Total (95% CI)			95			97	100.0%	-0.71	[-1.00, -0.41]	

Heterogeneity: Tau² = 0.00; Chi² = 3.98, df = 4 (P = 0.41); I² = 0%
 Test for overall effect: Z = 4.72 (P < 0.00001)



E.2.3.6 Computer-based interventions

Single studies only

E.2.4 Academic progress and attainment

No studies identified

E.2.5 School attendance

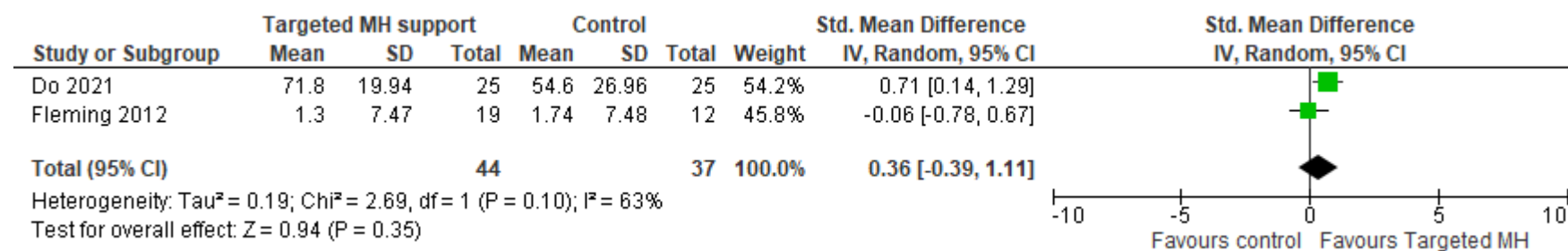
No studies identified

E.2.6 School exclusions

No studies identified

E.2.7 Quality of life

E.2.7.1 Computer-based interventions



E.2.8 Unintended consequences

No studies identified