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Greater Celandine

Updated: May 24, 2022.

OVERVIEW

Introduction

Greater celandine is a botanical extract derived from a plant of the Poppy family that is typically used for the treatment of gastrointestinal disorders and dyspepsia. Celandine has been linked to several instances of clinically apparent liver injury.

Background

Greater celandine (Chelidonium majus) is a plant of the Poppy family (Papaveraceae) which grows wild in Asia and Europe and has been introduced widely in the United States. Leaf extracts may contain up to 20 alkaloids, including benzophenanthridines, protoberberines and hydroxycinnamic acid derivatives. For centuries, celandine has been used to treat gastrointestinal complaints, dyspepsia and gallbladder disease. The chemical compound responsible for the antispasmodic activity of greater celandine is unknown. Celandine also acts as a mild sedative and it has been used to treat asthma, bronchitis and whooping cough. In recent years, greater celandine extracts have been used largely as therapy for dyspepsia and gallbladder disease, but it has also been claimed to be beneficial for skin conditions, asthma and bronchitis and as a weight loss agent. No human studies have been done that substantiate the benefits of celandine in these conditions or to define its safety, tolerability and adverse effects.

Lesser celandine (Ranunculus ficaria or Ficaria verna), also known as fig celandine, is a flowering plant native to Europe and Western Asia that is unrelated to greater celandine. Lesser celandine belongs to the buttercup family and has brightly colored yellow petals. The plant is poisonous to domesticated grazing animals and considered an undesirable weed. Extracts of lesser celandine are astringents that are used topically to treat hemorrhoids (hence its common name "pilewort"). It is rarely taken as an oral herbal product.

Hepatotoxicity

Over a dozen publications, largely from Europe, have described clinically apparent acute liver injury attributable to greater celandine (Chelidonium majus). Liver injury typically arises after 1 to 6 months, with jaundice and moderate to marked elevations in serum aminotransferase levels. The pattern of injury is usually hepatocellular and the clinical presentation and liver histology resemble acute viral hepatitis. Immunoallergic features are uncommon, but autoantibodies may be present in low to moderate levels in many cases. The clinical syndrome, however, rarely resembles autoimmune hepatitis and usually resolves rapidly once the botanical is discontinued and without need of corticosteroid therapy. There have been no reports of greater celandine hepatotoxicity from the United States or the Americas.

Likelihood Score: B (uncommon but likely cause of clinically apparent liver injury).

Mechanism of Injury

Greater celandine extracts have many components, but none of them has been shown to be specifically hepatotoxic. The rare cases of liver injury due to greater celandine have had idiosyncratic features.

Outcome and Management

Hepatotoxicity from greater celandine is rare; some cases have been severe, but fatal cases and acute liver failure leading to liver transplantation has not been described. Recurrence with reexposure has been documented in several cases and rechallenge should be avoided.

Drug Class: Herbal and Dietary Supplements

CASE REPORT

Case 1. Acute hepatitis due to greater celandine.(1)

A 42 year old woman developed fever, muscle aches, headaches, fatigue and abdominal discomfort 2 weeks after starting an oral herbal preparation containing greater celandine (Chelidonium majus) for a skin condition. The fever resolved in two weeks, but she continued to have generalized fatigue and then developed dark urine, light colored stools and jaundice. She sought medical care and the herbal preparation was discontinued. She had no history of liver disease, did not drink alcohol and denied risk factors for viral hepatitis. She was taking no other medications. On examination, she was jaundiced but had no signs of chronic liver disease. Laboratory results showed normal blood counts, but hyperbilirubinemia (~8.1 mg/dL) and marked elevations in serum ALT (~2900 U/L). Because of worsening jaundice, she was transferred to a referral hospital (Table). Tests for hepatitis A, B and C were negative as were autoantibodies. Immunoglobulin levels were normal. Liver ultrasound showed no evidence of biliary obstruction. A liver biopsy showed lymphocytic infiltrates and spotty necrosis with cell drop out in central areas with cholestasis. Thereafter, she improved symptomatically and in follow up her liver tests returned to the normal range.

Key Points

Medication:	Greater celandine (Chelidonium majus)
Pattern:	Hepatocellular (R=11.7, at week 9)
Severity:	3+ (jaundice, hospitalization)
Latency:	2 weeks to symptoms, 5 weeks to jaundice
Recovery:	8 weeks
Other medications:	None

Laboratory Values

Time After Starting	Time After Stopping	ALT (U/L)*	AST (U/L)*	Bilirubin (mg/dL)*	Comments
		Started celandine for skin disorder			
5 weeks	0	3200		8.2	Celandine stopped
8 weeks	3 weeks	2900		10.8	Hospital transfer
9 weeks	4 weeks	1490	265	11.7	

Greater Celandine 3

Table continued from previous page.

Time After Starting	Time After Stopping	ALT (U/L)*	AST (U/L)*	Bilirubin (mg/dL)*	Comments
10 weeks	5 weeks	700		7.0	Liver biopsy
13 weeks	8 weeks	29	115	1.3	
Normal Va	lues	<30	<120	<1.2	

^{*} Values estimated from Figure 2 (laboratory parameters are mislabeled).

Comment

The case history is typical of greater celandine hepatotoxicity. Other causes of acute liver injury were appropriately excluded. The onset of injury within 2 to 5 weeks of starting and resolution within 8 weeks of stopping the herbal product provides good evidence that the liver injury was caused by it. Rechallenge is not necessary for the diagnosis; other cases of celandine hepatotoxicity have demonstrated recurrence upon rechallenge. Greater celandine was used widely in Europe but rarely in the United States, so virtually all published cases are from Europe, including Germany, Spain, Italy, Belgium and the Netherlands.

PRODUCT INFORMATION

REPRESENTATIVE TRADE NAMES

Greater Celandine - Generic

DRUG CLASS

Herbal and Dietary Supplements

CHEMICAL FORMULA AND STRUCTURE

DRUG	CAS REGISTRY NUMBER	MOLECULAR FORMULA	STRUCTURE
Greater Celandine	84603-56-5	Herbal mixture	Not applicable

CITED REFERENCES

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ANNOTATED BIBLIOGRAPHY

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(Expert review of hepatotoxicity published in 1999; hepatotoxicity of herbals is discussed but not greater celandine specifically).

Seeff L, Stickel F, Navarro VJ. Hepatotoxicity of herbals and dietary supplements. In, Kaplowitz N, DeLeve LD, eds. Drug-induced liver disease. 3rd ed. Amsterdam: Elsevier, 2013, pp. 631-58.

- (Review of hepatotoxicity of herbal and dietary supplements [HDS] mentions that greater celandine has been used in Europe to treat dyspepsia and gallstones and that multiple cases of acute hepatitis including a case series of 10 instances attributable to celandine have been published).
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- (69 year old woman developed jaundice six weeks after starting herbal tablets "Venencapsan" prepared locally from horse chestnut leaf, milfoil, celandine, sweet clover, milk thistle and dandelion root, recurring on reexposure [bilirubin 1.6 and 4.7 mg/dL, ALT 244 and 1004 U/L, Alk P 229 and 250 U/L], and resolving rapidly on stopping).
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- (42 year old woman developed repeated bouts of jaundice 6 months and then 6 weeks after staring celandine [bilirubin 3.6 and 4.4 mg/dL, ALT 427 and 389 U/L, GGT 87 U/L, Alk P 221 U/L], resolving within 2 months of stopping each time).
- Greving I, Meister V, Monnerjahn C, Müller KM, May B. Chelidonium majus: a rare reason for severe hepatotoxic reaction. Pharmacoepidemiol Drug Saf. 1998;7 Suppl 1:S66–9. PubMed PMID: 15073964.
- (Two cases: a 28 year old woman developed jaundice and itching 5 months after starting greater celandine [bilirubin 16.4 mg/dL, ALT 432 U/L], resolving in 2 months; 35 year old woman developed jaundice and abdominal pain 4 months after starting celandine [bilirubin 16.1 mg/dL, ALT 654 U/L], resolving within a few months of stopping).
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- (Report of 10 cases of hepatitis attributed to greater celandine; all women, ages 37 to 67 years, taking celandine for digestive disorders or eczema for 1-9 months, presented with symptoms [bilirubin normal in 5 and 4.5-21.7 mg/dL in the rest, ALT 123-1338 U/L, Alk P 65-451 U/L], resolving within 2-6 months in all; one patient had recurrence on restarting celandine).
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Greater Celandine

5

(Review of hepatotoxicity of botanicals including pyrrolizidine alkaloids, germander, greater celandine, chaparral, Chinese herbs and pennyroyal).

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- Crijns AP, de Smet PA, van den Heuvel M, Schot BW, Haagsma EB. Ned Tijdschr Geneeskd. 2002;146:124–8. [Acute hepatitis after use of a herbal preparation with greater celandine (Chelidonium majus)]. Dutch. PubMed PMID: 11826672.
- (42 year old woman developed fever and abdominal pain 2 weeks after starting greater celandine, followed by fatigue and jaundice at 5 weeks [bilirubin 8.1 rising to 11.7 mg/dL, ALT 2900 U/L, Alk P 265 U/L], worsening for a few weeks and then resolving 2 months after stopping: Case 1).
- van Noordwijk J. Ned Tijdschr Geneeskd. 2002;146:100–2. ["Dosis solum facit venenum" also for herbal products]. Dutch. PubMed PMID: 11826667.
- (Editorial in response to Crijns [2002] "Search first for a poison, or for a plant product"; plant products are not necessarily safer than prescription medications).
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- (Review and description of patterns of liver injury due to herbal medications, including discussion of potential risk factors, and herb-drug interactions; greater celandine has been implicated in 10 cases of acute hepatitis with onset within 3 months in most and resolution in all, generally within 2 to 6 months of stopping).
- Stickel F, Pöschl G, Seitz HK, Waldherr R, Hahn EG, Schuppan D. Acute hepatitis induced by Greater Celandine (Chelidonium majus). Scand J Gastroenterol. 2003;38:565–8. PubMed PMID: 12795472.
- (2 cases: 39 year old woman developed jaundice 4 weeks after starting celandine [bilirubin 7.1 rising to 13.5 mg/dL, ALT 912 U/L, Alk P 116 U/L], with recurrence on restarting and resolution in 7 weeks on stopping; 69 year old man developed jaundice 6 weeks after starting celandine [bilirubin 9.1 mg/dL, ALT 881 U/L, Alk P 312 U/L], with resolution on stopping).
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(Review of hepatotoxicity of herbal medications stressing the recent rise in numbers of cases, with literature review of cases due to greater celandine).

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- (58 year old woman developed jaundice 3 weeks after starting greater celandine [bilirubin 19.9 rising to 27 mg/dL, ALT 1566 U/L, Alk P 316 U/L], resolving rapidly upon stopping; enlarged lymph nodes in porta hepatis and ascites; biopsy showing reactive change, resolving with stopping celandine).
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Greater Celandine 7

(Case report and review of 16 cases in the literature; 65 year old man developed jaundice one month after starting daily ingestion of tea made from greater celandine extract [Chelidonium majus] [bilirubin 6.4 mg/dL, ALT 4765 U/L], with resolution within 2 months of stopping).

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- (Review of the literature of case series of suspected HDS related liver injury found evidence of other explanations for the liver injury in 19 of 23 publications involving 278 of 573 patients [49%], including 28 of 66 cases [42%] attributed to greater celandine, and that these other diagnoses weakened the causality assessment in most instances).
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- (Reanalysis of 34 published cases of liver injury due to herbal medications in which there was a reported positive rechallenge, finding only 21 [62%] fulfilled the criteria of a positive rechallenge using RUCAM, the others having inconsistent [18%] or incomplete data [21%]; among 3 cases attributed to greater celandine, 1 rechallenge was considered negative and 1 uninterpretable).

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- (Among 856 cases of hepatotoxicity enrolled in the Spanish DILI Registry between 1994 and 2016, 32 were attributed to herbal products, the most frequent cause being green tea [n=8] and Herbalife products [n=6], only one of which was attributed to greater celandine, a 37 year old man with hepatocellular injury that resulted in liver transplantation in 2012).
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- (Among 367 cases of hepatotoxicity enrolled in the Latin American DILI Network between 2011 and 2019, 29 [8%] were attributed to herbal products, the most frequent being green tea [n=7], Herbalife products [n=5] and garcinia [n=3], while none were attributed to greater celandine).
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- (Systematic review of the literature on herb induced liver injury identified 446 references describing 936 cases due to 79 different herbal products, the most common being He Shou Wu [n=91], green tea [90] Herbalife products [64], kava [62] and greater celandine [48]).