1. Data Abstraction Tool

Does this article report on additional outcomes or followup or post-hoc analysis of a study reported in a separate article?

☐ Yes (specify ID or reference)

☐ No

Clear Response

If this is a follow-up to a study reported in another article, then what is the follow-up time for this article?

[Please do not state the follow-up time for the original article]

If this is part of a named trial or study, please specify the name?

☐ CAROT

☐ GAIT

☐ IDEA

☐ OAI

☐ LEGS

☐ OA Life

☐ impact-p

☐ Healthy weight for life

☐ LIGHT
☐ Osteoarthritis Chronic Care Program (OACCP)

☐ MOVES

☐ Osteoarthritis of the Knee Self-Management Program

☐ Osteoarthritis Before and After Bariatric Surgery (OABS) Study

☐ Physical Activity, Inflammation, and Body Composition Trial

Permanently add an answer to this question

Do you need another article to complete this form?

☐ Yes (stop until Aneesa links the article; specify reference number)

☐ No

Clear Response

Study Design

☐ Systematic review or meta-analysis (skip to intervention) (STOP)

☐ Randomized controlled

☐ Weight loss single arm trial

☐ Observational cohort or case series for weight loss, self-managed care, or adverse events

☐ Single arm trial NOT for weight loss (STOP)
Clear Response

Location(s):

- Canada
- China
- Germany
- Iran
- Korea
- Russia
- Turkey
- USA
- Not Reported
- Other (specify)

Health care Setting:

- Academic orthopedic surgery clinic/department
☐  Academic rheumatology clinic/department

☐  Aquatic center

☐  Gym-self managed

☐  Home

☐  Home-pool

☐  Hospital-inpatient

☐  Hospital-outpatient

☐  Physical therapy outpatient clinic

☐  Primary care practice

☐  Rehab/skilled nursing facility

☐  Other

☐  Not Reported

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Is this a single center or multicenter study?

☐  Single center

☐  Multicenter study [specify how many sites]

☐  NR
### Participants (living situation):

- [ ] Community dwelling
- [ ] Institutionalized
- [ ] Hospitalized
- [ ] Rehab-inpatient
- [ ] Not Reported

### Participants (race/ethnicity):

Average the number and put % after
For other, please indicate as "20% Korean"

- [ ] % African American
- [ ] % Asian
- [ ] % Caucasian
- [ ] % Hispanic
- [ ] % Latino
- [ ] Other 1 (specify race and %)
- [ ] Other 2 (specify race and %)
<table>
<thead>
<tr>
<th>Other 3 (specify race and %)</th>
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<tbody>
<tr>
<td>Other 4 (specify race and %)</td>
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<tr>
<td>Other 5 (specify race and %)</td>
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<tr>
<td>NR</td>
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**Participants:**
Average the number and put % after

- **Age range:** ___ to ___ (specify range)
- **Number of participants enrolled (specify number)**
- **Number of knees if analyzed that way (specify)**
- **% female (specify %)**

**Location of OA [if % specified, record]:**

- **Bilateral knee OA [specify %, if given]**
- **Unilateral knee OA [specify %, if given]**
- **Not reported**

**Subtype location [if % specified, record]**

- **Medial [specify %, if given]**
Inclusion criteria for participation in the study:

- Diagnosis of osteoarthritis of the knee (specify diagnostic modality and cutoff scores, if relevant)
Duration of symptoms

Age $\geq \_\_\_$ (specify inclusion of age)

Age $< \_\_\_$ (specify inclusion of age)

Ambulatory

Otherwise healthy

Able to sign consent/no mental or cognitive problems

Other 1 (specify)

Other 2 (specify)

Other 3 (specify)

Other 4 (specify)

Other 5 (specify)

Not Reported

Exclusion criteria for the study:

Concomitant medical problems that prevent participation

Prior surgery on one or both knees

Surgery on the knee/limb in the prior $\_\_\_$ months (specify how many months)
Pending surgery on the knee

Concomitant or prior use of other medication

Injected hyaluronic acid in the past or during the past ___ months (specify how many months)

Analgesic use in the previous ___ months (specify how many months)

Injected corticosteroids in the prior ___ months (specify how many months)

Prior acute injury to knee

Continued use of analgesics

Physical therapy or rehab or exercise in the previous ___ months (specify how many months)

Prior experience with the intervention of interest

Other 1 (specify)

Other 2 (specify)

Other 3 (specify)

Other 4 (specify)

Other 5 (specify)

Not Reported
Arms

How many arms are there?

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

Funding:

☐ Government

☐ Private foundation

☐ Manufacturer

☐ Other funding (specify) __________________________

☐ NR

Did the authors have any conflict of interest?

☐ The article reported that some or all of the authors had conflict of interest (such as employment by, or consultation for, the manufacturer of the intervention)
The article stated that authors had no conflict of interest

The article did not mention author conflict of interest

Clear Response