1.3.44OCD: psychologically (CBT/IPT)-informed psychoeducation versus TAU or enhanced TAU

			Quality asse	essment		No of patients		Effect				
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	OCD: psychologically (CBT/IPT)-informed psychoeducation versus TAU/enhanced TAU	Control	Relative (95% CI)	Absolute	Quality	Importance
OCD me	an scores pos	t-treatmen	t – available case	analysis (follo	w-up mean 4	weeks; measured	d with: Yale-Brown Obsessive Co	mpulsiv	e Scale ()	/BOCS); better in	l idicated l	by lower
	trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious ^{1,2}	reporting bias ³	33	25	-	SMD 0.41 lower (0.94 lower to 0.11 higher)	⊕000 VERY LOW	
	ons mean scor d by lower val	_	l atment – availab	l le case analysis	(follow-up n	nean 4 weeks; me	asured with: Yale-Brown Obsess	ive Com	pulsive S	Cale (YBOCS): O	bsessions	s; better
	trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious ^{1,2}	reporting bias ³	33	25	-	SMD 0.39 lower (0.92 lower to 0.13 higher)	⊕OOO VERY LOW	
_	sions mean so	_	reatment – availa	ible case analys	sis (follow-up	mean 4 weeks; r	neasured with: Yale-Brown Obse	ssive Co	mpulsive	e Scale (YBOCS):	Compuls	ions; bette

I	randomised trials	risk of bias	inconsistency	no serious indirectness	very serious ^{1,2}	reporting bias ³	33	25	-	SMD 0.31 lower (0.83 lower to 0.21 higher)	⊕OOO VERY LOW	
			follow-up (17-24 by lower values		ervention) –	available case ana	llysis (follow-up mean 19 weeks;	measure	d with: Y	'ale-Brown Obses	sive Comp	ulsive
	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious ¹	reporting bias ³	31	19	-	SMD 0.71 lower (1.29 to 0.12 lower)	⊕OOO VERY LOW	
			diate follow-up sessions; better i	•		ion) – available ca	se analysis (follow-up mean 19 w	eeks; me	asured v	with: Yale-Brown	Obsessive	
	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious ¹	reporting bias ³	31	19	-	SMD 0.65 lower (1.24 to 0.07 lower)	⊕OOO VERY LOW	
-			nediate follow-unpulsions; bette	- '	-	•	case analysis (follow-up mean 19	weeks; 1	neasured	d with: Yale-Brow	n Obsessiv	7e
	randomised trials	no serious risk of bias	no serious inconsistency	no serious indirectness	very serious ¹	reporting bias ³	31	19	-	SMD 0.7 lower (1.29 to 0.11 lower)	⊕OOO VERY LOW	
	an scores lon); better indic			post-interventi	on) – availab	le case analysis (f	ollow-up mean 32 weeks; measur	ed with:	Yale-Bro	own Obsessive Co	mpulsive S	Scale
	randomised trials	risk of	no serious inconsistency	no serious indirectness	very serious ¹	reporting bias ³	29	20	-	SMD 0.76 lower (1.35 to 0.17	⊕OOO VERY	
		bias								lower)	LOW	
		es long fol	low-up (25-103 ver indicated by		rvention) – a	vailable case anal	ysis (follow-up mean 32 weeks; n	neasured	with: Ya	,		ılsive

Compulsions mean scores long follow-up (25-103 weeks post-intervention) – available case analysis (follow-up mean 32 weeks; measured with: Yale-Brown Obsessive Compulsive Scale (YBOCS): Compulsions; better indicated by lower values)												
1	randomised	no serious	no serious	no serious	very	none	29	20	-	SMD 0.72 lower	$\oplus \oplus \mathrm{OO}$	
	trials	risk of	inconsistency	indirectness	serious ¹					(1.31 to 0.13	LOW	
		bias	-							lower)		

¹ Total population size is less than 400 (a threshold rule-of-thumb)
² 95% CI crosses both line of no effect and measure of appreciable benefit or harm (SMD – 0.5/0.5 or RR 0.75/1.25)

³ Paper omits data