The ten steps to successful breastfeeding for settings where HIV is prevalent:
Actions, concerns and solutions - worksheet
Example

STEP 7: Practice rooming-in.

Actions necessary to implement the step

- Make needed changes in physical facility. Discontinue nursery. Make adjustments to improve comfort, hygiene, and safety of mother and baby.

- Require and arrange for cross training of nursery and postpartum personnel so they all have the skills to take care of both baby and mother.

- Institute individual or group education sessions for mothers on mother-baby postpartum care. Sessions should include information on how to care for babies who are rooming-in.

- Protect privacy and confidentiality of a mother's HIV status by providing the same routine care to ALL mothers and babies, including rooming-in/bedding-in, so that no one is stigmatised or set apart as different.