### Recommendation 21: The use of bimanual uterine compression

- One RCT was identified which examined the use of lower segment uterine compression in addition to standard treatment for the management of PPH (64 women). The technique included the use of both lower segment compression with one hand through the abdominal wall and bimanual lower segment and fundal compression through the abdominal wall. The authors reported a decrease in the amount of blood loss in the group in which manual lower segment compression was used together with conventional management.

- Only one case report was found describing the bimanual abdominal/intravaginal technique.

### Source of evidence


**No GRADE Table available**