Evidence Table 2. Characteristics of samples from included randomized controlled trials

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Anderson & Scott, 19921United KingdomNoneFoundation or nonprofit | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsNRScreening Instrument Score, Mean (SD) NRSubgroupsMen only | Age, Mean (SD) Overall: NRG1:45.1 (1.9)G2:43.0 (2.0)Nonwhite or Minority Group, NRFemale, %0 | Drinks Per Week, Mean (SD)\*From interviewOverall:NRG1: 37.9 G2: 38.8 From HSQOverall: NRG1: 31.2G2: 33.0\*Drinks/week calculated by dividing g/wk by 13.7 |
| Babor, 19962United States, Australia, Kenya,Mexico, Norway, United Kingdom, Russia, ZimbabweWHO Brief InterventionMultiple | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroupsNone | Age, Mean (SD) Overall: NRMen: 36.9Women: 35.9Nonwhite or Minority Group, %NRFemale, %Overall: 19.2G1: 18.4G2: 22.1G3: 17.2 | NR |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Bischof et al., 20083Grothues et al., 20084Reinhardt et al., 20085GermanyStepped Intervention for Problem DrinkersGovernment | Sample Includes Those With Alcohol Dependence YesPortion of Dependent Persons, %Overall: 30.4G1: 38.2G2: 27.5G3: 25.9Other categoriesAbuse: 14.5At-risk: 27.5Binge: 27.7Screening Instrument Score, Mean (SD) Overall: AUDIT: 9.1 (5.9) LAST: 1.6 (1.6)G1: NRG2: NRSubgroupsMen or women only; those with comorbid depression/anxiety | Age, Mean (SD) Overall: NRG1: 36.8 (13.5)G2: 36.8 (13.2)G3: 35.9 (13.7)Nonwhite or Minority Group, %NRFemale, %Overall: 31.9G1: 32.1G2: 31.9G3: 31.7Other Characteristics % with comorbid depression/anxietyOverall: 21.6G1: 22.1G2: 21.7G3: 20.9Overall:Depression only: 8.6Anxiety only: 7.4Both depression and anxiety: 5.6 | Drinks Per Week, Mean (SD)\*Overall: NRG1: 25.0G2: 24.0G3: 20.9Alcohol dependenceG1: 38.8G2: 40.6G3: 40.6Alcohol abusers/at-risk drinkersG1: 22.5G2: 24.9G3: 18.8Binge drinkersG1: 7.4G2: 7.2G3: 6.7\*Drinks per week calculated by dividing g by 13.7 to get drinks/day and then mulitplying by 7 for drinks/week |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Chang et al., 19996United StatesNoneGovernment | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroupsPregnant women* Mean (SD) # weeks of antepartum drinking: 22.4 (5.6) weeks
* Gestational age required to be <28 weeks @ study entry
* Mean (SD) gestation @ baseline: 16 (4.6) weeks
 | Age, Mean (SD) Overall: 30.7 (5.4)G1: NRG2: NRNonwhite or Minority Group, %Overall: 22G1: NRG2: NRFemale, %100 | Drinks Per Week, Mean (SD)NROther Measures, Mean (SD) Mean drinks per drinking day while pregnant (including abstainers)G1: 0.6 (1.1)G2: 0.9 (1.5)Mean drinks per drinking day while pregnant (excluding abstainers)G1: 2.1 (1.5)G2: 1.5 (1.2) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| Author, YearCountryTrial NameFunding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| Curry et al., 20037United StatesNoneGovernment | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsNRScreening Instrument Score, Mean (SD) AUDITOverall: NRG1: 5.71 (0.24)G2: 5.52 (0.23)SubgroupsNone | Age, Mean (SD) Overall: 47G1: 48.3 (1.1)G2:45.6 (1.1)Nonwhite or Minority Group, %Overall: 20G1: 20G2: 20Female, %Overall: 35G1: 36G2: 35 | Drinks Per Week, Mean (SD)Overall: 14.2G1: 14.9 (0.82)G2: 13.6 (0.83)Other Measures, Mean (SD), % Chronic drinkingOverall: 43G1: 45G2: 40Binge drinkingOverall: 33G1: 34G2: 32Drinking and drivingOverall: 55G1: 51G2: 60 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Fleming et al., 19978Fleming et al., 20009Fleming et al., 200210Grossberg et al., 200011Manwell et al., 200412United StatesProject TrEATGovernment | Sample Includes Those With Alcohol Dependence UnclearPortion of Dependent PersonsPatients who attended treatment in the past, those with withdrawal symptoms, and those who had been advised to cut down in the past were excluded.6 subjects received formal treatment in an alcohol treatment program during the 1-year followup periodScreening Instrument Score, Mean (SD) NRSubgroups* Men
* Women
* Young adults 18-30 (Manwell et al., 200412)
* Women 18-40 (Grossberg et al., 200011)
 | Age (years), Mean (SD), % Overall: NRMen 18-30G1: 20.2G2: 26.031-40G1: 27.2G2: 25.141-50yG1: 23.9G2: 21.351-65G1: 28.8G2: 27.7Women18-30G1: 43.5G2: 35.731-40G1: 25.9G2: 35.741-50G1: 15.6G2: 18.251-65 G1: 15.0G2: 10.5 | Drinks Per Week, Mean (SD)Overall: NRG1: 19.14 (12.26)G2: 18.94 (11.84)MenG1: 21.67 (12.85)G2: 21.95 (12.39)WomenG1: 15.05 (10.02)G2: 15.69 (10.13)Women 18-40G1: 14.08 (9.22)G2: 14.87 (8.81)Young adults 18-30G1: 16.2 (11.2)G2: 18.3 (12.1)Other Measures, Mean (SD) % patients with a binge episode; mean (SD) binge episodes in previous 30 days; G1: 85.5; 5.65 (5.95)G2: 86.6; 5.34 (5.03)MenG1: 85.1; 6.13 (6.58)G2: 87.2; 5.40 (4.98)WomenG1: 86.1; 4.88 (4.70)G2: 85.7; 5.23 (5.13)Women 18-40G1: 93.2; 5.10 (3.70)G2: 91.2; 5.49 (4.33) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year****Country****Trial Name****Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Fleming et al., 19978Fleming et al., 20009Fleming et al., 200210Grossberg et al., 200011Manwell et al., 200412(continued) |  | Nonwhite or Minority Group, %Overall: NRMenG1: 5.6G2: 7.4WomenG1: 11.9G2: 11.5Women 18-40G1: 15G2: 14Female, %Overall: 38G1: 37.8G2: 37.7 | Young adults 18-30G1: 96.0; 5.9 (4.0)G2: 96.0; 6.3 (4.3)Drinking excessively in previous week, %G1: 47.48G2: 48.09MenG1: 45.67G2: 44.69WomenG1: 50.39G2: 53.57Women 18-40G1: 45.6G2: 53.0Young adults 18-30G1: 39G2: 46 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year****Country****Trial Name****Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Fleming et al., 199913Mundt et al., 200514United StatesGuiding Older Adult LifestylesMultiple | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroupsOlder adults | Age, Mean (SD), %Overall: NRAge 65-75G1: 92.0G2: 96.9Age ≥76G1: 8.0 G2: 3.1 Nonwhite or Minority Group, %NRFemale, %Overall: 33.5G1: 35.6G2: 31.0Other Characteristics % with daily activity limitationsOverall: NRG1: 18G2: 30 | Drinks Per Week, Mean (SD)Overall: NRG1: 15.54 (7.65)G2: 16.58 (11.49)Other Measures, Mean (SD) # of binge drinking episodes in previous 30 daysG1: 3.38 (7.05)G2: 4.15 (8.47)Binge drinking in previous 30 days, %G1: 48.72G2: 40.30Drinking excessively in previous 7 days, %:G1: 29.49G2: 29.85 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Fleming, et al., 200815Wilton, et al., 200916United StatesHealthy MomsGovernment | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) NRSubgroupsPostpartum women | Age, Mean (SD), %Overall: Median = 2818-21 Median: 15.3G1: 15.6G2: 15.022-25Median: 17.9G1: 18.0G2: 17.726-30Median: 30.6G1: 32.8G2:28.331-35Median: 21.3G1: 18.0G2: 24.836-40Median: 12.8G1: 12.3G2: 13.341+ Median: 2.1G1: 3.3G2: 0.9Nonwhite or Minority Group, %Overall: 18.3G1: 16.4G2: 20.4 | Drinks Per Week, Mean (SD)NROther Measures, Mean (SD) Total # drinks in the previous 28 daysG1: 34.0 (22.8)G2: 32.2 (16.2)# of drinking days in past 28 daysG1: 10.3 (6.8)G2: 10.4 (7.2) # of heavy drinking days, past 28 days G1: 3.5 (3.8)G2: 3.1 (3.3) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Fleming, et al., 200815Wilton, et al., 200916(continued) |  | Female, %100Other Characteristics% depressed at baseline (Edinburgh Postpartum Depression Scale >= 10)Overall:38.7G1: 39.3G2: 38.1 |  |
| Fleming et al., 201017United States, CanadaCollege Health Intervention ProjectsMultiple | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroupsCollege students | Age, Mean (SD) Overall: 21G1: 21 (2.2)G2: 20.8 (2.3)Nonwhite or Minority Group, %Overall: NRG1: 10.5G2:8.1Female, %Overall: NRG1: 50.5G2: 51.3 | Drinks Per Week, Mean (SD)\*Overall: NRG1: 17.8G2: 17.3\*Drinks per week calculated by dividing # drinks in past 28 days by 4Other Measures, Mean (SD) # of drinking days in the past 28 daysG1: 11.7 (5.0)G2: 11.8 (4.9)# of heavy drinking days in the past 28 daysG1: 7.2 (3.7)G2: 7.1 (3.3)RAPI scoreOverall: NRG1: 15.2 (10.4)G2: 15.9 (10.7) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Kypri et al., 200418New ZealandNoneGovernment | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) AUDIT: Overall: 16.6 CI (15.5 to 17.7)G1: 16.6 (5.7)G2: 16.6 (6.0)SubgroupsCollege students | Age, Mean (SD) Overall: NRG1: 19.9 (1.4)G2: 20.4 (1.8)Nonwhite or Minority Group, %NRFemale, %Overall: 50G1: NRG2: NR | NR |
| Kypri et al., 200719Kypri et al., 200820New ZealandNoneGovernment | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) AUDIT: Overall: NRG1: 14.9 (5.1)G2: 14.7 (4.7)G3: 15.1 (5.5)G4: 14.9 (5.0)SubgroupsCollege students | Age, Mean (SD) Overall: NRG1: 20.1 (1.9)G2: 20.1 (1.9)G3: 20.1 (2.2)G4: 20.3 (1.8)Nonwhite or Minority Group, %NRFemale, %Overall: 52.0G1: 51.4G2: 52.4G3: 52.1G4: 52 | NR |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Lin et al., 201021Moore et al., 201022United StatesHealthy Living As You AgeMultiple | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) CARETOverall: 2.9 (1.7)G1: 2.9 (1.7)G2: 3.0 (1.7)SubgroupsOlder adults | Age, Mean (SD) Overall: 68.4 (6.9)G1: 68.7 (6.8)G2: 68.1 (6.9)Nonwhite or Minority Group, %Overall: 13G1: 12G2: 13Female, %Overall: 29G1: 28G2: 30 | Drinks Per Week, Mean (SD)Overall:15.2 (7.3)G1: 15.1 (7.2)G2: 15.2 (7.4)Other Measures, Mean (SD) At least 1 heavy drinking day in past 7 days, %Overall: 34G1:34G2:34 |
| Lock et al., 200623United KingdomNoneGovernment | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) AUDITOverall: 9.9 (5.1)G1: 10.6 (4.7)G2: 10.3 (5.6)SubgroupsNone | Age, Mean (SD) Overall: 44.1 (15.3)G1:42.7 (15.5)G2:45.7 (14.9)Nonwhite or Minority Group, %NRFemale, %Overall: 50G1: 51G2: 48**Practice clusters differed as follows:**Average # of GPs per practiceG1: 4 (2.0)G2: 3 (1.5)p=0.049# hours worked by nursesG1: 29.1 (9.1)G2: 23.6 (7.2)p=0.041 | Drinks Per Week, Mean (SD)Overall: NRG1: 23.0 (20.7)G2: 26.5 (29.8) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Maisto et al., 200124Maisto et al., 200125Gordon et al., 200326United StatesEarly Lifestyle Modification StudyGovernment | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) NRSubgroupsOlder adults | Age, Mean (SD) Overall: 45.6 (15.0)G1: 46.2 (15.0)G2: 45.5 (15.2)G3: 45.0 (15.1)Nonwhite or Minority Group, %Overall: 23.3G1: 27G2: 23G3: 19Female, %Overall: 30.2G1: 32G2: 32G3: 27Of the subset of older adults (65+), %OverallFemale: 13Nonwhite: 31 | Drinks Per Week, Mean (SD)\*G1: 18.6G2: 15.5G3: 18.6\*Drinks/week calculated by dividing # drinks in last 30 days by 4.2857Other Measures, Mean (SD) # drinks per drinking day:G1: 5.5 (4.0) G2: 5.3 (3.0)G3: 6.3 (4.1)# of days abstained (last 30 days):G1: 15.8 (9.5)G2: 16.7 (8.9)G3: 16.4 (9.5)# of drinks last 30 days:G1: 79.9 (80.6)G2: 66.3 (57.1)G3: 79.8 (91.7)ADS scoreG1: 5.4 (2.3) G2: 4.9 (2.5) G3: 5.2 (2.4)Of the subset of older adults (65+), %# days abstained (last 30 days): 11.6# drinks per week: 13.2# drinks last 30 days: 56.6# drinks per drinking day: 4.1 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Noknoy et al., 201027ThailandNoneFoundation or nonprofit | Sample Includes Those With Alcohol Dependence YesPortion of Dependent Persons% with AUDIT >25:Overall NRG1: 15.3G2: 13.8Screening Instrument Score, Mean (SD) AUDITOverall: 17.4 (6.5)G1: 18.00 (6.82)G2: 16.77 (6.20)SubgroupsNone | Age, Mean (SD) Overall: 37 (10)G1: 36.83 (10.21)G2: 37.09 (9.88)Nonwhite or Minority Group, %(all patients were Thai)Female, %Overall: 8.5G1: 10.1G2: 6.9 | Drinks Per Week, Mean (SD)During previous monthOverall: 15.2 (17.7)G1: 17.2 (18.9)G2: 13.1 (16.4)During previous weekOverall: 11.9 (16.2)G1: 13.3 (15.4)G2: 10.6 (17.0)Other Measures, Mean (SD) # drinks per day in previous monthOverall: 6.39 (3.97)G1: 6.46 (4.11)G2: 6.31 (3.86)# drinks per day in previous weekOverall: 4.75 (4.27)G1: 5.19 (4.30)G2: 4.31 (4.23)# episodes of bingeing in previous weekOverall; NRG1: 1.00 (1.49)G2: 0.88 (1.54)Other Characteristics Serum GGTOverall: NRG1: 50.90 (36.29)G2: 63.60 (50.22) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Ockene et al., 199928Ockene et al., 200929Reiff-Hekking et al., 200530United StatesProject HealthGovernment | Sample Includes Those With Alcohol Dependence YesPortion of Dependent Persons, %2Screening Instrument Score, Mean (SD) NRSubgroupsMen or women only | Age, Mean (SD) Overall: NRG1: 44.2 (13.9)G2: 43.5 (14.0)Nonwhite or Minority Group, %Overall: NRG1: 4.3G2: 6.6Female, %Overall: NRG1: 32.1G2: 38.7 | Drinks Per Week, Mean (SD)Overall: NRG1: 18.9 (14.4)G2: 16.6 (12.4) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Richmond et al., 199531AustraliaNoneGovernment | Sample Includes Those With Alcohol Dependence YesPortion of Dependent Persons, %65% = "low dependence" (Ph score 0-4)G1: 62G2: 75G3: 5835% = "moderate dependence" (Ph score 5-14)G1:38G2:25G3:42Screening Instrument Score, Mean (SD) MAST:Overall: 4.5 (4.0)G1: 5.5 (4.5)G2: 3.8 (3.8)G3: 4.2 (3.5)SubgroupsMen or women only | Age, Mean (SD) Overall: 37.7 (13.9)G1: 38.6 (14.3)G2: 39.2 (14.4)G3: 33.9 (12.0)G4: 39.0 (14.3)Nonwhite or Minority Group, %NRFemale, %Overall: 43G1: 43G2: 43G3: 47G4: 39 | Drinks Per Week, Mean (SD)In last 3 months:G1: 36.3 (18.1)G2: 38.7 (26.4)G3: 34.7 (18.2)G4: 37.5 (19.9)Past 7-days:G1: 43.9 (28.3)G2: 38.5 (23.1)G3: 37.3 (28.0)Other Measures, Mean (SD), %Drinking above recommended levels:G1: 83.3G2:79.2G3: 73.1G4: NAPhysical dependence score:Overall: 3.8 (2.5)GGTOverall: NRG1: 34.9 (43.0)G2: 57.0 (78.6)G3: 40.7 (52.0) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year****Country****Trial Name****Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Rubio et al., 201032SpainNoneFoundation or nonprofit | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroups* Men or women only
* Only binge drinkers
 | Age, Mean (SD) NRNonwhite or Minority Group, %NRFemale, %Overall: 34.7G1: 34.5G2: 34.9 | Drinks Per Week, Mean (SD)Overall:G1: 27.42 (9.43)G2: 26.90 (9.76)MenG1: 28.90 (9.79)G2: 28.22 (10.03)WomenG1: 24.49 (7.95)G2: 24.52 (8.80)Other Measures, Mean (SD) # binge drinking episodes in last 30 daysOverallG1: 2.95 (2.33)G2: 2.95 (2.27)MenG1:3.59 (2.38)G2: 3.51 (2.43)WomenG1: 2.39 (1.76)G2: 2.52 (1.89)100% binged in last 30 days and drank excessively in last 7 days |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Saitz et al., 200333United StatesScreening and Intervention in Primary CareMultiple | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsNRScreening Instrument Score, Mean (SD)NRSubgroupsNone | Age, Mean (SD) Overall: NR G1: 43.7 (13.0)G2: 42.2 (12.9)Nonwhite or Minority Group, %Overall: NR G1: 80G2: 82Significantly more Latino participants in control group Female, %Overall: NRG1: 43G2: 29Significant difference in gender makeup between groups | Drinks Per Week, Mean (SD)NROther Measures, Mean (SD) Drinks per drinking dayOverall: NRG1: 5.6 (5.3)G2: 5.5 (4.2)Reporting >= 1 alcohol problem, %:Overall: NRG1: 68G2: 68Alcohol Dependence Scale scoreOverall: NR G1: 7.5 (7.8)G2: 7.4 (6.5) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Schaus et al., 200934United StatesNoneGovernment | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) NRSubgroupsCollege students | Age, Mean (SD) Overall: 20.6 (2.7)G1: 20.5 (2.8)G2: 20.6 (2.7)Nonwhite or Minority Group, %Overall: 22G1: 22G2: 23Female, %Overall: 52G1: 52G2: 52 | Drinks Per Week, Mean (SD)Overall: NRG1: 8.38 (7.43)G2: 9.59 (8.36)Other Measures, Mean (SD) # drinks per sitting:Overall: NRG1: 4.69 (2.24)G2: 4.90 (2.38)# heavy drinking days in past 30 daysOverall: 5.2 (4.7)G1: 5.04 (4.53)G2: 5.42 (4.93)Typical BACOverall: 0.08 (0.05)G1: 0.076 (0.047)G2: 0.080 (0.048)Peak BACOverall: 0.15 (0.08)G1: 0.144 (0.082)G2: 0.158 (0.086)Drinks per drinking dayOverall: NRG1: 4.69 (.168)G2: 4.90 (.176)Peak # drinks in a sitting:Overall: NRG1: 8.15 (4.41)G2: 8.68 (4.36) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Schaus et al., 200934(continued) |  |  | # times drunk in a typical weekOverall: NRG1: 1.14 (1.14)G2: 1.11 (1.20)# times taken foolish risksG1: 5.43 (10.0)G2: 6.58 (11.9)Drinking category:NonheavyG1: 20G2: 18Heavy:G1: 62G2: 60Heavy and frequentG1: 18G2: 23Alcohol-related harms23-item RAPI scoreG1: 14.1 (12.9)G2: 16.1 (12.9)# times drove after at least 3 drinksG1: 4.7 (9.8)G2: 7.8 (16.9)p<0.01# times taken foolish risksG1: 5.43 (10.0)G2: 6.58 (11.9) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Scott & Anderson, 199035United KingdomNoneFoundation or nonprofit | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) NRSubgroupsWomen only | Age, Mean (SD) Overall: NRG1:44.4 (2.4)G2:47.2 (2.2)Nonwhite or Minority Group, %NRFemale, %100 | Drinks Per Week, Mean (SD)Mean (SE)From interviewOverall: NRG1: 35.3 (1.6)G2: 36.6 (1.7)From HSQOverall: NRG1: 31.8 (2.4)G2: 30.2 (1.6)Other Measures, Mean (SD) Abnormal Edinburgh Hospital Study Dependence Score, %Overall: NRG1: 73G2: 41 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Senft et al., 199736Freeborn et al., 200037United StatesNoneGovernment | Sample Includes Those With Alcohol Dependence NoPortion of Dependent PersonsNAScreening Instrument Score, Mean (SD) AUDITG1: 10.6 (3.4)G2: 10.5 (3.5)SubgroupsMen or women only | Age, Mean (SD) Overall: NRG1: 41.9 (13.6)G2:43.0 (15.2)Nonwhite or Minority Group, %Overall: NRG1: 17.4G2:18.7Female, %Overall: NRG1: 28.1G2:31.1Other Characteristics# health and medical care visits in year prior to enrollment, if one or more visits:G1: 7.4 (7.4)G2: 8.8 (9.7) | Drinks Per Week, Mean (SD)NROther Measures, Mean (SD) Drinking days/weekG1: 3.3 (2.1)G2:3.5 (2.2)Drinks/drinking dayG1: 5.0 (3.3)G2: 4.7 (3.5)>=6 drinks/occasion at least weekly, %G1: 27.3G2: 29.5Seriously considering cutting down on drinking, %G1: 59G2: 55Currently advised by MD to avoid alcohol, %G1: 15G2: 15 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics0 |
| Wallace et al., 199838United KingdomNoneMultiple | Sample Includes Those With Alcohol Dependence Unclear/not reportedPortion of Dependent PersonsScreening Instrument Score, Mean (SD) NRSubgroupsMen or women only | Age, Mean (SD) Men, Mean (SE)G1: 41.7 (0.8)G2: 41.8 (0.8)Women, Mean (SE)G1: 43.0 (1.3)G2: 44.6 (1.3)Nonwhite or Minority Group, %NRFemale, %Overall: NRG1: 29.1G2: 29.8 | Drinks Per Week, Mean (SD)From interview; mean (SE):Overall: NRMenG1: 62.2 (1.6)G2: 63.7 (1.9)WomenG1: 35.1 (1.5)G2: 36.8 (1.7)Other Measures, Mean (SD) Drinks/wk from health survey questionnaire QF items; mean (SE)Overall: NRMenG1: 49.6 (1.2)G2: 51.2 (1.2)WomenG1: 28.6 (1.3)G2: 29.2 (1.1)# (%) expressing concern about drinkingOverall:NRMenG1:173 (54.2)G2:168 (52.2)WomenG1:70 (53.4)G2:70 (51.1) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

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| --- | --- | --- | --- |
| Author, YearCountryTrial NameFunding Source | Sample Characteristics  | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| Wallace et al., 199838(continued) |  |  | GGT, Mean (SE):Overall:NRMenG1:27.8 (1.4)G2:26.7 (1.3)WomenG1:13.7 (1.4)G2:12.0 (1.0) |
|  |  |  |  |

Abbreviations: AUDIT = Alcohol Use Disorders Identification Test; BAC = blood alcohol content; CARET = Comorbidity Alcohol Risk Evaluation Tool; EtOH = ethanol; G = group; g = grams; GGT = gamma glutamyl transferase; GP = general practitioner; LAST = Lübeck Alcohol dependence and abuse Screening Test; MAST = Michigan Alcoholism Screening Test; MD = medical doctor; NA = not applicable; NR = not reported; QF = quantity/frequency; RAPI = Rutgers Alcohol Problem Index; SD = standard deviation; SE = standard error; TrEAT = Trial for Early Alcohol Treatment; WHO = World Health Organization; wk = week