Evidence Table 2. Characteristics of samples from included randomized controlled trials

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Anderson & Scott, 19921  United Kingdom  None  Foundation or nonprofit | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  NR  Screening Instrument Score, Mean (SD)  NR  Subgroups  Men only | Age, Mean (SD)  Overall: NR  G1:45.1 (1.9)  G2:43.0 (2.0)  Nonwhite or Minority Group,  NR  Female, %  0 | Drinks Per Week, Mean (SD)\*  From interview  Overall:NR  G1: 37.9  G2: 38.8  From HSQ  Overall: NR  G1: 31.2  G2: 33.0  \*Drinks/week calculated by dividing g/wk by 13.7 |
| Babor, 19962  United States, Australia, Kenya,Mexico, Norway, United Kingdom, Russia, Zimbabwe  WHO Brief Intervention  Multiple | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups  None | Age, Mean (SD)  Overall: NR  Men: 36.9  Women: 35.9  Nonwhite or Minority Group, %  NR  Female, %  Overall: 19.2  G1: 18.4  G2: 22.1  G3: 17.2 | NR |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Bischof et al., 20083  Grothues et al., 20084  Reinhardt et al., 20085  Germany  Stepped Intervention for Problem Drinkers  Government | Sample Includes Those With Alcohol Dependence  Yes  Portion of Dependent Persons, %  Overall: 30.4  G1: 38.2  G2: 27.5  G3: 25.9  Other categories  Abuse: 14.5  At-risk: 27.5  Binge: 27.7  Screening Instrument Score, Mean (SD)  Overall:  AUDIT: 9.1 (5.9)  LAST: 1.6 (1.6)  G1: NR  G2: NR  Subgroups  Men or women only; those with comorbid depression/anxiety | Age, Mean (SD)  Overall: NR  G1: 36.8 (13.5)  G2: 36.8 (13.2)  G3: 35.9 (13.7)  Nonwhite or Minority Group, %  NR  Female, %  Overall: 31.9  G1: 32.1  G2: 31.9  G3: 31.7  Other Characteristics  % with comorbid depression/anxiety  Overall: 21.6  G1: 22.1  G2: 21.7  G3: 20.9  Overall:  Depression only: 8.6  Anxiety only: 7.4  Both depression and anxiety: 5.6 | Drinks Per Week, Mean (SD)\*  Overall: NR  G1: 25.0  G2: 24.0  G3: 20.9  Alcohol dependence  G1: 38.8  G2: 40.6  G3: 40.6  Alcohol abusers/at-risk drinkers  G1: 22.5  G2: 24.9  G3: 18.8  Binge drinkers  G1: 7.4  G2: 7.2  G3: 6.7  \*Drinks per week calculated by dividing g by 13.7 to get drinks/day and then mulitplying by 7 for drinks/week |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Chang et al., 19996  United States  None  Government | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups  Pregnant women   * Mean (SD) # weeks of antepartum drinking: 22.4 (5.6) weeks * Gestational age required to be <28 weeks @ study entry * Mean (SD) gestation @ baseline: 16 (4.6) weeks | Age, Mean (SD)  Overall: 30.7 (5.4)  G1: NR  G2: NR  Nonwhite or Minority Group, %  Overall: 22  G1: NR  G2: NR  Female, %  100 | Drinks Per Week, Mean (SD)  NR  Other Measures, Mean (SD)  Mean drinks per drinking day while pregnant (including abstainers)  G1: 0.6 (1.1)  G2: 0.9 (1.5)  Mean drinks per drinking day while pregnant (excluding abstainers)  G1: 2.1 (1.5)  G2: 1.5 (1.2) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| Curry et al., 20037  United States  None  Government | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  NR  Screening Instrument Score, Mean (SD)  AUDIT  Overall: NR  G1: 5.71 (0.24)  G2: 5.52 (0.23)  Subgroups  None | Age, Mean (SD)  Overall: 47  G1: 48.3 (1.1)  G2:45.6 (1.1)  Nonwhite or Minority Group, %  Overall: 20  G1: 20  G2: 20  Female, %  Overall: 35  G1: 36  G2: 35 | Drinks Per Week, Mean (SD)  Overall: 14.2  G1: 14.9 (0.82)  G2: 13.6 (0.83)  Other Measures, Mean (SD), %  Chronic drinking  Overall: 43  G1: 45  G2: 40  Binge drinking  Overall: 33  G1: 34  G2: 32  Drinking and driving  Overall: 55  G1: 51  G2: 60 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- |
| Fleming et al., 19978  Fleming et al., 20009  Fleming et al., 200210  Grossberg et al., 200011  Manwell et al., 200412  United States  Project TrEAT  Government | Sample Includes Those With Alcohol Dependence  Unclear  Portion of Dependent Persons  Patients who attended treatment in the past, those with withdrawal symptoms, and those who had been advised to cut down in the past were excluded.  6 subjects received formal treatment in an alcohol treatment program during the 1-year followup period  Screening Instrument Score, Mean (SD)  NR  Subgroups   * Men * Women * Young adults 18-30 (Manwell et al., 200412) * Women 18-40 (Grossberg et al., 200011) | Age (years), Mean (SD), %  Overall: NR  Men  18-30  G1: 20.2  G2: 26.0  31-40  G1: 27.2  G2: 25.1  41-50y  G1: 23.9  G2: 21.3  51-65  G1: 28.8  G2: 27.7  Women  18-30  G1: 43.5  G2: 35.7  31-40  G1: 25.9  G2: 35.7  41-50  G1: 15.6  G2: 18.2  51-65  G1: 15.0  G2: 10.5 | Drinks Per Week, Mean (SD)  Overall: NR  G1: 19.14 (12.26)  G2: 18.94 (11.84)  Men  G1: 21.67 (12.85)  G2: 21.95 (12.39)  Women  G1: 15.05 (10.02)  G2: 15.69 (10.13)  Women 18-40  G1: 14.08 (9.22)  G2: 14.87 (8.81)  Young adults 18-30  G1: 16.2 (11.2)  G2: 18.3 (12.1)  Other Measures, Mean (SD)  % patients with a binge episode; mean (SD) binge episodes in previous 30 days;  G1: 85.5; 5.65 (5.95)  G2: 86.6; 5.34 (5.03)  Men  G1: 85.1; 6.13 (6.58)  G2: 87.2; 5.40 (4.98)  Women  G1: 86.1; 4.88 (4.70)  G2: 85.7; 5.23 (5.13)  Women 18-40  G1: 93.2; 5.10 (3.70)  G2: 91.2; 5.49 (4.33) | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year**  **Country**  **Trial Name**  **Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Fleming et al., 19978  Fleming et al., 20009  Fleming et al., 200210  Grossberg et al., 200011  Manwell et al., 200412  (continued) |  | Nonwhite or Minority Group, %  Overall: NR  Men  G1: 5.6  G2: 7.4  Women  G1: 11.9  G2: 11.5  Women 18-40  G1: 15  G2: 14  Female, %  Overall: 38  G1: 37.8  G2: 37.7 | Young adults 18-30  G1: 96.0; 5.9 (4.0)  G2: 96.0; 6.3 (4.3)  Drinking excessively in previous week, %  G1: 47.48  G2: 48.09  Men  G1: 45.67  G2: 44.69  Women  G1: 50.39  G2: 53.57  Women 18-40  G1: 45.6  G2: 53.0  Young adults 18-30  G1: 39  G2: 46 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year**  **Country**  **Trial Name**  **Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Fleming et al., 199913  Mundt et al., 200514  United States  Guiding Older Adult Lifestyles  Multiple | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups  Older adults | Age, Mean (SD), %  Overall: NR  Age 65-75  G1: 92.0  G2: 96.9  Age ≥76  G1: 8.0  G2: 3.1  Nonwhite or Minority Group, %  NR  Female, %  Overall: 33.5  G1: 35.6  G2: 31.0  Other Characteristics  % with daily activity limitations  Overall: NR  G1: 18  G2: 30 | Drinks Per Week, Mean (SD)  Overall: NR  G1: 15.54 (7.65)  G2: 16.58 (11.49)  Other Measures, Mean (SD)  # of binge drinking episodes in previous 30 days  G1: 3.38 (7.05)  G2: 4.15 (8.47)  Binge drinking in previous 30 days, %  G1: 48.72  G2: 40.30  Drinking excessively in previous 7 days, %:  G1: 29.49  G2: 29.85 |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- |
| Fleming, et al., 200815  Wilton, et al., 200916  United States  Healthy Moms  Government | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  NR  Subgroups  Postpartum women | | Age, Mean (SD), %  Overall:  Median = 28  18-21  Median: 15.3  G1: 15.6  G2: 15.0  22-25  Median: 17.9  G1: 18.0  G2: 17.7  26-30  Median: 30.6  G1: 32.8  G2:28.3  31-35  Median: 21.3  G1: 18.0  G2: 24.8  36-40  Median: 12.8  G1: 12.3  G2: 13.3  41+  Median: 2.1  G1: 3.3  G2: 0.9  Nonwhite or Minority Group, %  Overall: 18.3  G1: 16.4  G2: 20.4 | | Drinks Per Week, Mean (SD)  NR  Other Measures, Mean (SD)  Total # drinks in the previous 28 days  G1: 34.0 (22.8)  G2: 32.2 (16.2)  # of drinking days in past 28 days  G1: 10.3 (6.8)  G2: 10.4 (7.2)  # of heavy drinking days, past 28 days  G1: 3.5 (3.8)  G2: 3.1 (3.3) | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Fleming, et al., 200815  Wilton, et al., 200916  (continued) |  | | | Female, %  100  Other Characteristics  % depressed at baseline (Edinburgh Postpartum Depression Scale >= 10)  Overall:38.7  G1: 39.3  G2: 38.1 | |  | |
| Fleming et al., 201017  United States, Canada  College Health Intervention Projects  Multiple | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups  College students | | | Age, Mean (SD)  Overall: 21  G1: 21 (2.2)  G2: 20.8 (2.3)  Nonwhite or Minority Group, %  Overall: NR  G1: 10.5  G2:8.1  Female, %  Overall: NR  G1: 50.5  G2: 51.3 | | Drinks Per Week, Mean (SD)\*  Overall: NR  G1: 17.8  G2: 17.3  \*Drinks per week calculated by dividing # drinks in past 28 days by 4  Other Measures, Mean (SD)  # of drinking days in the past 28 days  G1: 11.7 (5.0)  G2: 11.8 (4.9)  # of heavy drinking days in the past 28 days  G1: 7.2 (3.7)  G2: 7.1 (3.3)  RAPI score  Overall: NR  G1: 15.2 (10.4)  G2: 15.9 (10.7) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- |
| Kypri et al., 200418  New Zealand  None  Government | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  AUDIT:  Overall: 16.6 CI (15.5 to 17.7)  G1: 16.6 (5.7)  G2: 16.6 (6.0)  Subgroups  College students | | Age, Mean (SD)  Overall: NR  G1: 19.9 (1.4)  G2: 20.4 (1.8)  Nonwhite or Minority Group, %  NR  Female, %  Overall: 50  G1: NR  G2: NR | | NR | |
| Kypri et al., 200719  Kypri et al., 200820  New Zealand  None  Government | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  AUDIT:  Overall: NR  G1: 14.9 (5.1)  G2: 14.7 (4.7)  G3: 15.1 (5.5)  G4: 14.9 (5.0)  Subgroups  College students | | Age, Mean (SD)  Overall: NR  G1: 20.1 (1.9)  G2: 20.1 (1.9)  G3: 20.1 (2.2)  G4: 20.3 (1.8)  Nonwhite or Minority Group, %  NR  Female, %  Overall: 52.0  G1: 51.4  G2: 52.4  G3: 52.1  G4: 52 | | NR | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- |
| Lin et al., 201021  Moore et al., 201022  United States  Healthy Living As You Age  Multiple | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  CARET  Overall: 2.9 (1.7)  G1: 2.9 (1.7)  G2: 3.0 (1.7)  Subgroups  Older adults | | Age, Mean (SD)  Overall: 68.4 (6.9)  G1: 68.7 (6.8)  G2: 68.1 (6.9)  Nonwhite or Minority Group, %  Overall: 13  G1: 12  G2: 13  Female, %  Overall: 29  G1: 28  G2: 30 | | Drinks Per Week, Mean (SD)  Overall:15.2 (7.3)  G1: 15.1 (7.2)  G2: 15.2 (7.4)  Other Measures, Mean (SD)  At least 1 heavy drinking day in past 7 days, %  Overall: 34  G1:34  G2:34 | |
| Lock et al., 200623  United Kingdom  None  Government | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  AUDIT  Overall: 9.9 (5.1)  G1: 10.6 (4.7)  G2: 10.3 (5.6)  Subgroups  None | | Age, Mean (SD)  Overall: 44.1 (15.3)  G1:42.7 (15.5)  G2:45.7 (14.9)  Nonwhite or Minority Group, %  NR  Female, %  Overall: 50  G1: 51  G2: 48  **Practice clusters differed as follows:**  Average # of GPs per practice  G1: 4 (2.0)  G2: 3 (1.5)  p=0.049  # hours worked by nurses  G1: 29.1 (9.1)  G2: 23.6 (7.2)  p=0.041 | | Drinks Per Week, Mean (SD)  Overall: NR  G1: 23.0 (20.7)  G2: 26.5 (29.8) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- |
| Maisto et al., 200124  Maisto et al., 200125  Gordon et al., 200326  United States  Early Lifestyle Modification Study  Government | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  NR  Subgroups  Older adults | | Age, Mean (SD)  Overall: 45.6 (15.0)  G1: 46.2 (15.0)  G2: 45.5 (15.2)  G3: 45.0 (15.1)  Nonwhite or Minority Group, %  Overall: 23.3  G1: 27  G2: 23  G3: 19  Female, %  Overall: 30.2  G1: 32  G2: 32  G3: 27  Of the subset of older adults (65+), %  Overall  Female: 13  Nonwhite: 31 | | Drinks Per Week, Mean (SD)\*  G1: 18.6  G2: 15.5  G3: 18.6  \*Drinks/week calculated by dividing # drinks in last 30 days by 4.2857  Other Measures, Mean (SD)  # drinks per drinking day:  G1: 5.5 (4.0)  G2: 5.3 (3.0)  G3: 6.3 (4.1)  # of days abstained (last 30 days):  G1: 15.8 (9.5)  G2: 16.7 (8.9)  G3: 16.4 (9.5)  # of drinks last 30 days:  G1: 79.9 (80.6)  G2: 66.3 (57.1)  G3: 79.8 (91.7)  ADS score  G1: 5.4 (2.3)  G2: 4.9 (2.5)  G3: 5.2 (2.4)  Of the subset of older adults (65+), %  # days abstained (last 30 days): 11.6  # drinks per week: 13.2  # drinks last 30 days: 56.6  # drinks per drinking day: 4.1 | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- |
| Noknoy et al., 201027  Thailand  None  Foundation or nonprofit | Sample Includes Those With Alcohol Dependence  Yes  Portion of Dependent Persons  % with AUDIT >25:  Overall NR  G1: 15.3  G2: 13.8  Screening Instrument Score, Mean (SD)  AUDIT  Overall: 17.4 (6.5)  G1: 18.00 (6.82)  G2: 16.77 (6.20)  Subgroups  None | | Age, Mean (SD)  Overall: 37 (10)  G1: 36.83 (10.21)  G2: 37.09 (9.88)  Nonwhite or Minority Group, %  (all patients were Thai)  Female, %  Overall: 8.5  G1: 10.1  G2: 6.9 | | Drinks Per Week, Mean (SD)  During previous month  Overall: 15.2 (17.7)  G1: 17.2 (18.9)  G2: 13.1 (16.4)  During previous week  Overall: 11.9 (16.2)  G1: 13.3 (15.4)  G2: 10.6 (17.0)  Other Measures, Mean (SD)  # drinks per day in previous month  Overall: 6.39 (3.97)  G1: 6.46 (4.11)  G2: 6.31 (3.86)  # drinks per day in previous week  Overall: 4.75 (4.27)  G1: 5.19 (4.30)  G2: 4.31 (4.23)  # episodes of bingeing in previous week  Overall; NR  G1: 1.00 (1.49)  G2: 0.88 (1.54)  Other Characteristics  Serum GGT  Overall: NR  G1: 50.90 (36.29)  G2: 63.60 (50.22) | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- | --- |
| Ockene et al., 199928  Ockene et al., 200929  Reiff-Hekking et al., 200530  United States  Project Health  Government | Sample Includes Those With Alcohol Dependence  Yes  Portion of Dependent Persons, %  2  Screening Instrument Score, Mean (SD)  NR  Subgroups  Men or women only | | Age, Mean (SD)  Overall: NR  G1: 44.2 (13.9)  G2: 43.5 (14.0)  Nonwhite or Minority Group, %  Overall: NR  G1: 4.3  G2: 6.6  Female, %  Overall: NR  G1: 32.1  G2: 38.7 | | | Drinks Per Week, Mean (SD)  Overall: NR  G1: 18.9 (14.4)  G2: 16.6 (12.4) | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | | Baseline Demographic Characteristics | | Baseline EtOH Consumption Characteristics | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Richmond et al., 199531  Australia  None  Government | Sample Includes Those With Alcohol Dependence  Yes  Portion of Dependent Persons, %  65% = "low dependence" (Ph score 0-4)  G1: 62  G2: 75  G3: 58  35% = "moderate dependence"  (Ph score 5-14)  G1:38  G2:25  G3:42  Screening Instrument Score, Mean (SD)  MAST:  Overall: 4.5 (4.0)  G1: 5.5 (4.5)  G2: 3.8 (3.8)  G3: 4.2 (3.5)  Subgroups  Men or women only | | Age, Mean (SD)  Overall: 37.7 (13.9)  G1: 38.6 (14.3)  G2: 39.2 (14.4)  G3: 33.9 (12.0)  G4: 39.0 (14.3)  Nonwhite or Minority Group, %  NR  Female, %  Overall: 43  G1: 43  G2: 43  G3: 47  G4: 39 | | Drinks Per Week, Mean (SD)  In last 3 months:  G1: 36.3 (18.1)  G2: 38.7 (26.4)  G3: 34.7 (18.2)  G4: 37.5 (19.9)  Past 7-days:  G1: 43.9 (28.3)  G2: 38.5 (23.1)  G3: 37.3 (28.0)  Other Measures, Mean (SD), %  Drinking above recommended levels:  G1: 83.3  G2:79.2  G3: 73.1  G4: NA  Physical dependence score:  Overall: 3.8 (2.5)  GGT  Overall: NR  G1: 34.9 (43.0)  G2: 57.0 (78.6)  G3: 40.7 (52.0) | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

|  |  |  |  |
| --- | --- | --- | --- |
| **Author, Year**  **Country**  **Trial Name**  **Funding Source** | **Sample Characteristics** | **Baseline Demographic Characteristics** | **Baseline EtOH Consumption Characteristics** |
| Rubio et al., 201032  Spain  None  Foundation or nonprofit | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups   * Men or women only * Only binge drinkers | Age, Mean (SD)  NR  Nonwhite or Minority Group, %  NR  Female, %  Overall: 34.7  G1: 34.5  G2: 34.9 | Drinks Per Week, Mean (SD)  Overall:  G1: 27.42 (9.43)  G2: 26.90 (9.76)  Men  G1: 28.90 (9.79)  G2: 28.22 (10.03)  Women  G1: 24.49 (7.95)  G2: 24.52 (8.80)  Other Measures, Mean (SD)  # binge drinking episodes in last 30 days  Overall  G1: 2.95 (2.33)  G2: 2.95 (2.27)  Men  G1:3.59 (2.38)  G2: 3.51 (2.43)  Women  G1: 2.39 (1.76)  G2: 2.52 (1.89)  100% binged in last 30 days and drank excessively in last 7 days |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- | --- | --- | --- |
| Saitz et al., 200333  United States  Screening and Intervention in Primary Care  Multiple | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  NR  Screening Instrument Score, Mean (SD)  NR  Subgroups  None | | | Age, Mean (SD)  Overall: NR  G1: 43.7 (13.0)  G2: 42.2 (12.9)  Nonwhite or Minority Group, %  Overall: NR  G1: 80  G2: 82  Significantly more Latino participants in control group  Female, %  Overall: NR  G1: 43  G2: 29  Significant difference in gender makeup between groups | Drinks Per Week, Mean (SD)  NR  Other Measures, Mean (SD)  Drinks per drinking day  Overall: NR  G1: 5.6 (5.3)  G2: 5.5 (4.2)  Reporting >= 1 alcohol problem, %:  Overall: NR  G1: 68  G2: 68  Alcohol Dependence Scale score  Overall: NR  G1: 7.5 (7.8)  G2: 7.4 (6.5) | | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- | --- | --- | --- |
| Schaus et al., 200934  United States  None  Government | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  NR  Subgroups  College students | | | Age, Mean (SD)  Overall: 20.6 (2.7)  G1: 20.5 (2.8)  G2: 20.6 (2.7)  Nonwhite or Minority Group, %  Overall: 22  G1: 22  G2: 23  Female, %  Overall: 52  G1: 52  G2: 52 | Drinks Per Week, Mean (SD)  Overall: NR  G1: 8.38 (7.43)  G2: 9.59 (8.36)  Other Measures, Mean (SD)  # drinks per sitting:  Overall: NR  G1: 4.69 (2.24)  G2: 4.90 (2.38)  # heavy drinking days in past 30 days  Overall: 5.2 (4.7)  G1: 5.04 (4.53)  G2: 5.42 (4.93)  Typical BAC  Overall: 0.08 (0.05)  G1: 0.076 (0.047)  G2: 0.080 (0.048)  Peak BAC  Overall: 0.15 (0.08)  G1: 0.144 (0.082)  G2: 0.158 (0.086)  Drinks per drinking day  Overall: NR  G1: 4.69 (.168)  G2: 4.90 (.176)  Peak # drinks in a sitting:  Overall: NR  G1: 8.15 (4.41)  G2: 8.68 (4.36) | | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- | --- | --- | --- |
| Schaus et al., 200934  (continued) |  | | |  | # times drunk in a typical week  Overall: NR  G1: 1.14 (1.14)  G2: 1.11 (1.20)  # times taken foolish risks G1: 5.43 (10.0) G2: 6.58 (11.9)  Drinking category:  Nonheavy  G1: 20  G2: 18  Heavy:  G1: 62  G2: 60  Heavy and frequent  G1: 18  G2: 23  Alcohol-related harms  23-item RAPI score  G1: 14.1 (12.9)  G2: 16.1 (12.9)  # times drove after at least 3 drinks  G1: 4.7 (9.8)  G2: 7.8 (16.9)  p<0.01  # times taken foolish risks  G1: 5.43 (10.0)  G2: 6.58 (11.9) | | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- | --- | --- | --- |
| Scott & Anderson, 199035  United Kingdom  None  Foundation or nonprofit | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  NR  Subgroups  Women only | | | Age, Mean (SD)  Overall: NR  G1:44.4 (2.4)  G2:47.2 (2.2)  Nonwhite or Minority Group, %  NR  Female, %  100 | Drinks Per Week, Mean (SD)  Mean (SE)  From interview  Overall: NR  G1: 35.3 (1.6)  G2: 36.6 (1.7)  From HSQ  Overall: NR  G1: 31.8 (2.4)  G2: 30.2 (1.6)  Other Measures, Mean (SD)  Abnormal Edinburgh Hospital Study Dependence Score, %  Overall: NR  G1: 73  G2: 41 | | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

| Author, Year  Country  Trial Name  Funding Source | | Sample Characteristics | Baseline Demographic Characteristics | | | Baseline EtOH Consumption Characteristics |
| --- | --- | --- | --- | --- | --- | --- |
| Senft et al., 199736  Freeborn et al., 200037  United States  None  Government | Sample Includes Those With Alcohol Dependence  No  Portion of Dependent Persons  NA  Screening Instrument Score, Mean (SD)  AUDIT  G1: 10.6 (3.4)  G2: 10.5 (3.5)  Subgroups  Men or women only | | | Age, Mean (SD)  Overall: NR  G1: 41.9 (13.6)  G2:43.0 (15.2)  Nonwhite or Minority Group, %  Overall: NR  G1: 17.4  G2:18.7  Female, %  Overall: NR  G1: 28.1  G2:31.1  Other Characteristics  # health and medical care visits in year prior to enrollment, if one or more visits:  G1: 7.4 (7.4)  G2: 8.8 (9.7) | Drinks Per Week, Mean (SD)  NR  Other Measures, Mean (SD)  Drinking days/week  G1: 3.3 (2.1)  G2:3.5 (2.2)  Drinks/drinking day  G1: 5.0 (3.3)  G2: 4.7 (3.5)  >=6 drinks/occasion at least weekly, %  G1: 27.3  G2: 29.5  Seriously considering cutting down on drinking, %  G1: 59  G2: 55  Currently advised by MD to avoid alcohol, %  G1: 15  G2: 15 | | |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

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| --- | --- | --- | --- |
| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics0 |
| Wallace et al., 199838  United Kingdom  None  Multiple | Sample Includes Those With Alcohol Dependence  Unclear/not reported  Portion of Dependent Persons  Screening Instrument Score, Mean (SD)  NR  Subgroups  Men or women only | Age, Mean (SD)  Men, Mean (SE)  G1: 41.7 (0.8)  G2: 41.8 (0.8)  Women, Mean (SE)  G1: 43.0 (1.3)  G2: 44.6 (1.3)  Nonwhite or Minority Group, %  NR  Female, %  Overall: NR  G1: 29.1  G2: 29.8 | Drinks Per Week, Mean (SD)  From interview; mean (SE):  Overall: NR  Men  G1: 62.2 (1.6)  G2: 63.7 (1.9)  Women  G1: 35.1 (1.5)  G2: 36.8 (1.7)  Other Measures, Mean (SD)  Drinks/wk from health survey questionnaire QF items; mean (SE)  Overall: NR  Men  G1: 49.6 (1.2)  G2: 51.2 (1.2)  Women  G1: 28.6 (1.3)  G2: 29.2 (1.1)  # (%) expressing concern about drinking  Overall:NR  Men  G1:173 (54.2)  G2:168 (52.2)  Women  G1:70 (53.4)  G2:70 (51.1) |

Evidence Table 2. Characteristics of samples from included randomized controlled trials (continued)

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| --- | --- | --- | --- |
| Author, Year  Country  Trial Name  Funding Source | Sample Characteristics | Baseline Demographic Characteristics | Baseline EtOH Consumption Characteristics |
| Wallace et al., 199838  (continued) |  |  | GGT, Mean (SE):  Overall:NR  Men  G1:27.8 (1.4)  G2:26.7 (1.3)  Women  G1:13.7 (1.4)  G2:12.0 (1.0) |
|  |  |  |  |

Abbreviations: AUDIT = Alcohol Use Disorders Identification Test; BAC = blood alcohol content; CARET = Comorbidity Alcohol Risk Evaluation Tool; EtOH = ethanol; G = group; g = grams; GGT = gamma glutamyl transferase; GP = general practitioner; LAST = Lübeck Alcohol dependence and abuse Screening Test; MAST = Michigan Alcoholism Screening Test; MD = medical doctor; NA = not applicable; NR = not reported; QF = quantity/frequency; RAPI = Rutgers Alcohol Problem Index; SD = standard deviation; SE = standard error; TrEAT = Trial for Early Alcohol Treatment; WHO = World Health Organization; wk = week