**Figure 16: Patient pathway for Tricyclics (TC) and SSRIs**

**Tricyclic or SSRI therapy initiated**
- Initial dose 10mg, patient controlled dose increases of 10mg no more frequently than every 2 weeks.
- Follow-up appointment booked for 1 month later

**1 month later**

**GP assesses if patient has responded to treatment**

- **Responded**
  - Patient continues on treatment and follow-ups booked for 12 weeks after effective dose established and 6 months after starting TC or SSRI
  - 6 months after first TC or SSRI

- **didn’t respond**
  - Has the max dose been tried (30mg tricyclics and 20mg SSRI)
  - **Yes**
    - Switch to alternative TC or SSRI
    - **Return to top**
  - **No**
    - Continue dose increases at 10mg every 2 weeks and appointment booked for 1 month later

**6 months later**

**GP assesses whether TC or SSRI therapy is still appropriate**

- **Still appropriate**
  - TC or SSRI therapy continued for further 6 months

- **No longer appropriate**
  - TC or SSRI therapy discontinued