WILLIAM ROBERTSON ON AMERICA AND THE AMERICANS

THE bodily constitution of the Americans.—The human body is less affected by climate than that of any other animal. Some animals are confined to a particular region of the globe, and cannot exist beyond it; others, though they may be brought to bear the injuries of a climate foreign to them, cease to multiply when carried out of that district which Nature designed to be their mansion. Even such as seem capable to being naturalized in various climates, feel the effect of every remove from their proper station, and gradually dwindle and degenerate from the vigour and perfection peculiar to their species. Man is the only living creature whose frame is at once so hardy and so flexible, that he can spread over the whole earth, become the inhabitant of every region, and thrive and multiply under every climate. Subject, however, to the general law of Nature, the human body is not entirely exempt from the operation of climate; and when exposed to the extremes either of heat or cold, its size or vigour diminishes.

The first appearance of the inhabitants of the New World, filled the discoverers with such astonishment, that they were apt to imagine them a race of men different from those of the other hemisphere. Their complexion is of a reddish brown, nearly resembling the colour of copper. The hair of their heads is always black, long, coarse, and uncurled. They have no beard, and every part of their body is perfectly smooth. Their persons are of a full size, extremely straight, and well-proportioned. Their features are regular, though often distorted by absurd endeavours to improve the beauty of their natural form, or to render their aspect more dreadful to their enemies. In the islands, where four-footed animals were both few and small, and the earth yielded her productions almost spontaneously, the constitution of the natives, neither braced by the active exercises of the chase, nor invigorated by the labour of cultivation, was extremly feeble and languid. On the continent, where the forests abound with game of various kinds, and the chief occupation of many tribes was to pursue it, the human frame acquired greater firmness. Still, however, the Americans were more remarkable for agility than strength. They resembled beasts of prey,

rather than animals formed for labour. They were not only averse to toil, but incapable of it; and when roused by force from their native indolence, and compelled to work, they sunk under tasks which the people of the other continent would have performed with ease. This feebleness of constitution was universal among the inhabitants of those regions in America which we are surveying, and may be considered as characteristic of the species there.

The beardless countenance and smooth skin of the American seems to indicate a defect of vigour, occasioned by some vice in his frame. He is destitute of one sign of manhood and of strength. This peculiarity, by which the inhabitants of the New World are distinguished from the people of all other nations, cannot be attributed, as some travellers have supposed, to their mode of subsistence. For though the food of many Americans be extremely insipid, as they are altogether unacquainted with the use of salt, rude tribes in other parts of the earth have subsisted on aliments equally simple, without this mark of degradation, or any apparent symptom of a diminution in their vigour.

As the external form of the Americans leads us to suspect that there is some natural debility in their frame, the smallness of their appetite for food has been mentioned by many authors as a confirmation of this suspicion. The quantity of food which men consume varies according to the temperature of the climate in which they live, the degree of activity which they exert, and the natural vigour of their constitutions. Under the enervating heat of the torrid zone, and when men pass their days in indolence and ease, they require less nourishment than the active inhabitants of temperate or cold countries. But neither the warmth of their climate, nor their extreme laziness, will account for the uncommon defect of appetite among the Americans. The Spaniards were astonished with observing this, not only in the islands, but in several parts of the continent. The constitutional temperance of the natives far exceeded, in their opinion, the abstinence of the most mortified hermits: while, on the other hand, the appetite of the Spaniards appeared to the Americans insatiably voracious; and they affirmed, that one Spaniard devoured more food in a day than was sufficient for ten Americans.

A proof of some feebleness in their frame, still more striking, is the insensibility of the Americans to the charms of beauty, and the power of love. That passion which was destined to perpetuate life, to be the bond of social union, and the source of tenderness and joy, is the most

ardent in the human breast. Though the perils and hardships of the savage state, though excessive fatigue, on some occasions, and the difficulty at all times of procuring subsistence, may seem to be adverse to this passion, and to have a tendency to abate its vigour, yet the rudest nations in every other part of the globe seem to feel its influence more powerfully than the inhabitants of the New World. The negro glows with all the warmth of desire natural to his climate; and the most uncultivated Asiatics discover that sensibility, which, from their situation on the globe we should expect them to have felt. But the Americans, are, in an amazing degree, strangers to the force of this first instinct of nature. In every part of the New World the natives treat their women with coldness and indifference. They are neither the objects of that tender attachment which takes place in civilized society, nor of that ardent desire conspicuous among rude nations. Even in climates where this passion usually acquired its greatest vigour, the savage of America views his female with disdain, as an animal of a less noble species. He is at no pains to win her favour by the assiduity of courtship, and still less solicitous to preserve it by indulgence and gentleness. Missionaries themselves, notwithstanding the austerity of monastic ideas, cannot refrain from expressing their astonishment at the dispassionate coldness of the American young men in their intercourse with the other sex. Nor is this reserve to be ascribed to any opinion which they entertain with respect to the merit of female chastity. That is an idea too refined for a savage, and suggested by a delicacy of sentiment and affection to which he is a stranger.

But in inquiries concerning either the bodily or mental qualities of particular races of men, there is not a more common or more seducing error, than that of ascribing to a single cause, those characteristic peculiarities, which are the effect of the combined operation of many causes. The climate and soil of America differ, in so many respects, from those of the other hemisphere, and this difference is so obvious and striking, that philosophers of great eminence have laid hold on this as sufficient to account for what is peculiar in the constitution of its inhabitants. They rest on physical causes alone, and consider the feeble frame and languid desire of the Americans, as consequence of the temperament of that portion of the globe which they occupy. But the influences of political and moral causes ought not to have been overlooked. These operate with no less effect than that on which many

philosophers rest as a full explanation of the singular appearances which have been mentioned. Wherever the state of society is such as to create many wants and desires, which cannot be satisfied without regular exertions of industry, the body accustomed to labour becomes robust and patient of fatigue. In a more simple state, where the demands of men are so few and so moderate, that they may be gratified, almost without any effort, by the spontaneous productions of nature, the powers of the body are not called forth, nor can they attain their proper strength. The natives of Chile and North-America, the two temperate regions in the New World, who live by hunting, may be deemed an active and vigorous race, when compared with the inhabitants of the isles of those parts of the continent where hardly any labour is requisite to procure subsistence. The exertions of a hunter are not, however, so regular, or so continued, as those of persons employed in the culture of the earth, or in the various arts of civilized life, and though his agility may be greater than theirs, his strength is on the whole inferior. If another direction were given to the active powers of man in the New World, and his force augmented by exercise, he might acquire a degree of vigour which he does not in his present state possess. The truth of this is confirmed by experience. Wherever the Americans have been gradually accustomed to hard labour, their constitutions become robust, and they have been found capable of performing such tasks, as seemed not only to exceed the powers of such a feeble frame as has been deemed peculiar to their country, but to equal any effort of the natives, either of Africa or of Europe.

The same reasoning will apply to what has been observed concerning their slender demand for food. As a proof that this should be ascribed as much to their extreme indolence, and often total want of occupation, as to any thing peculiar in the physical structure of their bodies, it has been observed, that in those districts, where the people of America are obliged to exert any unusual effort of activity, in order to procure subsistence, or wherever they are employed in severe labour, their appetite is not inferior to that of other men, and, in some places, it has struck observers as remarkably voracious.

Robertson, William: *The History of America,* 10th, ed. London, Strahan, 1803, vol. 2, pp. 61-69.