

Enabling Patient-Centered Care Through Health Information Technology

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Enabling Patient-Centered Care Through Health Information Technology

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Preface

The Agency for Healthcare Research and Quality (AHRQ), through its Evidence-based Practice Centers (EPCs), sponsors the development of evidence reports and technology assessments to assist public- and private-sector organizations in their efforts to improve the quality of health care in the United States. The reports and assessments provide organizations with comprehensive, science-based information on common, costly medical conditions, and new health care technologies and strategies.

The EPCs systematically review the relevant scientific literature on topics assigned to them by AHRQ and conduct additional analyses when appropriate prior to developing their reports and assessments. To bring the broadest range of experts into the development of evidence reports and health technology assessments, AHRQ encourages the EPCs to form partnerships and enter into collaborations with other medical and research organizations. The EPCs work with these partner organizations to ensure that the evidence reports and technology assessments they produce will become building blocks for health care quality improvement projects throughout the Nation. The reports undergo peer review and public comment prior to their release as a final report.

AHRQ expects that the EPC evidence reports and technology assessments will inform individual health plans, providers, and purchasers as well as the health care system as a whole by providing important information to help improve health care quality.

We welcome comments on this evidence report. They may be sent by mail to the Task Order Officer named below at: Agency for Healthcare Research and Quality, 540 Gaither Road, Rockville, MD 20850, or by email to epc@ahrq.hhs.gov.

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Enabling Patient-Centered Care Through Health Information Technology

Structured Abstract

Objectives. The main objective of the report is to review the evidence on the impact of health information technology (IT) that supports patient-centered care (PCC) on: health care processes; clinical outcomes; intermediate outcomes (patient or provider satisfaction, health knowledge and behavior, and cost); responsiveness to needs and preferences of patients; shared decisionmaking and patient—clinician communication; and access to information. Additional objectives were to identify barriers and facilitators for using health IT to deliver PCC, and to identify gaps in evidence and information needed by patients, providers, payers, and policymakers.

Data Sources. MEDLINE[®], Embase[®], Cochrane Library, Scopus, Cumulative Index to Nursing and Allied Health Literature, PsycINFO, INSPEC, and Compendex databases through July 31, 2010.

Methods. Paired members of our team reviewed citations to identify randomized controlled trials of PCC-related health IT interventions and studies that addressed barriers and facilitators for health IT for delivery of PCC. Independent assessors rated studies for quality. Paired reviewers abstracted data.

Results. The search identified 327 eligible articles, including 184 articles on the impact of health IT applications implemented to support PCC and 206 articles addressing barriers or facilitators for such health IT applications. Sixty-three articles addressed both questions. The study results suggested positive effects of PCC-related health IT interventions on health care process outcomes, disease-specific clinical outcomes (for diabetes mellitus, heart disease, cancer, and other health conditions), intermediate outcomes, responsiveness to the needs and preferences of patients, shared decisionmaking, patient-clinician communication, and access to medical information.

Studies reported a number of barriers and facilitators for using health IT applications to enable PCC. Barriers included: lack of usability; problems with access to the health IT application due to older age, low income, education, cognitive impairment, and other factors; low computer literacy in patients and clinicians; insufficient basic formal training in health IT applications; physicians' concerns about more work; workflow issues; problems related to new system implementation, including concerns about confidentiality of patient information; depersonalization; incompatibility with current health care practices; lack of standardization; and problems with reimbursement. Facilitators for the utilization of health IT included ease of use, perceived usefulness, efficiency of use, availability of support, comfort in use, and site location.

Conclusions. Despite marked heterogeneity in study characteristics and quality, substantial evidence exists confirming that health IT applications with PCC-related components have a positive effect on health care outcomes.

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Executive Summary

Introduction

The Institute of Medicine defines patient-centered care (PCC) as "care that is respectful of and responsive to individual patient preferences, needs and values," ensuring that patient values guide all clinical decisions. The Institute of Medicine has recognized PCC as one of six major domains of health care quality. While the health care community widely recognizes the potential of health information technology (IT) in enabling PCC, we have yet to see an evidence-based comprehensive analysis of its impact on quality of care. In addition, there does not yet exist a systematic review of barriers and facilitators for health IT—enabled PCC. This report reviews the evidence on the impact of health IT applications developed and implemented to enhance the provision of PCC. The report identifies barriers and facilitators for the use of health IT applications to deliver PCC. It also identifies gaps in the literature and recommends future research endeavors. The report pays particular attention to the role of health IT in improving shared decisionmaking, patient—clinician communication, and access to medical information by patients.

Key Questions

The following Key Questions are addressed in this report.

Key Question 1. Are health IT applications that address one or more components of PCC effective in improving the following outcomes, and how do the outcomes vary by type of health IT application?

- a. Health care process outcomes (e.g., receiving appropriate treatment)
- b. Clinical outcomes for patients (including quality of life)
- c. Intermediate outcomes such as patients' improved health knowledge, health behaviors and physiologic measures, patient satisfaction, and reduced costs
- d. Responsiveness to the needs and preferences of individual patients
- e. Shared decisionmaking between patients, their families, and providers; patient-clinician communication; or providing patients or clinicians access to medical information

Key Question 2. What are barriers or facilitators that clinicians, developers, patients, and their families or caregivers encounter that may impact implementation and use of health IT applications to enable PCC?

Key Question 3. What knowledge or evidence deficits exist regarding needed information to support estimates of cost, benefit, impact, sustainability, and net value with regard to enabling PCC through health IT?

Key Question 4. What critical information regarding the impact of health IT applications implemented to enable PCC is needed to give consumers, their families, clinicians, and developers a clear understanding of the value proposition particular to them?

Methods

We used a conceptual framework to guide our systematic review and based it on a synthesis of existing models of PCC. We used a systematic approach to searching the literature to minimize the risk of bias in selecting articles for inclusion in the review. Searching the literature involved identifying reference sources, formulating a search strategy for each source, and

executing and documenting each search. For the searching of electronic databases, we began our search process by identifying relevant medical subject heading terms.

Our comprehensive search included electronic and hand searching of peer-reviewed literature databases and gray literature databases. We ran searches of the MEDLINE[®], Embase[®], Cochrane Library, Scopus, Cumulative Index to Nursing and Allied Health Literature (CINAHL), PsycINFO, INSPEC, and Compendex databases through July 31, 2010.

The systematic review followed the protocol of the Evidence-based Practice Center Program and included the following steps: title review, abstract review, article review, data abstraction, quality assessment, data synthesis, and grading of the strength of evidence.

Results

The search process identified 17,749 citations that were potentially relevant to Key Questions 1 and/or 2, and 150 additional articles were identified through hand searching. Ultimately, we found 327 articles that met our eligibility criteria and that were applicable to Key Question 1 (184) and/or Key Question 2 (206), with 63 articles that were eligible for both questions.

Key Question 1a. Are health IT applications that address one or more components of PCC effective in improving health care process outcomes, and how do these improvements vary by type of health IT application?

We identified 97 articles evaluating the effect of health IT applications that facilitate PCC on health care process outcomes. The studies most commonly employed the following health IT applications: clinical decision aids (34 studies), IT-guided disease management (17 studies), and telemedicine or telemonitoring systems (20 studies). The components of PCC addressed most frequently were related to coordination and integration of care, and an enhanced clinician-patient relationship. The process outcomes most frequently focused on compliance with standards of care for testing and treatment, or use of health care resources. The study results suggested an overall positive effect of health IT interventions on process outcomes. Overall, study quality was high, but quality scores were highly variable. The primary reasons for lower quality scores were issues with studies not being double blinded or not describing loss to followup.

Many high-quality randomized controlled trials have examined the effectiveness of health IT applications on process outcomes, and the breadth of clinical conditions studied has been substantial. Study populations have varied from as few as 10 patients to more than 1,000. The studies have targeted physicians, nurses, and patients and have used many different types of health IT. Settings have included hospitals, outpatient practices, and patients' homes. These numerous differences make direct comparisons between studies difficult, and yet the majority of effects on process outcomes have been positive, and many of them have been statistically significant.

Each type of health IT application studied, from decision support to telemedicine to tools for patient self-management, has resulted in positive, and often significant, improvements in process outcomes. The evidence is insufficient to determine whether any particular type is more effective than the others, but telehealth applications and care management tools were the health IT types most frequently cited as having a positive impact on at least one health care process outcome.

Key Question 1b. Are health IT applications that address one or more components of PCC effective in improving clinical outcomes for patients, and how do these improvements vary by type of health IT application?

Ninety-two studies evaluated the impact of health IT applications on clinical outcomes. They most commonly employed the following health IT applications: clinical decision aids (23 studies), IT-guided disease management (19 studies), and telemonitoring systems (18 studies). The studies related to this Key Question most commonly targeted heart disease (16 studies), diabetes (21 studies), asthma (9 studies), obesity (7 studies), mental health (6 studies), chronic obstructive pulmonary disease (COPD) and chronic lung disorders (4 studies), and cancer (4 studies). The components of PCC addressed most frequently were related to coordination and integration of care, and an enhanced clinician—patient relationship. Overall, we found that various health IT applications implemented to enhance PCC generally improved clinical outcomes for patients with diabetes, heart disease, cancer, and other health conditions, and several of these interventions showed a statistically significant favorable impact. The evidence is insufficient to determine whether any particular type of health IT application is more effective than the others, but the studies we reviewed more frequently cited telehealth applications and care management tools as having a positive impact on at least one clinical outcome.

Key Question 1c. Are health IT applications that address one or more components of PCC effective in improving intermediate outcomes for patients, and how do these improvements vary by type of health IT application?

Eighty-seven studies evaluated the effect of health IT applications on intermediate outcomes. The health IT applications most commonly addressed in these studies were telemonitoring (18 studies), clinical decision aids (16 studies), and IT-guided self-management (16 studies). The studies most commonly targeted diabetes mellitus (13 studies), heart disease (6 studies), or cancer (6 studies, including breast cancer, prostate cancer, melanoma, and other cancer). The most frequently included components of PCC were related to coordination and integration of care, and an enhanced clinician-patient relationship.

While the number of studies is large, the studies are heterogeneous in a number of aspects. Many of the studies did not report patient characteristics that are relevant to interpreting intermediate outcomes. These studies considered a wide range of outcomes, which is both a strength, contributing to their applicability to clinical experience, and a weakness, making it more difficult to summarize the findings. The most prominent heterogeneity among these studies, however, was the lack of consistent measures of intermediate outcomes.

The target condition for which the most evidence is available for effective interventions is diabetes mellitus. This could be explained by the fact that diabetes had the largest number of studies considering intermediate outcomes.

The studies most frequently cited telehealth applications as having an effect on intermediate outcomes, but less than half of the telehealth applications had a statistically significant positive effect on at least one intermediate outcome. In contrast, for three of the health IT types that had fewer studies of intermediate outcomes (care management tools, personal health records/patient portals, and electronic messaging), the majority of studies reported a statistically significant positive effect on at least one intermediate outcome. This observation makes it difficult to

formulate any strong conclusion about how the impact on intermediate outcomes varies by type of health IT application.

Key Question 1d. Are health IT applications that address one or more components of PCC effective in improving responsiveness to the needs and preferences of individual patients, and how do these improvements vary by type of health IT application?

Fourteen studies addressed the impact of health IT applications on improving responsiveness to the needs and preferences of individual patients. The studies evaluated several types of health IT, including clinical decision aids, IT-guided disease management tools, and shared decisionmaking tools. Three studies addressed cancer, and the remainder addressed asthma, COPD, hormone replacement therapy, obesity, osteoporosis, pregnancy, smoking, and wounds. The studies most commonly addressed components of PCC related to coordination and integration of care, and an enhanced clinician-patient relationship.

The majority of identified studies reported positive outcomes related to the use of health IT. In the case of cancer (for which the review identified seven studies) and diabetes (for which the review identified three studies), most studies reported positive outcomes, suggesting a positive impact of health IT on improving responsiveness to the needs and preferences of individual patients.

The studies reviewed for this Key Question most frequently cited telehealth as the health IT application that improved responsiveness to patient needs, but only three of the seven telehealth studies reported a statistically significant impact. In contrast, for three of the health IT types that had fewer studies on responsiveness to patient needs (care management tools, personal health records/patient portals, and electronic messaging), at least half of the studies reported a statistically significant positive effect on at least one measure of responsiveness. This observation makes it difficult to formulate any strong conclusion about how the impact on responsiveness to patient needs varies by type of health IT application.

Key Question 1e. Are health IT applications that address one or more components of PCC effective in improving shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information; and how do these improvements vary by type of health IT application?

Twenty-five studies addressed the impact of health IT applications on improving shared decisionmaking or related measures of patient-clinician communication or access to information. The studies most frequently used clinical decision aids (six studies), shared decisionmaking tools (seven studies), and telemedicine or telemonitoring systems (seven studies). The components of PCC addressed most frequently were related to coordination and integration of care, and an enhanced clinician—patient relationship. Heart disease was the clinical condition targeted most frequently (five studies). Three studies addressed cancer, and three studies addressed menopause or hormone replacement therapy.

The outcomes measured were highly variable. They included health care choices after exposure to health IT interventions, satisfaction with decisions, decisional conflict, and communications with providers. Overall, the health IT applications reviewed improved patient communication with providers and patient knowledge levels, thereby indicating improved access

to medical information. Interventions that focused on integration of care and information exchange had consistently positive effects. Decision aids for patients and providers had variable effects on shared decisionmaking and decisional conflict. The studies did not report any negative effects.

The studies most frequently cited shared decisionmaking applications as having at least one positive effect on shared decisionmaking or communication, and in most cases those studies reported a statistically significant effect. Although only four studies used care management tools to assess the impact on shared decisionmaking and communication, all four of those studies reported at least one positive outcome, which was statistically significant in three of the studies. Telemedicine and other interventions that focused on integration of care and information exchange generally had positive effects on patient—provider communications and satisfaction among patients and providers. Tailored health IT interventions aimed at increasing patient engagement during the clinical encounter yielded positive results on patients' question-asking behaviors and patient and provider satisfaction.

Key Question 2. What are barriers and facilitators that clinicians, developers, patients, and their families or caregivers encounter that may impact implementation and use of health IT applications that address patient-centered care, and how do these barriers and facilitators vary by type of health IT application?

Two hundred six studies addressed the barriers or facilitators for the use of health IT applications to enable PCC. The reviewed studies included randomized controlled trials, quasi-experimental studies, pilot studies, case studies, surveys, cost-benefit analysis, and qualitative research. Studies focused on a wide variety of clinical conditions, including diabetes mellitus, cardiovascular disease, heart failure, COPD, cancer, asthma, mental health, sickle cell disease, and chronic pain. Health IT barriers and facilitators can apply to the patients, clinicians, and developers.

The studies identified several barriers or facilitators for utilization of health IT applications to deliver PCC. The barriers included poor interface usability and problems with access to the health IT application due to older age, low income, education, cognitive impairments, and other factors. The studies also mentioned low computer literacy in patients and clinicians, and insufficient basic formal training in use of the health IT application as barriers to effective use. Studies also identified physicians' concerns about potential new work, problems with workflow, and problems related to new system implementation, including the lack of adequate funding. Both patients and physicians worried about confidentiality of patient information. Other studies cited depersonalization, incompatibility with current health care systems, concerns over privacy, the need for standardization of health IT applications, and problems with reimbursement as potential barriers. Several studies suggested that a high rate of satisfaction with an application's ease of use, perceived usefulness, and efficiency of use can drive utilization of health IT in patients and physicians. Other studies mentioned availability of support, comfort in use, and site location as facilitators of health IT implementation and use.

In the published literature on care coordination tools, increases in workload or changes in workflow were noted as the most common barriers to use, while the most common facilitator was ease of use. Among telehealth studies, access, training, and usability were reported as frequent barriers to use, while satisfaction was the most prominent facilitator. More than 30 percent of studies examining use of personal health records and patient portals reported access as

a barrier to use, while satisfaction and ease of use were seen as facilitators in another 20 percent of studies. Studies of secure electronic communication cited training and confidentiality issues as substantial barriers to use, while ease of use and efficiency were the most common facilitators of use. Two studies of shared decisionmaking reported increases in workload or changes in workflow as a barrier to use, while satisfaction, ease of use, and efficiency were commonly seen as facilitators of shared decisionmaking interventions.

Key Question 3. What knowledge or evidence deficits exist regarding needed information to support estimates of cost, benefit, impact, sustainability, and net value with regard to enabling PCC through health IT?

Despite the substantial body of evidence on Key Questions 1 and 2, we found important deficits regarding the information needed to support estimates of the cost, benefit, impact, sustainability, and net value of using health IT to enable PCC. Most of the existing evidence focuses on process outcomes, clinical outcomes, and intermediate outcomes, with a paucity of research on the effects of health IT on responsiveness to the needs, preferences, and values of individual patients or on shared decisionmaking with patients, their families, and providers. Also, very few studies addressed the cost or sustainability of using health IT to promote PCC. Without stronger evidence on specific PCC-related outcomes, it will be difficult to determine the net value of enabling PCC through health IT. Furthermore, few studies examined the role of health IT in improving PCC among pediatric and elderly populations, and no studies were designed to assess how the effectiveness of health IT in promoting PCC may differ by racial and ethnic background, education, or socioeconomic status. Finally, relatively little evidence exists on the effectiveness of health IT for enabling PCC for patients with clinical conditions other than diabetes mellitus, heart disease, hypertension, or cancer.

Key Question 4. What critical information regarding the impact of health IT applications implemented to enable PCC is needed to give consumers, their families, clinicians, and developers a clear understanding of the value proposition particular to them?

To understand the value of health IT in promoting PCC, all stakeholders need information not only about the effectiveness of health IT applications for specific purposes, but also about their applicability to particular settings. To meet the needs of different types of stakeholders, investigators should engage consumers, their families, clinicians, and developers in the design of studies and the selection of the most important outcomes to assess. Stakeholders will gain better understanding of the value of health IT for promoting PCC if the selected outcomes are defined in a more standardized way. The outcomes in such studies should include measures of the effects of health IT on costs and provider efficiency.

Limitations

One of the major limitations of this review is the wide heterogeneity of included articles. We believe that this heterogeneity reflects the current trend of explosive expansion of health IT applications in various areas of health care delivery. However, such heterogeneity prevented us from being able to perform a meta-analysis, since too few articles had fully comparable

interventions with similar outcomes. In addition to the heterogeneity of the subjects, settings, conditions, and technologies studied, a few other limitations to these studies are notable. First, the primary outcomes studied were very diverse even in the framework of each Key Question. While real improvements in all outcomes are the ultimate goal, standardization of core outcomes pertinent to each Key Question may be helpful in future analyses. Second, more studies are needed on clinical conditions other than diabetes, hypertension, and heart disease in order to determine the extent to which positive results can be achieved for a wide variety of conditions. Particularly lacking are studies focusing on women, children, the elderly, cancer, substance abuse, infectious diseases, surgical conditions, and critical illnesses. Finally, only a few studies presented here have described the effects of health IT implemented to enable PCC on cost and provider efficiency, and even fewer have done so in a high-quality fashion. Without more demonstrations of health IT used to deliver PCC being at least cost neutral and time neutral, improvements in health care processes may not be enough to justify their implementation.

Implications

This review provides a comprehensive picture of the current state of the art regarding health IT interventions implemented to enable PCC. We conclude that significant evidence exists confirming the positive impact of PCC-related health IT applications on health care outcomes. The evidence points to clinical areas in which health IT is most likely to foster PCC and yield clinical benefits, but the evidence is not strong enough to provide clear guidance to health care systems on how best to use health IT in promoting PCC systemwide. We clearly need more research, as indicated above, to determine the extent to which health IT interventions will enhance the delivery of PCC and improve clinical outcomes for patients with different types of clinical conditions. We also need more research to give health care providers better information on how to weigh the value of health IT applications for promoting PCC relative to the investment of resources needed. To fully realize the potential for health IT applications to facilitate PCC, future research and development should incorporate the principles of PCC in a more systematic and comprehensive way.

Reference

1. Institute of Medicine. Crossing the Quality Chasm: A New Health System for the 21st Century, vol. 6. Washington, DC: National Academy Press; 2001.

Introduction

Background

The Institute of Medicine defines patient-centered care (PCC) as "care that is respectful of and responsive to individual patient preferences, needs and values, and ensuring that patient values guide all clinical decisions." The Institute of Medicine recognizes PCC as one of the six major domains of health care quality (the other domains include effectiveness, safety, timeliness, efficiency, and equity). To enhance our understanding of what is involved in delivering PCC, experts have identified several different components of PCC: coordination and integration of care, whole-person orientation, enhanced clinician-patient relationship, clinical information systems, and socio-cultural competence

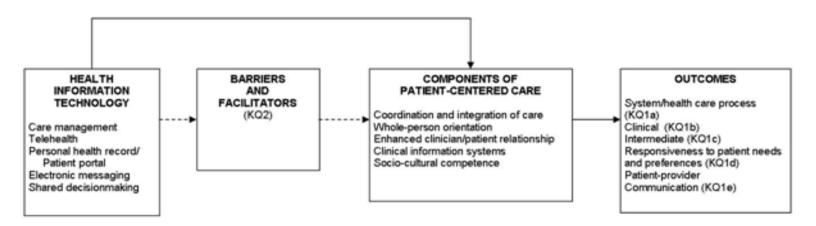
(See Figure 1 and Tables 1-4).²⁻⁶ Despite the fact that many experts agree about the importance of PCC, the United States health care system faces enormous challenges in finding ways to deliver it.

One of the most promising ways to support the delivery of PCC is through the use of health information technology (health IT). For this evidence report, we broadly define health IT as "the use of information and communication technology in health care to support the delivery of patient or population care or to support patient self-management." In this report, we will examinie health IT types in the following categories: care management tools, telehealth, personal health records/patient portals, secure electronic messaging, and shared decisionmaking. (See the Glossary for definitions and examples of health IT applications.) In recent years, the health care industry has developed an increasing number of health IT applications designed to provide PCC. However, studies of such applications have varied widely in their methods and results, making it challenging to determine the overall role and usefulness of health IT in delivering this level of care.

Purpose of Evidence Report

The purpose of this evidence report is to improve our understanding of the impact of health IT applications that address PCC. While the health care community has widely recognized the potential of health IT to enable PCC, to date no one has conducted a comprehensive evidencebased analysis of the effectiveness of health IT enabled PCC. In addition, we have yet to clearly identify barriers and facilitators that affect health IT's ability to enable PCC. For this report, we reviewed the evidence regarding four specific Key Questions. The first Key Question focuses on the outcomes of health IT applications that address components of PCC, and how those outcomes vary by type of health IT application. The second Key Question focuses on identifying barriers and facilitators to the implementation of health IT applications that address PCC. The last two Key Questions focus on defining gaps in our knowledge about health IT applications that address PCC, and identifying their specific value to consumers, their families, clinicians, and developers of this technology. The target population of interest includes health care providers using health IT to deliver PCC. By addressing these questions in a systematic way, we sought to provide a comprehensive synthesis of the evidence on the effectiveness of using health IT in promote PCC. We hope this review will inform both the designers and adopters of health IT applications as well as health policy makers.

Figure 1. Conceptual framework* on enabling patient-centered care through health information technology



KQ = Key Question

^{*}Key questions 3 (knowledge of evidence deficits) and 4 (critical information regarding health IT applications) are not included in this conceptual framework.

Table 1. Categorization of outcomes addressed in Key Question 1

System/health care process (KQ1a)

Receiving appropriate treatment

Guideline adherence

Quality of care metrics

Documentation completeness

Cost-effectiveness

Timeliness

Clinical (KQ1b)

Disease-specific parameters

Quality of life

Safety

Intermediate (KQ1c)

Health knowledge

Health behaviors

Patient satisfaction

Responsiveness to patient needs and preferences (KQ1d)

Patient

Patient preferences, values, and treatment needs

Patient-provider communication (KQ1e)

Shared decisionmaking

Health communication

Patient and clinician access

Table 2. Categorization of barriers and facilitators addressed in Key Question 2

Barriers

Usability

Access

Training

Cost

Computer literacy

Increased workload or change in workflow

Implementation

Confidentiality

Facilitators

Satisfaction

Ease of use

Usefulness

Efficiency

Table 3. Categorization of health information technology

Care management tools

Information technology guided self care

Social networking

Peer-to-peer support

Information technology guided disease management

Electronic medical records

Computerized order entry

Disease registry

Electronic prescribing

Clinical decision support

Telehealth

Telemonitoring systems

Telemedicine

Personal health record and patient portal related applications (PHR/patient portals)

Personal health record

Patient portal

Education via information technology

Interactive lifestyle counseling

mHealth

Secure electronic messaging

Information exchange

Communication via e-mail

Social networking/peer-to-peer sites

Shared decisionmaking

Shared decisionmaking tools

Table 4. Categorization of components of patient centered care

Coordination and integration of care

Quality improvement

Quality and safety

Integrated care

Prevention and health promotion

Routine patient feedback to the practice

Transition and continuity of care

Whole-person orientation

Alleviation of fear and anxiety

Respecting patients' values, preferences and needs

Emotional support

Exploring the disease and illness condition

Physical comfort

Enhanced clinician-patient relationship

Patient engagement in their care

Patient empowerment

Finding common ground

Clinical information systems

Publicly available information on practices

Practice-based learning

Socio-cultural competence

Community outreach

Family and friend involvement in care

Key Questions

Key Question 1. Are health IT applications that address one or more components of PCC effective in improving the following outcomes, and how do the outcomes vary by type of health IT application?

- a. Health care process outcomes (e.g., receiving appropriate treatment)
- b. Clinical outcomes for patients (including quality of life)
- c. Intermediate outcomes (such as patients' improved health knowledge, health behaviors and physiologic measures, patient satisfaction, and reduced costs)
- d. Responsiveness to the needs and preferences of individual patients
- e. Shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information

Key Question 2. What are barriers or facilitators that clinicians, developers, patients and their families or caregivers encounter that may impact implementation and use of health IT applications to enable PCC?

Key Question 3. What knowledge or evidence deficits exist regarding needed information to support estimates of cost, benefit, impact, sustainability, and net value with regard to enabling PCC through health IT?

Key Question 4. What critical information regarding the impact of health IT applications implemented to enable PCC is needed to give consumers, their families, clinicians, and developers a clear understanding of the value proposition particular to them?

Methods

Introduction

The objective of this report is to develop a comprehensive understanding of the impact of health information technology (health IT) applications designed to address patient-centered care (PCC). To accomplish this objective, the Johns Hopkins Evidence-based Practice Center reviewed literature on the impact of health IT applications that address PCC. The Center assessed the value of these applications, with particular attention to health IT's role in improving a variety of outcomes, heightening the responsiveness of caregivers to the needs and preferences of individual patients, and enhancing shared decisionmaking between patients and clinicians. We also examined barriers and facilitators that might affect how well clinicians, developers, patients, and families interface with health IT applications. In addition, we examined the cost, benefit, impact, sustainability, and net value of enabling PCC through health IT. We identified gaps in current research and made recommendations for further research. Finally, we determined critical information that might help stakeholders better see the value of this new technology.

Recruitment of Technical Experts and Peer Reviewers

We assembled a primary team of experts and advisors to evaluate the effectiveness of health IT applications in addressing PCC. This included a core team from the Johns Hopkins University who are highly knowledgeable in health care informatics and PCC to reduce health disparities as they relate to pediatric populations, primary care settings, Medicaid and geriatric populations, patients with mental health problems, and those receiving home care. In addition to this core team, we had two external advisors, as well as representatives from the Agency for Healthcare Research and Quality (AHRQ) who gave input throughout the project. We also recruited six external experts to serve on the project's Technical Expert Panel from diverse professional backgrounds including patient-physician communication, patient-provider communication using health IT, and shared decisionmaking. The Technical Expert Panel assisted the primary team in refining the key questions, search strategies, and the conceptual framework. The Technical Expert Panel also served as peer reviewers of the draft evidence report. In addition, two additional Peer Reviewers were recruited to review this report; unlike the primary team members, they were not involved during the project development phase and were not contacted for input regarding the project's development.

Key Questions

The primary team refined a set of key questions originally proposed by AHRQ for this project. These key questions are presented in the "The Purpose of This Evidence Report" section of the introduction. Before searching for the relevant literature, we clarified the definitions of the key questions and the types of evidence that we would include in our review.

Key Question 1 addresses existing evidence on health IT applications implemented to enable PCC, their impact on various health care outcomes, and how the outcomes vary by type of health IT application. The primary team agreed that the best evidence available to answer this question would be found in randomized controlled trials (RCTs). Furthermore, since few studies evaluated health IT that supports all components of PCC simultaneously, we agreed to include in this

review any study that evaluated how one or more health IT applications affected at least one component of PCC, as defined in our conceptual framework (see Figure 1).

Key Question 2 addresses barriers and facilitators encountered by users (clinicians and patients and/or their families or caregivers) and health IT developers related to health IT applications that addressed PCC. The primary team agreed that RCTs were not the best study design for identifying and evaluating barriers and facilitators. Therefore, we decided to include articles with any study design whose specified purpose was to look at these barriers and facilitators. We also reviewed all RCTs evaluated for Key Question 1 to determine whether barriers and facilitators were assessed as well.

Key Questions 3 and 4 address knowledge and evidence deficits regarding estimates of cost, benefit, impact, sustainability, and net value of health IT applications designed to enable PCC, and the critical information needed by health IT users and developers to best assess the PCC-specific value of these applications. These questions were also intended to suggest possible public and private organizations best suited to perform additional research and/or analysis.

The primary team agreed that the answers to Key Questions 3 and 4 (about knowledge deficits and needed information) would emerge from our review of the evidence for Key Questions 1 and 2.

Conceptual Framework

PCC has various components. Since each patient is unique, we have to account for any combination of these components to best serve a patient's needs, values and preferences. Therefore, we decided that dividing PCC attributes into "primary" and "secondary" was impractical and counterproductive for the purposes of this review.

For this report, we defined "patient engagement" as how a patient's behavior regarding their health care (rather than the actions of clinicians or the policies of institutions) affects outcomes. We based this on the definition of "patient engagement" set forth by The Engagement Behavior Framework. The purpose of the Engagement Behavior Framework is to present a realistic and comprehensive picture of what individuals must do to benefit from the health care available to them. Specifying these behaviors allows the public and other stakeholders to understand the magnitude and scope of the challenges people face in finding and using safe, decent care. The white paper from the Center for Advancing Health titled "A New Definition of Patient Engagement: What is Engagement and Why is it Important?" further explores this health-behavior centered approach to the definition of patient engagement. Recognizing that the definition of patient engagement is related to a patient's ability to accept and carry out certain behaviors, we felt that it was important to consider several different types of health care outcomes that are closely related to patient engagement (see Table 1, Key Questions 1c, 1d, and 1e).

The conceptual model of PCC has been constantly evolving since its presentation by Balint in 1969. Of Several conceptual frameworks for PCC exist (as described in the literature) and have overlapping components. In 1993, the Picker/Commonwealth Program for Patient-Centered Care delineated seven dimensions of PCC: (1) respect for patients' values, preferences, and expressed needs; (2) coordination and integration of care; (3) information, communication, and education; (4) physical comfort; (5) emotional support and alleviation of fear and anxiety; (6) involvement of family and friends; and (7) transition and continuity. Stewart, in a 1995 book on patient-centered medicine, described six components of the patient-centered medical method: (1) exploring both the disease and the illness experience, (2) understanding the whole person, (3)

finding common ground, (4) incorporating prevention and health promotion, (5) enhancing the patient–doctor relationship, and (6) being realistic. In 2004, Davis² described "A 2020 Vision of Patient-Centered Primary Care" that included the following seven components of PCC: (1) superb access to care; (2) patient engagement in care; (3) clinical information systems that support high-quality care, practice-based learning, and quality improvement; (4) care coordination; (5) integrated, comprehensive care and smooth information transfer across a fixed or virtual team of providers; (6) ongoing, routine patient feedback to a practice; and (7) publicly available information on practices. A 2006 report prepared by the Economic and Social Research Institute for the W. K. Kellogg Foundation listed the following "Core Components of Patient-Centered Care for Underserved Populations". (1) a welcoming environment, (2) respect for patients' values and expressed needs, (3) patient empowerment or "activation," (4) sociocultural competence, (5) coordination and integration of care, (6) comfort and support, (7) access and navigation skills, and (8) community outreach. The Joint Principles of the Patient-Centered Medical Home, ¹¹ released in 2007 by the American Academy of Physicians, American Academy of Family Physicians, American College of Physicians, and American Osteopathic Association, included the following components of PCC: (1) personal physician, (2) physician-directed medical practice, (3) whole-person orientation, (4) coordinated and/or integrated care, (5) quality and safety, (6) enhanced access, and (7) payment. In 2007, the National Cancer Institute published a monograph that identified six core functions of patient-centered communication in cancer care, including: fostering healing relationships, exchanging information, responding to emotions, managing uncertainty, making decisions, and enabling patient self-management.¹²

The Johns Hopkins Evidence-based Practice Center team developed a conceptual framework to define PCC and illustrate how it is interrelated to outcomes and various aspects of health IT. (see Figure 1 and Tables 1-4). We based this framework on the above mentioned models of PCC and included elements from the corresponding publications: Balint, 196910, Gerteis, 1993⁶; Stewart, 1995⁵; Davis, 2004²; Economic and Social Research Institute 2006⁴; The Joint Principles of the Patient-Centered Medical Home, 2007³; and Epstein 2007. In addition to using these resources, we consulted the Technical Expert Panel and external advisors for specific input on components of PCC, related health IT applications and key patient outcomes, as well as barriers and facilitators to health IT applications specific to PCC.

We used the framework to direct our review of the relevant literature and to assist reviewers in understanding which articles fit our criteria for inclusion.

Literature Search Methods

We used a systematic approach to searching the literature to minimize the risk of bias in selecting articles for inclusion in the review. Searching the literature involved identifying reference sources, formulating a search strategy for each source, and executing and documenting each search. For our searches of electronic databases, we began by identifying relevant medical subject heading terms.

To identify articles that were potentially relevant to Key Question 1, we searched for terms relevant to our definition of "health IT applications," combined with terms that identified "PCC components" (see Appendix B: Glossary of Specific Study Terms). We also used a validated search string identifying RCTs as the study design of interest. ¹³

The preliminary review of the literature showed that there was a broad spectrum of health IT applications that could potentially be used to support PCC, and the applications could be delivered at the level of the patient, clinician, or health care system. The articles describing these

applications used a wide variety of terms to label these applications. No standard terminology is currently available to uniquely identify these applications and to streamline the literature search. Therefore, to ensure completeness of our search, the core team carefully reviewed the existing literature and produced an extensive list of possible keywords, which the team, in turn, used to identify health IT applications that potentially supported PCC. The project's Technical Experts Panel reviewed this list of keywords in several iterative steps and the core team adjudicated all comments. The team used these terms in the literature search to identify potentially relevant articles in a reliable manner.

The team used a similar approach to identify articles describing the components of PCC, resulting in the following five domains: coordination and integration of care, whole-person orientation, enhanced clinician/patient relationship, clinical information systems, and socio-cultural competence (Figure 1 and Table 4).

To identify articles that that were potentially relevant to Key Question 2, we conducted a separate search for terms relevant to our definition of "health IT applications," combined with terms relevant to our definition of "barrier" and "facilitator," (see Appendix B, Glossary of Specific Study Terms). This search string did not include the limiting string for RCTs used for the search of Key Question 1 articles, because we agreed not to limit articles that applied to this key question to any particular study design.

We limited both search strings to studies involving only humans, written in English, and published in 1998 or later. We also excluded all titles catalogued with a publication type of editorial, letter, or comment. These publication types generally do not contain data and would not have been useful to this review. We did not apply any sex, age, or geographic limitations.

We also searched for eligible studies by reviewing the references in pertinent reviews, by querying our experts, and by taking advantage of knowledge shared at team meetings. (See Appendix C for the detailed search strategies.)

Health IT Classification Methodology

The list of health IT applications described above was instrumental in the identification of all eligible articles during the literature search phase. To ensure completeness of the literature search, the list included overlapping or similar terms describing health IT from different perspectives including functionality, technology, and capabilities.

To address key questions related to the impact of different types of health IT on the various outcome variables, we needed a consistent method for classifying health IT applications. The core team conducted a comprehensive review of health IT taxonomies. Currently, no universally accepted taxonomy of health IT applications is available. The most frequently used taxonomy of health IT functionality has been developed by the Institute of Medicine in the report titled "Key Capabilities of Electronic Health Systems" and Chaudhry, 2006. The taxonomy included the following categories: health information and data, results management, order entry management, decision support, electronic communication and connectivity, patient support, administrative processes, reporting, and population health management. Based on this taxonomy, we summarized the impact of different health IT applications on key outcomes depending on each application's Institute of Medicine-defined functionality in Appendix D.

Using the Institute of Medicine classification for the purposes of this review has limitations since it is too broad and focuses only on the core functionalities of contemporary electronic health record systems. To provide systematic evidence of the impact of various types of health IT on different outcomes, the core team, in collaboration with the Technical Experts Panel and

AHRQ, divided health IT into five major groups based on their definition and functionality related to PCC. As described in Table 3, the health IT types included are: care management tools, telehealth, personal health records (PHRs)/patient portals, secure electronic messaging, and shared decisionmaking. The mapping between the original list of health IT applications used for the literature search and this classification is provided in Appendix D.

Sources

Our comprehensive search included electronic searching of peer-reviewed literature databases and grey-literature databases as well as hand-searching. We ran searches of the MEDLINE®, EMBASE®, Cochrane Library, Scopus, Cumulative Index to Nursing and Allied Health Literature (CINAHL), PsycINFO, INSPEC, and Compendex databases through July 31, 2010.

Search Terms and Strategies

We designed search strategies specific to each database to enable the team to focus the available resources on articles that were most likely to be relevant to the key questions. We developed a core strategy for MEDLINE[®], accessed via PubMed, on the basis of an analysis of the relevant medical subject heading terms and text words of key articles identified *a priori*. The PubMed strategy formed the basis for the strategies developed for the other electronic databases (see Appendix C, Detailed Search Strategies).

Organization and Tracking of the Literature Search

We downloaded the results of the searches into ProCite[®] version 5.0.3 (ISI ResearchSoft, Carlsbad, CA). We removed duplicate articles retrieved from the multiple databases prior to initiating the review. We uploaded the articles to SRS 4.0 from ProCite (TrialStat[®] 2003-2007). SRS is a secure, Web-based collaboration and management system designed to speed the review process and introduce better process control and scientific rigor. Mobius Analytics (Ottawa, Canada) assumed ownership of the SRS system in February of 2009. This did not change the functionality of the system. We used this database to store full articles in portable document format (PDF) and to track the search results at the title review, abstract review, article inclusion/exclusion, and data abstraction levels.

Title Review

The core study team scanned all the titles retrieved. Two team members independently reviewed the titles. For a title to be eliminated at this level, both reviewers had to indicate that it was ineligible. If the first reviewer marked a title as eligible, it was promoted to the next elimination level, or if the two reviewers did not agree on the eligibility of an article, it was automatically promoted to the next level (see Appendix E Title Review Form).

We designed the title review phase to capture as many studies as possible that reported on either the impact of health IT applications on PCC or on barriers and facilitators to the use of health IT applications in enabling PCC. We promoted all titles that we thought addressed these criteria to the abstract review phase.

Abstract Review

We designed the abstract review phase to identify articles that applied to Key Questions 1 and/or 2. We excluded an abstract at this level if it did not apply to one of these key questions or for any of the following reasons: did not address health IT, did not address PCC delivered by clinicians, addressed health IT impact on PCC but was not a RCT (this exclusion did not apply to studies designed to assess barriers and facilitators [Key Question 2]), had no original data (e.g., letter to the editor, comment, systematic review), was published before 1998, or was not in English (see Appendix E, Abstract Review Form).

We promoted abstracts to the article review level if two reviewers agreed that the abstract could apply to Key Questions 1 and/or 2 and did not meet any of the exclusion criteria. We resolved differences of opinion by discussion between the two reviewers.

Article Review

Full articles that we selected for review during the abstract review phase underwent another independent review by paired members of the study team to determine whether they should be included in the full data abstraction. At this phase of review, the reviewers determined which of the key question(s) and sub-question(s) each article addressed (see Appendix E, Article Inclusion/Exclusion Form). If reviewers determined the articles had applicable information, the articles were included in the data abstraction. We resolved differences of opinion regarding article eligibility through consensus adjudication between the reviewers. We listed articles excluded at this level in Appendix F.

Data Abstraction

Once we included an article at this level, we gave reviewers a final option to exclude the article if it was found to be inapplicable once the data abstraction was underway. We used this process to eliminate articles that did not contribute to the evidence under review (see Appendix E, General Data Abstraction Form). If the reviewers excluded an article at this level, they tagged it with the appropriate reason for exclusion.

We used a sequential review process to abstract data from the final pool of articles. In this process, the primary reviewer completed all of the relevant data abstraction forms. The second reviewer checked the first reviewer's data abstraction forms for completeness and accuracy. We formed several reviewer pairs to include personnel with both clinical and methodological expertise. We did not blind the reviews in terms of the articles' authors, institutions, or journal. We resolved differences of opinion through consensus adjudication between the reviewers.

For all articles, reviewers extracted information on general study characteristics, including: study design, location, disease of interest, inclusion and exclusion criteria, description of the population under study, and description of the interventions focusing on the health IT application(s) (see Appendix E, General Data Abstraction). Reviewers took data from any and all articles that applied to Key Question 1. They took data from articles that applied to Key Question 2 only if they addressed the following inclusively: condition of interest, the health IT application, data collection/study design, and barriers and facilitators. (See Appendix E, General Data Abstraction and Outcomes Abstraction.)

Quality Assessment

We assessed each study, in regards to Key Question 1, on the basis of the quality of reporting of the relevant data. For these RCTs, we used the scoring system developed by Jadad et al. to assess the quality of RCTs (see Appendix G, Jadad). This scoring system consists of five questions: (1) Did the authors describe the study as randomized (this includes the use of words such as "randomly," "random," and "randomization")? (2) Did the authors describe the method used to generate the sequence of randomization, and was it appropriate? (3) Did the authors describe the study as double-blind? (4) Did the authors describe the method of double-blinding, and was it appropriate? (5) Did the authors include a description of withdrawals and dropouts? Our scoring system for these questions resulted in a score for each study ranging from -3 to +3. We assigned a score of 0 to +3 a quality rating of "high" reliability, and we assigned a negative score a rating of "moderate" reliability.

Data Synthesis

We created a set of detailed evidence tables containing information extracted from the eligible studies. We stratified the tables according to the applicable key question (and subquestion, in the case of Key Question 1). In addition, tables were further stratified to pool together the common target conditions of interest. We did not quantitatively pool the data for any of the outcomes because of the marked heterogeneity of the interventions, target conditions, and outcomes studied.

Data Entry and Quality Control

One reviewer abstracted data and entered it into the online data abstraction forms (see Appendix E). The second reviewers were generally more experienced members of the research team, and one of their main priorities was to check the quality and consistency of the first reviewers' answers. Once evidence tables were created, we re-checked selected data elements against the original articles. If there was a discrepancy between the abstracted data and the data appearing in the article, we brought this discrepancy to the attention of the study team member in charge of the specific data set, who then corrected the data in the final evidence tables.

Grading of the Evidence

We graded the quality, quantity, and consistency of the best available evidence addressing Key Question 1. For this assessment, we adapted an evidence grading scheme derived from the GRADE Working Group, ¹⁸ modified in Chapter 11 of the Evidence-based Practice Center manual. ¹⁹ We separately considered the evidence from studies addressing the five identified outcomes of Key Question 1: health care process outcomes, clinical outcomes for patients, intermediate outcomes, responsiveness to the needs and preferences of individual patients, and shared decisionmaking between patients, their families, and providers. We further stratified each of these main categories into subcategories by target disease or condition. We stratified the evidence grading this way because the body of evidence was too heterogeneous to be graded without stratification into more homogenous groups of studies. If an outcome was evaluated by only one RCT, we did not grade the body of evidence, but merely described the information available. Two reviewers graded the evidence in each category. We did not use these criteria to

grade the evidence on Key Questions 2, 3, and 4 because the evidence grading scheme of the GRADE Working Group was not designed for those types of questions.

Quality

For each body of evidence in Key Question 1 (see Tables 1–33), we used the mean of the individual study Jadad scores described above under "Quality Assessment" to assign an initial rating of study quality based on the same rule as for the individual studies. We further modified this initial rating by assessing quantity and consistency according to the following *a priori* rules.

Quantity

We considered a body of five studies or fewer sparse, and lowered the rating for strength of evidence one level (for example, from high to moderate, moderate to low, or low to insufficient).

Consistency

We tallied the direction of effects in the evidence tables, indicating whether each type of intervention had a positive or negative impact on outcomes, across all studies and outcomes within a body of evidence. For bodies of evidence with three or fewer outcome results, we gave any disagreement an inconsistent rating. For bodies of evidence with four to 10 results, we considered 25 percent or more disagreement inconsistent. For those with more than 10 results, we considered 33 percent or more disagreement inconsistent. We intended these criteria to account for the greater instability of results in smaller bodies of evidence. An inconsistent rating lowered the overall rating of the strength of evidence by one level.

Overall Rating of the Strength of the Body of Evidence

We combined the initial quality rating based on the mean Jadad score for a body of evidence with the quantity and consistency ratings to arrive at an overall rating of the strength of evidence. For example, a group of studies comprising a body of evidence could be rated "high" in quality in terms of study design, as assessed by the mean Jadad score, but could be lowered by two levels to "low" strength of evidence if that body of evidence was judged by our a priori criteria to be sparse and inconsistent. There were four levels in our grading of the strength of evidence: (1) "high" grade (high confidence that the evidence reflected the true effect; further research is very unlikely to change our confidence in the estimate of the effect); (2) "moderate" grade (moderate confidence that the evidence reflected the true effect; further research may change our confidence in the estimate of effect and may change the estimate); (3) "low" grade (low confidence that the evidence reflected the true effect; further research is likely to change the confidence in the estimate of effect and is likely to change the estimate); and (4) "insufficient" (evidence was either unavailable or did not permit the estimation of an effect).

Other Criteria Not Used

The GRADE method and Evidence-based Practice Center manual have other criteria for assessing the strength of evidence in comparative effectiveness reviews that were difficult to apply to the highly heterogeneous body of evidence included in this review. For example, the "directness" criterion is intended to assess the directness of comparisons in a body of evidence. In studies comparing interventions A, B, and C, are A and C compared directly to each other, or

are they each compared only to B? The large numbers of interventions and outcome measures in each body of evidence made this type of assessment impractical. "Precision" is intended to assess the variability of quantitative measurements for a single intervention and single outcome. In the present review, the interventions and outcomes are so heterogeneous, with widely varying magnitudes of effect, that it would be misleading to formulate quantitative estimates of the overall precision of the reported outcome measures.

Peer Review

Throughout the project, the core team sought feedback from the advisors and the Technical Experts Panel. A draft of the report was sent to the Technical Experts Panel and peer reviewers as well as to representatives of AHRQ. In response to the comments from the Technical Experts Panel and peer reviewers, we revised the evidence report and prepared a summary of the comments and their disposition for submission to AHRQ.

Results

Results of the Literature Search

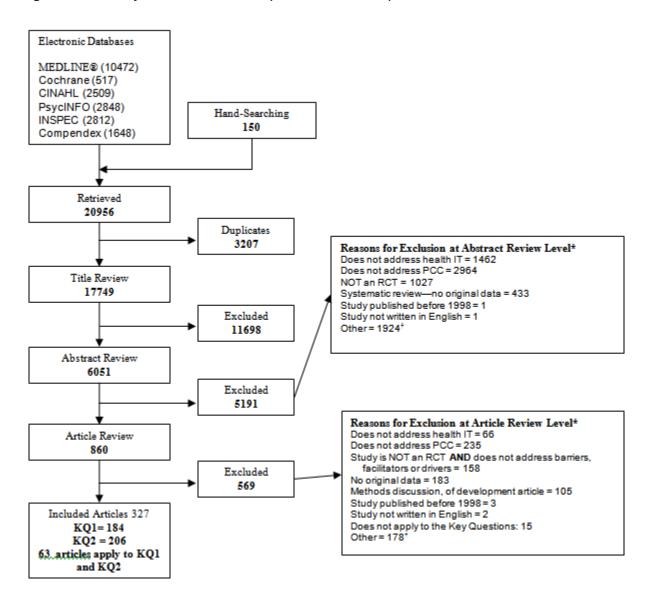
The literature search and hand searching process identified 17,749 citations that were deemed potentially relevant to Key Questions 1 and/or 2 (Figure 2). We excluded 3,207 duplicate citations from the electronic search results. Most duplicates came from concurrently searching MEDLINE®, The Cochrane Library, CINAHL, and PsycINFO.

During the title screening process, we excluded 11,698 citations that clearly did not apply to the key questions. The abstract screening process excluded 5,191 citations that did not meet one or more of the eligibility criteria for this study listed in Chapter 2. At the article-screening phase, we excluded an additional 567 articles that did not meet one or more of the eligibility criteria. Ultimately we were left with 327 articles that were applicable to Key Questions 1 and/or 2—184 for Key Question 1, 206 for Key Question 2, and 63 articles that were applicable to both Key Questions 1 and 2 (see Appendix F for a list of excluded articles). We did not search for studies in the gray literature because we found a more than adequate number of applicable studies in the main search.

Description of the Types of Studies Retrieved

The primary research team agreed that RCTs provided the best evidence for measuring how well health IT applications enable PCC. Therefore, all 184 studies relevant to Key Question 1 were RCTs. The team also agreed that all study designs should be included when searching for articles investigating barriers and facilitators for using health IT application in PCC (Key Question 2). The 206 articles addressing barriers and facilitators were for the most part RCTs, qualitative studies, and usability studies.





^{*} Total exceeds the # in the exclusion box because reviewers were allowed to mark more than 1 reason for exclusion † Other reasons for exclusion include: study addressed health IT but was not an RCT, no original data, no abstractable data, methodological paper, descriptive studies. Other exclusions were heterogeneous.

Key Question 1a. Are health IT applications that address one or more components of PCC effective in improving health care process outcomes, and how do these improvements vary by type of health IT application?

General Study Characteristics

We identified 97 articles evaluating how health IT applications, that address PCC, affect process outcomes (Appendix G, Evidence Tables 1–3). These studies predominantly targeted the clinical conditions diabetes mellitus, hypertension, congestive heart failure, cancer and asthma (Table 5). They predominantly employed health IT applications that were classified as clinical decision aids, IT-guided disease management, electronic medical records, telemedicine, and telemonitoring systems (Table 6). They most commonly addressed the PCC components that were classified as patient engagement in care, quality improvement, quality and safety, prevention and health promotion, and integrated care (Table 7). They predominantly studied the process outcomes of adherence to standards of care for testing and treatment and use of health care resources (Tables 8–11). The study results suggested process outcomes generally improve with the health IT interventions that address one or more components of PCC.

Specific Findings

Health Care Process Outcomes in Studies Addressing Diabetes Mellitus

We identified 11 studies that evaluated the impact of health IT on process outcomes in patients with diabetes mellitus (Table 8a; Appendix G, Evidence Tables 1–4). Most showed a positive impact of health IT on process outcomes, and many of these effects were statistically significant. The study quality was high, but the quality scores were variable. The primary reasons for lower-quality scores were issues with studies not being double-blinded or not describing loss to followup. The overall grade of the strength of evidence in these studies was moderate (Table 8b; Appendix G, Evidence Tables 1–4).

In a large randomized study described by Filippi in 2003, ²⁰ 150 general practitioners in Italy had access to an electronic reminder system integrated into their usual clinical practice software. A control group of 150 general practitioners did not have access to the electronic reminder system. The reminder system prompted the general practitioners in the intervention group to consider prescribing an antiplatelet medication when they opened the medical records for diabetic patients 30 years old or older. The study used an intention-to-treat approach, and included the selected general practitioners whether or not they chose to activate the system. After 7 months, patients not at high risk for cardiovascular disease who were treated by general practitioners in the intervention group were 1.99 (95% confidence interval [CI] 1.79 to 2.22) times more likely to have been prescribed an antiplatelet drug than were similar patients whose physicians were in the control group (Table 8a; Appendix G, Evidence Table 4).

A study published by Hetlevik in 2000²¹ described a computerized decision support system accessible from the record system that 24 physicians in Norway used for 18 months. This system contained diagnostic and therapeutic modules that guided doctors in the diagnosis and management of patients with diabetes, hypertension, and hypercholesterolemia (although the article only discussed patients with diabetes). Physicians only used the system for 14 percent of the eligible patients, and while it did result in significantly increased notations about patients'

smoking status and cardiac risk scores, the rates of increase in notations about patients' glycated hemoglobin (HbA1c), cholesterol, and cardiovascular risk inheritance were not statistically significant (Table 8a; Appendix G, Evidence Table 4).

Sequist $(2005)^{22}$ described a 7-month trial where the intervention group used a patient data-specific electronic reminder system embedded in electronic medical records. The control group received usual care. A composite score (based on adherence to five measures of diabetes care) increased after implementation of the IT intervention; however, this increased score was attributable only to an increased hazard ratio of 1.41 (95% CI 1.15 to 1.72) for performing an annual cholesterol exam. Hazard ratios did not significantly increase in the intervention group for performance of a biennial HbA1c test or annual dilated eye exam, use of an angiotensin-converting enzyme inhibitor in hypertensive patients, or use of a statin in patients with a low-density lipoprotein (LDL) cholesterol ≥ 130 mg/dL (Table 8a; Appendix G, Evidence Table 4).

Thomas (2007)²³ studied the effects of quarterly feedback and patient-specific reminders from a computerized diabetes registry integrated with a clinical information system used by 78 internal medicine residents. Residents in the control group did not receive any computerized reminders. Patients cared for by physicians in the intervention group were more likely to have an HbA1c measurement within 6 months (61.5% vs. 48.1%, p=0.01), or an LDL cholesterol measurement within 12 months (75.8% vs. 64.1%, p=0.02) (Table 8a; Appendix G, Evidence Table 4).

A 2008 study by Persell and colleagues,²⁴ provided all physicians with a reminder to prescribe aspirin when they opened the electronic records for diabetic patients greater than 40 years of age who were not on aspirin. The study sent an additional email recommending aspirin prescription to the physicians of only 130 intervention patients; if deemed appropriate by the physician, patients received a letter and a phone call from a nurse advising aspirin use. Aspirin use did not significantly increase in the intervention group (46% vs. 39%, p=0.20) (Table 8a; Appendix G, Evidence Table 4).

A 3-year study, described by Ziemer (2006),²⁵ randomized 345 internal medicine residents to be controls or to receive patient-specific computerized recommendations and/or biweekly feedback on care performance for patients in the Grady Medical Clinic. Care for patients with elevated glucose levels increased to the greatest extent in the first year, and most significantly in the two groups receiving performance feedback, as opposed to the group receiving computerized recommendations alone (Table 8a; Appendix G, Evidence Table 4).

A cellular phone-based diabetes-management system described by Quinn (2008)²⁶ coached patients about glucose monitoring and diabetes control and provided feedback about blood glucose levels to physicians for 15 patients over 3 months. Patients using the system were more likely than patients in the control group to have their diabetes medications intensified (84.6% vs. 23.3%, p=0.002) and more likely to have medication errors identified (53.4% vs. 0%, p=0.002). Providers for these patients were also more likely to receive patients' glucose readings (100% vs. 7.7%, p<0.001) (Table 8a; Appendix G, Evidence Table 4).

A "virtual consultation" was provided by an endocrinologist for 358 diabetic patients via telemedicine and email in a 2008 study by Smith and colleagues. The control group received no "virtual consultation." In the 12-month followup period, aspirin use increased (odds ratio [OR] 1.99, 95% CI 1.31 to 3.02), and more patients were noted to be not smoking or to have been advised to quit smoking (OR 1.80, 95% CI 1.04 to 3.13). However, there were no significant differences in the odds of being prescribed an angiotensin-converting enzyme inhibitor, angiotensin receptor blocker, or statin, or in the frequency of office visits, referrals for endocrine

consultation, or visits and calls with the diabetes educator (Table 8a; Appendix G, Evidence Table 4).

Gomez (2002)²⁸ described an intervention using a telemedicine system facilitating communication between patients and their care providers. They conducted a 6-month crossover pilot study with 10 type 1 patients with diabetes. During the telemedicine period, providers performed more therapeutic medication changes (2.9 vs. 0.2) (Table 8a; Appendix G, Evidence Table 4).

In the Diabetes Priority Program described by Glasgow (2000);²⁹ that enrolled 417 patients, the intervention group used a computerized touch screen assessment and action planning procedure prior to two diabetes-related visits, at 6 and 12 months. Their physicians were given a printout describing the patients' self-management goals and needs assessments. Patients in the intervention group reported having received more "lab procedures" (blood pressure evaluation, dilated eye exam, foot exam, microalbumin or HbA1c testing) during the study (4.29 procedures vs. 4.01, p=0.001). They also reported completion of more patient-centered activities (goal-setting, medical nutrition treatment, self-monitoring blood glucose, meeting patient satisfaction items): 3.74 vs. 3.31, p<0.001 (Table 8a; Appendix G, Evidence Table 4).

A study described by Ralston (2009)³⁰ randomized 39 patients to receive Web-based care management for 22 months, including electronic access to medical records, secure electronic messaging with providers, and feedback on blood glucose readings. The control group received usual care. No significant difference was found between intervention and control groups in the number of primary care or specialty physician visits or the number of days spent hospitalized (Table 8a; Appendix G, Evidence Table 4).

Health Care Process Outcomes in Studies Addressing Heart Disease

Fifteen studies evaluated the impact of health IT on process outcomes in patients with heart disease other than hypertension (Table 9a; Appendix G, Evidence Tables 1–3 and 5). Most showed a positive impact of health IT on process outcomes, and many of these results were statistically significant. Study quality was moderate. The primary reasons for lower quality scores were issues with studies not being double-blinded or not describing loss to followup. The overall grade of the strength of evidence in these studies was moderate (Table 9b; Appendix G, Evidence Tables 1–3 and 5).

An article by Murtaugh (2005)³¹ reported on a study randomizing home health nurses for patients with heart failure to either usual care (n=122), a one-time email reminder highlighting heart failure recommendations (n=114), or an augmented intervention of email plus additional prompts, educational material, and outreach by a nurse specialist (n=118). For the basic email intervention, significantly more nurses recorded a comprehensive heart failure assessment and assessment of medication adherence and also documented instruction about shortness of breathe as a symptom. They were also more likely to document instructing patients to weigh themselves, consume a low-salt diet, and use methods to improve adherence with recommended therapy. For the augmented intervention, significantly more nurses recorded a comprehensive heart failure and diet assessment and assessed medication side effects. They were significantly more likely than usual care nurses to instruct patients about the symptom of fluid weight gain and to give global instruction about signs and symptoms. They also were more likely to document instructing patients to weigh themselves, to consume a low salt diet, to contact a physician for certain circumstances, and to provide educational material. Other findings also favored the basic

and augmented interventions, but these differences were not significant (Table 9a; Appendix G, Evidence Table 5).

Feldman (2005)³² studied the effects of an email to the homecare nurses for 628 outpatients with heart failure; the email highlighted heart failure recommendations, with or without additional educational materials. Home care-related and overall costs per patient were higher for patients in the intervention groups than for a group not receiving email about heart failure recommendations, but this difference was only significant for patients whose nurses received the additional materials (Table 9a; Appendix G, Evidence Table 5).

In Kaner (2007),³³ verbal and non-verbal behaviors were compared for providers using paper-based guidelines versus a computer-based decision aid to discuss the use of warfarin with 29 patients who had atrial fibrillation. Consultation times were significantly greater for providers using the computer-based tool, and these providers spent significantly less time seeking information from patients and more time pausing, nodding, and gazing at the tool (Table 9a; Appendix G, Evidence Table 5).

Kucher (2005)³⁴ reported on the effects of a computer program designed to identify patients who were at risk for deep venous thrombosis and not on prophylaxis. The providers for 1,255 of these patients were randomly assigned to receive or not receive a computerized alert about patient risk. Significantly more intervention patients received mechanical (10.0 vs. 1.5%, p<0.001) or pharmacologic (23.6 vs. 13.0%, p<0.001) prophylaxis (Table 9a; Appendix G, Evidence Table 5).

A study by Lowensteyn in 1998³⁵ randomized 253 providers for 958 patients to either receive early post-visit, patient-specific, computerized coronary risk profiles or standard notification. Intervention patients were significantly more likely to return for followup (1.23 vs. 0.77, p<0.05) (Table 9a; Appendix G, Evidence Table 5).

Subramanian's 2004 study³⁶ randomized physicians to either receive patient-specific care suggestions based on electronic medical record data and patient symptom reports, or care suggestions based only on electronic medical record data, for a total of 720 patients. There were no significant differences in physician adherence to care suggestions at 12 months between the two groups. The intervention patients had more all-cause hospitalizations at 6 and 12 months; however, there were no significant differences between the two groups in terms of congestive heart failure and congestive heart failure-related hospitalizations (Table 9a; Appendix G, Evidence Table 5).

Tierney's 2003³⁷ study randomized physicians and pharmacists caring for 706 outpatients with heart failure and/or ischemic heart disease to receive or not receive evidence-based care suggestions. No significant differences were found between intervention and control groups in the number of patients with care that was compliant with recommendations, hospitalizations for any cause, or heart disease-specific hospitalizations (Table 9a; Appendix G, Evidence Table 5).

The randomized, prospective study by Bailey (2007)³⁸ used computerized alerts identifying inpatients with troponin levels greater than 1.4ng/ml within the first 24 hours of hospitalization; pharmacists were notified via email and then conducted academic detailing with the physicians caring for 365 intervention patients. As compared to standard care, the intervention patients were significantly more likely to be discharged on angiotensin-converting enzyme inhibitors and statin drugs (p<0.01); they were also more likely to be discharged on beta blockers, but this finding was not significant (Table 9a; Appendix G, Evidence Table 5).

A study described by Murray (1999)³⁹ randomized 28 pharmacists at a hospital-based outpatient pharmacy to receive or not receive telehealth for heart failure, ischemic heart disease,

reactive airways disease, and hypertension. Pharmacists in the intervention group spent significantly less time filling prescriptions, and significantly more time advising or informing patients or problem solving (Table 9a; Appendix G, Evidence Table 5).

Research described in the article by Jerant (2001)⁴⁰ compared usual care for 12 recently hospitalized patients with heart failure to that of 13 patients receiving video-based, home telehealth and 12 receiving telephone care. As compared to the usual care group, the mean heart failure-related readmission charges were 86 percent lower in the telehealth group and 84 percent lower in the phone group, but these differences were not significant. Both intervention groups had significantly fewer heart failure-related emergency department visits than did those receiving usual care (Table 9a; Appendix G, Evidence Table 5).

A randomized study by McCrossan (2007),⁴¹ compared videoconferencing, teleconferencing, and usual care in 66 children at home with a new diagnosis of congenital heart disease. Parents of children receiving videoconferencing had more calls and longer calls than those with telephone care, but neither of these findings was significant. The rates at which particular concerns were raised were similar between the two groups, but more videoconferences resulted in an assessment that no action was needed or that the consultant should be informed, whereas phone conferences resulted in more referrals to the family doctor, emergency department, or inpatient cardiology ward; this last finding was statistically significant (Table 9a; Appendix G, Evidence Table 5).

A study by Wakefield (2008)⁴² compared videophone, telephone, and usual care in 148 patients after hospitalization for heart failure. The time to readmission was significantly longer in the intervention group, but the readmission rate itself was not significantly different, and hospital days and urgent care clinic use were not significantly affected (Table 9a; Appendix G, Evidence Table 5).

Another study examining telehealth, Noel (2004),⁴³ randomized 104 patients with complex heart failure, chronic lung disease, and/or diabetes to receive either usual care or home telehealth for 6-12 months; the intervention patients also had at-home vital-sign monitoring. Telehealth patients had a significant decrease at 6 months in bed days of care (p<0.0001) and urgent clinic/emergency room visits (p=0.023) (Table 9a; Appendix G, Evidence Table 5).

Ross (2004)⁴⁴ described the effects of giving 54 of 107 outpatients with heart failure a combination of online access to their medical records, an educational guide, and a messaging system with clinic staff. Intervention patients had significantly higher compliance scores (p=0.01) (Table 9a; Appendix G, Evidence Table 5).

Scherr (2009)⁴⁵described the effects of a telemonitoring system on heart disease patients in a randomized sample of 120 patients. Process outcomes of interest included re-hospitalization, system availability, system transmissions, length of stay, and dosage management. Fifty-four patients were randomized to the intervention. Intervention patients who were hospitalized had a shorter length of stay (p=0.04) than the control group (Table 9a; Appendix G, Evidence Table 5).

Health Care Process Outcomes in Studies Addressing Cancer

We identified four studies that evaluated the impact of health IT on process outcomes in patients with cancer; each showed almost exclusively positive effects, and a sizable number of these effects were statistically significant (Table 10a; Appendix G, Evidence Tables 1-3 and 6). Study quality was high, but the scores were variable. The primary reasons for lower-quality scores were issues regarding loss to followup. The overall grade of the strength of evidence in

studies of health care process outcomes addressing cancer was moderate (Table 10b; Appendix G, Evidence Table 6).

A study by Jones (1999)⁴⁶ offered 169 patients a personalized "consultation" about their condition using a touch screen computer, 167 patients general computer-based information about cancer, and another 180 access to booklets about various types of cancer. More patients who received personalized computer information indicated that they would prefer the computer to a 10-minute consultation with a physician and that they had used printed materials generated by the program at home. Physicians assessed more patients to be above average in knowledge in the group given general computerized information (35%) than in the group given a personalized consultation (25%) or booklets (20%) (p=0.01) (Table 10a; Appendix G, Evidence Table 6).

A study by Ruland (2003)⁴⁷ examined the effects of the computerized patient support system CHOICES: Creating better Health Outcomes by Improving Communication about Patients' Experiences with 27 of 52 patients with various cancer diagnoses. The study showed improved congruence between patient-reported symptoms and those addressed in a consult visit (Table 10a; Appendix G, Evidence Table 6).

McDonald (2005)⁴⁸ studied documentation by home care nurses caring for cancer patients with pain. Intervention nurses received either a patient-specific, one-time email (121 subjects) or an email plus supplemental education material and specialist nurse outreach (97 subjects) when eligible patients were enrolled in home care. The control group received usual care. While the basic and augmented interventions had positive effects on nurse documentation of the presence of pain, medication assessment, mood assessment, and the provision of instruction about medication management and education materials, none of these differences were significant. Nurses in the basic intervention group had a slightly lower probability of documenting bowel function (89.0%) than did control nurses (94.7%), (p=0.02). Cost differences between the three groups were not statistically significant (Table 10a; Appendix G, Evidence Table 6).

A study by Nguyen and colleagues in 2000⁴⁹ randomized 20 Vietnamese physicians to receive computerized or manual cancer screening reminders and educational materials, or no intervention. The duration of the intervention was 3 years. The study saw positive effects on rates of routine checkup performance, clinical breast exams, mammography, hepatitis B testing, and hepatitis B immunization; however, the study saw statistically significant improvement only for performance of smoking cessation counseling (p=0.02), Pap testing (p=0.004), and pelvic examinations (p=0.01) (Table 10a; Appendix G, Evidence Table 6).

Health Care Process Outcomes in Studies Addressing Other Targeted Care Focus Areas

After diabetes, heart disease, and cancer, the next most commonly targeted care focus areas were hypertension, asthma, mental health, and smoking cessation (Table 5).

Hypertension

Nine studies evaluated the impact of health IT on process outcomes in patients with hypertension. Study quality was high, and quality scores were consistent across studies (Table 11a; Appendix G, Evidence Table 7). The overall grade of the strength of evidence in studies of health care process outcomes addressing hypertension was high (Table 11b; Appendix G, Evidence Table 7). Eight of those studies that we deemed significant are outlined below.

Freitheim (2006)⁵⁰ randomized 146 general practices to an intervention or control group for the care of patients with preexisting or newly treated hypertension or hypercholesterolemia.

Intervention physicians received educational visits from pharmacists and patient-specific computerized reminders linked to the medical record system. Thiazide prescriptions increased significantly for the intervention patients; however, there was no difference in the percentage of patients who had cardiac risk assessments performed or whose treatment goals were achieved (Table 11a; Appendix G, Evidence Table 7).

A study described in Hetlevik (1998)⁵¹ randomized physicians for 2,239 patients with hypertension to either use or not use a diagnostic and therapeutic decision support system. The study revealed no significant difference in the percentage that had registered blood pressure or cholesterol levels between the intervention and control groups during 12 months of followup. Similarly, there was no difference between the percentages that had recorded smoking status, cardiovascular inheritance, or body mass index (BMI) at 18 months (Table 11a; Appendix G, Evidence Table 7).

A study by Roumie (2006)⁵² randomized the providers for 1,341 Tennessee veterans with hypertension on a single agent to receive either an email with Joint National Commission version 7 guidelines, the email plus patient-specific computerized alerts, or the email, alerts, and patient education. No significant differences were found between the percentages of patients in each group that had a dose increase, a drug added, or any change in antihypertensive medication (Table 11a; Appendix G, Evidence Table 7).

Montgomery (2000)⁵³ reported on a study that randomized 614 hypertensive patients to receive either usual care, a cardiac risk chart, or integrated patient-specific decision support and a cardiac risk chart. The primary outcomes were cardiac risk reduction and blood pressure control. Only the patients who received just the cardiac risk chart had significantly more cardiovascular drugs prescribed. The chart-only group was twice as likely to be prescribed two classes of cardiovascular drugs and more than three times as likely to be prescribed three or more classes of drugs than were the other groups (Table 11a; Appendix G, Evidence Table 7).

A study described by Mitchell (2004)⁵⁴ randomized 52 practices with 265,572 patients in Scotland to receive provider feedback based on general electronic medical record audits, or to receive patient-specific ("strategic") feedback or neither. The greatest increase in the number of patients with blood pressure recorded was in the general audit group (Table 11a; Appendix G, Evidence Table 7).

Hicks and colleagues (2008)⁵⁵ conducted a study that randomized the providers for 2,027 adult patients with hypertension to receive either 18 months of computerized patient-specific decision support recommendations or usual care. Intervention providers had significantly increased rates of Joint National Committee guideline-adherent prescribing, although the rates remained extremely low (7% vs. 5%, p<0.001) (Table 11a; Appendix G, Evidence Table 7).

Green (2008)⁵⁶ randomized 778 patients with uncontrolled hypertension and Internet access to receive either: usual care; home blood pressure monitoring and secure patient Web training; or home blood pressure monitoring, secure Web training, and pharmacist management via Web communications. The primary outcome was blood pressure control; however, the number of medications taken by the two intervention groups was significantly greater than that for individuals receiving usual care, and those in the pharmacist group also had significantly higher aspirin use. The number of primary care visits did not differ among the three groups (Table 11a; Appendix G, Evidence Table 7).

A study described by Parati (2009)⁵⁷ randomized 329 patients with hypertension to receive either usual care or home blood pressure telemonitoring. The intervention patients required

significantly fewer treatment changes than did the patients receiving usual care (Table 11a; Appendix G, Evidence Table 7).

Asthma

Six studies evaluated the use of health IT in asthma care (Appendix G, Evidence Tables 1-3). Eccles (2002)⁵⁸ examined the effects of providing caregivers with computerized guidelines for the management of asthma; there was no significant effect on the odds of assessing lung function, assessing inhaler technique, checking compliance, recording smoking status, or providing asthma education. There was also no difference in the prescription rates of certain asthma medications (Appendix G, Evidence Table 3).

Shiffman (2000)⁵⁹ studied the use of a handheld device in practitioners' offices that provided structured encounter documentation and offered recommendations for care. Documentation regarding peak expiratory flow rate (PEFR), oxygen saturation measurements, and nebulization treatments was significantly increased during the intervention period.

Taylor (2008)⁶⁰ found that an electronic decision support tool for patients with an asthma flare in an emergency department resulted in significantly higher rates of documentation in seven out of 10 variables (Appendix G, Evidence Table 3).

Chan (2003)⁶¹ examined the effect of an Internet-based home-telehealth education, peak flow, and video-assessment system on patient symptoms and adherence in a 10-patient pediatric study. Inhaler technique improved significantly for those children in the intervention group (Appendix G, Evidence Table 3).

Kattan (2006)⁶² used phone calls to children's caretakers to generate computerized letters to their providers about the children's symptoms, health service use, and medication use, along with treatment recommendations. Significantly more children in the intervention group kept their scheduled appointments and had their asthma medications appropriately stepped up (Appendix G, Evidence Table 3).

Finally, a study by Krishna (2003)⁶³ focused on using the Internet to educate children about their asthma and resulted in significant improvements in a process outcome—visits to the emergency department (Appendix G, Evidence Table 3).

Mental Health

Three eligible studies targeted the use of health IT in treatment of mental health conditions (see Appendix G, Evidence Tables 1–3). Two used computerized decision support to improve screening, diagnosis, and/or treatment for psychiatric conditions, Cannon (2000)⁶⁴ and Rollman (2002)⁶⁵. However, only Cannon⁶⁴ found significant improvements in screening rates for mood disorders, and complete documentation of diagnostic criteria. One used electronic surrogates for psychiatric care, Marks (2004)⁶⁶. This study found a significant decrease in clinician time when randomized patients received computerized self-exposure therapy for their phobia or panic disorder, without any decline in symptom improvement or treatment satisfaction (Appendix G, Evidence Table 3).

Smoking Cessation

Three studies evaluated the use of smoking cessation addressing health care process outcomes; each used electronic medical record-embedded decision support to improve smoking care by outpatient providers (see Appendix G, Evidence Tables 1–3).

Linder (2009)⁶⁷ is a large (132,630-patient) study that found significant improvement in documentation of smoking status and rates of contact with a cessation counselor but no difference in the likelihood of being prescribed smoking cessation medication.

Wolfenden (2005)⁶⁸ found that intervention patients were more likely to report receiving brief smoking advice by nurses and anesthesiologists and to report being prescribed postoperative nicotine replacement therapy at a preoperative clinic (Appendix G, Evidence Table 3).

Bentz (2007),⁶⁹ found that electronic health record-documented rates of advising, assessing, and assisting smokers increased significantly in intervention clinics (Appendix G, Evidence Table 3).

There were one or two studies addressing health care process outcomes that focuseed on a number of other conditions (Table 5 and Appendix G, Evidence Table 3).

How Does the Impact on Process Outcomes Vary by Type of Health IT Application?

Table 12 summarizes how health care process outcomes vary according to the type of health IT application described in Chapter 2. The analysis demonstrated that, among all reviewed health IT applications that address components of PCC, telehealth applications and care management tools were most frequently cited as having a positive impact on at least one health care process outcome. Although there were fewer studies examining the other three types of health IT, these other types of health IT applications had at least one statistically significant positive outcome in the majority of studies.

Table 5. Studies addressing the effect of health IT applications on process outcomes in specific target conditions, target populations, and care focus areas

Target Care Focus Area	N (Specific Reference)
Heart disease	15 ^{45 70-83}
Diabetes mellitus	11 ^{20-28 30 84}
Hypertension	9 ^{50-57 85}
Asthma	6 ^{58-62 86}
Cancer	4 ⁴⁶⁻⁴⁹
Mental health	3 ⁶⁴⁻⁶⁶
Smoking cessation	3 ⁶⁷⁻⁶⁹
Alcohol abuse	1 ⁸⁷
Chronic obstructive pulmonary disease	2 ^{88 89}
Pregnancy	3 ⁹⁰⁻⁹²
All the preventive procedures for families enrolled in the study	1 ⁹³
Ambulatory patients	1 ⁹⁴
Blood transfusion	1 ⁹⁵
Chronic condition/health problem	1 ⁹⁶
Anemia, diabetes mellitus, glandular fever, hypercholesterolemia, hypertension, liver problems, urine complaints	1 ⁹⁷
Domestic violence	1 ⁹⁸
Emergency department patients	1 ⁹⁹
Evaluate the use of both medical services and drugs before and after the	1 ¹⁰⁰
implementation of computer decisionmaking support.	•
Fever without apparent source in 1-36 month old.	1 ¹⁰¹
Genetic counseling	1 ¹⁰²
Hemophilia	1 ¹⁰³

Table 5. Studies addressing the effect of health IT applications on process outcomes in specific target conditions, target populations, and care focus areas (continued)

Target Care Focus Area	N (Specific Reference)
Hyperlipidemia	1 ¹⁰⁴
Infection antibiotic management and prophylaxis	1 ¹⁰⁵
Influenza immunization in high-risk adult patients	1 ¹⁰⁶
Menopause/ hormone replacement therapy	1107
Multiple conditions	1 ⁴³
Osteoporosis	1 ¹⁰⁸
Overactive bladder symptoms	1 ¹⁰⁹
Patients over 65 who are prescribed certain medications (age-specific prescribing)	1 ¹¹⁰
Patients with trauma as the primary risk factor for acute respiratory distress	1111
syndrome	1112
Polypharmacy and falls in ambulatory rural elderly	
Preventive medicine (routine laboratory monitoring to reduce the risk of adverse medication events)	2 ¹¹³ 114
Recurrent headache	1 ¹¹⁵
Skin lesions	1 ¹¹⁶
Sleep apnea	1117
Spinal cord injuries	1 ¹¹⁸
Thrombotic or bleeding events	1 ¹¹⁹
Upper respiratory infections	1 ¹²⁰
Wound care	1 ¹²¹
Other or unspecified	12 ¹²²⁻¹³⁴

IT: Information Technology

Table 6. Studies addressing the effect of health IT applications on process outcomes

Health IT Application	N (Specific Reference)
Care Management Tools	
Clinical decision aids	34 ^{70 78 81} 123-125 128 129 132-157
IT-guided disease management	17 ⁷⁴ 81 82 126 137 140 146 151 158- 166
Electronic medical records	17 ^{72 80 81} 122 128 138 141 150 154 160-163 167-170
IT-guided self-management	6 ^{72 84 86 114 171 172}
Computer-assisted self-care	5 ¹⁵⁵ 158 171 173 174
Care coordination tools	5 ¹⁴⁶ 164 169 175 176
Computerized order entry	2 ^{92 133}
Electronic prescribing	1 ⁹²
Disease registry	1155
Telehealth	
Telemedicine	10 ^{71 79 127 173 177-182}
Telemonitoring systems	11 45 73 80 81 159 167 173 183-186
Personal Health Record and Patient Portal Related Applie	cations
Education via information technology	8 ⁸⁶ 123 159 165 167 172 187 188
mHealth	5 ¹³¹ 146 166 183 189
Interactive lifestyle counseling	284 190
Patient portals	2 ^{122 165}
Personal health records	1 ⁷²
Secure Electronic Messaging	
Communication via e-mail	9 ^{72 75 76 122 141 159 167 187 191}
Information exchange	6159 166 168 187 190 192
Shared Decisionmaking	
Shared decisionmaking tools	5 ^{78 91 188 189 192}

E-mail: Electronic Mail, IT: Information Technology, mHealth: Mobile Health

Table 7. Studies addressing the effect of health IT applications on process outcomes, broken down by specific components of PCC*

Component of PCC	N (Specific References)
Coordination and Integral	tion of Care
Quality improvement	25 ⁴⁵ 77 79 81 84 86 92 114 132 136 138 146-148 150 158 161 162 168 170 173 179 180 183 193
Quality and safety	20 ⁷¹ 91 124 126 132 134 142 145 158 163 165 168 178 182 184 186 190 192 194 195
Integrated care	21 ⁷⁷ 127-129 131 144 146 153 161 162 164 167 168 170-172 184 188 191 194 196
Prevention and health promotion	21 ⁷⁰ 84 122 133 135 141 144 145 147 148 157 159 160 165 169 172 177 180 181 188 196
Routine patient feedback to practice	9 ⁷³ 79 86 149 165 174 184 189 196
Transition and continuity	2′′ ¹5¹
Whole-Person Orien	tation
Respecting patients' values, preferences and needs	9 ^{81 92 125 155 170 171 182 187}
Alleviation of fear and anxiety	6 ¹³⁷ 140 153 166 167 173
Emotional support	3 ^{131 152 189}
Physical comfort	180 197
Exploring the disease and illness condition	3 ¹⁴⁹ 152 182
Enhanced Clinician-Patient	Relationship
Patient engagement in care	49 ⁷⁰ 72 74 76-82 84 86 114 123 125 127 128 131 135 139 140 143 144 146 148 150 152-156 159 164 167-171 173 174 176 180 183 185 189 191 192 196 197
Patient empowerment	16 ⁷³⁻⁷⁵ 78 81 123 137 140 146 150 152-155 159 185
Finding common ground	1 ¹⁵⁵
Clinical Information S	
Practice-based learning	2 ^{141 158}
Publicly available information on practices	1 ¹⁶⁶
Socio-Cultural Comp	etence
Community outreach	2 ^{78 177}
Family and friend involvement	2 ¹⁴⁶ 151

IT: Information Technology, PCC: Patient-Centered Care

* Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 8a. Summary of the impact of health IT applications on process outcomes for patients with diabetes mellitus

diabetes mellitus Courte Van Health IT Positive				
Study, Year	Application	Interventions Compared	Outcomes Measure	Impact*
Filippi, 2003 ²⁰	Clinical decision aids	Electronic reminder integrated into a routine computer system in order to increase the use of antiplatelet drugs for diabetic patients vs. patients receiving a letter but no electronic reminder	Number of high-risk diabetic patients with antiplatelet drug prescriptions	+
			Fractions of patients without baseline registration of HbA1c Fractions of patients without a	+
			baseline registration of blood pressure Fractions of patients without a baseline registration of serum	+
11.41.21		Diabetes mellitus patients whose physicians used a CDSS	cholesterol Fractions of patients without a registered number of cigarettes,	+
Hetlevik, 2000 ²¹	Clinical decision aids	vs. diabetes mellitus patients whose physicians used pre-	Fractions of patients without registered CV inheritance	+
		existing routines for treatment	Fractions of patients without registered height/weight or BMI	+
			Fractions of patients without at least one variable making risk score calculation possible	+
			Percentage of registered patients who are smokers	+
			Percentage of registered patients with CV risk inheritance	+
Glasgow, 2000 ²⁹ manage interact lifestyle		Telephone followup vs. the basic intervention condition received by all participants, which involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch screen computer	Proportion received touch screen goal setting	+
	IT-guided self- management, interactive lifestyle counseling	Community resources vs. the basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific distant goals.	Proportion received touch screen goal setting	+
		Telephone followup support and community resources vs. the basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch screen computer	Proportion received touch screen goal setting	-

diabetes me	llitus (continued	l)		
Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact*
Gomez, 2002 ²⁸	Telemedicine	Group using DIABTel telemedicine system vs. usual care group (patients used a blood glucose meter with memory One Touch™ Profile from LifeScan) and they registered the monitoring data in their conventional logbook. No intermediate visits were scheduled but patients were free to make phone calls to the Diabetes Centre when needed.	Therapeutic medication prescriptions increased	+
Persell, 2008 ²⁴	Telemonitoring systems	Eliciting physicians' input and directly contacting patients by mail and phone vs. reminder to physician only	All patients - regular aspirin use Regular aspirin use excluding long-term aspirin users and patients reporting medical contraindication	+
		Well-Doc Intervention vs. control	Medication intensified	+
IT-guided disease		disease software designed by endocrinologists and certified diabetes educator. Patients exchange, randomized to the control group	Medication errors identified	+
			Physician received logbook	+
			New diagnosis depression	-
0 000026	,		Provider management improved	+
Quinn, 2008 ²⁶			Physician received data	+
	mHealth		Physician received more patient data	+
	Communication		Inpatient days	0
	via email,		Outpatient visits	0
	education via		Primary care provider visits	0
Ralston, 2009 ³⁰	Ralston, IT, electronic Web-based care management	Specialty physician visits	0	
Sequist,	Physicians received either evidence-based electronic	evidence-based electronic	Number of diabetes reminders per patient	-
2005 ²²	decision aids	reminders within the electronic medical record vs. usual care	Mean coronary artery disease Reminders per patient	-
		Virtual concultation value of the last	ADA-NCQA provider score, median	-
Smith, 2008 ²⁷	Telemedicine	e Virtual consultation vs. no virtual consultation	Minnesota community aggregate optimal diabetes score	+
			Mean total cost	+
			Mean outpatient cost	+

Table 8a. Summary of the impact of health IT applications on process outcomes for patients with

diabetes mellitus (continued)

Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact*	
	Clinical decision aids,		No. of patients who had HbA1c monitoring within 6 months	+	
Thomas, 2007 ²³ computer- assisted self- care, disease registry	vs. control group (usual clinic education)	No. of patients who had LDL cholesterol monitoring within 1 year	+		
	Care coordination tools, IT-guided disease management	Health care providers received clinical reminders vs. usual care	Effect of the interventions on therapy intensification	0	
			Therapy intensification on change in HbA1c level	0	
Ziemer,		boordination cools, IT-guided lisease Health care providers received feedback vs. usual care	Effect of the interventions on therapy intensification	0	
2006			Therapy intensification on change in HbA1c level	0	
		Health care providers received	Health care providers received clinical reminders and feedback	Effect of the interventions on therapy Intensification	0
		vs. usual care	Therapy intensification on change in HbA1c level	0	

ADA-NCQA: American Diabetes Association-National Committee for Quality Assurance, BMI: Body Mass Index, CDSS: Clinical Decision Support System, CV: Cardiovascular, E-mail: Electronic Mail, HbA1c: Glycated Hemoglobin, IT: Information Technology, LDL: Low-Density Lipoprotein, mHealth: Mobile Health

Table 8b. Overall grade of the quality of evidence in diabetes mellitus studies addressing health care process outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.27
2	Number of studies	11
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact
	Clinical decision aids, IT-guided		Proportion of eligible patients discharged on a regimen of ACE inhibitor	+
	disease management,	Computerized alerts identifying	Proportion of eligible patients discharged on aspirin	-
Bailey, 2007 ³⁸	electronic medical	hospitalized patients with elevated troponin I levels routed	Proportion of eligible patients discharged on a beta-blocker	+
	records, telemonitoring	to clinical pharmacists vs. usual care group	Proportion of eligible patients discharged on a statin	+
systems	systems		Proportion of eligible patients discharged on all 4 classes of medications	+
		Heart failure patients whose nurses received email	Home care-related costs / patient	-
			Overall costs / patient	-
			Home care-related costs to produce a 5 % improvement in KCCQ summary score	+
Feldman,	Communication		Overall costs to produce a 5 % improvement in KCCQ summary score	+
2005 ³²	via email	recommendations (basic	Home care-related costs / patient	-
		intervention) vs. heart failure patients receiving usual care	Overall costs / patient	-
		patients receiving usual care	Home care-related costs to produce a 5 % improvement in KCCQ summary score	+
		Overall costs to produce a 5 % improvement in KCCQ summary score	+	
		Home telecare	Median health care utilization	+
Jerant, 2001	Telemonitoring systems	videoconferencing vs. usual care	Mean health care utilization	+
		Nurse phone calls with nurse	Median health care utilization	+
		vs. usual care	Mean health care utilization	+

Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact
			Median consultation times	-
			Median clinician verbal	
			dominance in 10 minutes	-
		preceding decision		
			Median doctors information-	_
			seeking	
		Implicit computer-based	Median doctors pause	-
		decision aid, DARTS II used for	Median patients negative talk	+
		clinician-patient treatment	Median doctors nodding	+
		decision vs. paper-based	Median doctors head shake	-
		guidelines for clinician-patient	Median doctors smiling	+
		treatment decision	Median doctors point at the	+
			patient	
			Median doctors touching/pointing	_
			at tool	
			Median doctors eye-gaze toward	+
	Clinical decision		tool	
aids shared		Median Patients eye-gaze	+	
laner,	decisionmaking		toward tool	
007 ³³	tools		Median consultation times	-
			Median clinician verbal	
			dominance in 10 minutes	-
			preceding decision	
			Median doctors information-	+
			seeking	
		Explicit computer-based	Median doctors pause	-
		decision aid, DARTS II, used for	Median patients negative talk	+
		clinician-patient treatment	Median doctors nodding	+
		decision vs. paper-based	Median doctors head shake	-
		guidelines for clinician-patient	Median doctors smiling	+
		treatment decision	Median doctors point at the	_
			patient	
			Median doctors touching/pointing	0
			at tool	
			Median doctors eye-gaze toward	+
			tool	-
			Median patients eye-gaze toward	+
	0		tool	
la	Clinical decision	Computerized alert to physician	Prophylactic measures were	+
Cucher,	aids, education	about patient's risk of deep vein	ordered	
005 ³⁴	via IT	thrombosis vs. no computerized	mechanical prophylaxis	+
		alert	pharmacologic prophylaxis	+
owensteyn,	Information	Computerized coronary risk	ratio of high risk / low risk	_
1998 ³⁵	exchange	profile to physician vs. no profile	patients returning for followup	+

heart disease (continued) Health IT Positive				
Study, Year	Application	Interventions Compared	Outcomes Measure	Impact
			Proportion concern about video	+
			conferencing by parents	+
		Vide aconformation for children	Proportion no action needed for	
McCrossan,	Telemedicine	Videoconferencing for children	video conferencing	+
2007 ⁴¹	2007 ⁴¹ Telemedicine	with congenital heart disease	Proportion inform consultant	
		vs. teleconferencing	about video conferencing	+
			Proportion advised NHS action	
			about video conferencing	+
		Pharmacist with access to	% time spent filling prescription	-
	IT-guided	electronic treatment	% time spent advising or	
Murray,	disease	suggestions via pharmacy	informing	+
1999 ³⁹	management	module used by pharmacists vs.	· ·	
	g	usual care	%time spent problem solving	+
			Estimate of percent of nurses	
			that recorded a comprehensive	+
			heart failure assessment	
			Estimate of percent of nurses	
			that recorded a diet assessment	+
			Estimate of percent of nurses	
			that recorded medication	+
			knowledge assessment	
			Estimate of percent of nurses	
			that recorded medication	+
			adherence assessment	
			Estimate of percent of nurses	
			that recorded medication side-	+
			effects assessment	
			Estimate of percent of nurses	
			that instructed patients about	
			heart failure symptom, shortness	+
			of breath	
		Nivers a vole a respinye di sessiti		
		Nurses who received email	Estimate of percent of nurses	
Mountaina	0	recommendations to treat heart	that instructed patients about	+
Murtaugh,	Communication	failure patients (basic	heart failure symptom, fluid	
2005 ³¹	via email	intervention) vs. nurses treating	weight gain	
		heart failure patients that	Estimate of percent of nurses	
		provide usual care	that instructed patients about	-
			heart failure symptom, fatigue	
			Estimate of percent of nurses	
			that instructed patients about	+
			global heart failure symptoms	
			Estimates of percent of nurses	
			that recorded instructions to	+
			patients about self weighing	
			Estimates of percent of nurses	
			that recorded instructions to	+
			patients about managing fluid	
			weight gain	
			Estimates of percent of nurses	
			that recorded instructions to	+
			patients about low salt diet	
			Estimates of percent of nurses	
			that recorded instructions to	
			patients about medication	+

	se (continued) Health IT	Interventions Commercial	Outcomes Massure	Positive
Study, Year	Application	Interventions Compared	Outcomes Measure	Impact
			Estimates of percent of nurses	•
			that recorded instructions about	+
		Nurses who received email	methods to improve adherence	
		recommendations to treat heart	Estimates of percent of nurses	
		failure patients (basic	that recorded instructions to	+
		intervention) vs. nurses treating	patients about self contacting an	
		heart failure patients that	MD	
		provide usual care (continued)	Estimates of percent of nurses	
			that recorded instructions to	+
			patients about education material	
			Estimate of percent of nurses	
			that recorded a comprehensive	+
			heart failure assessment	
			Estimate of percent of nurses	+
			that recorded a diet assessment	'
			Estimate of percent of nurses	
			that recorded medication	+
			knowledge assessment	
			Estimate of percent of nurses	
			that recorded medication	+
			adherence assessment	
			Estimate of percent of nurses	
			that recorded medication side-	+
			effects assessment	
			Estimate of percent of nurses	
			that instructed patients about	
Murtaugh,	Communication		heart failure symptom, shortness	+
2005	via email		of breath	
(continued)	(continued)		Estimate of percent of nurses	
		Nurses who received email	that instructed patients about	
		recommendations and	heart failure symptom, fluid	+
		additional resources to treat	weight gain	
		heart failure (augmented	Estimate of percent of nurses	
		intervention) vs. Nurses treating	that instructed patients about	+
		heart failure patients that	heart failure symptom, fatigue	
		provide usual care	Estimate of percent of nurses	
			that instructed patients about	+
			global heart failure symptoms	
			Estimates of percent of nurses	
			that recorded instructions to	+
			patients about self weighing	
			Estimates of percent of nurses	
			that recorded instructions to	_
			patients about managing fluid	+
			weight gain	
			Estimates of percent of nurses	
			that recorded instructions to	+
			patients about low salt diet	
			Estimates of percent of nurses	
		that recorded instructions to		
			patients about medication	+
			management	
			Estimates of percent of nurses	
			that recorded instructions about	+
			methods to improve adherence	F

heart disease (continued)				
Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact
Murtaugh, 2005 (cont.)	Communication via email	Nurses who received email recommendations and additional resources to treat heart failure (augmented	Estimates of percent of nurses that recorded instructions to patients about self contacting an MD	+
2000 (001111)	(continued)	intervention) vs. Nurses treating heart failure patients that provide usual care (continued)	Estimates of percent of nurses that recorded instructions to patients about education material	+
Noel, 2004 ⁴³	Electronic medical records, telemonitoring systems	Intervention patients received home telehealth units that used standard phone lines to communicate with the hospital and integrated into hospital electronic health records vs. usual home health care services plus nurse case management.	ntervention patients received some telehealth units that used tandard phone lines to sommunicate with the hospital and integrated into hospital electronic health records vs. sual home health care ervices plus nurse case	
Ross, 2004 ⁴⁴	Communication via email, IT- guided self- management, electronic medical records, PHR	Participants in the intervention group were given a user identification and password to SPPARO to access electronic hospital records vs. patients in the control group continued to receive standard care in the practice	General adherence Medical Outcomes Study compliance score	+
Scherr, 2009 ⁴⁵	Telemonitoring	Participants in the intervention group received pharmacological treatment with telemedical	Re-hospitalization	+
2009		surveillance	Length of stay	+
			Dosage management	+
		Physicians' care suggestions	Number of all clinical decisions	+
		generated with electronic	Mean all-cause hospitalizations	-
Subramanian , 2004 ³⁶ Clinical decision aids questionnaires within 2 we of scheduled outpatient vis (intervention group) vs. physicians whose suggest		symptom data from patient questionnaires within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions were generated with EMR data	Mean admissions for heart failure	+

Table 9a. Summary of the impact of health IT applications on process outcomes for patients with

heart disease (continued)

Heart diseas	e (continued)		T	Desirie
Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact
	sugges panel of general display pharm enrolle group	Evidence-based cardiac care suggestions, approved by a	Mean number of all hospitalizations	+
		panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions were withheld	Mean number of heart disease specific hospitalizations	0
		Printed a note (rather than bottle labels) instructing the	Mean number of all hospitalizations	0
Tierney, 2003 ³⁷	IT-guided disease management	pharmacist to view the care suggestions in Pharmacist Intervention Recording System. Vs. control group where suggestions were withheld	Mean number of heart disease specific hospitalizations	0
	Eviden	Evidence-based cardiac care suggestions, approved by a	Mean number of all hospitalizations	0
		panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients and a printed a note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld	Mean number of heart disease specific hospitalizations	0
Wakefield, 2008 ⁴²	Telemedicine	Videophone followup vs. usual care. Usual care subjects contacted their primary care nurse case manager by telephone if needed. Intervention subjects contacted their assigned study nurse via videophone if needed after discharge. The intervention nurses reinforced discharge plans, had full access to patient records and employed strategies to improve subjects' adherence to prescribed treatment plans.	Percent readmitted to hospital	+

ACE: Angiotensin-Converting Enzyme, DARTS: Decision Analysis in Routine Treatment, E-mail: Electronic Mail, EMR: Electronic Medical Record, HF: heart failure, KCCQ: Kansas City Cardiomyopathy Questionnaire, MOS: Medical Outcomes Study, NHS: National Health Service, SPPARO: System Providing Access to Records Online

ACE: Angiotensin-converting enzyme, BMI: Body Mass Index, BP: blood pressure, HF: heart failure, KCCQ: Kansas City Cardiomyopathy Questionnaire, MOS: Medical Outcomes Study, NHS: National Health Service, SPPARO: System Providing Access to Records Online, USD: United States dollars

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

Table 9b. Overall grade of the quality of evidence in heart disease studies addressing health care process outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	Moderate
*	Mean Jadad score [†]	-0.43
2	Number of studies	14
3	Did the studies have important inconsistency?	No
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

Table 10a. Summary of the impact of health IT applications on process outcomes for patients with cancer

Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact
Jones, 1999 ⁴⁶	IT-guided disease management,	Personal computer based information vs. booklet information	Doctors assessment — patients above average in knowledge	+
·	education via IT, patient portals	General computer information vs. booklet information	Doctors assessment- patients above average in knowledge	+
			Presence of pain assessed by nurse	+
			Medication assessment by nurse	+
		Detient enseifie and time	Mood assessment by nurse	+
		Patient-specific, one-time email reminder with pain-	Educational materials delivered by nurse	+
		specific recommendations vs.	Probability of hospitalization	+
		usual care Communication	Probability of emergency department use	+
	cDonald, 005 ⁴⁸ Communication via email		Home care-related costs	-
			Overall costs	+
			Inadequate pain management	+
2005			Presence of pain assessed by nurse	+
			Medication assessment by nurse	+
			Mood assessment by nurse	+
		Email reminder + provider prompts +patient education +	Educational materials delivered by nurse	+
		clinical nurse specialist outreach vs. usual care	Inadequate pain management	+
		outleach vs. usual care	Probability of hospitalization	+
			Probability of emergency department use	+
			Home care-related costs	-
			Overall costs	+
			Checkups	+
			Smoking cessation counseling	+
Name		Cancer screening reminder	Pap testing	+
Nguyen, 2000 ⁴⁹	Clinical decision	system, including both	Pelvic exams	+
∠000	aids	manual and computerized	Clinical breast exams	
		reminders vs. usual care	Mammography	+
İ			Hepatitis B serologies	+
Ì			Hepatitis B immunizations	+

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 10a. Summary of the impact of health IT applications on process outcomes for patients with

cancer (continued)

Study, Year	Health IT Application	Interventions Compared	Outcomes Measure	Positive Impact	
			Congruence between patient- reported symptoms and those addressed in consult visit	+	
			Importance-weighted congruence between patient reported symptoms and those addressed in consult visit	+	
	Used comput	Used computerized system	Number of reported symptoms (0-10)	Impact +	
47	mHealth, shared decisionmaking	for shared decisionmaking for cancer symptoms care vs. usual care	Number of reported symptoms (0-15)	+	
	tools usual care		Number of reported symptoms (0-20)	+	
				Number of reported symptoms (0-25)	+
			Number of reported symptoms (0-30)	+	
			Number of reported symptoms (0-40)	+	
			Number of reported symptoms (0-50)	+	

E-mail: Electronic Mail, IT: Information Technology, mHealth: Mobile Health

Table 10b. Overall grade of the quality of evidence in cancer studies addressing health care process outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.75
2	Number of studies	4
3	Did the studies have important inconsistency?	No
4	Were the studies sparse?	Yes
4	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control mHealth: mobile health

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 11a. Summary of the impact of health IT applications on process outcomes for patients with hypertension

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact
		Educational outreach visit	Thiazides prescription	+
	Clinical decision	with audit and feedback, and	CV risk assessment done	+
Fretheim, 2006 ⁵⁰	aids, IT-guided disease management	computerized reminders linked to the medical record system vs. passive dissemination of guidelines	Treatment goal achieved	-
	Communication	Blood pressure monitoring and patient Web services vs.	Electronic messaging and subsequent responses	+
	via email, IT-	usual care	Telephone encounters	+
Green,	guided disease management,	Blood pressure monitoring and patient Web services and	Electronic messaging and subsequent responses	+
2008 ⁵⁶	education via IT, information exchange,	pharmacist care vs. usual care	Telephone encounters	+
	telemonitoring	Blood pressure monitoring	Primary care visits	0
	systems	and patient Web services vs. usual care	Primary care visits	0
			Fractions of patients without registration of blood pressure	-
			Fractions of patients without registration of serum cholesterol	-
	Clinical decision aids	CDSS vs. usual care	Fractions of patients without registration of cigarettes	+
Hetlevik, 1998 ⁵¹			Fractions of patients without registration of cardio vascular inheritance	-
			Fractions of patients without registration of BMI	+
			Fractions of patients without registration of risk score	+
Hicks, 2008 ⁵⁵	Clinical decision	Computerized support vs.	Prescribing Joint National	_
TICKS, 2006	aids	usual care	Committee adherent drug class	no data
	management, electronic medical records	management, electronic medical Patients receiving audit plus	All patients with no recorded blood pressure	-
			All patients with no recorded blood pressure	+
Mitchell, 2004 ⁵⁴			Final proportion with controlled blood pressure in hypertensive patients	-
			All patients with no recorded blood pressure	+
			Number of patients with 0-1 classes of drugs prescribed	0
		Risk chart alone vs. usual care	Number of patients with 2 classes of drugs prescribed	+
Montgomery,	Clinical decision		Number of patients with >=3 classes of drugs prescribed	+
2000 ⁵³	aids CDSS plus risk chart vs. usual care		Number of patients with 0-1 classes of drugs prescribed	-
			Number of patients with 3 classes of drugs prescribed	-
			Number of patients with >=3 classes of drugs prescribed	-

Table 11a. Summary of the impact of health IT applications on process outcomes for patients with

hypertension (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact	
	Computer- assisted self-care,	Teletransmitted home blood	Frequency of treatment changes	+	
Para <u>ti</u> ,	telemedicine,	pressure vs. usual care	Health care costs	+	
2009 ⁵⁷	telemonitoring systems	Teletransmitted home blood pressure vs. patients that	Frequency of treatment changes	+	
		received usual care	Health care costs	+	
		Provider who received email	Drug added	-	
	Communication via email,	message and alert vs. provider who received only the email message.	Both increased dose and drug added	+	
Roumie, 2006 ⁵²	education via IT, information exchange	nformation message, alert and patient	Drug added	+	
2006**			Both increased dose and drug added	-	
Santamore,		Blood pressure measurements transmitted through an Internet based	Percent error for similarity between telemedicine recorded systolic blood pressure and recorded systolic blood pressure	Insufficient data	
2008 ⁸⁵	telemedicine	telemedicine system vs. not through a telemedicine	Percent error for similarity between telemedicine recorded diastolic blood pressure and recorded diastolic blood pressure	Insufficient data	
			Blood pressure monitoring	+	

BMI: Body Mass Index, CDSS: Clinical Decision Support System, CV: Cardiovascular, E-mail: Electronic Mail, IT: Information Technology

Table11b. Overall grade of the quality of evidence in hypertension studies addressing health care process outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.71
2	Number of studies	9
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 12. The impact on health care process outcomes by type of health IT application

Health IT Type	Number of Studies	Studies With at Least 1 Outcome Having a Positive Impact, n (%)	Studies With at Least 1 Outcome Having a Statistically Significant Positive Impact, n (%)
Care management tools	22	20 (91)	16 (73)
Telehealth	28	25 (89)	16 (57)
PHR/patient portals	12	11 (92)	9 (75)
Secure electronic messaging	9	8(89)	6 (67)
Shared decisionmaking	2	2(100)	2(100)

IT: Information Technology, PHR: Personal Health Record

Key Question 1b. Are health IT applications that address one or more components of PCC effective in improving clinical outcomes for patients, and how do these improvements vary by type of health IT application?

General Study Characteristics

We identified 92 articles evaluating how health IT applications that address PCC affect clinical outcomes. The most commonly targeted clinical conditions were heart disease, diabetes, asthma, obesity, mental health, chronic obstructive pulmonary disease and cancer (Table 13). The health IT applications most commonly employed were clinical decision aids, IT-guided disease-management, telemonitoring systems, IT-guided self-management, and social networking/peer-to-peer sites (Table 14). The PCC components most commonly addressed were patient engagement in their care, quality improvement, quality and safety, and integrated care (Table 15). The study results suggested clinical outcomes generally improve with health IT applications that address one or more components of PCC.

Specific Findings

Clinical Outcomes in Studies Addressing Diabetes Mellitus

Twenty-one studies examined the impact of health IT use on clinical outcomes related to diabetes mellitus (Table 16a; Appendix G, Evidence Tables 8–11). The study quality was high, but the study quality scores were somewhat variable. The primary reasons for lower-quality scores were issues with studies not being double-blinded or not describing loss to followup. The overall grade of the strength of evidence in studies of clinical outcomes addressing diabetes mellitus was moderate (Table 16b; Appendix G, Evidence Tables 8–11).

These studies assessed several different clinical outcomes. All of them assessed glycemic control by measuring HbA1c. The other outcomes the studies assessed were blood pressure, ²¹ ²³ lipids, ²³ ¹⁹⁸⁻²⁰⁰ quality of life (QOL), ²⁹ ¹⁹⁹ ²⁰¹ BMI or weight, ²¹ ¹⁹⁸ ¹⁹⁹ ²⁰² depression, ²⁶ ²⁹ ²⁰¹ ²⁰² anxiety, ²⁰¹ fat/fruit and vegetable intake, ¹⁹⁹ ²⁰² coronary risk, ²¹ sick days, ²⁰¹ and pregnancy outcomes (Appendix G, Evidence Table 11). ²⁰³

Several of the studies did not find a statistically significant difference in outcomes between the intervention and control groups. ²⁹²³ ²⁷ ²⁸ ²⁰⁴ ²⁰⁵ The studies that detected at least one statistically significant difference in an outcome between the intervention and control groups are summarized below.

In a study by Glasgow (2000), ¹⁹⁹ one group received a telephone followup call, a second group had access to a multimedia computer to set specific dietary goals and could meet with a health counselor, and a final group received all three interventions. The clinical outcomes measured were HbA1c, serum lipids, weight, and QOL. Both groups that had access to the computer and also met with a counselor had a more favorable total/high-density lipoprotein (HDL) lipid ratio than the group that just received a telephone followup call (Table 16a; Appendix G, Evidence Table 11).

One study by Hetlevik $(2000)^{21}$ examined how using a computer-based, clinical decision support system in the care of patients with diabetes might compare with standard protocols. The clinical outcomes studied were HbA1c, systolic and diastolic BP, cholesterol, BMI, coronary risk, and the percentage of patients who were smokers and had cardiovascular inheritance. The intervention had no impact on serum cholesterol (difference =0). However, it had a favorable impact on BMI (difference +0.3; 95% CI -0.8 to 1.4), and the percentage of patients who were smokers (difference +3.0; CI -4.0 to 10.0). It had a small negative impact on HbA1c (-0.1%; CI -0.4 to 0.1%) and on systolic (-1.2 mm Hg; CI -4.4 to 2.0 mm Hg) and diastolic blood pressure (-2.3 mm Hg; CI -3.8 to -0.8 mm Hg) (Table 16a; Appendix G, Evidence Table 11).

A study by Piette $(2000)^{201}$ examined how a biweekly automated telephone disease management system with phone followup might impact depression, anxiety, and a number of health-related QOL parameters. The intervention had a positive effect on depression scores (13.7 vs. 17.6, p=0.023), self-efficacy (4.5 vs. 4.2, p=0.006), and days in bed because of illness (0.5 vs. 1.0, p=0.026) when compared to standard care (Table 16a; Appendix G, Evidence Table 11).

Quinn $(2008)^{26}$ showed that a cell phone-based software application had a favorable impact on HbA1c when compared with standard care. The mean absolute decrease in HbA1c for intervention patients was 2.03 percent, as compared to 0.68 percent for the control group (p<0.02) (Table 16a; Appendix G, Evidence Table 11).

Cadario (2007)²⁰⁶ found that Glucobeeb, a Web-based tool, had a favorable impact on HbA1c when compared with usual protocols in diabetes care (-0.7% at 3 months and -0.7% at 6 months, p=0.03) (Table 16a; Appendix G, Evidence Table 11).

Farmer in 2005²⁰⁷ examined how special diabetes nurses, providing clinical advice in response to real-time glucose readings, might affect three clinical outcomes—mean HbA1c, a patient achieving a specific HbA1c level, and the proportion of transmitted glucose tests in the hypoglycemia range. Farmer found a significant difference in the proportion of transmitted blood glucose tests in the hypoglycemic range between the intervention group and the control group that received usual care (5.3% vs. 3.5%, p<0.0001) (Table 16a; Appendix G, Evidence Table 11).

The Glasgow (2006)²⁰² study compared tailored self-management with computer-aided enhanced usual care, assessing HbA1c, lipids, Patient Health Questionnaire-9, diabetes distress scale, and weight. Tailored self-management had a positive impact on weight when compared with the other group (-0.68 kg, p=0.0007) (Table 16a; Appendix G, Evidence Table 11).

Harno (2006)¹⁹⁸ reported favorable results when studying an e-health application with a diabetes management system and a home care link. When compared with standard care, the

intervention had a positive impact on post-intervention diastolic blood pressure (79 vs. 82 mm Hg, p<0.05), HbA1c (7.32 vs. 7.83%, p<0.05), fasting glucose (8.88 vs. 1.87 mmol/l, p<0.001), total cholesterol (4.74 vs. 5.03 mmol/l, p<0.05), LDL (2.52 vs. 2.76 mmol/l, p<0.05), and triglycerides (1.44 vs. 1.67 mmol/l, p<0.05) (Table 16a; Appendix G, Evidence Table 11).

Homko (2007)²⁰³ used the Internet to send blood glucose and other health data directly to the health care providers of pregnant women and then send feedback to the women. The study assessed the percentage of patients requiring therapy (diet, glyburide, or insulin), fasting blood glucose, HbA1c at delivery, mean blood glucose, and pregnancy outcomes. Compared with usual care, the Internet intervention had a positive impact only on the percentage of patients receiving insulin (31% vs. 4%, p<0.05) (Table 16a; Appendix G, Evidence Table 11).

A study by Montori (2004)²⁰⁸ used telehealth to send glucometer readings. The intervention had a positive impact on mean HbA1c levels at 6 months when compared with usual care (8.2 vs. 7.8%, p=0.03) (Table 16a; Appendix G, Evidence Table 11).

Yoon (2008)²⁰⁰ compared using a Web site, to transmit glucose readings and provide feedback, with usual care. There was a significant change in HbA1c in the intervention group, with a mean absolute percentage change of -1.32 percent at 12 months versus 0.81 percent in the control group (p<0.05) (Table 16a; Appendix G, Evidence Table 11).

Shea (2007)²⁰⁹ showed that when compared with normal care, using a home telemedicine unit for the management of diabetes had a positive impact on mean HbA1c at one year (difference: 0.18%, p=0.006), systolic and diastolic blood pressures (difference: 3.4 mm Hg, p=0.001, and 1.9 mm Hg, p<0.001, respectively), and LDL cholesterol (difference: 9.5 mg/dL, p<0.001) (Table 16a; Appendix G, Evidence Table 11).

A study by Noel $(2004)^{43}$ assessed the impact of using telehealth services on HbA1c in patients with diabetes. At 6 months, subjects in the intervention group showed a decrease in HbA1c levels (mean = 7.30%, p<0.001), as compared with an increase in HbA1c levels in the control group (mean = 7.83percent, p=0.002) (Table 16a; Appendix G, Evidence Table 11).

Ralston (2009)¹⁶⁷ assessed the impact of a Web-based care management system on persons with diabetes mellitus versus usual care. The Web-based program included access to medical records and secure e-mail with the provider, feedback on blood glucose readings and education. The outcome measure of HbA1c declined by 0.7 percent (95% CI 0.2-1.3) in the intervention group.

Grant (2008)²¹⁰ assessed whether a ptient-held record where participants could update their medical status would impact the number of followup visits recorded and whether the personal healt record would increase the rate of medication changes. Followup visits increase significantly from 15 to 53% (p> 0.001) and a significant number of participants in the intervention arm had their treatment regimens adjusted (Table 16a; Appendix G, Evidence Table 11).

Benhamou (2007)²¹¹ examined patiens with poorly controlled HbA1c. The intervention involved participants receiving short message service messages advising them based on the previous submitted levels compared to usual care. There were no significant differences between the usual care group and the intervention groups in respect to reduction in HbA1c levels or glucose levels (Table 16a; Appendix G, Evidence Table 11).

Clinical Outcomes in Studies Addressing Heart Disease

Sixteen studies evaluated the impact of health IT on clinical outcomes related to heart disease (Table 17a; Appendix G, Evidence Tables 8–10 and 12). Specific conditions evaluated were heart failure, anticoagulation and thrombosis, and cardiovascular risk. Overall, the study quality

was high, but the scores were somewhat variable. The primary reason for lower-quality scores was loss to followup. The overall grade of the strength of evidence was moderate (Table 17b; Appendix G, Evidence Table 12). Below is a summary of studies that had statistically significant findings on direct clinical outcome measures.³⁵

A study by Feldman (2005)³² examined how a basic intervention involving recommendations sent by email to nurses caring for the patients, and an augmented intervention involving recommendations and additional resources sent by email to nurses caring for the patients might compare to usual care in patients with heart failure. The study assessed the clinical outcomes physical limitation, symptom domains, QOL, social limitation, self-efficacy, and depression. Results show additional interventions had a positive impact when compared with usual care, specifically in the summary score for the Kansas City Cardiomyopathy Questionnaire (46.5 vs. 40.4, p=0.013 and 45.6 vs. 40.4, p=0.048; basic and augmented interventions, respectively) and the EuroQoL health-related QOL score (score: 48.9 vs. 39, p=0.003; basic intervention vs. usual care) (Table 17a; Appendix G, Evidence Table 12).

Noel (2004)⁴³ assessed the impact of using telehealth services on the cognitive status of patients with heart failure. Results for cognitive level showed a statistically significant difference in the intervention group when compared with a control group receiving usual home health care services (p<0.001) (Table 17a; Appendix G, Evidence Table 12).

Subramanian (2004)³⁶ compared an intervention in which physicians received care suggestions from an electronic medical record and symptom data from questionnaires with an intervention that provided symptom data from questionnaires alone. The study examined the impact on the physical and mental components of the Short-Form 36 Health Status Questionnaire. Patients in the control group had greater improvement in the physical component scale of the questionnaire at 12 months (1.3 vs. -0.6, p=0.03) (Appendix G, Evidence Tables 8, 9, and 12).

Ross (2004)⁴⁴ studied the effect of System Providing Access to Records Online and telemonitoring versus usual care on the self-efficacy domain of the Kansas City Cardiomyopathy Questionnaire in patients with heart failure. At 12 months, the symptom stability score for the intervention group was superior to that for the control group (63 vs. 46; difference: +17; CI 4 to 29, p<0.01) (Table 17a; Appendix G, Evidence Table 12).

Kucher (2005)³⁴ used a computer program linked to a patient database to alert physicians about patients at risk of deep vein thrombosis and suggest measures to prevent it. The comparison group received no alert. The clinical outcomes considered were death, hemorrhage, and the presence of mechanical or pharmacological prophylaxis for deep vein thrombosis. More patients in the intervention group received mechanical (10.0% vs. 1.5%, p<0.001) or pharmacologic prophylaxis (23.6% vs. 13.0%, p<0.001). The computer alert reduced the risk of deep vein thrombosis or pulmonary embolism at 90 days by 41 percent (heart rate, 0.59; 95% CI 0.43 to 0.81; p=0.001) (Table 17a; Appendix G, Evidence Table 12).

Poller (2008)¹¹⁹ used two different computer-assisted dosage programs to determine the correct anticoagulation dosage. The study evaluated the length of time during which the International Normalized Ratio was in the therapeutic range, and the incidence of clinical events, bleeds, thrombotic events, deaths, and total events. Computer assistance made a positive impact on time in the therapeutic range (time in targeted International Normalized Ratio range): 1.2%, 95% CI 0.7 to 1.8). In the patients with established deep vein thrombosis and/or pulmonary embolism, the incidence of clinical events was lower with computer-assisted dosage (incidence rate ratio=0.67; 95% CI 0.52 to 0.85; p=0.001) (Table 17a; Appendix G, Evidence Table 12).

A second study by the same authors²¹² compared the PARMA-5 computer-assisted dosage program with manual dosing. The study examined anticoagulation-related outcomes, including the incidence of clinical events, minor and major bleeds, thrombotic events, total events, and the proportion of time patients were maintained within the locally decided target anticoagulation range. This study found an overall non-significant reduction in total events, but in the subgroup of patients with deep vein thrombosis/pulmonary embolism, the intervention resulted in a reduction in number of total events (incidence rate ratio= 0.69; 95% CI 0.53 to 0.89, p=0.005) (Table 17a; Appendix G, Evidence Table 12).

A study by Lowensteyn (1998)³⁵ assessed how providing a coronary risk profile to the physician might impact lipids, blood pressure, BMI, smoking, coronary risk, and cardiovascular age. The study favored the intervention group over a comparison group that did not receive the risk profile, with differences at 3 months of followup in total cholesterol (difference: -0.238 mmol/l, p=0.05), LDL (difference: -0.226 mmol/l, p=0.05), total cholesterol/HDL ratio (difference: -0.287 mmol/l, p=0.005), 8-year coronary risk percentage (difference: -1.426, p<0.01) and cardiovascular age (difference: -0.571, p<0.01) (Table 17a; Appendix G, Evidence Table 12).

Scherr (2009)⁴⁵described the effects of a telemonitoring system on heart disease patients in a randomized sample of 120 patients. Fifty-four patients were randomized to the intervention. Clinical outcomes of interest included cardiovascular mortality. The intervention showed a 15 percent reduction in the risk of death (p=0.04) (Table 17a; Appendix G, Evidence Table 12).

Jerant (2001)⁷³ addressed molbility and health care utilization/readmission in a population receiving home telecare equipment. Health care readmission charges were lower in the intervention group atients receiving the intervention plus usual care were more likely to have a reduced cardiovascular risk than those receiving the intervention plus chart alone.

Montgomery (2000)¹⁴⁴ examined clinical decision support systems and their impact on mean 5-year CV risk. P

Five other studies showed that health IT that addressed PCC had either no significant impact or a negative impact on clinical outcomes. ^{37 42 52 213 214} (Appendix G, Evidence Tables 8, 9, and 12).

Clinical Outcomes in Studies Addressing Cancer

Four studies examined the effects of health IT that addressed PCC on clinical outcomes for patients with cancer (Table 18a; Appendix G, Evidence Tables 8–10 and 13). The study quality was high, but the quality scores were variable. The primary reasons for lower-quality scores were studies not being double-blinded or not describing loss to followup. The overall grade of the strength of evidence in these studies was low (Table 18b; Appendix G, Evidence Table 13). 48 46 47 215 216

McDonald (2005)⁴⁸ compared three groups: a control group that received usual care and two interventions groups, one that received a patient-specific, one-time email reminder with pain-specific recommendations (the basic intervention) and another that received an email reminder, provider prompts, patient education, and clinical nurse outreach. The study measured impact in terms of pain levels, QOL, insomnia, and constipation. The basic intervention had a positive impact on average pain level difference (pain interface scale: -1.5, p=0.03) and on the nursing assessment of bowel movements (-5.7, p=0.02) (Table 18a; Appendix G, Evidence Table 13).⁴⁸

Maslin (1998)²¹⁵ studied how the use of an interactive videodisk system might affect the mental health and anxiety of cancer patients. There was a fall in the anxiety score on the Hospital

Anxiety and Depression scale in both intervention and usual care groups at 9 months (p<0.001). The study did not report a difference in actual score between the intervention and usual care groups (Table 18a; Appendix G, Evidence Table 13).

A study of lung cancer patients by Taenzer in 2000²¹⁶ assessed physical, emotional, cognitive, role, social, and global functioning, as well as symptoms such as fatigue, nausea and vomiting, pain, dyspnea, sleep disturbance, appetite, constipation, diarrhea, financial difficulties and a number of scales showing compromised function. The groups included patients who completed a computerized version of the European Organization for Research and Treatment of Cancer QLQ-C30 instrument versus patients who completed a paper version of the same instrument. The patients in the intervention arm reported more QOL issues with regard to physical functioning (60.0 vs. 76.9, p<0.05) and role functioning (55.6 vs. 84.6, p<0.01) and more dyspnea (51.9 vs. 34.6, p<0.05) (Table 18a; Appendix G, Evidence Table 13).

Ruland (2003)⁴⁷ assessed the usefulness and feasibility of the computer application CHOICES (Creating better Health Outcomes by Improving Communication about Patients' Experiences) in evaluating symptoms in cancer patients. Patients using this application had significantly higher scores on symptom reporting than did the control group (group differences in congruence controlled for number of reported symptoms: 7.63 vs. 2.83, p<0.05 for total symptoms) (Table 18a; Appendix G, Evidence Table 13).

Clinical Outcomes in Studies Addressing Other Disease Categories

In addition to the main disease categories of diabetes, heart disease, and cancer, health IT applications have been used for a number of other diseases and conditions. Below we provide a brief description of the outcomes according to disease category. We provide additional details in the accompanying evidence tables (Appendix G, Evidence Tables 8–10).

Hypertension

Eight studies examined clinical outcomes associated with the use of health IT applications related to PCC for patients with hypertension (Table 19a; Appendix G, Evidence Tables 8–10 and 14). The study quality was high, and the quality scores were somewhat variable. The primary reasons for lower-quality scores were studies not being double-blinded or not describing loss to followup. The overall grade of the strength of evidence in studies of clinical outcomes addressing hypertension was high (Table 19b; Appendix G, Evidence Table 14). Below is a summary of those studies that were most significant.

Green (2008) ¹⁵⁹ assessed the impact on blood pressure of two interventions, a Web-based home monitoring system with Web training, and a Web-based home monitoring system with Web training and Web-based pharmacist care. Results showed that adding Web-based pharmacist care significantly increased the percentage of patients with controlled blood pressure (56%; 95% CI 49 to 62) when compared with usual care (p<0.01) or Web-based home monitoring system with Web training alone (p<0.01). Patients who had baseline systolic blood pressures of 160 mm Hg or higher and who received a Web-based home monitoring system, Web training and a Web-based pharmacist care had a greater net reduction in systolic (13.2 mm Hg; 95% CI -19.2 to -7.1, p<0.001) and diastolic blood pressure (-4.6mm Hg; 95% CI -8.0 to -1.2, p<0.01) and improved blood pressure control (relative risk [RR] 3.32; 95% CI 1.86 to 5.94, p<0.001) when compared with usual care (Table 19a; Appendix G, Evidence Table 14).

Hicks (2008)¹⁵³ assessed the impact of computerized decision support versus usual care on blood pressure control.⁵⁵ After 18 months of followup, there was a significant difference in mean

diastolic blood pressure between the intervention and control groups and no significant difference in systolic blood pressure (77 vs. 78 mm Hg, p>0.05; 137 vs. 138, p=0.67) (Table 19a; Appendix G, Evidence Table 14).

Montgomery (2000)¹⁴⁴ compared the effect on cardiovascular risk and blood pressure of two interventions, a risk chart alone and a risk chart plus a computer-based, clinical-decision, support system.⁵³ In the risk chart-alone group, patients had lower systolic blood pressure than did those in the usual care group at 12 months (difference: 4.6 mm Hg; 95% CI 0.8 to 8.4, p=0.02). Also, a greater proportion of patients in the computer-based, clinical decision support system group were at no higher risk than usual care or chart only groups of having a cardiovascular event at 12 (adjusted OR 2.3, 95% CI 1.1 to 4.8; p=0.02) (Table 19a; Appendix G, Evidence Table 14).

Parati (2009) ¹⁷³ assessed how telehealth delivery of home blood pressure affected QOL and the percentage of patients with daytime blood pressure normalization. The percentage of daytime blood pressure normalization was higher in the intervention group than in the control group (62 vs. 50%, p<0.05)⁵⁷ (Table 19a; Appendix G, Evidence Table 14).

Madsen (2006)²¹⁹ evaluated the impact of telemonitoring versus conventional monitoring on

Madsen (2006)²¹⁹ evaluated the impact of telemonitoring versus conventional monitoring on blood pressure, change in blood pressure, and achievement of blood pressure targets. Results showed telehealth made a positive impact on the percentage of patients achieving their blood pressure target (62% vs. 50%, p<0.05), and resulted in fewer treatment changes (9 vs. 14%, p<0.05)²¹⁷ (Table 19a; Appendix G, Evidence Table 14).

Mitchell (2004)¹⁶¹ evaluated the impact on blood pressure control of an audit versus an audit plus strategic practices. Results showed the audit plus strategic practices arm had a much higher proportion of patients with controlled blood pressure than did the usual care group (adjusted relative risk 1.72; 95% CI 1.06 to 2.79, p=0.028) (Table 19a; Appendix G, Evidence Table 14).

Pulmonary Disease

Nine studies examined the impact of health IT on clinical outcomes for asthma. ⁵⁹ 60 62 63 137 183 ²²⁰⁻²²²These studies assessed the daily dose of inhaled corticosteroids, ⁶³ symptom days and activity limitations, ⁶² QOL and health status, ²²⁰ asthma symptoms, ²²¹ peak flow measurements, ⁵⁹ oxygen saturation and nebulizer use, ⁵⁹ and nighttime and daytime symptoms (Appendix G, Evidence Tables 8–10). ⁶³ ²²²

Three studies examined the impact of health IT on clinical outcomes for chronic obstructive pulmonary disease. ⁸⁸ ⁸⁹ ²²⁰ These studies assessed mortality, ⁸⁸ QOL, ²²⁰ dyspnea with activities of daily living, ability to exercise, fatigue, and emotional and physical health (Appendix G, Evidence Tables 8–10). ⁸⁹

Two studies assessed the impact of health IT on clinical outcomes for acute respiratory distress syndrome, including the management of mechanical ventilation, barotrauma, morbidity, oxygen requirement, and survival (Appendix G, Evidence Table 10). 111 223

One study assessed the impact of health IT on clinical outcomes for chronic lung disease, focusing on QOL and functional level (Appendix G, Evidence Tables 8–10). 43

One study assessed the use of health IT on clinical outcomes related to PCC for sleep apnea, including the use of continuous positive airway pressure and functional status (Appendix G, Evidence Tables 8-10). ¹¹⁷

Mental Health

Six studies examined the impact of health IT on clinical outcomes for mental health. 224-229
Two studies evaluated depression using a screening survey instrument. 224 225 One study screened

for anxiety.²²⁵ One study assessed subjective QOL in schizophrenia and psychotic disorders.²²⁹ One study assessed discomfort and work/social adjustment in obsessive-compulsive disorder.²²⁸ One study assessed various quality of life parameters and unmet needs (Appendix G, Evidence Tables 8–10).²²⁷

Obesity

Seven studies examined the impact of health IT on clinical outcomes for obesity. ²³⁰⁻²³⁶ All seven studies assessed weight loss using a combination of weight, BMI, waist circumference, or body fat percentage. Two studies assessed physical activity. ^{233 236} Three studies assessed dietary intake (Appendix G, Evidence Tables 8–10). ²³³⁻²³⁵

Chronic Conditions/Health Problems

Four studies ⁹⁶ ²³⁷⁻²³⁹ examined the impact of health IT on chronic health problems or chronic pain. For example, one study assessed the impact of having a chronic health condition on blood pressure. ²³⁷ A second study assessed symptoms of dyspnea, health distress, self-reported global health, and also whether patients exercised and practiced stress management. ⁹⁶ A third study focused on back pain and assessed pain and life control, ability to decrease pain, and associated mental health parameters (Appendix G, Evidence Tables 8–10). ²³⁸

Spinal Cord Injuries

Two studies examined the impact of health IT on outcomes for neurologic conditions, specifically spinal cord injuries, assessing function and QOL interventions¹¹⁸ as well as depression and well-being (Appendix G, Evidence Tables 8–10).²⁴⁰

Medication Safety and Adverse Events

Five studies evaluated the use of health IT applications for improving PCC in the areas of patient safety, medication safety and reconciliation, or potential adverse drug events. Three were considered significant. One of these focused on medication safety for pregnant women and another on potentially inappropriate prescriptions and therapeutic duplication by the physician and iatrogenic drug interactions. One study assessed polypharmacy and falls in a rural elderly population (Appendix G, Evidence Tables 8–10).

Infectious Diseases

One study assessed the use of health IT to improve PCC involving antibiotic management and prophylaxis, with a focus on in-hospital mortality (Appendix G, Evidence Tables 8–10). ¹⁰⁵

Endocrinology/Bone Metabolism

One study evaluated the use of health IT to improve PCC for osteoporosis, focusing on bone mineral density evaluation, osteoporosis medication, and total calcium intake (Appendix G, Evidence Tables 8–10). ¹⁰⁸

Dental Disease

One study evaluated the use of health IT to improve PCC for periodontal disease management, focusing on gingival inflammation, plaque accumulation, and oral hygiene (Appendix G, Evidence Tables 8–10). ²⁴⁵

Obstetrics and Gynecology

One study evaluated the use of health IT to improve patient-centered decisionmaking regarding the mode of delivery in pregnant women with a previous Caesarian section (Appendix G, Evidence Tables 8–10).²⁴⁶

How Does the Impact on Clinical Outcomes Vary by Type of Health IT Application?

Table 20 summarizes how clinical outcomes varied according to the type of health IT application (Chapter 2). Our analysis showed that among the studies we included in our review, the types of health IT applicationsmost frequently cited as having a positive impact on at least one clinical outcome were telehealth applications and care management tools. Personal health records and patient portals, and secure electronic messaging were studied less frequently, but they also had a statistically significant improvement in at least one clinical outcome in the majority of studies. None of the studies reporting on clinical outcomes involved the remaining type of health IT, shared decisionmaking.

Table 13. Studies addressing the effect of health IT applications on clinical outcomes in specific

target conditions, target populations, and care focus areas

Target Care Focus Area	N (Specific Reference)
Diabetes mellitus	21 ²¹ 23 26-30 43 198-209 247
Heart disease	16 ³⁴⁻³⁷ 40 42-45 52 53 76 119 212 213 248
Cancer	4 47 48 215 216
Hypertension	8 ^{50 54-57 144 217 218}
Asthma	9 ⁶⁰ 62 63 220 221 59 137 183 222
Obesity	7 ²³⁰⁻²³⁶
Mental health	6 ²²⁴⁻²²⁷ 228 229
Medications and adverse drug events	5 ¹⁰⁰ 241-244
COPD and chronic lung disease	488 89 180 249
Acute respiratory distress syndrome	149 250
Spinal cord injury	2 ^{118 240}
Chronic conditions/health problems	496 237 239 251
Hyperlipidemia	1 ¹⁰⁴
Infectious disease	1 ¹⁰⁵
Endocrinology/Bone metabolism	1 ¹⁰⁸
Dental disease	1 ²⁴⁵
Obstetrics and gynecology	1 ²⁴⁶
Physical therapy	1 ²⁵²
Polypharmacy	1 ¹⁵⁰

COPD: Chronic Obstructive Pulmonary Disease, IT: Information Technology

Table 14. Studies addressing the effect of health IT applications on clinical outcomes

Type of Health IT Application	N (Specific References)
Care Management To	ols
Clinical decision aids	23 ²¹ 23 27 29 34 36 50 55 58-60 100 104 105 111 112 119 218 220 221 223 226 244
IT-guided disease management	19 ²⁶ 50 56 119 247 29 37 54 58 59 89 108 202 203 227 228 96 225 231
IT-guided self-management	14 ¹⁹⁸ 199 204 253 63 202 222 225 228 232 233 235 238 254 229
Computer-assisted self-care	11 ^{23 57 207 228 89 213 225 230} 231 234 245
Electronic medical records	10 ³⁰ 60 112 247 255 43 54 104 108 220
Computerized provider order entry	3 ²⁴¹⁻²⁴³
Disease registry	1 ²³
Electronic prescribing	1 ²⁴³
Telehealth	
Telemonitoring systems	18 ^{30 40 43 45 56 57 61 204-206} 208 212 217 222 228 240 241 256
Personal Health Record and Patient Port	al Related Applications
Education via information technology	6 ^{30 34 56 235 245 46 63}
mHealth	7 ²⁶ 206 244 256 59 61 47
Interactive lifestyle counseling	6 ^{199 224 234 235 230 232}
Personal health records	4 206 237 247 256
Secure Electronic Mess	aging
Social networking/peer-to-peer sites	15 ^{28 57 62 88 117 118 201 207 208} 248 257 200 203 225 240 .
Communication via e-mail	10 ^{27 30 32 56 247 48 104 217 235} 236
Information exchange	5 ¹⁵⁹ 166 210 83 219

E-mail: Electronic Mail, IT: Information Technology, mHealth: Mobile Health
* Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 15. Studies addressing the effect of health IT applications on clinical outcomes, broken down by specific components of PCC

Component of PCC	N (Specific References)				
Coordination and Integration of Care					
Quality improvement	39 ^{21 57 59 62 63 70 72 74 77 80 89} 108 112 117 141 161 183 199-201 205 208 212 222 223 227 230 234-236 239 240 242 243 248 249 253 258-260				
Quality and safety	22 ²⁷ 45 46 88 89 96 201-203 217 224 229 230 232 233 240 244-247 254 257 258				
Integrated care	17 ³⁰ 48 55 59 100 108 202 203 207 208 212 217 223 224 231 234 244 253 261				
Prevention and health promotion	9 ⁵⁶ 105 117 199 206 207 236 255 262 231				
Routine patient feedback to the practice	6 ⁴⁰ ⁴⁶ ⁴⁷ ⁶³ ¹¹¹ ²²¹ ²²⁷				
Transition and continuity of care	5 ¹¹⁹ 235 236 240 253				
Whole-Person Orientation	·				
Alleviation of fear and anxiety	8 ^{26 30 50 55 57 58 225 228}				
Respecting patients values, preferences and needs	5 ²³ 243 247 47 225				
Emotional component	3 ^{47 228 237}				
Exploring the disease and illness condition	2 ^{111 228}				
Physical comfort	1117				
Enhanced Clinician-Patient Relationship					
Patient engagement in their care	37/6 83 84 86 130 135 140 146 150 153-155 159 167 173 180 189 191 210 211 214 219 251 252 263-276				
Patient empowerment	14 ²³ 29 40 50 55 56 58-60 112 204 225 229 255				
Finding common ground	1 ²³				
Clinical Information System	s				
Publicly available information on practices	1 ²⁶				
Practice-based learning 1 242					
Socio-Cultural Competence					
Community outreach	3 28 212 245				
Family and friend involvement in care	2 ^{59 119}				

IT: Information Technology, PCC: Patient-Centered Care
*Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 16a. Summary of the impact of health IT applications on clinical outcomes for patients with diabetes mellitus

Study, Year	Health IT Application	Intervention Compared	Outcome Measures	Positive Impact*
Benhamou, 2007 ²⁰⁵	Telemonitoring systems	Weekly medical support	Glycemia (mg/dL)	0
		through SMS based upon weekly review of glucose values vs. patients downloading SMBG values on a weekly basis without receiving SMS	HbA1c	0
		Glucobeeb, a Web-based	Median HbA1c percentage	+
Cadario, 2007 ²⁰⁶	mHealth, PHR, telemonitoring systems	tool to support the diabetes care vs. patients who did not use Glucobeeb	Median HbA1c percentage	+
	Computer-assisted self-	f- Clinical advice from a diabetes specialty nurses in response to real-time blood glucose readings vs. patients who received minimal feedback from nurses	Mean HbA1c level	+
			Proportion of transmitted blood glucose tests in the hypoglycemic range	+
	care, telemedicine		Proportion of participants achieving an HbA1c reduction of >=0.7 % and an HbA1c ≤ 8.0 % at 9 months	+
		Telephone followup vs. the basic intervention condition received by all participants involving a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch screen computer	HbA1c	-
			Total cholesterol	+
			Weight	0
			Lipid ratio: total/HDL	+
			Diabetes intrusiveness	-
		Community resources vs.	HbA1c	0
		the basic intervention	Total cholesterol	+
		condition received by all	Weight	-
	IT-guided self-	participants involving a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch screen computer	Lipid ratio: total/HDL	+
Glasgow, intera	management, interactive lifestyle counseling		Diabetes intrusiveness	-
		Telephone followup support	HbA1c	-
		and community resources vs. the basic intervention condition receiving by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch screen computer	Total cholesterol	+
			Weight	-
			Lipid ratio: total/HDL	+
			Diabetes intrusiveness	-

Table 16a. Summary of the impact of health IT applications on clinical outcomes for patients with diabetes mellitus (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Touch screen treatment	HbA1c	-
Glasgow, 2005 ²⁹	Clinical decision aids, IT-guided disease management	components, physician goal setting. care manager meetings and followup phone calls vs. a touch screen computer assessment that focused on general health risks but did not address the Provider Recognition Program measures	Ratio of total cholesterol to HDL cholesterol	-
		Tailored self-management vs. computer-aided enhanced usual care	Hba1c (%)	+
			Total cholesterol/HDL cholesterol	0
	IT-guided disease		Total cholesterol	+
Glasgow,	management, IT- guided self- management		HDL cholesterol	+
2006 ²⁰²			Weight	+
			Patient Health Questionaire-9	0
			total score	
			Diabetes Distress Scale	+
Gomez, 2002 ²⁸	Telemedicine	Usual care vs. a telemonitoring system designed to make the patients' self-monitring data available to caregivers	Median HbA1c Level	+
Grant, 2008 ²⁴⁷	Communication via email, IT-guided disease management, electronic medical records, information exchange, PHR	Web-based PHR that imported clinical and medications data, provided patient- tailored decision support, and enabled the patient to author a "Diabetes Care Plan" for electronic submission to their physician prior to upcoming appointments vs. PHR that updated and submitted family history and health maintenance information	Diabetes treatement regimine adjustments	+
			Followup visits	+
			HbA1c levels	0

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Body mass index	-
			Systolic blood pressure	+
		E-health application with a	Diastolic blood pressure	+
			HbA1c	+
0000198	IT-guided self-	diabetes management	Fasting glucose	+
Harno, 2006 ¹⁹⁸	management	system and a home care	Cholesterol	+
		link vs. usual care that did not involve e-health	HDL	+
		not involve e-nealth	LDL	+
			Triglyceride	+
			Creatinine	-
			Average HbA1c in registered patients	+
			Systolic blood pressure in	
			registered patients	+
			Diastolic blood pressure in	
			registered patients	+
			Serum cholesterol in registered	
		routines for treatment for	patients	+
Hetlevik,	Clinical decision aids		BMI in registered patients	-
2000 ²¹		physicians of diabetes	Coronary heart disease risk	
		mellitus patients	score (female)	-
			Coronary heart disease risk	
			score (male)	-
			Percentage of registered patients	NID
			who are smokers	NR
			Percentage of registered patients	NR
			with CV inheritance	INK
			Percent of patients requiring	
			diabetes therapy (Diet)	+
			Percent of patients requiring	
		Internet exchange of blood	diabetes therapy (Glyburide)	+
		glucose and other health	Percent of patients requiring	
		data to care providers and	diabetes therapy (Insulin)	-
Homko	IT-guided disease	advice to patients vs. blood	Fasting blood sugar	-
Homko, 2007 ²⁰³	management,	glucose and other health	Hba1c at delivery	+
2007	telemedicine	data recorded in a	Maternal mean blood glucose	-
		logbook, which was	Cesarean delivery	0
		reviewed by the medical	Premature rupture of	+
		team at prenatal visit	membranes	
			Placental abruption	-
			Pre-eclampsia/ gestational hypertension	-
Laffel, 2007 ²⁰⁴	IT-guided self- management, telemonitoring systems	Integrated glucose meters and electronic logbooks (electronic group) vs. paper log books (control group)	Mean decrease in HbA1c	+

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
Montori, 2004 ²⁰⁸	Telemedicine, telemonitoring systems	Telehealth (glucometer transmission with feedback) vs. glucometer transmission without feedback	Mean HbA1c Level Proportion of patients with HbA1c with HbA1c ≤0.7% after 6 months	+
		Home telehealth that used	Bed-days-of-care	+
		standard phone lines to communicate with the	Urgent clinic/emergency room visits	+
40		hospital and integrate with	HbA1c	+
Noel, 2004 ⁴³	Telemedicine	hospital electronic health record system vs. usual home health care services and nurse case management	Cognitive status	+
			Depression Score	+
			Anxiety Score	-
			Self-efficacy Score	+
			Days in bed because of illness	+
			Days cut down on activities	+
			because of illness	+
			Diabetes-specific HRQL-	0
			summary scale	0
Piette,	Telemedicine	Biweekly ATDM calls with	General HRQL- physical	+
2000 ²⁰¹	T GIGINIOGIGINO	telephone followup vs.	functioning	•
		usual care	General HRQL- role limitations	+
			(physical)	-
			General HRQL- social	+
			functioning	
			General HRQL- bodily pain General HRQL- role limitations	-
				-
			(mental) General HRQL- general health	
			perceptions	+
		Well-Doc, a cell phone-	HbA1c level	+
Quinn, 2008 ²⁶	IT-guided disease management, information exchange, mHealth	based software designed by endocrinologists and clinical diabetes educators vs. glucometers, testing strips and lancets	New diagnosis depression	+
	Communication via		Mean HbA1c	+
Ralston, 2009 ³⁰	email, education via IT, electronic medical records, telemonitoring systems	Web-based care management vs. usual care	Glycohemoglobin <7 %	+

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Home telemedicine unit vs.	Mean HbA1c Level	+
Shea, 2007 ²⁰⁹	Telemedicine	no home telemedicine unit	HbA1c in subgroup with HbA1c >7 % at baseline	+
			HbA1c (%), median	0
			Systolic blood pressure	-
	Clinical decision aids,	Virtual consultation vs. no	Diastolic blood pressure	0
Smith, 2008 ²⁷	communication via	virtual consultation	LDL	+
Omiti, 2000	email	Virtual consultation	UKPDS 10-y risk	+
	Citiali		Minnesota community	
			aggregate optimal diabetes	+
			score	
			Mean HbA1c	+
		, I	Mean LDL cholesterol	-
Thomas,	Clinical decision aids,		Mean systolic blood pressure	-
2007 ²³	computer-assisted self-		Mean diastolic blood pressure	+
2001	care, disease registry		HbA1c <7.0 %	+
			Mean LDL <100 mg/dL	+
			Blood pressure <130/85 mmHg	0
Yoon, 2008 ²⁰⁰	Telemedicine	Access to a Web site through cellular phones or wired connections transmitting blood glucose levels weekly through telecare and receiving feedback and suggestions from providers vs. Usual care that did not use cellular phones for treatment	Mean HbA1c level	+

ATDM: Automated Telephone Disease Management, BMI: Body Mass Index, CDSS: Clinical Decision Support System, CV: Cardiovascular, E-mail: Electronic Mail, HbA1c: Glycated Hemoglobin, HDL: High-Density Lipoprotein, IT: Information Technology, LDL: Low-Density Lipoprotein, mHealth: Mobile Health, PHR: Personal Health Record, QOL: Quality of Life, SMBG: Self-Monitoring of Blood Glucose, SMS: Short Message Service, UKPDS: United Kingdom Prospective Diabetes Study * "+" indicates that the intervention had a positive effect on the outcome in comparison with the control

Table 16b. Overall grade of the quality of evidence in diabetes mellitus studies addressing clinical outcomes

	•	
1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.82
2	Number of studies	22
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 17a. Summary of the impact of health IT applications on clinical outcomes for patients with heart disease

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			KCCQ summary score adjusted [†] (higher score = better outcome)	+
			KCCQ physical limitation domain score adjusted (higher score = better outcome)	+
			KCCQ symptom domain score (higher score = better outcome)	+
		Heart failure patients whose nurses received email recommendations (basic interpretary) very beart failure.	Depression adjusted score (higher score = presence of depression)	+
		intervention) vs. heart failure patients receiving usual care	EuroQoL health-related QOL adjusted score (higher score = better outcome)	+
			Percent with KCCQ QOL domain score >=50	+
			Percent with KCCQ social limitation domain score >= 50	+
Feldman,	Communication		KCCQ percent w/ self efficacy domain score >=50	+
2005 ³²	via email	Heart failure patients whose nurses received email recommendations and additional resources	KCCQ summary score Adjusted score (higher score = better outcome)	+
			KCCQ physical limitation domain score Adjusted score (higher score = better outcome)	+
			KCCQ symptom domain score (higher score = better outcome)	+
			Depression Adjusted score (higher score = presence of depression)	+
	(augmented intervention) vs. heart failure patients receiving usual care	EuroQoL health-related QOL Adjusted score (higher score = better outcome)	-	
			KCCQ percent w/QOL domain score >=50	+
			KCCQ percent w/social limitation domain score >= 50	+
			KCCQ percent w/ self efficacy domain score >=50	+

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Nurse phone calls with		-
40	Telemonitoring	nurse vs. usual care		
Jerant, 2001 ⁴⁰	systems	Home telemonitoring	Median health care utilization	+
		videoconferencing vs. usual		
		care		
			Emotional subscale on	
			Minnesota Living With Heart	-
			Failure Questionnaire: mean	
			Physical subscale on Minnesota	
			Living With Heart Failure	-
			Questionnaire: mean	
		Telemedicine vs. usual care	Total score on Minnesota Living	
			With Heart Failure	-
			Questionnaire: mean	
			Short Form-36 mental	_
			component score	-
			Short Form-36 physical	
Jerant, 2003 ²⁴⁸	Telemedicine		component score	+
Jerani, 2003	relemedicine		Emotional subscale on	
			Minnesota Living With Heart	0
			Failure Questionnaire: mean	
			Physical subscale on Minnesota	
			Living With Heart Failure	-
		Tolonhono vo usual coro	Questionnaire: mean	
		Telephone vs. usual care	Total score on Minnesota Living	
			With Heart Failure	-
			Questionnaire: mean	
			Short Form-36 mental	
			component score	+
			Short Form-36 physical	
			component score	+
			Death at 30 days	-
			Death at 90 days	-
		Computerized alert to	Major hemorrhage at 30 days	0
(b.== 000F ³⁴	Clinical decision	physician about patient's risk	Minor hemorrhage at 30 days	+
Kucher, 2005 ³⁴	aids	of deep vein thrombosis vs.	Mechanical prophylaxis	+
5		no computerized alert	Pharmacologic prophylaxis	+
		-	Deep vein thrombosis of the	
			arms at 90 days	+

heart disease			1	
Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Total-C	-
			HDL	-
			LDL	-
	1	Coronary risk profile to	Total-C/HDL ratio	-
Lowensteyn, 1998 ³⁵	Information	physician vs. no profile risk to physician	Systolic blood pressure	-
1998	exchange		Diastolic blood pressure	-
			Body mass index	-
			8-year coronary risk	_
			CV age	_
		CDSS and risk chart vs.		
Montgomery,	Clinical decision	usual care	Mean 5-year CV risk	+
2000 ⁵³	aids	CV risk chart vs. usual care (chart only)	Mean 5-year CV risk	0
		Home telemonitoring that	Bed-days-of-care	+
	Electronic	used standard phone lines to communicate with the	Urgent clinic/emergency room visits	+
N 1 000 443	medical records,	hospital and integrate into	Hba1c	+
Noel, 2004 ⁴³	telemonitoring systems telemonitoring systems telemonitoring systems hospital and integrate into hospital electronic health records vs. usual home health care services and nurse case management.		Cognitive status	+
		Bed-days-of-care	+	
			HbA1c	+
			Cognitive status	+
	Telemonitoring	PARMA-5 computer- assisted dosage program vs. manual dosage	Incidence of clinical events	+
			Minor bleeds	+
- 212			Major bleeds	+
Poller, 2008 ²¹²	systems		Thrombotic events	+
			Deaths	+
			Total Events in DVT/PE group	-
			Time for which International	
			Normalized Ratio was in range	+
			Incidence of clinical events	_
			adjudicated	+
			Minor bleeds	+
			Major bleeds	+
			Thrombotic events	+
	Oliminal		Deaths	+
	Clinical decision	Computer-assisted oral	Total events in DVT/PE group	-
Poller, 2008 ¹¹⁹	aids, IT-guided	anticoagulant dosage vs.	Time for which International	
•	disease	medical staff dosage	Normalized Ratio (INR) was in	+
	management		range	
			Incidence of clinical events	
			adjudicated	+
			Minor bleeds	+
			Major bleeds	+
			Thrombotic events	+
			Deaths	+
			Total events in DVT/PE group	-

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			KCCQ self-efficacy score	-
		SPPARO to access	Symptom stability	+
Ross, 2004 ⁴⁴	Electronic		QOL	+
ROSS, 2004	medical record	electronic hospital records vs. standard care	Functional status	+
		vs. standard care	Clinical summary	+
			Physical limitations	-
			Systolic blood pressure	+
		Provider who received email	Systolic blood pressure ≤140 mmHg	-
		message and alert vs. only	Dose increased	+
		email	Drug added	+
Roumie,	Communication via email, education via IT, information exchange		Both increased dose and drug added	+
2006 ⁵²			Systolic blood pressure	+
		Provider who received email message, alert and patient education vs. only email	Systolic blood pressure ≤140	+
			mm Hg	+
			Dose increased	-
			Drug added	+
			Both increased dose and drug added	+
		Physicians care suggestions generated with electronic	Short Form-36: Physical Component Scale	-
Subramanian, 2004 ³⁶	Clinical decision aids	medical record data and symptom data from patient questionnaires within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions were generated with EMR data alone (control group).	Short Form-36: Mental Component Scale	+
Scherr, 2009 ⁴⁵	Telemonitoring	Participants in the intervention group received pharmacological treatment with telemedical surveillance	Event free survival	+

Study, Year	e (continued) Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
	FF - 22.1	Evidence-based cardiac	Mental health Short-Form 36 subscale score	0
		care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists	Overall health status (Chronic heart disease questionnaire score)	0
			Dyspnea (Chronic heart disease questionnaire score)	+
		as they cared for enrolled patients vs. control group where suggestions were	Fatigue (Chronic heart disease questionnaire score)	0
		withheld	Emotion (Chronic heart disease questionnaire score)	-
			Mental health Short-Form 36 subscale score	+
		Printed note (rather than bottle labels) instructing the pharmacist to view the care	Overall health status (Chronic heart disease questionnaire score)	0
			Dyspnea (Chronic heart disease questionnaire score)	+
Tierney, 2003 ³⁷	IT-guided disease management		Fatigue (Chronic heart disease questionnaire score)	-
			Emotion (Chronic heart disease questionnaire score)	+
			Mental health Short-Form 36 subscale score	+
			Overall health status (Chronic heart disease questionnaire score)	_
		physicians and pharmacists as they cared for enrolled	Dyspnea (Chronic heart disease questionnaire score)	+
		patients and a printed a note (rather than bottle	Fatigue (Chronic heart disease questionnaire score)	0
	labels) instructing the pharmacist to view the care suggestions in an electronic database of those suggestion vs. control group where suggestions were withheld	Emotion (Chronic heart disease questionnaire score)	0	
			Mean perceived social support	0
Verheijden,	Computer-assisted	Web-based nutrition	Mean BMI	+
2004 ²¹³	self-care	counseling and social	Mean systolic blood pressure	-
		support vs. usual care	Mean diastolic blood pressure Mean total cholesterol	-

Table 17a. Summary of the impact of health IT applications on clinical outcomes for patients with heart disease (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Usual care subjects contacted their primary care nurse case manager by telephone if needed.	Minnesota Living with Heart Failure (higher score= worse QOL)	-
Wakefield, 2008 ⁴²	IT-guided disease management, interactive lifestyle counseling	Intervention subjects contacted their assigned study nurse via videophone if needed after discharge. Intervention nurses reinforced discharge plans, had full access to patient records and employed strategies to improve adherence with treatment plans.	Mortality	+

BMI: Body Mass Index, CDSS: Clinical Decision Support System, CV: Cardiovascular, DVT: deep vein thrombosis, E-mail: Electronic Mail, EMR: Electronic Medical Record, HbA1c: Glycated Hemoglobin, HDL: high-density lipoprotein, IT: Information Technology, KCCQ: Kansas City Cardiomyopathy Questionnaire, LDL: low-density lipoprotein, PE: Pulmonary Embolism, QOL: quality of life, SPPARO: System Providing Access to Records Online

Table 17b. Overall grade of the quality of evidence in heart disease studies addressing clinical outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.27
2	Number of studies	15
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]Adjusted for patient, nurse, and location characteristics.

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 18a. Summary of the impact of health IT applications on clinical outcomes for patients with cancer

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
	Interactive		Mental health score on Short-	0
Maslin, 1998 ²¹⁵	lifestyle	Interactive video disk system	Form 36 questionnaire	U
Iviasiiri, 1990	counseling	vs. usual care	Anxiety score on the Hospital	+
	counseling		Anxiety and Depression Scale	
			Pain at its worst (range: 0-10)	+
			Pain on average (range: 0-10)	+
		Patient-specific, one-time	Pain interference scale (range: 0-	+
		email reminder with pain-	10)	·
		specific recommendations	Best QOL	-
		vs. usual care	Severe pain	-
			Severe insomnia	+
McDonald,	Communication		Severe constipation	-
2005 ⁴⁸	via email	Patient-specific, one-time email reminder with pain-specific recommendations vs. email reminder, provider prompts, patient education and clinical nurse specialist outreach vs. usual care	Pain at its worst (range: 0-10)	+
			Pain on average (range: 0-10)	+
			Pain interference scale (range: 0-10)	+
			Best QOL	-
			Severe pain	-
			Severe insomnia	+
		outreach vs. asaar care	Severe constipation	-
		' I Compliferized system for I	Number of reported symptoms (0-10)	+
			Number of reported symptoms (0-15)	+
	mHealth,		Number of reported symptoms (0-20)	+
Ruland, 2003 ⁴⁷	shared decisionmaking	shared decisionmaking for care of cancer symptoms vs.	Number of reported symptoms (0-25)	+
	tools	usual care	Number of reported symptoms (0-30)	+
			Number of reported symptoms (0-40)	0
			Number of reported symptoms (0-50)	+

Table 18a. Summary of the impact of health IT applications on clinical outcomes for patients with

cancer (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Physical functioning	-
			Role functioning	-
			Emotional functioning	-
			Cognitive functioning	-
			Social functioning	-
			Global functioning	-
			Number of functional scales	-
		Lung cancer patients whose	indicating compromised function Fatigue	_
		physicians and nurses		+
		received quality of life		-
Taenzer,	IT-guided self-	training and patients	Nausea and vomiting Pain Dyspnea Sleep disturbance Appetite Constipation Diarrhea Financial difficulties	-
2000 ²¹⁶	management	completed the computerized		-
		EORTC QLQ-C30 vs. patients completed a paper-		+
		and pencil version of the		-
		EORTC QLQ-C30 only		+
				+
			Number of symptom scales	
			indicating compromised	-
			functioning	
			Number of functional and	
			symptom scales indicating	-
i			compromised function	
B 11 Bl	M 'I FORTO OLO		Total number of items endorsed	· +

E-mail: Electronic Mail, EORTC-QLQ: European Organization for Research and Treatment of Cancer QOL Questionnaire, IT: Information Technology, mHealth: Mobile Health, QOL: Quality of Life

EORTC-QLQ: European Organization for Research and Treatment of Cancer QOL Questionnaire

Table 18b. Overall grade of the quality of evidence in cancer studies addressing clinical outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.25
2	Number of studies	4
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	Yes
5	Overall grade of evidence	Low

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Patient behavioral intervention group vs.	Estimated mean systolic blood pressure	-
		control group (hypertension reminder) whose providers did not receive decision support	Estimated percent in blood pressure control	+
Bosworth, 2009 ²¹⁸	Clinical decision aids	Combined patient and provider intervention vs. control group (hypertension reminder) whose providers did not receive decision support	Estimated percent in blood pressure control	0
		Provider decision support system group vs. control	Estimated mean systolic blood pressure	+
		group (hypertension reminder)	Estimated percent in blood pressure control	-
			CV risk among patients started on treatment	+
	Clinical decision	Educational outreach visit with audit and feedback, and	1 feedback and Patients with CV risk above 20%	+
Fretheim, 2006 ⁵⁰	aids, IT-guided	computerized reminders linked to the medical record system vs. passive dissemination of guidelines	Treatment goal achieved among diabetes patients	-
2000	management		Treatment goal for hypertension achieved	+
		uissemmation of guidelines	Treatment goal for cholesterol achieved	-
V	Communication via email, IT-guided disease	Web-based blood pressure monitoring and Web training	Adjusted change in systolic blood pressure at 12 months	+
Green, 2008 ⁵⁶	management, education via IT,	vs. usual care	Percent with controlled blood pressure at 12 months	+
,	information exchange,			+
	telemonitoring systems	and Web-based pharmacist care vs. usual care	Percent with controlled blood pressure at 12 months	+
			Blood pressure control	+
Hicks, 2008 ⁵⁵	Clinical decision aids	Computerized support vs. usual care	Mean systolic blood pressure at outcome visit	-
			Mean diastolic blood pressure at outcome visit	+

Study, Year	(continued) Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Day time ambulatory blood pressure monitoring systolic blood pressure	+
			Day time ambulatory blood pressure monitoring diastolic blood pressure	+
			Night time ambulatory blood pressure monitoring systolic blood pressure	+
	Communication via email,		Pressure Night time ambulatory v monitoring diastolic blood pressure Day time ambulatory blood pressure monitoring systolic blood pressure (age >=60) Day time ambulatory blood pressure monitoring diastolic blood pressure (age >=60) Change in Day Time ambulatory blood pressure monitoring systolic blood pressure (age >=60) Change in Day time ambulatory blood pressure (age >=60) Change in Day time ambulatory blood pressure monitoring diastolic blood pressure (age >=60) Percent achieved Target blood pressure	+
Madsen, 2008 ²¹⁷	information exchange, telemonitoring	Telemonitoring of blood pressure vs. conventional monitoring of blood pressure	Day time ambulatory blood pressure monitoring systolic blood	+
	systems		Day time ambulatory blood pressure monitoring diastolic	+
			Change in Day Time ambulatory blood pressure monitoring systolic	+
			Change in Day time ambulatory blood pressure monitoring diastolic blood pressure (age	+
				+
Montgomery, 2000 ¹⁴⁴	IT-guided decision support	Chart alone vs patients who received decision support	At risk for cardiovascular event at 12 months.	0
			Final systolic blood pressure	-
			Final systolic blood pressure	+
		Audit only practices vs.	Final proportion with controlled blood pressure in hypertensive patients	-
		patients who received no feedback	All patients with blood pressure <160/90 mmHg	-
		reeuback	All patients with BP>=160/90 mmHg	+
Mitchell	IT-guided disease		All patients with no recorded blood pressure	-
Mitchell, 2004 ⁵⁴	management, electronic medical records		Final proportion with controlled blood pressure in hypertensive patients	-
		Audit and strategic practices	All patients with blood pressure <160/90	+
		vs. patients who received no feedback	All patients with blood pressure >=160/90	-
		- ISSUDION	All patients with no recorded blood pressure	+
			Blood pressure control (%)	-
			Blood pressure control (%)	-

Table 19a. Summary of the impact of health IT applications on clinical outcomes for patients with

hypertension (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
Parati, 2009 ⁵⁷	Computer-	Telemonitoring home blood pressure vs. usual care	QOL at end of study per QOL assessment in hypertension patients questionnaire	+
	assisted self- care,	pressure vs. usual care	Percent with daytime blood pressure normalization	+
	telemonitoring systems	Telemonitoring home blood pressure vs. patients that	QOL at end of study per QOL assessment in hypertension patients questionnaire	+
		received usual care	Percent with daytime blood pressure normalization	+

CV: Cardiovascular, E-mail: Electronic Mail, IT: Information Technology, QOL: quality of life

Table 19b. Overall grade of the quality of evidence in hypertension studies addressing clinical outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.71
2	Number of studies	7
3	Did the studies have important inconsistency?	No
4	Were the studies sparse?	No
5	Overall grade of evidence	High

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

Table 20. The impact on clinical outcomes by type of health IT application

Health IT Type	Number of Studies	Studies With at Least 1 Outcome Having a Positive Impact, n (%)	Studies With at Least 1 Outcome Having a Statistically Significant Positive Impact, n (%)
Care management tools	22	20 (91)	13 (59)
Telehealth	37	36 (97)	21 (57)
PHR/patient portals	14	14 (100)	9 (64)
Secure electronic messaging	10	9 (90)	6 (60)

IT: Information Technology, PHR: Personal Health Record

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†] as defined by SmartHeart (Phizer)

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Key Question 1c. Are health IT applications that address one or more components of PCC effective in improving intermediate outcomes for patients, and how do these improvements vary by type of health IT application?

General Study Characteristics

We identified 87 articles evaluating how health IT applications that address PCC affect intermediate outcomes (Appendix G, Evidence Tables 15–17). These articles predominantly targeted diabetes mellitus, heart disease, obesity, cancer, hypertension, and alcohol abuse (Table 21). They predominantly employed telemonitoring, clinical decision aids, and IT-guided self-management as the types of health IT applications (Table 22). The most frequently included components of PCC were related to coordination and integration of care, and enhanced clinician-patient relationship (Table 23). They most commonly addressed the intermediate outcomes of patient knowledge or behaviors and patient satisfaction (Tables 24–27). The study results suggested that intermediate outcomes generally improve with health IT interventions having one or more components of PCC.

Specific Findings

Intermediate Outcomes in Studies Addressing Diabetes Mellitus

Thirteen studies examined the impact of health IT applications addressing components of PCC on intermediate outcomes for patients with diabetes mellitus (Table 24a; Appendix G, Evidence Tables 15–18). The studies examined a wide variety of intermediate outcomes. The quality of these studies was high, but there was a great deal of variability in quality scores. A number of studies were randomized, double-blinded, and addressed loss to followup, but others did not address blinding and/or loss to followup. The overall grade of the strength of evidence in studies of intermediate outcomes addressing diabetes mellitus was high (Table 24b; Appendix G, Evidence Tables 15–18).

Grant (2008)²⁴⁷ randomized 11 primary care practices and 244 patients. Intervention practices had access to a diabetes-specific PHR that imported clinical and medications data, provided patient-tailored decision support, and enabled the patient to author a "Diabetes Care Plan" for electronic submission to his or her physician prior to upcoming appointments. Control practices received a PHR for patients to update and submit family history and health maintenance information. Half of the patients in the intervention arm (51%) who completed a Diabetes Care Plan indicated that they wished to improve their blood glucose control, 32 percent their blood pressure control, and 28 percent their control of LDL. Intervention patients who completed the Diabetes Care Plan (n=82) were more likely than the patients from the control group who submitted family history and health maintenance information (n=41) to have a medication initiation or dosage adjustment for hyperglycemia (29% vs. 15%; p=0.10), hypertension (13% vs. 0%; p=0.02), or hyperlipidemia (11% vs. 0%; p=0.03) during the subsequent episode of care (Table 24a; Appendix G, Evidence Table 18).

Smith (2008),²⁷ in a study of primary care physicians in Rochester, Minnesota, compared no intervention with a telemedicine intervention that delivered specialty advice and evidence-based messages regarding medication management for cardiovascular risk. After each encounter in the telemedicine intervention, endocrinologists reviewed an abstract from the medical record and

provided management recommendations and advice to the physician via email. Control physicians received email with periodic generic recommendations about cardiovascular risk reduction in diabetes. Outcome measures included diabetes care process outcomes, clinical outcomes, and the intermediate outcome of patient costs. As compared with the control, the intervention did not improve metabolic outcomes or reduce estimated coronary artery disease risk (adjusted mean difference, -1%, 95% CI -19 to 17). The mean total 1-year-cost savings was significantly greater for the intervention group (\$2,311, 95% CI \$266 to \$4,667) (Table 24a; Appendix G, Evidence Table 18).

Quinn (2008)²⁶ assessed the impact on HbA1c of a cellular phone-based diabetes-management-software system combined with Web-based data analytics and therapy optimization tools. Thirty patients with type 2 diabetes were recruited from three community practices for a 3-month study and randomized to the intervention, which consisted of cell phone-based software providing real-time feedback on patients' blood glucose levels and sending computer-generated logbooks with treatment suggestions to patients' health care providers. As compared with controls, the patients undergoing the intervention reported increased engagement in care and were more likely to control their diabetes based on knowledge of food choices (91% vs. 50%), confidence (100% vs. 75%), and the provider receiving regular blood sugars (100% vs. 36%) (Table 24a; Appendix G, Evidence Table 18).

Laffel (2007)²⁰⁴ examined glycemic control and persistence of glycemic improvements during long-term observational followup in two similar groups of adult and pediatric insulinusing patients (n=205) with HbA1c greater than or equal to 8.0 percent. The intervention group used integrated glucose meters and electronic logbooks and the control group used conventional meters and paper logbooks. Logbook data and HbA1c were monitored every 4 weeks for 16 weeks. The average daily documented self-monitored blood glucose frequency was significantly greater in the intervention group, with 48 percent of the electronic group versus 30 percent of the control group monitoring four or more times daily (p=0.03) (Table 24a; Appendix G, Evidence Table 18).

Harno (2006)¹⁹⁸ randomized 175 patients with type 1 and 2 diabetes in primary care practices and medical center outpatient departments into a study group (n=101) or usual care (n=74). The study group had access to a health IT intervention consisting of an e-health application with a diabetes management system and a home care link; the care team was able to send text messages to patients in the study group. Usual care did not involve e-health. The outcome (HbA1c) was significantly lower in the study group than in the control group, but there was no significant difference in behaviors measured in terms of contacts with physicians and nurses (Table 24a; Appendix G, Evidence Table 18).

Gomez (2002)²⁸ presented the results of a 6-month crossover pilot study of the use of a telemedicine system in 10 patients with type 1 diabetes. The system included a patient unit used by patients in their day-to-day activities and a medical workstation used by physicians and nurses at hospitals. This study represented a preliminary report; however, data were presented on patients' evaluation of the system's utility. Of the 60 patients, the following numbers of patients reported good utility (four or five on a five-point scale) in various domains: seven in glycemic control improvement, seven in help on diabetes education, eight in general use in diabetes care, and six in providing other advantages (not defined in article) over a traditional (face-to-face) system (Table 24a; Appendix G, Evidence Table 18).

Williams (2007),²⁷⁷ in a trial of 866 adult type 2 diabetes patients in heterogeneous primary care settings in Colorado, assessed whether a patient-centered, computer-assisted

diabetes care intervention would increase perceived support for autonomy and perceived competence. The computer-assisted intervention increased patients' perception of autonomy support relative to a control (p=0.05) (Appendix G, Evidence Table 18).

Benhamou (2007)²⁰⁵ enrolled 30 patients with poorly controlled diabetes (HbA1c: 7.5 to 10%) in a two-center, open-label, randomized 12-month two-period crossover study. Fifteen patients were randomly assigned to receive weekly medical support through short message service based upon weekly review of glucose values, while 15 patients continued to download self-monitored blood glucose values on a weekly basis without receiving short message service. After 6 months, patients crossed over to the alternate sequence for 6 additional months. Visits at the clinic were maintained every 3 months. The study measured the intermediate outcome adherence of patients in performing self-monitored blood glucose. The intervention had no effect on this outcome (Table 24a; Appendix G, Evidence Table 18).

Glasgow (2006)²⁰² compared a computer-aided self-management intervention with computer-aided enhanced usual care in 335 primary care patients with type 2 diabetes from fee-for-service and health maintenance organizations. In addition to computer-assisted self-management assessment and feedback, the intervention consisted of tailored goal-setting, barrier identification, and problem-solving, followed by health counselor interaction and telephone followup. The study measured changes in health knowledge and behavior. Although the authors observed a trend favoring the intervention, the effect was not statistically significant (Table 24a; Appendix G, Evidence Table 18).

Homko (2007)²⁰³ randomized women with gestational diabetes mellitus (n=57) either to an Internet group (n=32), which had access to a Web site established for documentation of glucose values and communication between the patient and the health care team (i.e., IT-guided self-management and disease management), or to a control group (n=25). The study measured the maternal feelings of diabetes self-efficacy at study entry and before delivery. Women in the Internet group demonstrated significantly more feelings of self-efficacy at the study's end: mean score on a five-point scale, 4.0 (0.5) in the control group versus 4.4 (0.5) in the Internet group (p=0.053) (Table 24a; Appendix G, Evidence Table 18).

Tjam (2006)²⁷⁸ randomized patients with type 2 diabetes in Ontario, Canada to an Internet disease management program (n=37) or to an in-person program using a Diabetes Management Center (n=20). The authors staggered enrollment at 3, 6, and 12 months. In addition to the clinical endpoints of HbA1c, HDL, LDL, and blood glucose levels, the study reported on patient satisfaction with care. The Internet group demonstrated improvement in patient satisfaction levels at 3 and 6 months, whereas the control group did not. In the Internet group, the mean difference in satisfaction at 3 months when compared to baseline was 0.383 (0.3) on a 4-point scale (p=0.0150); the mean difference in satisfaction at 6 months when compared to baseline was 0.58 (0.38), p=0.014 (Table 24a; Appendix G, Evidence Table 18).

Sequist (2005)²² showed that computer-aided disease management in the form of clinical reminders to physicians within their electronic medical record improved quality-of-care by increasing the completion of recommended actions for diabetes (Table 24a; Appendix G, Evidence Table 18).

Sevick (2008)²⁷⁹reported that PDA-based IT-guided self-management did not have a significant effect on patient engagement in care, when compared with usual care. We included this study in the evidence on Key Question 1c because the study seemed to be assessing patient engagement in care as a form of health behavior.

Intermediate Outcomes in Studies Addressing Heart Disease

Six studies examined the impact of health IT applications addressing components of PCC on intermediate outcomes for patients with heart disease (Table 25a; Appendix G, Evidence Tables 15-17 and 19). Improved patient satisfaction was the most common intermediate outcome in these studies. The quality of these studies was moderate—nearly all of the studies were lacking information on loss to followup and about half were not double-blinded. The overall grade of the strength of evidence in the studies of intermediate outcomes addressing heart disease was low (Table 25b, Appendix G, Evidence Tables 15–17 and 19).

In a study by Feldman (2005)³² nurses treated patients randomly assigned to usual care or one of two intervention groups. The basic intervention was an email to the nurse highlighting six heart failure-specific clinical recommendations that would aid in ongoing care and discharge planning, in addition to counseling the patient in self-care management techniques. The augmented intervention supplemented the initial nurse reminder with additional clinician and patient resources. Clinicians conducted patient interviews conducted 45 days after admission to measure self-management behaviors and heart failure-specific outcomes. The basic intervention yielded a higher QOL score than did usual care (p≤0.05). In addition, the interventions had a positive impact on medication knowledge, diet, and weight monitoring. The basic intervention was more cost-effective than the augmented intervention in improving clinical outcomes (Table 25a; Appendix G, Evidence Table 19).

Subramanian (2004)³⁶ studied primary care physicians at two Veterans Affairs Medical Centers who were treating heart failure patients. Intervention physicians were assigned to receive care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits. The control group received suggestions generated with electronic medical record data alone. The authors assessed physician adherence to heart failure guidelines, as well as patients' New York Heart Association class, QOL and satisfaction with care, at 6 and 12 months after enrollment. At 12 months, intervention patients were more satisfied with their physicians (p<0.02) and primary care visit (p<0.02) (Table 25a; Appendix G, Evidence Table 19).

Tierney (2003)³⁷ assessed the effects of computer-based cardiac-care suggestions on the care provided by primary care physicians and pharmacists. The care suggestions for chronic heart failure fell into five major categories according to the most recent clinical guidelines for cardiac care. One of the major categories included suggestions on improving intermediate outcomes in patients such as encouraging regular exercise, smoking cessation, and weight reduction. However, care suggestions generated by the electronic medical record system did not improve intermediate outcomes in heart failure and ischemic heart disease patients. Patient knowledge and attitudes toward guidelines after the intervention remained unchanged (Table 25a; Appendix G, Evidence Table 19).

Lowensteyn (1998)³⁵ determined the feasibility of using patient-specific, multifactorial computerized risk profiles as a clinical decision aid to support primary prevention of coronary heart disease. Study participants were 253 community physicians randomized into profile and control groups, and 958 of their patients. Profile group physicians received coronary risk profiles of their patients within 10 working days after the baseline patient assessment, so as to obtain early feedback. The control group received profiles only if the patient was clinically re-evaluated during a 3-month followup. The intermediate outcome specified was the ratio of high-risk to low-risk patients (as determined by a Framingham-based multivariate regression model of risk)

who returned for a followup visit. This ratio was significantly higher (p<0.05) in the profile group than in the control group (Table 25a; Appendix G, Evidence Table 19).

Jerant (2003)²⁴⁸ compared three post-hospitalization nursing-care models for the reduction of rehospitalizations for heart failure within 180 days of hospital discharge. Clinicians visited the subjects at baseline and at 60 days. The patients received one of three care modalities in the interim: video-based home telehealth, telephone calls, and usual care. The study randomized 37 eligible subjects—13 to the home telehealth group and 12 each to the telephone and usual care groups. Patient self-care adherence, adherence to medications, health status, and satisfaction did not differ among the three groups. However, the authors designed the study only to detect a difference between the groups in readmission charges (the primary outcome) and not for the intermediate outcomes (Table 25a; Appendix G, Evidence Table 19).

Dansky (2008)²⁸⁰ conducted a randomized field study of 284 patients with heart failure to determine the effects of telemonitoring (either one-way or two-way monitoring) on medication use and physical activity. With regard to intermediate outcomes, there was greater reduction in physical activity among patients using telemonitoring than among control patients (p<0.001) (Table 25a; Appendix G, Evidence Table 19).

Intermediate Outcomes in Studies Addressing Cancer

Six studies examined the impact of health IT applications addressing components of PCC applications on intermediate outcomes for patients with cancer (Table 26a; Appendix G, Evidence Tables 15–17 and 20). The studies examined a variety of intermediate outcomes. The quality of the studies was high, with little variation across studies. Quality scores were lowered mainly because the studies did not describe loss to followup. The overall grade of the strength of evidence in studies of intermediate outcomes addressing cancer was high (Table 26b; Appendix G, Evidence Tables 15–17 and 20).

Gaertner $(2004)^{256}$ conducted a randomized crossover trial in which 24 patients suffering from chronic cancer and noncancer pain completed the electronic and paper versions of a pain diary. After 4 weeks, patient satisfaction was higher for the electronic version. Fifteen users said that the electronic version better supported their health care, as compared to four users for the paper version (p=0.012). Twenty said that they would like to use the electronic version again, as compared with four for the paper version (p<0.001) (Table 26a; Appendix G, Evidence Table 20).

Taenzer $(2000)^{216}$ randomized 53 patients at a lung cancer outpatient clinic in Alberta, Canada to assess whether the use of a computerized version of a 30-item QOL questionnaire before a clinic appointment would improve patient care (compared to a paper version). In the intervention group, clinicians addressed more of the questionnaire's QOL issues during the clinic appointment than in the control group (6.4 +/- 4.1 items in the experimental group vs. 2.5 +/- 2.9 items in the control group, p<0.01). However, patients in both groups reported being equally satisfied with the treatment (Table 26a; Appendix G, Evidence Table 20).

Maslin (1998)²¹⁵ pilot-tested an interactive video disk system using a shared decisionmaking program for women with early breast cancer. The study's aim was to determine the acceptability of the system as a means of providing information about the risks and benefits of treatment choices. Ninety-two percent of patients using the video disk said they would recommend it, which we considered an indication of satisfaction with the intervention (Table 26a; Appendix G, Evidence Table 20).

Glazebrook (2006)²⁸¹ evaluated the impact of an interactive multimedia intervention on

patients' knowledge about melanoma and on their skin-protective behaviors. Doctors and nurses in five family practices prescribed the intervention to patients with high-risk skin characteristics. Two hundred fifty-nine patients received the intervention, and 330 patients were matched controls. At the 6-month followup, the intervention group had higher knowledge scores than the control group (3.71 vs. 3.03, $p \le 0.001$), reported more protective skin behaviors (5.36 vs. 5.06, p=0.007), and were more likely to report mole checking (OR 1.67, 95% CI 1.04 to 2.70, p=0.035) (Table 26a; Appendix G, Evidence Table 20).

Ruland (2003)⁴⁷ evaluated how a computerized system might better align a cancer patient's self-reported symptoms and preferences to those addressed in the clinician-patient consultation, and thus improve patient satisfaction. Cancer patients scheduled for an outpatient visit used a tablet computer to report their symptoms and preferences prior to their consultation. The study authors processed, printed, and provided the information to the patient and clinician in the intervention group (n=27), but not the control group (n=25). The intervention had no effect on the main intermediate outcome (patient satisfaction) (Table 26a; Appendix G, Evidence Table 20).

Frosch (2008)²⁸² evaluated the effects of patient decision support Web sites on decision quality for men considering prostate cancer screening. Six hundred eleven men older than 50 years were randomly assigned to one of four Internet interventions: a traditional didactic decision aid providing information about prostate-specific antigen screening options; a chronic disease trajectory model for prostate cancer, followed by a time-trade-off exercise; both the didactic decision aid and the chronic disease trajectory model; or links to credible public Web sites about prostate cancer (control group). The outcome measures were prostate-specific antigen test choice, prostate cancer treatment preferences, knowledge and concern about prostate cancer, and decisional conflict. Participants assigned to view public Web sites were less likely to review information (116 participants [76.8%] reviewed) than those assigned to intervention groups (399 [86.7%] reviewed; p=0.004). Greater reductions in prostate-specific antigen screening from pretest to post-test were observed among participants assigned to the traditional decision aid (-9.1%) or chronic disease trajectory model (-8.7%) than to the combination (-5.3%) or control (-3.3%) groups (p=0.047). Preferences for watchful waiting increased significantly in all four groups (baseline, 219 [35.8%]; followup, 303 [66.2%]; p=0.001). Knowledge scores were lowest for those assigned to public Web sites (mean [standard deviation] score, 7.49 [0.19] of questions correct) and highest for the traditional decision aid (8.65 [0.18] of questions correct; p=0.005). The authors concluded that public Web sites about prostate cancer provided less effective decision support than the specially designed Internet decision aids (Table 26a; Appendix G, Evidence Table 20).

Intermediate Outcomes in Studies Addressing Other Diseases and Conditions

Hypertension

Six studies examined the impact of health IT applications addressing components of PCC on intermediate outcomes for patients with hypertension (Table 27a; Appendix G, Evidence Tables 15–17 and 21). Overall, the quality of these studies was high, but there was variation across studies in quality, based on a lack of both blinding and a description of loss to followup. The overall grade of the strength of evidence in studies of intermediate outcomes addressing hypertension was high (Table 27b; Appendix G, Evidence Tables 15–17 and 21).

Bosworth (2009)²¹⁸ conducted a cluster-randomized trial with two-year followup among patients with hypertension enrolled from a Veterans Affairs Medical Center primary care clinic. Primary care providers in the intervention group (n=17) received computer-generated, guideline-concordant medical therapy reminders; control providers (n=15) received a reminder at each visit. Patients received usual care or a bimonthly tailored nurse-delivered behavioral telephone intervention to improve hypertension treatment (Table 21). The primary outcome was the proportion of patients who achieved a blood pressure less than 140/90 mm Hg (less than 130/85 for diabetic patients) over the 24-month intervention. There were no significant differences in the amount of change in blood pressure control in the three intervention groups as compared with the hypertension reminder control group. The only intermediate outcome considered in the study was provider interaction with the provider decision support intervention. For the visits in which this was displayed, providers interacted with the intervention 57 percent of the time (528 of 929 visits) (Table 27a; Appendix G, Evidence Table 21).

In Parati (2009),⁵⁷ 12 general practitioners screened 391 consecutive hypertensive patients; the study randomized 329 of these patients to either usual care based on office blood pressure (group A, n=113) or to integrated care on the basis of telemonitored home blood pressure (group B, n=216). The authors performed 24-hour ambulatory blood pressure monitoring at baseline and after 6 months; thereafter, they monitored treatment using either office or home blood pressure values. The intermediate endpoints were a need for treatment changes during followup and health care costs. There were less frequent treatment changes in group B than in group A (9 vs. 14%, p<0.05). Differences in the cost of patient management between the groups were not statistically significant (Table 27a; Appendix G, Evidence Table 21).

Green (2008)⁵⁶ randomized 778 participants with uncontrolled essential hypertension and Internet access to: usual care (control); home blood pressure monitoring and secure patient Web site training (intervention); or home blood pressure monitoring, secure patient Web site training, and pharmacist care management delivered through Web communication (augmented intervention). Intermediate outcomes included the mean number of antihypertensive medication classes filled. At baseline, patients took a mean of 1.6 antihypertensive medication classes. At 12 months, the mean (standard deviation) number of antihypertensive medication classes filled in the intervention group, 1.94 (0.91), was significantly higher than the 1.69 (0.91) in the control group (p<0.01). The augmented intervention group had an increase in the mean (standard deviation) number of antihypertensive medication classes to 2.16 (0.93), which was significantly greater than that for both the control group (p<0.001) and the intervention group. Physical activity, BMI, and satisfaction with the health plan did not differ among the three groups. Thus, the intervention improved participation in care, as represented by prescription filling, but it had no effect on any other intermediate outcomes (Table 27a; Appendix G, Evidence Table 21).

Roumie (2006)⁵² randomly assigned 182 providers caring for 1,341 hypertensive patients to one of three interventions: receiving a Web link to the Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (control); receiving the Web link and a computer alert notifying them of the patient's blood pressure (intervention); or receiving the Web link, a computer alert, and a letter educating the patient about ways to control his or her blood pressure (augmented intervention). Intermediate outcomes were closely related to the process measures reported in the section on Key Question 1a. The study did not show improvement in patient education in the third group as compared

with other groups. There were no differences in medication adherence score among the three study groups (Table 27a; Appendix G, Evidence Table 21).

Rinfret (2009)²⁵⁹ studied the impact of IT-guided self-management on adherence to medication use in 223 primary care patients. At the end of the study there was a trend toward improved drug adherence in the intervention subjects as measured using pharmacy data (Table 27a; Appendix G, Evidence Table 21).

Santamore (2008)⁸⁵ developed an Internet-based telemedicine system to improve control of hypertension and other modifiable risk factors. To minimize cost, the subjects used home monitors for blood pressure measurements and entered these values into the telemedicine system. The study randomized subjects (n=464) with 10 percent or greater 10-year risk of cardiovascular disease and with treatable risk factors into two groups, a control group and a telemedicine group. Each subject received a home sphygmomanometer with memory. The telemedicine group recorded and entered blood pressure at least weekly. During office visits, the blood pressure meters were downloaded, and recorded blood pressure was compared with blood pressure values transmitted via telemedicine. Results showed relatively little difference between telemedicine blood pressure values and meter recorded values downloaded during office visits (Table 27a; Appendix G, Evidence Table 21).

Obesity

Seven studies examined the impact of health IT applications addressing components of PCC on intermediate outcomes for patients with obesity. Of these studies, the most common intermediate outcome was patient engagement in care and QOL and safety. 268 274 283-287 Napolitano (2003) showed that communication via a Web site improved prevention and health-promotion activities, in this case, physical activity. Rothert (2006) showed that IT-guided self-management (using a specially designed Web site) was found to be easy to use and understood by patients who used it for weight management (Appendix G, Evidence Tables 15–17).

Asthma

Two studies examined the impact of health IT applications addressing components of PCC on intermediate outcomes for patients with asthma. Chan $(2003)^{61}$ found no influence of a clinical decision support on quality or patient engagement of care. Jan $(2007)^{222}$ showed that telemonitoring and IT-guided self-management improved the quality of asthma care (Appendix G, Evidence Tables 15–17).

How Does the Impact on Intermediate Outcomes Vary by Type Of Health IT Application?

Table 28 summarizes the impact of health IT applications addressing components of PCC on intermediate outcomes. We summarized the results in this table based on the five major health IT types described in Chapter 2. The analysis of the summary table demonstrated that, among all reviewed health IT applications, telehealth was most frequently cited as affecting intermediate outcomes. However, less than half of the telehealth applications had a statistically significant positive effect on at least one intermediate outcome. In contrast, for three of the health IT types that had fewer studies of intermediate outcomes (PHR/patient portals, secure electronic messaging, and shared decisionmaking tools), the majority of studies reported a statistically significant positive effect on at least one intermediate outcome. This observation makes it

difficult to formulate any strong conclusion about how the impact on intermediate outcomes varies by type of health IT application.

Table 21. Studies addressing the effect of health IT applications on intermediate outcomes in

specific target conditions, target populations, and care focus areas in studies*

Target care focus area	N (Specific Reference)
Diabetes	13 ²⁶⁻²⁸ 198 202-204 209 211 277 278 288 210 197
Heart disease	6 ^{32 35-37 248 289}
Cancer	6 ^{47 215 216 256 281 282}
Hypertension	6 ^{52 56 57 85 218 259}
Obesity	7 ²³¹⁻²³⁴ 236 254 290
Alcohol abuse	5 ^{87 237 248 291 292}
Asthma	2 ^{61 222}
Mental health	3 ^{66 226 229}
Smoking cessation	4 ^{157 293-295}
Menopause/hormone replacement therapy	4107 296-298
Pregnancy	290 246
Adolescent behavior	1 ²⁹⁹
Congestive heart failure	1300
Chronic back pain	1 ²³⁸
Chronic condition/health problem	196
Chronic pain	1301
Chronic obstructive pulmonary disease	189
Fertility (in vitro fertilization)	1302
Mechanical ventilation management in acute respiratory distress syndrome	1 ²²³
Osteoporosis	1108
Acute myocardial infarction	1303
Periodontal disease management	1 ²⁴⁵
Eating disorder	1304
Recurrent headache	1115
Safety knowledge	1305
Sickle cell anemia	1306
Substance abuse	1307
Wound care	2 ^{121 308}
Other or not specified	11 122 132 309-317

IT: Information Technology

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 22. Studies addressing the effect of health IT applications on intermediate outcomes*

Type of Health Information Technology Application	N (Specific Reference)			
Care Management Tools				
Clinical decision aids	16 ²⁷ 33 36 53 60 90 215 216 218 220 223 226 282 297-299 301 318- 320			
IT-guided self-management	16 ⁶³ 66 85 198 199 202 204 222 229 232 233 238 254 259 288 292 294 304 321			
IT-guided disease management	14 ²⁶ 37 56 89 96 108 202 203 216 231 278 288 301 303 322			
Computer-assisted self-care	12 ⁵⁷ 66 89 115 231 234 245 277 288 307 322-324			
Electronic medical records	4 ⁶⁰ 108 302 325 326			
Care coordination tools	1 327			
Telehealth				
Telemonitoring systems	18 ^{28 57 121 183 203 209 248 266} 270 289 306 323 328-335			
Personal Health Record and Patient Portal F	Related Applications			
Education via information technology	9 ⁵² 56 63 85 209 245 281 296 304 305 336			
Interactive lifestyle counseling	7 ¹⁹⁹ 232 234 290 293-295 307 337			
mHealth	6 ^{26 47 61 256 288 327}			
Patient portals	3 ^{85 209 318 325}			
PHR	3 237 256 302			
Secure Electronic Messaging				
Communication via e-mail	8 ^{27 32 52 56 85 236 323 325}			
Information exchange	6 ²⁶ 35 52 56 85 107			
Social networking/peer-to-peer sites	1 338			
Shared Decisionmaking	1			
Shared decisionmaking tools	6 ^{33 47 107 215 246 296 297 339}			

E-mail: Electronic Mail, IT: Information Technology, mHealth: Mobile Health, PHR: Personal Health Record

* Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 23. Studies addressing the effect of health IT applications on intermediate outcomes, broken down by specific components of PCC*

Component of PCC	N (Specific References)
Coordination and Integration of	f Care
•	25 ^{27 87 89 90 96 107 121 202 203}
Overlite and extens	215 232 233 245 246 254 281 282
Quality and safety	290 294 296 299 301 305 318 320
	322
	21 ^{57 61 63 89 108 199 216 220 222}
Quality improvement	234 236 248 278 282 291 297 301
,p	303 304 320 332 334 336 338
	20 ^{28 36 53 56 199 216 223 226 231}
Prevention and health promotion	236 277 280 292 295 297 302 319
Trovoltion and noditin promotion	325 326 335 336 338
	25 ^{27 87 89 90 96 107 121 202 203}
	215 232 233 245 246 254 281 282
Integrated care	290 294 296 299 301 305 318 320
	322
	21 ^{57 61 63 89 108 199 216 220 222}
Pauting nations foodback to practice	234 236 248 278 282 291 297 301
Routine patient feedback to practice	303 304 320 332 334 336 338
	20 ^{28 36 53 56 199 216 223 226 231}
Transition and continuity	20 236 277 280 292 295 297 302 319
Transition and continuity	325 326 335 336 338
Whole-Person Orientation	1
Respecting patients' values, preferences and needs	6 ^{47 52 66 121 226 277 339}
Alleviation of fear and anxiety	2 ^{26 57 321}
	2 47 237 321
Emotional support	2 ²²⁰ 300
Physical comfort	2 121 335
Exploring the disease and illness condition	2 121 333
Enhanced clinician-patient relationship	22 22 25 27 47 52 56 57 60 61 62
	38 ³² 33 35-37 47 53 56 57 60 61 63 66 85 107 115 198 199 204 218 220
	226 229 231 236 238 248 256 259
Patient engagement in care	277 280 291 292 295 300 302 305-
	307 323 324 335 339 340
Patient empowerment	733 37 56 60 204 209 229 256 277 292
·	
Clinical Information System	1S
Practice-based learning	389 282 338
Publicly available information on practices	1 ²⁶
Socio-Cultural Competenc	e
Community outreach	4 28 245 307 326

IT: Information Technology
* Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 24a. Summary of the impact of health IT applications on intermediate outcomes for patients with diabetes mellitus

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
Benhamou, 2007 ²⁰⁵	Telemonitoring systems	Patients receiving support through SMS based upon weekly review of glucose values vs. patients downloading SMBG values on a weekly basis without receiving SMS	Adherence of patients in (number of capillary blood glucose values transmitted) performing SMBG	+
Glasgow, 2006 ²⁰²	IT-guided disease management, IT- guided self-	Tailored self-management vs. computer-aided enhanced usual care	Fruit and vegetable screener (NCI All Day screener (unit not specified))	+
	management,	usual care	Daily fat intake-block fat screener	-
			Glycemic control improvement	+
Gomez, 2008 ²⁸	Telemedicine	DIABTel telemedicine system vs. usual care Facilitating treatment changes	•	+
			Help on diabetes education	+
Grant, 2008 ²⁴⁷	Communication via email, IT- guided disease management, electronic medical records, information exchange, PHR	Web-based PHR that imported clinical and medications data, provided patient- tailored decision support, and enabled the patient to author a "Diabetes Care Plan" for electronic submission to their physician prior to upcoming appointments vs. PHR to update and submit family history and health maintenance information	Proportion of followup visits with diabetes mellitus— related medication changes among patients who submitted PHR journals to their physician's electronic medical record	+
			Average number of physician and nurse visits	0
Harno, 2006 ¹⁹⁸	IT-guided self- management	diabetes management system and a home care link vs. usual	Average number of physician and nurse telephone calls	0
	-	care that did not involve e- health	Average number of physician and nurse home care links	0

Table 24a. Summary of the impact of health IT applications on intermediate outcomes for patients with diabetes mellitus (continued)

Study, Year	mellitus (continue Health IT Category	Intervention Compared	Outcomes Measure	Positive Impact
Homko, 2007 ²⁰³	IT-guided disease management, telemedicine	Women send blood glucose and other health data directly to their care providers via the Internet and received information from their health care provider vs. women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	Feelings of diabetes psychosocial self-efficacy	+
Laffel, 2007 ²⁰⁴	IT-guided self- management, telemonitoring systems	Integrated glucose meters and electronic logbooks (electronic group) vs. paper log books (control group)	Self-monitoring blood glucose frequency >4 times per day	+
		` '	Diet diabetes self-care	+
	IT-guided	Cell phone-based software,	Medications diabetes self- care	+
	disease	Well-Doc, vs. One Touch	Exercise diabetes self-care	+
Quinn, 2008 ²⁶	management, information exchange,	Ultra [™] BG meters, blood glucose testing strips and food (self-reported)	+	
	mHealth	lancets	Patient self-management skills improved	+
			Patient confidence	+
Sequist, 2005 ²²	Care coordination	Evidence-based electronic physician reminders within the	Performance of recommended action for diabetes	+
Sequist, 2005	tools	electronic medical record vs. usual care		+
Sevick, 2008 ²⁸⁸	IT-guided self- management	PDA based IT-guided self- management vs. usual care	Patient engagement in care	0
Smith, 2008 ²⁷	Clinical decisionmaking		Estimated 10-year coronary artery disease risk	+
	aids, communication via email	Virtual consultation vs. no virtual consultation	Minnesota community aggregate optimal diabetes score	+

Table 24a. Summary of the impact of health IT applications on intermediate outcomes for patients with diabetes mellitus (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact
Tjam, 2006 ²⁷⁸	IT-guided	Internet program vs. diabetes	Mean difference in patient satisfaction at 3 months	+
-	disease management		Mean difference in patient satisfaction at 6 months	+
Williams, 2007 ²⁷⁷	Computer- assisted self- care	Computer-assisted diabetes care intervention vs. usual care (did not set self-management goals, meet with a care manager, or receive followup phone calls)	Baseline to 12 month change in perceived competence	+

E-health: Electronic Health, IT: Information Technology, NCI: National Cancer Institute, SMBG: self-monitoring of blood glucose, SMS: short message service, PDA: personal digital assistant, PHR: personal health records

Table 24b. Overall grade of the quality of evidence in diabetes mellitus studies addressing intermediate outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.36
2	Number of studies	13
3	Did the studies have important inconsistency?	No
4	Were the studies sparse?	No
5	Overall grade of evidence	High

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 25a. Summary of the impact of health IT applications on intermediate outcomes for patients with heart disease

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Telemonitoring and usual care	Physical activity	0
Dansky, 2008 ²⁸⁹	Telemonitoring	vs. control	Diet	0
Jansky, 2000	rolomoriitoring	Telemonitoring plus video and	Physical activity	0
		usual care vs control	Diet	0
			Patient skips medicine	-
			Patient is sure about when	
			to take heart failure	+
			medicine	
			Patient recognition of own	
			heart failure medicines	
			Patient does not recognize any of own heart failure	
			medicines	+
			Patient recognizes up to half	
		Email recommendations to	of own heart failure	+
		nurses vs. usual care	medicines	•
		Patient recognizes more than half of own heart farmedicines Patient salts food Patient's weighing behat Patient has no scale Patient weighs self but daily		
			than half of own heart failure	+
	Communication		Patient salts food	+
			Patient's weighing behavior	
				-
			Patient weighs self but not	_
22				
Feldman, 2005 ³²			Patient weighs self daily	-
	via email		Patient skips medicine	+
			Patient is sure about when	
			to take heart failure	+
			medicine Patient recognition of own	
			heart failure medicines	
			Patient does not recognize	
			any of own heart failure	+
			medicines	•
		Email recommendations to	Patient recognizes up to half	
		nurses and additional resources	of own heart failure	+
		(augmented intervention) vs. usual care	medicines	
		usual Gale	Patient recognizes more	
			than half of own heart failure	+
			medicines	
			Patient salts food	+
			Patient's weighing behavior	
			Patient has no scale	+
			Patient weighs self but not	+
			daily	
	1		Patient weighs self daily	+

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Emotional sub scale on Minnesota Living With Heart	_
			Failure Questionnaire: mean Physical sub scale on	
			Minnesota Living With Heart Failure Questionnaire: mean	-
			Total score on Minnesota Living With Heart Failure	
			Questionnaire: mean	
			Short Form-36 mental component score	-
			Short Form-36 physical component score	+
		Telemedicine vs. usual care	Medication Use: ACE inhibitor	0
			Medication use: beta blocker	0
			Medication use: calcium channel	+
			Digoxin	
			Diuretic loop	_
			Diuretic, k+-sparing	-
240	Telemedicine		Nitrate - long action	
			Medication compliance, self- report >75% dose taken	+
			Medication compliance, self- report ≤75% dose taken	+
			CSQ (Satisfaction) score	+
Jerant, 2003 ²⁴⁸		dicine	Emotional sub scale on	
			Minnesota Living With Heart Failure Questionnaire: mean	0
			Physical sub scale on	
			Minnesota Living With Heart	_
			Failure Questionnaire: mean	
			Total score on Minnesota	
			Living With Heart Failure	_
			Questionnaire: mean	
			Short Form-36 mental	
			component score	+
			Short Form-36 physical	
			component score	+
		Telephone vs. usual care	Medication use: ACE inhibitor	+
			Medication use: beta blocker	+
			Medication use: calcium channel	-
			Digoxin	
			Diuretic loop	+
			Diuretic, k+-sparing	<u> </u>
			Nitrate - long action	
			Medication compliance, self-	
			report >75% dose taken Medication compliance, self-	-
			report ≤75% dose taken	-
			CSQ (Satisfaction) score	-

Table 25a. Summary of the impact of health IT applications on intermediate outcomes for patients

with heart disease (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
Lowensteyn, 1998 ³⁵	Information exchange	Coronary risk profile to physician vs. no profile risk to physician	Ratio of high risk / low risk patients returning for followup	+
Subramanian,	Clinical decision	Care suggestions generated with electronic medical record data and symptom ded from ision questionnaires mailed to	Patient satisfaction with most recent primary care visit (Change enrollment to 12 months)	+
2004 ³⁶	aids	patients within two weeks of scheduled outpatient visits vs.	Mean all-cause hospitalizations	+
		care suggestions generated with electronic medical record data alone	Mean admissions for heart failure	+
			Mean number of all emergency department visits	-
	IT-guided disease management	Evidence-based cardiac care suggestions displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions were withheld	Mean number of heart disease specific emergency department visits	0
			Mean number of all hospitalizations	0
			Mean number of heart disease specific hospitalizations	0
		Printed a note (rather than bottle labels) instructing the pharmacist to view the care suggestions in PIRS vs. control group where suggestions were withheld	Mean number of all emergency department visits	-
Tierney, 2003 ³⁷			Mean number of heart disease specific emergency department visits	0
Herney, 2003			Mean number of all hospitalizations	0
			Mean number of heart disease specific hospitalizations	0
	Evidence-based cardiac care suggestions displayed to	suggestions displayed to	Mean number of all emergency department visits	-
		physicians and pharmacists as they cared for enrolled patients and a printed a note (rather than bottle labels) instructing the pharmacist to view the care suggestions in PIRS vs. Control group where suggestions were withheld	Mean number of heart disease specific emergency department visits	+
			Mean number of all hospitalizations	0
			Mean number of heart disease specific hospitalizations	0

ACE: Angiotensin-Converting Enzyme, CSQ: Client Satisfaction Questionnaire, DARTS: Decision Analysis in Routine Treatment, E-mail: Electronic Mail, IT: Information Technology, E-MAILPIRS: Pharmacist Intervention Recording System

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

Table 25b. Overall grade of the quality of evidence in heart disease studies addressing intermediate outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	Moderate
*	Mean Jadad score [†]	-0.75
2	Number of studies	8
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Low

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

Table 26a. Summary of the impact of health IT applications on intermediate outcomes for patients with cancer

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Traditional didactic decision aid providing information about PSA screening options and	Total knowledge score / imputed data	+
			Total knowledge score / complete cases only	+
		outcomes vs. links to public prostate cancer–specific Web sites from credible sources	PSA screening - pretest choice	-
		(control condition).	PSA screening - reduction	+
		(control container).	Watchful waiting at pretest	-
		chronic disease trajectory model for prostate cancer followed by a time–trade-off exercise vs. links to public prostate cancer–specific Web sites from credible sources (control condition).	Total knowledge score / imputed data	+
Frank 2000 ²⁸²	Clinical decision		Total knowledge score / complete cases only	+
Frosch, 2008 ²⁸²	aids		PSA screening - pretest choice	+
			PSA screening - reduction	+
			Watchful waiting at pretest	-
		Both the didactic decision aid and the chronic disease trajectory model vs. links to public prostate cancer–specific Web sites from credible sources	Total knowledge score / imputed data	+
			Total knowledge score / complete cases only	+
			PSA screening - pretest choice	+
		(control condition).	PSA screening - reduction	+
			Watchful waiting at pretest	+
Glazebrook, 2006 ²⁸¹	Education via IT	Skinsafe multimedia intervention (for melanoma knowledge protective skin behaviors) vs. no intervention (control condition)	Melanoma knowledge score (0-12)	+
			Skin protective behavior score (0-12)	+
			Number of participants checking moles	-

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 26a. Summary of the impact of health IT applications on intermediate outcomes for patients

with cancer (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
Maslin, 1998 ²¹⁵	Clinical decision aids, shared	Intervention — interactive video disk system + usual care from	Viewing IVD had impact on surgical choice	0
Masiiri, 1990	decisionmaking tools	multidisciplinary team vs. usual care from multidisciplinary team	Viewing IVD had impact on adjuvant therapy choice	0
	mHealth,	Used computerized system for	Congruence between patient reported symptoms and those addressed in consult visit	+
Ruland, 2003 ⁴⁷	shared decisionmaking tools	SDM for cancer symptoms care vs. usual care	Importance-weighted congruence between patient reported symptoms and those addressed in consult visit	+
Taenzer, 2000 ²¹⁶	Clinical decision aids, IT-guided disease management	Lung cancer patients whose physicians and nurses received QOL training and patients completed the computerized EORTC QLQ-C30 vs. patients completed a paper-and pencil version of the EORTC QLQ-C30 only	Actions taken / patient Percentage of categories identified that were acted upon by the patient	+
Gaertner,2004	mHealth, PHR, telemonitoring systems	Electronic pain diary vs. paper diary	Patient satisfaction Patient preference for electronic diary	+
	-,		Health care support	+

EORTC-QLQ: European Organization for Research and Treatment of Cancer QOL Questionnaire

Table 26b. Overall grade of the quality of evidence in cancer studies addressing intermediate outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.67
2	Number of studies	6
3	Did the studies have important inconsistency?	No
4	Were the studies sparse?	No
5	Overall grade of evidence	High

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

IT: Information Technology, IVD: interactive video disk, mHealth: Mobile Health, PHR: Personal Health Record, PSA: prostate specific antigen, QOL: Quality of Life

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 27a. Summary of the impact of health IT applications on intermediate outcomes for patients with hypertension

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Patient behavioral intervention group vs. control group (hypertension reminder) whose providers did not receive decision support system	Estimated percent in blood pressure control	+
Bosworth, 2009 ²¹⁸	Clinical decision aids	Provider decision support system group vs. control group (hypertension reminder) whose providers did not receive decision support system	Estimated percent in blood pressure control	-
		Combined patient and provider intervention vs. control group (hypertension reminder) whose providers did not receive decision support system	Estimated percent in blood pressure control	0
	Communication via email, IT- guided disease management, education via IT, information	Blood pressure monitoring and patient Web services vs. usual care	Mean increase in patient- initiated threads	+
			Primary care visits	0
O 000056			Telephone encounters	+
Green, 2008 ⁵⁶		Blood pressure monitoring and patient Web services and pharmacist care vs. usual care	Mean increase in patient- initiated threads	+
	exchange,		Telephone encounters	+
	telemonitoring systems		Primary care visits	0
Parati, 2009 ⁵⁷	Computer- assisted self-		QOL at end of study per QOL assessment in hypertension patients questionnaire	+
1 a1a11, 2009	telemedicine, telemonitoring	pressure vs. usual care	Percent with daytime blood pressure normalization	+
	systems		Frequency of treatment changes	+
Rinfret, 2009 ³⁴¹	IT-guided self- management, telemonitoring systems	Participants in the intervention group were given a digital blood pressure monitor, log book, and access to an IT-supported, telephone-linked management system.	Medication adherence	+

Table 27a. Summary of the impact of health IT applications on intermediate outcomes for patients

with hypertension (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
	Communication via email,	Provider education and alert vs. provider education	Medication adherence	0
Roumie, 2006 ⁵²	education via IT, information exchange	Provider education, alert and patient education vs. provider education	Medication adherence	ı
Santamore, 2008 ⁸⁵	Communication via email, IT- guided self- management, education via IT, patient portals, telemonitoring systems	Blood pressure measurements transmitted through a Internet based telemedicine system vs. no telemedicine system	Blood pressure monitoring	+

CDSS: Clinical Decision Support Systems, E-mail: Electronic Mail, IT: Information Technology, JNC: Joint National Committee on Prevention Detection Evaluation and Treatment of High Blood Pressure, QOL: Quality of Life

Table 27b. Overall grade of the quality of evidence in hypertension studies addressing intermediate outcomes

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.33
2	Number of studies	6
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

Table 28. The impact on intermediate outcomes by type of health IT application

Health IT Type	Number of Studies	Studies With at Least 1 Outcome Having a Positive Impact, n (%)	Studies With at Least 1 Outcome Having a Statistically Significant Positive Impact, n (%)
Care management tools	9	8 (89)	4 (44)
Telehealth	21	19(90)	8 (38)
PHR/patient portals	8	7 (88)	6 (75)
Secure electronic messaging	8	7 (88)	6 (75)
Shared decisionmaking	3	2 (67)	2 (67)

IT: Information Technology, PHR: Personal Health Record

^{* &}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Key Question 1d. Are health IT applications that address one or more components of PCC effective in improving responsiveness to the needs and preferences of individual patients, and how do these improvements vary by type of health IT application?

General Study Characteristics

A total of 14 articles applied to this key question. The studies most commonly targeted cancer (Table 29). They most often employed the clinical decision aids, IT-guided disease management, and telemedicine as the health IT applications (Table 30). The studies most commonly addressed the PCC components related to quality and safety, quality improvement, and patient engagement in care (Table 31). The results suggested that responsiveness to the needs, preferences, and values of individual patients generally improve with health IT interventions having one or more components of PCC, but the available data are too limited to draw firm conclusions for any targeted clinical focus area other than cancer.

Specific Findings

Improving the Responsiveness to Needs, Values, and Preferences of Patients in Studies Addressing Cancer

Three studies addressed the impact of health IT on the needs, values, or preferences of patients with cancer (Table 32a; Appendix G, Evidence Tables 22-25). The overall quality of these studies was high, with little variability across studies. The overall grade of the strength of evidence in these studies was low (Table 32b; Appendix G, Evidence Tables 22-25).

Taenzer (2000)²¹⁶ evaluated the impact of providing patient-specific computerized QOL information to clinic staff before an appointment in a lung cancer outpatient clinic. The authors found that a computerized screening tool was effective in increasing detection of QOL problems during the clinic appointment and resulted in a trend toward more concerns being charted. The tool also marginally increased the level of action taken with regard to these concerns. Patients reported being equally and highly satisfied with the treatment in both groups (Table 32a; Appendix G, Evidence Table 25).

Ruland (2003)⁴⁷ conducted an RCT with Norwegian cancer patients that evaluated the feasibility and impact of a computerized decision support system (intervention group) on the congruence between patients' reported symptoms and preferences, and those addressed in the patient consultation. The computerized system provided intervention clinicians with information regarding patients' reported symptoms and preferences prior to consultation. Results indicated that were no significant group differences in patient satisfaction as measured by the "Patient Satisfaction with Decision Making" questionnaire (p=0.45) between the intervention group and the control group that did not use the computerized decision support system. However, clinicians in the intervention group addressed significantly more of patients' reported symptoms during patient consultations. Given a mean of approximately 15 symptoms, an average of approximately 51 percent was addressed in the experimental group, versus only 19 percent in the control group. These group differences persisted when patients' symptoms were weighted according to patients' importance ratings. Despite its small sample size, this pilot study demonstrated significant initial effects of this intervention (Table 32a; Appendix G, Evidence Table 25).

Frosch (2008)²⁸² conducted an RCT to evaluate the effects of patient decision support Web sites on decision quality for men considering prostate cancer screening. This study revealed that the Web site was more effective at impacting decision quality and prostate cancer knowledge. The intervention also led to reductions in requests for prostate-specific antigen testing. Preferences for watchful waiting increased significantly in all four groups (baseline, 219 [35.8%]; followup, 303 [66.2%]; p<0.001) (Table 32a; Appendix G, Evidence Table 25).

How Does the Responsiveness to Patient Needs, Preferences, and Values Vary by Type of Health IT Application?

Table 33 summarizes the impact of health IT applications addressing components of PCC on responsiveness to patient needs, preferences, and values. The results in this table were summarized based on the five major health IT types described in Chapter 2. There were an insufficient number of studies to address the question of whether responsiveness to patient needs, preferences, and values vary by type of health IT application.

Table 29. Studies addressing the effect of health IT applications on responsiveness to patient needs, preferences, and values in specific target conditions, target populations, and care focus areas*

Target Care Focus Area	N (Specific Reference)
Cancer (breast)	3 ^{47 216 282}
Asthma /chronic obstructive pulmonary disease	1 ²²⁰
COPD	1 89
Menopause/hormone replacement therapy	2 107 296
Mental health (depression and anxiety)	1 ³⁴²
Obesity	2 ^{254 343}
Osteoporosis	1 ¹⁰⁸
Pregnancy	1 ⁹⁰
Smoking	1 ²⁹³
Wounds	1 ³³³

COPD = chronic obstructive pulmonary disease, IT = information technology, PCC = patient-cnetered care

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 30. Studies addressing the effect of health IT applications on responsiveness to patient needs, preferences, and values*

Health IT Application	N (Specific Reference)		
Care Management Tools			
Clinical decision support	4 ^{142 249 344 345}		
IT-guided disease management	3 ¹⁵⁸ 162 345		
IT-guided self-management	2 158 283		
Electronic medical records	2 162 249		
Electronic prescribing	1 ³⁴⁶		
Telehelath			
Telemedicine	1 ³⁰⁸		
Personal Health Record and Patient Portal Re	lated Applications		
Education via information technology	1 347		
Interactive lifestyle counseling	1 ³⁴⁸		
mHealth	2 189 343		
Secure Electronic Messaging			
Information exchange	1 192		
Shared Decisionmaking			
Shared decisionmaking tools	3 189 192 347		

IT: Information Technology, PHR: Personal Health Record

Table 31. Studies addressing the effect of health IT applications on responsiveness to a patient's needs, preferences, and values, broken down by specific components of PCC*

Component of PCC	N (Specific References)		
Coordination and Integration of Care			
Quality and safety	7 344 158 192 346 283 142 347		
Quality improvement	5 ³⁴⁴ 158 345 162 249		
Integrated care	3 ³⁴⁶ 162 348		
Routine patient feedback to practice	3 189 249 308		
Prevention and health promotion	1 345		
Transition and continuity	1 ³⁰⁸		
Whole-Person Orientation			
Respecting patients' values, preferences, and needs	1 ¹⁸⁹		
Emotional support	1 ¹⁸⁹		
Physical comfort	1 249		
Enhanced Clinician-Patient Relationship			
Patient engagement in care	4 189 192 249 343		
Clinical Information Systems			
Practice-based learning	2 344 158		

IT: Information Technology

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

^{*}Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 32a. Summary of the impact of health IT applications on responsiveness to a patient's needs, preferences, and values for patients with cancer

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
		Traditional didactic decision	PSA screening - pretest choice	+
		aid providing information	PSA screening - reduction	+
		about PSA screening options and outcomes vs. links to public prostate cancer–specific Web sites from credible sources	Watchful waiting at pretest	-
		Chronic disease trajectory	PSA screening - pretest choice	+
		model for prostate cancer	PSA screening - reduction	+
Frosch, 2008 ²⁸²	Clinical decision aids	followed by a time-trade-off exercise vs. links to public prostate cancer-specific Web sites from credible sources	Watchful waiting at pretest	-
		Both the didactic decision	PSA screening - pretest choice	+
		aid and the chronic disease	PSA screening - reduction	+
		trajectory model vs. links to public prostate cancer— specific Web sites from credible sources (control condition)	Watchful waiting at pretest	+
			congruence between patient reported symptoms and those addressed in consult visit	+
	mHealth, shared decisionmaking tools	Computerized system for shared decisionmaking for	Importance-weighted congruence between patient reported symptoms and those addressed in consult visit	+
			Number of reported symptoms (0-10)	+
Ruland, 2003 ⁴⁷			Number of reported symptoms (0-15)	+
		cancer symptoms care vs. usual care	Number of reported symptoms (0-20)	+
			Number of reported symptoms (0-25)	+
			Number of reported symptoms (0-30)	+
			Number of reported symptoms (0-40)	+
			Number of reported symptoms (0-50)	+

IT: Information Technology, mHealth: Mobile Health, PSA: Prostate Specific Antigen

Table 32a. Summary of the impact of health IT applications on responsiveness to a patient's

needs, preferences, and values for patients with cancer (continued)

Study, Year	Health IT Application	Intervention Compared	Outcomes Measure	Positive Impact*
			Actions taken / patient	+
			Percentage of categories identified that were acted upon	+
			Physical functioning (higher indicate better function)	-
			Role functioning (higher indicate better function)	-
			Emotional functioning (higher indicate better function)	-
			Cognitive functioning (higher indicate better function)	-
			Social functioning (higher indicate better function)	-
			Global functioning (higher indicate better function)	-
	Clinical decision aids, IT-guided disease management	Clinician receive QOL training and patients complete the computerized EORTC QLQ-C30 vs. patients completed a paperand pencil version of the EORTC QLQ-C30 only	Number of functional scales indicating compromised function (mean)	-
Taenzer, 2000 ²¹⁶			Fatigue (higher scores indicate more symptomatology-mean)	-
			Nausea and vomiting (higher scores indicate more symptomatologymean)	+
			Pain (higher scores indicate more symptomatology-mean)	-
			Dyspnea (higher scores indicate more symptomatology-mean)	-
			Sleep disturbance (higher scores indicate more symptomatology)	-
			Appetite (higher scores indicate more symptomatology)	+
			Constipation (higher scores indicate more symptomatology)	-
		Diarrhea (higher scores indicate more symptomatology)	+	
		Financial difficulties (higher scores indicate more symptomatology)	+	
		Number of symptom scales indicating compromised functioning	-	
		Number of functional and symptom scales indicating compromised function	-	
			Total number of items endorsed	+

EORTC-QLQ: European Organization for Research and Treatment of Cancer Quality of Life Questionnaire, IT: Information Technology, PSA: Prostate specific antigen, QOL: Quality of Life

^{*&}quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

Table 32b. Overall grade of the quality of evidence in cancer studies addressing responsiveness to the needs and preferences of individual patients

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.57
2	Number of studies	3
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	Yes
5	Overall grade of evidence	Low

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

Table 33. The impact on responsiveness to patient needs, preferences, and values by type of

health IT application

Health IT Type	Number of Studies	Studies With at Least 1 Outcome With a Positive Impact, n (%)	Studies With at Least 1 Outcome With a Statistically Significant Positive Impact, n (%)
Care Management	9	4 (44)	2 (22)
Telehealth	7	6 (86)	3 (43)
PHR/patient portals	4	3 (75)	2 (50)
Secure electronic messaging	1	1 (100)	1 (100)

IT: Information Technology, PHR: Personal Health Record

Key Question 1e. Are health IT applications that address one or more components of PCC effective in improving shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information; and how do these improvements vary by type of health IT application?

General Study Characteristics

We identified 25 articles evaluating how health IT applications affect: shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information. The articles predominantly targeted cancer, heart disease, and hormone replacement therapy for perimenopausal and postmenopausal care (Table 34). The articles most commonly employed clinical decision aids, shared decisionmaking tools, and education via IT as the health IT applications (Table 35). They predominantly addressed the PCC components related to quality and safety, patient engagement in care, and quality improvement (Table 36). They most commonly studied the outcomes of health care choices after exposure to health IT interventions, satisfaction with decisions, decisional conflict, and communication with providers. The studies provided moderate strength of evidence that health IT interventions having one or more components of PCC can help to improve shared decisionmaking with patients, their families, and providers, or help to improve patient-clinician communication, and provide access to medical information for patients with heart disease or cancer.

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Specific Findings

Outcomes Related to Improved Shared Decisionmaking With Patients, Their Families, and Providers; Patient-Clinician Communication; and Access to Medical Information in Patients With Diabetes Mellitus

One study addressed diabetes mellitus (Table 37a; Appendix G, Evidence Tables 26-29). This study received a moderate quality score because of the lack of blinding and the lack of detailed information on loss to followup. The overall grade of the strength of evidence in research on shared decisionmaking addressing diabetes mellitus was low (Table 37b; Appendix G, Evidence Tables 26–29).

Gomez, 2002²⁸ evaluated a telemedicine system (DIABTel) to support diabetes monitoring and intensive management via telemonitoring and telemedicine services. The system, which included a "patient unit" and a "medical workstation" for providers, allowed data collection and viewing as well as exchange of data and sending of messages. It included IT-guided self-care, IT-guided self-management, telemonitoring services, patient portals, and coordination of care tools that affect the clinician, the patient, and the overall health system. The average number of communications per patient was 21.6; mean number of days between communications was 5.4. System messages pertained to blood glucose levels, insulin doses, and exercise and dietary plans. Physicians sent 118 text messages. Providers using the system initiated more therapeutic changes than those who did not have access to it (Table 37a; Appendix G, Evidence Table 29).

Outcomes Related to Improved Shared Decisionmaking With Patients, Their Families, and Providers; Patient-Clinician Communication; and Access to Medical Information in Patients With Heart Disease

Five studies addressed cardiovascular disease and its prevention (Table 38a; Appendix G, Evidence Tables 26–28 and 30). These studies addressed hypertension and cardiovascular risk reduction, ^{50 56 83} atrial fibrillation and anticoagulation, ³³ and congenital heart disease. ⁴¹ The quality of the studies was high, with some variability in scores due to a lack of blinding and of information about loss to followup. The overall grade of the strength of evidence in studies of shared decisionmaking addressing heart disease was moderate, with relatively modest effects on shared decisionmaking, patient-clinician communication, or access to medical information (Table 38b; Appendix G, Evidence Tables 26–28 and 30).

Lowensteyn (1998)³⁵ investigated the use of computerized coronary risk profiles to reduce cardiovascular risk and improve shared decisionmaking in a study of 253 providers and their 958 patients. The study gave coronary risk profiles to all patients and mailed results to their providers either within 10 working days (intervention group) or during their 3-month followup (control group). Patients were enrolled if their age was between 30 to 74 years, they had no diagnosis of coronary vascular disease, and their provider thought that performing a coronary risk profile for them would be clinically useful. The intervention affected patient-clinician communication in that providers in the intervention had a significantly higher ratio of high-risk to low-risk patients returning for followup visits (1.23 vs. 0.77). Intervention patients also had significantly higher reductions in total cholesterol (average reduction of -0.5 vs. - 0.1 mmol/L), low-density lipoproteins cholesterol (-0.4 vs. 0.0 mmol/L), and predicted 8-year coronary risk (-1.8 vs. -0.3%) at followup³⁵(Table 38a; Appendix G, Evidence Table 30).

Kaner (2007)³³ conducted a small video-based study comparing paper-based guidelines with two computer-based decision aids (an implicit aid and an explicit aid) during clinical encounters between patients and general physicians. The study randomized 25 elderly patients with atrial fibrillation into three groups to make treatment decisions on warfarin treatment for stroke prevention, and their clinical encounters were videotaped. The authors analyzed the videos to study the impact of decision support tools on shared decisionmaking. Paper-based guidelines took 21 minutes (range: 19–26 minutes) to work through versus 31 minutes (range: 16–41 minutes) for the implicit decision aid and 44 minutes (range: 39–55 minutes) for the explicit decision aid. In the 10 minutes immediately preceding the decision point, general practitioners dominated the conversation, accounting for 64 percent (58–66%) of all utterances, and this trend was similar across all three arms of the trial. Information-giving was the most frequent activity for both general physicians and patients, and the rate at which physicians gave information was twice that of the patients. These rates were higher in consultations involving computerized decision aids. The physicians' language was highly technically focused, and only 7 percent of their conversations were socio-emotional in content; the patients' language had twice the socioemotional content (15%). However, frequent head nodding and a close mirroring in the direction of eye-gaze suggested that both parties were active participants in the conversation. Irrespective of the arm of the trial, both the patients' and physicians' behavior showed that they were reciprocally engaged in these consultations. However, even in consultations aimed at promoting shared decisionmaking, the physicians were verbally dominant, and they worked primarily as information providers for patients (Table 38a; Appendix G, Evidence Table 30).

McCrossan (2007)⁴¹ conducted a study testing the impact of videoconferencing (n= 25) versus telephone followup (n=22) or usual followup care (n=19) on improving the transition from hospital to home during the first 24 hours post-discharge for children with complex congenital heart disease. The videoconferencing allowed for education and ongoing contact with hospital staff and for providers to be able to visually assess the child. Study participants needed to have a child less than 3 years of age who was carrying a new diagnosis of congenital heart disease. Videoconferences required more time than telephone contacts (mean difference = 5.4 minutes, standard deviation = 0.62) but resulted in more adequate assessments of patients. The assessment rating was at least adequate in 94 percent of the videoconferencing assessments, as compared with 64 percent of the telephonic ones. The parental frequency of raising concerns was similar in both groups. After the telephone consultations, providers recommended contact with health service professionals in 22 percent of occasions, as compared with 4 percent after videoconference consultations. The results did not seem to reflect improved shared decisionmaking, although results did show improved access to medical information on the part of the families (Table 38a; Appendix G, Evidence Table 30).

Fretheim (2006)⁵⁰ compared a passive dissemination of guidelines with a tailored intervention including a pharmacist outreach visit to patients and computerized reminders to providers. The tailored intervention resulted in higher rates of prescribing antihypertensive medication types that were adherent to guidelines, but had no statistically significant impact on shared decisionmaking (Table 38a; Appendix G, Evidence Table 30).

Green, (2008)⁵⁶ compared usual care with two interventions, a home blood pressure monitoring intervention with a secure patient Web site, and a home blood pressure monitoring, a secure patient Web site, and pharmacist care. The patient Web site and pharmacist-care arm had significantly better blood pressure control, higher frequency of communications between patient and pharmacist, and a higher percentage of those communications initiated by patients than in

the other two study arms. Telephone interactions initiated by patients were also higher in this arm (Table 38a; Appendix G, Evidence Table 30).

Outcomes Related to Improved Shared Decisionmaking With Patients, Their Families, and Providers; Patient-Clinician Communication; and Access to Medical Information in Patients With Cancer

Three studies (one each) addressed breast, prostate, and colon cancer (Table 39a; Appendix G, Evidence Tables 26–28 and 31). The quality of these three studies was high, with variability between the studies in terms of blinding and information regarding loss to followup. The overall grade of the strength of evidence in studies of shared decisionmaking addressing cancer was low, with a tendency toward improved patient-clinician communication but variable effects on shared decisionmaking (Table 39b; Appendix G, Evidence Tables 26–28 and 31)

Maslin (1998)²¹⁵ compared the impact of using an interactive video disk system before a provider visit, versus standard informational materials to support decisionmaking for women with early breast cancer. The study measured patients' anxiety and satisfaction with their care by using the Hospital Anxiety and Depression Scale and a patient-satisfaction survey. Patients gave the video disk system a high rating, and 92 percent said they would recommend it to "someone they knew with a diagnosis of breast cancer." When asked whether the interactive video disk system had actually helped them make a decision, over half stated that it had not, while 30 percent reported that "it had definitely influenced their treatment decision." The majority of patients in both arms of the study, however, reported that the doctor shared decisions with them (16%) or with them and a clinical specialist (44%). Overall, patients' satisfaction with their decision was high, and no difference was detected between study groups. Both arms of this study reported that the clinical specialist played a strong role in decisionmaking (Table 39b; Appendix G, Evidence Table 31).

A study on prostate cancer by Frosch (2008)²⁸² tested multiple approaches to support men's decisions on having a prostate-specific antigen screening test. This study, which included 611 men over 50 years old, randomized its participants into four groups: a control group that was provided with links to general Web sites providing information on prostate cancer screening, a second group that had access to a didactic decision support aid on prostate cancer screening and its outcome, a third group that had access to a chronic disease trajectory model followed by a trade-off exercise, and a final group that had access to a combination of the didactic decision support aid, chronic disease trajectory model, and tradeoff exercise. The study found that patients in the control group were least likely to view information and had the lowest knowledge scores. Those in the second and third groups were most likely to view information, and those in the final combined-intervention group had the highest knowledge scores, followed by those in the second group who viewed the didactic decision aid. In general, patients in all four groups had high preferences for prostate-specific antigen testing at baseline (96.2%), which was reduced at the end of the study in favor of "watchful waiting" (66.2%), suggesting a positive impact of information exposure in all study groups. Study investigators commented that participants in the combined-intervention group were perhaps exposed to too much information, as only 21 percent of them reviewed both intervention materials (Table 39b; Appendix G, Evidence Table 31). In a pilot study, Chan (2008)³⁴⁹ compared a generic reminder letter from the provider about

In a pilot study, Chan (2008)³⁴⁹ compared a generic reminder letter from the provider about colon cancer screening with an intervention involving a personalized email reminder from the provider with access to an intervention Web page that contained a video on fecal occult blood testing, a video-decision aid about colon cancer screening, and multiple links to other

informational screening Web sites. The intervention resulted in an increased percentage of patients who discussed colon cancer screening with their doctor from 60 percent in control group to 83 percent in the intervention group. A quarter of patients in both the control and intervention groups returned the fecal occult blood test kits (Table 39b; Appendix G, Evidence Table 31).

Outcomes Related to Improved Shared Decisionmaking With Patients, Their Families, and Providers; Patient-Clinician Communication; and Access to Medical Information in Patients With Other Diseases and Conditions

Hormone Replacement TherapyThree RCTs^{192 339 347} compared the impact of a Web-based decision support tool about hormone replacement therapy with a printed brochure and usual care. The first trial (409 participants visiting women's health care and family medicine clinics in academic centers, inner city community health centers, and suburban women's health clinics in two cities) compared 3 months of access to the support tool with a print brochure. The second trial (54 participants visiting a women's health clinic at an academic center that serves predominantly white, welleducated, middle- to upper-income women) compared the Web-based decision support tool with usual care. Participants were all females with ages of 45 to 75 years. The first trial recruited women based on their attendance at a women's health or family medicine clinic. The second trial screened women before recruitment and recruited only those who were "actively trying to make decisions addressed by the support." The study measured decisional satisfaction, decisional conflict, and knowledge, and compared results of both trials. Patient knowledge levels were improved in one study.³³⁹ This study did not report any significant impact from the patient decisionmaking applications, except in the case of higher-educated patients who were actively "trying to make a decision." intervention participants had a greater increase in knowledge in both trials and greater increases in decisional satisfaction in the second trial³³⁹ (Appendix G, Evidence Tables 26–28).

The Schapira (2007) study²⁹⁶ also evaluated the impact of a computer-based decision aid to support women making decisions on hormone replacement therapy in an RCT of 177 postmenopausal women. The study participants were patients receiving care at a Veterans Affairs Medical Center. The study randomized the patients to either using this decision aid or receiving a printed brochure. Inclusion criteria limited the patients to English-speaking women with no cognitive dysfunction who were amenorrheic for 12 months or had a documented follicle stimulating hormone level greater than 25 IU/L. The trial reported no significant difference between study groups in knowledge acquisition, decisional conflict or satisfaction, or use of hormone replacement therapy (Appendix G, Evidence Tables 28).

Barnabei (2008)¹⁰⁷ studied the impact of a Web-based hormone replacement therapy support tool that created printouts of customized patient data and questions for patients to ask their providers. This study was an RCT of 288 women and 26 health care providers. The study assessed the impact of the tool on patient-provider communication and patient satisfaction with the discussion on hormone therapy. Patients using this tool were more engaged, asked more relevant questions, and were more likely to prepare for their visits with their provider. They thought that their providers responded well to their questions. Providers were more satisfied with the discussions they had with the patients in the intervention group and thought that those visits were more efficient (Appendix G, Evidence Tables 28).

Women's Health

A large clinical trial evaluated a decisionmaking support tool to help pregnant women decide on undergoing further genetic testing (e.g., amniocentesis)⁹⁰. The trial involved 496 pregnant women at less than or equal to 20 weeks of gestation. The study assigned participants to receive an interactive prenatal testing decision tool or the California Department of Health Services' educational booklet. The study excluded women who did not speak English, were beyond 20 weeks of gestation, had already undergone genetic testing, were carrying more than one fetus, had become pregnant using in vitro fertilization, or were candidates for prenatal diagnosis because of family history. The primary outcomes were knowledge, risk awareness, intervention satisfaction, and decisional conflict. Women using this decisionmaking tool acquired more knowledge and were able to more accurately estimate their risk of having a baby with Down syndrome and miscarriage risk related to testing procedures. As compared to the control group, the women using the decision tool had less decisional conflict and were more likely to make decisions other than those they were originally inclined to make before using the tool (Appendix G, Evidence Tables 28).

An RCT, involving 742 pregnant women in Scotland who had had one previous lower segment Caesarean section, ²⁴⁶ evaluated two approaches for computer-based decision support to help with decisionmaking on Caesarean section against usual care. The study randomized participants to one of three arms: usual care, use of a computer-based information program about clinical outcomes of vaginal birth and elective and emergency Caesarean section, and use of a computer-based decision analysis tool that provided delivery mode recommendations based on utility assessments provided by the pregnant woman and risk analysis based on a "concealed decision tree." The study excluded non-English speakers and women whose most recent delivery was not a Caesarean section. The study outcome measures included the impact on decisional-conflict scale and mode of delivery. Women using both approaches had less decisional conflict than women in the usual care group. Vaginal birth rates, however, were similar among the usual care group and the group using the information-based computer program but significantly higher among women using the decision aid (Appendix G, Evidence Tables 28).

How Does the Impact on Shared Decisionmaking Between Patients, Their Families, and Providers, Patient-Clinician Communication, and Access to Medical Information in Patients Vary by Type of Health IT Application?

Table 40 summarizes how the impact on shared decisionmaking, communication with patients, and access to medical information varied according to the type of health IT application (based on the five major health IT types as described in Chapter 2). The analysis demonstrated that relatively few studies have examined these outcomes for any of the types of health ITapplications. The studies cited shared decisionmaking applications most frequently as having at least one positive effect on shared decisionmaking or communication, and in most cases those studies reported having a statistically significant effect. Although only four studies used care management tools to assess the impact on shared decisionmaking and communication, all four of those studies reported at least one positive outcome, which was statistically significant in three of them.

Table 34. Studies addressing the effect of health IT applications on shared decisionmaking, patient-clinician communication, and access to medical information in specific target conditions, target populations, and care focus areas

Target Focus Care Area	N (Specific Reference)
Heart disease	5 ⁴¹ 56 33 35 50 350
Diabetes	1 ²⁸
Cancer	3 215 282 349
Chronic condition/health problem	1 ⁹⁶
Genetic counseling	1 ¹⁰²
Menopause/hormone replacement therapy	3 107 296 339
Migraine	1 ³⁵¹
Obesity	2 ^{290 343}
Pregnancy	2 ^{90 246}
Primary care	2 ^{318 352}
Skin lesions	1 ¹¹⁶
Smoking	1 ²⁹³
Wound care	2 ^{121 333}

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 35. Studies addressing the effect of health IT applications on shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information

Health IT Application	N (Specific Reference)
Care Management	Tools
Clinical decision aids	6 ^{33 50 90 215 282 318}
Computer-assisted self-care	1 323 351
IT-guided disease management	3 ⁵⁰ 56 96
Personal Health Record and Patient Pe	ortal Related Applications
Education via IT	4 ⁵⁶ 102 296 352 353
Interactive lifestyle counseling	2 290 293
Patient portals	1 ³¹⁸
mHealth	1 ³⁴³
Shared Decisionm	aking
Shared decisionmaking tools	7 ^{33 102 107 215 246 296 339}
Telehealth	·
Telemedicine	4 ^{28 41 121 333}
Telemonitoring systems	3 56 116 350 352
Secure Electronic Me	ssaging
Information exchange	4 35 56 107 349
Communication via e-mail	1 ⁵⁶

E-mail: Electronic Mail, IT: Information Technology, mHealth: Mobile Health

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

Table 36. Studies addressing the effect of health IT applications on shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information, broken down by specific components of PCC

Component of PCC	N (Specific References)	
Coordination and Integration of Care		
Quality and safety	11 ⁹⁰ 96 107 116 121 215 246 282 290 296 318 320	
Quality improvement	4 ⁴¹ 282 320 351 352	
Integrated care	3 ¹⁰² 116 293 353	
Routine patient feedback to practice	4 41 116 333 349	
Prevention and health promotion	3 28 56 102	
Transition and continuity	1 ³³³	
Whole-Person Orientation		
Respecting patients' values, preferences and needs	3 ^{121 339 351}	
Alleviation of fear and anxiety	1 50	
Exploring the disease and illness condition	1 121	
Enhanced Clinician-Patient Relati	ionship	
Patient engagement in care	11 ³³ 35 41 50 56 107 339 343 349- 352	
Patient empowerment	3 ^{33 50 56 353}	
Clinical Information System	is .	
Practice-based learning	1 ²⁸²	
Socio-Cultural Competence		
Community outreach	2 ^{28 33}	

IT: Information Technology

Table 37a. Summary of the impact of health IT applications on PCC outcomes related to diabetes mellitus in studies addressing shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information (N=1)

Study, Year	Intervention Compared	Outcomes Measure	Positive Impact
Gomez, 2008 ²⁸	DiabTel telemedicine system vs. usual	Improving communication with the doctor	+
Gomez, 2008	care	Help on diabetes education	+

IT: Information Technology

Table 37b. Overall grade of the quality of evidence in diabetes mellitus studies addressing shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	Moderate
*	Mean Jadad score [†]	-2
2	Number of studies	1
3	Did the studies have important inconsistency?	Not applicable
4	Were the studies sparse?	Yes
5	Overall grade of evidence	Low

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

^{*} Table includes all of the studies that were included in the evidence tables, not just the studies of frequently studied conditions that were highlighted in the text.

[&]quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 38a. Summary of the impact of health IT applications on PCC outcomes related to heart disease in studies addressing shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information

Study, Year	Intervention Compared	Outcomes Measure	Positive Impact
Fretheim, 2006 ⁵⁰	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	Shared decisionmaking	0
Lowensteyn, 1998 ³⁵	Coronary risk profile to physician vs. no profile risk to physician	Ratio of high-risk to low-risk patients returning for followup visits	+
	Blood pressure monitoring and patient Web services vs. usual care	Electronic messaging and subsequent responses	+
Green, 2008 ⁵⁶	Blood pressure monitoring and patient Web services and pharmacist care vs.	Telephone encounters Electronic messaging and subsequent responses	+
	usual care	Telephone encounters	+
		Median consultation times Median clinician verbal dominance in 10 minutes preceding decision	-
		Median doctors information-seeking	-
	Implicit computer-based decision aid,	Median doctors pause	-
Kaner, 2007 ³³	DARTS II used for clinician-patient	Median patients negative talk	+
Karier, 2007	treatment decision vs. paper-based guidelines for clinician-patient treatment	Median doctors nodding	+
	decision	Median doctors head shake	-
	dociolori	Median doctors smiling	+
		Median doctors point at the patient	+
		Median doctors touching/pointing at tool	-
		Median doctors eye-gaze toward tool	+
		Median patients eye-gaze toward tool	+

Table 38a. Summary of the impact of health IT applications on PCC outcomes related to heart disease in studies addressing shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information (continued)

Study, Year	Intervention Compared	Outcomes Measure	Positive Impact
		Median consultation times	-
		Median clinician verbal dominance in 10	
		minutes preceding decision	-
	Explicit computer-based decision aid,	Median doctors information-seeking	+
	DARTS II, used for clinician-patient	Median doctors pause	-
Kaner, 2007 ³³	treatment decision vs. paper-based	Median patients negative talk	+
(cont.)	guidelines for clinician-patient treatment decision Median doctors nodding Median doctors head shake Median doctors smiling Median doctors point at the patient Median doctors touching/pointing at tool Median doctors eye-gaze toward tool	Median doctors nodding	+
		Median doctors head shake	-
		Median doctors smiling	+
		Median doctors point at the patient	-
		0	
		Median doctors eye-gaze toward tool	+
		Proportion with concern raised by parents	0
		Proportion for whom no action needed	0
McCrosson	Videoconferencing for children with	after the post-discharge assessment	U
McCrossan, 2007 ⁴¹	congenital heart disease vs.	Proportion inform consultant of breathing	0
2001	teleconferencing	difficulties	U
		Proportion advised NHS action by	+
		consultant	T

BMI: Body Mass Index, CV: Cardiovascular, DARTS: Decision Analysis in Routine Treatment, HDL: High-Density Lipoprotein, HRT: Hormone Replacement Therapy, IT: Information Technology, IVD: Interactive Video Disk [system], LDL: Low-Density Lipoprotein, NetLET: Internet Letter, NHS: National Health Service, PSA: Prostate Specific Antigen, RCT: Randomized Controlled Trial

Table 38b. Overall grade of the quality of evidence in heart disease studies addressing shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.20
2	Number of studies	5
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	No
5	Overall grade of evidence	Moderate

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

[&]quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 39a. Summary of the impact of health IT applications on PCC outcomes related to cancer in studies addressing shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information

Study, Year	Intervention Compared	Outcomes Measure	Positive Impact
Chan, 2008 ³⁴⁹	Emailed the NetLet vs. information sent	Fecal occult blood tests returned Percentage of patients who made	0
Orian, 2000	through regular mail	appointments todiscuss colon cancer screening with their doctor	+
	Traditional didactic decision aid providing information about prostate specific antigen	Total knowledge score / imputed data Total knowledge score / complete cases	+
	(PSA) screening options and outcomes vs. links to public prostate cancer–specific Web sites from credible sources (control condition)	only Reduced interest in PSA screening indicating increased interest in watchful waiting	+
Frosch,	Chronic disease trajectory model for prostate cancer followed by a time–trade-off exercise vs. links to public prostate cancer–specific Web sites from credible sources (control condition)	Total knowledge score / imputed data Total knowledge score / complete cases only	+
2008 ²⁸²		Reduced interest in PSA screening indicating increased interest in watchful waiting	+
	Both the didactic decision aid and the chronic disease trajectory model vs. links to	Total knowledge score / imputed data Total knowledge score / complete cases only	+
	public prostate cancer–specific Web sites from credible sources (control condition)	Reduced interest in PSA screening indicating increased interest in watchful waiting	+
		Mental health score on Short Form-36 questionnaire	0
Maslin, 1998 ²¹⁵	Intervention (interactive video disk system) plus usual care from multidisciplinary team	Anxiety score on the hospital anxiety and depression scale	+
	vs. usual care from multidisciplinary team	Viewing interactive video disk had impact on surgical choice	0
		Viewing interactive video disk had impact on adjuvant therapy choice	0

E-mail: Electronic Mail, IT: Information Technology, NetLET: Internet Letter, PSA: Prostate Specific Antigen

Table 39b. Overall grade of the quality of evidence in cancer studies addressing shared decisionmaking with patients, their families, and providers; patient-clinician communication; and access to medical information

1	Protection against risk of bias (relates to study design, study quality, and reporting bias*	High
*	Mean Jadad score [†]	0.67
2	Number of studies	3
3	Did the studies have important inconsistency?	Yes
4	Were the studies sparse?	Yes
5	Overall grade of evidence	Low

^{*} The Jadad scoring method, and rules for converting the numerical score to a rating for protection against risk of bias are described in the Quality Assessment subsection of Chapter 2, Methods.

[&]quot;+" indicates that the intervention had a positive effect on the outcome in comparison with the control

[&]quot;-" indicates that the intervention had a negative effect on the outcome in comparison with the control

[&]quot;0" indicates that the intervention had no effect on the outcome in comparison with the control

[†]The rules for assessing the quantity and consistency of a body of evidence, and combining that with the mean Jadad score to produce the overall grade are described in the Grading of the Evidence subsection of Chapter 2.

Table 40. The impact on shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information by type of health IT

application

Health IT Type	Number of Studies	Studies With at Least 1 Outcome With a Positive Impact, n (%)	Studies With at Least 1 Outcome With a Statistically Significant Positive Impact, n (%)
Care management tools	4	4 (100)	3 (75)
Telehealth	3	3 (100)	0 (0)
PHR/patient portals	1	0 (0)	0 (0)
Secure electronic messaging	4	3 (75)	2 (50)
Shared decisionmaking	7	6(86)	4 (57)

IT: Information Technology, PHR: Personal Health Record

Key Question 2. What are barriers and facilitators that clinicians, developers, patients and their families or caregivers encounter that may impact implementation and use of health IT applications that address patient-centered care, and how do these barriers and facilitators vary by type of health IT application?

We identified 206 articles that examined barriers and facilitators to the use of health IT applications that address components of patient-centered care. Studies focused on a wide variety of clinical conditions, including diabetes mellitus, cardiovascular disease, heart failure, chronic obstructive pulmonary disorder, cancer, asthma, mental health, sickle cell disease, and chronic pain. The articles included usability and feasibility studies, RCTs, quasi-experimental studies, pilot studies, case studies, surveys, cost-benefit analyses, and qualitative research. Health IT barriers and facilitators can apply to the health care system, clinicians, or patients (Appendix G, Evidence Tables 32 and 33) (Figure 1).

Barriers

Usability

Forty-nine studies addressed the usability of computer applications as a major barrier to the effective use of the applications by medical providers and patients (Appendix G, Evidence Table 32 and 33). We listed four of those studies that we deemed particularly significant.

A study conducted by Saleem (2005)³⁵⁴ addressed the usability of computerized clinical reminders. For two days, three observers recorded how clinicians interacted with the computerized clinical reminders. The study subjects were 35 nurses and 55 physicians and midlevel practitioners at four Veterans Administration medical centers. The authors coded field notes and sorted them into categories, and then integrated the findings into meaningful patterns and themes. Nine themes translated directly to barriers to effective use of the computerized reminders. Several comments were directly related to the poor interface usability of the reminders. Authors reported inflexibility of the dialogue options within the dialogue box of the

specific reminders. Because of this problem, nurses and providers had difficulty satisfying certain computerized reminders. They needed more options; without more options they often used workarounds. Another barrier they encountered was that the summary cover sheet (a list of patient's problems, allergies, and appointments) would often not load quickly. This delay resulted in the use of strategies that lessened the effectiveness of the reminders. For instance, some nurses and providers clicked on the progress notes tab before the reminders were displayed, or reported setting a default tab to bypass the cover sheet.

A study conducted by Ash (2003)³⁵⁵ evaluated the perceptions of medical professionals involved in computerized provider order entry. The study collected data at three teaching and nonteaching hospitals in the United States using observation, focus groups, and interviews with clinical, administrative, and information technology staff. The study employed an inductive approach to code field notes and transcripts to identify patterns and themes in the data. Technical and implementation issues included usability, time, training, and support. In particular, participants reported that there were often too many screens that needed to be accessed to place an order. Authors also reported frequent use of workarounds by clinicians as a way to make the system more effective for users.

Tierney (2003)³⁷ assessed the barriers to using computer-based cardiac-care suggestions by primary care physicians and pharmacists. The study provided evidence-based cardiac care suggestions approved by local cardiologists and internists to physicians and pharmacists as they cared for a total of 706 outpatients with heart failure and/or ischemic heart disease. The intervention had no effect on physician adherence to these care suggestions (23% for intervention patients vs. 22% for controls). One barrier the researchers identified was physicians were reluctant to integrate these computer-based suggestions with their practice. Although physicians viewed guidelines as providing helpful information, they resisted using the guidelines because they said the guidelines constrained their practice and did not see the guidelines as helpful in making decisions for individual patients.

Kaufman (2006)³⁵⁶ conducted an RCT involving Medicare beneficiaries living in medically underserved areas in New York state. The study evaluated the usability of a telemedicine diabetes education and monitoring device. The PCC components evaluated in this study included quality and safety. The investigators observed numerous barriers to patients' use of the Web components, including: perceptual-motor skills, especially in relation to the use of the mouse; mental models that referred to a basic understanding of system navigation; and health literacy, including basic literacy.

Access

Forty-seven studies identified barriers or facilitators related to access to the Internet, computers, or devices that could affect the use of health IT by patients and providers (Appendix G, Evidence Table 32 and 33). Two of those studies that we deemed particularly significant are listed here.

Lober (2006)³⁵⁷ evaluated barriers to the use of a PHR by 38 low-income elderly and disabled patients residing in a publicly subsidized housing project. Twenty-seven of the participants did not own computers and reported access as a barrier to using the system. Their access to computers was limited to the open hours of the computer room in the building. The entire group reported difficulties gaining access to assistance with data entry because of problems with nurse schedules and/or the availability of the social worker. The study also revealed cognitive barriers to access to the computers in one-third of the participants. Among the

barriers were problems with memory and cognitive impairments as a result of Alzheimer's dementia, or other conditions. These conditions affected the residents' ability to enter or maintain their PHR and to access the Web site because of an inability to remember their password, user name, or the site's uniform resource locator.

In a study of an integrated pediatric health care delivery system, Kleiner (2002)³⁵⁸ explored issues that parents, general pediatricians, and subspecialty pediatricians had using email for physician-patient communication. Some of the information parents wanted to communicate using email included scheduling appointments, getting information or test results, and discussing a particular symptom. A total of 325 parents, pediatricians, and medical staff were interviewed using a standardized survey tool for parents and a separate instrument for physicians. One barrier that was identified was almost half of the parents did not have access to email. Factors that improved the likelihood of access to email included a higher family income, parental education and age (parents aged 31 to 40 years were more likely to have access to email than were those in the other age groups). The study also showed that although parents were generally positive about the idea, physicians were opposed to the practice of using email for physician-patient communication.

Training

Forty-five studies addressed a need for clinic staff to obtain additional training in order to use a new health IT application (Appendix G, Evidence Table 32 and 33). One of those studies that we deemed particularly significant, Patterson (2005), 359 identified the lack of clinicians' computer training as one of the barriers to the effective and consistent use of computerized reminders in the Veteran's Health Administration. The authors conducted two studies. In the first study, they used ethnographic observations and semi-structured interviews of HIV-related computerized reminders to identify barriers to effective use. The two barriers to effective use that they identified were limited knowledge of how to use the computerized reminder software and an insufficient basic formal training class on the computerized patient record system. The second study assessed more general barriers and facilitators. The authors collected open-ended and closed-ended data through a survey of 261 participants at a national informatics meeting. Seven percent of the respondents indicated that insufficient training made using computerized reminders more difficult. In particular, the respondents felt that more training was needed in the following areas: computerized reminder use in general, removing inapplicable reminders, general computer skills, creating computerized reminders, generating reports, and viewing active reminders.

Cost

Thirty-two studies mentioned the cost of health IT implementation (Appendix G, Evidence Table 32 and 33). The evidence clearly indicated that the higher cost associated with implementation of electronic health records was a significant barrier.

Computer Literacy

Thirty-one studies explored deficits in patients' and clinicians' computer literacy and skills as barriers to the use of a health IT application (Appendix G, Evidence Table 32 and 33). We listed two of those studies we deemed particularly significant.

Trivedi (2009)³⁶⁰ examined the feasibility and effectiveness of a clinical decision support system for depression in routine public mental health care implemented in Texas. Fifteen study clinicians (13 physicians and two advanced nurse practitioners) from five sites participated in the study, accruing over 300 outpatient visits with 168 patients. They identified computer literacy and hardware/software requirements as barriers to the use of a clinical decision support system for depression. Specifically, for many clinicians, technical errors encountered during the introduction and early use of the software program frequently precipitated a loss of confidence in the program. Some clinicians were not willing to tolerate technical errors during the patient visit. Finally, almost all physicians thought the clinical decision support system was too complex.

Another study conducted by Chu (2009)³⁵³ evaluated the computer literacy and psychosocial influence of computer anxiety, computer confidence, and computer self-efficacy on older adults at six meal congregate sites. The study randomized 137 participants, aged 65 and older, in a controlled, two-group, pre-post, repeated measures design. Participants in the intervention group received a two-hour training session once a week for five weeks. Of the 112 participants eligible for analysis, 70 percent had never used a computer before. Among the reasons given for not using a computer or Internet, participants mentioned they did not have the opportunity to learn or did not have access to a computer or Internet. Surprisingly, almost 92 percent of the participants were not aware of the availability of computers and Internet access to the public at community centers and public libraries. The intervention group demonstrated a reduction in computer anxiety and increases in computer confidence and computer self-efficacy in retrieving and evaluating online health information.

Increases in Workload or Changes in Workflow

Thirty-eight studies identified workload-related issues as barriers (Appendix G, Evidence Table 32 and 33). One of the studies that we found particularly illustrative was Varonen (2008)³⁶¹ which identified potential barriers implementing clinical decision support systems in health care, as perceived by clinicians. The authors conducted a qualitative focus group study with 39 physicians representing primary and secondary health care settings in six areas of Finland. Respondents identified a potential increase in workload due to excessive computerized reminders as one of the barriers to implementing these support systems.

Implementation

Twenty-eight articles discussed issues with implementation of health IT applications (Appendix G, Evidence Table 32 and 33). One example that we deemed significant, Samoutis (2007), ³⁶² introduced an electronic medical record system in two public primary care centers in Cyprus that did not previously have computers. One urban and one rural primary care center and their personnel (physicians and nurses) participated in the project. The study used both qualitative and quantitative evaluation tools during the implementation phase. A total of 10 health professionals served as electronic medical record system evaluators. Physicians, nurses and patients stated that they saw clear benefits to having electronic medical records. However, physicians said they believed the system was difficult to use and that it negatively affected their workflow and raised legal concerns. They cited system breakdowns, software design problems, transition difficulties, and lack of familiarity with electronic equipment as some of the main implementation issues.

Confidentiality

Twenty-two articles discussed confidentiality issues resulting from use of health IT, three of these we highlighted below (Appendix G, Evidence Table 32 and 33).

The study by Garcia-Sanchez (2008)³⁶³ assessed the prevalence of worries among patients about confidentiality breaches of computer records. Sixty-two patients filled out a questionnaire. Forty-eight percent of them experienced confidentiality worries during past consultations. The subjects who worried most about confidentiality were those who were less familiar with computers and less aware about their general practitioner's actions at the computer.

In the study by Likourezos (2004),³⁶⁴ researchers surveyed 44 emergency medicine clinicians (23 physicians and 21 nurses) regarding their satisfaction with an electronic medical record system recently introduced in the emergency department at a large urban teaching hospital. The questionnaire assessed computer background and experience, perceptions regarding electronic medical record use, and concerns about impact upon quality of patient care. The clinicians found the electronic medical record easy to use and were generally satisfied with the impact on their work. However, they were concerned about issues related to the confidentiality of patient information.

Kleiner, 2002³⁵⁸ explored attitudes of parents and clinicians regarding the potential issues involved in using email for physician–patient communication. The authors interviewed a total of 325 parents, general pediatricians, and subspecialty pediatricians, from an integrated pediatrichealth-care-delivery system, using a standardized survey tool for parents and a separate instrument for physicians. More than half of parents and general pediatricians had access to email and all subspecialty pediatricians had access to email. All three groups (parents, general pediatricians, and subspecialty pediatricians) expressed concerns about confidentiality and time demands in using email communication for patient-physician communication.

Other Barriers

Depersonalization was mentioned in 10 studies as a potential barrier. Another five studies cited incompatibility with current health care practices as a barrier. Five articles cited problems with reimbursement as barriers. Three studies identified problems with patient retention and liability as barriers.

Facilitators

Satisfaction

Forty-seven studies evaluated satisfaction with a health IT application (Appendix G, Evidence Table 32 and 33). The studies generally did not provide a sufficient level of granularity to distinguish among different dimensions of satisfaction. A number of these studies are highlighted below.

Bobrie (2007)³⁶⁵ evaluated the satisfaction with and feasibility of home blood pressure measurements using telemedicine in a multicenter, prospective, single-group, open-label pilot study of 111 patients with uncontrolled hypertension despite monotherapy. Authors reported that 80 percent of the patients were satisfied or very satisfied with the program, and 52 percent of the physicians were satisfied and 22 percent very satisfied with the program.

Shore (2008)³⁶⁶ compared the satisfaction of 53 rural American Indian Vietnam War veterans with telepsychiatry. The study gave The Structured Clinical Interview for DSM-IIIR to participants both in person and by videoconference. The study used a process measure to assess

participants' satisfaction with the interview and the interview process, responses to the interview type concerning the usability of the technology, the perceptions of the interviewee/interviewer interaction, and the cultural competence of the interview. The study also asked interviewers several of the same questions as the participants; answers were compared to the corresponding participant responses. Overall, interviewees were highly satisfied with both the in-person interview and the telehealth interview. Ninety-four percent (50) of the subjects had a general positive response to the videoconferencing. Interestingly, the interviewers' ratings of perceived interviewee satisfaction were universally lower than the interviewee ratings: Interviewers underestimated how comfortable the interviewee was during the interview, the interviewee's overall amount of satisfaction with the interview, and how much the interviewee understood the physician's questions and trusted the physician. The authors concluded that telepsychiatry was well-received and comparable in terms of patient comfort, satisfaction, and cultural acceptance to in-person interviews.

Ease of Use

Forty-eight studies addressed ease of use as a potential facilitator of the implementation of health IT (Appendix G, Evidence Table 32 and 33). In one of those studies, a 12-month trial in two outpatient mental health clinics in Los Angeles, Chinman (2007)³⁶⁷ assessed the feasibility of using audio computer-assisted self-interviewing to ask clinical questions of patients with severe mental illness waiting for appointments. Audio computer-assisted self-interviewing is a visual and aural, Internet-based, touch screen system that asks questions about symptoms, drug use, medication adherence, and side effects. The patient gives a one-page printed summary of the results to the psychiatrist during the appointment. Authors collected data from 266 patients with severe mental illness and 14 psychiatrists using surveys and provider focus groups The results indicated that patients felt that the system was enjoyable, easy to learn and use, and improved communication with their psychiatrists. Providers evaluated the system as easy to use, having a small impact on care, and requiring outside support to continue its use.

Usefulness

Twenty-six studies evaluated the usefulness of health IT (Appendix G, Evidence Table 32 and 33). Two that we thought were especially significant we listed below.

Dombkowski (2007)³⁶⁸ integrated information from Medicaid administrative claims data into the Michigan Care Improvement Registry to remind providers about influenza vaccination for children with high-risk conditions such as asthma. The authors conducted a survey to assess the attitudes of pediatric primary care providers regarding the implementation of the system. Of the 389 respondents, 48 percent believed that the implementation of a high-risk indicator in the Registry for identifying children with asthma who should receive the influenza vaccine would be "very helpful," and 27 percent believed it would be "helpful."

Eminovic (2004)³⁶⁹ explored issues of safety, feasibility, and patient perceptions concerning the Clinical Enquiry Service, which uses a Web chat for the public to contact a nurse for any kind of health problem in the U.K. In a 6-day pilot program, the study used the service during an office visit in an inner-city general practice involving non-urgent patients. First, patients completed out three Web forms. They then used a simple Web chat application to communicate with trained National Health Service direct-triage nurses, who responded with appropriate triage advice. The general practitioner saw all patients immediately after using the Web chat service.

Twenty-five patient volunteers considered the intervention to be a useful addition to regular care, but not a replacement for it.

Efficiency

Thirty-three articles evaluated the efficiency of health IT applications (Appendix G, Evidence Table 32 and 33). The studies used different approaches to assessing efficiency. We highlighted two of these studies below that we deemed significant.

Christensen (2008)³⁷⁰ studied the use of electronic patient record systems by Norwegian general practitioners. Authors examined the use of different electronic patient record functions and the time spent on using the records, as well as the potential effects of such systems on the clinician-patient relationship. They conducted a combined qualitative and quantitative study that used data collected from focus groups, observations of primary care encounters, and responses to a questionnaire survey of a random sample of 247 general practitioners to describe their use of this IT application in primary care. The focus group results indicated that a majority of the clinicians believed that these systems, compared to paper systems, saved both time and work. However, they did say that these systems resulted in the transfer of some administrative work from secretaries to the physicians.

Wang (2004)³⁷¹ evaluated Web-based PHR used by patients to collect and manage their health information, request self-referrals, and store a record of their consultations. Two patient care coordinators managed the referrals for five specialists. Results showed that 94 percent of the 32 patients who completed a survey were satisfied with the online referral process. In addition, the specialists were satisfied with the informational content of patients' PHR and were able to effectively prioritize all requested referrals based on information in the PHR that the patient provided.

Other Facilitators

Eleven studies identified comfort in use of health IT as a facilitator – defined as being comfortable with using technology, which is distinct from how easy the technology is to use. For example, a patient may find a technology easy to use but may not be comfortable placing it at home. Thirteen studies addressed issues related to support for the use of health IT applications. Nine studies explored site location as a facilitator of health IT implementation and use. The issues of operability and resources were discussed in eight articles. Six articles discussed the need for standardization of health IT applications.

Variation by Health IT Type

None of the included studies were specifically designed to assess how barriers and facilitators differed by type of health IT. When reviewing the published literature on care coordination tools, increases in workload or changes in workflow (24 of 127 studies) was noted as the most common barrier to use, while the most common facilitator was ease of use (26 of 127 studies) (Tables 41 and 42, Appendix G, Evidence Tables 32 and 33).

Among studies in telehealth, the most frequently reported barriers were access, training, and usability (12 of 59 studies each), while satisfaction was the most frequently reported facilitator (in 12 of 59 studies). In studies examining PHR use and patient portals, more than 30% of studies (31 of 41 studies) reported access as a barrier to use, while satisfaction and ease of use were seen as facilitators in another 20% of studies (9 of 41 studies). Studies of secure electronic communication cited training and confidentiality as substantial barriers to use (in 7 of 22

studies), while ease of use and efficiency wre the most common facilitators of use (in 4 studies). Two studies of shared decisionmaking reported increases in workload or changes in workflow as a barrier to use, while satisfaction, ease of use and efficiency were seen as facilitators of shared decisionmaking interventions in two studies.

Table 41. Variation in reported barriers by health IT type

	Care Management Tools (127 Studies)	Telehealth (59 Studies)	PHR/Patient Portals (41 Studies)	Secure Electronic Mesaging (22 Studies)	Shared Decisionmaking (5 Studies)	Total
Access	16	12	13	6	0	47
Training	22	12	4	7	0	45
Cost	17	9	4	2	0	32
Computer Literacy	16	6	7	2	0	31
Workflow	24	7	2	3	2	38
Implementation	14	9	3	2	0	28
Confidentiality	7	4	4	7	0	22
Usability	25	12	11	1	0	49

IT: Information Technology, PHR: Personal Health Record

Table 42. Variation in reported facilitators by health IT type

	Care Management Tools (127 Studies)	Telehealth (59 Studies)	PHR/Patient Portals (41 Studies)	Secure Electronic Messaging (22 Studies)	Shared Decisionmaking (5 Studies)	Total
Satisfaction	21	12	9	2	3	47
Ease of use	26	7	9	4	2	48
Usefulness	16	8	1	1	0	26
Efficiency	18	3	6	4	2	33

IT: Information Technology

Key Question 3. What knowledge or evidence deficits exist regarding needed information to support estimates of cost, benefit, impact, sustainability, and net value with regard to enabling PCC through health IT?

For Key Questions 1 and 2, our team identified deficits in the literature included in this review regarding estimates of cost, benefit, impact, sustainability, and net value of health IT application that enable PCC. Deficits fall into several general categories: types of conditions that are currently understudied; patient subgroups that are underrepresented; and characteristics of health IT that address components of PCC that are underspecified (see Table 43).

As can be seen in the results section for Key Question 1, the majority of the existing research focuses on "process outcomes," clinical outcomes," and "intermediate outcomes," with a clear paucity of research regarding "improved responsiveness to the needs and preferences of individual patients" and "improved shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information." This is likely due to the fact that the success of health care is more traditionally gauged by clinical, intermediate, and process outcomes. In fact, most of the studies we reviewed were primarily interested in clinical outcomes, and even intermediate and process outcomes sometimes seemed to be an afterthought.

To better understand the impact of health IT on PCC, we clearly need to conduct more focused research on improving responsiveness to the needs and preferences of individual patients; shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information. This is especially important since these outcome measures are more directly associated with PCC than clinical, intermediate, and process outcomes.

Another research gap is that few studies focused on the role of health IT in improving PCC among the pediatric and elderly populations. We need to better understand how patients with cognitive or physical impairments interact with health IT. More research is also needed to understand the impact that racial and ethnic backgrounds, education, and socioeconomic levels have on the effectiveness of health IT on improving PCC. Because no studies sought to answer this question, the impact of health IT on health care across populations remains unclear.

With more care being delivered in the home and community-based setting, more research needs to be done to elucidate the impact of community, environment, and culture on the health care utilization and health outcomes associated with health IT. In addition, the needs, concerns and impact of health IT on formal and informal caregivers should be explored.

It also is important to study how to make decision support tools more efficient for providers. Significant effort is needed to improve the accuracy and dependability of high impact health IT tools that address components of PCC.

Other important areas of study are: developing integrative measures for gauging compliance of health IT applications with PCC principles, integrating PCC components into electronic health record systems used in routine clinical practice, how different types of outcomes interact when health IT supports PCC, and how to use principles of PCC in a systematic way. Finally, few studies addressed cost or sustainability. These evidence deficits will need to be addressed or they will limit the future success of the use of health IT to enable patient-centered care.

Table 43. Knowledge or evidence deficits regarding health IT applications

Key Question	Conditions Which Have Not Been Sufficiently Addressed in the Literature Regarding PCC Through HIT	Subpopulations Which Have Not Been Sufficiently Addressed in the Literature	Outcomes Relating to Health IT and Definitions of Those Outcomes
1a—health care processes	Conditions other than diabetes, hypertension and heart disease; substance abuse, infectious diseases, surgical conditions, and critical illnesses	Studies among women, children, the elderly, and patients with cancer	Effects of health IT on cost and provider efficiency
1b—clinical outcomes	Conditions other than diabetes, hypertension, and heart disease; e.g., substance abuse including tobacco use, chronic pain, and cancer	Studies on women, children, the elderly	
1c— intermediate outcomes			Categorical, mutually exclusive, standardized definitions of intermediate outcomes; studies addressing "intermediate outcomes" as primary outcomes
1d—needs, values, preferences	Studies of conditions other than diabetes, heart disease, and cancer, including chronic pain and smoking cessation	Studies in vulnerable populations such as the elderly, racial and ethnic minorities, and pregnant women	

Table 43. Knowledge or evidence deficits regarding health IT applications (continued)

Key Question	Conditions Which Have Not Been Sufficiently Addressed in the Literature Regarding PCC Through HIT	Subpopulations Which Have Not Been Sufficiently Addressed in the Literature	Outcomes Relating to Health IT and Definitions of Those Outcomes
1e—shared decisionmaking		Studies among children	Impact of patient factors such as age, education, and socioeconomic status and how those can be best addressed to maximize effects of health IT applications designed to enable PCC. Time requirements for using decision support tools, especially those targeting providers
2—barriers or facilitator			Initiation, capital, and revenue concerns in implementation of health IT to enable PCC

IT: Information Technology

Key Question 4. What critical information regarding the impact of health IT applications implemented to enable PCC is needed to give consumers, their families, clinicians, and developers a clear understanding of the value proposition particular to them?

Our team also used the literature reviewed in this report to identify the information needs of various stakeholders regarding health IT and PCC, and summarized these needs in Table 44. In previous sections we discussed deficits regarding needed information to support estimates of cost, benefit, impact, sustainability, and net value with regard to enabling PCC using health IT.

The most important stakeholders are health care providers, patients, and their families. To understand the value of health IT in promoting PCC, all stakeholders need information not only about the effectiveness of specific health IT applications for specific purposes, but also information about the applicability of health IT applications to their particular settings. These needs create a dilemma for investigators. On one hand, stakeholders first need to obtain a better understanding of the effectiveness of specific health IT applications at a specific level of system implementation for achieving specific types of outcomes. This calls for studies focusing on a narrow set of promising systems using standardized definitions of interventions and outcomes, and adequate sample sizes. On the other hand, studies must be generalizable to meet the needs of stakeholders working in different settings. Research in the use of health IT deliver patient-centered care would be useful to more providers, patients, and families if researchers designed studies to maximize applicability to different settings. We need a coordinated strategy to meet these competing needs, with large generalizable studies following initial demonstrations of the effectiveness of an intervention.

The primary outcomes studied to date have been very diverse, even within the types of outcomes we defined in our analytic framework (Figure 1). Various stakeholders are likely to differ in the outcomes that are most important to them. To meet the needs of different types of stakeholders, investigators may need to engage targeted stakeholders in the design of studies and the selection of most important outcomes to assess. While real improvements in all outcomes are the ultimate goal, that may not be realistic for most studies due to funding and resource constraints. In any case, stakeholders will have a better understanding of the effects of health IT

applications on the outcomes most important to them if outcomes are defined in a more standardized way across studies. This is especially true of PCC-related outcomes, which should be included as primary study outcomes.

As mentioned above, it would also be useful to stakeholders to have more studies that describe the effects of health IT on cost and provider efficiency. More data supporting health IT as being at least cost- and time-neutral would go a long way toward encouraging providers and patients to welcome the use of health IT in daily practice.

Table 44. Information needs of various stakeholders regarding health IT applications

Stakeholders	Information That is Needed Regarding Health IT in PCC and Not Currently Available in the Literature		
Patients	Quality of confidentiality, privacy, portability; whether health IT leads to improved outcomes in a wide range of health conditions; efficiency; whether health IT can be tailored to individual preferences; ease of use in real-life situations, e.g., home, clinic, work; whether implementation cost will be passed down to patients		
Family members	Effectiveness of health IT interventions for improving quality of care, coordination of care, and costs		
Clinicians	Effectiveness of health IT interventions to enable PCC in real-time in day-to-day practice, especially among various sub-populations (women, minorities, the elderly, children)		
Developers	Preferences of patients, family members, and clinicians regarding health IT used to enable PCC		

IT: Information Technology

Discussion

Health information technology (health IT) is a rapidly expanding field that is changing the way health care is administered. With patient-centered care (PCC) emerging as the agreed-upon model for best practice by patients, providers, and family members, it's not surprising that health IT's impact on PCC is of great interest to many in the health care field. Yet, to date, there has not been a comprehensive study on how health IT enables PCC. This report does just this.

Our team has successfully identified 327 articles that contain data on this important topic. We tried to examine a comprehensive range of PCC outcome measures, and feel that the chosen parameters (processes outcomes; clinical outcomes; intermediate outcomes; responsiveness to the needs and preferences of individual patients; and shared decisionmaking between stakeholders, patient-clinician communication, and access to medical information) give us a clear view of how effective health IT is at enabling PCC. Similarly, we believe the health IT types we identified (care management tools, telehealth, personal health records/patient portals, secure electronic messaging, and shared decisionmaking) cover the full gammet of pertinent health IT applications relevant to PCC.

One major challenge we faced was the diverse study populations (varying from as few as a dozen patients to more than 1,000), varied settings, and wide range of interventions (delivered at system, provider, and patient levels), making it difficult to directly compare studies. However, regardless of the heterogeneous nature of the articles reviewed, we feel the data reviewed in this report clearly shows that health IT applications are successful at enabling PCC.

Process Outcomes

After reviewing the 97 studies cited in this report, we found that diabetes mellitus, hypertension, congestive heart failure, cancer and asthma were the conditions the studies most commonly targeted (Table 5). In addition we found that process outcomes were clearly the most commonly addressed measure—among these process outcomes, the studies predominantly focused on adherence to standards of care for testing and treatment and use of health care resources (Tables 8–11). Studies cited telehealth applications and care management tools as the IT types that most commonly improved these outcomes. However, we also found that the other three types of health IT had a significant positive effect in the majority of studies (Table 6). Finally, we found that patient engagement in care, quality improvement, quality and safety, prevention and health promotion, and integrated care were the PCC components these studies most commonly addressed (Table 7).

After reviewing each of these articles, we concluded that process outcomes generally improve with health IT interventions that involve components of PCC. We found strong evidence of this in Filippi (2003),²⁰ where a simple electronic reminder system helped increase by two-fold the likelihood that physicians would prescribe an antiplatelet drug to diabetes patients at high risk for cardiovascular disease. Similarly, in Murtaugh (2005)³¹, we saw how nurses who received electronic messages, prompts, and educational material, delivered significantly better and more comprehensive care to their patients with heart failure. In Jones (1999),⁴⁶ cancer care patients who received a personalized "consultation" about their condition using a touch screen computer had considerably better knowledge about their condition and treatment than a group given a personalized consultation or booklets.

The large volume of data uncovered in this review provides a rather convincing argument supporting the use of health IT applications that address components of PCC as a method for improving process outcomes. Perhaps one reason for this is that, in general, Internet technologies often directly address the speed and accuracy of processes. Therefore, it's not surprising that we should see this kind of result in health care.

Clinical Outcomes

Ninty-two studies examined clinical outcomes in areas that employed health IT applications addressing components of PCC. Telehealth applications and care management tools were the health IT types most frequently associated with an improvement in clinical outcomes, but personal health records/patient portals and secure electronic messaging also produced significant improvement in at least one clinical outcome in most studies (Table 14). The studies we reviewed most commonly addressed the PCC components patient engagement in their care, quality improvement, quality and safety, and integrated care (Table 15). They most commonly targeted heart disease, diabetes, asthma, obesity, mental health, chronic obstructive pulmonary disease, and cancer (Table 13).

The study results overall suggest clinical outcomes generally improve with health IT interventions that have components of PCC. One clear example was Montori (2004), ²⁰⁸ where using telehealth in diabetes care to send glucometer readings had a positive impact on mean HbA1c levels. In heart disease care, Feldman (2005)³² illustrated how recommendations and additional resources sent by email to nurses caring for the patients improved physical limitation, symptom domains, qualityoflife, social limitation, self-efficacy, and depression. Also, in cancer care, Ruland (2003)⁴⁷ illustrated how a computer application resulted in significantly higher scores on symptom reporting.

Not all health IT applications studied provided a clear clinical improvement when compared with control groups. These conflicting results might be due to the relatively short duration of many of these studies—a direct product of the short history of health IT use. Future studies that span years instead of weeks or months may provide more conclusive data on the ability of health IT to enable PCC.

Intermediate Outcomes

We found 87 studies that addressed the effects of health IT applications that address components of PCC on intermediate outcomes. The studies most frequently reported telehealth applications as having the most significant positive effect on intermediate outcomes, but less than half of the telehealth applications had a significant positive effect on an intermediate outcome (Table 20). Fewer studies reported personal health records/patient portals, secure electronic messaging, and shared decisionmaking tools as having a significant positive effect on intermediate outcomes, but most of those studies reported a positive effect on at least one intermediate outcome. The studies most commonly targeted telemonitoring systems, clinical decision aids, IT-guided self-management, IT-guided disease management, and computer-assisted self-care as PCC components (Table 23). They predominantly addressed the intermediate outcomes patient knowledge or behaviors and patient satisfaction (Tables 24–26). The studies predominantly targeted diabetes, heart disease, obesity, cancer, hypertension, and alcohol abuse (Table 22).

The study results suggested intermediate outcomes generally improve with health IT interventions that have components of PCC. Good examples of this are Homko (2007), ²⁰³ where

women with gestational diabetes felt a greater sense of self-efficacy when given access to a Web site established for documentation of glucose values and communication between the patient and the health care team. In Feldman (2005),³² heart disease patients had a higher quality of life score and better medication knowledge, diet, and weight monitoring as a result of an email reminder sent to their nurse highlighting six heart failure-specific clinical recommendations. In Gaertner (2004),²⁵⁶ patients suffering from chronic cancer pain had a higher level of satisfaction with an electronic version of a pain diary.

Not all of the articles reviewed provided convincing evidence that health IT applications that address components of PCC improved intermediate outcomes. However, similar to with clinical outcomes, it's believed that as health IT becomes more common practice, the evidence supporting a positive effect on intermediate outcomes will be more consistent and abundant. It should also be noted that most of the data addressed these first three outcomes, process outcomes, clinical outcomes, and intermediate outcomes. The reason for this is two-fold. One, these outcomes are more easily assessed since they are more concrete in nature than the remaining two outcomes: responsiveness to the needs, preferences, and values of individual patients; and shared decisionmaking between patients, their families, and providers, patient-clinician communication, and access to medical information. Secondly, the success of health care is more often gauged by process measures, clinical measures and intermediate outcome measures. Since these measures are significant to health care—from the perspective of patients, providers, and administrators alike—the positive results may have a significant effect on encouraging more widespread implementation of health IT applications in the health care industry.

Improved Responsiveness to the Needs, Preferences, and Values of Individual Patients

We found only 14 studies that directly examined the effect of health IT applications on responsiveness to the needs, preferences, and values of individual patients. Three of these studies related to cancer care (Table 28). There were too few studies to draw any conclusion about how the effects on these outcomes might vary by the type of health IT. The studies addressed the PCC components of patient satisfaction; quality of life; medication recognition and adherence; patient symptom recognition; patient knowledge; patient preferences for in-person or IT-based consultation; health care processes; and patient social, emotional, cognitive, and physical functioning (see Table 30).

With the small number of studies that addressed the effect of health IT applications on responsiveness to the needs, preferences, and values of individual patients, it's difficult to make any significant conclusion about the effect of health IT on this important outcome. However, it is encouraging that the three articles addressing cancer reported a positive effect in this important outcome category. Taenzer (2000), ²¹⁶ provided patient-specific computerized quality of life information to clinic staff before an appointment in a lung cancer outpatient clinic resulting in a trend towards clinicians charting more concerns and taking more action with regard to these concerns. In Ruland (2003), ⁴⁷ cancer patients using a computerized decision support system reported that significantly more symptoms were addressed in patient consultations. In Frosch (2008), ²⁸² a patient decision support Web site was more effective at improving decision quality and prostate cancer knowledge and reducing decisional conflict than was guiding patients to public sources of information. Hopefully, these positive results will generate future studies on this important aspect of the use of health IT to deliver patient-centered care.

Improved Shared Decisionmaking Between Patients, Their Families, and Providers; Patient-Clinician Communication; and Access to Medical Information

Twenty five studies reported on how health IT applications affected shared decisionmaking between patients, their families, and providers; patient-clinician communication; and access to medical information. The studies most frequently cited shared decisionmaking applications as the type of health IT having least one positive effect on shared decisionmaking or communication, and in most cases those studies reported having a statistically significant effect (Table 32). Although only four studies used care management tools to assess the impact on shared decisionmaking and communication, three of those studies reported at least one statistically significant positive outcome. The studies we reviewed most commonly addressed the PCC components quality and safety, patient engagement in care, and quality improvement (Table 34). These studies predominantly examined outcomes that included health care choices after exposure to health IT interventions, satisfaction with decisions, decisional conflict, and communication with providers (Tables 36–38). The studies most commonly targeted cardiovascular conditions, cancer, and hormone replacement therapy for perimenopausal and postmenopausal care (Table 33).

One of the studies that clearly showed improvements in these outcome areas was Gomez (2002), ²⁸ where a telehealth system to support diabetes monitoring increased communication significantly between providers and patients. Also, in Green (2008), ⁵⁶ home blood pressure monitoring, a secure patient Web site, and pharmacist care resulted in a higher frequency of communications between patient and pharmacist.

We were surprised to see so few studies related to this outcome, since it is intuitive to assume health IT would improve information sharing between stakeholders. Once again, as this field matures, we predict we will see more studies that show how health IT affects information sharing, decisionmaking, and access to medical information.

Additional Observations

It is important to note that, among the articles we reviewed, often the health IT applications the researchers most commonly studied were not the ones that proved most effective. This is likely due to the fact that health IT is a relatively new field with little available data to guide usage. What might appear to be effective theoretically might not produce practical results. We also likely see this discrepancy because the decision to implement many of these applications was often made on an availability basis, rather than on a need basis. We believe that as health IT applications gain longevity and ubiquity, consistency and predictability will improve. In addition, we learned that an impact on some outcomes does not necessarily mean a positive impact on PCC. Equally important, an impact on the PCC outcomes does not necessarily translate into an improvement in clinical outcomes. This was the rationale for our analytical framework, which did not make too many assumptions about the relationships between the different types of outcomes.

Barriers and Facilitators

We encountered a number of barriers to the use of health IT applications that enable PCC. We saw poor interface usability due to old age, low income, education, cognitive impairments,

low computer literacy, and insufficient training. We also saw physicians who were concerned about potential more or new work, unfavorable workflow, and problems related to new system implementation—including the lack of adequate funding. Both patients and physicians worried about confidentiality of patient information. Other barriers cited in these articles were depersonalization, incompatibility with current health care, the need for standardization of health IT applications, and problems with reimbursement.

Some of the facilitators we saw were high rates of satisfaction with an application's ease of use, perceived usefulness, and efficiency of use. We recognize the complexity of the satisfaction construct and that it can be gauged across various dimensions. However, in this review we used a less granular approach to assessing this concept due to significant heterogeneity of reviewed studies and approaches used for measuring satisfaction. A number of these studies also named availability of support, comfort in use, and site location as facilitators of health IT implementation and use. These results led us to conclude that health IT is in fact effective at enabling PCC and that although barriers do exist, they are not significant enough to discredit the benefits of health IT in enabling PCC. Furthermore, facilitators exist that help offset the barriers. Finally, we conclude that the results obtained in this study warrant further research on how to address the barriers and promote the facilitators in this emerging field.

Limitations

Health IT clearly is an emerging field. As such, interested parties do not agree on the definitions and categorizations of its various components. We considered different options for classifying and including different types of health IT and could have focused narrowly only on studies of health IT applications that were reported as being designed specifically to improve PCC. But very few, if any, studies reported that they were designed to improve PCC as it is now being defined. Furthermore, the studies we examined varied greatly in the terminology they used to characterize the health IT applications, making it more challenging to assign applications to specific categories. Therefore, we decided to include any study of any health IT application that addressed one or more components of PCC. By using a scheme that included health types that were not necessarily developed specifically to improve PCC, we learned that system-level applications may have an important role in facilitating PCC even if they are not necessarily designed specifically with that in mind.

Another limitation of this review is the wide heterogeneity of included articles. This heterogeneity pertains not only to diversity of systems used (in terms of hardware and software) or settings, sample sizes and methods, but also the level of system implementation. Some studies focused on design implications, others on implementation challenges, formative versus summative evaluation, or iterative designs. These issues affect the study designs in a manner somewhat unique to health IT-related studies, where there is no clear definition of research phases as would be the case with pharmaceutical studies or interventions. We believe that this heterogeneity reflects the current trend of explosive expansion of health IT applications in various areas of health care delivery. Such heterogeneity prevented us from being able to carry out a meta-analysis since too few articles had fully comparable interventions with similar outcomes.

In addition to the heterogeneity of the subjects, the primary outcomes studied have been very diverse even in the framework of each key question. While real improvements in all outcomes are the ultimate goal, standardization of core outcomes pertinent to each key question may be helpful in future analyses.

Another limitation is that only a few studies have described the effects of health IT on cost and provider efficiency, and even fewer have done so in a high-quality fashion. Although cost was mentioned in a number of studies, the studies generally were not designed to systematically assess costs from a well-defined economic perspective. Without more demonstrations of health IT being at least cost- and time-neutral, improvements in health care processes may not be enough to justify their implementation.

Furthermore, in many of the trials, the primary outcomes studied have been clinical, not processes of care. While real improvements in patient outcomes are the ultimate goal, the sense from reviewing the literature is that effects on process outcomes were often an afterthought. The strongest studies describing effects on process outcomes were those whose primary endpoints were indeed process outcomes.

Future Research Needs

A great deal of research is needed to address the evidence deficits we identified in our review of the literature for Key Question 3. Priority should be given to research that will provide the critical information regarding the impact of health IT applications implemented to enable PCC that will give consumers, their families, clinicians, and developers an understanding of the value proposition particular to them (as described in the results on Key Question 4).

Clearly, more research is needed to determine the extent to which health IT applications can improve clinical outcomes by promoting PCC. Particular attention needs to be given to studies that directly examine the effects of health IT applications on measures of PCC, including shared decisionmaking, patient-clinician communication, access to information, and responsiveness to the needs and preferences of individual patients.

There is also a need for categorical and mutually exclusive, standardized definitions of PCC-related study outcomes and health IT applications, so that meta-analyses and systematic reviews can provide practical and evidence-based guidance to health IT researchers and implementers. In particular, these studies should be designed with each type of outcome as a primary outcome, placing PCC at the center rather than the periphery of health IT interventions.

Future research should target the populations that have been under-studied, including the pediatric and elderly populations. We also need to better understand how patients with cognitive or physical impairments interact with health IT. More research is also needed to understand the impact that racial and ethnic backgrounds, education, and socioeconomic levels have on the effectiveness of health IT applications that address components of PCC.

With more care being delivered in the home and community-based settings, more research needs to be done to elucidate the impact of community, environment, and culture on the health care utilization and health outcomes associated with health IT. In addition, the needs, concerns and impact of health IT on formal and informal caregivers should be explored.

Few studies addressed cost or sustainability of health IT. These are clearly important areas of interest that will have enormous impact on the future success of the use of health IT to deliver patient-centered care and therefore need to be addressed and explored. Future research on the costs of health IT will need to take into consideration the specific economic perspective of stakeholders including patients, clinicians, health care providers, and health care insurers.

It also is important to study how to make decision support tools more efficient for providers. Significant effort is needed to improve the accuracy and dependability of high impact health IT tools that address components of PCC.

Other important areas of study are: developing integrative measures for gauging compliance of health IT applications with PCC principles, integrating PCC components into electronic health records used in routine clinical practice, and investigating how processes and outcomes interact when health IT supports PCC, and, finally, using principles of PCC in a systematic and comprehensive way to guide development of future health IT applications.

Implications and Conclusions

This review provides a comprehensive overview of the current state-of-the art on health IT interventions involving components of PCC. We conclude that significant evidence exists confirming the positive impact on health care outcomes of health IT applications having PCCrelated components. The evidence points to clinical areas in which health IT is most likely to foster PCC and yield clinical benefits, but the evidence is not strong enough to provide clear guidance to health care systems on how best to use health IT in promoting PCC system-wide. Much more research is needed, as indicated above, to determine the extent to which health IT interventions will enhance the delivery of PCC and improve clinical outcomes for patients with different types of clinical conditions. More research also is needed to give health care providers better information on how to weigh the value of health IT applications for promoting PCC relative to the investment of resources needed. To fully realize the potential for health IT applications to facilitate PCC, future research and development should incorporate the principles of PCC in a more systematic and comprehensive way. One way to advance efforts in this area would be to develop and use an integrative measure for assessing how well health IT applications address principles of PCC. With better assessments of how outcomes relate to the incorporation of principles of PCC into health IT applications, health care providers will be in a better position to select the health IT applications that provide the best value for promoting PCC and improving clinical outcomes.

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Appendix A. List of Acronyms

A level/HND advanced level/higher national diploma

A1C glycated hemoglobin

AAP American Academy of Pediatrics
ABPM ambulatory blood pressure monitoring
ACE angiotensin-converting enzyme inhibitors

ADA-NCQA American Diabetes Association National Committee for Quality Assurance

ADD anxiety and depressive disorder

ADL activities of daily living

ADSL asymmetric digital subscriber line

AF Air Force

AHRQ Agency for Healthcare Research and Quality

ALT alanine aminotransferase

APHA American Public Health Association

APN advanced practice nurse
ARB angiotensin receptor blockers
ARDS acute respiratory distress syndrome

ATDM automated telephone disease management

BCT breast conserving therapy

BG blood glucose

BIT Behavioral Internet Treatment

BMD bone mineral density
BMI body mass index
BP blood pressure
BZD benzodiazepines
CAD coronary artery disease

CAHE computer-assisted health education

CC coached care

CDEs certified diabetes educator CDS clinical decision support

CDSMP Chronic Disease Self-Management Program

CDSS clinical decision support systems
CDT chronic disease trajectory group

CG control group

CGI clinical global impressions CHD coronary health disease

CHESS SCRP Comprehensive Health Enhancement Support System for Smoking Cessation

and Relapse Prevention

CHESS-MAB Comprehensive Health Enhancement Support System-Menopause and Beyond

CHI consumer health informatics

CHOICE creating better health outcomes by improving communication about patients'

experiences

CI confidence interval

COPD chronic obstructive pulmonary disease

CPAP continuous positive airway pressure

CPGs clinical practice guidelines

CPOE computerized provider order entry
CPR computer-based patient record
CPRS computerized patient record system

CR community resources

CRQ chronic respiratory questionnaire

CSII continuous subcutaneous insulin infusion

CSQ client satisfaction questionnaire

CT computed tomography

CV cardiovascular

CVA cerebro vascular accident CVD cardiovascular disease

DA decision aid

DBP diastolic blood pressure

DEMS diabetes electronic management system

Dl deciliter

DM diabetes mellitus

DMH Department of Mental Health DMS diabetes management system

D-PHIMS Distributed personal health information management system

DQOL diabetes quality of life
DSS decision support system
DV domestic violence
DVT deep vein thrombosis

Dx diagnosis

EBMeDS Evidence-based medicine electronic decision support

ECPR electronic chronic patient record

ED emergency department

EDECS emergency department expert charting System eDSMP Internet-Based Dyspnea Self-Management Program

HER electronic health record
EI electronic interface
EMR electronic medical record

EORTC-QLQ European Organization for Research and Treatment of Cancer Quality of life

Questionnaire

EPC Evidence-based Practice Center

F/U follow up

fDSMP Face to Face Dyspnea Self-Management Programs

FEV forced expiratory volume FFB Fat and Fiber Behavior Scale FFQ food frequency questionnaire

FMH French-speaking Belgian medical houses

FP family physician FPG fasting plasma glucose FQ fear questionnaire FSH follicle stimulating hormone

FT full time

FVC forced vital capacity

GAD generalized anxiety disorder

GD general diabetes

GDS Geriatric Depression Scale
GHb glycated hemoglobin
GHP Geisinger Health Plan

GHQ General Health Questionnaire GIMC general internal medicine clinic

GP general practitioner GSI global severity index

GWU George Washington University

H&N head and neck

HAD hospital anxiety and depression

HbA1c glycated hemoglobin

HBPM home blood pressure monitoring
HbSbthal hemoglobin S beta-thalasemia
HbSC hemoglobin genotype SC
HCO Homecare organization
HDL high-density lipoprotein

HDL-C high-density lipoprotein cholesterol

HER health electronic record

HF heart failure

HIV human immunodeficiency virus
HMG HMG CoA Reductase Inhibitor
HMO health maintenance organization
HPSA health Professional Shortage Area
HRQoL health-related quality of life
HRT hormone replacement therapy

HS high school

HSD health search database HT hormone therapy

HTMS home telecare management system

HTN hypertension

HTU home telemedicine unit

ICD9 International Statistical Classification of Diseases and Related Health

Problems

ICU intensive care unit

ICVAMC Iowa City Veterans Affairs Medical Center

IDC implanted cardioverter-defibrilater

IEEE The Institute of Electrical and Electronics Engineers

IET Institution of Engineering and Technology

IHS International Headache Society
IIS immunization information system

IM internal medicine

IMPACT Interactive Multimedia Program for Asthma Control and Tracking

INR International Normalized Ratio

IOM Institute of Medicine

ISDN integrated services digital network

ISS injury severity score
IT information technology
IVD interactive video disk
IVR interactive voice response
JHH Johns Hopkins Hospital
JHU Johns Hopkins University

JNC Joint National Committee on Prevention Detection Evaluation and Treatment

of High Blood Pressure

KCCQ Kansas City Cardiomyopathy Questionnaire

kg/m kilogram per meter

km kilometer KQ Key question

L liters

LDL low-density lipoproteins

LDL-C low-density lipoprotein cholesterol

LMR longitudinal medical record MAW maximum allowable weight

MCIR The Michigan Care Improvement Registry

MD Doctor of Medicine

MDD major depressive disorder or mixed anxiety

MeSH medical subject heading

mg milligrams mHealth mobile health

MLHF Minnesota Living with Heart Failure Score

mmHg millimeters mercury

mmol mill moles

MMSE Mini Mental Status Exam

MMSE Mini Mental Status Examination

MOS medical outcomes study

MT mastectomy

MTN Missouri Telehealth Network MUA medically underserved area

NC No counseling

NCI National Cancer Institute

NetLET internet letter

NHS National Health Service
NICU neuro-intensive care unit
NIH National Institutes of Health

No number

NP nurse practitioner

NPI Neuropsychiatric Inventory NRT nicotine replacement therapy NS not specified

NSAID non-steroidal anti-inflammatory drug

NSW New South Wales

NYHA New York Heart Association

OAB overactive bladder

OSAS obstructive sleep apnea syndrome

PA physician's assistant

PAD panic disorder with agoraphobia

PI principal investigator

PAPM precaution adoption process model

PAS pain assessment screen

PASMA portal for assessment and self-management of asthma PCASSO patient-centered access to secure systems online

PCC patient centered care

PCP primary care provider or primary care physician

PD paper documentation
PDA personal digital assistant
PDF portable document format
PE pulmonary embolism

PEEP positive end-expiratory pressure

PEFR peak expiratory flow rate

PHIMS personal health information management system

PHQ Patient Health Questionnaire

PHR personal health record

PIRS Pharmacist Intervention Recording System

PRP Provider Recognition Program

PSA prostate specific antigen

PSDI positive symptom distress index

PSG polysomnography
PST positive symptom total

PTS patients

PTSD post traumatic stress disorder

QOL quality of life

QLQ quality of life questionnaire RCT randomized controlled trial

RIAS Roter Interaction Analysis System

RM results manager RN registered nurse Rx prescription

SAS sleep apnea syndrome
SBP systolic blood pressure

SBT strength and balance training

SD standard deviation
SDM shared decisionmaking
SDMT symbol digit modalities test
SF store and forward or short form

SMBG self-monitoring of blood glucose

SMI severe mental illness SMS short message service SOS Stomp Out Smokes

SPPARO System Providing Access to Records Online

SPs subspecialty pediatricians

SSRI selective serotonin reuptake inhibitor

T1DM type 1 diabetes mellitus TBI traumatic brain injury TCA tricyclic antidepressants traditional decision aid TDA TEP Technical Expert Panel TF telephone follow-up TG telecare group total cholesterol Total-C

TPC tablet personal computers

TS touch-screen

TSH thyroid stimulating hormone
TSM tailored self-management
TTM transtheoretical model
TTYD TalkToYourDocs

UCD University of California Davis UCSD University of California San Diego

UK United Kingdom

UKPDS United Kingdom Prospective Diabetes Study

URI upper respiratory infection
USAF United States Air Force
USD United States Dollar
VA Veterans Affairs

VAMC Veterans Affairs Medical Center VCTP video conference telepsychiatry

VLBW very low birth weight
WHO World Health Organization
YHP youth health provider

YWCA Young Women Christian Association

Appendix B. Glossary of Terms

Health Information Technology Terms

- Care coordination tools: Tools (that transmit health information, clinical practice and relationships with patient with their providers¹
- Clinical decision support system: Clinical decision support including a variety of tools and interventions such as computerized alerts and reminders, clinical guidelines, order sets, patient data reports, and dashboards, documentation templates, diagnostic support, and clinical workflow tools. From:
 - http://healthit.ahrq.gov/portal/server.pt?open=514&objID=5554&mode=2&holderDisplayURL=http://wci-
 - pubcontent/publish/communities/k_o/knowledge_library/key_topics/health_briefing_012420 06122700/clinical_decision_support.html)
- Communication via e-mail: Communication delivered via the Internet between patient and physician²
- Computer-assisted self-care: Patient manages, monitors, and improves his/her quality of care ³ Computer-guided disease management: Coordinated care interventions using IT to impact treatment, accessibility, confidentiality, easier ⁴
- Computer-guided self-management: Using IT tools to minimize adverse outcome and improve self care ⁵
- Computerized provider order entry: Electronic health records as part of a larger IT system to assist with clinical decision support.⁶
- Disease registry: An electronic collection of medical data that is often indexed.⁷
- Education via IT: Behavioral education tools such as e-mail by which online self-monitoring, physician referral, automated progress reports, and as-needed communication can be done for clinical care10
- Electronic medical record: An electronic record of health-related information on an individual that can be created, gathered, managed, and consulted by authorized clinicians and staff within one health care organization. From
 - $http://healthit.hhs.gov/portal/server.pt/gateway/PTARGS_0_10741_848133_0_0_18/10_2_hitterms.pdf$
- Electronic prescribing: The use of computing devices to enter, modify, review, and output or communicate drug prescriptions. From:
 - http://healthit.ahrq.gov/portal/server.pt?open=514&objID=5554&mode=2&holderDisplayURL=http://wci-
 - pubcontent/publish/communities/k_o/knowledge_library/key_topics/health_briefing_032820 06124741/electronic_prescribing.html}Information exchange: process of reliable and interoperable electronic health-related information sharing conducted in a manner that protects the confidentiality, privacy, and security of the information. From:
 - $http://healthit.hhs.gov/portal/server.pt/gateway/PTARGS_0_10741_848133_0_0_18/10_2_hit_t_terms.pdf$
- Interactive lifestyle counseling: lifestyle curriculum counseling is an online format that have the potential to increase frequency of practical clinical interventions⁸

- mHealth: Portable wireless devices that continuously monitor patients' condition remotely on their personalized health and allows doctors to leverage data to make informed decisions and interventions immediacy⁹
- Patient portals: "Internet-based interactive website for patients to communicate with their healthcare provider and with varied functions that gives them access to portions of their medical record and other services" 10
- Personal health records: An electronic record of health-related information on an individual that conforms to nationally recognized interoperability standards and that can be drawn from multiple sources while being managed, shared, and controlled by the individual. From: http://healthit.hhs.gov/portal/server.pt/gateway/PTARGS_0_10741_848133_0_0_18/10_2_hit_terms.pdf
- Shared decision-making tools: The tools by which patients could be actively engaged in making decisions about their own health with their physicians¹¹
- Telemedicine: The use of medical information exchanged from one site to another via electronic communications to improve patients' health status. Closely associated with telemedicine is the term "telehealth," which is often used to encompass a broader definition of remote healthcare that does not always involve clinical services. Videoconferencing, transmission of still images, e-health including patient portals, remote monitoring of vital signs, continuing medical education and nursing call centers are all considered part of telemedicine and telehealth. From: http://www.americantelemed.org/i4a/pages/index.cfm?pageid=3333
- Telemonitoring systems: An electronic communication networks that can communicate with the patient and perform physiologic measurements and ability to monitor closely patients outside the hospital setting 12

Patient-Centered Care Terms

Alleviation of fear and anxiety: Reduction of fear or anxiety about clinical status, prognosis, and the impact of illness¹³

Community outreach: Demonstrable, proactive efforts to understand and reach out to the local community¹⁴

Exploring the disease and illness experience: Necessary in order to develop new practices in patient care, patient empowerment, and quality improvement.

Family and friend involvement: In decision-making and awareness and accommodation of their needs as caregivers¹³

Finding common ground: Necessary in order to facilitate patient engagement in care.

Integrated care: Bringing together inputs, delivery, management and organization of services related to diagnosis, treatment, care, rehabilitation and health promotion. Integration is a means to improve services in relation to access, quality, user satisfaction and efficiency (WHO European Office for Integrated Health Care Services).

Patient empowerment: Allowing patients access to choices that affect health outcomes¹⁵ Patient engagement in care: To take a more active role in the care process¹³

Physical comfort: Including pain management, help with activities of daily living, and clean and comfortable surroundings¹³

Practice-based learning: Focuses on the part of the practice cycle where program implementers and community members identify, share and apply learnings from local and other circumstances¹⁶

- Prevention and health promotion: Services to address the health of patients before getting sick as well as encouraging patients to lead healthy lives
- Quality and safety: quality care is safe, effective, patient centered, timely, efficient, and equitable. Thus safety is the foundation upon which all other aspects of quality care are built From: http://www.ahrq.gov/qual/nurseshdbk/
- Quality improvement: Steps systematically applied to improve the patient care experience, such as effectively making, measuring, and managing change 21¹³
- Respecting patients' values, preferences, and needs: awareness of quality-of-life issues, involvement in decision-making, dignity, and attention to patient needs and autonomy. ¹³
- Routine patient feedback to practice: A form of quality improvement used in practice-based learning.¹⁷
- Transition and continuity: As regards to information that will help patients care for themselves away from a clinical setting, and coordination, planning, and support to ease transitions¹³

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Appendix C. Detailed Search Strategies

Database	Terms		Returns
PubMed	HIT (search #1)	BFD (search #2) PCC (search #3) 8814
	1. "e-mail"[tiab]	1. barrier[tiab] 1. "patient-ce	ntered care"[mh]
	2. "electronic mail"[tiab]	2. facilitator[tiab] 2. "Patient-ce	entered care"[tiab]
	3. telemonitoring[tiab]	3. driver[tiab] 3. "patient ca	are planning"[mh]
	4. telemedicine[tiab]	4. personalization[tiab] 4. "care coord	dination"[tiab]
	5. "information technology"[tiab]	5. impersonal[tiab] 5. "continuity	of patient
	6. informatics[tiab]	6. "message board"[tiab] care"[mh]	
	7. "medical informatics		of care"[tiab]
	applications"[mh]		of care"[tiab]
	8. 1 thru 7 combined by "OR"	9. "computer user training"[mh] 8. "preventive	
	prescribing[tiab]	10. altruism[mh] services"[n	ıh]
	10. prescription[tiab]	11. reciprocity[tiab] 9. "preventive	e health care"[tiab]
	11. prescriptions[mh]		motion"[tiab]
	12. "disease management"[tiab]		ground"[tiab]
	13. "cognitive modeling"[tiab]	13. Health Insurance Portability 12. "patient ne	eds"[tiab]
	14. "patient care	and Accountability Act[tiab] 13. "patient va	
	management"[mh]		eferences"[tiab]
	15. "care coordination"[tiab]		support"[tiab]
	16. "shared decision making"[tiab]		omfort"[tiab]
	17. communication[tiab]	16. "health insurance"[tiab] 17. "quality of	
	18. communication[mh]		health care"[tiab]
	19. "disease registry"[tiab]		nal-patient
	20. "personal health record"[tiab]	19. implementation[tiab] relations"[r	
	21. "medical order"[tiab]		tient relation*"[tiab]
	22. "medical record*"[tiab]	21. functionality[tiab] 21. "delivery of	of health care,
	23. "medical records"[mh]	22. efficiency[mh] integrated"	
	24. "self care"[mh]		surance, health
	25. shared[tiab]	organizational"[mh] care"[mh]	
	26. decision making"[tiab]		provement"[tiab]
	27. 25 and 26	25. "hospital costs"[mh] 24. "quality of	
	28. 9 thru 27 combined by "OR"		mpetence"[tiab]
	29. "computer systems"[mh]		npetence"[tiab]
	30. computer[tiab]		rmation"[tiab]
	31. tool[tiab]		ty-Institutional
	32. electronic[tiab]	30. "social support"[tiab] Relations"[
	33. 29 thru 32 combined by "OR"		ty outreach"[tiab]
	34. 28 and 33		ombined by "OR"
	35. 8 or 34	33. cost[tiab] 31. clinical[tiab	
	36. "clinical decision support		n systems"[mh]
	system"[tiab]		n systems"[tiab]
	37. "natural language	36. income[tiab] 34. 32 or 33	

	T -=	T
processing"[tiab]	37. capital[tiab]	35. 31 and 34
38. "text messaging"[tiab]	38. access[tiab]	36. learning[mh]
39. "SMS"[tiab]	39. 33 thru 38 combined by "OR"	37. "practice-based"[tiab]
40. 35 or 36 or 37 or 38 or 39	41. savings[tiab]	38. 36 and 37
	42. "health care"[tiab]	39. care[tiab
	43. service[tiab]	40. integrated[tiab]
	44. hospital[tiab]	41. 39 and 40
	45. 41 thru 44 combined by "OR"	42. Patients[mh]
	46. 39 and 45	43. patient[tiab]
	47. liability[tiab]	44. 42 or 43
	48. legal[tiab]	45. empowerment[tiab]
	49. 46 and 47	46. safety[mh]
	50. computer[mh]	47. safety[tilab]
	51. computer[tiab	48. feedback[tiab]
	52. 49 or 50	49. engagement[tiab]
	53. training[tiab]	50. 45 thru 49 combined by "OR"
	54. 52 and 53	51. 44 and 50
	55. 32 or 46 or 49 or 54	52. 30 or 35 or 38 41 or 51
HIT (search #1)	BFD (search #2)	PCC (search #3)
1. "e-mail"[tiab]	1. barrier[tiab]	"patient-centered care"[mh]
2. "electronic mail"[tiab]	facilitator[tiab]	2. "Patient-centered care"[tiab]
3. telemonitoring[tiab]	3. driver[tiab]	"patient care planning"[mh]
4. telemedicine[tiab]	personalization[tiab]	4. "care coordination"[tiab]
5. "information technology"[tiab]	5. impersonal[tiab]	5. "continuity of patient
6. informatics[tiab]	6. "message board"[tiab]	care"[mh]
7. "medical informatics	7. "liability, legal"[mh]	6. "continuity of care"[tiab]
applications"[mh]	8. "training support"[mh]	7. "transition of care"[tiab]
8. 1 thru 7 combined by "OR"	9. "computer user training"[mh]	8. "preventive health"
9. prescribing[tiab]	10. altruism[mh]	services"[mh]
10. prescription[tiab]	11. reciprocity[tiab]	9. "preventive health care"[tiab]
11. prescriptions[mh]	12. Health Insurance Portability	10. "health promotion"[tiab]
12. "disease management"[tiab]	and Accountability Act[mh]	11. "common ground"[tiab]
13. "cognitive modeling"[tiab]	13. Health Insurance Portability	12. "patient needs"[tiab]
14. "patient care	and Accountability Act[tiab]	13. "patient values"[tiab]
management"[mh]	14. HIPAA[tiab]	14. "patient values [tlab]
15. "care coordination"[tiab]	15. "Insurance, health,	15. "emotional support"[tiab]
16. "shared decision making"[tiab]	Reimbursement"[mh]	16. "physical comfort"[tiab]
17. communication[tiab]		17. "quality of care"[tiab]
18. communication[mh]	17. reimbursement[tiab]	18. "quality of health care"[tiab]
19. "disease registry"[tiab]	18. standardization[tiab]	19. "professional-patient
20. "personal health record"[tiab]	19. implementation[tiab]	relations"[mh]
21. "medical order"[tiab]	20. operability[tiab]	20. "Doctor-patient relation*"[tiab]
22. "medical record*"[tiab]	21. functionality[tiab]	21. "delivery of health care,
23. "medical records"[mh]	22. efficiency[mh]	integrated"[mh]
24. "self care"[mh]	23. "efficiency,	22. "quality assurance, health
25. shared[tiab]	organizational"[mh]	care"[mh]

	"medical record*" OR TX "medical re OR TX tool OR TX electronic OR TX telemonitoring OR TX telemedicine O	cords" OR TX "self computerized)) Of	care") AND (TX "c RTX "e-mail" OR TX	compu ("elec	ter systems" OR TX computer stronic mail" OR TX	
CINAHL	((((TX shared AND TX "decision ma TX "disease management" OR TX "p decision making" OR TX communica	atient care manag	ement" OR TX "care	coor	dination" OR TX "shared	2147
ODIALII	8 OR 9	1: "\ OD (T)	combination of 2 r			04.47
	8 AND 9		overlap of 2 main			
	(1 AND 2 AND 3) NOT 5		HIT and BFD and PCC limited]	
			HIT and BFD and			1
			HIT and BFD			1
			HIT and RCT and			1
	1 AND 4 1 AND 3 AND 4		HIT and RCT and	PCC		-
	1 AND 4	55. 32 or 46 or 4	9 or 54 HIT and RCT	52.	30 or 35 or 38 41 or 51	-
		54. 52 and 53	0 54		44 and 50	
		53. training[tiab]			45 thru 49 combined by "OR"	
		52. 49 or 50			engagement[tiab]	
		51. computer[tia			feedback[tiab]	
		50. computer[ml	1]		safety[fiii]	
		49. 46 and 47			safety[mh]	
		47. liability[tiab] 48. legal[tiab]			empowerment[tiab]	
		46. 39 and 45 47. liability[tiab]			patient[tiab] 42 or 43	
		45. 41 thru 44 co	embined by "OR"		Patients[mh]	
		44. hospital[tiab			39 and 40	
		43. service[tiab]			integrated[tiab]	
		42. "health care"		39.	care[tiab	
	40. 35 or 36 or 37 or 38 or 39	41. savings[tiab]			36 and 37	
	39. "SMS"[tiab]	39. 33 thru 38 co	mbined by "OR"		"practice-based"[tiab]	
	38. "text messaging"[tiab]	38. access[tiab]			learning[mh]	
	processing"[tiab]	36. income[tiab]			32 or 33 31 and 34	
	system"[tiab] 37. "natural language	35. revenue[tiab]			"information systems"[tiab] 32 or 33	
	36. "clinical decision support	34. costs[tiab]			"information systems"[mh]	
	35. 8 or 34	33. cost[tiab]			clinical[tiab]	
	34. 28 and 33	32. 1 thru 31 cd		30.	1 thru 29 combined by "OR"	
	33. 29 thru 32 combined by "OR"	31. "system su		29.	"Community outreach"[tiab]	
	31. too[tiab]	30. "social sup		20.	Relations"[mh]	
	30. computer[tiab] 31. tool[tiab]	28. initiation[tia 29. "social supp			"public information"[tiab] "Community-Institutional	
	29. "computer systems"[mh]	27. usability[tia			"social competence"[tiab]	
	28. 9 thru 27 combined by "OR"		formation"[mh]		"cultural competence"[tiab]	
	27. 25 and 26	25. "hospital co	• •		"quality of care"[tiab]	
	26. decision making"[tiab]	24. "direct serv	ce costs"[mh]	23.	"quality improvement"[tiab]	

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From 1998 to 2009

Appendix D. Summary of Health IT Applications

HIT-Access to care: An electronic tracking system that patient can access for a quality care and reducing medication errors, adverse events and decrease overall health care utilization costs. ¹

HIT-Care coordination tools: Tools (Internet) that transmit health information, clinical practice and relationships with patient with their providers²

HIT-Clinical decision: Health information technology (HIT) focusing on clinicians' adherence to evidence-based guidelines and the corresponding impact on patient clinical outcomes.³

HIT-Communication via e-mail: Adapting evidence-based intervention into practice delivered via the Internet between patient and physician.⁴

HIT-Computer-assisted self-care: Via Internet patient will able to mange monitor and improve his/her quality of care.⁵

HIT-Computer-guided disease management: Computer-guided disease management system useful in terms of less travel times for treatment, accessibility in remote and unusual locations, increased confidentiality, easier disclosure of sensitive information.⁶

HIT-Computer-guided self-management: Is an innovative techniques by which patient can minimize adverse outcome and improve self care.⁷

HIT-Computerized order entry: Computerized provider order entry (CPOE) system that makes patient safety by reducing medication errors and subsequent adverse drug events by the provider.⁸

HIT-Disease registry: Ability to generate patient registration with specific diagnosis laboratory results, or medications.⁹

HIT-Education via IT: Behavioral education tools such as e-mail by which online self-monitoring, physician referral, automated progress reports, and as-needed communication can be done for clinical care.⁴

HIT-Electronic medical records: Health information system that allows storage, retrieval and manipulation of records with data accessibility, quality and communications with medical providers.¹⁰

HIT-Electronic prescribing: "e-prescribing is simply an electronic way to generate prescriptions through an automated data-entry process utilizing e-prescribing software and a transmission network which links to participating pharmacies".¹¹

HIT-Information exchange: "Is defined as the mobilization of healthcare information electronically across organizations within a region, community or hospital system". 12

HIT-Interactive lifestyle counseling: lifestyle curriculum counseling is an online format that have the potential to increase frequency of practical clinical interventions. ¹³

HIT-mHealth: Portable wireless devices that continuously monitor patients' condition remotely on their personalized health and allows doctors to leverage data to make informed decisions and interventions immediacy.¹⁴

HIT-Patient portals: "A patient portal is an Internet-based interactive website for patients to communicate with their healthcare provider and with varied functions that gives them access to portions of their medical record and other services". 15

HIT-Personal health records: Electronic tracking system by which patient can use care services and communicates with their providers: PHR usually available through the internet, This is different from a provider's electronic health record. ¹⁶

HIT-Shared decision-making tools: The tools by which patients could be actively engaged in making decisions about their own health with their physicians.¹⁷

HIT-Telemedicine: Telemedicine has been defined as the use of electronic information and communications using videoconferencing, telephones, computers, the Internet, fax, radio, or television that provide and support health care on a distance patient.¹⁸

HIT-Telemonitoring systems: An electronic communication networks that can communicate with the patient and perform physiologic measurements and ability to monitor closely patients outside the hospital setting. ¹⁹

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Appendix E. Screen and Data Abstraction Forms

Abstract Review Form

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Previewing at Level 2	
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Increase Font Size	KEY QUESTIONS:
Decrease Font Size	What evidence exists that health IT applications which enable clinicians to provide patient-centered care
Abstract: BACKGROUND: Medication reconciliation at transitions in care is a national patient safety goal, but its effects on important patient outcomes require further evaluation. We sought to measure the impact of an information technology-based medication reconciliation intervention on medication discrepancies with potential for harm (potential adverse drug events [PADEs]). METHODS: We performed a controlled trial, randomized by medical team, on general medical inpatient units at 2 academic hospitals from May to June 2006. We enrolled 322 patients admitted to 14 medical teams, for whom a medication history could be obtained before discharge. The intervention was a computerized medication reconciliation tool and process redesign involving physicians, nurses, and pharmacists. The main outcome was unintentional discrepancies between preadmission medications and admission or discharge medications that had potential for harm (PADEs). RESULTS: Among 160 control patients, there were 230 PADEs (1.44 per patient), while among 162 intervention patients there were 170 PADEs (1.05 per patient) (adjusted relative risk [ARR], 0.72; 95% confidence interval [CI], 0.52-0.99). A significant benefit was found at hospital 1 (ARR, 0.60; 95% CI, 0.38-0.97) but not at hospital 2 (ARR, 0.87; 95% CI, 0.57-1.32) (P = .32 for test of effect modification). Hospitals differed in the extent of integration of the medication reconciliation tool and process redesign were associated with a decrease in unintentional medication discrepancies with potential for patient harm. Software integration issues are likely important for successful implementation of computerized medication reconciliation tools.	with children distributions to elicit patient-centered care are effective in improving: a. system/health care process outcomes (e.g. receiving appropriate treatment)? b. clinical outcomes for patients (including quality of life)? c. intermediate outcomes such as patients' improved health knowledge, health behaviors and physiologic measures, patient satisfaction, and reduced costs? d. responsiveness to the needs and preferences of individual patients? e. patient/provider communications including shared decision-making between patients, their families (or caregivers), and providers; patient-clinician and/or family (or caregiver)-clinician communication; or providing patients and clinicians access to medical information? • How does the impact on improving the above outcomes vary by type of health IT application? 2. What are barriers and drivers or facilitators that clinicians, developers, and their families or caregivers encounter that may impact implementation and use of health IT applications to enable patient-centered care? • How do these barriers and drivers or facilitators vary by type of health IT application? Does this abstract potentially apply to Key Question 1 and/or Key Question 2? 1. Yes (Choose all that apply) If you have answered "Yes" DO NOT enter answers under "No" or "Unclear" Wey Question 2 (study was specifically designed to identify barriers, facilitators, and/or drivers) 2. No (Choose all that apply) If you have answered "No" DO NOT enter answers under "Yes" or "Unclear" Does not address health IT Does not address patient-centered care Addresses health IT impact on
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barriers, facilitators, and/or drivers) identify study design
Systematic review—no original data (NOTE: if this review is relevant to the study, see answers below)
Study published before 1998
Study not written in English
Other
Does not apply but MAY be useful as a background article
Does not apply, but is related to this topic and MAY contain useful references
3. Unclear (choose one answer) If you have answered "Unclear" DO NOT enter answers under "Yes" or "No"
Unclear—based on the abstract alone, a decision cannot be made (include—move to next level)
No abstract available—based on title alone, the article MAY apply to key question 1 and/or 2(include—move to next level)
No abstract available—based on title, journal, number of pages, this is an editorial, commentary, letter to the editor, etc (Exclude)
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Article Review Form

identify the application described in the

study

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State: Ok, Level: Do not use, Ouctomes Abstraction Submit Data **ARTICLE Inclusion/Exclusion Form** KEY QUESTIONS: What evidence exists that health IT applications which enable clinicians to provide patient-centered care or patients to elicit patient-centered care are effective in improving:

a. system/health care process outcomes (e.g. receiving appropriate treatment)?

b. clinical outcomes for patients (including quality of life)?

c. intermediate outcomes such as patients' improved health knowledge, health behaviors and physiologic measures, patient satisfaction, and reduced costs?

d. responsiveness to the needs and preferences of individual patients?

e. patient/provider communications including shared decision-making between patients, their families (or caregivers), and providers; patient-clinician and/or family (or caregiver)-clinician communication; or providing patients and clinicians access to medical information?

• How does the impact on improving the above outcomes vary by type of health IT application? What are barriers and drivers or facilitators that clinicians, developers, and their families or caregivers encounter that may impact implementation and use of health IT applications to enable patient-centered care?
 How do these barriers and drivers or facilitators vary by type of health IT application? Does this article potentially apply to Key Question 1 and/or Key Question 2? 1. Yes (Choose all that apply)
If you have answered "Yes" DO NOT enter answers under "No" or "Article of Interest"
Fill in the table at the end of this form if this study applies to KQ1 and or KQ2 Key Question 1 (must be an RCT to include for this question) Key Question 2 (any study design) KeyQuestion 2 (study specifically designed to address barriers) 2. No (Choose all that apply)
If you have answered "No" DO NOT enter answers under "Yes"
If the article is an "Article of Interest" answer the question below, if not, leave blank Does not address health IT Does not address patient-centered care Study is NOT an RCT AND does not address barriers, facilitators or drivers No original data: systematic review, editorial, commentary, etc. (NOTE: if this review is relevant to the study, see answers Methods discussion, of development artilce Study published before 1998 Study not written in English B Other 3. Article of Interest (choose one answer) ler "Article of Interest" unless you have given a reason why the article does not apply to this study (above). Does not apply but MAY be useful as a background article Does not apply, but is related to this topic and MAY contain useful references If this article applies to either KQ 1 and/or KQ2 fill in the table below:
Identify the HIT application and PCC component if the study is an RCT and applies to KQ1
Identify the HIT application and PCC component and the barrier, facilitator, and/or driver if the study applies to KQ2 (any study)

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identify whether the study duscusses <u>barriers</u>, <u>facilitators and/or dirvers</u> **AND** what the barrier, facilitator and/or dirver is <u>defined as</u> in the

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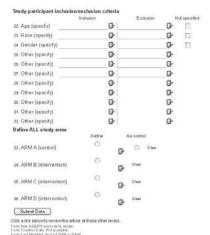
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Appendix F. Excluded Articles

Adachi Y, Sato C, Yamatsu K et al. A randomized controlled trial on the long-term effects of a 1-month behavioral weight control program assisted by computer tailored advice. Behav Res Ther 2007;45(3):459-70

Does not address patient-centered care

Adams EJ. Physicians turn to net-based resources to improve patient care.. Medicine on the Net 2003;9(9):1

No original data

Agrawal A, Mayo-Smith M F. Adherence to computerized clinical reminders in a large healthcare delivery network. Stud Health Technol Inform 2004;107(Pt 1):111-4

Does not address patient-centered care Study is NOT an RCT AND does not address barriers, facilitators or drivers

Aiello Bowles E J, Tuzzio L, Wiese C J et al. Understanding high-quality cancer care: a summary of expert perspectives. Cancer 2008;112(4):934-42 Study is NOT an RCT AND does not address barriers, facilitators or drivers

Alexander G L, Rantz M, Flesner M et al. Clinical information systems in nursing homes: an evaluation of initial implementation strategies. Comput Inform Nurs 2007;25(4):189-97

Methods discussion, of development article Other*

Allaert F A, Le Teuff G, Quantin C et al. The legal acknowledgement of the electronic signature: a key for a secure direct access of patients to their computerised medical record. 2004-;73239-242 **No original data**

Allan J, Englebright J. Patient-centered documentation: an effective and efficient use of clinical information systems. J Nurs Adm 2000;30(2):90-5

No original data

Allwood I, Holt T A. The South Warwickshire NHS Care Records Service Demonstrator Project: lessons for the National Programme for IT. Inform Prim Care 2005;13(4):257-62

Does not address patient-centered care Other*

Almond M, Gordon K, Kent Jones et al. The effect of the controlled entry of electronic prescribing and medicines administration on the quality of prescribing, safety and success of administration on an acute medical ward.. British Journal of Healthcare Computing & Information Management 2002;19(2):41

Other

Ammenwerth E, Iller C, Mahler C. IT-adoption and the interaction of task, technology and individuals: a fit framework and a case study. BMC Med Inform Decis Mak 2006:63

Does not address patient-centered care

Andersen S E. Implementing a new drug record system: a qualitative study of difficulties perceived by physicians and nurses. Qual Saf Health Care 2002;11(1):19-24

Does not address health IT Does not address patient-centered care

Anderson A S, Klemm P. The Internet: friend or foe when providing patient education?. Clin J Oncol Nurs 2008;12(1):55-63

No original data

Anderson J G. Social, ethical and legal barriers to ehealth. Int J Med Inform 2007;76(5-6):480-3 **Does not address patient-centered care No original data**

Andriole K P, Avrin D E, Yin L et al. PACS databases and enrichment of the folder manager concept. J Digit Imaging 2000;13(1):3-12 **Other***

Antiles S, Couris J, Schweitzer A et al. Project planning, training, measurement and sustainment: the successful implementation of voice recognition. Radiol Manage 2000;22(1):18-31; quiz 32-6

Does not address patient-centered care

No original data

Asonuma M. Issues facing system vendors as we approach the 21st century and expected roles-implementing a hospital information system providing greater patient satisfaction. Stud Health Technol Inform 98;52 Pt 1suppl 23-7

Methods discussion, of development article

Bachhuber T, Bugryn D. Programs that work! Heartworks at home.. Home Healthcare Nurse Manager 99;3(2):17-23

No original data

Bakken S, Chen E, Choi J et al. Mobile decision support for advanced practice nurses. Stud Health Technol Inform 2006;1221002

Does not address patient-centered care Study is NOT an RCT AND does not address barriers, facilitators or drivers Other*

Bal R, Mastboom F, Spiers H P et al. The product and process of referral: optimizing general practitioner-medical specialist interaction through information technology. Int J Med Inform 2007;76 Suppl 1S28-34

Methods discussion, of development article Other*

Baldwin K B. Evaluating quality of primary care using the electronic medical record. J Healthc Qual 2006;28(6):40-7

Does not address patient-centered care Study is NOT an RCT AND does not address barriers, facilitators or drivers

Baldwin L P, Clarke M, Eldabi T et al. Telemedicine and its role in improving communication in healthcare. Logistics Information Management 2002-;15(4):309-319

No original data Methods discussion, of development article

Balka E, Whitehouse S. Whose work practice? Situating an electronic triage system within a complex system. Stud Health Technol Inform 2007;13059-74

No original data

Bani-Issa W. Teaching beliefs and practices and the use of electronic health records in nursing education: A collective case study.. 2005

Study is NOT an RCT AND does not address barriers, facilitators or drivers Other*

Barahona P, Azevedo F, Veloso M et al. Computerising a guideline for the management of diabetes. 2001-:64275-284

Methods discussion, of development article Other*

Barbell AS, Sublett P. Reducing medication errors with IT and process change.. Journal of AHIMA 2001;72(10):68-70

No original data Other*

Barnes C S, Tsui C, Caudle J et al. Increasing patient empowerment and improving diabetes care by utilizing a computer-based patient "roadmap". AMIA Annu Symp Proc 2006;852

Other

Barnett Tracey E, Chumbler Neale R, Vogel W et al. The cost-utility of a care coordination/home telehealth programme for veterans with diabetes.. Journal of Telemedicine and Telecare 2007:13(6):318-321

Does not address patient-centered care Study is NOT an RCT AND does not address barriers, facilitators or drivers

Barrett M J. The evolving computerized medical record. Healthc Inform 2000;17(5):85-8, 90, 92-3 **No original data**

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Abstract only

List of "other" reasons:

- 1. Abstract of interest
- 2. AMIA abstract
- 3. Case report
- 4. Case study, no data
- 5. CHI article no physician
- 6. Combination of automated and manual methods to condense 891,770 problem statements
- 7. Commentary
- 8. Commentary/pop-press article
- 9. Computer Synoptic Operative Report
- 10. Conference abstract, no data
- 11. Describe the design and analysis issues within complex cluster RCT
- 12. Description of new call system implemented in 2 hospitals.
- 13. Descriptive article
- 14. Design/concept article
- 15. Discussion
- 16. Discussion
- 17. Dissertation
- 18. Editorial
- 19. Feature article
- 20. Features paper
- 21. Health information privacy laws
- 22. Historical review
- 23. Interview article
- Interviews on perceived benefits--not actual--no real useful info here
- 25. Legal issues and telemedicine
- 26. No clinician involvement
- 27. No control group
- 28. No data
- 29. No extractable data
- 30. No physician
- 31. No physician involvement
- 32. No results, just description
- 33. Not a study
- 34. Not a study- software description
- 35. Not actually a study of use of an HIT app
- 36. Pilot study
- 37. Pilot study, one subject
- 38. Protocol
- 39. Protocol guideline
- 40. Purely a discussion piece
- 41. Refereed papers
- 42. Retrospective study
- 43. Software development
- 44. Software development report
- 45. Software implementation report
- 46. Software integration
- 47. Software development and integration
- 48. Study description; no final data
- 49. Study design
- 50. Study plan, no results are presented
- 51. Success story- no particular results
- 52. This is a discussion of what physicians think are good and bad points of emrs, it is not a BFD article
- 53. This is about an anonymous reporting system
- 54. Usability evaluation
- 55. Workshop

Appendix G. Evidence Tables

Evidence Table 1. Study characteristics of studies addressing health care process outcomes

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Apkon, 2005 ¹	Quality of care via 24 health care process measures	RCT	2002	System	Outpatient clinic, Military practices	18 yrs or older, Had scheduled appointment, Speak and read English	Less than 18 yrs old, Participated in Coupler sessions, Scheduled for obstetric care, Had emergency medical condition	-1
Bailey, 2007 ²	Coronary heart disease	RCT	2000 (NS)	Clinician, Patient	Hospital		Death during study admission GD, Terminal co-morbidity or do-not-resuscitate status, Perioperative or periprocedural increase in troponin 1 levels, Transfer from outside hospital in which the infarct event occurred more than 24 hours before admission or transfer to outside hospital before intervention could be undertaken, Discharge against medical advice, Increase in troponin I levels that was not caused by coronary heart disease as documented by the patients' care team	-2
Baker, 1998 ³	Influenza immunization in high-risk adult patients	RCT	1995	Patient	Medical system (network of hospitals and/or clinics), multispecialty group practice	More than 65 yrs old or with highrisk condition for flu immunization. High-risk criteria included age 65 or older and/or a diagnosis of asthma, diabetes, end-stage renal disease, sickle cell disease, ischemic cardiomyopathy, or		-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						nephrotic syndrome, Patients aligned with a primary care physician who were aged 65 yrs or older as of January 1, 1995, and/or who were billed for any of the above diagnoses during 1994 or 1995		
Barnabei, 2008 ⁴	Menopause/H RT	RCT	NS	Clinician, Patient	Outpatient clinic	Female, Born between 1930 and 1960, Appointment scheduled between November 9, 2004, and December 2, 2005	Appointment related to current pregnancy or cancer	+1
Bentz, 2007 ⁵	Smoking tobacco cessation	RCT	NS	System, Clinician	Medical system (network of hospitals and/or clinics)			-1
Bindels, 2003 ⁶	Disease cluster A: Anemia, diabetes mellitus, glandular fever, hypercholester olemia, hypertension, liver problems, urine complaints	RCT		Clinician	Simulation: computer laboratory setting	GPs in the Maastricht region		-2
Bindels, 2004 ⁷	General adherence to testing guidelines	RCT	2000 (12)	Clinician	Outpatient clinic			+2
Bowns, 2006 ⁸	Various dermatology	RCT Qualitativ	1998 (NS)	System	Hospital, Outpatient	16 yrs or older, SF study: requiring a		-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	issues	е			clinic	new (not seen by a hospital dermatologist within the past year) consultant opinion		
Cannon, 2000 ⁹	Mental health (other)	RCT	1998 (9 months)	Clinician, Patient	Outpatient clinic	Patients at a specialty PTSD mental health clinic, Minimum of two visits to clinic		-1
Chan, 2003 ¹⁰	Asthma	RCT	NS	Patient	Outpatient clinic, Internet	Pediatric patients 6– 17 yrs old, With persistent asthma		0
Clark, 2007 ¹¹	Congestive heart failure	RCT	2004 (12) (NS)	Patient	Medical system (network of hospitals and/or clinics)	More than 18 yrs old, Diagnosis of CHF, Telephone access	Current enrollment in a CHF disease management program, Planned cardiac surgery within 3 months, Hypertrophic cardiomyopathy/restricti ve pericarditis, Eligible for heart transplant, Life expectancy < 12 months, Untreated thyroid disease, Pregnancy	+1
de Toledo, 2006 ¹²	COPD	RCT	2002 (12 months)	Patient	Hospital, Outpatient clinic	COPD patient (admitted to the hospital for an acute episode)		-2
Dobke, 2008 ¹³	Wound care	RCT	2003 (36)	Clinician, Patient	Hospital, Field wound care nurse	Problem wounds, Alert and intellectually interactive		-1
Dykes, 2007 ¹⁴		RCT	2006 (2)	Clinician	Hospital	Nurses employed more than16 hrs per week	Nurses in orientation period (first 3 months of employment)	-1
Eccles, 2002 ¹⁵	Asthma	RCT, A before- and-after pragmati	(24)	System, Patient	General practices	18 yrs or older, Registered patient with a participating practices, Had	Singlehanded practices	-2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
		c cluster				angina or asthma		
Feldman, 2005 ¹⁶	Heart failure: E-mail reminder to nurses	RCT	(45 days)	Clinician	Home health care			-2
Feldstein, 2006 ¹⁷	Osteoporosis	RCT	1999 (NS)	Clinician, Patient	Nonprofit, group-model HMO in the Pacific Northwest	50-89 yrs old, Female, HMO member for at least the 12 months before the start of the study, Sustained a study-defined fracture (any clinical fracture except skull, facial, finger, toe, ankle, or any open fracture suggestive of high force)	Male, Pharmacological treatment for osteoporosis, Exclusionary medical condition (n5193), including malignancies (except nonmelanoma skin cancers), chronic renal failure, dementia, organ transplant, and cirrhosis, in the 12 months before the start of the study, Without a primary care provider, In osteoporosis clinical trials, Nursing home resident, Without an address, Research center employee, Received a BMD measurement	+1
Filippi, 2003 ¹⁸	Diabetes	RCT	2001	System, Clinician	Data were extracted from the HSD, which is owned by the Italian College of General Practitioners. The HSD currently contains data from 550 Italian GPs, with a patient population of	31 to >64 yrs old, Male or female, High-risk diabetic patients, Patients received two or more prescriptions at baseline and during the follow-up	Total cholesterol>=5.2 mol/dl, Hypertension (diastolic BP>90 mm/Hg and systolic BP>140 mm/Hg), Cigarette smokers, Presence of previous CVD, Patients without any consultation at baseline and	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
					800,000 individuals. After intensive training,			
Fretheim, 2006 ¹⁹	Diabetes	RCT		Clinician, Patient	146 general practices in two geographical areas in Norway	Hypertension (blood pressure, [> or >=] 140/90 mm Hg), Hypercholesterolemi a (total cholesterol, >5 mmol/l [190 mg/dl] or LDL cholesterol, <3 mmol/l [115 mg/dl]), No prescription for the corresponding medication had been recorded for 24 months preceding the outreach visit, Patients started on medication for hypertension or hypercholesterolemi a during the study period, All patients already on treatment who t consulted their physician during the trial	Patients with established cardiovascular disease were excluded, with the exception of the outcomes related to treatment goals for lipid-lowering therapy, Thyrotoxicosis and migraine, Prescription for nitroglycerin, Established cardiovascular disease	+2
Glasgow, 2000 ²⁰	Diabetes	RCT	(6)	Patient	Outpatient clinic	More than 40 yrs old, Meeting the Welborn criteria 28 for type 2 DM on the basis of age at diagnosis, body mass index, and when insulin was begun, Living independently, Having a telephone, Not planning to		-1

Evidence Table 1. Study characteristics of studies addressing health care process outcomes (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						move out of the area		
Gomez, 2002 ²¹	Diabetes	Pilot cross- over	(a 6-month cross- over)	Patient	Hospital	Inadequate metabolic control and DM duration of over 5 yrs		-2
Green, 2005 ²²	Genetic counseling	RCT	2000	Patient	Medical system (network of hospitals and/or clinics)	18 yrs or older, Female, Could read, write, and speak English, Scheduled a genetic counseling appointment to evaluate personal and/or family histories of breast cancer, Able to give informed consent	Previously underwent genetic counseling or testing for inherited breast cancer susceptibility	0
Green, 2008 ²³	Hypertension	RCT	2005 (18)	Patient	Medical system (network of hospitals and/or clinics), Large, nonprofit, integrated group practice (Group Health)	25-75 yrs old, With controlled HTN, Taking anti-HTN meds, Ability to use a computer, Regular access to the Web, An e-mail address, Willingness to attend screening visits, Obtained all antihypertensive medications at Group Health—owned pharmacies	No diagnoses of diabetes, Cardiovascular or renal disease, or other serious conditions	+1
Gurwitz, 2008 ²⁴	Residential care	RCT	NS	System	Academic long-term care facility	·		0
Hetlevik, 1998 ²⁵	Hypertension	RCT	1994 (18 months)	System	Outpatient clinic	Attending practice of participating physician	Dead before data collection, Moved out of practice, Checkup by specialist	-1
Hetlevik, 2000 ²⁶	Diabetes	RCT	1994 (18 months)	Clinician	Outpatient clinic	In practice of selected Norwegian physicians	Died, Moved, Had checkup by specialist	+1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Hicks, 2008 ²⁷	Hypertension	RCT	July 1, 2003 (18 months)	System, Clinician	8 community- based and 6 hospital-based primary care practices	Patients with HTN		+2
Hogg, 1998 ²⁸	All the preventive procedures for families enrolled in the study	RCT	1990 (6)			Registered with the practice for at least one year, Made at least one office visit in the last 2 yrs		0
Jerant, 2001 ²⁹	Congestive heart failure	RCT	1999 (12)	System, Patient	NS	40 yrs or older, Active telephone line in the home, English-speaking, Had a PCP, Potential subject (or a designated caretaker) needed to have vision and hearing adequate to use a telephone or telecare equipment	Had a Charlson score of 6 or greater (equivalent to metastatic cancer, full-blown acquired immunodeficiency syndrome, or several chronic diseases with endogen manifestations), Scored 7 or higher on the GDS, 20 or lower on the MMSE, or more than 2 standard deviations below age- and education-adjusted mean SDMT scores	-1
Jones, 1999 ³⁰	Cancer (other)	RCT	1996	System, Patient	Oncology center	With breast, cervical, prostate, or laryngeal cancer	Receiving palliative treatment, No knowledge of their diagnosis, Visual or mental handicap, Severe pain or symptoms	+1
Kaner, 2007 ³¹	Atrial fibrillation and anticoagulation	Quasi- experime ntal: Qualitativ e	2003	Clinician, Patient	Outpatient clinic	General practitioners	утропо	-1
Krall, 2004 ³²	Ambulatory patients	RCT	1999 (NS)	Clinician	Outpatient clinic			-1

Evidence Table 1. Study characteristics of studies addressing health care process outcomes (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Kucher, 2005 ³³	At risk for deep-vein thrombosis	RCT	2000 (29)	System, Clinician	Hospital	At risk for deep-vein thrombosis		+2
Kuppermann, 2009 ³⁴	Pregnancy	RCT	2001 (24 months)	Patient		Pregnant woman of any age, 20 weeks gestation or less, Having not yet undergone any prenatal testing, Ability to speak English or Spanish	Carrying more than one fetus, Had become pregnant using in vitro fertilization, Candidate for prenatal diagnosis because of family history	0
Lester, 2004 ³⁵	Hyperlipidemia	RCT	(24)	Clinician, Patient	Outpatient clinic			0
Lieberman, 2006 ³⁶	Alcohol abuse	RCT	(18 months)	Patient	Online	Alcohol-abusing subjects (criteria not stated)		0
Linder, 2009 ³⁷	Smoking	RCT	2006	Clinician, Patient, Tobacco cessation specialist	Medical system (network of hospitals and/or clinics)	Documented smoker, Indication of active smoking at some point during the intervention period		-1
Lorig, 2006 ³⁸	Chronic condition/healt h problem	RCT	(18 months recruiting)	Patient	Online/ research site	18 yrs or older, Physician's diagnosis of heart disease, chronic lung disease or type 2 DM, Access to computer, Internet and e-mail, Agreed to 1-2 hours per week of logon time spread over at least 3 sessions/wk for 6 weeks, Able to complete online questionnaire	Active treatment of cancer for 1 year, anticipated previously in the small-group Chronic Disease Self-Management Program	0
Matheny, 2008 ³⁹	Preventive medicine (routine laboratory	RCT	NS	Clinician	Medical system (network of hospitals	Primary care physicians practicing at 20 outpatient clinics		-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	monitoring to reduce the risk of adverse medication events)				and/or clinics)			
McCrossan, 2007 ⁴⁰	Congenital heart disease	RCT		Patient	Hospital	Less than 3 yrs old, New diagnosis of congenital heart disease	No fixed address, Unsuitable home environment	-1
McDonald, 2005 ⁴¹	Cancer (other) pain management	RCT	(45 days)	Clinician	Non-profit home care organization	18 yrs or older, Primary diagnosis of cancer (ICD9- CM140-239), Self- reported frequency of daily or constant pain at admission	Not cognitively able to give informed consent, Non-English/Spanish speaking	+1
McGregor, 2006 ⁴²	Infection antibiotic management and prophylaxis	RCT	2004 (3)	Clinician, Patient	Hospital	Admitted to ward managed by the antimicrobial management team	Admitted to shock trauma, cancer, and pediatric ward	-3
McKinley, 2001 ⁴³	Patients with trauma as the primary risk factor for ARDS	RCT		System, Clinician, Patient	Hospital	(1) PaO ₂ /FIO ₂ <200, (2) Total static thoracic compliance 50 mL/cm H ₂ O measured at current and PEEP during a 1.5-second inspiratory pause, (3) No clinical evidence of heart failure or fluid overload, or pulmonary artery occlusion pressure < 18 mm Hg for patients with a pulmonary artery catheter,(4) Acute onset of respiratory failure (i.e., hypoxia,	Preexisting ARDS with duration >21 days, Irreversible central nervous system damage, Severe chronic obstructive pulmonary disease, Severe chronic obstructive pulmonary disease, Rapidly fatal malignancy, Chronic left ventricular failure, chronic renal failure (i.e., creatinine > 2 mg/dL or chronic dialysis), Chronic liver failure (i.e., bilirubin 2 mg/dL, biopsy-proven cirrhosis and documented portal hypertension, episodes of past upper	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						low compliance, need for ventilatory support developing within 48 hours accompanied by an ARDS risk factor), (5) Radiographic evidence of bilateral diffuse infiltrates	gastrointestinal bleeding attributed to portal hypertension, prior episodes of hepatic failure, encephalopathy, coma)	
Mitchell, 2004 ⁴⁴	Hypertension	RCT	2001 (24)	Clinician	Outpatient clinic			0
Montgomery, 2000 ⁴⁵	Hypertension	RCT	(12 months)	Clinician	Outpatient clinic	60-79 yrs old, Had HTN diagnosis, Been prescribed antihypertensive drugs in the previous		+1
Montgomery, 2007 ⁴⁶	Pregnant women with a previous caesarian section	RCT	May 2004	Patient	Medical system (network of hospitals and/or clinics)	Pregnant woman with one previous lower segment Caesarean section, No current obstetric problems, Delivery expected at 37 weeks or more	Limited ability to speak or understand English, Most recent delivery was not a Caesarean section	-1
Morgan, 2005 ⁴⁷	Cardiac diagnosis effect of videoconferenc ing service	RCT	(6 weeks)	Patient	Patient homes	Child, Had a severe and actually life- threatening cardiac diagnosis requiring significant support once discharged		-1
Murray, 1999 ⁴⁸	Patients carrying one of four diagnoses: heart failure, ischemic heart disease, reactive airways disease, or	RCT	1995 (19)	Clinician, Patient	Hospital- based ambulatory care pharmacy	Patient receiving care from general medicine clinic, With diagnosis of CHF, CAD, reactive airways disorder, uncomplicated HTN		-1

Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
uncomplicated hypertension							
Heart failure: E-mail reminder	RCT	(June 2000 - Nov 2001)	Clinician, Nurses	Nonprofit home care agency	Provide care to at least one patient meeting the criteria for inclusion in the study	Provide no more than an initial visit to their patients, Any nurse missing the practice measures since the records for his/her patients were not available at the time of chart review, Less than 18 yrs old, Non-English/Spanish speaking	0
(breast) mammography		NS	Clinician	Outpatient clinic	Vietnamese physicians practicing in California		+2
COPD	RCT	(6 months intended but study stopped)	Patient	Pilot study: one group in face-to-face self- management program, the other in online program	Diagnosis of COPD and being clinically stable for at least 1 month, Spirometry results showing at least mild obstructive disease defined as post-bronchodilator FEV1 to FVC ratio 80% predicted, ADL limited by dyspnea, Use of the Internet and/or checking e-mail at least once per week with a Windows operating system, Oxygen saturation > 85% on room air or, 6 L/min of nasal oxygen at the end of a 6-	Any active symptomatic illness (i.e., cancer, heart failure, ischemic heart disease with known coronary artery or valvular heart disease, psychiatric illness, or neuromuscular disease), Participated in a pulmonary rehabilitation program in the last 12 months, Were currently participating in > 2 days of supervised maintenance exercise	
	uncomplicated hypertension Heart failure: E-mail reminder Cancer (breast)	uncomplicated hypertension Heart failure: E-mail reminder Cancer (breast) mammography	uncomplicated hypertension Heart failure: E-mail reminder Cancer (breast) mammography RCT (6 months intended but study	Uncomplicated hypertension Heart failure: E-mail reminder Cancer (breast) mammography RCT (6 months intended but study Period, Year Began (Length) (June 2000 - Nov 2001) Clinician, Nurses Clinician Clinician	uncomplicated hypertension Heart failure: E-mail reminder RCT (June 2000 - Nov 2001) Cancer (breast) mammography COPD RCT (6 months intended but study stopped) RCT (6 months intended but study stopped) Period, Year Began (Length) Clinician, Nurses Nonprofit home care agency Clinician Outpatient clinic Patient Pilot study: one group in face-to-face self-management program, the other in online	Uncomplicated hypertension Heart failure: E-mail reminder Cancer (breast) mammography COPD RCT (6 months intended but study stopped) RCT (8 months intended but study stopped in acabetic self-management program, the other in online program, the other in online program RCT (8 months intended but study stable for at least one per subtractions in California RCT (8 months intended but study stable for at least one per subtraction in California RCT (8 months intended but study stable for at least one per subtraction in California RCT (8 months intended but study stable for at least one per subtraction in California RCT (8 months intended but study stable for at least one per subtraction in California RCT (8 months industraction in California RCT	uncomplicated hypertension Heart failure: E-mail reminder RCT Cancer (breast) mammography COPD RCT (6 months intended but study stopped) RCT (6 months orgoram, the other in online program for program for program for program for particulation program for program for particulation program RCT (6 months intended but study stopped) RCT (6 months intended but study s

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Noel, 2004 ⁵²	Heart failure, chronic lung disease, diabetes mellitus	RCT	(> 6) (NS)	Patient	Home	Elderly veteran in VA program, CHF, COPD and/or DM, With documented high use of healthcare resources and barriers to accessing healthcare services due to geographic, economic, physical, linguistic, technologic, and/or cultural factors		0
Overhage, 2002 ⁵³	Emergency Department (ED) patients	RCT	1995 (12 months)	System	Hospital, Medical system (network of hospitals and/or clinics)			0
Parati, 2009 ⁵⁴	Hypertension	RCT	NS	Clinician, Patient	Private practice	18-75 yrs old, Diagnosis of uncontrolled essential HTN	Diagnosis of secondary HTN, Major systemic disease, Atrial fibrillation, Frequent cardiac arrhythmias, Severe atrioventricular block, Obesity (BMI >30 kg/m2) or an arm circumference of more than 32 cm or both, Technical problems due to incompatible phone lines at home	-1
Persell, 2008 ⁵⁵	Diabetes	RCT	2004 (6)	Clinician, Patient	Outpatient clinic	More than 40 yrs old, Diabetes mellitus on basis of ICD 9-CM codes, insulin or oral hypoglycemic drug use, or A1c > 7.0%, DM based on ICD9-	Aspirin, clopidogrel, or warfarin on their medication list, No allergy to aspirin or NSAID	+3

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						CM further defined		
						as: presence of any		
						two outpatient codes		
						for diabetes mellitus		
						250.xx, diabetic		
						neuropathy; diabetic		
						retinopathy 362.0x,		
						or diabetic cataract		
						366.41, Hg A1c >		
						7.0, two clinic visits		
						in 18 months prior		
Poller, 2008 ⁵⁶	Thrombotic or	RCT	(66)	Clinician,	Outpatient	New patients		
	bleeding			Patient	clinic, Multi-	initiating oral		
	events				center trial	anticoagulation, In		
						whom the incidence		
						of such events was		
						higher, Atrial		
						fibrillation, DVT,		
						Pulmonary		
						embolism,		
						Mechanical heart		
						valves, Other		
						indications		-1
Quinn, 2003 ⁵⁷	Overactive	RCT	NS	Patient	Medical	More than 18 yrs		
	bladder				system	old, Had OAB		
	symptoms				(network of	diagnosed, Able to		
					hospitals	read, write and		
					and/or clinics)	speak English such		
						that they were		
						capable of		
						independently		
						completing both the		
						paper and the		_
						electronic diary		0
Quinn, 2008 ⁵⁸	Diabetes	RCT	(3)	Clinician,	Outpatient	18-70 yrs old,		
				Patient	clinic, cell	Diagnosis of type 2		
				1	phone	diabetes for at least		
				1		6 months, Had an		
				1		A1c greater or equal		
				1		to 7.5% and been on		
						a stable diabetes		+1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						therapeutic regimen for 3 months prior to study enrollment		
Raebel, 2007 ⁵⁹	Depression and anxiety	RCT	2005 (12)	Clinician, Patient, Pharmacis t	Outpatient clinic, Medical system (network of hospitals and/or clinics), Kaiser Permanente Pharmacies	More than 65 yrs old, Prescribed a potentially inappropriate medication (list of 11 medications)		-2
Raebel, 2007 ⁶⁰	Medication safety for pregnant women	RCT	2003	Clinician, Pharmacy	Medical system (network of hospitals and/or clinics)	18-50 yrs old, Female, HMO member with diagnosis, visit, or laboratory codes potentially indicative of pregnancy		+3
Ralston, 2009 ⁶¹	Diabetes	RCT	2002 (12 months)	Patient	Medical system (network of hospitals and/or clinics)	18-75 yrs old, GHb (in last 12 months) >/+7%, 2 visits to GIMC w/in last year	Participated in pilot study of intervention, Major psych illness, Non-English-speaking, resident as PCP, Followed primarily in a specialty clinic	+1
Rhodes, 2006 ⁶²	Domestic violence (DV) computer screening	RCT	2001 (19 months)	Patient	Hospital, emergency department	18 to 65 yrs old, Female, Triaged as medically non - emergent (in emergency department of hospital)	Absent/not available, visibly too sick, Access issue, Equipment/room unavailable, Already participated, Psych/cognitive ETOH, Not consenting	0
Rollman, 2002 ⁶³	Mental health (depression)	RCT	1997	System	University school of medicine's primary care practice	18-64 yrs old, Male or female, White, Had depression score of more than 12, No alcohol or other substance disorder, No history of bipolar disorder,	Without major depression, dementia, psychotic illness or unstable medical condition, No responses on the CAGE alcohol screening questionnaire, Previous enrollment in	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						No active suicidal ideation, Medically stable, No plan to leave the study, Not presently taking depression treatment	the protocol, Language or communication barrier	
Ross, 2004 ⁶⁴	Congestive heart failure	RCT	2001	System	Hospital	18 yrs or older; If they were followed in the practice: Spoke English; Had used a Web browser before	Physicians, nurses, physician assistants, and nurse practitioners	+1
Rothschild, 2007 ⁶⁵	Blood transfusion	RCT	2003	Clinician	Hospital	All staff physicians		0
Roukema, 2008 ⁶⁶	Fever without apparent source (FWS) in 1- to 36- month-olds	RCT	2003 (18 months)	System	Hospital	1-36 months old, Body temperature >38.0 degrees Celsius, No apparent source found after evaluation by the ED nurse, Attending the ED	Chronic co-morbidity, "Not registered," Fever from a clear source, Would not sign informed consent, Low risk score	0
Roumie, 2006 ⁶⁷	Hypertension	RCT	2003 (6 months)	System, Clinician, Patient	Hospital, Outpatient clinic	21 - 90 yrs old, Filled prescriptions at a Veterans Administration pharmacy, At least 2 uncontrolled blood pressure measurements in the 6-month baseline period (systolic blood pressure >140 mm Hg or diastolic blood pressure >=90 mm Hg), Only taking 1 antihypertensive medication	At least 1 recorded blood pressure reading between July and December 2003 that was at goal (systolic blood pressure <= 90 mm Hg), Declined chart review, Taking more than 1 antihypertensive medication at the time of chart review	+2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Ruland, 2003 ⁶⁸	Cancer (other)	RCT Cluster randomiz ation at level of clinician	(2 Months)	Clinician, Patient	Outpatient clinic	More than 21 yrs old, Able to read, write, and speak English, No cognitive impairment, Able to provide informed consent, Did not feel too fatigued, Participation approved by patients' physicians	New patients coming for first consultation	-1
Sequist, 2005 ⁶⁹	Diabetes	RCT	2002	System, Clinician	Medical system (network of hospitals and/or clinics)			-1
Shiffman, 2000 ⁷⁰	Asthma	RCT, Before- after trial with randomly selected physician s who served as their own controls	1996 (24)	Clinician, Patient	Outpatient clinic	Actively practicing primary care pediatrics within a 20-mile radius of New Haven, Connecticut, Anticipated seeing 20 patients older than 5 yrs of age with acute asthma exacerbations within the following year, Had equipment available in office for measurement of PEFR and for providing supplemental oxygen if needed	Not in active practice (retired, administration, part-time), Moved away, Did not anticipate seeing 20 patients, Did not have appropriate equipment, Partner in office already in study, Declined as a group practice decision	-2
Simon, 2006 ⁷¹	Patients over 65 who were prescribed certain medications	RCT	2000 (43 months)	System, Clinician, Practices consisting of patients	Outpatient clinic	Patient receiving medication was 65 or older at time of dispensing, All primary care		-2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	(age-specific prescribing)			and clinicians		clinicians (physicians, nurse practitioners, and physician assistants) at the 15 enrolled clinics and the elderly patients receiving primary care at those sites		
Smith, 2008 ⁷²	Diabetes	RCT	2003 (18)	Clinician	Medical system (network of hospitals and/or clinics)	Primary care physicians working in the 6 clinics, 120 internists and family medicine practitioners, and their panel of diabetes patients (N=5468)		+1
Subramanian, 2004 ⁷³	CHF	RCT	(NS)	Clinician, Patient	Outpatient clinic	Both an active diagnosis of heart failure and evidence of left ventricular systolic dysfunction on echocardiogram, cardiac scan, or cardiac catheterization	Not expected by their physicians to survive 1 year, Psychosis, cognitive impairment, Hearing loss, No telephone access	-2
Tamblyn, 2003 ⁷⁴	Evaluate the use of both medical services and drugs before and after the implementation of CDS	RCT, Cluster randomiz ed	1997	Clinician, Patient,	Medical system (network of hospitals and/or clinics)	66 yrs or older, Male or female, Had been seen on 2 or more occasions by, Living in the community, General practitioners practicing in Montreal	Patients younger than 66 yrs, Working < 20 h/wk, Salaried practice, Planning to retire or move within, Refused to participate, Consented too late	0
Tamblyn, 2008 ⁷⁵	NS	RCT	2004 (8)	Clinician	Outpatient clinic, Patients in FFS FP/GP clinics in Montreal	Patients in GP or FP practices in Montreal, Patients seeing FFS only physicians, Patients with >= 1 Rx written		-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						by a study MD in the study period, Patient consented to participation		
Taylor, 2006 ⁷⁶	Sleep apnea	RCT	NS	Clinician	Medical system (network of hospitals and/or clinics)	Diagnosed with OSAS and prescribed CPAP as therapy	Currently or previously treated with nasal CPAP or other therapies such as an oral appliance or surgery for OSAS	+1
Taylor, 2008 ⁷⁷	Asthma	RCT	2006	System, Clinician	Hospital, Medical system (network of hospitals and/or clinics)	NS		-1
Thomas, 2007 ⁷⁸	Diabetes	RCT	(2003-2004)	System	Resident continuity clinic	Categorical IM residents with community-based continuity clinic	Residents anticipating early residency completion	+2
Tierney, 2003 ⁷⁹	Heart failure	RCT	1994 (28)	Patient	Outpatient clinic	Patients with heart failure were eligible if they had objective evidence of left ventricular dysfunction on an echocardiogram (either the cardiologist impression of left ventricular systolic dysfunction or a fractional shortening of less than 25%)		0
Trautmann, 2008 ⁸⁰	Recurrent headache	Quasi- experime ntal	NS	Patient	NS	10-18 yrs old, At least 2 headache attacks per month		+1
van Wijk, 2001 ⁸¹	Multiple conditions (study of appropriate test ordering)	RCT	1996 (11)	Clinician	Outpatient clinic	All 64 practices (94 general practitioners) in the region of Delft, the Netherlands, Only		0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						practices that had replaced their paper-based patient records with electronic records and were using the computer during patient encounters were eligible		
Wakefield, 2008 ⁸²	Congestive heart failure	RCT	2002 (39 months)	Patient	Home	After hospital admission, Possible heart failure exacerbation as the reason for admission, Telephone line in the home, No significant vision, hearing or other communication deficits, Enrolled in ICVAMC Primary care clinic, English speaker	Cognitively impaired, Reside in a long-term care facility, Discharged to a long-term care facility	+1
Walker, 2004 ⁸³	Hemophilia	RCT		Patient	Home and outpatient	Severe hemophiliac (factor VIII or FIX <1%), Participation in home care infusion program	Treated infrequently with factor concentrates, Unable to attend the training session, A language barrier was present	0
Weber, 2008 ⁸⁴	Polypharmacy and falls in ambulatory rural elderly	RCT	The EPIC care database was queried in October, 2002, intervention dates were in January or February, 2003; for the comparison group, the baseline data were defined as January 30, 2003	System, Clinician, Patient	Outpatient clinic, Medical system (network of hospitals and/or clinics)	70 yrs or older, 4 or more active prescription medications, 1 or more psychoactive medications prescribed within the past year, Had GHP Medicare Choice coverage		-1

Evidence Table 1. Study characteristics of studies addressing health care process outcomes (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
			(15 months)					
Whited, 2002-	Skin lesions	RCT	NS	Clinician	Hospital	Referred to the Dermatology Consult Service from the Primary Care Clinics at the Durham, North Carolina Department of Veterans Affairs Medical Center	Only if the condition was considered emergent and required prompt attention	-1
Wolfenden, 2005 ⁸⁶	Smoking cessation care to preoperative surgical patients	RCT	2002 (May - October 2002)	Patient	Hospital	More than 18 years old, Not too ill to complete the study procedure, Can read English, Had a booked date for surgery, Current smoker, Not pregnant	Too ill to complete the study procedures, Had not previously been approached to participate in the study, Non/past smoker, Pregnant	+1
Ziemer, 2006 ⁸⁷	Diabetes	RCT	1999 (36 months)	Clinician	Outpatient clinic	Internal Medicine resident		-2

ADL: Activity of daily living, ARDS: Acute respiratory distress syndrome, BG: Blood glucose, BMI: Body mass index, BP: Blood pressure, CAD: Coronary artery disease, CHF: Congestive heart failure, COPD: Chronic obstructive pulmonary disease, CPAP: Continuous Positive Airway Pressure, CPRS: Computerized Patient Record System, CVD: Cardiovascular disease, DM: Diabetes mellitus, DSM: Diagnostic and statistical manual of mental disorders, DVT: Deep vein thrombosis, ED: Emergency department, FEV1: Forced expiratory volume in one second, FFS: Fee-for-service family physicians, FP: Family physician, FVC: Forced vital capacity, GD: General diabetes, GDS: Geriatric Depression Scale, GHP: Geisinger Health Plan, GHQ: General Health Questionnaire, GIMC: General Internal Medicine Clinic, GP: General physician, HMO: Health maintenance organization, HSD: Health Search Database, HTN: Hypertension, ICD9: International Statistical Classification of Diseases and Related Health Problems, ICVAMC: Iowa City Veterans Affairs Medical Center, IM: Internal Medicine, LDL: Low-density lipoprotein, MD: Doctor, MMSE: Mini Mental Status Examination, NS: Not Specified, NSAID: Non-steroidal anti-inflammatory drug, OAB: Overactive Bladder, OSAS: Obstructive sleep apnea syndrome, PAG: Principal investigator, PCP: Primary care provider, primary care physicians, PEEP: Positive end-expiratory pressure, PEFR: Peak expiratory flow rate, PHR: Patient health record, Pt: Patient, PTSD: Post traumatic stress disorder, RCT: Randomized controlled trial, Rx: Prescription, SDMT: Symbol Digit Modalities Test, UCD: University of California, Davis, URI: Upper respiratory infection, VA: Veteran's Affairs

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Evidence Table 1. Study characteristics of studies addressing health care process outcomes (continued)

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Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Apkon, 2005 ¹	Control	Mean: 35.3 SD: 11.0	587 (60.8)	NS	NS	NS	Military status – Active duty 425 (44.0), Beneficiary 490 (50.7), Reserve 0, Retired 51 (5.3); Visit type – Acute 416 (43.1), Established 27 (2.8), Routine 375 (38.8), Wellness 139 (14.4), Other 9 (0.9); Healthcare opportunities – Screening/Prevention 662 (68.5), Acute/chronic 239 (24.7)
	Coupler group	Mean: 34.4 SD: 10.4	593 (63.4)	NS	NS	NS	Military status – Active duty 361 (38.6), Beneficiary 527 (56.3), Reserve 1 (0.1), Retired 47 (5.0); Visit type – Acute 383 (40.9), Established 47 (5.0), Routine 365 (39.0), Wellness 126 (13.5), Other 15 (1.6); Healthcare opportunities – Screening/Prevention 687 (73.4), Acute/chronic 244 (26.1)
Bailey, 2007 ²	Control	Mean: 49 Range: 48-51	22 (17.5)	NS	NS	NS	General medicine 49 (39), Cardiology 27 (21), Other medical specialty 35 (28), Other 15 (12)
	Computerized alerts identifying hospitalized patients with elevated troponin I levels	Mean: 51 Range: 49-53	13 (14.4)	NS	NS	NS	General medicine 24 (27), Cardiology 19 (21), Other medical specialty 33 (37), Other 14 (16)
Baker, 1998 ³	Control	Mean: 67.1 SD: 14.6	(58.2)	White: (73.3), Black: (23.4), Other: (3)	NS	NS	
	A generic postcard	Mean: 67.3 SD: 14.7	(57.7)	White: (73.6), Black: (23.4), Other: (3)	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Patients received a personalized postcard from their physician	Mean: 67.4 SD: 14.6	(57.7)	White: (72.9), Black: (24), Other: (3.1)	NS	NS	
	Patients received a personalized letter from their physician	Mean: 66.8 SD: 15.1	(57.3)	White:(71.7), Black: (25.3), Other: (3)	NS	NS	
Barnabei, 2008 ⁴	Control	Mean: 52.5 SD: 5.6	147 (100)	White: 130 (90), Non-white 15 (10)	NS	HS grad or less: 18 (12), trade school / some college or more: 127 (88)	Current HT use – Yes 43 (29), No 104 (71)
	Talk To Your Doc (TTYD) tool	Mean: 52.5 SD: 5.3	141 (100)	White: 126 (92), Non-white 11 (8)	NS	HS grad or less: 19 (14), trade school some college or more: 119 (86)	Current HT use – Yes 39 (28), No 102 (72)
Bentz, 2007 ⁵	Control	Mean: 50.7 SD: 5.6	(66.5)	NS	NS	NS	
	EHR-generated practice feedback on rates of referral to a state-level tobacco quitline	Mean: 54.2 SD: 6.7	(66)	NS	NS	NS	
Bindels,	Control	Mean: 49	(25)	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
2003 ⁶ *	An automated feedback system that produces comments about the non-adherence of general practitioners (GPs) to accepted practice guidelines for ordering diagnostic tests	SD: 5.6					
Bindels, 2004 ⁷ *	Control Automated test ordering and feedback system	Mean 44 SD: 4.7	(0)	NS	NS	NS	
Bowns, 2006 ⁸	Control	Mean: 49.7 SD: 19.8	45 (62)	NS	NS	NS	
	SF (Store and Forward) teledermatology	Mean: 43.6 Median: SD: 17.8	58 (63)	NS	NS	NS	
Cannon,	Control	NS	NS	NS	NS	NS	
2000 ⁹	Use of computer systems on the implementation of a clinical practice guideline	NS	NS	NS	NS	NS	
Chan, 2003 ¹⁰	Control	Mean: 8.7 SD: 2.5	(20)	NS	NS	NS	
	Internet-based education (the "virtual group")	Mean: 6.6 SD: 0.5	(80)	NS	NS	NS	
Clark, 2007 ¹¹ *	Control Nurse-coordinated telephone-monitoring CHF management strategy	Mean: 74.7	(35)	NS	NS	NS NS	Weight (kg) 83, SD: 24; Lived with spouse (74)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
De Las Cuevas, 2006 ¹²	Control	Median in 25- to 45-year group: 33 (47) Range: 65 yrs, 3 (4)	45 (64)	NS	NS	Can read and write: 5 (7), Primary studies: 40 (57), College: 14 (20), University degree: 11 (16)	ICD-10 diagnosis, CGI Severity of illness
	VCTP videoconference telepsychiatry	Median in 25- to -45-year group: 37 (53) Range: 65 yrs, 5 (7)	48 (69)	NS	NS	Can read and write: 11 (16), Primary studies: 33 (47), College: 13 (19), University degree: 13 (19)	ICD-10 diagnosis, CGI-Severity of illness
de Toledo, 2006 ¹³	Control	Mean: 72 SD: 8	3 (3.2)	NS	NS	NS	Forced expiratory volume per second (FEV) 42, SD: 15 (%)
	Telemedicine experience for the home care of chronic patients suffering from chronic obstructive pulmonary disease (COPD)	Mean: 71 Range: SD: 8	2 (2.3)	NS	NS	NS	Forced expiratory volume per second (FEV) 42, SD: 20 (%)
Dobke, 2008 ¹⁴	Control	Mean: 53.9 SD: 10.4	8	NS	NS	NS	Nature of wound – Pressure sore 8, Venostasis ulcers 1, Arterial ulcers no diabetes 1, Diabetic foot 5
	Telemedicine consult on patients with chronic wounds	Mean: 54.9 SD: 10.8	8	NS	NS	NS	Nature of wound – Pressure sore 10, Venostasis ulcers 1, Arterial ulcers no diabetes 0, Diabetic foot 4
Dykes, 2007 ¹⁵	Nursing patient assessment using paper	Range: 21-30 (58.1%) of respondents	98.4 of respondents to survey after	NS	NS	NS	Only have data from respondents to survey, and not all participants; (79) of

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	nursing patient assessment using wireless devices	to survey after study	study				participants responded to survey; also, data includes both intervention and control groups
Eccles,	Control	NS	NS	NS	NS	NS	
2002 ¹⁶	Intervention group received computerized guidelines for the management of asthma and provided intervention patients for the management of asthma and control patients for the management of angina. GD	NS	NS	NS	NS	NS	
Feldman, 2005 ¹⁷	Control	Mean: 71.2 SD: 12.2	(76.7)	White: (23.4), Black: (41.9), Latino: (30.0), Other (4.9)	<\$10,000 (51.5)	<12 yrs: (54.2)	Usual care 227
	E-mail reminder	Mean: 72.4 SD: 12.1	(64.8)	White: (23.6), Black: (42.7), Latino: 31.2, Other (2.5)	<\$10,000 (43.7)	<12 yrs: (56.8)	Basic 199
	E-mail reminder and a laminated card	Mean: 71.8 SD: 12.0	(65.4)	White: (28.2), Black: (35.6), Latino: (33.2), Other: (3.0)	<\$10,000 (40.1)	<12 yrs: (54.0)	Augmented 202

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Feldstein, 2006 ¹⁸	Control	Range: 50-89	NS	NS	<=20,000: 20 (19.8), >20,000: 21(20.8), Unknown: 60 (59.4)	Unknown: 46 (45.5), <=High school: 32 (31.7), >=Some college: 23 (22.8)	Fracture Type – Hip 9 (8.9), Vertebra 9 (8.9), Wrist 15 (14.9), Other 68 (67.3); Current smoker – No 92 (91.1), Yes 9 (8.9); Weight – >3 12 (11.9); Adequate calcium intake – No 32 (31.7), Yes 16 (15.8), Unknown 53 (52.5); Regular activity – No 40 (39.6), Yes 14 (13.9), Unknown 47 (46.5)
	EMR reminder to primary care physician	Range: 50-89	NS	NS	<=\$20,000: 27 (26.7), >\$20,000: 13 (12.9), Unknown: 61 (60.4)	Unknown: 45 (44.6), <=High school: 31 (30.7), >=Some college: 25 (24.8)	Fracture Type – Hip 12 (11.9), Vertebra 10 (9.9), Wrist 17 (16.8), Other 62 (61.4); Current smoker – No 90 (89.1), Yes 11 (10.9); Weight – >3 18 (17.8); Adequate calcium intake – No 36 (35.6), Yes 14 (13.9), Unknown 51 (50.5); Regular activity – No 44 (43.6), Yes 13 (12.9), Unknown 44 (43.6)
	EMR reminder to primary care physician plus mailed patient reminder letter	Range: 50-89	NS	NS	<=\$20,000: 28 (25.7), >\$20,000: 17 (15.6), Unknown: 64 (58.7)	Unknown: 42 (38.5), <=High school: 39 (35.8), >=Some college: 28 (25.7)	Fracture TypeHip 16 (14.7), Vertebra 2 (1.8), Wrist 17 (15.6), Other 74 (67.9); Current smoker - No 100 (91.7), Yes 9 (8.3); Weight - 312 (11.0); Adequate calcium intake - No 40 (36.7), Yes 17 (15.6), Unknown 52 (47.7); Regular activity - No 52 (47.7), Yes 13 (11.9), Unknown 44 (40.4)
Filippi, 2003 ¹⁹	Control	Range: 31–45 318 (3.3), Range: 45–64 (31.7), Range >64: (65.0)	5,013 (51.9)	NS	NS	NS	(101.7)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Electronic reminder plus a letter	Range: 31–45 318 (3.8), Range: 45–64 (31.7), Range >64: (64.5)	5,886 (52.7)	NS	NS	NS	
Frank, 2004 ²⁰	Control	Mean: 35.4	(57)	NS	NS	NS	Number (interquartile range) of services in 6 months before start of trial, median (Interquartile range) – 1 (0–2); Fees (interquartile range) charged per consultation in 6 months before trial, median – \$21 (\$0–59); Number (interquartile range) of long-term problems coded before trial, median – 0 (0–1)
	In-consultation reminders about 12 outstanding preventive activities	Mean: 36	(56)	NS	NS	NS	Number (interquartile range) of services in 6 months before start of trial, median – 1 (0–2); Fees (interquartile range) charged per consultation in 6 months before trial, median – \$21 (\$0–56); Number (interquartile range) of long-term problems coded before trial, median – 0 (0–1)
Fretheim,	Control	Mean: 60.5	(51.7)	NS	NS	NS	
2006 ²¹	Educational outreach visit audit and feedback at outreach visit computerized reminders risk assessment tools (software and charts) patient information material	Mean: 61.2	(54.2)	NS	NS	NS	
Glasgow, 2000 ²²	Control	Mean: 60.6 SD: 9.5	(66.3)	White: (90)	NS	Some college or more: (46.3)	Retired (45.0); Live alone (51.2)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Basic and community resource condition	Mean: 60.5 SD: 8.6	(47.4)	White: (90.9)	NS	Some college or more: (59.7)	Retired (28.6); Live alone (58.4)
	Basic & telephone follow-up conditions	Mean: 59.0 SD: 9.6	(57)	White: (88.6)	NS	Some college or more: (63.0)	Retired (31.6); Live alone (44.3)
	Combined condition	Mean: 57.4 SD: 9.4	(56.3)	White: (91.4)	NS	Some college or more: (58.0)	Retired (35.8); Live alone (64.2)
Glasgow, 2005 ²³	Control	Mean: 64 SD: 1.3	(50.0)	White: (77.9), Black: (2.7), Latino: (14.1), Other (5.4)	<\$10,000: (10.0), \$10,000- \$29,999: (33.9), \$30,000- \$49,999: (23.9), \$50,000: (32.1)	<12 yrs: (14.4), High school: (25.4), College (1-3 yrs): (32.8), College/gra duate school: (27.4)	
	Diabetes Priority Program	Mean: 62 SD: 1.4	(52.3)	White: (83.5), Black: (1.7), Latino: (11.3), Other (3.4)	<\$10,000 (12.3), \$10,000- \$29,999: (26.4), \$30,000- \$49,999: (28.0), \$50,000: (33.3)	<12 yrs: (13.0), High school: (27.1), College (1-3 yrs): (32.0), College/gra duate school: (27.9)	
Glassman, 2007 ²⁴	Control	Mean: 67.3 SD: 10.6	8 (2)	NS	NS	NS	
	Medication profiling to computerized provider order entry in an ambulatory care population	Mean: 67.2 SD: 11.0	12 (3)	NS	NS	NS	
Goldman, 2004 ²⁵	Parents that received telephone	Mother – Mean: 37, Father – Mean: 39	NS	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Parents assigned to receive an e-mail 24 to 96 hrs after their child's discharge from the ED	Mother – Mean: 38, Father – Mean: 40	NS	NS	NS	NS	
Gomez, 2002 ²⁶	Group not using DIABTel system	NS	NS	NS	NS	NS	
	Group using DIABTel system	NS	NS	NS	NS	NS	
Green, 2005 ²⁷	Control	Mean: 44 Range: 24-71	105 (100)	White: 95 (90)	NS	College or More: 53 (50)	
	Counseling supplemented by computer use	Mean: 45 Range: 23-77	106 (100)	White: 100 (95)	NS	College or More: 65 (62)	
Green, 2008 ²⁸	Control	Mean: 58.6 SD: 8.5	141 (54.7)	White: 214 (82.9), Black: 22 (8.5), Asian: 8 (3.1), NS: 14 (5.4)	NS	8-12 yrs: 22 (8.5), Some college: 117 (45.3), College grad: 48 (18.6), >16 yrs: 71 (27.5)	Employed – FT 158 (61.2), retired 75 (29.1), PT 16 (16.2), other 9 (3.5); Anti-HTN medication class – None 13 (5), One 127 (49.2), Two 89 (34.5), Three or more 29 (11.2); Current smoker – 20 (8.1); BMI – Normal 16 (6.5), Overweight 72 (29.4), Obese 157 (64.1); Have home BP monitor – 137 (53.1); SBP, mean – 151.3, SD:10.6; DBP, 89.4, SD: 8
	BP monitoring and point web services training	Mean: 59.5 SD 8.3	119 (45.9)	White: 223 (86.1), Black: 18 (6.9), Asian: 9 (3.5), NS: 9 (3.5)	NS	8-12 yrs: 19 (7.3), Some college: 110 (42.5), College grad: 72 (27.8), >16 yrs: 58 (22.4)	Employed – FT 130 (50.2), Retired, 103 (39.8), PT 21 (8.1), Other 5 (1.9); Anti-HTN medication class – None 5 (1.9), One 120 (46.3), Two 86 (33.2), Three or more 48 (18.5); Current smoker – 14 (5.5); BMI – Normal, 14 (5.6), Overweight 84 (33.3), Obese 154 (61.1); Have home BP monitor 160 (61.8); SBP 152.2, SD:10; DBP 89, SD: 7.9

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention BP monitoring and point web services training plus pharmacist care	Mean: 59.3 SD 8.6	146 (55.6)	White: 207 (79.3), Black: 21 (8), Asian: 12 (4.6), NS: 21 (8)	NS	8-12 yrs: 130 (50.2), Some college: 97 (37.2), College grad: 75 (28.7), >16 yrs: 68 (26.1)	Employed – FT 147 (56.3), retired 92 (35.2), PT 14 (5.4); other, 8 (3.1); Anti-HTN medication class – None 10 (3.8), One 119 (45.6), Two 86 (33.2), Three or more 46 (17.6); Current smoker – 18 (6.9); BMI – Normal 24 (9.5), Overweight 81 (32.1), Obese 147 (58.3); Have home BPmonitor – 140 (53.6); SBP 152.2, SD: 10; DBP 88.9, SD: 8.1
Gurwitz, 2008 ²⁹ *	Control CPOE: With clinical decision support Online survey (and focus group information)	Mean: 87.2	(71.3)	NS	NS	NS NS	0.1
Hetlevik,	Control	NS	(59)	NS	NS	NS	Patients 1127
1998 ³⁰	Intervention group physicians had access to a CDSS to support guideline implementation for HTN (Norwegian guidelines)	NS	(57)	NS	NS	NS	Patients 887
Hetlevik, 2000 ³¹	Control Used a computer- based clinical decision support system (CDSS) for treatment of patients with HTN, DM, and hypercholesterolem ia	Mean: 68.1 Mean: 66.3	(55) (53)	NS NS	NS NS	NS NS	Patients 408 Patients 368

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Hicks, 2008 ³²	Control	Median: 61	(65)	White: 454 (43), Black: 280 (27), Latino: 284 (27), Other 30 (3)	NS	NS	Blood pressure led during first visit 452 (43)
	CDS (computerized decision support for all physicians within the practice)	Median: 64	(66)	White: 292 (37), Black: 286 (36), Latino: 192 (24), Other 16 (2)	NS	NS	Blood pressure led during first visit 343 (44)
	Nurse practitioner P and UC	Median: 61	(69)	White: 24 (20), Black: 66 (55), Latino: 23 (19), Other: 7 (6)	NS	NS	Blood pressure led during first visit (35)
	Nurse practitioner in and computerized decision support	Median: 62	(74)	White: 18 (24), Black: 39 (53), Latino: 12 (16), Other: 4 (6)	NS	NS	Blood pressure led during first visit (31)
Hogg, 1998 ³³	Control	Mean: 41.6 SD: 18.9	(52.3)	NS	NS	NS	Mean family size – 2.6; Most family members speak English – (47.9); Mean number of chronic diseases in family unit – 2.33 (2.35); Mean baseline procedures overdue – 4.02 SD: 0.292; and others
	Mailed form letter	Mean: 41.9 SD; 19.8	(52.3)	NS	NS	NS	Mean family size – 2.7; Most family members speak English – (46.4); Mean number of chronic diseases in family unit – 2.08 (1.94); Mean baseline procedures overdue – 4.39 (0.268); and others

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Mailed customized letter	Mean: 37.5 SD: 18.69	(49.9)	NS	NS	NS	Mean family size – 3.0; Most family members speak English – (52.0); Mean number of chronic diseases in family unit – 2.21 (1.95); Mean baseline procedures overdue – 4.13 (0.301); and others
Homko, 2007 ³⁴	Women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	Mean: 47.5 SD: 9.1	15 (57.7)	NS	NS	NS	BMI, mean – 23.4 kg/m²; Duration of diabetes, mean – 8.0 yrs; There were no significant differences in age, sex, BMI, duration of diabetes, diabetes medication, blood pressure, blood glucose, and serum lipids levels between the two groups; at the pre-test, no significant difference was found in HbA1c levels between the groups
	Internet group patients were provided with computer and Internet access to send blood glucose and other health data directly to their care providers	Mean: 46.8 SD: 8.8	14 (56)	NS	NS	NS	BMI, mean – 24.5 kg/m²; Duration of diabetes, mean – 5.2 yrs; There were no significant differences in age, sex, BMI, duration of diabetes, diabetes medication, blood pressure, blood glucose, and serum lipids levels between the two groups; at the pre-test, no significant difference was found in HbA1c levels between the groups
Jerant, 2001 ³⁵	Control	Mean: 72.7 SD: 11.4	50	White: (58), Black: (33), Latino: (1)	NS	NS	
	Home telecare	Mean: 66.6 SD: 10.9	54	White: (31), Black: (62), Latino: (1)	NS	NS	
	Telephone telecare	Mean: 71.3 SD: 14.1	58	White: (58), Black: (42), Latino: (0)	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Jerant, 2003 ³⁶		Mean: 72.7	6 (50)	White: 7 (58), Black: 4 (33), Latino: 1 (8)	NS	NS	Primary health insurer – Blue Cross 2 (17), Commercial capitated 5 (50), MediCal capitated 1(8), MediCal fee for service 4 (33), Medicare 0(0); Distance from hospital (miles) – Mean 12.3, SD: 8.4; CHF duration (months) – Mean 30.4, SD: 30; 5 other CHF-related measures
	Video-based telecare group	Mean: 66.6	7 (54)	White: 4 (31), Black: 8 (62), Latino: 1 (8)	NS	NS	Primary health insurer – Blue Cross 1 (8), Commercial capitated 3 (23), MediCal capitated 2 (15) MediCal fee for service 6 (46), Medicare 1(8); Distance from hospital (miles) – Mean 9.6, SD: 7.0; CHF duration (months) – mean 11.0 SD: 16.5; 5 other CHF-related measures
	Telephone care	Mean: 71.3	7 (58)	White: 7 (58), Black: 5 (42), Latino: 0 (0)	NS	NS	Primary health insurer – Blue Cross 1 (8), Commercial capitated 7 (58), MediCal capitated 0 (0), MediCal fee for service 3 (25), Medicare 1 (8); Distance from hospital (miles) – Mean 12.4, SD: 16.8; CHF duration (months) – mean 54.8, SD: 71.2; 5 other CHF-related measures
Jones, 1999 ³⁷	Control	NS	NS	NS	NS	NS	Does not give overall age /
	Personal computer information	NS	NS	NS	NS	NS	demographic data. The only data given apply to participants
	General computer information	NS	NS	NS	NS	NS	who showed anxiety at a certain time point
Kaner, 2007 ³⁸	Control	NS	NS	NS	NS	NS	
	Implicit (concise) patient decision aid	NS	NS	NS	NS	NS	
	explicit (extended) patient decision aid	Median: 72	13 (45)	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Kattan, 2006 ³⁹	Control	Mean: 7.6	(37.1)	White: (6.4), Black: (38.8), Latino: (39.9), Asian: (1.3), American: (3.9), Mixed/Other: (9.7)	Household income < \$15,000: 291 (62.5)	Caretaker completed high school: 327 (70.2)	>= Household member has a job (74.6); Type of insurance coverage – Medicaid (35.0), Managed care (25.5), Private (6.0), None (17.0), Could not determine (3.0); Baseline symptoms per week, mean –; Maximum symptom days – 5.9; Limited in activities for more than half day – 2.1; School days missed – 1.1; Baseline use (annualized mean) ED visits – 3.0; Unscheduled clinic visits – 5.5; Hospitalizations 0.8
	Timely patient feedback combined with guideline- based recommendations for changes in therapy	Mean: 7.7	186 (39.5)	White: (7.4), Black: (40.3), Latino: (40.3), Asian: (1.1), American: (2.3), Mixed/other: (8.5)	Household income <\$15,000 291(58.1)	Caretaker completed high school 324(68.7)	>= Household member has a job (77.2); Type of insurance coverage – Medicaid (28.7), Managed care (25.3), Private (7.2), None (21.4), Could not determine (3.2); Baseline symptoms per week, mean – Maximum symptom days – 6.1; Limited in activities for more than half day – 2.0; School days missed – 0.9; Baseline use (annualized mean) ED visits – 3.0; Unscheduled clinic visits – 5.6; Hospitalizations – 1.1
Krall, 2004 ⁴⁰	Control	NS	15 (30)	NS	NS	NS	Ambulatory patients
•	Alerts of EMR	NS	18 (36)	NS	NS	NS	Ambulatory patients
Krishna, 2003 ⁴¹	Participants received asthma education as part of the usual care	NS	45 (37)	White: 102 (84.3), Black: 9 (7.4), American Indian: 7 Other/unknown : 3	NS	<8 yrs: 115 (95), 8-12 yrs: 6 (5)	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Intervention group used Interactive Multimedia Program for Asthma Control and Tracking (IMPACT) during routine office visits	NS	35 (32.7)	White: 93 (87), Black: 10 (9.3), American Indian: 2 Other/unknown : 2	NS	<8 yrs: 102 (95.3), 8-12 yrs: 5 (4.7)	
Kucher, 2005 ⁴²	Control	Mean: 62 Range: 18-97	(52.3)	NS	NS	NS	
	Alert that the patient is at risk for deep-vein thrombosis	Mean: 63 Range: 18-99	(53.5)	NS	NS	NS	
Kuppermann, 2009 ⁴³	Control	Mean: 32.5 SD: 6.0	252 (100)	White: 111 (44.8), Black: 42 (16.9), Latino: 40 (16.1), Asian: 39 (15.7), Other 16(6.5)	<\$50,000: 80 (34.2), \$50,000- 100,000: 85 (36.3), >=\$100,000: 69 (29.5)	8-12 yrs: 45 (18.1), 12-16 yrs: 56 (22.5), College graduate 148: (59.4)	Religion – Catholic 76 (30.5), Other Christian 64 (25.7), Other religion 27 (10.8), No religious affiliation 82 (32.9); Desire for shared decision making – Me alone/mostly me 104 (42.8), Shared equally 123 (50.6), Health care provider alone/mostly provider 16 (6.6)
	Prenatal testing decision-assisting tool	Mean: 32.2 Range: SD: 5.9	244 (100)	White: 120 (49.6), Black: 35 (14.5), Latino: 48 (19.8), Asian: 27 (11.2), Other: 12 (5.0)	<\$50,000: 68 (30.0), \$50,000– 100,000: 73 (32.2), >=\$100,000 or more: 86 (37.9)	8-12 yrs: 39 (16.0), 12-16 yrs: 57 (23.5), College graduate: 147 (60.5)	Religion – Catholic 75 (31.1), Other Christian 64 (26.6), Other religion 42 (17), No religious affiliation 60 (24.9); Desire for shared decision making – Me alone/mostly me 100 (43.3), Shared equally 108 (46.8), Health care provider alone/mostly provider 23 (10.0)
Laffel, 2007 ⁴⁴	Control	Mean: 35.0	50 (54.3)	NS	NS	NS	Type 1 – 73 (79.4); Type 2 – 19 (20.6); Duration of diabetes – 14.0, SD: 10.0; Frequency of SMBG – 3.8 SD: 1.2; A1C (%) – 9.13, SD: 0.91
	Integrated meter with electronic logbook for glycemic control	Mean: 35.7	65 (55.6)	NS	NS	NS	Type 1 – 90 (79.6); Type 2 – 23 (20.4); Duration of diabetes – 13.3, SD:10.3; Frequency of SMBG – 3.9, SD:1.4; A1C (%) –9.06, SD:1.29

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Lester, 2004 ⁴⁵	Control	Mean: 62.7 SD: 13.6	65 (49)	Non-white (18)	NS	NS	
	"Fast Track" E-mail to manage cholesterol	Mean: 64.8 SD: 14.7	63 (51)	Non-white (17)	NS	NS	
Lieberman, 2006 ⁴⁶	Control	Mean: 37.2 Range: 11.8	(37.2)	Ethnicity – White, Not Hispanic or Latino: (83), Latino: (7.0), No Response: (10); Race – Black: (1.7), Asian: (2.3), American: (2.3), White: (87.2), No Response (6.5)	NS	NS	Age at first drink – 16.4, SD: 3.9; Drinks per week – 34.3, SD: 31.6; AUDIT score – 17, SD: 8.8
	Group received the results in a multimedia context	Mean: 36 Range: 12.1	(31)	Ethnicity – White, Not Hispanic or Latino: (83.5), Latino: (4.1), No Response: (12.4) Race – Black: (1.6), Asian: (4.1), American: (2.5), White: (86.8), No Response (5.0)	NS	NS	Age at first drink: 17.4, SD: 5.5; Drinks per week 32.4, SD: 50.8; AUDIT score – 15.7, SD: 8.4
Linder, 2009 ⁴⁷	Control	Mean: 49	3179 (60)	White: (69), Black: (9), Latino: (9), Other: (14)	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Clinicians received three enhancements to the EHR: smoking status icons, tobacco treatment reminders, and a Tobacco Smart Form	Mean: 49	4273 (62)	White: (58) Black: (20), Latino: (8), Other: 688 (14)	NS	NS	
Lorig, 2006 ⁴⁸	Control	Mean: 57.6 SD: 11.3	305 (71.6)	White: 377 (88.7)		Mean yrs – 15.8, SD: 3.16	Percent married – 63.6; Web use: Health-related Web site visits in last 6 months – 9.54, SD:16.8; Diseases – DM (63.9), HTN (46.7), Lung disease (44.1), Heart disease (25.4), Arthritis (24.9); Self-efficacy (scale of 1-10) – 6.01, SD: 2.17; Health care utilization: Physician visits in past 6 months – 5.09, SD: 5.78, Emergency visits in past 6 months – 0.354, SD: 0.950, Days in hospital in past 6 months – 0.98, SD: 5.53; also 7 health indicators; 4 health behaviors

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Internet chronic disease self-management program	Mean: 57.4 SD: 10.5	252 (71.2)	White: 309 (87.3)	NS	Mean yrs: 15.4, SD: 3.00	Percent married – 68.0; Web use: Health-related Web site visits in last 6 months – 10.2, SD: 16.6; Diseases – DM (61.6), HTN (45.8), Lung disease (47.3), Heart disease (22.3), Arthritis (24.9); Selfefficacy (scale of 1-10) – 6.05, SD: 2.22; Health care utilization – Physician visits in past 6 months: 4.94, SD: 4.69, Emergency visits in past 6 months – 0.308, SD: 0.778, Days in hospital in past 6 months – 1.09, SD: 4.14; also 7 health indicators; 4 health behaviors
Marks, 2004 ⁴⁹	Control	Mean: 37.9 SD: 12.2	28 (74)	White: 28 (76)	NS	Mean yrs: 11.3, SD: 1.7	Primary diagnosis – Agoraphobia 12 (32), Specific phobia 16 (42), Social phobia 10 (26); Source of referral – Self-referred 33 (87), GP 3(8), Mental health professional 2 (5); Medications – SSRI 3 (8), TCA, 6 (16), OA 1 (2), BZD 3 (8)
	Fear Fighter: Self- exposure therapy guided mainly by a stand-alone computer system	Mean: 38.2 SD: 11.7	24 (69)	White: 25 (86)	NS	Mean yrs: 11.3, SD: 1.5	Primary diagnosis – Agoraphobia 9 (26), Specific phobia 16 (46), Social phobia 10 (28); Source of referral – Self-referred 24 (68), GP 9 (26), Mental health professional 2 (6); Medications – SRI 2 (7), TCA 3 (10), OA 0, BZD 1 (3)
	Relaxation: mainly stand-alone computer and audiotape-guided self-relaxation without exposure	Mean: 38.5 SD: 14.9	10 (59)	White: 17 (100)	NS	Mean yrs: 11.0, SD:1.2	Primary diagnosis – Agoraphobia 6 (35), Specific phobia 7 (41), Social phobia 4 (24); Source of referral – Self-referred 13 (76), GP 3 (18), Mental health professional 1 (6); Medications – SSRI 0, TCA 0, OA 1 (6), BZD 0

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Maslin, 1998 ⁵⁰	Control	Mean: 52.1 Range: 28-73	49 (100)	NS	NS	NS	
	Women offered use of the Interactive Video Disk system to aid them in decisionmaking if they wished	Mean: 52.1 Range: 28-73	51 (100)	NS	NS	NS	
Matheny, 2008 ⁵¹	Control	Mean: 40.6 SD: 11.2	93 (58.8)	NS	NS	NS	
	Longitudinal medical record (LMR) w/clinical decision support and electronic reminders	Mean: 40.5 SD: 11.1	90 (62.1)	NS	NS	NS	
McCrossan,	Control	Mean: 66	11	NS	NS	NS	
2007 ⁵²	Videoconferencing	Mean: 61	11	NS	NS	NS	
	Telephone	Mean: 65.4	13	NS	NS	NS	
McDonald, 2005 ⁵³	Control	Mean: 62.9 SD: 13.3	(64.5)	White: (29.9), Black: 30.8), Latino: (33.3), Other: (6.0)	NS	NS	N 234
	E-mail reminders one patient-specific message was sent to nurse about patient basic intervention	Mean: 63.2 SD: 13.0	(68.6)	White: (34.7), Black: (26.5), Latino: (34.3), Other: (4.6)	NS	NS	N 242
	E-mail reminders with provider prompts, patient education material, and clinical nurse specialist outreach - Augmented basic intervention	Mean: 63.4 SD: 12.4	(65.5)	White: (32.0), Black: (31.5), Latino: (31.0), Other: (5.6)	NS	NS	N 197
McGregor,	Control	Mean: 49.55	1216 (53.57)	NS	NS	NS	Admit service

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
2006 ⁵⁴	Intervention Computerized clinical decision support system for reducing inappropriate antimicrobial use	Mean: 50.36	1189 (53.15)	NS	NS	NS	Admit service
McKinley, 2001 ⁵⁵	Control	Mean: 38 SD: 2	(29)	NS	NS	NS	Injury Severity Score (ISS) 25, SD: 2 (76), blunt
	"Protocol" assigned patients had ventilatory support directed by the bedside respiratory therapist using the computerized protocol	Mean: 40 SD: 3	(27)	NS	NS	NS	ISS – 26 SD: 3 (73), blunt
Mitchell, 2004 ⁵⁶	Control	NS	NS	NS	NS	NS	Number of GPs – 3 (range 1- 11); List size – 4538 (range 744-17647); Deprivation level – Low 4 (21), Medium 8 (42), High 7 (37)
	Audit only practices	NS	NS	NS	NS	NS	Number of GPs – 4 (range 1-6); List size – 5173 (range 916- 11033); Deprivation level – Low 4 (25), Medium 8 (50), High 4 (25)
	Audit plus strategic practices	NS	NS	NS	NS	NS	Number of GPs – 3 (range 1-6); List size – 5034 (range 1851- 8963); Deprivation Level – Low 4 (23), Medium 11 (65), High 2 (12)
Montgomery, 2000 ⁵⁷	Control	Mean: 71 SD: 5	77 (49)	NS	NS	NS	N 157; 5-yr cardio risk ->=10 (%) 138 (88); Mean absolute 5-yr risk (%) - 19, SD: 9; Mean SBP - 158, SD: 21; Mean DBP - 86, SD: 11; Mean BMI - 27, SD: 4; Mean total cholesterol (mmol/l) - 6.0, SD: 1.1 (n: 81); more health status measures

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Chart only	Mean: 70 SD: 6	130 (57)	NS	NS	NS	N: 228; 5-yr cardio risk – >=10(%) 198 (87); Absolute 5-yr risk, mean (%) – 19, SD: 8; SBP, mean – 156, SD:19; DBP, mean – 87, SD: 9; BMI, mean – 29, SD: 4; Total cholesterol (mmol/l), mean – 6.1, SD: 1.0 (n:167); more health status measures
	Chart plus CDSS	Mean: 71 SD: 6	123 (54)	NS	NS	NS	N: 229; 5-yr cardio risk – >=10(%) 189 (83); Absolute 5-yr risk, mean (%) – 18, SD: 8; SBP, mean – 153, SD:19; DBP, mean – 85, SD: 9; BMI, mean – 27, SD: 4; Total cholesterol (mmol/l), mean – 6.0, SD:1.0; (n:113); more health status measures
Montgomery, 2007 ⁵⁸	Control	Mean: 32.4 Range: 4.6	247 (100)	NS	<t20: (18),<="" 42="" td="">£20-30: 53(23),£30-40:51(22),>£40:89(38)</t20:>	Degree: 92 (38), GCSE/NVQ 1-3: 99 (40), A level/ HND: 42(17)	
	Information program:	Mean: 32.8 Range: 4.7	250 (100)	NS	£20: 44 (19), £20-30: 57 (24), £30-40: 46 (19), >£40: 89 (38)	Degree: 97 (39), A level/ HND:47 (19), GCSE/NVQ 1-3: 92 (37)	
	Decision analysis:	Mean: 32.5 Range: 4.8	245 (100)	NS	<t20: (20),<="" 48="" td=""> £20-30: 49 (21), £30-40: 44 (19), >£40: 96 (40)</t20:>	Degree: 103 (42), A level/ HND: 36 (15), GCSE/NVQ 1-3: 97 (40)	
Morgan, 2005 ⁵⁹	Control	NS	NS	NS	NS	NS	Received the same ad hoc telephone support that was available to all patients, N 9

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Second control group	NS	NS	NS	NS	NS	Received regular telephone calls with the same protocol as those in the videoconferencing group, N 13
	Home videoconferencing with telephone contact	NS	NS	NS	NS	NS	N 14
Murray, 1999 ⁶⁰	Control	NS	NS	NS	NS	NS	
	Intervention group had access to electronic treatment suggestions for heart failure, ischemic heart disease, reactive airways disease, and uncomplicated hypertension	NS	NS	NS	NS	NS	
Murtaugh, 2005 ⁶¹	Control	Mean: 42.6 SD: 9.2	(89.3)	White: (21.3), Black: (63.1), Latino: (7.4), Other: 8.2)	NS	Diploma: (10.7), Associate: (32.0), Bachelor: (52.5), Advanced degree: (2.5), Missing: (2.5)	N 122

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Basic: E-mail reminder	Mean: 42.7 SD: 9.6	(93.0)	White: (18.4), Black: (62.3), Latino: (9.7), Other: (9.7)	NS	Diploma: (12.3), Associate: (22.8), Bachelor: (55.3), Advanced degree: (5.3), Missing: (4.4), Diploma: (17.0), Associate: (18.6)	N 114
	Augmented: E-mail reminder and provider prompts, patient education material, clinical nurse specialist outreach	Mean: 45.5 SD: 9.5	(95.8)	White: (29.7), Black: (55.9), Latino: (4.2), Other, (10.2)	NS	Bachelor: (48.3), Advanced degree: (5.1), Missing: (11.0)	N 118
Nguyen,	Control	NS	NS	NS	NS	NS	
2000 ⁶²	Cancer screening reminder system	NS	NS	NS	NS	NS	
Nguyen, 2008 ⁶³	fDSMP	Mean: 70.9 SD: 8.6	9 (45)	White: 20 (100)	NS	12-16 yrs: 8 (40), >16 yrs: 12 (60)	Not currently employed or currently disabled or retired – 15 (75); Living situation, with spouse or other – 13 (65); Currently smoking – 1 (5); Distance to clinical site (km) – 13.1, SD: 15.7; BMI (kg/m²) – 27.7, SD: 6.4; [several disease severity measures]; [several computer/Internet skills]

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	eDSMP	Mean: 68.0 SD: 8.3	8 (39)	White: 18(95)	NS	12-16 yrs: 10 (50), >16 yrs: 9 (50)	Not currently employed or currently disabled or retired – 13 (72); Living situation, with spouse or other – 12 (63); Currently smoking – 2 (11); Distance to clinical site in km – 20.4, SD:18; BMI kg/m² – 29.4, SD: 5.9; [several disease severity measures]; [several computer/Internet skills]
Noel, 2004 ⁶⁴	Control	Mean: 70 Range: 54-90	0 (0)	NS	NS	NS	CHF, COPD, DM combinations
	Home telehealth plus nurse case management	Mean: 72 Range: 54-90	3 (3)	NS	NS	NS	CHF, COPD, DM combinations
	Usual home healthcare services plus nurse case management	Mean: 70	0 (0)	NS	NS	NS	
Overhage, 2002 ⁶⁵	Control	Methodist Hospital – Mean: 32.7 SD: 21 Community Hospital— Mean: 34.2 SD: 22	Methodist Hospital – (57) Community Hospital – (57)	Black: Methodist Hospital – (56) Community Hospital – (40)	NS	NS	
	Use of computer- based patient record in Emergency Departments	Methodist Hospital – Mean: 32.7 SD: 21 Community Hospital— Mean: 34.2 SD: 22	Methodist Hospital – (56) Community Hospital – (57)	Black: Methodist Hospital – (56) Community Hospital – (38)	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Parati, 2009 ⁶⁶	Control	Mean: 58.1 SD: 10.8	52 (45.9)	NS	NS	NS	BMI, mean – 26.9, SD: 3.6; Treated HTN patient, n (%)– 85 (76.6); Clinic SBP, mean – 148.7, SD: 11.7; Clinic DBP, mean – 88.8, SD: 8.6; Daytime SBP, mean – 140.3, SD: 10.5, Daytime DBP, mean 84.3, SD: 8.2
	BP management based on HBPM combined with teletransmission of home self- measured BP values	Mean: 57.2 SD: 10.7	85 (45.5)	NS	NS	NS	BMI, mean 26.9, SD: 4.1; Treated HTN patient, n (%)– 148 (79.1); Clinic SBP, mean – 148.4, SD: 12.6; Clinic DBP, mean – 88.7, SD: 7.4; Daytime SBP, mean – 139.4, SD: 11.0; Daytime DBP, mean – 83.9, SD: 8.0
Persell, 2008 ⁶⁷	Clinician reminders only	Mean: 56.8 SD: 10.4	60 (54)	White: 33 (29.5), Black: 51 (45.5), Latino: 7 (6.3), Asian: 1 (0.9), Other: 15 (13.4), Unknown: 5 (4.5)	NS	NS	Coronary artery disease – 10 (8.9); Contraindication to aspirin – 12 (11); GI bleeding or peptic ulcer disorder – 9; Liver disease – 3; Platelet disorder – 0; CNS hemorrhage or vascular anomaly – 0
	Patient intervention plus reminders	Mean: 58.8 SD: 11.2	92 (71)	White: 44 (33.9), Black: 45 (34.6), Latino: 7 (5.4), Asian: 5 (3.9), Other 21 (16.2), Unknown: 8 (6.2)	NS	NS	Coronary artery disease – 6 (5); Contraindication to aspirin – 19 (15); GI bleeding or peptic ulcer disease – 12; Liver disease – 5; Platelet disorder – 3; CNS hemorrhage or vascular anomaly – 2
Piette, 2000 ⁶⁸	Control	Mean: 53.3	(56.5)	White (29), Hispanic (51.6), Other (19.4)	< \$10,000 (56.3)	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Patients received biweekly ATDM calls with telephone follow-up by a diabetes nurse educator	Mean: 55.7	(61.3)	White (29), Hispanic (47.6), Other (23.4)	<\$10,000 (59.1)	NS	
Poller, 2008 ⁶⁹	Control	Mean: 66.9	2953	NS	NS	NS	Patients 6447; New patients and patients already established on oral anticoagulation – New 4960, Established 1487; Number of patients by clinical indication – AF 2967, DVT/PE 1560, Mechanical heart valves 831, Other indications 1089; Number of patients by target INR range – 2–3 or lower 5560, 2.5–3.5 or higher 878, Not specified 9
	Computer-assisted dosage	Mean: 66.9	2940	NS	NS	NS	Patients 6605; New patients and patients already established on oral anticoagulation – New 4966, Established 1639; Number of patients by clinical indication – AF 2972, DVT/PE 1649, Mechanical heart valves 870, Other indications 1114; Number of patients by target INR range – 2–3 or lower 5671, 2.5–3.5 or higher 930, Not specified 4
Quinn, 2003 ⁷⁰	Control	Mean: 58 Range: 36-77	NS	NS	NS	NS	
	Portable electronic diary as a data collection device	Mean: 58 Range: 30-88	NS	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Quinn, 2008 ^{/1}	Control	Range: 20-54 (6); 55-64 (7)	8	White: 7, Black: 6	NS	NS	Yrs with diabetes, mean – 11; Body mass index, mean – (kg/m²): 34.58; Comorbid conditions – Hypertension 8, Hyperlipidemia 6, Coronary artery disease 0, Microvascular complications 4; Medication treatment regimen – Oral hypoglycemic alone 7, Insulin alone 4, Insulin and oral hypoglycemic 0, Injectible non- insulins 1; Physician specialty – Primary care 8, Endocrinology 5
	Cell phone-based diabetes management software system used with webbased data analytics and therapy optimization tools	Range: 20-54 (8); 55-64 (5)	9	White: 3, Black: 10	NS	NS	Yrs with diabetes, mean – 7.61; Body mass index, mean (kg/m²) – 34.07; Comorbid conditions – Hypertension 8, Hyperlipidemia 8, Coronary artery disease 1, Microvascular complications 4; Medication treatment regimen – Oral hypoglycemic alone 3, Insulin alone 4, Insulin and oral hypoglycemic 6, Injectible non- insulins 6; Physician specialty – Primary care 12, Endocrinology
Raebel, 2006 ⁷²	Control	Median: 60 Range: 34-82	2352 (51)	NS	NS	NS	
	Pharmacists were electronically alerted to missing laboratory results and then ordered tests, reminded patients to undergo tests, and reviewed and managed abnormal results	Median: 61 Range: 35-81	2313 (51)	NS	NS	NS	
Raebel, 2007 ⁷³	Control	Median: 73	449 (70)	NS	NS	NS	Median number of drugs in last 6 months – 7

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Pharmacist alert and physician consultation	Median: 72	362 (67)	NS	NS	NS	Median number of drugs in last 6 months – 7
Raebel, 2007 ⁷⁴	Control	Median: 29	5025	NS	NS	NS	Pregnant patients with dispensings of FDA pregnancy category D or X medications – 276 (5.5)
	Computerized tool that alerted pharmacists when pregnant patients were prescribed U.S. Food and Drug Administration pregnancy risk category D or X medications	Median: 29	6075	NS	NS	NS	Pregnant patients with dispensings of FDA pregnancy category D or X medications – 177 (2.9)
Ralston, 2009 ⁷⁵	Control	Mean: 57.6	(51.2)	White: (73)	NS	NS	Insulin use – (39); GHb – (7.9); SBP – 133; DBP – 76; Total cholesterol – 192.7; OP visits – 10.3; Primary care – 3.3; Specialty care – 7; Inpatient days – 0.7
	Web-based collaborative care	Mean: 57	(47.6)	White: (89.7)	NS	NS	Insulin use – (38.1); GHb – (8.2); SBP – 133.3; DBP – 76.3; Total cholesterol – 188.8; OP visits – 9.6; Primary care – 4.3; Specialty care – 5.3; Inpatient days – 0.3
Rhodes, 2006 ⁷⁶ *	Control Domestic Violence Promote Health Survey	Mean: 33.3 SD: 12.0	(100)	White: 368 (29), Black: 767 (60), Other: 91 (7), Unknown: 55 (4)	<\$20,000: 362(40), \$20,000-39,999: 220 (24), \$40,000-79,999: 147 (16), =>\$80,000: 68(8), Unknown: 106 (12)	<high 132(10),="" 231(18),="" diploma="" diploma:="" equivalent:="" high="" or="" school="">High School 616(48), Unknown: 302(24)</high>	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Rollman, 2002 ⁷⁷	Control	Mean: 40.8	46 (74)	White: 47 (76)	NS	<8 yrs: 11 (18), 8-12 yrs: 29 (47), 12-16 yrs: 22 (36)	
	EMR feedback from guideline- based treatment: Active care	Mean: 44.2	38 (56)	White: 48 (71)	NS	<8 yrs: 10 (15), 8-12 yrs: 40 (59), 12-16 yrs: 18 (26)	
	EMR feedback from guideline- based treatment: Passive care	Mean: 46.4	57 (81)	White: 50 (71)	NS	<8 yrs: 15 (21), 8-12 yrs: 27 (39), 12-16 yars: 28 (39)	
Ross, 2004 ⁷⁸	Control	Mean: 55		White: (88)	<\$45,000/yr: (50)	8-12 yrs: (44)	
	System Providing Access to Records Online (SPARO)	Mean: 57		White: (92)	<45,000/year: (56)	8-12 yrs: (53)	
Rothschild, 2007 ⁷⁹	Control Decision support (DS) intervention with computerized physician order entry (CPOE) for red blood cell, platelet, and fresh- frozen plasma orders	NS Mean: 63.3 SD: 16.1	NS 936 (53.5)	NS White: 1388 (79.4), Black: 185 (10.6), Latino: 67 (3.8), Other: 109 (6.2)	NS NS	NS NS	
Roukema, 2008 ⁸⁰	Control	Mean: 0.9 Range: 0.6 - 1.4	44 (49)	NS	NS	NS	Duration of fever, mean (days) – 3.0, range 1.8-6.0; History of vomiting – 46 (51); Temperature (Celsius) – 39.4, range: 38.9-40.0; Clinical risk score – 11, range 9-14; Final diagnosis of serious bacterial infection – 16 (18)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Clinical decision support system (CDSS) for the diagnostic management of children attending the ED with fever without apparent source (FWS)	Mean: 1.0 Range: 0.7 - 1.6	30 (41)	NS	NS	NS	Duration of fever, mean (days) – 2.5, range 1.0-4.0; History of vomiting – 34 (46); Temperature (Celsius) – 39.5, range 39.0 -40.0; Clinical risk score – 11, rage 9-14; Final diagnosis of serious bacterial infection – 10 (14)
Roumie, 2006 ⁸¹	Control	Mean: 65.1 SD: 11.9	11 (3.4)	NS	NS	NS	
	Alert one-time patient-specific electronic notification	Mean: 65.5 SD: 12.0	15 (2.7)	NS	NS	NS	
	Alert one-time patient-specific electronic notification and patient education	Mean: 64.6 SD: 12.6	19 (4.0)	NS	NS	NS	
Ruland, 2003 ⁸²	Control						25 patients 5 MDs
	Assessment summaries were printed and given to the patient and clinician in the subsequent consultation	Mean: 56.3 SD: 11.3 Range: 23-77	(59)			Mean yrs of education: 12.8 SD: 2.38 Range: 4-20	27 patients 9 MDs
Sequist, 2005 ⁸³	Control	Mean: 41.4 SD: 11	53 (52)	NS	NS	NS	Physicians
	Evidence-based electronic reminders within patients' EMR regarding diabetes and coronary artery disease	Mean: 39.2 SD: 10	60 (65)	NS	NS	NS	Physicians

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
Shiffman, 2000 ⁸⁴	Control	Mean: 43 Range: 31-53	3 (33)	NS	NS	NS	Interval since completion of residency, mean (yrs) – 11.6, range 2-19; Percentage of effort in practice setting – Urban, inner-city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self-assessed computer experience – Nonuser 2, Novice 4, Intermediate 3
	Computer-provided structured encounter documentation and recommendations based on the guideline of the American Academy of Pediatrics	Mean: 43 Range: 31-53	3 (33)	NS	NS	NS	Interval since completion of residency, mean (yrs) 11.6, range 2-19; Percentage of effort in practice setting — Urban, inner-city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self-assessed computer experience — Nonuser 2, Novice 4, Intermediate 3
Simon, 2006 ⁸⁵	Age-specific computerized prescribing alerts	Mean: 73.6 SD: 7.0	(62.2)	NS	NS	NS	Primary care clinicians – Physicians (72)
	Group detailing plus age-specific computerized prescribing alerts	Mean: 74.3 SD: 6.6	(65.8)	NS	NS	NS	Primary care clinicians: – Physicians (77)
Smith, 2008 ⁸⁶	Control	NS	13 (29)	NS	NS	NS	Specialty – Internal Medicine 25 (56), Family Medicine 32 (71); Years in practice 15, range 1-34
	Diabetes Electronic Management System (DEMS) virtual consultation	NS	19 (39)	NS	NS	NS	Specialty – Internal Medicine 25 (51), Family Medicine 24 (49); Years in practice – 13, range 3-42
Soopramanie	Control	NS	NS	NS	NS	NS	
n, 2005 ⁸⁷	Individual weekly videoconference sessions with an expert in spinal injury	NS	NS	NS	NS	NS	
Subramanian, 2004 ⁸⁸	Control	Mean: 69, SD: 9	(3)	NS	NS	NS	Given combined for both groups
	Computer-based care suggestions	Mean: 69, SD: 9	(2)	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Tamblyn, 2003 ⁸⁹	Intervention Control	Mean: 75.3	4028 (64.2)	NS	NS	NS	Total physician visits –21.2, SD: 20.5; Visits to primary care physician – 8.3, SD: 5.5; Visits to primary care physician (%) – 51.4, SD 25.5; Total prescriptions – 53.3, SD: 40.7; Prescriptions from primary care physician – 32.4, SD:31.8; Prescribing physicians – 3.3, SD: 2.2; Pharmacies – 1.8, SD: 1.2; Prevalence of potentially inappropriate prescribing in the 2-month period before the study (14 items) – 53; MDs – MD characteristics: age, sex, first language, location of med school training (graduation), computer experience number eligible patients in practice
	Computerized decision-making support group	Mean: 75.4	3845 (61.2)	NS	NS	NS	Total physician visits – 20.7, SD: 19.5, Visits to primary care physician – 7.7, SD: 5.3; Visits to primary care physician (%) – 49.5, SD: 26.4; Total prescriptions – 51.0, SD: 43.1; Prescriptions from primary care physician – 30.3, SD: 32.4; Prescribing physicians – 3.3, SD: 2.3; Pharmacies – 3.3, SD: 2.3; Prevalence of potentially inappropriate prescribing in the 2-month period before the study (14 items) – 54 MDs
Tamblyn,	Control	Mean: 67.3	949 (61.2)	NS	NS	NS	Rx by study MD – 37.4 (74)
2008 ⁹⁰	Prescribing physicians received automated CDDS in the MOXXI drug management system	Mean: 66.9	1165 (61.3)	NS	NS	NS	Rx by study MD – 38.6 (78.9)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control Intervention	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Taylor, 2006 ⁹¹	Control	Mean: 44.6 SD: 8.5	18 (29)	White: 37 (60), Black: 25 (40), Latino: 0, Asian: 0	\$0-24,999: 11 (20), \$25,000-49,000: 12 (21), \$50,000-74,999: 14 (25), \$75,000- 99,999: 11 (20)	8-12 yrs – High school: 11 (19), >16 yrs – Master's degree: 15 (25)	
	Telemedicine in CPAP compliance for patients with obstructive sleep apnea syndrome	Mean: 45.8 SD: 10	20 (34)	White: 29 (49), Black: 25 (42)	\$0-24,999: 6 (11), \$25,000-49,000: 10 (19), \$50,000-74,999: 16 (30), \$75,000-99,999: 14 (27)	8-12 yrs – High school: 11 (20), >16 years – Master's degree: 20 (37)	
Taylor, 2008 ⁹²	Control	Median: 29 years	NS	NS	NS	NS	Male – (14), Seniority resident – (12), Senior resident – (5), Registrar – (7), Emergency physician – (3)
	EI, electronic interface	Median: 30 years	NS	NS	NS	NS	Male – (10), Resident – (5), Senior resident – (6), Registrar – (10), Emergency physician – (2)
Thomas, 2004 ⁹³	Control	Mean: 42.4	(66)	NS	NS	NS	Married/cohabiting – (60), Home owners/ occupiers – (63), Car owners – (84), Living comfortably – (15), With long- standing disability/infirmity – (66)
	Participants completed a computerized psychosocial assessment	Mean: 43.5	(72)	NS	NS	NS	Married/cohabiting – (58), Home owners/ occupiers – (61), Car owners – (79), Living comfortably – (16), With long- standing disability/infirmity – (61)
Thomas,	Control	NS	NS	NS	NS	NS	
2007 ⁹⁴	Assigned to audit and feedback intervention	NS	NS	NS	NS	NS	

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Tierney, 2003 ⁹⁵	Intervention Control	Mean: 60 SD: 13	(66)	Black: (59)	NS	NS	Primary care visits during the study, mean – 4.5, SD: 3.5; Enrolled patients completing the 12-month interview – 119 (66)
	Physician intervention	Mean: 61 SD: 12	(61)	Black: (54)	NS	NS	Primary care visits during the study – 5.3, SD: 4.1; Enrolled patients completing the 12-month interview – 142 (72)
	Pharmacist Intervention	Mean: 57 SD:12	(68)	Black: (55)	NS	NS	Primary care visits during the study – 4.8, SD: 3.7; Enrolled patients completing the 12-month interview – 107 (68)
Tjam, 2006 ⁹⁶	Control	NS	11 (55.0)	NS	NS	<8 yrs: 8 (40.0), 8-12 yrs: 3 (15.0), 12-16 yrs: 9 (45.0)	Age (yrs) – >65, 6(30.0(%); Marital status – Married 14 (70.0), Not married 6(30.0); Living arrangement – Living with spouse or other 19(95.0), Live alone 1(5.0); Employment status – Working full- or part- time 8 (40.0), Not working outside of home 9 (45.0), Did not respond 3 (15.0); Drinking problem – Yes 1(5.0); Smoking – Yes 3 (15.0); Self-perceived poor health – Yes 1 (5.3); Trade-offs (daily living vs medical care) – Yes 2 (11.1); Informal support services (e.g., living with patient) – 19 (95)

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Interactive-internet program	NS	19 (51.4)	NS	NS	<8 yrs: 8 (21.6), 8-12 yrs: 5 (13.5), 12-16 yrs: 24 (64.9)	Age (yrs) ->65 4 (10.8); Marital status – Married 30 (81.1), Not married 7(18.9); Living arrangement – Living with spouse or other 36 (97.3), Live alone 1(2.7); Employment status – Working full- or parttime 24 (64.9), Not working outside of home 9 (24), Did not respond 4 (10.8); Drinking problem – Yes 2(5.4); Smoking – Yes 7(18.9); Self-perceived poor health – Yes 4 (10.8); Trade-offs (daily living vs medical care) – Yes 4(10.8); Informal support services (e.g., living with patient) 36 (97.3)
Trautmann, 2008 ⁹⁷	Computer-delivered CBT (6 sessions) + 6 chat sessions with the trainer	Mean: 13.4, SD: 2.6	NS	NS	NS	NS	
	Computer-delivered education and chat	Mean: 13.4, SD: 2.6	NS	NS	NS	NS	
Trief, 2006 ⁹⁸	Control	Mean: 69.5	(38.71)	White: 58 (93.55), Black: 2 (3.23), Other: 2 (3.23)	\$2,580.01 per month	Mean yrs: 12.33	
	Subjects received a home telemedicine unit (HTU)	Mean: 70.64	(45.83)	White: 68 (94.44), Black: 2 (2.78), Other 2 (2.78)	\$2,306.47	Mean yrs: 12.69	
Tsang, 2001 ⁹⁹	Control	Mean: 35	2	NS	NS	NS	Duration of illness, mean (yrs) – 11.8, SD: 3.5; Body mass index (kg/m²), mean – 26.0, SD: 5.8; Basal HbA1c (%)– 8.81, SD: 1.79

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention Group 1 used the Diabetes Monitoring System (DMS) for 12 weeks and then had a control period of 12 weeks	Mean: 30	5 (50)	NS	NS	NS	Duration of illness (yrs), mean – 5.3, SD: 6.5; Body mass index (kg/m²), mean – 22.2, SD: 3.1; Basal HbA1c (%)– 8.56, SD: 1.79
van Wijk, 2001 ¹⁰⁰	BloodLink- Guideline, an indication-oriented test-ordering system	Mean: 43.2 Median: 43 Range: 39.0- 47.0	NS	NS	NS	NS	Experience at start of study (yrs) – Mean 15.6, Median 16.0, Range 12.0-20.0
	BloodLink- Restricted group, a system which initially presented a limited list of tests	Mean: 43.7 Median: 42 Range: 38.7 - 48.2	NS	NS	NS	NS	Experience at start of study (yrs) – Mean 16.5, Median 15.0, Range 12.5-22.2
Wakefield, 2008 ¹⁰¹	Control	Mean: 67.2 SD: 8.5	1 (2)	White: 49 (100), Black: 0 (0), American: 0 (0)	NS	<8 yrs: 3 (6), 8-12 yrs: 25 (51), 12-16 yrs: 21 (43)	Marital status – Married 34 (69), Divorced 9 (18), Widowed 5 (10), Other 1 (2); Mini-Mental Status Examination, Mean – 27.5, SD: 2.4; Geriatric Depression Scale, Mean 6.5, SD: 5.3; Length of time diagnosed with HF by record review – 1.9 yrs; Length of time diagnosed with HF by self- report – 4.6 yrs
	Telephone	Mean: 71.8 SD: 10.2	0	White: 44 (94), Black: 3 (6), American: 0 (0)	NS	<8 yrs: 1 (2), 8-12 yrs: 30 (65), 12-16 yrs: 15 (33)	Marital status – Married 27 (57), Divorced 7 (15), Widowed 8 (17), Other 5 (11); Mini-Mental Status Examination, Mean 27.2, SD: 2.4; Geriatric Depression Scale, Mean: 7.3, SD: 4.9; Length of time diagnosed with HF by record review – 2.1 yrs; Length of time diagnosed with HF by self-report – 4.2 yrs

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	Videophone	Mean: 69.0 SD: 9.6	1 (2)	White: 46 (88), Black: 2 (4), American: 4 (8)	NS	<8 yrs: 1 (2), 8-12 yrs: 30 (58), 12-16 yrs: 20 (39)	Marital status – Married 30 (58), Divorced 12 (23), Widowed 8 (17), Other 6 (12); Mini-Mental Status Examination, Mean – 27.5, SD: 2.3; Geriatric Depression Scale, Mean – 8.4, SD: 5.6; Length of time diagnosed with HF by record review – 3.1 yrs; Length of time diagnosed with HF by self- report – 6.6 yrs
Walker, 2004 ¹⁰²	Control	Mean: 26 Range: 13 - 44	NS	NS	NS	NS	Age group – Adult (>18 yrs) (63.2), Pediatric (36.85); Prior computer experience – Low (15.8), High (84.2); >Age 50 – (42.1); Unavailable – (21.1); Hemophilia type – A (94.7), B (5.3); HIV status – Positive (47.4), Negative (52.6); Prophylactic treatment – Yes (52.6), No (47.4); Factor VIII inhibitors – Yes (5.3), No (94.7)
	Patients recorded and transmitted infusion data electronically using hand-held computer	Mean: 22.5 Range: 15 - 36	NS	NS	NS	NS	Age group – Adult (>18 yrs) (63.6), Pediatric (36.4); Prior computer experience – Low (13.6), High (86.4); >Age 50 – (50.0); Unavailable – (13.6); Hemophilia type – A (90.9), B (9.1); HIV status – Positive (31.8), Negative (68.2); Prophylactic treatment – Yes (63.6), No (36.4); Factor VIII inhibitors – Yes (9.1), No (90.9)
Weber, 2008 ¹⁰³	Control	Mean: 76.8	(80)	NS	NS	NS	Dementia – (2.0); Dizziness – (9.2); Lower extremity weakness – (2.0); Total medications – 7.46; Meds started – 1.46; Psychoactive meds – 1.82

Evidence Table 2. Participant characteristics of studies addressing healthcare process outcomes (continued)

Author, Year	Control	Age (years)	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Intervention						
	EMR-based and patient-tailored message to physician and reference to guideline	Mean: 76.9	(79)	NS	NS	NS	Dementia – (1.6); Dizziness (10.1); Lower extremity weakness – (0.5); Total medications – 7.65; Meds started – 1.48; Psychoactive meds – 1.74
Whited,	Control	Mean: 61.6	(21)	White: (77.9)	NS	NS	
2002 ¹⁰⁴	Teledermatology	Mean: 60.9	NS	White: (80)	NS	NS	
Wolfenden,	Control	NS	NS	NS	NS	NS	N:86
2005 ¹⁰⁵	Multifaceted intervention to facilitate the provision of comprehensive smoking cessation	NS	NS	NS	NS	NS	N:124
Yoon, 2008 ¹⁰⁶	Control	Mean: 47.5	(57.7)	NS	NS	NS	Duration of diabetes, Mean – 8.0 yrs
	Internet and a Short Messaging Service(SMS) by cellular phone	Mean: 46.8	(56.0)	NS	NS	NS	Duration of diabetes, Mean – 5.2 yrs
Ziemer, 2006 ¹⁰⁷ *	Control Feedback sessions with endocrinologist and computerized reminders Feedback session with endocrinologist only Computerized reminders only	Mean: 27 SD: 3	(35)	White: (58), Black (8),	NS	NS	

^{*}Data apply to all participants

BMI = body mass index; BP = blood pressure; BZD = benzodiazapene; CBT = cognitive behavioral therapy; CDDS = clinical decision support system; CGI = computer generated imagery; CHF = chronic heart failure; CNS = central nervous system; COPD = chronic obstructive pulmonary disease; CPAP = continuous positive airway pressure; DBP = diastolic blood pressure; DM = diabetes mellitus; ED = emergency department; EHR = electronic health record; EMR = electronic medical record; FT = full time; GP = general practitioner; HS = high school; HT = hormone therapy; HTN = hypertension; ICD-9 = international classification of diseases - 9; NS = not specified; OA = osteoarthritis; SBP = systolic blood pressure; SD= standard deviation; SSRI = selective serotonin reuptake inhibitor; TCA = tricyclic antidepressants; Yrs = years;

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Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Baker, 1998 ¹	% of patients billed for and (95% CI) for	Control group (no intervention)				6171		
	entire cohort	Generic postcard group				6169	43.5	
		Personalized postcard group				6252	44.7	
		Personalized tailored letter group				6151	45.2	
	% of patients billed for and (95% CI) – for >=	Control group (no intervention)				6171		
	age 65 only	Generic postcard group				6169	4.9	
	ago 55 5,	Personalized postcard group				6252	50.3	
		Personalized tailored letter group				6151	50.5	
and (95% CI) –for <	% of patients billed for and (95% CI) –for <	Control group (no intervention)				6171		
	age 65 with chronic	Generic postcard group				6169	37.5	
	condition only	Personalized postcard group				6252	38.9	
		Personalized tailored letter group				6151	38.9	
	% of patients billed for and (95% CI)for >=	Control group (no intervention)				6171		
	age 65 with chronic	Generic postcard group				6169	54.1	
	condition only	Personalized postcard group				6252	56.4	
		Personalized tailored letter group				6151	52.8	
Bentz, 2007 ²	Asked rate	No feedback	EHR-documented r assess, and assist	ates of ask, ad	vise,	54003	88.1	0.05
		EHR-generated practice feedback on rates of referral to a state-level tobacco quit line	EHR-documented r assess, and assist	ates of ask, ad	vise,	48912	94.5	0.05
	Advised rate	No feedback	EHR-documented r assess, and assist	ates of ask, ad	vise,	54003	52.7	<0.001
		EHR-generated practice feedback on rates of referral to a state-level	EHR-documented r assess, and assist	ates of ask, ad	vise,	48912	71.6	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
ramor, rour	Gutoomo	tobacco quit line	Office	Duconno n	Modeato	5)	Modeano	1 Value
	Assessed rate	No feedback	EHR-documented rassess, and assist	ates of ask, adv	vise,	54003	40.1	
		EHR-generated practice feedback on rates of referral to a state-level tobacco quit line	EHR-documented rassess, and assist	ates of ask, ad ^v	vise,	48912	65.5	<0 001
	Assisted rate	No feedback	EHR-documented rassess, and assist	•	•	54003	10.5	
		EHR-generated practice feedback on rates of referral to a state-level tobacco quit line	EHR-documented rassess, and assist	ates of ask, adv	vise,	48912	20.1	<0.001
Bindels, 2004 ³	Physician accepted guideline recommendation of system	No reminder Automatic recommendations for ordering tests based on quidelines	% of recommendations accepted			2780	4.3	
Bowns, 2006 ⁴	Diagnosis concurred with the second	Conventional face-to-face consultation	Number of cases			92	78	
	opinion	SF teledermatology	Number of cases			73	55	
	Management plan concurred with the	Conventional face-to-face consultation	Number of cases			92	84	
	second opinion	SF teledermatology	Number of cases			73	55	
Chan, 2003 ⁵	Unscheduled asthma clinical vists	Office-based asthma education	Total number of visits	5	1	5	3	NS
		Internet-based asthma education		5	1	5	0	
	B-agonist prescription refills	Office-based asthma education	Mean number of refills (SD)	5	0.3 (0.4)	5	0.4 (0.6)	NS
		Internet-based asthma education		5	0.5 (0.9)	5	0.3 (0.3)	
Clark, 2007 ⁶	Adherence	Usual care						
		CHF Patients received healthcare via telemonitoring	1	79	65.8	60	92.3	
de Toledo, 2006 ⁷	Patients not readmitted	Education and home visits, no ECPR	%			NR	33.3	
		ECPR with education and	%			NR	51.7	0.04

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Autioi, real	Outcome	home visits	Office	Daseille II	Wicasure	3)	Weasure	1 -value
	Patients readmitted at least once	Education and home visits, no ECPR	%			NR	65.2	
		ECPR with education and home visits	%			NR	46.9	0.03
	Patients readmitted more than once	Education and home visits, no ECPR	%			NR	29.2	
		ECPR with education and home visits	%			NR	21.9	0.35
	Number of readmissions per	Education and home visits, no ECPR	N			NR	1.33	
	patient	ECPR with education and home visits	N			NR	0.9	0.04
	Number of visits to the emergency room	Education and home visits, no ECPR	N			NR	0.54	
		ECPR with education and home visits	N			NR	0.36	0.15
	Mortality	Education and home visits, no ECPR	%			NR	16.9	
		ECPR with education and home visits	%			NR	20.3	0.67
Dobke, 2008 ⁸	Satisfaction scores	No telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	2.53	0.004
		Telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	1.13	0.004
	Decisional conflict score	No telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	35	<0.001
		Telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	14	<0.001
	Mean consultation	No telemedicine	Minutes	15		15	50	
	duration	Telemedicine	Minutes	15		15	35	<0.01
Dykes, 2007 ⁹	Documentation of fall prevention	Standard patient assessment completed by nurses on paper				39	60	
		Standard patient				20	100	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		assessment completed by nurses on TPC						as compare d to A
		Standard patient assessment completed by nurses on PDA				20	100	<0.001 as compare d to Arm A
	Documentation of pressure ulcer prevention	Standard patient assessment completed by nurses on paper				39	51.9	
	·	Standard patient assessment completed by nurses on TPC				20	97.2	<0.001 as compare d to A
		Standard patient assessment completed by nurses on PDA				20	100	<0.001 as compare d to Arm A
	Documentation of pain management	Standard patient assessment completed by nurses on paper				39	93.1	
		Standard patient assessment completed by nurses on TPC				20	100	<0.001 as compare d to A
		Standard patient assessment completed by nurses on PDA				20	100	<0.001 as compare d to Arm A
	Documentation of aspiration prevention	Standard patient assessment completed by nurses on paper				39	55	
		Standard patient assessment completed by nurses on TPC				20	91.7	<0.001 as compare d to A
		Standard patient				20	96.6	<0.001

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		assessment completed by nurses on PDA						as compare d to Arm A
	Documentation of malnutrition prevention	Standard patient assessment completed by nurses on paper				39	58.6	
		Standard patient assessment completed by nurses on TPC				20	91.7	<0.001 as compare d to A
		Standard patient assessment completed by nurses on PDA				20	96.6	<0.001 as compare d to Arm A
	Documentation of DVT/VTE prevention	Standard patient assessment completed by nurses on paper				39	76	
		Standard patient assessment completed by nurses on TPC				20	100	<0.001 as compare d to A
		Standard patient assessment completed by nurses on PDA				20	100	<0.001 as compare d to Arm A
	Documentation of suicide prevention	Standard patient assessment completed by nurses on paper				39	86.2	
		Standard patient assessment completed by nurses on TPC				20	97.2	<0.05 as compare d to Arm A
		Standard patient assessment completed by nurses on PDA				20	100	<0.05 as compare d to Arm A
	Documentation of	Standard patient				39	100	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	tobacco prevention	assessment completed by nurses on paper						
		Standard patient				20	100	
		assessment completed by				20	100	
		nurses on TPC						
		Standard patient				20	100	
		assessment completed by					1.00	
		nurses on PDA						
	Documentation of	Standard patient				39	96.6	
	alcohol abuse	assessment completed by						
		nurses on paper						
		Standard patient				20	100	
		assessment completed by						
		nurses on TPC						
		Standard patient				20	100	
		assessment completed by						
		nurses on PDA						
	Documentation of	Standard patient				39	96.6	
	violence prevention	assessment completed by						
		nurses on paper						
		Standard patient				20	100	
		assessment completed by						
		nurses on TPC						
		Standard patient				20	96.6	
		assessment completed by						
		nurses on PDA						
	User satisfaction by	Standard patient				39		
	Kruskal-Wallis test	assessment completed by						
		nurses on paper						
		Standard patient				20	33.08	
		assessment completed by						
		nurses on TPC						
		Standard patient				20	33.19	
		assessment completed by						
5 0000 ¹⁰	Disadas	nurses on PDA	0/			1100	77	NO
Eccles, 2002 ¹⁰	Blood pressure	No computerized clinical	% adherence			1192	77	NS
	recorded	decision support	4			4004		
		Computerized decision				1084	77	
		support for management of						
		angina in adults						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Exercise recorded	No computerized clinical decision support	% adherence			1192	13	NS
		Computerized decision support for management of angina in adults				1084	9	
	Weight recorded	No computerized clinical decision support	% adherence			1192	24	NS
		Computerized decision support for management of angina in adults	_			1084	23	
	Smoking status known	No computerized clinical decision support	% adherence			1192	22	NS
		Computerized decision support for management of angina in adults				1084	20	
	Smoking education advice	No computerized clinical decision support	% adherence			1192	3	NS
		Computerized decision support for management of angina in adults	_			1084	3	
	12-lead electrocardiogram	No computerized clinical decision support	% adherence			1192	16	NS
	recorded	Computerized decision support for management of angina in adults				1084	15	
	Excersize electrocardiogram	No computerized clinical decision support	% adherence			1192	4	NS
	recorded	Computerized decision support for management of angina in adults				1084	4	
	Haemoglobin concentration	No computerized clinical decision support	% adherence			1192	29	NS
	recorded	Computerized decision support for management of asthma and angina in adults				1084	29	
	Thyroid function recorded	No computerized clinical decision support	% adherence			1192	18	NS
		Computerized decision support for management of				1084	17	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
7 tatiloi, i oai	Guidellia	angina in adults	G TING		inouou. o		modeu. c	
	Cholesterol or other lipid concentrations	No computerized clinical decision support	% adherence			1192	35	NS
	recorded	Computerized decision support for management of angina in adults				1084	35	
	Blood glucose or HbA1c concentration	No computerized clinical decision support	% adherence			1192	22	NS
	recorded	Computerized decision support for management of angina in adults				1084	20	
	Lung function assessed	No computerized clinical decision support	% adherence			1101	42	NS
		Computerized decision support for management of asthma in adults				1129	43	
	Compliance checked	No computerized clinical decision support	% adherence			1101	38	NS
		Computerized decision support for management of asthma in adults				1129	36	
	Inhaler technique assessed	No computerized clinical decision support	% adherence			1101	20	NS
		Computerized decision support for management of asthma in adults				1129	17	
	Asthma education	No computerized clinical decision support	% adherence			1101	9	NS
		Computerized decision support for management of asthma in adults				1129	7	
	Smoking status known	No computerized clinical decision support	% adherence			1101	26	NS
		Computerized decision support for management of asthma in adults				1129	24	
	Smoking cessation advice	No computerized clinical decision support	% adherence			1101	6	NS
		Computerized decision support for management of				1129	5	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Author, rour	Gatoome	asthma in adults	- Cinto	Busciiiis ii	Modeato	3,	Modeano	1 Value
Feldman, 2005 ¹¹	Patient skips medicine	Heart failure patients receiving usual care	Adjusted probability	227		227	27.6	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	27.7	0.99
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	25.4	0.604
	Patient is sure about when to take HF	Heart failure patients receiving usual care	Adjusted probability	227		227	67.4	
	medicine	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	70.3	0.494
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	69.6	0.613
	Patient recognition of own HF medicines	Heart failure patients receiving usual care	Adjusted probability	227		227		
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	No Data	0.002
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	No Data	0.023
	Patient does not recognize any of own	Heart failure patients receiving usual care	Adjusted probability	227		227	43.9	
	HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	31.1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		Heart failure patients whose nurses received e- mail recommendations and additional resources	Adjusted probability	202		202	34.3	
	Patient recognizes up to half of own HF	(augmented intervention) Heart failure patients receiving usual care	Adjusted probability	227		227	29.8	
	medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	30.5	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	30.6	
	Patient recognizes more than half of own	Heart failure patients receiving usual care	Adjusted probability	227		227	26.3	
	HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	38.4	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	35	
	Patient salts food	Heart failure patients receiving usual care	Adjusted probability	227		227	30.7	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	27.6	0.49
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	23.3	0.095
	Patient's weighing behavior	Heart failure patients receiving usual care	Adjusted probability	227		227	No Data	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	No data	0.352
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	No Data	0.082
	Patient has no scale	Heart failure patients receiving usual care	Adjusted probability	227		227	34.6	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	38.3	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	27.9	
	Patient weighs self but not daily	Heart failure patients receiving usual care	Adjusted probability	227		227	44	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	43	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	44.7	
	Patient weighs self daily	Heart failure patients receiving usual care	Adjusted probability	227		227	21.4	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	18.7	
		Heart failure patients whose nurses received e- mail recommendations and	Adjusted probability	202		202	27.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, Four	Gutoomo	additional resources	Omico	- Bassinie II	Mododio	5,	mouduro	1 Value
		(augmented intervention)						
	KCCQ: Summary score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	40.4	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		199	46.6	0.013
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	45.6	0.048
	KCCQ: Shysical limitation domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	37.8	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		199	42.5	0.333
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	43	0.231
	KCCQ: Symptom domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	48.6	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199			55.6	0.091
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	53.6	0.277
	KCCQ: % w/quality of life domain score	Heart failure patients receiving usual care	%	227		227	44.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	>=50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199		199	48	0.407
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202		202	53.3	0.042
	KCCQ: % w/social limitation domain	Heart failure patients receiving usual care	%	227		227	27.8	
	score >= 50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199		199	34.8	0.09
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202		202	35.2	0.064
	KCCQ: % w/ self- efficacy domain score	Heart failure patients receiving usual care	%	227		227	85.8	
	>=50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199		199	86.8	0.756
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202		202	86.3	0.88
	Depression	Heart failure patients receiving usual care	Adjusted score (higher score = presence of depression)	227		227	36.3	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = presence of depression)	199		199	37.4	0.802
		Heart failure patients	Adjusted score	202		202	36.9	0.888

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		whose nurses received e-	(higher score =					
		mail recommendations and	presence of					
		additional resources	depression)					
		(augmented intervention)						
	Euroqol health-related	Heart failure patients	Adjusted score	227		227	39.3	
	quality of life	receiving usual care	(higher score =					
			better outcome)					
		Heart failure patients	Adjusted score	199		199	48.9	0.003
		whose nurses received e-	(higher score =					
		mail recommendations (basic intervention)	better outcome)					
		Heart failure patients	Adjusted score	202		202	40.2	0.777
		whose nurses received e-	(higher score =					
		mail recommendations and	better outcome)					
		additional resources						
		(augmented intervention)						
	Home care-related	Heart failure patients	US dollars	227		227	2814	
	costs/patient	receiving usual care						
		Heart failure patients	US dollars	199		199	3371	0.062
		whose nurses received e-						
		mail recommendations						
		(basic intervention)	110 1 11	000		000	0.405	0.050
		Heart failure patients	US dollars	202		202	3425	0.058
		whose nurses received e- mail recommendations and						
		additional resources						
		(augmented intervention)						
	Overall costs/patient	Heart failure patients	US dollars	227		227	4996	
	Overall costs/patient	receiving usual care	00 dollars	221		221	4330	
		Heart failure patients	US dollars	199		199	5869	0.084
		whose nurses received e-	20 dollars			100	0000	0.004
		mail recommendations						
		(basic intervention)						
		Heart failure patients	US dollars	202		202	6330	0.02
		whose nurses received e-						
		mail recommendations and						
		additional resources						
		(augmented intervention)						
	Home care-related	Heart failure patients	US dollars	227		227	No data	
	costs in order to	receiving usual care						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	produce a 5% improvement in KCCQ summary score	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199		199	183	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202		202	235	
	Overall costs in order to produce a 5%	Heart failure patients receiving usual care	US dollars	227		227	No data	
	improvement in KCCQ summary score	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199		199	246	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202		202	513	
Feldstein, 2006 ¹²	Proportion of study	Usual care				101	0.9	
Apkon, 2005 ¹³	population with BMD evaluation only	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)				101	23.8	<0.01 compare d to Arm A
		An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)				109	22.9	0.43 compare d to Arm B
	Proportion of study	Usual care				101	4	
population with osteoporosis medication only	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)				101	11.9	<0.01 compare d to Arm A	
		An EMR reminder to the primary care provider plus				109	10.1	0.54 compare

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Autiloi, Teal	Outcome	an advisory letter with	Office	Daseille II	Wicasure	3)	Weasure	d to Arm
		educational materials						В
		mailed to the patient						
		(patient reminder)						
	Proportion of study	Üsual care				101	1	
	population with both	Patient-specific clinical				101	15.8	<0.01
	BMD and	guideline advice to the						compare
	osteoporosis	primary care provider						d to Arm
	medication	delivered through an EMR						Α
		message (EMR reminder)						
		An EMR reminder to the				109	10.1	
		primary care provider plus						
		an advisory letter with						
		educational materials						
		mailed to the patient (patient reminder)						
	Proportion of study	Usual care				101	5.9	
	population with BMD	Patient-specific clinical				101	51.5	<0.01
	or osteoporosis	guideline advice to the				101	31.3	compare
	medication	primary care provider						d to Arm
		delivered through an EMR						A
		message (EMR reminder)						``
		An EMR reminder to the				109		0.88
		primary care provider plus						compare
		an advisory letter with						d to Arm
		educational materials						В
		mailed to the patient						
		(patient reminder)						
	Total calcium intake (n=22)	Usual care	mg/day		1308.6	22	851.2	
	Total calcium intake	Patient-specific clinical	mg/day		1116.5	33	1311.4	0.02
	(n=33)	guideline advice to the						compare
		primary care provider						d to Arm
		delivered through an EMR						Α
		message (EMR reminder)			100.0	1	1	
	Total calcium intake	An EMR reminder to the	mg/day		1221.5	32	1224.7	0.05
	(n=37)	primary care provider plus						compare
		an advisory letter with						d to Arm
		educational materials						Α
		mailed to the patient	1		1		1	1

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Autiloi, Teal	Outcome	(patient reminder)	Units	Daseille II	Weasure	3)	Wieasure	r-value
	Regular activity (n=33)	Usual care			7	22	10	
	Regular activity (n=41)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)			9	33	8	0.17 compare d to Arm A
	Regular activity (n=42)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			11	32	12	0.55 compare d to Arm A
	Caloric expenditure per week (n=32)	Usual care			2325.7	22	1980.9	
	Caloric expenditure per week (n=38)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)			3082.9	33	2312.7	0.96 compare d to Arm A
	Caloric expenditure per week (n=38)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			2614.4	32	2525.9	0.32 compare d to Arm A
	Healthcare	Usual care				704	30.7	
	opportunities fulfilled	Coupler				721	33.9	0.12 as compare d to Arm A
	Screening/prevention	Usual care				704	30.4	
	opportunities fulfilled	Coupler				721	34.8	0.02 as compare d to Arm A
	Acute/chronic	Usual care				704	32.6	
	opportunities fulfilled	Coupler				721	27.7	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Total costs/resource	Usual care	US dollars			704	698	
	consumption	Coupler	US dollars			721	789	0.05 as compare d to Arm A
	Costs of ambulatory	Usual care	US dollars			704	292	
	visits	Coupler	US dollars			721	307	0.17 as compare d to Arm A
	Costs of laboratory	Usual care	US dollars			704	31	
	testing	Coupler	US dollars			721	43	0.04 as compare d to Arm A
	Costs of diagnostic	Usual care	US dollars			704	29	
	imaging	Coupler	US dollars			721	31	0.26 as compare d to Arm A
	Costs of pharmacy	Usual care	US dollars			704	164	
	use	Coupler	US dollars			721	203	0.03 as compare d to Arm A
	Speed, efficiency,	Usual care	Score			792	4.19	
	courtesy during visit	Coupler	Score			781	4.17	0.23 as compare d to Arm A
	Satisfaction with	Usual care				792	4.37	
	health care provider	Coupler	Score			781	4.4	0.82 as compare d to Arm A
	Overall visit	Usual care				792		
	assessment	Coupler	Score			781	4.27	0.74 as compare d to Arm

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
								Α
Filippi, 2003 ¹⁴	Antiplatelet users with one risk factor without cvds	Receive a letter but no electronic reminder	% of anti-platelet users with one risk factor without CVDS	263	10.2	2578	17.1	
		Receive a letter and an electronic reminder	% of antiplatelet users with one risk factor without CVDS	358	13.5	2651	27.8	
	Antiplatelet users with two or more risk factor without cvds	Receive a letter but no electronic reminder	% of antiplatelet users with two or more risk factor without CVDS	180	12.5	1440	19.2	
		Receive a letter and an electronic reminder	% of antiplatelet users with two or more risk factor without CVDS	224	14.2	1577	32.2	
	Antiplatelet users with presence of at least one CVD	Receive a letter but no electronic reminder	% of antiplatelet users with presence of at least one CVD	1229	37.3	3295	46.3	
		Receive a letter and an electronic reminder	% of antiplatelet users with presence of at least one CVD	1304	34.3	3802	46.5	
Fretheim, 2006 ¹⁵	First-time prescriptions for	Passive dissemination of guidelines	Proportion of patients	2365	209	1968	218	
	hypertension where thiazides were prescribed	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients	2784	161	2184	378	
	Patients assessed for CVD risk before	Passive dissemination of guidelines	Proportion of patien	ts		786	112	
	prescribing anti-HTN or cholesterol-lowering drugs	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patien	ts		854	147	
	Treatment goal	Passive dissemination of	Proportion of	15411	5174	16598	6056	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	achieved	guidelines	patients					
		Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients	15914	4669	17213	5502	
Glasgow, 2000 ¹⁶	Behavioral outcomes: Block Fat Screener, no TF, no CR	Brief intervention across multiple offices and interventionists (basic condition)			48.6	80	24.7	Not significan t
	Behavioral outcomes: Kristal FFB fat composite	Brief intervention across multiple offices and interventionists (basic condition)			1.9	80	1.6	0.017
	Behavioral outcomes: Kristal FFB fruit and vegetable	Brief intervention across multiple offices and interventionists (basic condition)			1.9	80	1.7	
	Physiologic outcomes: HBA1c	Brief intervention across multiple offices and interventionists (basic condition)			7.6	80	7.4	
	Physiologic outcomes: total cholesterol	Brief intervention across multiple offices and interventionists (basic condition)			210	80	206	0.010
	Physiologic outcomes: weight	Brief intervention across multiple offices and interventionists (basic condition)			199	80	197	Not significan t
	Physiologic outcomes: lipid ratio: total/HDL	Brief intervention across multiple offices and interventionists (basic condition)			5.1	80	4.9	Not significan t
	Quality-of-life /satisfaction outcomes: diabetes intrusiveness	Brief intervention across multiple offices and interventionists (basic condition)			25.7	80	26	0.014
	Quality-of- life/satisfaction	Brief intervention across multiple offices and			36	80		Not significan

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	outcomes: satisfaction with program	interventionists (basic condition)						t
	Quality-of-life /satisfaction outcomes: process variable results self- efficacy	Brief intervention across multiple offices and interventionists (basic condition)			3.9	80	4	Not significan t
	Quality-of-life /satisfaction outcomes: chronic illness resources survey	Brief intervention across multiple offices and interventionists (basic condition)				80		Not significan t
Glassman, 2007 ¹⁷	Subsequent adverse	Usual care	ADEs			445	37	0.06
	drug event	Computerized retrospective drug utilization software	ADEs			458	45	0.06
	ADEs not serious	Usual care	ADEs			445	51	
		Computerized retrospective drug utilization software	ADEs			458	58	
	ADE preventability	Usual care	Associated warning	S		445	16	0.79
		Computerized retrospective drug utilization software	Associated warnings			458	17	0.79
Gomez, 2002 ¹⁸	Hba1c	Group not usingDIABTel system	%	10	8.1	10	8.15	
		Group using DIABTel system	%	10	8.4	10	7.9	0.053
Green, 2005 ¹⁹ Krishna, 2003 ²⁰	Effectiveness of counseling session by	Counselor groupstandard genetic counseling				105	6.6	
	clients	Computer groupused the interactive computer program before counseling				106	6.6	
	Effectiveness of counseling session by	Counselor groupstandard genetic counseling				105	5.8	
	counselors	Computer groupused the interactive computer program before counseling				106	5.9	
	Clients' perception client's willingness to share worries and fears	Counselor groupstandard genetic counseling				105	3.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Computer groupused the				106	3.6	
		interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.4	
	client's understanding	genetic counseling						
	of breast cancer	Computer groupused the				106	3.4	
		interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.4	
	client's understanding	genetic counseling						
	of heredity	Computer groupused the				106	3.3	
		interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.5	
	client's understanding	genetic counseling						
	of the pros and cons	Computer groupused the				106	3.5	
	of genetic testing	interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.4	
	client's preparedness	genetic counseling				1		
	for making a decision	Computer groupused the				106	3.4	
	about genetic testing	interactive computer						
		program before counseling				405	0.4	
	Clients' perception	Counselor groupstandard				105	3.1	
	quality of the	genetic counseling				400		
	questions that client	Computer groupused the				106	3.2	
	asked	interactive computer						
	Cliente' negenties	program before counseling				405	0.7	
	Clients' perception level of rapport	Counselor groupstandard				105	3.7	
	established with the	genetic counseling				400	2.0	
	genetic counselor	Computer groupused the interactive computer				106	3.6	
	genetic counselor	program before counseling						
	Clients' perception	Counselor groupstandard		+		105	3.8	
	able to meet client's	genetic counseling				103	3.0	
	need for factual	Computer groupused the		1		106	3.8	
	information	interactive computer				100	3.0	
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.6	
	extent to which	genetic counseling				103	3.0	
	EXTENT TO WHICH	genetic counselling						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·	client's emotional	Computer groupused the				106	3.5	
	concerns were	interactive computer						
	addressed	program before counseling						
	Clients' perception	Counselor groupstandard				105	3.6	
	ascertain what was	genetic counseling						
	most important to	Computer groupused the				106	3.7	
	client	interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.8	
	tailor the discussion	genetic counseling						
	to client's specific	Computer groupused the				106	3.7	
	concerns	interactive computer						
		program before counseling						
	Clients' perception	Counselor groupstandard				105	3.8	
	level of personal	genetic counseling						
	satisfaction with this	Computer groupused the				106	3.8	
	session	interactive computer						
		program before counseling						
	Counselors'	Counselor groupstandard				105	3.3	
	perceptionclient's	genetic counseling						
	willingness to share	Computer groupused the				106	3.2	
	worries and fears	interactive computer						
		program before counseling						
	Counselors'	Counselor groupstandard				105	3	
	perceptionclient's	genetic counseling						
	understanding of	Computer groupused the				106	3	
	breast cancer	interactive computer						
		program before counseling						
	Counselors'	Counselor groupstandard				105	2.7	
	perceptionclient's	genetic counseling						
	understanding of	Computer groupused the				106	2.9	
	heredity	interactive computer						
		program before counseling				1		
	Counselors'	Counselor groupstandard				105	2.9	
	perceptionclient's	genetic counseling				1	ļ	
	understanding of the	Computer groupused the				106	3.1	
	pros and cons of	interactive computer						
	genetic testing	program before counseling				1		
	Counselors'	Counselor groupstandard				105	2.9	
	perceptionclient's	genetic counseling						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	preparedness for	Computer groupused the				106	3	
	making a decision	interactive computer						
	about genetic testing	program before counseling						
	Counselors'	Counselor groupstandard				105	3.3	
	perceptionquality of	genetic counseling						
	the questions that	Computer groupused the				106	3.3	
	client asked	interactive computer						
		program before counseling						
	Counselors'	Counselor groupstandard				105	3.2	
	perceptionlevel of	genetic counseling						
	rapport established	Computer groupused the				106	3.2	
	with the genetic	interactive computer						
	counselor	program before counseling						
	Counselors'	Counselor groupstandard				105	3.3	
	perceptionable to	genetic counseling						
	meet client's need for	Computer groupused the				106	3.3	
	factual information	interactive computer						
		program before counseling						
	Counselors'	Counselor groupstandard				105	3	
	perception-extent to	genetic counseling						
	which client's	Computer groupused the				106	3	
	emotional concerns	interactive computer						
	were addressed	program before counseling						
	Counselors'	Counselor groupstandard				105	3.3	
	perceptionable to	genetic counseling						
	ascertain what was	Computer groupused the				106	3.3	
	most important to	interactive computer						
	client	program before counseling						
	Counselors'	Counselor groupstandard				105	3.3	
	perceptionable to	genetic counseling						
	tailor the discussion	Computer groupused the				106	3.3	
	to client's specific	interactive computer						
	concern	program before counseling		1	ļ	1.5-	 	
	Counselors'	Counselor groupstandard				105	3.2	
	perceptionlevel of	genetic counseling			ļ	1.00	<u> </u>	
	personal satisfaction	Computer groupused the				106	3.2	
	with this session	interactive computer						
		program before counseling		1	1		ļ	<u> </u>
	Knowledge score	Control group received		69	48.41	23	52.3	0.0293
	among caregivers'	traditional patient education				1		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
71441101, 1041	children 0-6 yrs old	based on the National Asthma Education and Prevention Program						
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self-management education through the Interactive Multimedia Program for Asthma		62	47.94	24	55.68	<0.0001
	Knowledge score among caregivers' children 7-17 yrs old	Control and Tracking Control group received traditional patient education based on the National Asthma Education and		52	49.57	28	51.7	0.0079
		Prevention Program Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self-management education through the Interactive Multimedia Program for Asthma Control and Tracking		45	49.95	26	55.38	<0.0001
	Knowledge score among caregivers' children 7-17 yrs old	Control group received traditional patient education based on the National Asthma Education and Prevention Program		52	43.44	28	47.51	
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self-management education through the		45	43.11	25	53.12	<0.0001

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, Tean	Outcome	Interactive Multimedia	Onits	Daseille II	Weasure	3)	Wedsure	1 -value
		Program for Asthma						
		Control and Tracking						
	Change in	Control group received		119	97.8	44	48.2	
	knowledge, health	traditional patient education						
	outcome, resource	based on the National						
	utilization children:	Asthma Education and						
	days of asthma	Prevention Program						
	symptoms	Intervention group received			104.5	42	23.9	<0.0001
		traditional patient education						
		based on the National						
		Asthma Education and Prevention Program in						
		addition self-management						
		education through the						
		Interactive Multimedia						
		Program for Asthma						
		Control and Tracking						
	Change in	Control group received			90.7	45	41	0.0004
	knowledge, Health	traditional patient education						
	outcome, resource	based on the National						
	utilizationchildren:	Asthma Education and						
	days of quick relief	Prevention Program						
	medicine	Intervention group received			90	41	26.3	0.0002
		traditional patient education						
		based on the National						
		Asthma Education and Prevention Program in						
		addition self-management						
		education through the						
		Interactive Multimedia						
		Program for Asthma						
		Control and Tracking						
	Change in	Control group received			35.5	45	13.5	0.951
	knowledge, health	traditional patient education						
	outcome, resource	based on the National						
	utilization—children:	Asthma Education and						
	days of activity	Prevention Program						
	limitation	Intervention group received			46.2	40	6.7	<0.0001
		traditional patient education						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Author, Tear	Outcome	based on the National Asthma Education and Prevention Program in addition self-management education through the Interactive Multimedia Program for Asthma Control and Tracking	Office	Baseline II	measure	3)	measure	1 - value
	Change in knowledge, Health outcome, resource utilization—children: nights of sleep	Control and Tracking Control group received traditional patient education based on the National Asthma Education and Prevention Program			62	45	17.1	<0.0001
	disturbance	Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self-management education through the Interactive Multimedia Program for Asthma Control and Tracking			64.7	42	15.2	<0.0001
	Change in knowledge, health outcome, resource utilization—children: urgent visit to	Control group received traditional patient education based on the National Asthma Education and Prevention Program			6.4	45	1.3	<0.0001
	physician	Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self-management education through the Interactive Multimedia Program for Asthma Control and Tracking			6.6	40	0.8	<0.0001
	Change in knowledge, health	Control group received traditional patient education			1.2	45	0.6	0.0219

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
710.01101, 100.	outcome, resource	based on the National				-		
	utilization—children:	Asthma Education and						
	ER visits	Prevention Program						
		Intervention group received			2	42	0.1	0.0024
		traditional patient education						
		based on the National						
		Asthma Education and						
		Prevention Program in						
		addition self-management						
		education through the						
		Interactive Multimedia						
		Program for Asthma Control and Tracking						
	Change in	Control group received			0.6	45	0.1	0.0313
	knowledge, health	traditional patient education			0.0	45	0.1	0.0313
	outcome, resource	based on the National						
	utilization—children:	Asthma Education and						
	hospitalizations	Prevention Program						
		Intervention group received			0.1	42	0.1	00625
		traditional patient education						
		based on the National						
		Asthma Education and						
		Prevention Program in						
		addition self-management						
		education through the						
		Interactive Multimedia						
		Program for Asthma						
		Control and Tracking			0.4	45	- 4	0.0704
	Change in	Control group received traditional patient education			6.4	45	5.4	0.0781
	knowledge, health outcome, resource	based on the National						
	utilization—children:	Asthma Education and						
	Days of stay in	Prevention Program						
	hospital	Intervention group received			2.7	42	0.6	0.1563
	opha.	traditional patient education				12	3.0	3.1000
		based on the National						
		Asthma Education and						
		Prevention Program in						
		addition self-management						
		education through the						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Author, rour	Gatoonio	Interactive Multimedia	Onito	Buschine	Modedic	5)	mododio	, value
		Program for Asthma						
		Control and Tracking						
	Change in knowledge, health outcome, resource	Control group received traditional patient education based on the National			6.4	43	5.4	0.1479
	utilization—children:	Asthma Education and						
	school days missed	Prevention Program Intervention group received traditional patient education			7.9	40	1.4	0.0001
		based on the National Asthma Education and Prevention Program in						
		addition self-management education through the Interactive Multimedia Program for Asthma						
	Daily dose of inhaled corticosteroid	Control and Tracking Control group received traditional patient education based on the National			350.53	119	753.88	0.0364
		Asthma Education and Prevention Program						
		Intervention group received traditional patient education based on the National Asthma Education and		105	353.09	42	433.51	0.8327
		Prevention Program in addition self-management education through the Interactive Multimedia						
		Program for Asthma Control and Tracking						
Green, 2008 ²¹	% With controlled BP	Usual care		258		247	31	
	at 12 months	BP monitoring and patient Web services		258		247	36	0.21
		BP monitoring, patient Web services and pharmacist care		258		247	56	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	- 5.3	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	SBP at 12 months	BP monitoring and patient Web services		258		247	-8.2	<0.001
		BP monitoring, patient Web services and pharmacist care		258		247	-13.2	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	-3.5	
	DBP at 12 months	BP monitoring and patient Web services		258		247	-4.4	<0.001
		BP monitoring, patient Web services and pharmacist care		258		247	- 4.6	p<0.001
Gurwitz, 2008 ²²	ADE	Usual care	Rate/100rate/100 resident-years	340		126	30.7	
		Computerized provider order entry with clinical decision support	Rate/100rate/100 resident-years	411		152	37	
	More severe ADE	Usual care	Rate/100rate/100 resident-years	340		97	28.5	
		Computerized provider order entry with clinical decision support	Rate/100rate/100 resident-years	411		123	30	
	Preventable more severe ADE	Usual care	Rate/100rate/100 resident-years	340		58	17.1	
		Computerized provider order entry with clinical decision support	Rate/100rate/100 resident-years	411		79	19.2	
	Less severe ADE	Usual care	Rate/100rate/100 resident-years	340		243	71.5	
		Computerized provider order entry with clinical decision support	Rate/100rate/100 resident-years	411		288	70	
	Preventable less severe	Usual care	Rate/100 resident- years	340		68	20	
		Computerized provider order entry with clinical decision support	Rate/100rate/100 resident-years	411		73	17.8	
Hassol, 2004 ²³								
Hetlevik, 1998 ²⁴	Registration of blood	No intervention				1127	14.2	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
riainor, roar	pressure	Clinical decision support	Cinic		inouou. o	887	14.3	· value
	p. cocac	system						
	Serum cholesterol	No intervention				1127	56.8	
		Clinical decision support system				887	62.3	
	Registration of	No intervention				1127	87.1	
	cigarette smoking	Clinical decision support system				887	82.9	
	Cardiovascular	No intervention				1127	73.4	
	inheritance	Clinical decision support system				887	79.5	
	BMI	No intervention				1127	89.2	
		Clinical decision support system				887	81.5	
Hetlevik, 2000 ²⁵	Fraction of patients without baseline registration of Hba1c	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	22.4	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		499	27.5	
ı	Fraction of patients without a baseline registration of blood pressure	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	22.6	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		499	21.8	
	Fraction of patients without a baseline registration of serum cholesterol	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	71	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		499	80	
	Fraction of patients without a registered number of cigarettes	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	94.5	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Diabetes mellitus patients whose physicians used a CDSS	%	499		368	82.6	
	Fraction of patients without registered cardiovascular inheritance	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	83.4	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		368	78.7	
	Fraction of patients without registered height/weight of BMI	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	93	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		368	78.2	
	Fraction of patients without at least one variable making risk score calculation	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	98.3	
	possible	Diabetes mellitus patients whose physicians used a CDSS	%	499		368	91.1	
	Average Hba1c in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		368	7.9	
		Diabetes mellitus patients whose physicians used a CDSS	%	499		321	7.8	
	Systolic BP in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	mm Hg	535		369	152.7	
		Diabetes mellitus patients whose physicians used a CDSS	mm Hg	499		328	151.5	
	Diastolic BP in registered patients	Diabetes mellitus patients whose physicians used	mm Hg	535		369	85.1	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		pre-existing routines for treatment						
		Diabetes mellitus patients whose physicians used a CDSS	mm Hg	499		328	82.8	
	Serum cholesterol in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	mmol/L	535		289		
		Diabetes mellitus patients whose physicians used a CDSS	mmol/L	499		246	6.2	
	Registered patients who are smokers	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	% of patients	535		204	16	
		Diabetes mellitus patients whose physicians used a CDSS	% of patients	499		256	19	
	Registered patients with CV inheritance	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	% of patients	535		225	63	
		Diabetes mellitus patients whose physicians used a CDSS	% of patients	499		227	66	
	BMI in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	kg/m ²	535		201	28.3	
		Diabetes mellitus patients whose physicians used a CDSS	kg/m ²	499		226	28.6	
	Coronary heart disease risk score (female)	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	Risk score units (40-year-old female has score = 1)	535		95	14.2	
		Diabetes mellitus patients whose physicians used a CDSS	Risk score unit	499		89	14.3	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Coronary heart disease risk score (male)	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	Risk score units (40-year-old female has score = 1; weight for male = 5)	535		58	48.7	
		Diabetes mellitus patients whose physicians used a CDSS	Risk score units	499		84	51.4	
Hicks, 2008 ²⁶	Outcome BP control	Usual care	%			1048	45	
		Computerized support	%			786	48	
	Mean systolic BP at	Usual care	mm Hg			1048	137	
	outcome visit	Computerized support	mm Hg			786	138	0.67
	Mean diastolic BP at	Usual care	mm Hg			1048	78	
	outcome visit	Computerized support	mm Hg			786	77	0.05
	Prescribing increase	Usual care	% MDs likely to pre	scribe		1048		
	in adherent drug class	Computerized support	% MDs likely to pre			786		
Hogg, 1998 ²⁷	Mean received family	No letter	Proportion 0-1			249	0.035	
	index	Form letter	Proportion 0-1			245	0.0411	0.0139
		Customized letter	Proportion 0-1			192	0.0718	0.0139
	Mean end-of-study	No letter	Proportion 0-1			249	0.36	
	up-to-date family index	Customized letter	Proportion 0-1			192	0.4	0.0054
Jerant, 2001 ²⁸	Mean CHF-related	Usual care	Mean			12	0.3	0.1559
	readmission	Home telecare delivered via a 2-way video-conference device with an integrated electronic stethoscope	Number of events			12	0.1	0.1559
Jerant, 2003 ²⁹	CHF-related	Usual care (home visit)				12		
	readmission costs	Telephone care				12		
		Telenursing care				12		
	CHF-related ED visits	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Mean direct patient	Usual care (home visit)	Minutes			12	79	
	care time per visit	Telephone care				12	12	<0.0001
		Telenursing care				12	27	<0.0001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·	Patient self-	Usual care (home visit)				12		
	adherence	Telephone care				12		
		Telenursing care				12		
	Medication regimen	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Health status	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Satisfaction	Usual care (home visit)				12		
		Telenursing care				12		
Jones, 1999 ³⁰	Satisfaction score	Booklet information	Number (%) of patients	180		154	40	
		Personal computer information:	Number (%) of patients	193		156	46	
		General computer information	Number (%) of patients	167		128	34	
	Prefer computer to	Booklet information		180		154	10	
	10-minute consultation with	Personal computer information:		193		156	29	
	professional	General computer information		167		128	20	
	Doctors' assessment-	Booklet information	%	180		154	20	
	-patients above average in knowledge	Personal computer information:	%	193		156	25	
		General computer information		167		128	35	
	Use of printed	Booklet information	% of patients	180		154	83	
	material at home	Personal computer information:	% of patients	193		156	70	
		General computer information	% of patients	167		128	57	
Kaner, 2007 ³¹	Total consultation times	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	21	
		Implicit computer-based decision aid, DARTS II used for clinician-patient	Minutes			11	31	0.001

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
riamor, roa	- Cutoomo	treatment decision	- Cinto		inouou. c	"	in out out o	. vaiae
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	44	0.001
	Clinician verbal dominance in 10 minutes preceding	Paper-based guidelines for clinician-patient treatment decision	% of 10 minutes			10	60	
	decision	Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	% of 10 minutes			11	65	0.09
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	% of 10 minutes			8	64	0.09
	Doctor's information- seeking	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	6	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	3	0.004
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	7	0.004
	Doctor's pause	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	6	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	4	0.04
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	1	0.04
	Patient's negative talk	Paper-based guidelines for clinician-patient treatment	Minutes			10	2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, real	Outcome	decision	Offics	Baseline II	Wicasarc	3)	Measure	1 Value
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	0	0.01
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	1	0.01
	Doctor's nodding	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	17	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	36	0.005
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	21	0.005
	Doctor's head shake	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	4	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	2	0.006
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	0	0.006
	Doctor's smiling	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	0	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	1	0.04
		Explicit computer-based decision aid, DARTS II,	Minutes			8	2	0.04

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		used for clinician-patient treatment decision						1 10.00
	Doctor's pointing at patients	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	1	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	0	0.01
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	0	0.01
	Doctor's touching/pointing at tool	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	6	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	1	0.007
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	6	0.007
	Doctor's eye-gaze toward tool	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	5	
		Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision	Minutes			11	15	0.001
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	16	0.001
	Patient's eye-gaze toward tool	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	5	
		Implicit computer-based decision aid, DARTS II	Minutes			11	16	0.0001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		used for clinician-patient treatment decision						
		Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	16	p=0.0001
Kattan, 2006 ³²	Maximum symptom days per 2 weeks	Control group (not specified)	Days	463		463	3.52	
		Physician feedback group	Number of days	466		466	3.43	0.54
	Days limited in activity for more than 1/2 day	Control group (not specified)	Days	463		463	1.6	
	per 2 weeks	Physician feedback group	Number of days	466		466	1.42	0.09
	School days missed per 2 weeks	Control group (not specified)	Days	463		463	0.72	
		Physician feedback group	Number of days	466		466	0.67	0.38
	Number of ED visits per year	Control group (not specified)	Number of visits	463		463	1.14	
	. ,	Physician feedback group	Number of visits	466		466	0.87	0.013
	Number of unscheduled clinic	Control group (not specified)	Number of visits	463		463	1.31	
	visits per year	Physician feedback group	Number of visits	466		466	1.14	0.14
	Number of hospitalizations per	Control group (not specified)	Number	463		463	0.24	
	year	Physician feedback group	Number of hospitalizations	466		466	0.22	0.56
Krall, 2004 ³³	Documentation of	No Alert				128	25.8	<0.001
	aspirin use	Electronic medical record clinical quality alert				315		<0.001
Kucher, 2005 ³⁴	Prophylactic	No computerized alert	Number of patients			1255	1.5	
	measures: mechanicaltotal	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients	s (%)		1251	10	
	Prophylactic	No computerized alert	Number of patients			1255	0.6	
	measures: mechanical compression stockings	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients	. ,		1251	4.1	
	Prophylactic	No computerized alert	Number of patients	s (%)		1255	1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	measures: mechanical pneumatic boots	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients			1251	5.8	
	Prophylactic measures:	No computerized alert Computerized alert to	Number of patients Number of patients			1255 1251	13 23.6	
	pharmacologictotal	physician about patient's risk of deep-vein thrombosis	·	. ,				
	Prophylactic	No computerized alert	Number of patients			1255	6.5	
	measures: pharmacologic unfractionated heparin	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients	(%)		1251	17	
	Prophylactic	No computerized alert	Number of patients	(%)		1255	3.3	
	measures: pharmacologic warfarin	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients	(%)		1251	2.2	
	Prophylactic	No computerized alert	Number of patients	(%)		1255	3.3	
	measures: pharmacologic enoxaparin	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients	(%)		1251	4.4	
	Venous thromboembolism at	No computerized alert	Number of patients (%)			71	5.7	
	30 days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			41	3.3	
	Venous thromboembolism at	No computerized alert	Number of patients (%)			103	8.2	
	90 days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			61	4.9	
	Pulmonary embolism at 30 days	No computerized alert	Number of patients (%)			21	1.7	
		Computerized alert to	Number of			10	0.8	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		physician about patient's risk of deep-vein thrombosis	patients (%)					
	Pulmonary embolism at 90 days	No computerized alert	Number of patients (%)			35	2.8	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			14	1.1	
	Proximal-leg deep- vein thrombosis at 30	No computerized alert	Number of patients (%)			17	1.4	
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			8	0.6	
	Proximal-leg deep- vein thrombosis at 90	No computerized alert	Number of patients (%)			23	1.8	
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			10	0.8	
	Distal-leg deep-vein thrombosis at 30 days	No computerized alert	Number of patients (%)			8	0.6	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			3	0.2	
	Distal-leg deep-vein thrombosis at 90 days	No computerized alert	Number of patients (%)			12	1	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			5	0.4	
	Deep-vein thrombosis of the arms at 30	No computerized alert	Number of patients (%)			25	2	
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			20	1.6	
	Deep-vein thrombosis	No computerized alert	Number of			33	2.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
•	of the arms at 90		patients (%)					
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			32	2.5	
	Death at 30 days	No computerized alert	Number of patients (%)			157	12.5	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			174	13.9	
	Death at 90 days	No computerized alert	Number of patients (%)			279	22.3	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			282	22.5	
	Major hemorrhage at 30 days	No computerized alert	Number of patients (%)			19	1.5	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			19	1.5	
	Minor hemorrhage at 30 days	No computerized alert	Number of patients (%)			88	7	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			81	6.5	
Kuppermann, 2009 ³⁵	Knowledge score (%) post viewing	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	64.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	79.5	<0.001
	Knowledge score (%)	Control group did not		252		218	65.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	1-2 wk later	received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking						
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	77.6	<0.001
	Correct procedure- related miscarriage risk estimate (%) post- viewing	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	48.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	64.9	0.002
	Correct procedure- related miscarriage risk estimate (%) 1- 2 wk later	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	51	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	55.7	0.39
	Correct DS-affected fetus estimate (%) post-viewing	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	51.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	63.5	0.001
	Correct DS-affected	Control group did not		252		218	15.7	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·	fetus estimate (%) 1-2 week later	received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking						
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	42.8	<0.001
	Intervention satisfaction post-reviewing	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	8.1	<0.001
	Intervention satisfaction 1-2 wk later	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	8.2	<0.001
	Intervention satisfaction at 26-30 wk gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking				202	8.2	<0.001
	Decisional conflict	Control group did not		252		218	40.2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	factors contributing to	received computerized						
	uncertainty post-	interactive prenatal testing						
	viewing	decision tool on prenatal						
		testing decisionmaking						
		Intervention group received		244		202	32.1	<0.001
		computerized interactive						
		prenatal testing decision						
		tool on prenatal testing decisionmaking						
	Decisional conflict	Control group did not		252		218	38.8	
	factors contributing to	received computerized		252		210	30.0	
	uncertainty 1-2 wk	interactive prenatal testing						
	later	decision tool on prenatal						
	101101	testing decisionmaking						
		Intervention group received		244		202	32.3	0.005
		computerized interactive						
		prenatal testing decision						
		tool on prenatal testing						
		decisionmaking						
	Decisional conflict	Control group did not		252		218	26.2	
	factors contributing to	received computerized						
	uncertainty at 26-30	interactive prenatal testing						
	wk of gestation	decision tool on prenatal						
		testing decisionmaking Intervention group received		244		202	21.9	0.01
		computerized interactive		244		202	21.9	0.01
		prenatal testing decision						
		tool on prenatal testing						
		decisionmaking						
	Factors contributing	Control group did not		252		218	26.2	
	to uncertainty 1-2 wk	received computerized						
	later	interactive prenatal testing						
		decision tool on prenatal						
		testing decisionmaking						
		Intervention group received		244		202	19.2	0.001
		computerized interactive						
		prenatal testing decision						
		tool on prenatal testing						
	Factors contribution	decisionmaking		252	-	218	19.4	-
	Factors contributing	Control group did not		202	<u> </u>	210	19.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·	to uncertainty at 26- 30 wk of gestation	received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking						
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	15.2	<0.001
	Ineffective decision 1- 2 wk later	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	17.7	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	15.4	0.11
	Ineffective decision at 26-30 wk of gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	32	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	31.4	0.47
	Overall decisional conflict 1-2 wk later	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	20.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	19.1	0.21
	Overall decisional	Control group did not		252		218	23.9	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·	conflict at 26-30 wk of gestation	received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking						
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	20.6	0.001
	Decision regret (%) at 26-30 wk of gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	12.8	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	9.6	0.28
	Intervention affected prenatal testing plan (%) 1-2 wk later	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	27.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testingdecision making		244		202	47.8	<0.001
	Intervention affected prenatal testing plan (%) at 26-30 wk of gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	36	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	38.2	0.85
	Satisfaction in	Control group did not		252		218	49.2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	decisionmaking (%) Information given by the provider at 26-30 wk of gestation	received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking						
	o. goodano.	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	44.8	0.40
	Satisfaction in decisionmaking (%)way of decision given by the provider at 26-30 wk of gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252			48.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	44.3	0.45
	Satisfaction in decisionmaking (%)degree of involvement of the provider at 26-30 wk of gestation	Control group did not received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	79.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testingdecision making					72.6	0.10
Lester, 2004 ³⁶	Statin change	Usual care	%			124	2.3	<0.001
		Facilitated lipid management using interactive e-mail	%			132	15.3	<0.001
	Repeat fasting lipid	Usual care	%			124	7.6	0.16
	profile	Facilitated lipid management using interactive e-mail	%			132	12.9	0.16
Lieberman, 2006 ³⁷	One module of feedback completed	Text feedback on results of a questionnaire to evaluate problem drinking	% completed				5.2	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		Multimedia feedback on				,	0	
		results of a questionnaire to						
		evaluate problem drinking						
	Two modules of	Text feedback on results of	% completed				3.5	
	feedback completed	a questionnaire to evaluate						
		problem drinking						
		Multimedia feedback on					0	
		results of a questionnaire to						
	T	evaluate problem drinking	0/ 1 / 1				0.7	
	Three modules of	Text feedback on results of	% completed				8.7	
	feedback completed	a questionnaire to evaluate						
		problem drinking Multimedia feedback on	-				10.3	
		results of a questionnaire to					10.3	
		evaluate problem drinking						
	Four modules of	Text feedback on results of	% completed				82.6	
	feedback completed	a questionnaire to evaluate	70 Completed				02.0	
	recuback completed	problem drinking						
		Multimedia feedback on	•				89.7	
		results of a questionnaire to					00	
		evaluate problem drinking						
Linder, 2009 ³⁸	Proportion of smokers	Usual care				14	0.3	
	making contact with	Practices introducing				12	3.9	<0.001
	smoking cessation	electronic record						
	counselor	enhancements, e.g.						
		smoking status icons,						
		reminders, tobacco smart						
		form						
	Increase in coded	Usual care				14		
	smoking status							
	documentation over							
	study period	B				10		
	Increase in % of	Practices introducing				12		
	patients with coded	electronic record						
	smoking status documentation over	enhancements, e.g. smoking status icons,						
	study period of 9	reminders, tobacco smart						
	months	form						
	Medication	Usual care				14	2	
								0.4
I	prescribing	Practices introducing				12	2	0.4

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		electronic record enhancements, e.g. smoking status icons, reminders, tobacco smart form						
Lorig, 2006 ³⁹	Health distress	Usual care	One-yr changes	501		426	-0.193	
		Internet-based CDSMP	One-yr changes	457		354	-0.377	
	Self-reported global	Usual care	One-yr changes	501		426	-0.068	
	health	Internet-based CDSMP	One-yr changes	457		354	-0.102	
	Illness intrusiveness	Usual care	One-yr changes	501		426	-0.064	
		Internet-based CDSMP	One-yr changes	457		354	-0.150	
	Disability	Usual care	One-yr changes	501		426	-0.142	
		Internet-based CDSMP	One-yr changes	457		354	-0.166	
	Fatigue	Usual care	One-yr changes	501		426	-0.358	
		Internet-based CDSMP	One-yr changes	457		354	-0.720	
	Pain	Usual care	One-yr changes	501		426	-0.047	
		Internet-based CDSMP	One-yr changes	457		354	-0.367	
	Shortness of breath	Usual care	One-yr changes	501		426	-0.216	
		Internet-based CDSMP	One-yr changes	457		354	-0.537	
	Aerobic exercise	Usual care	One-yr changes	501		426	7.99	
		Internet-based CDSMP	(min/wk) one-yr changes	457		354	12.1	
	Stretch/strength exercise	Usual care	(min/wk) one-yr hanges	501		426	1.16	
		Internet-based CDSMP	(min/wk) one-yr changes	457		354	11.9	
	Communication with	Usual care	One-yr changes	501		426	0.221	
	physician	Internet-based CDSMP	One-yr changes	457		354	0.268	
	Practice stress management	Usual care	(times/wk) one-yr changes	501		426	0.200	
	(times/wk)	Internet-based CDSMP	(times/wk) one-yr changes	457		354	0.647	
	Self-efficacy	Usual care	One-yr changes	501		426	0.200	
		Internet-based CDSMP	One-yr changes	457		354	0.406	
	Physician visits (past	Usual care	One-yr changes	501		426	-0.866	
	6 mo)	Internet-based CDSMP	One-yr changes	457		354	-0.680	
	Emergency visits	Usual care	One-yr changes	501		426	-0.144	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	(past 6 mo)	Internet-based CDSMP	One-yr changes	457		354	-0	
	Days in hospital (past	Usual care	One-yr changes	501		426	-0.243	
	6 mo)	Internet-based CDSMP	One-yr changes	457		354	-0.003	
Lowensteyn, 1998 ⁴⁰	Likelihood of return for followup assessment	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit	Ratio of high- risk/low risk patients returning for follow-up	782			0.77	<0.05
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		176			1.23	
Madaras-Kelly,	Returned calls from	No clinical decision support	Number of	133				
200641	primary care provider	Clinical decision support to determine if broad spectrum antibiotic therapy is appropriate	returned calls from physicians	59		4	3	
Marks, 2004 ⁴²	Pretreatmentself- rated main problem and goals	2F mainly stand-alone computer-guided self-exposure		20		19	7.4	
		2C entirely clinician-guided self-exposure given faceto-face		29		27	7.3	
		R mainly stand-alone computer-and audio-tape- guided self-relaxation without exposure		16		14	7.1	
	Pretreatmentself- rated goals	2F mainly stand-alone computer-guided self-exposure		20		19	7.1	
		2C entirely clinician-guided self-exposure given face-to-face		29		27	7	
		R mainly stand-alone computer-and audio-tape- guided self-relaxation without exposure		16		14	7.1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	Pretreatmentself-	2F mainly stand-alone		20		19	6.1	
	rated FQ global	computer-guided self-						
	phobia	exposure						
		2C entirely clinician-guided		29		27	6.7	
		self-exposure given face-						
		to- face		40		4.4	0.0	
		1 R mainly stand-alone		16		14	6.6	
		computer-and audio-tape- guided self-relaxation						
		without exposure						
	Pretreatmentself-	2F mainly stand-alone		20		19	15.5	
	rated WAS total	computer-guided self-		20			10.0	
	10.00 17.10 10.0.	exposure						
		2C entirely clinician-guided		29		27	17.6	
		self-exposure given face-						
		to- face						
		1 R mainly stand-alone		16		14	15.4	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure				10	110	
	Pretreatmentblind	2F mainly stand alone		20		19	NS	
	assessors: main	computer-guided self-						
	problem	exposure 2C entirely clinician-guided		29		27	NS	
		self-exposure given face-		29		21	INS	
		to- face						
		1 R mainly stand-alone		16		14	NS	
		computer-and audio-tape-		10		' '	110	
		guided self-relaxation						
		without exposure						
	Pretreatmentblind	2F mainly stand-alone		20		19	NS	
	assessors: goal	computer-guided self-						
		exposure						
		2C entirely clinician-guided		29		27	NS	
		self-exposure given face-						
		to- face		10		144	NO	
		1 R mainly stand-alone		16		14	NS	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure				1	l	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Pretreatmentblind	2F mainly stand-alone		20		19	5.4	
	assessors: FQ global	computer-guided self-						
	phobia	exposure						
		2C entirely clinician-guided		29		27	5.7	
		self exposure given face-to-						
		face						
		1 R mainly stand-alone		16		14	5.6	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure						
	Pretreatmentblind	2F mainly stand-alone		20		19	14.6	
	assessors: WAS total	computer-guided self-						
		exposure						
		2C entirely clinician-guided		29		27	17.5	
		self-exposure given face-						
		to- face						
		1 R mainly stand-alone		16		14	15.9	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure						
	Post-treatmentself-	2F mainly stand-alone					3.9	
	rated: main problem	computer-guided self-						
	and goals	exposure						
		2C entirely clinician-guided		29		27	3.6	
		self-exposure given face-						
		to- face				1		
		1 R mainly stand-alone		16		14	6.4	
		computer-and audio-tape-						
		guided self-relaxation						
	Post-treatmentself-	without exposure					2.9	
		2F mainly stand-alone					2.9	
	rated: goals	computer-guided self-						
		exposure 2C entirely clinician-guided		29		27	3.1	
		self-exposure given face-		29		21	3.1	
		to- face						
		1 R mainly stand-alone		16		14	6.7	
		computer-and audio-tape-		10		14	0.7	
		guided self-relaxation						
		without exposure						
		without exposure	1				1	1

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
7.00.1.0.1, 1.00.1	Post-treatmentself-	2F mainly stand-alone	- Cilii	<u> </u>	inouou. o	3,	3.8	· raido
	rated: FQ global	computer-guided self-						
	phobia	exposure						
		2C entirely clinician-guided		29		27	3.3	
		self-exposure given face-						
		to- face						
		1 R mainly stand-alone		16		14	5.7	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure						
	Post-treatmentself-	2F mainly stand-alone					10	
	rated: WAS total	computer-guided self-						
		exposure						
		2C entirely clinician-guided		29		27	11.8	
		self-exposure given face						
		to- face						
		1 R mainly stand-alone		16		14	11.9	
		computer-and audio-tape-						
		guided self-relaxation						
		without exposure						
	Post-treatmentblind	2F mainly stand-alone					3.1	
	assessor: main	computer-guided self-						
	problem	exposure						
		2C entirely clinician-guided		29		27	3.6	
		self-exposure given face-						
		to- face						
		1 R mainly stand-alone		16		14	5.8	
		computer-and audio-tape-						
		guided self-relaxation						
	Don't transfer and Inline	without exposure					0.0	
	Post-treatmentblind	2F mainly stand-alone					2.9	
	assessors: goal	computer-guided self-						
		exposure 2C entirely clinician-guided		29		27	3.1	
		self-exposure given face-		29		21	3.1	
		to- face						
		1 R mainly stand-alone		16		14	6.8	
		computer-and audio-tape-		10		14	0.0	
		guided self-relaxation						
		without exposure						
		without exposure						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, Tean	Post-treatmentblind	2F mainly stand-alone	Office	Daseille II	Weasure	3)	3.1	1 -value
	assessors: FQ global	computer-guided self-					0.1	
	phobia	exposure						
		2C entirely clinician-guided		29		27	3.2	
		self-exposure given face-						
		to- face						
		1 R mainly stand-alone		16		14	5.3	
		computer-and audio-tape-						
		guided self-relaxation without exposure						
	Post-treatmentblind	2F mainly stand-alone					7.2	
	assessors: WAS total	computer-guided self-					7.2	
	acception with total	exposure						
		2C entirely clinician-guided		29		27	10	
		self-exposure given face						
		to- face						
		1 R mainly stand-alone		16		14	15.3	
		computer-and audio-tape-						
		guided selfrelaxation						
Matheny, 2008 ⁴³	Receipt of therapeutic	without exposure Usual care		1		998	15.4	
Matrierry, 2000	drug levels within 14	Electronic reminders				924	12.5	0.677
	days of outpatient visit	Electionic reminders				924	12.5	0.677
	Receipt of K level test	Usual care				998	51.7	
	when on thiazide diuretic	Electronic reminders				924	64.5	0.473
	Receipt of TSH if on	Usual care				998	56.8	
	thyroxin	Electronic reminders				924	57.9	0.747
	Receipt of ALT if on	Usual care				998	53.1	
	statin	Electronic reminders				924	47.5	0.74
	Receipt of CR if on	Usual care				998	37.5	
	metformin	Electronic reminders				924	35	0.594
McCrossan, 2007 ⁴⁴	Specific concern	Videoconference	%			22	62	
,	raised by parent	Telephone	%			25	58	
	No medical attention	Videoconference	%			22	76	
		Telephone	%			25	64	
	Nurse informs	Videoconference	%	1		22	20	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	medical consultant	Telephone	%			25	14	
	Nurse advises to take	Videoconference	%			22	4	
	NHS action	Telephone	%			25	22	
McDonald, 2005 ⁴⁵	Presence of pain	Usual care	Adjusted probability			234	86.9	
	assessed by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	89.3	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	88	
	Medication	Usual care	Adjusted probability			234	44.5	
	assessment	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	45.6	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	50.4	
	Mood assessment by	Usual care	Adjusted probability			234	85.5	
	nurse	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability			242	92.7	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	88.9	
	Educational materials	Usual care	Adjusted probability			234	1.3	
	delivered by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	2.4	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	7.3	
	Pain at its worst	Usual care	Adjusted probability	/score		234	4.5	
	(range: 0–10)	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	/score		242	3.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	3.3	
	Pain on average (range: 0–10)	Usual care Patient-specific, one-time	Adjusted probability Adjusted probability			234 242	3.7 2.2	
		e-mail reminder with pain- specific recommendations						
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	3.1	
	Pain interference	Usual care	Adjusted probability	/score		234	5.3	
	scale (range: 0-10)	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	/score		242	5.8	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	5.2	
	Best quality of life	Usual care	Adjusted probability/score			234	16.1	
		Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/score			242	16.9	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	15.2	
	Severe pain	Usual care	Adjusted probability/score			234	28.4	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/score			242	32	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	25.8	
	Severe insomnia	Usual care	Adjusted probability/score			234	40.9	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/score			242	39.5	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	32.8	
	Severe constipation	Usual care	Adjusted probability/score			234	18.9	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/score			242	14.8	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	12	
	Inadequate pain management	Usual care	Adjusted probability/score			234	68.5	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/score			242	69.9	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/score			197	64	
	Barriers summary	Usual care	Score			234	37.7	
	score	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Score			242	37.6	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Score			197		
	Use of alternative treatments	Usual care	Adjusted probability/score			234	26.9	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/score			242	22.6	
		Email reminder + provider prompts + patient	Adjusted probability/score			197	15.9	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		education + clinical nurse specialist outreach						
	Probability of hospitalization	Usual care	Adjusted probability			234	22.2	
	·	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability			242	22.1	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	16.6	
	Probability of ED use	Usual care	Adjusted probability			234	36.6	
		Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability			242	37.8	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	33.5	
	Home care-related	Usual care	US dollars			234	2642	
	costs	Patient-specific, one-time e-mail reminder with pain-specific recommendations	US dollars			242	2789	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars			197	2903	
	Overall costs	Usual care	US dollars			234	5687	
		Patient-specific, one-time e-mail reminder with pain- specific recommendations	US dollars			242	5966	
		Email reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars			197	5611	
McGregor, 2006 ⁴⁶	In-hospital mortality	Patients without computerized clinical decision support system	Number of patients	who died in the	e hospital	180	8.19	
		Patients with computerized	Number of patients	who died in the	e hospital	359	7.84	0.52

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·		clinical decision support system						
	Length of hospitalization	Patients without computerized clinical decision support system	Days			180	5	
		Patients with computerized clinical decision support system	Days			359	4	0.64
	Hospital antimicrobial expenditure savings	Patients without computerized clinical decision support system	US dollar expenditu patient	ires per		180	0	
		Patients with computerized clinical decision support system	US dollar expenditu patient	ıres per		359	37.64	
	Time spent managing antimicrobial utilization	Patients without computerized clinical decision support system	Person-hours per d	lay		180	4.1	
		Patients with computerized clinical decision support system	Person-hours per d	lay		359	3.2	
McKinley, 2001 ⁴⁷	Survival	Usual care non-protocol managed by physician orders				33	79	
		Ventilation computerized protocol				34	70	Not significan t
	ICU length of stay	Usual care non-protocol managed by physician orders	Days			33	31.4	
		Ventilation computerized protocol				34	34.5	Not significan t
	Morbidity	Usual care non-protocol managed by physician orders	Morbidity score			33	9.3	
		Ventilation computerized protocol				34	9.8	Not significan t
	Barotrauma	Usual care non-protocol managed by physician	Score			33	0.83	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, real	Gateome	orders	Office	Dascille II	Wicasarc	3)	Micasarc	1 Value
		Ventilation computerized protocol				34	1.01	Not significan t
	FiO ₂ exposure >0.6	Usual care non-protocol managed by physician orders				33	3.1	
		Ventilation computerized protocol				34	1.8	<0.05
	P plateau exposure > 35 cm H ₂ O	Usual care non-protocol managed by physician orders				33	669	
		Ventilation computerized protocol				34	360	<0.05
Mitchell, 2004 ⁴⁸	Final systolic blood pressure (SBP)	Controlno feedback practices		507		518	148	0.555
		Audit only practices		603		641	152.3	0.707 as compare d to Arm A, 0.026 as compare d to Arm C
		Audit plus strategic practices		645		646	146.5	0.555
	Final proportion with controlled blood	Controlno feedback practices		507		518	45.7	
	pressure in	Audit only practices		603		641	33.5	0.77
	hypertensive patients	Audit plus strategic practices		645		646	45.5	0.028
	All patients with BP<160/90	Controlno feedback practices		507		518		
		Audit only practices		603	39	641	47	
		Audit plus strategic practices		645	54.3	646	63	
	All patients with BP>=160/90	Controlno feedback practices		507		518		
		Audit only practices		603		641		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Audit plus strategic		645	26.9	646	22.8	
	All patients with no	practices Controlno feedback		507		518		
	recorded BP	practices		307		310		
	recorded Br	Audit only practices		603		641		
		Audit plus strategic practices		645	18.8	646	14.2	
	Hypertensive patients with BP recorded	Controlno feedback practices		507		518		
		Audit only practices		603		641		
		Audit plus strategic practices		645	96.1	646	96.6	
	Hypertensive patients with no recorded BP	Controlno feedback practices		507	10.4	518	7.7	
		Audit only practices		603	19.6	641	14	
		Audit plus strategic practices		645	3.9	646	3.4	
	Hypertensive patients with BP<160/90	Control no feedback practices		507	40.5	518	56.5	
		Audit only practices		603	33.6	641	45.1	
		Audit plus strategic practices		645	53.9	646	62.1	
	Hypertensive patients with BP >=160/90	Controlno feedback practices		507	49.1	518	35.8	
		Audit only practices		603	46.8	641	40.9	
		Audit plus strategic practices		645	42.1	646	34.5	
	Hypertensive patients treated for	Controlno feedback practices		507	84.3	518	91.4	
	hypertension	Audit only practices		603	87.5	641	92.3	
		Audit plus strategic practices		645	84.3	646	93.7	
	Hypertensive patients who are treated with	Controlno feedback practices		507	9.2	518	6.6	
	no record of BP	Audit only practices		603	15.9	641	12.9	
		Audit plus strategic practices		645	3	646	3.2	
	Hypertensive patients who are treated with	Controlno feedback practices		507	41.5	518	32.3	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	BP>=160/90	Audit only practices		603	41.3	641	38.3	
		Audit plus strategic practices		645	36.1	646	32.6	
	Hypertensive patients who have controlled	Controlno feedback practices		507	33.6	518	52.5	
	BP	Audit only practices		603	30.3	641	41.1	
		Audit plus strategic practices		645	45.2	646	57.9	
Montgomery,	5-yr CV risk <10%	Usual care	%	130		130		
2000 ⁴⁹		CDSS plus risk chart	%	202		202		
		Risk chart alone	%	199	13	199	15	
	5-yr CV risk 10-19.9%	Usual care	%	130		130		
		CDSS plus risk chart	%	202		202		
		Risk chart alone	%	199	47	199	46	
	5-yr CV risk >20%	Usual care	%	130		130		
		CDSS plus risk chart	%	202	34	202	32	
		Risk chart alone	%	199	40	199	39	
	Mean 5-yr CV risk	Usual care	CV risk	130	17.3	130	17.8	
		CDSS plus risk chart	Mean CV risk	202	16	202	16.7	
		Risk chart alone	Mean CV risk	199	17.9	199	17.5	
	Mean systolic BP	Usual care	mm Hg	130	158	130	159	
		CDSS plus risk chart	mm Hg	202	153	202	153	
		Risk chart alone	mm Hg	199	156	199	153	
	Mean diastolic BP	Usual care	mm Hg	130	86	130	84	
		CDSS plus risk chart	mm Hg	202	85	202	85	
		Risk chart alone	mm Hg	199	87	199	86	
	0-1 class(es) of drugs	Usual care	%	137		137		
		CDSS plus risk chart	%	207		207		
		Risk chart alone	%	208	47	208	33	
	2 classes of drugs	Usual care	%	137	33	137	34	
		CDSS plus risk chart	%	207	36	207	36	
		Risk chart alone	%	208	28	208	32	
	>=3 class of drugs	Usual care	%	137	25	137	29	
		CDSS plus risk chart	%	207	21	207	25	
		Risk chart alone	%	199	25	199	35	
	Mean difference in 5-	Usual care	CV risk	130		130	0.77	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
ration, roai	yr CV risk	CDSS plus risk chart	CV risk	202	inouou. o	202	0.65	· value
		Risk chart alone	CV risk	199		199	-0.48	
	Mean difference in	Usual care	mm Hg	130		130	-1.64	
	systolic pressure	CDSS plus risk chart	mm Hg				-0.04	
		Risk chart alone	mm Hg	199		199	-2.66	
	Mean difference in	Usual care	mm Hg	130		130	-1.64	
	diastolic pressure	CDSS plus risk chart	mm Hg				0.36	
		Risk chart alone	mm Hg	199		199	-1.1	
Montgomery,	Decisional conflict	Standard care	Score				27.8	
2007 ⁵⁰	scale (total)	Information program	Score				22.5	
		Decision analysis	Score				23.6	
	Mode of delivery-	Standard care	N				50	
	elective Caesarean	Information program	N			117	49	
		Decision analysis	N				41	
	Mode of delivery	Standard care	N				20	
	emergency	Information program	N			53	22	
	Caesarean	Decision analysis	N			50	22 21 30	
	Mode of delivery	Standard care	N				30	
	vaginal birth	Information program	N				29	
		Decision analysis	N			88	37	
	Anxiety	Standard care					42.1	
		Information program					38.5	
		Decision analysis					38.7	
	Knowledge	Standard care					57.5	
		Information program					69.7	
		Decision analysis					68.0	
	Satisfaction with	Standard care					4.2	
	decision	Information program					4.3	
		Decision analysis					4.4	
Morgan, 2005 ⁵¹		Ad hoc telephone support						
		Videoconferencing for critically ill children at home						
Murray, 1999 ⁵²	Activitydiscussing	No access (control)	Time spent (% of w	ork shift)		NR	21.5	
·	information	Access to electronic treatment suggestions	Time spent (% of w			NR	30.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,	Activitychecking	No access (control)	Time spent (% of w			NR	22.5	
	prescription	Access to electronic	Time spent (% of w			NR	20.8	
		treatment suggestions		,				
	Activitypreparing	No access (control)	Time spent (% of w	ork shift)		NR	21	
	prescription	Access to electronic	Time spent (% of w	ork shift)		NR	13.9	
		treatment suggestions	. ,	,				
	Activityidling	No access (control)	Time spent (% of w	ork shift)		NR	5.5	
		Access to electronic treatment suggestions	Time spent (% of w	ork shift)		NR	5.8	
	Activityentering data	No access (control)	Time spent (% of w	ork shift)		NR	13.7	
	in computer	Access to electronic treatment suggestions	Time spent (% of w	ork shift)		NR	13.4	
	Activityother	No access (control)	Time spent (% of w	ork shift)		NR	12.8	
		Access to electronic treatment suggestions	Time spent (% of w	ork shift)		NR	15.5	
	Functionfilling	No access (control)	Time spent (% of w	ork shift)		NR	58.9	
	prescription	Access to electronic treatment suggestions	Time Spent (% of V	Vork Shift)		NR	47.9	
	Functionadvising or informing	No access (control)	Time spent (% of work shift)			NR	17.7	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	23.2	
	Function—problem- solving	No access (control)	Time spent (% of work shift)			NR	3.7	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	7.3	
	Functionother	No access (control)	Time spent (% of work shift)			NR	19.7	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	21.6	
	Contactself	No access (control)	Time spent (% of work shift)			NR	78.5	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	65.7	
	Contactpatient	No access (control)	Time spent (% of work shift)			NR	14	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	22	
	Contactpharmacy	No access (control)	Time spent (% of			NR	3.1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
•	personnel		work shift)					
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	4.2	
	Contactphysician or nurse	No access (control)	Time spent (% of work shift)			NR	3.1	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	6.4	
	Contactother	No access (control)	Time spent (% of work shift)			NR	1.3	
		Access to electronic treatment suggestions	Time spent (% of work shift)			NR	1.7	
Murtaugh, 2005 ⁵³	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	3.7	
	a comprehensive HF assessment	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	13.8	0.006
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	23.9	<0.001
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	27.6	
	a diet assessment	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	38.2	0.76
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	48.7	0.001
	Estimate of % of nurses who recorded	Nurses treating HF patients that provide usual care	Adjusted probability			122	24.8	
	a medication knowledge assessment	Nurses whom received e- mail recommendations to treat heart failure patients	Adjusted probability			114	31.1	0.285

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
71001101, 1001		(basic intervention)	- Cime					1 14140
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	34.4	0.109
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	48.2	
	a medication adherence assessment	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	62.7	0.024
		Nurses whom received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	59.6	0.077
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	12.7	
	a medication side- effects assessment	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	15.3	0.558
		Nurses whom received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	23.6	0.03
	Estimate of % of nurses who instructed	Nurses treating HF patients who provided usual care	Adjusted probability			122	18.1	
	patients about HF symptoms, shortness of breath	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	31.1	0.021
		Nurses who received e- mail recommendations and additional resources to	Adjusted probability			118	28.9	0.053

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
ramer, real	Cuttomic	treat heart failure heart failure (augmented intervention)	- Cime		ououro		modouro	· raido
	Estimate of % of nurses who instructed	Nurses treating HF patients who provided usual care	Adjusted probability	1		122	20.6	
	patients about HF symptoms, fluid weight gain	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	29.9	0.097
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	39.7	0.001
	Estimate of % of nurses who instructed	Nurses treating HF patients who provided usual care	Adjusted probability			122	11.8	
	patients about HF symptoms, fatigue	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	10.5	0.752
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	15.9	0.353
	Estimate of % of nurses who instructed	Nurses treating HF patients who provided usual care	Adjusted probability			122	42.1	
	patients about global HF symptoms	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	53.9	0.07
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	59.5	0.007
	Estimate of % of	Nurses treating HF patients	Adjusted			122	16	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
•	nurses who recorded	that provide usual care	probability			,		
	instructions to patients about self-weighing	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	37.2	<0.001
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	48.7	<0.001
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	5.7	
	instructions to patients about managing fluid weight gain	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	8	0.505
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	11.9	0.116
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	22.7	
	instructions to patients about low-salt diet	Nurses whom received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	40.4	0.003
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	49.6	<0.001
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	51.2	
	instructions to patients about medication	Nurses whom received e- mail recommendations to treat heart failure patients	Adjusted probability			114	57	0.385

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	management	(basic intervention)						
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	59.7	0.195
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	15	
	instructions about methods to improve adherence	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	26.5	0.03
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	18	0.532
	Estimate of % of nurses who recorded	Nurses treating HF patients who provide usual care	Adjusted probability			122	27.3	
	instructions to patients about self-contacting an MD	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	36.2	0.147
		Nurses who received e- mail recommendations and additional resources to treat heart failure heart failure (augmented intervention)	Adjusted probability			118	42.8	0.014
	Estimate of % of nurses who recorded	Nurses treating HF patients who provided usual care	Adjusted probability			122	10.5	
	instructions to patients about educational material	Nurses who received e- mail recommendations to treat heart failure patients (basic intervention)	Adjusted probability			114	17.6	0.113
		Nurses who received e- mail recommendations and additional resources to	Adjusted probability			118	46.2	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·		treat heart failure heart failure (augmented intervention)						
Nguyen, 2000 ⁵⁴	Effects of intervention on performance rates for checkups	Group of Vietnamese physicians without intervention	Beta-coefficient	11		11	NA	
	·	Group of Vietnamese physicians with intervention	Beta-coefficient	9		8		0.88
	Effects of intervention on performance rates for smoking cessation	Group of Vietnamese physicians without intervention	Beta-coefficient	11		11	NA	
	counseling	Group of Vietnamese physicians with intervention	Beta-coefficient					0.02
	Effects of intervention on performance rates for Pap testing	Group of Vietnamese physicians without intervention	Beta-coefficient	11		11	NA	
		Group of Vietnamese physicians with intervention	Beta-coefficient					0.004
	Effects of intervention on performance rates for pelvic examination	Group of Vietnamese physicians without intervention	Beta-coefficient	11		11	NA	
	·	Group of Vietnamese physicians with intervention	Beta-coefficient					0.01
	Effects of intervention on performance rates for clinical breast	Group of Vietnamese hysicians without intervention	Beta-coefficient	11		11	NA	
	examinations	Group of Vietnamese physicians with intervention	Beta-coefficient					0.73
	Effects of intervention on performance rates for mammography	Group of Vietnamese hysicians without intervention	Beta-coefficient	11		11	NA	
		Group of Vietnamese physicians with intervention	Beta-coefficient					0.8
	Effects of intervention on performance rates for serologies	Group of Vietnamese physicians without intervention	Beta-coefficient	11		11	NA	
		Group of Vietnamese physicians with intervention	Beta-coefficient					0.22
	Effects of intervention on performance rates	Group of Vietnamese physicians without	Beta-coefficient	11		11	NA	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, roun	for Hepatitis B	intervention	Onito	Bassinis	Modedare	5)	Modearc	1 Value
	immunizations	Group of Vietnamese physicians with intervention	Beta-coefficient					0.75
Nguyen, 2008 ⁵⁵	CRQdyspnea with	FDSMP (face-to-face)	Score 5-35	20	15.9	20	19.9	
	ADL	EDSMP Internet-based	Range 5-35	19	18.8	19	21.3	0.14
	Exercise stage of	FDSMP (face-to-face)	%	20		20		
	change: action or maintenance	EDSMP Internet-based	%	19		19		NA
	Endurance exercise	FDSMP (face-to-face)	Total min/week	20	77	20	121	
		EDSMP Internet-based	Total min/wk	19	89	19	128	0.22
	Strength exercise	FDSMP (face-to-face)	Total min/week	20	21	20	53	
		EDSMP Internet-based	Total min/wk	19	11	19	34	0.54
	6-minute walk test	FDSMP (face-to-face)	M	20	406	20	394	
		EDSMP Internet-based	M	19	436	19	456	0.22
	CRQfatigue	FDSMP (face-to-face)	Range 4-28	20	16.1	20	17.7	
		EDSMP Internet-based	Range 4-28	19	17.1	19	18.3	0.29
	CRQmastery	FDSMP (face-to-face)	Range 4-28	20	20.4	20	22.4	
		EDSMP Internet-based	Range4-28	19	21.7	19	23.6	0.35
	CRQemotional	FDSMP (face-to-face)	Range 7-49	20	33.4	20	34.5	
	functioning	EDSMP Internet-based	Range 7-49	19	35.9	19	36.8	0.33
	CRQtotal score	FDSMP (face-to-face)	Range 2140	20	85.8	20	94.5	
		EDSMP Internet-based	Range 20-140	19	93.5	19	99.9	0.19
	SF-36 Physical	FDSMP (face-to-face)	Range 0-100	20	32	20	8	
	composite	EDSMP Internet-based	Range 0-100	19	37.3	19	39.9	0.07
	SF-36 Mental	FDSMP (face-to-face)	Range 0-100	20	12.5	20	13.8	
	composite	EDSMP (Internet-based	Range 0-100	19	49.7	19	51.3	0.7
	Dyspnea knowledge	FDSMP (face-to-face)	Range 0-15	20	12.5	20	13.8	
		EDSMP Internet-based	Range 0-15	19	12.6	19	14.1	0.49
	Self-efficacy	FDSMP (face-to-face)	Range 0-10	20	4.6	20	5	
		EDSMP Internet-based	Range 0-10	19	4.7	19	6.7	0.18
	Perception of support	FDSMP (face-to-face)	Range 0-100	20	68.9	20	70.9	
		EDSMP Internet-based	Range 0-100	19	62.2	19	66.4	0.64
	Perception of	FDSMP (face-to-face)	%	20		20	80	
	exercise support/strongly agree	EDSMP Internet-based	%	19		19	68	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Perception of	FDSMP (face-to-face)	%	20		20	10	
	exercise support/agree	EDSMP Internet-based	%				32	
	Satisfaction with	FDSMP (face-to-face)	Scale 1-5	20		20	2.7	
	program	EDSMP Internet-based	Scale 1-5				2.6	
Noel, 2004 ⁵⁶	Bed-days of care per patient over 6-month period	Received usual home healthcare services plus nurse care management	Days		13.82	57	5.11	0.001
		Received home telehealth plus nurse care management	Days		12.19	47	1.88	0.0001/0. 085 (Baseline to final/ between groups)
	Total clinic visits per patient over 6-month period	Received usual home healthcare services plus nurse care management	Number of visits		16.33	57	14.96	(Baseline to final/ between
		Received home telehealth plus nurse care management	Number of visits		14.51	47	14.83	58 (Baseline to final/ between
	Urgent visits per patient over 6-month period	Received usual home healthcare services plus nurse care management	Number of visits		5.59	57	5.69	0.902
		Received home telehealth plus nurse care management	Number of visits		7.27	47	5.39	0.023/0.7 98 (Baseline to final/ between groups)
	RN home visits per patient over 6-month period	Received usual home healthcare services plus nurse care management	Number of visits		1.82	57	1.81	0.979
period		Received home telehealth plus nurse care management	Number of visits		2.53	47	2	0.512/0.8 48 (Baseline to final/ between

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
								groups)
	Diabetic A1c levels at 6 months	Received usual home healthcare services plus nurse care management	Diabetic A1C test u	nits	7.03	28	7.83	0.002
		Received home telehealth plus nurse care management	Diabetic A1C test u	nits	8.3	23	7.3	0.0001/0. 225 (Baseline to final/ between groups)
	Quality-of-life measure: cognitive status at 12 months	Received usual home healthcare services plus nurse care management	Test units		19.42	14	19.43	0.635
		Received home telehealth plus nurse care management	Test units		19.31	8	20	0.095/0.0 06 (Baseline to final/ between groups)
	Quality-of-life measure: functional level at 12 months	Received usual home healthcare services plus nurse care management	Test units		40.19	14	38.29	0.417
		Received home telehealth plus nurse care management	Test units		37.02	8	37.63	0.107/0.7 99 (Baseline to final/ between groups)
	Quality-of-life: patient satisfaction at 12 months	Received usual home healthcare services plus nurse care management	Test units		98.7	14	95.57	0.004
		Received home telehealth plus nurse care management	Test units		103.55	8	109.75	0.427/0.0 125 (Baseline to final/ between groups)
	Quality-of-life: self- rated health status at 12 months	Received usual home healthcare services plus nurse care management	Test units		84.86	14	82.21	0.15

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Received home telehealth plus nurse care management	Test units		81.32	8	88	0.110/0.5 06 (Baseline to final/ between groups)
	Average/participant healthcare cost	Received usual home healthcare services plus nurse care management	US dollars			57		
		Received home telehealth plus nurse care management	US dollars			47		
Overhage, 2002 ⁵⁷	Mean ED charge <=\$8000	ControlMethodist Hospital, no intervention	US dollars			16094	427.99	
		InterventionMethodist hospital	US dollars			16374	431.41	0.7609
		ControlCommunity Hospital, no intervention	US dollars			16094	420.06	
		InterventionCommunity Hospital	US dollars			16374	393.54	0.0326
	Mean all charges	ControlMethodist Hospital, no intervention	US dollars			16094	440.71	
		InterventionMethodist hospital	US dollars			16374	448.52	0.58
		ControlCommunity Hospital, no intervention	US dollars			16094	425.45	
		InterventionCommunity Hospital	US dollars			16374	400.09	0.0736
	Mean charge discharged patients	ControlMethodist Hospital, no intervention	US dollars			16094	243.27	
		InterventionMethodist hospital	US dollars			16374	250.1	0.1711
		ControlCommunity Hospital, no intervention	US dollars			16094	274.73	
		InterventionCommunity Hospital				16374	261.45	0.0695
	Mean charge admitted patients	ControlMethodist Hospital, no intervention	US dollars			16094	1943.77	
		InterventionMethodist hospital	US dollars			16374	1940.03	0.9696

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		ControlCommunity	US dollars			16094	1573.08	7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7
		Hospital, no intervention						
		InterventionCommunity Hospital				16374	1449.43	0.1721
Parati, 2009 ⁵⁸	% with daytime BP	Usual care		111		111	50	
,	normalization	Teletransmitted home BP		187		187	62	
	Frequency of	Usual care		111		111	14	
	treatment changes	Teletransmitted home BP		187		187	9	
	Quality of life at end	Usual care		111		111		Measure 573.08 449.43 0.1721 60 62 4 0 63.8- 33.0 66.92- 59.90 66 0.2 89 0.2 83 0.013 64.7 0.001 65.9 0.001 65.9 0.001 65.9 0.001 66.92- 67 68 68 68 68 68 68 68 68 68
	of study per QOL assessment in HTN patients' questionnaire	Teletransmitted home BP		187		187	33.8- 43.0	
	Healthcare costs	Usual care	US dollars	111		111		
		Teletransmitted home BP	US dollars	187		187	96.92- 159.90	
Persell, 2008 ⁵⁹	All patientsregular aspirin use	Patient intervention plus reminders	%			130	46	0.2
	•	Clinician reminders				112	39	0.2
	Selected patients regular aspirin use	Patient intervention plus reminders	%			76	43	0.013
		Clinician reminders				74	30	0.013
Poller, 2008 ⁶⁰	Time in target INR	Medical staff dosage		6503		6447	64.7	0.001
		Computer-assisted oral anticoagulant dosage		6716		6605	65.9	0.001
Quinn, 2003 ⁶¹	Effectiveness of a	Patient using paper diaries		35		33	8.2	
	portable electronic diary	Patient using electronic diaries		33		32	7	
	Ease-of-use rating	Patient using paper diaries		35		33	8.1	
		Patient using electronic diaries		33		32	7.3	
Quinn, 2008 ⁶²	A1c mean	Control group		13	9.05	13	8.37	
		Well-Doc intervention		13	9.51	13	7.48	0.04
	Medication intensified	Control group	%	13		13	23.08	
		Well-Doc intervention	%	13		13	84.62	0.002
	Medication errors	Control group	%	13		13	0	
	identified	Well-Doc intervention	%	13		13	53.38	0.002

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Physician received	Control group	%	13		13	7.69	
	logbook	Well-Doc intervention	%	13		13	100	<0.001
	New diagnosis	Control group	%	13		13	20	
	depression	Well-Doc intervention	%	13		13	9.09	0.37
	Diet diabetes self- care	Control group	Mean days per week	13	3.15	13	3.86	
		Well-Doc intervention	Mean days per week	13	3.15	13	5.5	0.036
	Medications diabetes self-care	Control group	Mean days per week	13	6.3	13	6.75	
		Well-Doc intervention	Mean days per week	13	5.92	13	6.64	0.495
	Exercise diabetes self-care	Control group	Mean days per week	13	1.23	13	1.57	
		Well-Doc intervention	Mean days per week	13	2.08	13	2.92	0.657
	Improved knowledge	Control group	%	13		13	50	
	of food (self-reported)	Well-Doc intervention	%	13		13	90.91	0.062
	Provider management	Control group	%	13		13	37.5	
	improved	Well-Doc intervention	%	13		13	100	0.004
	Patient confidence	Control group	%	13		13	75	
		Well-Doc intervention	%	13		13	100	0.167
	Prior to study, patient	Control group	% Yes			13	0	
	remembers logbook or glucometers for physician visit	Well-Doc intervention	% Yes			13	7.69	0.5
	Patient self-	Control group	% Yes			13	15.38	
	management skills improved	Well-Doc intervention	% Yes			13	100	<0.001
	Physician received	Control group	% Yes			13	7.69	
	data to manage patient's diabetes	Well-Doc intervention	% Yes			13	100	<0.001
	Physician received	Control group	% Yes			13	23.08	
	more patient data	Well-Doc intervention	% Yes			13	100	0.001
Raebel, 2007 ⁶³	Proportion of	No intervention	Dispensing of cate	• •		5025	5.5	<0.001
	pregnant women dispensed a Category D or X medication	Computerized tool that alerted pharmacists when pregnant patients were	Dispensing of cate	gory D or X med	dications	6075	2.9	<0.001

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		prescribed U.S. Food and Drug Administration pregnancy risk category D or X medications		,	,			
Ralston, 2009 ⁶⁴	Mean GHb (%)	Usual care	GHb level	41	7.9	35	8.1	
		Web-based care management	GHb level	42	8.2	39	7.3	0.12/0.01 /<0.01
	GHb<7%	Usual care	GHb level	41	0	35	11	
		Web-based care management	GHb level	42	0	39	33	NR/0.03/ 0.03
	Outpatient visits	Usual care	Number of times visited	41	10.3	35	8.2	
		Web-based care management	Number of visits	42	9.6	39	10.2	0.71/0.36 /0.18
	Primary care provider visits	Usual care	Number of times visited	41	3.3	35	3.1	
		Web-based care management	Number of visits	42	4.3	39	4.3 0.1	0.15/0.16 /0.76
	Specialty physician visits	Usual care	Number of times visited	41	7	35	5.1	
	vielle	Web-based care management	Number of visits	42	5.3	39	5.9	0.3/0.66/ 0.14
	Inpatient days	Usual care	Number of inpatient days	41	0.7	35	0.4	
		Web-based care management	Number of visits	42	0.3	39	0.5	0.31/0.77 /0.32
Rhodes, 2006 ⁶⁵	Urban EDDV	Control	%			275	45	
	discussion	Promote health survey	%			262	56	0.004
	Urban EDany DV	Control	%			275	8	
	disclosure	Promote health survey	%			262	14	0.07
	Urban EDany DV services	Control	%			275	4	
		Promote health survey	%			262	8	0.04
	Urban ED and DV	Control	%			90	44	
	pos on Exit QDV discussion	Promote health survey	%			98	64	0.003
	Urban ED and DV	Control	%			90	14	
	pos on Exit Qany DV disclosure	Promote health survey	%			98	29	0.02

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Suburban EDDV	Control	%			171	9	
	discussion	Promote health survey	%			159	11	0.78
	Suburban EDany	Control	%			171	3	
	DV disclosure	Promote health survey	%			159	3	0.95
	Suburban EDany	Control	%			171	0	
	DV services	Promote health survey	%			159	2.5	
	Suburban ED and DV	Control	%			49	8	
	pos on Exit QDV discussion	Promote health survey	%			44	20	0.12
	Suburban ED and DV	Control	%			49	2	
	pos on Exit Qany DV disclosure	Promote health survey	%			44	11	0.1
Rollman, 2002 ⁶⁶	Asymptomatic (HRS-D 0-7)	Usual care	% with score on Hamilton Rating Scale for Depression	62		59	22	
		Passive care	% with score on Hamilton Rating Scale for Depression	70		69	23	
		Active care	% with score on Hamilton Rating Scale for Depression	68		65	22	
	Partially symptomatic (HRS-D 8-11)	Usual care	% with score on Hamilton Rating Scale for Depression	62		59	17	
		Passive care	% with score on Hamilton Rating Scale for Depression	70		69	23	
		Active care	% with score on Hamilton Rating Scale for Depression	68		65	22	
	Symptomatic (HRS-D >=12)	Usual care	% with score on Hamilton Rating Scale for	62		59	61	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
7 tatiloi, i oai	Guitoniio	micor vontage	Depression		mououro		inououro	. value
		Passive care	% with score on Hamilton Rating Scale for Depression	70		69	54	
		Active care	% with score on Hamilton Rating Scale for Depression	68		65	57	
	Mean office visits with	Usual care	Mean office visits w			62	2.4	
	usual PCP	Passive care	Mean office visits w	ith usual PCP		70	3.09	0.02
		Active care	Mean office visits with usual PCP			68	3.31	0.02
	Mean contacts with	Usual care	Mean contacts with			62	3.61	
	usual PCP	Passive care	Mean contacts with	usual PCP		70	3.7	0.6
		Active care	Mean contacts with usual PCP			68	4.01	0.6
	Mean contacts with	Usual care	Mean contacts with	any PCP		62	4.18	
	any PCP	Passive care	Mean contacts with	any PCP		70	4.1	0.4
		Active care	Mean contacts with any PCP			68	4.68	0.4
	>= 3 Contacts with	Usual care	%			62	42	
	usual PCP	Passive care	%			70	63	0.03
		Active care	%			68	66	0.03
	Depression	Usual care	%			62	46	
	mentioned in any	Passive care	%			70	87	0.3
	contact with usual PCP	Active care	%			68	79	0.3
	Depression	Usual care	%			62	18	
	mentioned in >=3	Passive care	%			70	31	0.09
	contacts with usual PCP	Active care	%			68	31	0.09
	Depression treatment	Usual care	%			62	18	
	mentioned in >= 3	Passive care	%			70	23	0.9
	contacts with usual PCP	Active care	%			68	24	0.9
	PCP counsels patient	Usual care	%			62	21	
	for depression	Passive care	%			70	20	0.9

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,		Active care	%			68	25	0.9
	Antidepressant	Usual care	%			62	52	
	medication	Passive care	%			70	57	0.3
	suggested/prescribed or baseline regimen modified	Active care	%			68	59	0.3
	Antidepressant	Usual care	%			62	5	
	medication baseline regiment continued	Passive care	%			70	13	
	without modification	Active care	%			68	12	
	Antidepression	Usual care	%			62	44	
	medication not	Passive care	%			70	30	
	offered	Active care	%			68	29	
	Mental health referral	Usual care	%			62	35	
	suggested	Passive care	%			70	36	0.3
		Active care	%			68	26	0.3
Ross, 2004 ⁶⁷	Patient self-efficacy (KCCQ self-efficacy score)	Patients in the control group continued to receive standard care in the practice		53		43	85	
		Participants in the intervention group were given a user identification and password to SPPARO and received a written user guide to the system		54		38	91	0.08
	General adherence (MOS compliance score)	Patients in the control group continued to receive standard care in the practice		53		43	3.4	
		Participants in the intervention group were given a user identification and password to SPPARO and received a written user guide to the system		54		38	3.6	0.01
	Better satisfaction with doctor–patient communication	Patients in the control group continued to receive standard care in the		53		43	4.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
·		practice						
		Participants in the intervention group were given a user identification and password to SPPARO and received a written user guide to the system		54		38	4.6	0.03
Rothschild, 2007 ⁶⁸	Inappropriate non- emergent	No intervention	% of appropriate an orders	d inappropriate	transfusion	227	63.8	<0.0001
		Computerized decision support interventions for improving transfusion practice	% of appropriate an orders	d inappropriate	transfusion	226	63.8	<0.0.000
	Continued to improve	Computerized decision support interventions for improving transfusion practice	% in intervention gr	59.6				
Roukema, 2008 ⁶⁹	Intention to treat	Usual care	Median time spent in the ED	76		76	100	
		CDSS for diagnostic management of children with fever without apparent source	Median time spent in the ED	58		58	100	
	Per protocol	Usual care	Median time spent in the ED	76		76	100	
		CDSS for diagnostic management of children with fever without apparent source	Median time spent in ED	52		52	100	
	Lab tests ordered	Usual care	Median time spent in the ED	33		33	100	
		CDSS for diagnostic management of children with fever without apparent source	Median time spent in the ED	52		52	100	
Roumie, 2006 ⁷⁰	Systolic BP	Provider education providers	mm Hg			54	145	
		Provider education and alert	mm Hg			62	146	
		Provider education, alert,	mm Hg			66	138	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		and patient education				-/		1 1011010
	Change in systolic BP from baseline	Provider education providers	mm Hg			54	-12	
		Provider education and alert	mm Hg			62	-11	
		Provider education, alert, and patient education	mm Hg			66	-16	
	Systolic BP <=140	Provider education providers	%			54	42	
		Provider education and alert	%			62	40.9	0.003
		Provider education, alert, and patient education	%			66	59.5	0.003
	Systolic BP <=140 assuming missing BP	Provider education providers	%			54	33	
	not controlled	Provider education and alert	%			62	27.1	0.013
		Provider education, alert, and patient education	%			66	45.3	0.013
	Diastolic BP <90 mm Hg (assume missing	Provider education providers	%			54	67.9	
	BP is not controlled)	Provider education and alert	%			62	58.7	0.81
		Provider education, alert, and patient education	%			66	68.3	0.81
	Any changes in antihypertensive	Provider education providers	%			54	32.4	
	drugs	Provider education and alert	%			62	28.7	0.33
		Provider education, alert, and patient education	%			66	29.1	0.33
	Dose increased	Provider education providers	%			54	13	
		Provider education and alert	%			62	9.1	0.07
		Provider education, alert, and patient education	%			66	8.7	0.07
	Drug added	Provider education providers	%			54	15.7	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
		Provider education and alert	%			62	15.4	0.49
		Provider education, alert, and patient education	%			66	17.5	0.49
	Diuretic	Provider education providers	%			54	9.3	
		Provider education and alert	%			62	9	0.41
		Provider education, alert, and patient education	%			66	11.3	0.41
	ACE/ARB	Provider education providers	%			54	6.5	
		Provider education and alert	%			62	6.2	0.77
		Provider education, alert, and patient education	%			66	7	0.77
	Calcium-channel blocker	Provider education providers	%			54	2.2	
		Provider education and alert	%			62	2.9	0.48
		Provider education, alert, and patient education	%			66	3	0.48
	Beta-blocker	Provider education providers	%			54	4.9	
		Provider education and alert	%			62	3.7	NA
		Provider education, alert, and patient education	%			66	3.8	NA
	Alpha-adrenergic antagonist	Provider education providers	%			54	2.5	
		Provider education and alert	%			62	2.6	0.5
		Provider education, alert, and patient education	%			66	1.7	0.5
	Both increased dose and drug added	Provider education providers	%			54	3.7	
		Provider education and alert	%			62	4	0.57
		Provider education, alert, and patient education	%			66	3	0.57

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Mean medication	Provider education	Not specified			54		
	adherence	providers	-					
		Provider education and alert	Not specified			62		
		Provider education, alert, and patient education	Not specified			66		
	Hospitalizations	Provider education providers	%			54	3.7	
		Provider education and alert	%			62	2.9	
		Provider education, alert, and patient education	%			66	5.3	
	Deaths	Provider education providers	%			54	2.5	
		Provider education and alert	%			62	0.6	
		Provider education, alert, and patient education	%			66	0.9	
Ruland, 2003 ⁷¹	Congruence between	Usual care				NR	2.84	
	patient-reported symptoms and those addressed in consult visit	Used computerized system for SDM for cancer symptoms care				NR	7.63	<0.01
	Ease of use	Used computerized system for SDM for cancer symptoms care	Composite score (ra	ange -16 to +16	5)	NR	5.06	
Santamore, 2008 ⁷²	% error for similarity	% error	BP measurements	160				0
2	between telemedicine recorded systolic BP and recorded systolic BP		transmitted through an Internet-based telemedicine system vs. not through a telemedicine system	161			<1.0%	
	% error for similarity	% error	BP measurements	160				0
	between telemedicine recorded diastolic BP and recorded diastolic BP		transmitted through an Internet-based telemedicine	161			<1.0%	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
, , ,			system vs. not through a telemedicine					
	BP monitoring	% of patients	system BP measurements transmitted through an Internet-based telemedicine system vs. not through a telemedicine	160			49 92	<0.0001
Scherr, 2009 ⁷³	Rehospitalization	Usual care CHF patients in the intervention group received	system Number of hospitalizations	54 54			17	0.06
	Length of stay	home-based telemonitoring Usual care CHF patients in the intervention group received	Median days	54 54	11 12		10 6.5	0.04
Sequist, 2005 ⁷⁴	Number of diabetes reminders generated	home-based telemonitoring Usual care Physicians received either evidence-based electronic reminders within their patients' electronic medical record				2924 3319	6.7 6.1	0.004
f	Performance of recommended action for diabetes	Usual care Physicians received evidence-based electronic reminders within their patients' electronic medical record				2924 3319	14 19	
	Annual screening for cholesterol	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		<0.001
	ACE inhibitor use for hypertension in	Physicians received evidence-based electronic				3319		0.1

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	diabetics	reminders within their patients' electronic medical record						
	Number of coronary	Usual care				2924		
	artery disease (CAD) reminders	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		<0.001
	Performance of	Usual care				2924	17	
	recommended action for CAD	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319	22	
	Use of statins in presence of hypercholesterolemia in CAD patients	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.03
	Use of aspirin therapy in CAD patients	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.002
	Biennial hemoglobin A1C exam in diabetics	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.29
	Annual dilated eye exam for diabetics	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.23
	Statin use for hypercholesterolemia in diabetics	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.73

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Annual cholesterol exam in CAD patients	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.92
	Beta-blocker use in CAD patients	Physicians received evidence-based electronic reminders within their patients' electronic medical record				3319		0.69
Shiffman, 2000 ⁷⁵	PEFR measurements	Control phase	Rate			NR	1.6	
		Intervention phase (guideline recommendations)				NR	2.2	
	Oxygen saturation	Control phase				NR	0.48	
	measurements	Intervention phase (guideline recommendations)				NR	1.1	
	Nebulization	Control phase				NR	0.77	
	treatments	Intervention phase (guideline recommendations)				NR	1.2	
	Presentation to	Control phase	% (N)			39		
	dischargeimproved	Intervention phase (guideline recommendations)				41	43	
	Presentation to	Control phase	% (N)			51		
	dischargeno change	Intervention phase (guideline recommendations)				30		
	Presentation to	Control phase	% (N)			88		
	dischargeimmediate disposition home	Intervention phase (guideline recommendations)				73		
	Presentation to	Control phase				2		
	dischargeED/direct hospitalization	Intervention phase (guideline recommendations)				1		
	1-wk follow-up	Control phase				37	44	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	missed school	Intervention phase (guideline recommendations)				33	48	
	1-wk follow-up	Control phase					1.29	
	missed school, average days missed	Intervention phase (guideline recommendations)					1.04	
	1-wk follow-up	Control phase				20	24	
	missed work	Intervention phase (guideline recommendations)				16	23	
	1-wk follow-up	Control phase						
	missed work, average days missed	Intervention phase (guideline recommendations)					0.46	
	1-wk follow-upoffice	Control phase				25	30	
	revisit	Intervention phase (guideline recommendations)				18	26	
	1-wk follow-upED	Control phase				5	6	
	visits	Intervention phase (guideline recommendations)				0		
	1-wk follow-up	Control phase				4		
	hospitalization	Intervention phase (guideline recommendations)				0		
Simon, 2006 ⁷⁶	Medication dispensing	Age-specific prescribing alerts plus the academic detailing intervention	Number of times or medications was di- patients per quarter	spensed per 10		NR	146.3	
		Computerized age-specific alerts	Number of times or medications was di- patients per quarter	ne or more of th spensed per 10		NR	155.2	
Smith, 2008 ⁷⁷	ADA-NCQA provider	Usual care	Score unit	277			58	0
	score median	Intervention group received a virtual consultation		358			56	
	Minnesota community	Usual care	% with outcome	277			18	0
	aggregate optimal diabetes score	Intervention group received a virtual consultation		358			30	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
						•		
	Mean total cost	Usual care Intervention group received a virtual consultation	US dollars	277 358			8564 6252	0.02
	Mean outpatient cost	Usual care Intervention group received a virtual consultation	US dollars	277 358			2129 1842	0.04
Soopramanien, 2005 ⁷⁸		a virtual consultation						
Subramanian, 2004 ⁷⁹	Number of all clinical decisions	Physicians in the control group received care suggestions generated with electronic medical record data	Number of clinical decisions			365	528	0
		Physicians in the intervention group received care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits				355	738	
	Mean all-cause hospitalizations	Physicians in the control group received care suggestions generated with electronic medical record data	Number of hospitalizations			365	1.7	0.05
		Physicians in the intervention group received care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits				355	2.3	
	Mean admissions for heart failure	Physicians in the control group received care suggestions generated with	Number of admissions			365	0.4	0

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
7 tatiloi, i oai	Cateomic	electronic medical record	- Cinto	<u> </u>	inouou. o		modeu. c	
		data						
		Physicians in the				355	0.3	1
		intervention group received						
		care suggestions generated						
		with electronic medical						
		record data and symptom						
		data obtained from						
		questionnaires mailed to						
		patients within 2 weeks of						
80		scheduled outpatient visits						
Tamblyn, 2003 ⁸⁰	New potentially	Usual care				53		
	inappropriate	CDS provides information				54		
	prescriptions per	on all medications						
	1000 visits	prescribed and potential						
	D	problems				50		
	Rate of	Usual care				53		
	discontinuation of	CDS provides information				54		
	inappropriate prescriptions	on all medications						
	prescriptions	prescribed and potential						
	Thoropoutio	problems				F2		
	Therapeutic duplication by study	Usual care				53		
	physician and another	CDS provides information				54		
	priysician and anome	on all medications						
		prescribed and potential problems						
	Drug interaction	Usual care				53		
	caused by study							
	physician	CDS provides information on all medications				54		
	priysiciari	prescribed and potential						
		problems						
Tamblyn, 2008 ⁸¹	Any prescribing	On-physician-demand	Number of patients	with any press	I rihina	416	30.1	1
rambiyii, 2000	problem	on physician-demand	problem	with any piesc	inomig	1 710	50.1	
	problem	Computer-triggered		with any presc	ribina	389	38.8	0.17
		a surption in ggorda	Number of patients with any prescribing problem		9		30.0	
	Drug-disease	On-physician-demand	Number of patients with drug-disease		ase	416	16.1	
	contraindications	- 1	contraindications					
		Computer-triggered	Number of patients	with drug-disea	ase	389	21.3	0.51
		. 55	contraindications	9				

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Therapeutic duplication	On-physician-demand	Number of patients duplication	with therapeuti		416	5.4	
		Computer-triggered	Number of patients duplication	with therapeuti	С	389	4.3	0.001
	Cumulative toxicity	On-physician-demand	Number of patients	with cumulative	e toxicity	416	1.8	
		Computer-triggered	Number of patients	with cumulative	e toxicity	389	4.2	0.19
	Drug interaction	On-physician-demand	Number of patients	with drug intera	action	416	10.4	
		Computer-triggered	Number of patients	with drug intera	action	389	12.5	0.75
	Drug-age contraindication	On-physician-demand	Number of patients contraindication	with drug-age		416	2.1	
		Computer-triggered	Number of patients contraindication	with drug-age		389	4.6	0.24
	Dosing error	On-physician-demand	Number of patients	with dosing err	or	416	5.4	
		Computer-triggered	Number of patients	with dosing err	or	389	5.3	0.78
	By severity: absolutely contraindicated	On-physician-demand	Number of patients absolutely contraindicated			416	5.7	
		Computer-triggered	Number of patients absolutely contraindicated			389	5.7	0.96
	By severity: avoid if possible	On-physician-demand	Number of patients that "avoid if possible"			416	9.6	
		Computer-triggered	Number of patients that "avoid if possible"			389	12	0.79
	By severity: use with caution	On-physician-demand	% of patients that were "use with caution"			416	54.6	
		Computer-triggered	% of patients that were "use with caution"			389	55.6	0.18
Taylor, 2006 ⁸²	CPAP use	Traditional care	Mean			NR	4.22	0.87
·		Telemedicine support	Mean			NR	4.29	0.87
	Proportion of nights	Traditional care	Mean proportion			NR	50	0.61
	with CPAP	Telemedicine support	Mean proportion			NR	47	0.61
	Functional status	Traditional care	Mean			NR	2.27	0.76
		Telemedicine support	Mean			NR	2.03	0.76

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	Client satisfaction	Traditional care	Mean			NR	28.0	0.43
		Telemedicine support	Mean			NR	28.5	0.43
Taylor, 2008 ⁸³	Quality of asthma	PD	Measures were sco	red yes or no	•	26	96	
	documentation chest auscultation	Electronic interface	Measures were sco	red yes or no		23	100	0.35
	Quality of asthma	PD	Measures were sco	red yes or no		14 19	52	
	documentationpeak expiratory flow	expiratory flow					82	0.02
	Quality of asthma	PD	Measures were sco	red yes or no		16	59	
	documentationability to verbalize	Electronic interface	Measures were sco			22	95	0.03
	Quality of asthma	PD	Measures were sco	red yes or no		17	63	
	documentation asthma severity	Electronic interface	Measures were scored yes or no			23	100	<0.01
	Quality of asthma	PD	Measures were scored yes or no			8	29	
	documentation smoking cessation advice	Electronic interface	Measures were sco	red yes or no		22	95	<0.01
	Quality of asthma	PD				15	55	
	documentation - asthma management plan	Electronic interface	Measures were sco	red yes or no		23	100	<0.01
	Quality of asthma	PD				16	59	
	documentationoral corticosteroid prescription	Electronic interface	Measures were sco	red yes or no		20	87	0.03
	Quality of asthma	PD				26	96	
	documentation precipitating factors	Electronic interface	Measures were scored yes or no			23	100	0.35
	Quality of asthma	PD				16	59	
	documentation previous intensive care admissions	Electronic interface	Measures were scored yes or no			23	100	0.01
	Quality of asthma	PD				22	81	
	documentation oxygen saturations	Electronic interface	Measures were scored yes or no			21	91	0.32
	Consultation times	PD						
		Electronic interface	Median times in minutes					0.04

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Thomas, 2007 ⁸⁴	No. of patients who had HgbA1c	Diabetes care outcomes in the control group				111	48.1	
	monitoring within 6 mo	Diabetes care outcomes in the intervention group (computerized diabetes registry)				155	61.5	0.01
	No. of patients who had LDL cholesterol	Diabetes care outcomes in the control group				148	64.1	
	monitoring within 1 year	Diabetes care outcomes in the intervention group (computerized diabetes registry)				191	75.8	0.02
	Mean HgbA1c	Diabetes care outcomes in the control group	HgbA1c <7.0%		7.4	135	7.4	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	HgbA1c <7.0%		7.3	156	7.3	0.13/0.38 /0.83
	Mean LDL cholesterol	Diabetes care outcomes in the control group	LDL <100 mg/dl		101.6	141	97.5	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	LDL <100 mg/dl		103.6	152	98.4	0.14/0.60 /0.61
	Mean systolic blood pressure	Diabetes care outcomes in the control group	BP <130/85 mm Hg		129.1	116	130.8	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	BP <130/85 mm Hg		131.5	126	131	0.20/0.93
	Mean diastolic blood pressure	Diabetes care outcomes in the control group			72.01	116	71.7	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	BP <130/85 mm Hg		72.6	126	72.4	0.79/0.64
Tierney, 2003 ⁸⁵	Patients with any	No intervention	% of suggestions th		163	22		
	cardiac care suggestion	Physician intervention	% of suggestions that were complied with			174	23	
	Patients with	No intervention	% of suggestions th	at were compli	ed with	107	36	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	suggestions regarding starting or increasing an ACE inhibitor	Physician intervention	% of suggestions th	at were compli	ed with	109	38	
	Patients with	No intervention	% of suggestions th	at were compli	ed with	82	1	
	suggestions regarding a pneumococcal vaccination	Physician intervention	% of suggestions th	104	10			
	Patients with	No intervention	% of suggestions th	at were compli	ed with	83	12	
	suggestions regarding starting or increasing a beta-blocker	Physician intervention	% of suggestions th	at were compli	ed with	96	16	
	Patients with	No intervention	% of suggestions th	at were compli	ed with	81	28	
	suggestions regarding starting low-dose aspirin	Physician intervention	% of suggestions th	at were compli	ed with	74	24	
	Patients with	No intervention	% of suggestions th	at were compli	ed with	73	27	
	suggestions regarding starting or increasing a diuretic	Physician intervention	% of suggestions th	at were compli	ed with	71	24	
	Patients with	No intervention	% of suggestions th	at were compli	ed with	25	12	
	suggestions regarding starting or increasing a long-acting nitrate	Physician intervention	% of suggestions th	at were compli	ed with	30	20	
	Patients with suggestions regarding starting an	No intervention	% of suggestions that were complied with			22	36	
	antihyperlipidemic drug	Physician intervention	% of suggestions that were complied with			22	32	
	Patients with suggestions regarding starting or increasing	No intervention	% of suggestions that were complied with			17	59	
	a calcium blocker	Physician intervention	% of suggestions that were complied with	21	33			
	Physical function	No intervention	Short-form 36 subscale score			119	42	
		Physician intervention	Short-form 36 subscale score			142	36	
	Role physical	No intervention	Short-form 36			119	53	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
,			subscale score			'		
		Physician intervention	Short-form 36			142	35	
			subscale score					
	Pain	No intervention	Short-form 36			119	53	
			subscale score					
		Physician intervention	Short-form 36			142	47	
			subscale score					
	General health	No intervention	Short-form 36			119	42	
			subscale score					
		Physician intervention	Short-form 36			142	38	
			subscale score					
	Vitality	No intervention	Short-form 36			119	44	
			subscale score					
		Physician intervention	Short-form 36			142	40	
			subscale score					
	Social function	No intervention	Short-form 36			119	69	
			subscale score					
		Physician intervention	Short-form 36			142	65	
			subscale score					
	Role emotional	No intervention	Short-form 36			119	61	
			subscale score					
		Physician intervention	Short-form 36			142	61	
			subscale score					
	Mental health	No intervention	Short-form 36			119	63	
			subscale score					
		Physician intervention	Short-form 36			142	64	
			subscale score					
	Overall health status	No intervention	Chronic heart			119	4.6	
			disease					
			questionnaire					
			score					
		Physician intervention	Chronic heart			142	4.5	
			disease .					
			questionnaire					
	Duanas	No interventing	Score			110	F 0	
	Dyspnea	No intervention	Chronic heart			119	5.2	
			disease					
			questionnaire					
		Dhygigian interportion	Score Chronio hoort		-	142	5	
		Physician intervention	Chronic heart			142	5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
			disease					
			questionnaire					
			score					
	Fatigue	No intervention	Chronic heart			119	4	
			disease					
			questionnaire					
		Dharisian interpreties	score Chronic heart			142	0.0	
		Physician intervention	disease			142	3.8	
			questionnaire					
			score					
	Emotion	No intervention	Chronic heart			119	4.6	
	2111011011	The intervention	disease			1.0	1.0	
			questionnaire					
			score					
		Physician intervention	Chronic heart			142	4.5	
			disease					
			questionnaire					
			score			1.51		
	Number of all ED	No intervention	Number of all ED			181	1	
	visits	Physician intervention	visits Number of all ED			197	1.1	
		Priysician intervention	visits			197	1.1	
	Number of heart	No intervention	Number of heart			181	0.2	
	disease specific ED	140 intervention	disease-specific			101	0.2	
	visits		ED visits					
		Physician intervention	Number of heart			197	0.2	
			disease-specific					
			ED visits					
	Number of all	No intervention	Number of all			181	0.5	
	hospitalizations		hospitalizations			 		
		Physician intervention	Number of all			197	0.4	
	No contract to a set	No interpreting	hospitalizations			104	0.0	
	Number of heart	No intervention	Number of heart			181	0.2	
	disease specific hospitalizations		disease specific hospitalizations					
	nospitalizations	Physician intervention	Number of heart			197	0.2	
		1 Try Stolat I litter verition	disease specific			137	0.2	
			hospitalizations					
Trautmann, 2008 ⁸⁶	Frequency of	Internet-based psycho		17	13.8	17	12.3	>0.05/>0.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	headache	education intervention (EDU)						05
		Internet-based self-help treatment for headache including chat communication.		17	15.2	10	8	>0.05/<0. 05
	Duration of headache	Internet-based psycho education intervention (EDU)		17	6	17	5.1	>0.05/>0. 05
		Internet-based self-help treatment for headache including chat communication.		17	3.8	10	3.3	>0.05/>0. 05
	Intensity of headache	Internet-based psycho education intervention (EDU)		17	5.8	17	5	
		Internet-based self-help treatment for headache including chat communication.		17	4.7	10	4.2	>0.05/>0. 05
	Pain-catastrophizing effect	Internet-based psycho education intervention (EDU)		17	36.4	17	37.3	
		Internet-based self-help treatment for headache including chat communication.		17	33	10	30	>0.05/<0. 05
	Satisfaction	Internet-based psycho education intervention (EDU)		17		17		>0.05
		Internet-based self-help treatment for headache including chat communication		17		10		>0.05
Van Wijk, 2001 ⁸⁷	Average number of tests per order form per practice	Bloodlink-restricted clinical decisionmaking support system for blood test ordering				21	7.7	
		Bloodlink guideline clinical decisionmaking support				23	7.2	0.003

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Addition, real	Outcome	system for blood test	Offics	Basemie ii	Wicasarc	3)	Wicasarc	1 Value
		ordering						
Wakefield, 2008 ⁸⁸	MLHF	Usual care	MLHF (higher is worse)	49	60.6	42	60.2	
		Telephone	MLHF (higher is worse)	47	58.4	34	41.5	
		Videophone	MLHF (higher is worse)	52	60.2	33	54	
	Cox proportional hazards model: first admission model fit	Combined intervention	Hazard ratio					
	90days/MLHF	Usual care	MLHF (higher is worse)		44	58.4		
		Telephone	MLHF (higher is worse)		40	44.4		
		Videophone	MLHF (higher is worse)		42	48.7		
	Cox proportional hazards model: death model fit	Combined intervention	Hazard ratio					
Walker, 2004 ⁸⁹	Product usage over 6	Handheld computer diaries	Units of factor conc	entrate per pat	ient	19	62 122	
	months	Paper diaries	Units of factor conc	22	64 306			
	Product usage over 6	Handheld computer diaries	Median number of vials per patient			19	60	
	months	Paper diaries	Median number of v	22	57			
	Product usage over 6	Handheld computer diaries	Median number of i	nfusions per pa	atient	19	36	
	months	Paper diaries	Median number of infusions per patient			22	39	
	Number of data	Handheld computer diaries				19	23	
	submissions per patient	Paper diaries				22	4	
	Elapsed time between	Handheld computer diaries	Days			19	0.25	
	infusions and receipt of data	Paper diaries	Days			22	25	
	Number of reminder	Handheld computer diaries				19	1	
	phone calls for data	Paper diaries				22	5	
	Total number of vials	Handheld computer diaries				19	3	
	not accounted per patient	Paper diaries				22	5	
	Number (%) of patients with an error	Handheld computer diaries	Number of patients (%)			15	68.2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	in the number of vials	Paper diaries	Number (%)			13	68.4	
	not accounted	Computer generated patient-specific guidelines group		358	4.8	243	6.4	0.52
Weber, 2008 ⁹⁰	Average number of total medications	Usual care	Average number of total medications	207	7.46		7.62	
	Patients on 9 or more	Electronic medical record- based intervention	Average number of total medications	413	7.65		7.88	
	Patients on 8 or more	Usual care	%	207			44	
	medications	Electronic medical record- based intervention	%	413			40	
Whited, 2002-91	Time to initial definitive intervention	Text-based electronic consult form	Days			140	127	
		Telederm consult with digital images and standardized history	providing consult answer if visit unneeded				41	<0.001
Wolfenden, 2005 ⁹²	Computerized cessation counseling	Patient received cessation advice, preoperative NRT, and a postoperative NRT prescription at the discretion of clinic staff		NR		NR		
		Patient received behavioral counseling and tailored self-help material		124		119		
· ·	Nurse brief advice— sellf-report	Patient received cessation advice, preoperative NRT, and a postoperative NRT prescription at the discretion of clinic staff		75		35		
		Patient received behavioral counseling and tailored self-help material		105		83	4.3	<0.01
	Nurse brief advice medical audit	Patient received cessation advice, preoperative NRT, and a postoperative NRT prescription at the discretion of clinic staff		85		57		
		Patient received behavioral		123		114	6.2	<0.01

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Autiloi, Teal	Outcome	counseling and tailored	Office	Daseille II	Wieasure	3)	Wicasure	r-value
		self-help material						
	Anesthetist brief	Patient received cessation		69		27		
	adviceself-report	advice, preoperative NRT,						
		and a postoperative NRT						
		prescription at the						
		discretion of clinic staff						
		Patient received behavioral		102		61	2.3	<0.01
		counseling and tailored						
	Documenting NDT	self-help material		50		4		
	Preoperative NRT	Patient received cessation		50		4		
	offerself-report	advice, preoperative NRT, and a postoperative NRT						
		prescription at the						
		discretion of clinic staff						
		Patient received behavioral		73		60	53.1	<0.01
		counseling and tailored		' '			00.1	10.01
		self-help material						
	Preoperative NRT	Patient received cessation		56		0		
	offermedical audit	advice, preoperative NRT,						
		and a postoperative NRT						
		prescription at the						
		discretion of clinic staf.		00		70	055.0	0.04
		Patient received behavioral		89		79	855.6	<0.01
		counseling and tailored						
	Postoperative NRT	self-help material Patient received cessation		37		0		
	prescribedmedical	advice, preoperative NRT,		31		0		
	audit	and a postoperative NRT						
	addit	prescription at the						
		discretion of clinic staff						
		Patient received behavioral		71		61	439.2	<0.01
		counseling and tailored						
		self-help material						
	Tailored self-help	Patient received cessation		NR		NR		
	material	advice, preoperative NRT,						
		and a postoperative NRT						
		prescription at the						
		discretion of clinic staff Patient received behavioral		124		119		
		ratient received benavioral		124		119		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
Author, real	Outcome	counseling and tailored self-help material	Office	Daseille II	Measure	3)	Wedsure	1 -value
Ziemer, 2006 ⁹³	Effect of the interventions on therapy intensification	Usual care	Beta-coefficient	Total of 345 health care providers in study				**SNR
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study	-0.0718		0.0908	
	Effect of the interventions on therapy intensification	Usual care	Beta-coefficient	Total of 345 health care providers in study				**SNR
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study	-0.0160		0.4812	
	Effect of the interventions on therapy intensification	Usual care	Beta-coefficient	Total of 345 health care providers in study				**SNR
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study	0.0204		0.0125	
	Effect of therapy intensification on change in HbA1c level	Usual care	Beta-coefficient	Total of 345 health care providers in study				**SNR
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study			-0.0667	
	Effect of therapy intensification on	Usual care	Beta-coefficient	Total of 345 health care				**SNR

Evidence Table 3. All outcomes of studies addressing healthcare process outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawal s)	Final Measure	P-value
	change in HbA1c level			providers in study				
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study			-0.2357	
	Effect of therapy intensification on change in HbA1c level	Usual care	Beta-coefficient	Total of 345 health care providers in study				**SNR
		In the intervention group, health care providers received clinical reminders		Total of 345 health care providers in study			0.0808	

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Study,	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Interventio	Change Difference Final	
Year	Measure	Unit	Intervention	Intervention	Baseline	Final	n Change	Difference	P-value
Filippi,	Number of high-	Number of	Electronic reminder	7313	1672	2242	570	556	<0.01
2003 ¹	risk diabetic patients with	patients	integrated into a routine computer	8030 379	1886 3.92	3012 4.29	1126 0.37	770 0.28	4
	anti-platelet drug prescriptions		system in order to increase the use of anti-platelet drugs for diabetic patients vs. patients receiving a letter but no electronic reminder						
Glasgow,	Proportion	% with	Telephone followup	67	100	90	10	-3.7	**SNR
2000 ²	Received touch- screen goal- setting	outcome	vs. the basic intervention condition received by all participants, which involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	75	98.8	92.5	6.3	2.50	
	Proportion	% with	Community	67	100	90	10	-5	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
	Received touch- screen goal- setting	outcome	resources vs. the basic intervention condition received by all participants, which involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	67	100	95	5	5.00	
	Proportion Received TS goal-setting	% with outcome	Telephone followup support and community resources vs. the basic intervention condition received by all participants, which involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	67 68	100	90 88	10 12	2 -2.00	**SNR
Gomez, 2002 ³	Mean therapeutic medication prescriptions increased	Number of medicatio n prescriptio ns	Group using DIABTel telemedicine system vs. usual care	10		0.2 2.9		2.7	**SNR
Hetlevik,	Fraction of	% with	Diabetes mellitus	408	22.4	18.8	-3.6	-3.4	0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
20004	patients without baseline registration of HbA1c	outcome	patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	368	27.5	20.5	-7	1.7	
	Fractions of patients without a baseline registration of blood pressure	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	368 368	22.6 21.8	18.5 18.7	-4.1 -3.1	0.2	0
	Fractions of patients without a baseline registration of serum cholesterol	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	408 368	56.3 80	62.7 71	6.4 -9	-15.4 8.3	0
	Fractions of	% with	Diabetes mellitus	408		94.5			0.006

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
	patients without a registered number of cigarettes	outcome	patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	368		82.6		-11.9	
	Fractions of patients without registered cardiovascular inheritance	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	368		83.4 78.7		-4.7	**SNR
	Fractions of patients without registered height/weight of BMI	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	408 368		93 78.2		-14.8	**SNR
	Fractions of	% with	Diabetes mellitus	408		98.3			**SN

Study, Year	Outcomes Measure patients without at least one variable making risk score calculation possible	Unit outcome	Description of Intervention patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	n Final Control n Final Intervention 368	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 91.1	Control Change Interventio n Change	Change Difference Final Difference -7.2	P-value
	% of registered patients who are smokers	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	408 368		16 19		3	0.05
	% of registered patients with cardiovascular inheritance	% with outcome	Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre-existing routines for treatment	408 368		63 66		3	<0.001

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
Persell, 2008 ⁵	All patients - regular aspirin use	% with outcome	Eliciting physicians' input and directly contacting patients by mail and phone vs. reminder to physician only	112		39 46		7	0
	Regular aspirin use excluding long-term aspirin users and patients reporting medical contraindication	% with outcome	Eliciting physicians' input and directly contacting patients by mail and phone vs. reminder to physician only	74 76		30 43		13	0.013
Quinn, 2008 ⁶	Medication intensified	% with outcome	Well-doc intervention vs. control group	13 13		23.08 84.62		61.54	0.02
	Medication errors identified	% with outcome	Well-doc intervention vs. control group	13 13		0 53.38		53.38	0.02
	Physician received logbook	% with outcome	Well-doc intervention vs. control group	13 13		7.69 100		92.31	<0.001
	New diagnosis depression	% with outcome	Well-doc intervention vs. control group	13 13		9		-11	0
	Provider management improved	% with outcome	Well-doc intervention vs. control group	13 13		37.5 100		62.5	0.004
	Physician received data	% with outcome	Well-doc intervention vs. control group	13		7.69 100		92.31	<0.001
	Physician	% with	Well-doc	13		23.08			<0.001

Study, Year	Outcomes Measure received more patient data	Unit outcome	Description of Intervention intervention vs. control group	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference 76.92	P-value
Ralston, 2009 ⁷	Mean inpatient days	Number of days	Web based care management vs. usual care	35 39	0.7	0.4 0.5	-0.3 0.2	0.5 0.1	0
	Mean outpatient visits	Number of times visited	Web-based care management vs. usual care	35 39	10.3 9.6	8.2 10.2	-2.1 0.6	2.7	0
	Mean primary care provider visits	Number of visits	Web-based care management vs. usual care	35 39	3.3 4.3	3.1 4.3	-0.2 0	0.2 1.2	0
	Mean specialty physician visits	Number of visits	Web-based care management vs. usual care	35 39	7 5.3	5.1 5.9	-1.9 0.6	2.5 0.8	0
Sequist, 2005 ⁸	Number of diabetes reminders per patient	Reminder s per patient	Physicians received either evidence- based electronic reminders within their patients electronic medical record vs. usual care	3319 2924		6.7 6.1		-0.6	<0.004
	Mean coronary artery disease reminders per patient	Reminder s per patient	Physicians received either evidence- based electronic reminders within their patients electronic medical record vs. usual care	3319 2924		5.4 4.3		-1.1	<0.001
Smith, 2008 ⁹	ADA-NCQA provider score median	Score unit	Virtual consultation vs. no virtual consultation	277 358		58 56		-2	0
	Minnesota	% with	Virtual consultation	277		18			0

Study, Year	Outcomes Measure community aggregate	Unit outcome	Description of Intervention vs. no virtual consultation	n Final Control n Final Intervention 358	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
	optimal diabetes score								
	Mean total cost	US dollars	Virtual consultation vs. no virtual consultation	277 358		8564 6252		-2312	0.02
	Mean outpatient cost	US dollars	Virtual consultation vs. no virtual consultation	277 358		2129 1842		-287	0.04
Thomas, 2007 ¹⁰	Number of patients who had HbA1c monitoring within 6 months	% with outcome	Computerized diabetes registry vs. control group (usual clinic education)	231 252		48.1 61.5		13.4	0.01
	Number of patients who had LDL cholesterol monitoring within 1 yr	% with outcome	Computerized diabetes registry vs. control group (usual clinic education)	231 252		64.1 75.8		11.7	0.02
Ziemer, 2006 ¹¹	Effect of the interventions on therapy intensification	Beta- coefficient	Health care providers received clinical reminders vs. usual care	Total of 345 health care providers in study	Not Reported	Not Reported		*Insufficient data	**SNR
				Total of 345 health care providers in study	-0.0718	0.0908		*Insufficien t data	
	Effect of the interventions on therapy intensification	Beta- coefficient	Health care providers received feedback vs. usual care	Total of 345 health care providers in study	Not Reported	Not Reported		*Insufficient data	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention Total of 345 health care providers in study	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline -0.0160	Control Outcome Measure at Final Intervention Outcome Measure at Final 0.4812	Control Change Interventio n Change	Change Difference Final Difference *Insufficient data	P-value
	Effect of the interventions on therapy intensification	Beta- coefficient	Health care providers received clinical reminders and feedback vs. usual care	Total of 345 health care providers in study Total of 345 health care	0.0204	0.0125		*Insufficient data *Insufficient data	**SNR
	Effect of therapy intensification on change in HbA1c level	Beta- coefficient	Health care providers received clinical reminders vs. usual care	providers in study Total of 345 health care providers in study Total of 345 health care		-0.0667		*Insufficient	**SNR
	Effect of therapy intensification on change in HbA1c level	Beta- coefficient	Health care providers received feedback vs. Usual care	providers in study Total of 345 health care providers in study Total of 345 health care		-0.2357		*Insufficient data	**SNR
	Effect of therapy intensification on change in HbA1c level	Beta- coefficient	Health care providers received clinical reminders and feedback vs.	providers in study Total of 345 health care providers in study					**SNR

Evidence Table 4. Outcomes related to diabetes mellitus in studies addressing healthcare process outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P-value
			usual care	Total of 345 health care providers in study		0.0808		*Insufficient data	

^{**}SNR: Significance not reported

P-value of "0" denotes p-value > 0.10

ADA-NCQA: American Diabetes Association- National Committee for Quality Assurance, BMI: body mass index CDSS: clinical decision support system, HbA1c: glycated hemoglobin, LDL: Low-density lipoprotein.

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Study, Year Bailey, 2007 ¹	Outcomes Measure Proportion of eligible patients discharged on an ACE inhibitor	Unit % of patients	Description of Intervention Computerized alerts identifying hospitalized patients with elevated troponin I levels routed to clinical pharmacists	n Final Control n Final Intervention 488 365	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 83.8 89.9	Control Change Interventi on Change	Change Difference Final Difference	P- value 0.01
	Proportion of eligible patients discharged on aspirin	% of patients	vs. usual care group Computerized alerts identifying hospitalized patients with elevated troponin I levels routed to clinical pharmacists vs. usual care group	488 365		96.5 96.4		-0.1	0
	Proportion of eligible patients discharged on a beta-blocker	% of patients	Computerized alerts identifying hospitalized patients with elevated troponin I levels routed to clinical pharmacists vs. usual care group	488 365		91.8 95.9		4.1	0.08
	Proportion of eligible patients discharged on a statin	% of patients	Computerized alerts identifying hospitalized patients with elevated troponin I levels routed to clinical pharmacists vs. usual care group	488 365		89.3 94.2		4.9	0.01

Study, Year	Outcomes Measure Proportion of eligible patients	Unit % of patients	Description of Intervention Computerized alerts identifying	n Final Control n Final Intervention 488 365	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 70.3 83.6	Control Change Interventi on Change	Change Difference Final Difference	P- value <0.001
	discharged on all 4 classes		hospitalized patients with elevated troponin I levels routed to clinical pharmacists vs. usual care group						
Feldman, 2005 ²	Home care- related costs / patient	US dollars	Heart failure patients whose nurses received e- mail recommendations (basic intervention) vs. heart failure patients receiving usual care	227 199		3371		557	0.062
	Overall costs / patient	US dollars	Heart failure patients whose nurses received e- mail recommendations (basic intervention) vs. heart failure patients receiving usual care	227 199		4996 5869		873	0.084
	Home care- related costs in order to produce a 5% improvement in KCCQ summary score	US dollars	Heart failure patients whose nurses received e- mail recommendations (basic intervention) vs. heart failure patients receiving usual care	227 199		2814 183		-2631	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	- P- value
	Overall costs in order to produce a 5% improvement in KCCQ summary score	US dollars	Heart failure patients whose nurses received e- mail recommendations (basic intervention) vs. heart failure patients receiving usual care	199		4996 246		-4750	**SNR
	Home care- related costs / patient	US dollars	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention) vs. heart failure patients receiving usual care	227 202		2814 3425		611	0
	Overall costs / patient	US dollars	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention) vs. heart failure patients receiving usual care	227 202		4996 6330		1334	0.02
	Home care-	US dollars	Heart failure	227		2814			**SNR

Study, Year	Outcomes Measure related costs in	Unit	Description of Intervention patients whose	n Final Control n Final Intervention 202	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 235	Control Change Interventi on Change	Change Difference Final Difference -2579	P- value
	order to produce a 5% improvement in KCCQ summary score		nurses received e- mail recommendations and additional resources (augmented intervention) vs. heart failure patients receiving usual care						
	Overall costs in order to produce a 5% improvement in KCCQ summary score	US dollars	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention) vs. heart failure patients receiving usual care	227 202		4996 513		-4483	**SNR
Jerant, 2001 ³	Median health care utilization	US dollars	Home telecare videoconferencing vs. usual care	12		21,595 7487		-14108	<0.001
	Mean health care utilization	US dollars	Home telecare videoconferencing vs. usual care	12		93686 29701		-63985	<0.05
	Median health care utilization	US dollars	Nurse phone calls w/nurse vs. usual care	12 12		21,595 4117		-17478	0
	Mean health care utilization	US dollars	Nurse phone calls w/nurse vs. usual care	12 12		93686 28,888		-64798	<0.05
Kaner,	Median	Minutes	Implicit computer-	10		21			0.001

Study, Year 2007 ⁴	Outcomes Measure consultation	Unit	Description of Intervention based decision aid,	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 31	Control Change Interventi on Change	Change Difference Final Difference	P- value
	times		DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision						
	Median clinician verbal dominance in 10 minutes preceding decision	%	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		60 65		5	0.09
	Median doctor's information-seeking	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		6 3		-3	<0.004
	Median doctor's pause Median patient's	Minutes	Implicit computer-based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision Implicit computer-	10 11		6 4		-2	<0.04

Study, Year	Outcomes Measure negative talk	Unit	Description of Intervention based decision aid,	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	negative tain		DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision						
	Median doctor's nodding	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		17 36		19	0.005
	Median doctor's head shake	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		2		-2	0.006
	Median doctor's smiling Median doctor's	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision Implicit computer-	10 11		1		1	0.04

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	– P- value
	pointing at the patient		based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	11		0		-1	
	Median doctor's touching/pointin g at tool	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		6 1		-5	0.007
	Median doctor's eye-gaze toward tool	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		5 15		10	0.001
	Median patient's eye-gaze toward tool	Minutes	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision Explicit computer-	10 11		16		11	0.0001

Study, Year	Outcomes Measure consultation	Unit	Description of Intervention based decision aid,	n Final Control n Final Intervention 8	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 44	Control Change Interventi on Change	Change Difference Final Difference	P- value
	times		DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision						
	Median clinician's verbal dominance in 10 minutes preceding decision (%)	%	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		60 64		4	0.09
	Median doctor's information-seeking	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10 8		6 7		1	0.004
	Median doctor's pause Median patient's	Minutes	Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision Explicit computer-	10 8		2		-5	0.04

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	negative talk		based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		1		-1	
	Median doctor's nodding	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		17 21		4	<0.005
	Median doctor's head shake	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		0		-4	<0.006
	Median doctor's smiling Median doctor's	Minutes	Explicit computer-based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision Explicit computer-	8		2		2	0.04

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	pointing at the patient		based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		0		-1	
	Median doctor's touching/pointin g at tool	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		6		0	0.007
	Median doctor's eye-gaze toward tool	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	8		5 16		11	<0.001
	Median patient's eye-gaze toward tool	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision vs. paper-based guidelines for clinician-patient treatment decision	10		5			<0.000

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
Kucher, 2005 ⁵	Prophylactic measures were ordered	% patients with outcome	Computerized alert to physician about patient's risk of deep-vein thrombosis vs. no computerized alert	1251		14.5			<0.001
				1255		33.5		19	
	Mechanical	% patients	Computerized alert	1251		1.5			<0.001
	prophylaxis	with outcome	to physician about patient's risk of deep-vein thrombosis vs. no computerized alert	1255		10		8.5	
	Pharmacologic	% patients	Computerized alert	1251		13			< 0.001
	prophylaxis	with outcome	to physician about patient's risk of deep-vein thrombosis vs. no computerized alert	1255		23.6		10.6	
	Ratio of high-	% of	Coronary risk	782		0.77			< 0.05
Lowenste yn, 1998 ⁶	risk/low risk patients returning for follow-up	patients	profile to physician vs. no profile risk to physician	176		1.23		0.46	
McCross	Proportion with	% of	Videoconferencing	22		58			**SNR
an, 2007 ⁷	concern by parents	patients	for children with congenital heart disease vs. teleconferencing	25		62		4	
	Proportion with	% of	Videoconferencing	22		64			**SNR
	no action needed	patients	for children with congenital heart disease vs. teleconferencing	22		76		12	
	Proportion who	% of	Videoconferencing	22		14			**SNR

Study, Year	Outcomes Measure	Unit patients	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference 6	P- value
	consultant		congenital heart disease vs. teleconferencing						
	Proportion advised NHS action	% of patients	Videoconferencing for children with congenital heart disease vs. teleconferencing	22 25		4		-18	**SNR
Murray, 1999 8	Time spent filling prescription	% of time	Pharmacist with access to treatment suggestions vs. usual care	18		58.9 47.9		-11	<0.001
	Time spent advising or informing	% of time	Pharmacist with access to treatment suggestions vs. usual care	18		17.7 23.2		5.5	<0.001
	Time spent problem solving	% of time	Pharmacist with access to treatment suggestions vs. usual care	18		3.7 7.3		3.6	<0.001
Murtaugh 2005 ⁹	Estimate of % of nurses who recorded a comprehensive heart failure assessment	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		3.7 13.8		10.1	0.006
Murtaugh 2005 ⁹	advising or informing Time spent problem solving Estimate of % of nurses who recorded a comprehensive heart failure	% of time % of nurses	access to treatment suggestions vs. usual care Pharmacist with access to treatment suggestions vs. usual care Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who	10 18 10		23.2 3.7 7.3			3.6

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	nurses who recorded a diet assessment		received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	114		38.2		10.6	
	Estimate of % of nurses who recorded a medication knowledge assessment	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		31.1		6.3	0
	Estimate of % of nurses who recorded a medication adherence assessment	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care Nurses who	118		48.2 62.7		14.5	0.024

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	nurses who recorded a medication side- effects assessment	nurses	received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	114		15.3		2.6	
	Estimate of % of nurses who instructed patients about heart failure symptoms, shortness of breath	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		31.1		13	0
	Estimate of % of nurses who instructed patients about heart failure symptoms, fluid weight gain	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		20.6 29.9		9.3	0.021

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	nurses who instructed patients about heart failure symptoms, fatigue	nurses	received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	114		10.5		-1.3	
	Estimate of % of nurses who instructed patients about global HF symptoms	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		42.1 53.9		11.8	0.07
	Estimates of % of nurses who recorded instructions to patients about self-weighing	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118 114		16 37.2		21.2	<0.007
	Estimates of %	% of	Nurses who	118		5.7			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	of nurses who recorded instructions to patients about managing fluid weigh gain	nurses	received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	114		8		2.3	
	Estimates of % of nurses who recorded instructions to patients about low-salt diet	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		22.7 40.4		17.7	0.003
	Estimates of % of nurses who recorded instructions to patients about medication management	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care Nurses who	118		51.2 57		5.8	0 0.03

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	of nurses who recorded instructions about methods to improve adherence	nurses	received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who hat provided usual care	114		26.5		11.5	
	Estimates of % of nurses who recorded instructions to patients about self-contacting a physician	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care	118		36.2		8.9	0
	Estimates of % of nurses who recorded instructions to patients about educational material	% of nurses	Nurses who received e-mail recommendations to treat heart failure patients (basic intervention) vs. nurses treating heart failure patients who provided usual care Nurses who	118		10.5 17.6		7.1	<0.001

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	– P- value
	nurses who recorded a comprehensive heart failure assessment	nurses	received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		23.9		20.2	
	Estimate of % of nurses who recorded a diet assessment	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118		27.6 48.7		21.1	0.001
	Estimate of % of nurses who recorded a medication knowledge assessment	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care Nurses who	118 122		24.8 34.4		9.6	0.077

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	– P- value
	nurses who recorded a medication adherence assessment	nurses	received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		59.6		11.4	
	Estimate of % of nurses who recorded a medication side- effects assessment	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118		23.6		10.9	0.03
	Estimate of % of nurses who instructed patients about heart failure symptoms, shortness of breath	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118 122		18.1 28.9		10.8	0.053

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	nurses who instructed patients about heart failure symptoms, fluid weight gain	nurses	received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		39.7		19.1	
	Estimate of % of nurses who instructed patients about heart failure symptoms, fatigue	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118		11.8 15.9		4.1	0
	Estimate of % of nurses who instructed patients about global heart failure symptoms	% of Nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure (augmented intervention) vs. nurses treating heart failure patients who provide usual care	118 122		42.1 59.5		17.4	0.007

of nurses who recorded instructions to patients about self-weighing Estimates of % of nurses who recorded instructions to patients about managing fluid weigh gain Estimates of % of of nurses who recorded instructions to patients about managing fluid weigh gain Estimates of % of nurses who recorded instructions to patients about managing fluid weigh gain Estimates of % of nurses who recorded instructions to patients about managing fluid weigh gain Estimates of % of nurses who recorded instructions to patients about patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded instructions to patients about low-salt diet Estimates of % of nurses who recorded intervention) vs. nurses treating heart failure heart	Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	– P- value
of nurses who recorded instructions to patients about managing fluid weigh gain Estimates of % of of nurses who recorded instructions to patients about low-salt diet Testimates of % of nurses who recorded instructions to patients about low-salt diet Testimates of % of nurses who received e-mail recommendations and additional resources to treat heart failure sources to treat heart failure (augmented intervention) vs. nurses treating Testimates of % of nurses who received e-mail recommendations and additional resources to treat heart failure (augmented intervention) vs. nurses treating		recorded instructions to patients about self-weighing		recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		48.7		32.7	
of nurses who recorded instructions to patients about low-salt diet nurses received e-mail recommendations and additional resources to treat failure (augmented intervention) vs. nurses treating 122 49.6 26.9		of nurses who recorded instructions to patients about managing fluid		received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who					6.2	0
patients who provided usual care		of nurses who recorded instructions to patients about		Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who					26.9	<0.001

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	– P- value
	of nurses who recorded instructions to patients about medication management	nurses	received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		59.7		8.5	
	Estimates of % of nurses who recorded instructions about methods to improve adherence	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118		15 18		3	0
	Estimates of % of nurses who recorded instructions to patients about self-contacting a physician	% of nurses	Nurses who received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	118 122		27.3 42.8		15.5	0.014

Evidence Table 5. Outcomes related to heart disease in studies addressing healthcare process outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	of nurses who recorded instructions to patients about educational material	nurses	received e-mail recommendations and additional resources to treat heart failure heart failure (augmented intervention) vs. nurses treating heart failure patients who provided usual care	122		46.2		35.7	
Noel, 2004 ¹⁰	Bed-days-of- care	Days	Intervention patients received home telehealth units that used standard phone lines to communicate with the hospital and integrated into hospital electronic health records vs. usual home health care services plus nurse case management	57 47	525 317	194 49	-331 -268	63 -145	<0.000
Ross,	General	Compliance	Participants in the	43	82	78	-4	7	0.01

Evidence Table 5. Outcomes related to heart disease in studies addressing healthcare process outcomes (continued)

			Description of	n Final	Control Outcome Measure at Baseline Intervention	Control Outcome Measure at Final Intervention	Control Change	Change	
Study, Year	Outcomes Measure	Unit		Control n Final Intervention	Outcome Measure at Baseline	Outcome Measure at Final	Interventi on Change	Difference Final Difference	P- value
2004 ¹¹	adherence MOS compliance score	score	intervention group were given a user identification and password to SPPARO in order to access electronic hospital records vs. patients in the control group, who continued to receive standard care in the practice	38	82	85	3	7	
Scherr,	Rehospitalizatio	Number of	Home-based	54		17			0.06
2009 ¹²	n	hospitalizati ons	telemonitoring of CHF patients vs.	54		11		6	
	Length of stay	Median	usual care	54	11	10	1	4.5	0.04
		days		54	12	6.5	5.5	3.5	
Subrama	Number of all	Number of	Physicians were	365		528			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
nian, 2004 ¹³	clinical decisions	clinical decisions	randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions were generated with electronic medical record data alone (control group)	355		738	J	210	
	Mean all-cause	Number of	Physicians were	365		1.7			0.05

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	hospitalizations	hospitalizati ons	randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions were generated with electronic medical record data alone (control group)	355		2.3		0.6	
	Mean	Number of	Physicians were	365		0.4			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	admissions for heart failure	admissions	randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions were generated with electronic medical record data alone (control group).	355		0.3		-0.1	
Tierney, 2003 ¹⁴	Mean number of all hospitalizations	Number of admissions	Evidence-based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions were withheld	119		0.5		-0.1	**SNR

. ,	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
1	Mean number of heart disease specific hospitalizations	Number of admissions	Evidence-based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions were withheld	119 142		0.2		0	**SNR
1	Mean number of all hospitalizations Mean number of	Number of hospitalizati ons	Printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld Printed note (rather	119 106		0.5 0.5		0	**SNR

Study, Year	Outcomes Measure heart disease	Unit hospitalizati	Description of Intervention than bottle labels)	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 0.2	Control Change Interventi on Change	Change Difference Final Difference 0	P- value
	specific hospitalizations	ons	instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld						
	Mean number of all hospitalizations	Number of hospitalizati ons	Evidence-based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients, with a printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions	119		0.5		0	**SNR
	Mean number of	Number of	were withheld Evidence-based	119		0.2			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
	heart disease	hospitalizati	cardiac care	113		0.2		0	
	specific hospitalizations	ons	suggestions approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients, with a printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld						
Wakefiel	Patients	% of	Videophone	42		59			0.04

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventi on Change	Change Difference Final Difference	P- value
d, 2008 ¹⁵	readmitted to hospital	patients	followup vs. usual care. Usual care subjects contacted their primary care nurse case manager by telephone if needed. Intervention subjects contacted their assigned study nurse via videophone if needed after discharge. The intervention nurses reinforced discharge plans, had full access to patient records, and employed strategies to improve subjects' compliance with prescribed treatment plans.	33	Buschine	41	Onlinge	-18	value

^{**}SNR: Significance not reported

P-value of "0" denotes p-value > 0.10

ACE: Angiotensin-converting enzyme, BP: Blood pressure, BMI: JNC: Joint National, Committee, HF: Heart failure, JNC7: The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure, KCCQ: Kansas City Cardiomyopathy *Questionnaire*, MOS: Medical Outcomes Study, SPPARO: System Providing Patients Access to Records Online

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Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
Jones, 1999 ¹	Doctors assessment- -patients above average in knowledge	% with outcome	Personal computer-based information vs. booklet information	154		20			**SNR
				156		25		5	
	Doctors assessmentpatients above average in knowledge	% with outcome	General computer information vs. booklet information	154		20			**SNR
				128		25		5	
McDonald, 2005 ²	Presence of pain assessed by nurse	%age of patients with outcome	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		86.9			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	
					Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Onungo		
				242		88		1.1	
	Medication assessment	% of patients	Patient-specific, one-time e-mail	234		44.5			0
	by nurse	with outcome	reminder with pain-specific recommendation s vs. usual care						
				242		50.4		5.9	
	Mood assessment	% of patients with	Patient-specific, one-time e-mail reminder with	234		85.5			0.08
	by nurse	outcome	pain-specific recommendation s vs. usual care						
				242		88.9		3.4	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	
					Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final			
	Educational materials delivered by nurse	% of patients with outcome	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		1.3			0
				242		7.3		6	
	Probability of hospitalization	% of patients with outcome	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		22.2			0
			0.00.0000	242		16.6		-5.6	
	Probability of emergency department use	%age of patients with outcome	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		36.6			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
				242		33.5		-3.1	
	Home care- related costs	US dollars	Patient-specific, one-time e-mail reminder with pain-specific recommendation	234		2642			0
			s vs. usual care	242		2903		261	
	Overall costs	US dollars	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		5687			0
				242		5611		-76	
	Inadequate pain managemen t	% of patients with outcome	Patient-specific, one-time e-mail reminder with pain-specific recommendation s vs. usual care	234		68.5			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	
					Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final			
				242		64		-4.5	
	Presence of pain assessed by	% of patients with	E-mail reminder + provider prompts + patient	234		86.9			0
	nurse	outcome	education + clinical nurse specialist outreach vs.	197		88		1.1	
			usual care						
	Medication assessment by nurse	% of patients with outcome	E-mail reminder + provider prompts + patient education + clinical nurse specialist	234		44.5			0
			outreach vs. usual care	197		50.4		5.9	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	Mood assessment by nurse	% of patients with outcome	E-mail reminder + provider prompts + patient education + clinical nurse specialist	234		85.5			0.08
			outreach vs. usual care	197		88.9		3.4	
	Educational materials delivered by nurse	% of patients with outcome	E-mail reminder + provider prompts + patient education + clinical nurse specialist	234		1.3			0
			outreach vs. usual care	197		7.3		6	
	Inadequate pain	% of patients	E-mail reminder + provider	234		68.5			0
	managemen t	with outcome	prompts + patient education + clinical nurse specialist outreach vs. usual care	197		64		-4.5	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	Probability of hospitalization	% of patients with outcome	E-mail reminder + provider prompts + patient education + clinical nurse specialist	234		22.2			0
			outreach vs. usual care	197		16.6		-5.6	
	Probability of emergency department use	% of patients with outcome	E-mail reminder + provider prompts + patient education + clinical nurse specialist	234		36.6			0
			outreach vs. usual care	197		33.5		-3.1	
	Home care- related costs	US dollars	E-mail reminder + provider	234		2642			0
			prompts + patient education + clinical nurse specialist outreach vs. usual care	197		2903		261	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	Overall costs	US dollars	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	197		5687		-76	0
Nguyen, 2000 ³	Checkups	Beta- coefficient	Cancer screening reminder system, including both manual and computerized reminders vs. usual care	9		N/A 1.3		*insufficient data	0
	Smoking- cessation counseling	Beta- coefficient	Cancer screening reminder system, including both manual and computerized reminders vs.	9		N/A 4.4		*Insufficient	0.02
			usual care	9		4.4		data	

Study, Year		Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline Intervention Outcome Measure at Baseline	Measure at Final Intervention Outcome Measure at Final	Intervention Change	Final Difference	
	Pap testing	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0.004
		reminders vs. usual care	reminders vs.	9		26.6		*Insufficient data	-
	Pelvic exams	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0.01
			reminders vs. usual care	9		24.2		*Insufficient data	-
	Clinical breast exams	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline Intervention Outcome Measure at Baseline	Measure at Final Intervention Outcome Measure at Final	Intervention Change	Final Difference	
			reminders vs. usual care	9		-4.4		*Insufficient data	
	Mammograp hy	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0
			reminders vs. usual care	9		1.7		*Insufficient data	
	Hepatitis B serologies	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0
			reminders vs. usual care	9		9.2		*Insufficient data	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control	Control Outcome	Control Outcome	Control Change	Change Difference	P-value
				n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	
					Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	ogo		
	Hepatitis B immunizatio ns	Beta- coefficient	Cancer screening reminder system, including both manual and computerized	11		N/A			0
			reminders vs. usual care	9		2.4		*Insufficient data	
Ruland, 2003 ⁴	Congruence between patient reported symptoms and those	% congruenc e	Used computerized system for shared decisionmaking for cancer	25		2.84			<0.01
	addressed in consult visit		symptoms care vs. usual care	27		7.63		4.79	
	Importance-	%	Used	25		12.8			<0.01

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	weighted congruence between patient reported symptoms and those addressed in consult visit	congruenc e	computerized system for shared decisionmaking for cancer symptoms care vs. usual care	27		33		20.2	
	Number of	Number	Used	25		2.25			0
	reported symptoms (0-10)	of symptoms	computerized system for shared decisionmaking for cancer symptoms care vs. usual care	27		2.73		0.48	
	Number of reported symptoms (0-15)	Number of symptoms	Used computerized system for shared	25		2.25			0.032
			decisionmaking for cancer symptoms care vs. usual care	27		3.77		1.52	
	Number of reported symptoms (0-20)	Number of symptoms	Used computerized system for shared	25		2.18			0.016
			decisionmaking for cancer symptoms care vs. usual care	27		4.5		2.32	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	Number of reported symptoms (0-25)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25		5.28		3.11	0.004
	Number of reported symptoms (0-30)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25		2.17 5.25		3.08	0.017
	Number of reported symptoms (0-40)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25		2.63		3.93	0
	Number of reported symptoms (0-50)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25		7.63		4.79	0.042

Evidence Table 6. Outcomes related to cancer in studies addressing healthcare process outcomes (continued)

**SNR: Significance not reported

P-value of "0" denotes p-value > 0.10

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Study, Year Fretheim,	Outcomes Measure Thiazides	Unit % of	Description of Intervention Educational	n Final Control n Final Interventi on	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline 8.8	Control Outcome Measure at Final Intervention Outcome Measure at Final 11.1	Control Change Intervention Change	Change Difference Final Difference 9.2	P-value <0.001
2006 ¹	prescription	patients	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	5.8	17.3	11.5	6.2	₹0.001
	Cardiovascular risk assessment done	% of patients	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516		14.6		2.6	0
	Treatment goal achieved	% of patients	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	33.6 29.3	36.5	2.9	-0.2 -4.5	0
Green, 2008 ²	Mean secure message and subsequent responses	Message threads	BP monitoring and patient Web services vs. usual care	247 246		2.4 3.3		0.9	**SNR
	Mean secure	Message	BP monitoring and	247		2.4			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Interventi on	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	- P-value
	message and subsequent responses	threads	patient Web services and pharmacist care vs. usual care	237		22.3		19.9	
	Mean telephone encounters	Telephone encounters	BP monitoring and patient Web services vs. usual care	247		7.5		3.5	<0.001
	Mean telephone encounters	Telephone encounters	BP monitoring and patient Web services and pharmacist care vs. usual care	247		3.8		-0.20	**SNR
	Primary care visits	Number of visits	BP monitoring and patient Web services vs. usual care	247 246		3.2		-0.2	0
	Primary care visits	Number of visits	BP monitoring and patient Web services and pharmacist care vs. usual care	247 237		3.2		0	0
Hetlevik, 1998 ³	Fraction of patients without registration of BP	% of patients	Clinical decision support system vs. usual care	1127 887		14.2 14.3		0.1	0
	Fraction of patients without registration of serum cholesterol	% of patients	Clinical decision support system vs. usual care	1127 887		56.8 62.3		5.5	0
	Fraction of	% of	Clinical decision	1127		87.1			0

Study, Year	Outcomes Measure patients without	Unit patients	Description of Intervention support system vs.	n Final Control n Final Interventi on	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 82.9	Control Change Intervention Change	Change Difference Final Difference -4.2	- P-value
	registration of cigarettes	patients	usual care	007		02.0		7.2	
	Fraction of patients without registration of cardiovascular inheritance	% of patients	Clinical decision support system vs. usual care	1127 887		73.4 79.5		6.1	0.014
l	Fraction of patients without registration of BMI	% of patients	Clinical decision support system vs. usual care	1127 887		89.2 81.5		-7.7	0.001
	Fraction of patients without registration of risk score	% of patients	Clinical decision support system vs. usual care	1127 887		91.9 91.7		-0.2	<0.001
Hicks, 2008 ⁴	Prescribing JNC7 adherent drug class (% physicians likely to prescribe)`	% of doctors	Computerized support vs. usual care	1048 786		No Data No Data		*Insufficient Data	<0.05
Mitchell, 2004 ⁵	All patients with no recorded BP	%age of patients	Audit only practices vs. patients who received no feedback	1813 1339	22.4 34.2	17.9 26.3	-4.5 -7.9	-3.4 8.4	0
	All patients with no recorded BP	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1951	22.4 18.8	17.9 14.2	-4.5 -4.6	-0.1 -3.7	0
	Final proportion	% of	Patients receiving	1813		45.7			0.028

Study, Year	Outcomes Measure with controlled BP in hypertensive patients	Unit patients	Description of Intervention audit plus strategic practices vs. patients receiving no feedback	n Final Control n Final Interventi on 1951	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 45.5	Control Change Intervention Change	Change Difference Final Difference -0.2	- P-value
	All patients with no recorded BP	% of patients	Patients receiving audit plus strategic practices vs. patients receiving no feedback	1813 1951	22.4 18.8	17.9 14.2	-4.5 -4.6	-0.1 -3.7	0
Montgom ery, 2000 ⁶	Prescribed 0-1 % of Clinical decidence class(es) of patients support with cardiovascular cardiovascular	s(es) of patients iovascular s	Clinical decision support with cardiovascular risk chart vs. Usual care	137 207	42	37 39	-5 -4	2	NR
		chart vs. Osdar care	137	33	34	1	1	NR	
	drugs			207	36	36	0	2	
	Prescribed >=3 classes of cardiovascular			137 207	25 21	29 25	4	0 4	NR —
	drugs Prescribed 0-1 class(es) of	% of patients	Cardiovascular risk chart only vs. Usual	137	42	37	-5	9	NR
	cardiovascular drugs	-	care	208	47	33	-14	4	
	Prescribed 2 classes of cardiovascular		208	28	34	4	2	NR —	
	drugs Prescribed >=3 classes of	-		137	25	29	4	6	NR

Study, Year	Outcomes Measure cardiovascular drugs	Unit	Description of Intervention	n Final Control n Final Interventi on	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline 25	Control Outcome Measure at Final Intervention Outcome Measure at Final 35	Control Change Intervention Change	Change Difference Final Difference 6	- P-value
	Prescribed 0-1 class(es) of	% of patients	Clinical decision support with	208	47	33	-14		
	cardiovascular drugs		cardiovascular risk chart vs.	207	43	39	-4		
	Prescribed 2 classes of	-	Cardiovascular risk chart only	208	28	32	4		
	cardiovascular drugs			207	36	36	0		
	Prescribed >=3 classes of			208	25	35	10		
	cardiovascular drugs			207	21	25	4		
Parati, 2009 ⁷	Frequency of	Number of	Patients with	111		14			<0.05
2009	treatment changes	changes	teletransmitted home BP readings vs, usual care	187		9		-5	
Roumie,	Drug added	% of	Provider who	255		15.7			0
20068		patients	received e-mail message and alert vs. provider who received only the e- mail message.	362		15.4		-0.3	
	Both increased	% age of	Provider who	255		3.7			0
	dose and drug added	patients	received e-mail message and alert vs. provider who received only the e- mail message	362		4		0.3	
	Drug added	% of	Provider who	255		15.7			0

	Unit	Description of Intervention	Control n Final Interventi on	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
	patients	received e-mail message, alert, and patient education vs. provider who received only the e- mail message	358		17.5		1.8	
Both increased dose and drug added	% of patients	Provider who received e-mail message, alert, and patient education vs. provider who received only the e-mail message	255 358		3.7		-0.7	0
% error for similarity between telemedicine recorded systolic BP and recorded systolic BP	% error	BP measurements transmitted through an Internet-based telemedicine system vs. not through a telemedicine system	161		<1.0%		*Insufficient Data	0
% error for similarity between telemedicine recorded diastolic BP and recorded diastolic BP	% error	BP measurements transmitted through an Internet-based telemedicine system vs. not through a telemedicine system	160 161		<1.0%		Insufficient	0
of sktrsrs of sktrcrc	dose and drug added % error for similarity between elemedicine ecorded systolic BP and ecorded systolic BP % error for similarity between elemedicine ecorded diastolic BP and ecorded	Both increased dose and drug added We error for similarity between elemedicine ecorded systolic BP and ecorded systolic BP We error for similarity between elemedicine ecorded diastolic BP and ecorded diastolic BP	message, alert, and patient education vs. provider who received only the email message Both increased dose and drug added Both increased dose and drug and patients ducation received e-mail message, alert, and patient education vs. provider who received e-mail message, alert, and patient education vs. provider who received e-mail message and through an Internet-based telemedicine system vs. not through a telemedicine system vs. not thr	message, alert, and patient education vs. provider who received only the email message Both increased dose and drug added Both increased dose and drug patients Both increased dose and drug	message, alert, and patient education vs. provider who received only the e-mail message Both increased dose and drug added Bose and drug attents Bose and drug attents Bose and drug attents Bose and and patient education Bose and all and patient education Bose and	message, alert, and patient education vs. provider who received only the email message alert, and patients of patients added message alert, and patient education vs. provider who received only the email message, alert, and patient education vs. provider who received only the email message alert, and patient education vs. provider who received only the email message and internet-based telemedicine ecorded systolic BP and ecorded systolic BP and ecorded filastolic BP and ecorded filastolic BP and ecorded system vs. not through a telemedicine system vs. not thr	message, alert, and patient education vs. provider who received only the e-mail message dose and drug added solution of the education vs. provider who received e-mail message, alert, and patient education vs. provider who received only the e-mail message, alert, and patient education vs. provider who received only the e-mail message with transmitted through an Internet-based telemedicine everoded evistolic BP and ecorded evistolic BP we error for similarity between elemedicine everoded elemedicine system we error for similarity between elemedicine everoded diastolic BP and ecorded sisstolic BP and ecorded diastolic BP and ecorded sisstolic BP and ecorded sisson and ecorded sisstolic BP and ecorded sisson and	message, alert, and patient education vs. provider who received only the e-mail message alert, and patients and does and drug added % of patients patients and patients and patients and patient education vs. provider who received e-mail message, alert, and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received only the e-mail message and patient education vs. provider who received enail message and patient education vs. provider who received enail message and patient education vs. provider who received enail message and patients transmitted through an Internet-based telemedicine system vs. not through a telemedicine system vs. no

Evidence Table 7. Outcomes related to hypertension in studies addressing healthcare process outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Interventi	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-value
		patients	transmitted through an Internet-based telemedicine system vs. not through a telemedicine system	161		92		43	

P-value of "0" denotes p-value > 0.10

ACE: Angiotensin-converting enzyme, BP: Blood pressure, BMI: JNC: Joint National, Committee, HF: Heart failure, JNC7: The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure, KCCQ: Kansas City Cardiomyopathy *Questionnaire*, MOS: Medical Outcomes Study, SPPARO: System Providing Patients Access to Records Online

^{**}SNR: Significance not reported

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Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Adachi, 2007 ¹	Obesity	RCT	NS	Patient	Research site	20–65 yrs old, Female, BMI>=24 or BMI>=23 with mild hypertension, hyperlipidemia, or DM and reducing weight	BMI = 30 or more, History of major medical or psychiatric problems or orthopedic problems that prohibited exercise, Received a diet and/or exercise program within 6 months, Currently, previously, or planning to be pregnant within 6 months	-1
Benhamou, 2007 ²	Diabetes	RCT	(12)	Patient	Hospital	18 yrs or older, Type 1 DM, Treated with CSII with an external pump for a minimum duration of 3 months, Insufficient control as based upon HbA1c level between 7.5% and 10%	With threatening retinopathy, Ongoing or planned pregnancy, Unable to use the Gluconet hardware, Living out of reach of the cellular phone network, or unwilling to comply with a minimum of four self-measured blood glucose tests per day	-1
Berner, 2006 ³	Patient safety	RCT	(8)	Clinician	Outpatient clinic		1	1
Bosworth, 2009 ⁴	Hypertension	RCT	(24)	Clinician, Patient	Medical system (network of hospitals and/or clinics)	Patient must be followed by one of the 32 randomized providers, Diagnosis of HTN, HTN Rx filled in the last year	Chronic kidney disease	0

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Buhrman, 2004 ⁵	Chronic back pain	RCT	2001 (2)	Patient	Research site	18-65 yrs old, With access to the Internet, Had been in contact with a physician, Had back pain (i.e. lumbar, thoracic and/or cervical area), Had chronic pain (i.e., pain that lasted longer than 3 months)	Suffering from pain that could increase as a consequence of activity (e.g., spinal stenosis), Wheelchair-bound, Had planned any surgical treatment, Suffered from heart or vascular disease	2
Cadario, 2007 ⁶	Diabetes	RCT	2002 (23)	System	Outpatient clinic	Male, With TIDM on intensive insulin therapy with multiple daily injections, Hb1Ac% >7 and >2 yrs' duration of the disease		1
Chan, 2003 ⁷	Asthma	RCT	NS	Patient	Outpatient clinic, Internet	6–17 yrs old, With persistent asthma		0
Clark, 2007 ⁸	CHF	RCT	2004 (12)	Patient	Medical system (network of hospitals and/or clinics)	>18 yrs, Diagnosis of CHF, Telephone access	Current enrollment in a CHF disease management program, Planned cardiac surgery within 3 months, Hypertrophic Cardiomyopathy/re strictive pericarditis Dx, Eligible for heart transplant, Life expectancy <12 months	1
de Toledo, 2006 ⁹	COPD	RCT, questionnair e	2002 (12)	Patient	Hospital, Outpatient clinic	COPD patient (admitted to the hospital for an acute episode)		-2
East, 1999 ¹⁰	Mechanical ventilation management in ARDS	RCT	NS	Patient	Hospital, Medical system (network of hospitals and/or clinics)	Dx of ARDS	ARDS for > 21 days' duration, 2 Severe chronic systemic diseases	0

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Eccles, 2002 ¹¹	Asthma	RCT, A before-and- after pragmatic cluster	(24)	System, Patient	General practices	18 yrs or older, Registered patient with a participating practice, Had angina or asthma	Singlehanded practices	-2
Farmer, 2005 ¹²	Diabetes	RCT	(9 months)	Patient	Patient homes	18-30 yrs old, Diagnosis of type 1 DM, Twice daily, three times daily, or basal bolus insulin therapy, Suboptimal or poor glycemic control with a lower A1c limit of >=8.0% and an upper limit A1c limit of <=11.0%		-1
Feldman, 2005 ¹³	Heart Failure	RCT	(1.5)	Clinician	Home health care			-2
Feldstein, 2006 ¹⁴	Osteoporosis	RCT	1999	Clinician, Patient	Nonprofit, group- model HMO in the Pacific Northwest	50-89 yrs old, Female, HMO member for at least the 12 months before the start of the study, sustained a study- defined fracture (any clinical fracture except skull, facial, finger, toe, ankle, or any open fracture suggestive of high force)	Male, pharmacological treatment for osteoporosis, exclusionary medical condition (n5193), including malignancies (except non- melanoma skin cancers), chronic renal failure, dementia, organ transplant, or cirrhosis, in the 12 months before the start of the study, Without a primary care provider, In osteoporosis clinical trials, Nursing home residents, Without an address,	1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
							Research center employees, Received a BMD measurement	
Fretheim, 2006 ¹⁵	Diabetes	RCT	NS	Clinician, Patient	146 General practices in two geographical areas in Norway	Hypertension (BP > 140/90 mm Hg), Hypercholesterolemia (total cholesterol, >5 mmol/I [190 mg/ dl] or LDL cholesterol, <3 mmol/I [115 mg/dl]), No prescription for the corresponding medication had been recorded for 24 months preceding the outreach visit, Patients started on medication for hypercholesterolemia during the study period, All patients already on treatment that consulted their physician during the trial	Patients with established cardiovascular disease were excluded, with the exception of the outcomes related to treatment goals for lipid-lowering therapy, Thyrotoxicosis and migraine, Prescription for nitroglycerin, Established cardiovascular disease	2
Gaertner, 2004 ¹⁶	Cancer and non-cancer chronic pain	RCT	NS	Patient	NS			1
Glasgow, 2000 ¹⁷	Diabetes	RCT	(6)	Patient	Outpatient clinic	More than 40 yrs old, Meeting the Wellborn criteria 28 for type 2 DM on the basis of age at diagnosis, BMI, and when insulin was begun Living independently, Having a telephone, Not planning to move out of the area		-1
Glasgow, 2005 ¹⁸	Diabetes	RCT	(12)	Clinician, Patient	Outpatient clinic	25 yrs or older, Able to read English, Had type 2		1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						DM confirmed using the Welborn criteria, Under care of primary care physician participating in the Diabetes Priority Program		
Glasgow, 2006 ¹⁹	Diabetes	RCT		Patient	Outpatient clinic	25 yrs or older, Diagnosed with type 2 DM for at least 6 months, Able to read and write English		1
Glassman, 2007 ²⁰	Medication safety	RCT	2001 (7)	Clinician	Medical system (network of hospitals and/or clinics)	One or more possible prescribing errors	Possible prescribing errors ("conflicts") were excluded as follows: (1) a medication was not listed as "active" (an active prescription referring to a prescription entered in CPRS, with or without refills, that had not expired or been discontinued), and/or (2) based on a limited number of predetermined rules for exclusion (e.g., an HMG coreductase inhibitor ("statin")-peptic disorder interaction or an insulin-aspirin interaction)	3
Gomez,	Diabetes	Pilot cross-	(a 6-month	Patient	Hospital	Inadequate metabolic		-2

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2002 ²¹		over	cross-over)			control and duration of over 5 yrs		
Grant, 2008 ²²	Diabetes	RCT	NS	System, Patient, Practice- level	Hospital, Community	Had DM, HbA1c >7% in prior year, Actively medicated for a DM-specific condition, 1 visit with PCP in past 12 months, Active account with practices' patient portal		1
Green, 2008 ²³	Hypertension	RCT	2005 (18)	Patient	Medical system (network of hospitals and/or clinics), large, nonprofit, integrated group practice (Group Health)	25-75 yrs old, With controlled HTN, Taking anti-HTN meds, Ability to use a computer, Regular access to the Web, An email address, Willingness to attend screening visits, Obtained all antihypertensive medications at Group Health–owned pharmacies	No diagnoses of diabetes, cardiovascular or renal disease, or other serious conditions	1
Hansson, 2008 ²⁴	Mental health	RCT	2002 (36)	Patient	Medical system (network of hospitals and/or clinics)	18-65 yrs old, Community dweller, Receiving psychiatric care at a community facility, Able to give consent, Dx of schizophrenia or related psychosis	Current substance abuse, Organic psychiatric illness	0
Harno, 2006 ²⁵	Diabetes	RCT	2001 (12-24)	System, Clinician, Patient	Hospital, Outpatient clinic	Patient with type 1 or type 2 DM	Technical reasons, Other diseases or lifestyle problems, Refused or reason unknown	1
Hetlevik, 2000 ²⁶	Diabetes	RCT	1994 (18)	Clinician	Outpatient clinic	In practice of selected Norwegian physicians	Died, Moved, Had checkup by specialist	1
Hicks,	Hypertension	RCT	July 1, 2003	System,	8 Community-	Patients with HTN		2

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2008 ²⁷			(18 months)	Clinician	based and 6 hospital-based primary care practices			
Homko, 2007 ²⁸	Diabetes	RCT, Other: Control group, pre- test/post- test, design	January 2003 (43)	Patient	Outpatient clinic, endocrinology outpatient department of a tertiary care hospital	Able to access the Internet in the home, Able to perform blood glucose self-testing, Had own cellular phone	Clinical history of a severe illness, Renal insufficiency with a creatinine level >1.5mg/dl, Using insulin pump	0
Hunter, 2008 ²⁹	Obesity	RCT	2003	Patient	USAF personnel	Between 18 and 65 yrs old, USAF personnel, weight within 5 pounds or above their maximum allowable weight for the USAF, Availability of a personal computer with Internet access, Plans to remain in the local area for 1 year, At Lackland or Randolph Air Force Base or Brooks City Base	Lost more than 10 pounds in the previous 3 months, Used prescription or over-the-counter weightloss medications in the previous 6 months, Had any physical activity restrictions, Had a history of myocardial infarction, stroke, or cancer in the last 5 years, Reported diabetes, angina, or thyroid difficulties, or had orthopedic or joint problems that would prohibit exercise, Women were excluded if they were currently pregnant or breast-feeding, or had plans to become pregnant in the next year	1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Jan, 2007 ³⁰	Asthma	RCT	2004 (12)	Patient	Outpatient clinic, pediatric allergy and asthma clinic at National Cheng Kung University Medical Center	6-12 yrs old, Had access to the Internet via their caregiver, Diagnosed as having persistent asthma following the GINA clinical practice guidelines	Diagnosis of bronchopulmonary dysplasia, Other chronic comorbid condition that could affect quality of life	-1
Jerant, 2001 ³¹	Congestive heart failure	RCT	1999 (12)	System, Patient	NS	40 yrs or older, Active telephone line in the home, English-speaking, Had a primary care provider (PCP), Potential subject (or a designated caretaker) needed to have vision and hearing adequate to use a telephone or telecare equipment	Had a Charlson score of 6 or greater (equivalent to metastatic cancer, full-blown acquired immunodeficiency syndrome, or several chronic diseases with endogen manifestations), Scored 7 or higher on the GDS, 20 or lower on the MMSE, or more than 2 standard deviations below age- and education-adjusted mean SDMT scores	-1
Jerant, 2003 ³²	Alcohol abuse	RCT	1999 (12)	Patient	Home	40 yrs or older, Black, White or Hispanic, Male or female, Had an active telephone line in their home, English-speaking, Had a family physician or primary care physician in the UCD health system, Adequate vision and hearing	Charlson co- morbidity score of 6 or greater, 15- item Geriatric Depression Scale score of 7 or greater, Mini- Mental State Exam score of 20 or lower, Symbol	-1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria Digits Modalities Test greater than 2 SDs below age-	Jadad Score
							/education- adjusted mean score	
Jones, 1999 ³³	Cancer (other)	RCT	1996	System, Patient	Oncology center	Patient with breast, cervical, prostate, or laryngeal cancer	Receiving palliative treatment, No knowledge of their diagnosis, Visual or mental handicap, Severe pain or symptoms	1
Kattan, 2006 ³⁴	Asthma	RCT	1998 (23)	Patient	Outpatient clinic	5-11 yrs old, Moderate- to-severe asthma, Receiving health care in hospital- or community- based clinic and/or private practice, Living in one of 7 inner-city urban areas, Resident of census tracts in which history of positive allergy skin test to >=1 of 11 indoor allergens	Any other serious chronic illness	2
Kenwright, 2005 ³⁵	Mental health (other)obsessiv e-compulsive disorder	RCT	(17 weeks)	Patient	Patient homes			2
Kerr, 2008 ³⁶	Mental health (depression)	RCT	(12)	Patient	Outpatient clinic	18-55 yrs old, Female, BMI = 25-39		-1
Krishna, 2003 ³⁷	Asthma	RCT	NS	Patient	Outpatient clinic, Pediatric Pulmonary and Allergy Clinic of the University of Missouri- Columbia Health Care	Less than 18 yrs old, Confirmed diagnosis of asthma	Diagnosis of cystic fibrosis, bronchopulmonary dysplasia, or other chronic lung disease	3

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Kucher, 2005 ³⁸	At risk for deep- vein thrombosis	RCT	2000 (29)	System, Clinician	Hospital	At risk for deep-vein thrombosis		2
Laffel, 2007 ³⁹	Diabetes	RCT, Continued observation	2008 (16.5)	Patient	Outpatient clinic, Home	Adult and pediatric (<21 yrs old), Receiving a regimen of two or more daily injections or continuous subcutaneous insulin infusion, Suboptimal (A1c 8%) but stable glycemic control, Defined as A1c at week 4 within 1% of that at enrollment (week 0)	Previous use of One Touch Ultra Smart, Risk of hypoglycemia as a contraindication to improving glycemic control, A regimen of premixed, fixed- ratio combination insulin with an unwillingness to use self-mixed insulin, Active use of meter downloading and computer-based data management software	3
Lester, 2004 ⁴⁰	Hyperlipidemia	RCT	(24)	Clinician, Patient	Outpatient clinic			0
Liaw, 1998 ⁴¹	Alcohol abuse	RCT	(18)	Patient	Outpatient clinic	One or more chronic health problems		1
Lorig, 2006 ⁴²	Chronic condition/health problem	RCT	(18)	Patient	Online/ research site	18 yrs or older, Physician's diagnosis of heart disease, chronic lung disease or type 2 DM, Access to computer, Internet, and e-mail, Agreed to 1-2 hours per week of logon time spread over at least 3 sessions/wk for 6 weeks, Able to complete online questionnaire	Active treatment of cancer for 1 year, Participated previously in the small-group Chronic Disease Self-Management Program	0
Lowensteyn, 1998 ⁴³	Coronary health assessment (primary	RCT	(3)	Clinician, Patient	Outpatient clinic	30-74 yrs old, No diagnosis of CVD, Physicians were invited		0

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	prevention of CHD)					to select patients from their practice to participate in the study. They were told to enroll patients for whom they thought a risk profile would be clinically useful		
Madsen, 2008 ⁴⁴	Hypertension	RCT	(6)	Patient	Hospital	20-80 yrs old, Male or female, Newly diagnosed or treated but not controlled hypertension with elevated office BP (> 150/95 mm Hg or systolic BP>150 mm Hg and diastolic BP<90 mm Hg)	24-h ambulatory BP monitoring (ABPM) <=125/80 mmHg, Atrial fibrillation (ECG at randomization) and lack of mental or physical capacity to perform HBPM	1
McCowan, 2001 ⁴⁵	Asthma	RCT	NS	Clinician, Patient	Outpatient clinic			-2
McDonald, 2005 ⁴⁶	Cancer, Pain management	RCT	(1.5)	Clinician	Non-profit home care organization	18 yrs or older, Primary diagnosis of cancer (ICD9-CM140-239), Self-reported frequency of daily or constant pain at admission	Not cognitively able to give informed consent, Non- English/Spanish speaking	1
McGregor, 2006 ⁴⁷	Infection antibiotic management and prophylaxis	RCT	2004 (3)	Clinician, Patient	Hospital	Admitted to wards managed by the antimicrobial management team	Admitted to shock trauma, cancer, or pediatric ward	-3
McKinley, 2001 ⁴⁸	Patients with trauma as the primary risk factor for ARDS	RCT		System, Clinician, Patient	Hospital	(1) PaO ₂ /FIO ₂ <200, (2) Total static thoracic compliance <50 ml/cm H ₂ O measured at current vt and PEEP during a 1.5-second inspiratory pause, (3) No clinical evidence of heart failure or fluid overload, or pulmonary artery occlusion pressure < 18	Preexisting ARDS with duration >21 days, Irreversible central nervous system damage, Severe chronic obstructive pulmonary disease, Rapidly fatal malignancy, Chronic left	0

Evidence Table 8. Study characteristics of studies addressing clinical outcomes (continued)

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						mm Hg for patients with a pulmonary artery catheter, (4) Acute onset of respiratory failure (i.e., hypoxia, low compliance, need for ventilatory support developing within 48 hrs accompanied by an ARDS risk factor), (5) Radiographic evidence of bilateral diffuse infiltrates	ventricular failure, Chronic renal failure (i.e., creatinine >2 mg/dL or chronic dialysis), Chronic liver failure (i.e., bilirubin >2 mg/dL, biopsy-proven cirrhosis and documented portal hypertension, episodes of past upper gastrointestinal bleeding attributed to portal hypertension, prior episodes of hepatic failure, encephalopathy, coma).	
Mitchell, 2004 ⁴⁹	Hypertension	RCT	2001 (24)	Clinician	Outpatient clinic			0
Montgomery, 2007 ⁵⁰	Pregnant women with a previous Caesarian section	RCT	May 2004 (20)	Patient	Medical system (network of hospitals and/or clinics)	Pregnant woman with one previous lower segment Caesarean section, No current obstetric problems, Delivery expected at 37 weeks or more	Limited ability to speak or understand English, Most recent delivery was not a Caesarean section	-1
Montori, 2004 ⁵¹	Diabetes	RCT	NS	System, Clinician, Patient	NS	Receiving usual diabetes care in a diabetes clinic, Patient with type 1 DM of >1 yrs' duration, Inadequate glycemic control (HbA1c ≥7.8%), Glucometer data transmission and feedback by health	Mixed patient population (i.e., type 1 and type 2 DM), Pregnant or planning pregnancy, Glucometer transmission (i.e., video link and	2

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						professional	telephone consultation) unavailable	
Morgan, 2005 ⁵²	Cardiac diagnosis effect of videoconferenci ng service	RCT	(6 weeks)	Patient	Patient homes	Child, A severe and actually life-threatening cardiac diagnosis, Required significant support once discharged		-1
Napolitano, 2003 ⁵³	Obesity	RCT	(3)		Medical system (network of hospitals and/or clinics), Employees, not necessarily patients	Physical Activity Readiness Questionnaire negative, Overweight, Smokers	Physical Activity Readiness Questionnaire (PAR-Q) if signs of cardiac or other health problem and physician forbid participation, Too active, Participating in (another) Internet weight loss study, Medical problems that could make compliance difficult or dangerous (e.g., CAD, CVA, alcoholism/substa nce abuse), Hospitalization for psychiatric disorder in last 3 years or currently suicidal or psychotic, Orthopedic problems limiting exercise participation, Current or planned pregnancy	1
Nguyen,	COPD	RCT	(6 mo	Patient	Pilot study: one	Diagnosis of COPD and	Any active	2

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2008 ⁵⁴			intended but study stopped)		group in face-to- face self- management program; the other in online program	clinically stable for at least 1 month, Spirometry results showing at least mild obstructive disease, defined as post-bronchodilator forced expiratory volume in 1s to forced vital capacity ratio of 80	symptomatic illness (i.e., cancer, heart failure, ischemic heart disease with known coronary artery or valvular heart disease, psychiatric illness, or neuromuscular disease), Participated in a pulmonary rehabilitation program in the last 12 months, Was currently participating in > 2 days of supervised maintenance exercise	
Noel, 2004 ⁵⁵	Heart failure, chronic lung disease, DM	RCT	(> 6)	Patient	Home	Elderly veterans in VA program with CHF, COPD and/or DM, Documented high use of healthcare resources and barriers to accessing healthcare services due to geographic, economic, physical, linguistic, technologic, and/or cultural factors		0
Ojima, 2003 ⁵⁶	Periodontal disease management	RCT, Usability: Developmen t of Web- based intervention system	NS	System	Work place	Workers		-1
Parati,	Hypertension	RCT	NS	Clinician,	Private practice	18-75 yrs old, Diagnosis	Diagnosis of	-1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2009 ⁵⁷				Patient		of uncontrolled essential HTN	secondary HTN, Major systemic disease, Atrial fibrillation, Frequent cardiac arrhythmia, Severe atrioventricular block, Obesity (BMI >30 kg/m²) or an arm circumference of more than 32 cm or both, Technical problems due to incompatible phone lines at home	
Phillips, 2001 ⁵⁸	Spinal cord injury	RCT	1997 (36)	Patient	Home or Day hospital	18 to 60 yrs old, Newly acquired spinal cord injury, Had a telephone, Discharged to the community or to a day hospital (considered community but not home)	Known active substance abuse, Level of mobility impairment was mild (e.g., gaiting), Concomitant diagnosis of a brain injury	
Piette, 2000 ⁵⁹	Diabetes	RCT	NS	Patient	Outpatient clinic, Home	More than 75 yrs old, Diabetes, On oral hypoglycemic drug	Psychotic, Life expectancy < 12 months, Non- English/Spanish- speaking, Diabetic without medication, Leaving the clinic, No pushbutton telephone	3
Poller, 2008 ⁶⁰	Arial fibrillation	RCT	2002 (55)	Clinician	Medical system (network of hospitals and/or clinics)	New patients initiating oral anticoagulation, Patients were classified as: (i) AF, (ii) deep vein thrombosis and/or	Patients with no INR results reported	0

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						pulmonary embolism, (iii) mechanical heart valves, or (4) other indications		
Poller, 2008 ⁶¹	Thrombotic or bleeding events	RCT	(66)	Clinician, Patient	Outpatient clinic, multicenter trial	New patients initiating oral anticoagulation in whom the incidence of such events was higher, Atrial fibrillation, Deep vein thrombosis, Pulmonary embolism, Mechanical heart valves, Other indications		-1
Priebe, 2007 ⁶²	Mental health, schizophrenia and psychotic disorders	RCT	2002 (29)	Clinician, Patient	Community mental healthcare	18-65 yrs old; Eligibility criteria for participating clinicians were a professional qualification in mental health or a minimum of 1 year's professional experience in an outpatient setting, and an active case-load as keywork		1
Proudfoot, 2004 ⁶³	Mental health (depression) depression and anxiety	RCT	(10)	Patient	Outpatient clinic	18–75 yrs old, suffering from depression, mixed anxiety and depression, or anxiety disorder (including phobias or panic), Not currently receiving any form of psychological treatment or counseling, Scored 4 or more on the 12-items	Had active suicidal ideas, current or lifetime diagnosis of psychosis or organic mental disorder, or alcohol and/or drug dependence, Taking medication for anxiety and/or depression continuously for 6 months or more immediately before study start	2
Quinn, 2008 ⁶⁴	Diabetes	RCT	(3)	Clinician, Patient	Outpatient clinic, cell phone	18–70 yrs old, Diagnosis of type 2 DM for at least		1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						6 months, A1c >= 7.5% and been on a stable diabetes therapeutic regimen for 3 months prior to study enrollment		
Raebel, 2007 ⁶⁵	Medication safety for pregnant women	RCT	2003 (12)	Clinician, Pharmacy	Medical system (network of hospitals and/or clinics)	18-50 yrs old, Female HMO member with diagnosis, visit, or laboratory codes potentially indicative of pregnancy		3
Ralston, 2009 ⁶⁶	Diabetes	RCT	2002 (12)	Patient	Medical system (network of hospitals and/or clinics)	18-75 yrs old, GHB (in last 12 months) >/+7%, 2 visits to GIMC within last year	Participated in pilot study of intervention, Major psychiatric illness, Non-English- speaking, Resident as PCP, Followed primarily in a specialty clinic	1
Rothert, 2006 ⁶⁷	Obesity	RCT	2002 (6)	Patient	Outpatient clinic, Home	More than 18 yrs old, Patient of Kaiser Permanente, Web access, e-mail address, BMI 27-40 kg/m, Willing to complete follow-up questionnaires	Surgical management of obesity, Pregnant, Considering pregnancy	1
Ruland, 2003 ⁶⁸	Cancer (other)	RCT, Usability: Cluster randomizatio n at level of clinician	(2)	Clinician, Patient	Outpatient clinic	More than 21 yrs old, Able to read, write, and speak English, No cognitive impairment, Able to provide informed consent, Did not feel too fatigued, Participation approved by patients' physicians	New patient coming for first consultation	-1
Schnipper, 2009 ⁶⁹	Potential adverse drug events	RCT	May1, 2006 (2)	System, Patient	Hospital	Study pharmacists (generally 1 pharmacist per weekday per hospital) had time to	Lack of time of the study pharmacist to obtain a medication history	1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						obtain a medication history prior to discharge	before discharge	
Shiffman, 2000 ⁷⁰	Asthma	RCT, Before-after trial with randomly selected physicians who served as their own controls	1996 (24)	Clinician, Patient	Outpatient clinic	Actively practicing primary care pediatrics within a 20-mile radius of New Haven, Connecticut, Anticipated seeing 20 patients older than 5 yrs of age with acute asthma exacerbations within the following year, Had equipment available in office for measurement of PEFR and for providing supplemental oxygen if needed	Not in active practice (retired, administration, part-time), Moved away, Did not anticipate seeing 20 patients, Did not have appropriate equipment, Partner in office already in study, Declined as a group practice decision	-2
Smith, 2008 ⁷¹	Diabetes	RCT	2003 (18)	Clinician	Medical system (network of hospitals and/or clinics)	Primary care physicians working in 6 clinics, 120 internists and family medicine practitioners, and their panel of diabetes patients (N=5468)		1
Soopramani en, 2005 ⁷²	Spinal cord injuries	RCT	2004	System	Patient's own Home	Adult with acute spinal cord injury between C4 and L2 whose discharge was imminent, Nonventilated and wheelchair user who had return of function in the legs		-1
Subramania n, 2004 ⁷³	CHF	RCT	NS	Clinician, Patient	Outpatient clinic	Both an active diagnosis of heart failure and evidence of left ventricular systolic dysfunction on echocardiogram, cardiac scan, or cardiac catheterization	Not expected by their physician to survive 1 year, Psychosis, Cognitive impairment, Hearing loss, No telephone access	-2

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Tamblyn, 2003 ⁷⁴	Evaluate the use of both medical services and drugs before and after the implementation of CDS	RCT, Usability: Cluster randomized	1997 (13)	Clinician, Patient	Medical system (network of hospitals and/or clinics)	66 yrs of age or older, Male or female, Had been seen on 2 or more occasions, Living in the community, General practitioners practicing in Montreal	Patient younger than 66 yrs, Working < 20 h/wk, Salaried practice, Planning to retire or move within, Refused to participate, Consented too late	0
Tate, 2001 ⁷⁵	Obesity	RCT	1999 (9 months)	Patient	Hospital employees	18 to 60 yrs old, Hospital employee, BMI of 25 to 36 kg/m, Agreed to not seek additional weight loss treatment for 1 year, Physician consent if scored 1 or more items on PAR-Q	Health issues: history of myocardial infarction, stroke, or cancer in the last 5 yrs, diabetes, angina, or orthopedic or joint problems that would prohibit exercise, Major psychiatric disease, Current, planned, or previous pregnancy within 6 months	1
Tate, 2006 ⁷⁶	Obesity	RCT	NS	Patient	Research site	20 to 65 yrs old, BMI= 27 to 40, Willingness to use meal replacements as part of the dietary regimen, Availability of a computer with Internet access	History of heart attack, stroke, or cancer in the past 5 yrs, Diabetes, angina, or orthopedic or joint problems that would prohibit exercise, Major psychiatric disorder involving hospitalization during the past year	0

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Taylor, 2006 ⁷⁷	Sleep apnea	RCT	NS	Clinician	Medical system (network of hospitals and/or clinics)	Diagnosed with OSAS and prescribed CPAP as therapy	Currently or previously treated with nasal CPAP or other therapies such as an oral appliance or surgery for OSAS	1
Taylor, 2008 ⁷⁸	Asthma	RCT	2006	System, Clinician	Hospital, Medical system (network of hospitals and/or clinics)			-1
Thomas, 2004 ⁷⁹	Mental health (other): Common mental disorders	RCT	(6)	Patient	Outpatient clinic	16 yrs or older, Completed the GHQ-124 and scored 3 or more	Previous diagnosis of psychotic illness, Mental handicap or cognitive impairment, Language or literacy difficulties, Severe or terminal physical illness	0
Thomas, 2007 ⁸⁰	Diabetes	RCT	2003	System	Resident Continuity clinic during	Categorical IM residents with community-based continuity clinic	Residents anticipating early residency completion	2
Tierney, 2003 ⁸¹	Heart failure	RCT	1994 (28)	Patient	Outpatient clinic	Patients with heart failure with objective evidence of left ventricular dysfunction on an echocardiogram (either the cardiologist impression of left ventricular systolic dysfunction or a fractional shortening of less than 25%)		0
Tierney, 2005 ⁸²	Asthma, COPD	RCT	1994 (12)	Clinician	Research hospital network	18 yrs or older, Had either previously visited the study practices, a diagnosis of asthma or		-1

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						COPD had been recorded during any inpatient visit, emphysema recorded as a reading on any prior chest radiograph, or two or more prescriptions for inhaled âlpha-agonists, corticosteroids, ipratropium		
Trief, 2006 ⁸³	Diabetes	RCT, Qualitative	(12)	Patient	Outpatient clinic, Home	Diabetes, Married or cohabitating	Refused, Too sick, Changed mind	2
Verheijden, 2004 ⁸⁴	Nutrition counseling and social support for patients at increased cardiovascular risk in general practice	RCT	2002 (8)	Patient	Outpatient clinic	40 yrs and older, Hypertension or type 2 DM or Dyslipidemia, Used the Internet		2
Weber, 2008 ⁸⁵	Polypharmacy and falls in ambulatory rural elderly	RCT	The EPIC care database was queried in October; 2002; intervention dates were in January or February, 2003; for the comparison group, the baseline data were defined as January 30, 2003 (15 months)	System, Clinician, Patient	Outpatient clinic, Medical system (network of hospitals and/or clinics)	70 yrs or older, 4 or more active prescription medications, 1 or more psychoactive medications prescribed within the past year, Had Geisinger Health Plan Medicare Choice coverage		-1
Williamson,	Obesity	RCT	NS	Patient	Outpatient clinic	11-15 yrs old, African		1

Evidence Table 8. Study characteristics of studies addressing clinical outcomes (continued)

Author, year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2006 ⁸⁶						American, Female, BMI above the 85th percentile for age and gender based on 1999 National Health and Nutrition Examination Study normative data, At least one obese biological parent,		
Womble, 2004 ⁸⁷	Obesity	RCT	2001 (19)	Patient	Online/ research site	18–65 yrs old, Female, BMI of 27–40 kg/m, Free of physical conditions including type 1 or 2DM, hypertension, kidney problems, Daily access to the Internet	Use of medications known to affect body weight, Pregnancy or lactation, Use of anorectic agents in the previous 6 months, Bulimia nervosa, Major depression, or other psychiatric illness that significantly disrupted daily fun	1
Yoon, 2008	Diabetes	RCT	2003 (44)	Patient	Hospital	Male or female, Home Internet access, Able to perform blood glucose self-testing, Had own cellular phone	Clinical history of a severe illness, Renal insufficiency with a creatinine level>1.5mg/dl, Using insulin pump	1

ARDS: Acute respiratory distress syndrome, BMD: Bone mineral density, BMI: Basal body mass index, CAD: Coronary artery disease, CHF: Congestive heart disease, CM140-239: Cancer diagnosis code, COPD: Chronic obstructive pulmonary disease, CPRS: Computerized patient record system, CSII: Continuous subcutaneous insulin infusion, CVA: Cerebrovascular accident, DM: Diabetes mellitus, DV: Deep vein, Dx: Diagnosis, GHb: Glycated hemoglobin, GHQ: General Health Questionnaires, GIMC: General internal medicine clinic, HbA1c: Hemoglobin A1C, HMG: HMG CoA reductase inhibitor ("statin"), HTN: Hypertension, ICD9: International Classification of Disease-9, INR: International normalized ratio, kg/m²: Unit of BMI, PCP: Primary care provider, PEFR: Peak expiratory flow rate, RCT: Randomized controlled trial, TIDM: Type 1 diabetes mellitus, USAF: The US Air Force, OSAS: Obstructive sleep apnea syndrome.

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Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Adachi, 2007 ¹	Control	Mean: 46.3, SD: 8.6	54 (100)	NS	NS	NS	Height (cm) 157.6, SD: 5.9; Body weight (kg) 65.1, SD: 6.4; BMI (kg/m²) 26.1, SD: 1.6; Daily habits –10 eating measures, 6 activity measures
	KM group: Full KT program with 6-month weight and targeted behavior's self- monitoring	Mean: 46.6, SD: 10.1	46 (100)	NS	NS	NS	Height (cm) 157.5, SD: 6.1; Body weight (kg) 65.3, SD: 6.4; BMI (kg/m²) 26.2, SD: 1.4; Daily habits –10 eating measures, 6 activity measures
	Group K: Full KT program only	Mean: 45.3, SD: 10.4	47 (100)	NS	NS	NS	Height (cm) 157.0, SD: 5.5; Body weight (kg) 64.8, SD: 6.5; BMI (kg/m²) 26.2, SD: 1.5; Daily habits – 10 eating measures, 6 activity measures
	Group BM: an untailored self-help booklet with 7-month self-monitoring of weight and walking	Mean: 46.6, SD: 9	58 (100)	NS	NS	NS	Height (cm) 155.7, SD: 5.2; Body weight (kg) 63.4, SD: 5.5; BMI (kg/m²) 26.1, SD: 1.5; Daily habits – 10 eating measures, 6 activity measures
Benhamou, 2007 ²	Control	NS	NS	NS	NS	NS	
2007	Weekly medical support of glucose monitoring using SMS messaging	NS	NS	NS	NS	NS	
Berner, 2006 ³	Control	Mean: 28.57	8 (29)	White: (75), Other 1: (25	NS	Postgraduate yr – 1: 4 (14), 2: 13 (47), 3: 11 (39)	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Decision support rules on a handheld computer	Mean: 27.35	8 (26)	White: (77), Other 1: (23)	NS	Postgraduate yr: 1: 14 (45), 2: 9 (29), 3: 8 (26)	
Bosworth, 2009 ⁴	Control	Mean: 64, SD 12	(1)	White: (58), Black: (38), Other 1: NS (2)	Employed: (34), inadequate income: (20)	High school or less: (51)	Married (73); Taking BP meds for >5yrs (57); No exercise (42); Current smoker (24); Diabetic (41); Baseline BP control (34); SBP, mean 142, SD: 19; DBP, mean 76, SD: 12
	Provider decision support intervention	Mean: 63, SD 11	(3)	White: (58), Black: (39), Other 1: NS: (2)	Employed: (32), Inadequate income: (21)	High school or less: (52)	Married: (66); Taking BP meds for >5 yrs (56); No exercise (41), Current smoker (21); Diabetic (39); Baseline BP control (46); SBP, mean 138, SD: 17; DBP: mean: 76, SD: 10
	Patient behavioral intervention	Mean: 65, SD 11	(1)	White: (57), Black: (38), Other 1: NS: (5)	Employed: (26), Inadequate income: (22)	High school or less: (50)	Married: (72); Taking BP meds for >5yrs (58); No exercise (49); Current smoker (30); Diabetic (31); Baseline BP control (45); SBP, mean 139, SD: 17; DBP, mean: 74, SD: 12
	Combined	Mean: 62, SD 11	(3)	White: (55), Black: (43), Other 1: NS (2)	Employed: (23), Inadequate income: (23)	High school or less: (51)	Married (62); Taking BP meds for >5yrs (55); No exercise (44); Current smoker (26); Diabetic (38); Baseline BP control (36); SBP, mean 140, SD: 18; DBP: mean: 78, SD: 11

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Buhrman, 2004 ⁵	Control	Mean: 45, Range: 10.7	18 (62.1)	NS	NS	9-year compulsory school: 7 (24.1), Upper secondary school: 6 (21), University education: <2 yrs: 2 (6.9), University education >2 yrs: 14 (48.3)	
	Internet-based cognitive behavioral self-help treatment .	Mean: 43.5, Range: 10.3	14 (63.6)	NS	NS	9-yr compulsory school: 2 (9.1), Upper secondary school: 6 (27), University education <2 yrs: 3 (13.6), University education >2 yrs: 11 (50)	
Cadario, 2007 ⁶	Control	Median: 14.7, Range: 10-19.8	NS	NS	NS	NS S	Diabetes duration (yrs): 9.2, Range: 3- 14
	Telecare (glucometer transmission with feedback)	Median: 14.8, Range: 10.5-20	NS	NS	NS	NS	Diabetes duration (yrs) 9.1, Range: 2-15
Clark, 2007	Control	NS	NS	NS	NS	NS	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Nurse- coordinated telephone- monitoring CHF management	Mean: 74.7, SD: 9.3	28(35)	NS	NS	NS	Living status – Lives alone 21 (26.0), Spouse partner 52 (65.8), Supportive relative 6 (7.6); Weight (kg) 83.24, SD: 23; NYHA – Class II 33 (41.8), Class III 32 (40.5), Class IV 14 (17.7); Capital city/metropolitan 25 (31.6); Rural and remote 54 (68.4)
Chan, 2003 ⁸	Control	Mean: 8.7, SD: 2.5	(20)	NS	NS	NS	
	Virtual group: Internet-based education	Mean: 6.6, SD:0.5	(80)	NS	NS	NS	
de Toledo, 2006 ⁹	Control	Mean: 72, SD: 8	3 (3.2)	NS	NS	NS	Forced expiratory volume per second (FEV) 42, SD: 15%
	Home telemedicine with electronic chronic patient record (ECPR)	Mean: 71, SD: 8	2 (2.3)	NS	NS	NS	Forced expiratory volume per second (FEV) 42, SD: 20%
East, 1999 ¹⁰	Control	NS	NS	NS	NS	NS	
	Computerized decision support	NS	NS	NS	Ns	NS	
Eccles, 2002 ¹¹	Control	NS	NS	NS	NS	NS	
	Computerized guidelines for the management of asthma	NS	NS	NS	NS	NS	
Farmer, 2005 ¹²	Control	Mean: 23.2, SD: 4.2, Range: 18-30	19 (41.3)	NS	NS	NS	N 46; Duration of disease 11.6 yr

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Feldstein, 2006 ¹³	Control	Range: 50-89	101(100)	NS	<=\$20,000: 20 (19.8), >\$20,000: 21 (20.8), Unknown: 60 (59.4)	Unknown: 46 (45.5), <=High school: 32 (31.7), >=Some college: 23 (22.8)	Fracture type - Hip 9 (8.9), Vertebra 9 (8.9), Wrist 15 (14.9), Other 68 (67.3); Current smoker - No 92 (91.1), Yes 9 (8.9); Weight 3 12 (11.9); Adequate calcium intake - No 32 (31.7), Yes 16 (15.8), Unknown 53 (52.5); Regular activity - No 40 (39.6), Yes 14 (13.9, Unknown 47 (46.5)
	EMR reminder to primary care physician	Range: 50-89	101(100)	NS	<=\$20,000: 27 (26.7), >\$20,000: 13 (12.9), Unknown: 61 (60.4)	Unknown: 45 (44.6), <=High school: 31 (30.7), >=Some college: 25 (24.8)	Fracture type – Hip 12 (11.9), Vertebra 10 (9.9), Wrist 17 (16.8), Other 62 (61.4); Current smoker – No 90 (89.1), Yes 11 (10.9); Weight: 3 18 (17.8); Adequate calcium intake – No 36 (35.6), Yes 14 (13.9), Unknown 51 (50.5); Regular activity – No 44 (43.6), Yes 13 (12.9), Unknown 44 (43.6)

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	EMR reminder to primary care physician plus mailed patient reminder letter	Range: 50-89	109(100)	NS	<=\$20,000: 28 (25.7), >\$20,000: 17 (15.6), Unknown: 64 (58.7)	Unknown: 42 (38.5), <=High school: 39 (35.8), >=Some college: 28 (25.7)	Fracture type – Hip16 (14.7), Vertebra 2 (1.8), Wrist 17 (15.6), Other 74 (67.9); Current smoker – No 100 (91.7), Yes 9 (8.3,); Weight: 3 12 (11.0); Adequate calcium intake – No 40 (36.7), Yes 17 (15.6), Unknown 52 (47.7); Regular activity – No 52 (47.7), Yes 13 (11.9), Unknown 44 (40.4)
Feldman, 2005 ¹⁴	Control	Mean: 71.2, SD: 12.2	(76.7)	White: (23.4), Black: (41.9), Latino: (30.0), Other 1: (4.9)	<\$10,000: (51.5)	<12 yrs: (54.2)	N 227
	Basic: e-mail reminder	Mean: 72.4, SD: 12.1	(64.8)	White: (23.6), Black: (42.7), Latino: (31.2), Other 1: (2.5)	<\$10,000: (43.7)	<12 yrs: (56.8)	N 199
	Augmented: e- mail reminder and a laminated card	Mean: 71.8, SD: 12.0	(65.4)	White: (28.2), Black: (35.6), Latino: (33.2, Other 1: (3.0)	<\$10,000: (40.1	<12 yrs: (54.0)	N 202
Fretheim, 2006 ¹⁵	Control	Mean: 60.5	51.7	NS	NS	NS	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Educational outreach visit udit and feedback at outreach visit, computerized reminders, risk assessment tools (software and charts), patient information material	Mean: 61.2	54.2	NS	NS	NS	
Gaertner, 2004 ¹⁶	Control	NS	NS	NS	NS	NS	
2004.3	Electronic palm- top pain diary	NS	NS	NS	NS	NS	
	Paper-based pain diary	NS	NS	NS	NS	NS	
Glasgow, 2000 ¹⁷	Control	Mean: 60.6 (9.5)	(66.3)	White: (90)	NS	Some college or more: (46.3)	Retired (45.0), Live alone (51.2)
	Basic and community resource condition	Mean: 60.5 (8.6)	(47.4)	White: (90.9)	NS	Some college or more: (59.7)	Retired (28.6), Live alone (58.4)
	Basic and telephone follow-up condition	Mean: 59.0 (9.6)	(57)	White: (88.6)	NS	Some college or more: (63.0)	Retired (31.6), Live alone (44.3)
	Combined Condition	Mean: 57.4 (9.4)	(56.3)	White: (91.4)	NS	Some college or more: (58.0)	
Glasgow, 2005 ¹⁸	Control	Mean: 64, SD: 1.3	(50.0)	White: (77.9), Black: (2.7), Latino: (14.1) Other 1: (5.4)	<\$10,000: (10.0), \$10,000-29,999: (33.9), \$30,000-49,999: (23.9), \$50,000: (32.1)	Range, yrs: <12: (14.4), 12 (High school): (25.4), College (1-3 yrs): (32.8), College/graduate school: (27.4)	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Diabetes Priority Program	Mean: 62, SD: 1.4	(52.3)	White: (83.5), Black: 1.7, Latino: (11.3), Other 1: (3.4)	<\$10,000: (12.3), \$10,000-29,999: (26.4), \$30,000-49,999: (28.0), \$50,000: (33.3)	Range, yrs: <12: (13.0), 12 (High school): (27.1), College (1-3 yrs): (32.0), College/graduate school: (27.9)	
Grant, 2008 ¹⁹	Control	Mean: 53.3, SD 12.3	(56)	Other 1: Non- white: (16)	Neighborhood average income: \$52,529	NS	Insurance status – Private (77), Medicare (17), Medicaid or free care (7); HbA1c, mean 7.4, SD: 1.6, At goal (55); LDL-C, mean (mg/dl) 86.7, SD: 31, At goal (68); BP, mean (mmHg) 126/76, SD: 13/9, At goal (47); PCP visits in previous 12 months, mean 2.7, SD: 3.1
	Patient submits electronic "Diabetes Care Plan" to physician	Mean: 58.8, SD 10.1	(43)	Other1: non- white: (7)	Neighborhood average income: \$54,950	NS	Insurance status – Private (67), Medicare (33), Medicaid or free care (0); HbA1c, mean 7.3, SD: 1.5, At goal (51); LDL-C, mean (mg/dl) 81.4, SD: 27, At goal (73); BP mean (mmHg) 127/74, SD: 14/9, At goal (51); PCP visits in previous 12 months, mean 2.6, SD: 2.1

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Green, 2008 ²⁰	Control	Mean: 58.6, SD 8.5	141 (54.7)	White: 214 (82.9), Black: 22 (8.5), Asian: 8 (3.1), Other 1: NS: 14 (5.4)	NS	<=12 yrs or GED: 22 (8.5), Some post-high school: 117 (45.3), 4-yr College degree: 48 (18.6), Graduate school: 71 (27.5)	Employed – Full-time 158 (61.2), Retired 75 (29.1), Part-time 16 (16.2), Other 9 (3.5); Anti-HTN medication class: None 13 (5),One 127 (49.2), Two 89 (34.5), Three or more 29 (11.2); Current smoker 20 (8.1); BMI – Normal 16 (6.5), Overweight 72 (29.4), Obese 157 (64.1); Have home BP monitor 137 (53.1); BP – Systolic, mean 151.3, SD: 10.6; Diastolic, mean 89, SD: 4.8
Glasgow, 2006 ²¹	Control	Mean: 61.0, SD: 11.0	80(50.0)	White: 128(79.6), Latino: 29(18.3)	<\$30,000: 40(24.9), \$30,000-49,999: 57(35.6), \$50,0000- 69,999: 30(18.8), \$70,000 or more: 33(20.8)	8-12 yrs: 44 (27.6), 12-16 yrs: 97 (60.3), >16 yr: 20 (12.2)	Co-morbidities (range=0-10) 3.1 (2.1); BMI (kg) 31.9 (7.2); Taking insulin (19.2); Married (63.5); Smokers (11.9)
	TSM: social cognitive theory-based tailored self-management	Mean: 62.0, SD: 11.7	90 (50.3)	White: 129 (74) Latino: 30 (17)	<\$30,000: 52 (29.9) \$30,000-49,999: 49 (28) \$50,000-69,999: 35 (20.1), \$70,000 or more: 38(21.9)	8-12yrs: 54 (30.8), 12-16yrs: 89 (51.1), >16yrs: 31 (18.0)	Co-morbidities (range=0-10) 2.9 (1.9); BMI (kg) 31.3 (7.0) Taking insulin (24.2); Married (67.6); Smokers (8.1)
Gomez, 2002 ²²	Control	NS	NS	NS	NS	NS	
	Diabetes telemonitoring	NS	NS	NS	NS	NS	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	system						
Hansson, 2008 ²³	Control	Mean: 41.8	(35.2)	NS	NS	NS	Unemployed (36.9)
	Computer- mediated procedure (DIALOG) to augment provider-patient communication (community psychiatry)	Mean: 42.5	(32.5)	NS	NS	NS	Unemployed (35.2)
Harno, 2006 ²⁴	Control	NS	NS	NS	NS	NS	BMI 27.8, SE: 0.60; Systolic BP: 136, SE: 1.8; Diastolic BP 84, SE: 1.1; Hb1Ac 8.21, SE: (0.18)
	E-health application with a DMS (Diabetes Management System) and a home care link	NS	NS	NS	NS	NS	BMI 28.5, SE: 0.60; Systolic BP 134, SE: 1.8; Diastolic BP 81, SE: 1.0; Hb1Ac 7.82, SE: 0.13
Hetlevik, 2000 ²⁵	Control	Mean: 68.1	(55)	NS	NS	NS	N 408
	Computer-based clinical decision support system (CDSS)	Mean: 66.3	(53)	NS	NS	NS	N 368
Hicks, 2008 ²⁶	Control	Mean: 58,1, SD 10.8	52 (45.9)	NS	NS	NS	BMI, mean 26.9, SD: 3.6; Treated HTN patient 85 (76.6); Clinic SBP, mean 148.7, SD: 11.7; Clinic DBP, mean 88.8, SD: 8.6; Daytime SBP, mean 140.3, SD: 10.5; Daytime DBP, mean: 84.3, SD: 8.2

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	BP management based on HBPM combined with teletransmission to doctor of home self- measured BP values	Mean: 57.2, SD 10.7	85 (45.5)	NS	NS	NS	BMI, mean 26.9, SD: 4.1; Treated HTN patient 148 (79.1); Clinic SBP, mean 148.4, SD: 12.6; Clinic DBP, mean 88.7, SD: 7.4; Daytime SBP, mean 139, SD: 11.0; Daytime DBP, mean 83.9, SD: 8.0
Homko, 2007 ²⁷	Control	Mean: 47.5, SD: 9.1	15 (57.7)	NS	NS	NS	BMI, mean (kg/m²) 23.4; Duration of diabetes, mean (yrs) 8.0
	Web-based glucose monitoring	Mean: 46.8, SD: 8.8	14 (56)	NS	NS	NS	BMI, mean (kg/m²) 24.5; Duration of diabetes, mean (yrs) 5.2
Hunter, 2008 ²⁸	Control	Mean: 34.4, SD: 7.2	(50.5)	White: (53.2)	NS	% High school or some college: (61.7)	Married or partnered (73.0); Enlisted (75.2); Yrs in service 13.0, SD: 6.6; Plan to retire from Air Force – Yes 81.4
	Behavioral Internet treatment (BIT)	Mean: 33.5, SD: 7.4	(50.0)	White: (58)	NS	% High school or some college: (63.9)	Married or partnered (73.0); Enlisted (81.7); Yrs in service 12.4, SD: 6.6; Plan to retire from Air Force – Yes 78.9

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Jan, 2007 ²⁹ (Control	Mean: 9.9, SD: 3.2	48 (63.2)	NS	NS	Primary caregiver high school or below: 43 (56.6), Primary caregiver college or above: 33 (43.4)	History of asthma (yrs) 2.1, SD: 1.2; Asthma severity (persistent) – Mild 33 (43.4), Moderate 35 (46.1), Severe 8(10.5); Uses of quick relief medication per month 2.1, SD: 0.3; Emergency Department visits per year 2.8, SD: 1.2; Passive smoking in household 18 (23.7)
	Blue Angel for Asthma Kids, an Internet-based interactive asthma educational and monitoring program	Mean: 10.9, SD: 2.5	53 (60.3)	NS	NS	Primary caregiver high school or below: 58 (66.0), Primary caregiver college or above: 30 (34.0)	History of asthma (yrs) 2.4, SD: 1.9; Asthma severity (persistent) – Mild 33 (47.5), Moderate 43 (48.9), Severe 12(13.6); Uses of quick relief medication per month 2.4, SD: 0.9; Emergency Department visits per year 3.1, SD: 1.3; Passive smoking in household 21(23.9)
Jerant, 2001 ³⁰	Control	Mean: 72.7, SD: 11.4	50	White: 58, Black: 33, Latino: 1	NS	NS	
	Home telecare	Mean: 66.6, SD: 10.9	54	White: 31, Black: 62, Latino: 1	NS	NS	
	Telephone telecare	Mean: 71.3, SD: 14.1	58	White: 58,Black: 42 Latino: 0	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Jerant, 2003 ³¹	Control	Mean: 72.7	6(50)	White: 7(58), Black: 4(33), Latino: 1(8)	NS	NS	Primary health insurer - Blue Cross 2 (17), Commercial capitated 5 (50), MediCal capitated 1 (8), MediCal fee-for- service 4 (33), Medicare 0 (0); Distance from hospital, mean (miles) 12.3, SD: 8.4; CHF duration, mean (months) 30.4, SD: 30; +5 other CHF- related measures
	Patients assigned to video-based telecare group received scheduled home telecare visits using the telecare equipment as well as video and electronic stethoscope	Mean: 66.6	7(54)	White: 4(31), Black: 8(62), Latino: 1(8)	NS	NS	Primary health insurer – Blue Cross 1 (8), Commercial capitated 3 (23), MediCal capitated 2 (15), MediCal fee-for- service: 6 (46), Medicare: 1(8); Distance from hospital, mean (miles) 9.6, SD: 7.0; CHF Duration, mean (months) 11.0, SD: 16.5; + 5 other CHF- related measures

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Patients assigned to telephone care received scheduled phone calls from the study nurse	Mean: 71.3	7(58)	White: 7(58), Black: 5(42), Latino: 0(0)	NS	NS	Primary health insurer – Blue Cross 1 (8), Commercial capitated 7 (58), MediCal capitated 0 (0), MediCal fee-for- service 3 (25), Medicare 1 (8); Distance from hospital, mean (miles)12.4, SD: 16.8; CHF duration, mean (months) 54.8, SD: 71.2; + 5 other CHF-related measures
Jones, 1999 ³²	Control	NS	NS	NS	NS	NS	
	Personal computer information	NS	NS	NS	NS	NS	
	General computer information	NS	NS	NS	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Kattan, 2006 ³³	Control	Mean: 7.6	37.1	White: (6.4), Black: (38.8), Latino: (39.9), Asian: (1.3), American: (3.9), Other 1: Mixed/other (9.7)	Household income <\$15,000: 291(62.5)	Caretaker completed high school: 327(70.2)	>= Household member has a job (74.6); Type of insurance coverage – Medicaid (35.0), Managed care (25.5), Private (6.0), None (17.0), Could not determine (3.0); Baseline symptoms per week, mean – Maximum symptom days: 5.9, Days limited in activities for more than half day 2.1, School days missed 1.1; Baseline use (annualized mean) – ED visits 3.0, Unscheduled clinic visits 5.5, Hospitalizations 0.8

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Timely patient feedback combined with guideline-based recommendation s for changes in therapy	Mean: 7.7	186 (39.5)	White: (7.4), Black: (40.3), Latino: (40.3), Asian: (1.1), American: (2.3), Other 1: Mixed/other (8.5)	Household income <\$15,000: 291(58.1)	Caretaker completed high school: 324(68.7)	>= Household member has a job (77.2); Type of insurance coverage – Medicaid (28.7), Managed care (25.3), Private (7.2), None (21.4), Could not determine (3.2); Baseline symptoms per week, mean – Maximum symptom days 6.1, Days limited in activities for more than half day 2.0, School days missed 0.9; Baseline use (annualized mean) – ED visits 3.0, Unscheduled clinic visits 5.6, Hospitalizations 1.1
Kenwright,	Control	NS	NS	NS	NS	NS	N 22
2005 ³⁴	9 Scheduled clinician-initiated calls to augment (BT steps) for OCD	NS	NS	NS	NS	NS	
Kerr, 2008 ³⁵	Control	Mean: 41.6, Range: 8.9	196 (100)	NS	NS	8-12 yrs: 81 (41.3)	
	Internet-based behavioral intervention for overweight women	Mean: 40.8, Range: 8.4	205 (100)	NS	Ns	8-12 yrs: 105 (51.2)	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Krishna, 2003 ³⁶	Control	NS	45 (37)	White: 102 (84.3), Black: 9 (7.4), American: 7, Other 1: Other/unknow n: 3	NS	<8 yrs: 115 (95), 8-12 yrs: 6 (5)	
	Interactive Multimedia Program for Asthma Control and Tracking (IMPACT)	NS	35 (32.7)	White: 93 (87), Black: 10 (9.3), American: 2, Other1: Other/unknow n: 2	NS	<8 yrs: 102 (95.3), 8-12 yrs: 5 (4.7)	
Kucher, 2005 ³⁷	Control	Mean: 62, Range: 18-97	52	NS	NS	NS	
	Alert that the patient was at risk for deepvein thrombosis	Mean: 63, Range: 18-99	54	NS	NS	NS	
Laffel, 2007 ³⁸	Control	Mean: 35.0	50 (54.3)	NS	NS	NS	Type 1 73 (79.4); Type 2 19 (20.6); Duration of diabetes (yrs) 14.0 SD: 10.0; Frequency of SMBG3.8, SD: 1.2; A1c (%) 9.13, SD: 0.91
	Integrated meter with electronic logbook for glycemic control	Mean: 35.7	65 (55.6)	NS	NS	NS	Type 1 90 (79.6); Type 2 23 (20.4); Duration of diabetes (yrs) 13.3, SD: 10.3; Frequency of SMBG 3.9, SD: 1.4; A1c (%) 9.06, SD: 1.29
Lester, 2004 ³⁹	Control	Mean: 62.7, SD: 13.6	49	Other 1: Non- white: (18)	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Clinical decision support system for hyperlipidemia management by e-mail	Mean: 64.8, SD: 13.6	51	Other 1: Non- white: (17)	NS	NS	
Lorig, 2006 ⁴⁰	Control	Mean: 57.6, SD: 11.3	305 (71.6)	White: 377 (88.7)	NS	Mean yrs: 15.8 (3.16)	Married (63.6); Web use – Health-related Web site visits in last 6 months 9.54 (16.8); Diseases – Diabetes (63.9), Hypertension (46.7), Lung disease (44.1), Heart disease (25.4), Arthritis (24.9); Self-efficacy (1-10 scale) 6.01, SD: 2.17); Health care utilization – Physician visits in past 6 months 5.09 (5.78), Emergency visits in past 6 months 0.354 (0.950), Days in hospital in past 6 months 0.98 (5.53)

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	The Internet Chronic Disease Self- Management Program	Mean: 57.4, SD:10.5	252 (71.2)	White: 309 (87.3)	Ns	Mean yrs: 15.4(3.00)	Married (68.0); Web use – Health-related Web site visits in last 6 months 10.2 (16.6); Diseases –Diabetes (61.6), Hypertension (45.8), Lung disease (47.3), Heart disease (22.3), Arthritis (24.9); Self-efficacy(1-10 scale): 6.05, SD: 2.22; Health care utilization – Physician visits in past 6 months 4.94 (4.69), Emergency visits in past 6 months 0.308 (0.778), Days in hospital in past 6 months 1.09 (4.14)
Liaw, 1998 ⁴¹	Control	Range: 5-24: (5), 25-64: (27), 65-74: (18), >75: (50)	20 (68)	NS	NS	NS	
	Computer- generated patient handheld record	Range: 5-24: (10), 25-64: (28), 65-74: (17), >75: (45)	15 (69)	NS	Ns	NS	
	Posttest only	5-24: (0), 25-64 : (43), 65-74: (14), >75: (43)	8 (60)	NS	NS	NS	
Lowensteyn, 1998 ⁴²	Control	Mean: 50.7, SD: 11.3	(35.2)	NS	NS	NS	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	The profile group of physicians received computergenerated coronary risk profiles	Mean: 50.5, SD: 10.8	(35.2)	NS	NS	NS	
Madsen,	Control	Mean: 56.7	59 (48)	NS	NS	NS	
2008 ⁴³	Telemonitoring of home BP using PDA with mobile phone	Mean: 55	58 (51.3)	NS	NS	NS	
McCowan, 2001 ⁴⁴	Control	Mean: 37.4, SD: 22.6	53	NS	NS	NS	
	Computer decision support software	Mean: 32.6, SD: 24.2	51	NS	NS	NS	
McDonald, 2005 ⁴⁵	Control	Mean: 62.9, SD: 13.3	(64.5)	White: (29.9), Black: (30.8), Latino: (33.3), Other 1: (6.0)	NS	NS	N 234
	Basic intervention: e-mail reminders-one patient-specific message was sent to nurse about patient	Mean: 63.2, SD: 13.0	(68.6)	White: (34.7), Black: (26.5), Latino: (34.3), Other 1: (4.6)	NS	NS	N 242
	Augmented basic intervention: e-mail reminders with provider prompts, patient education material, and clinical nurse specialist outreach	Mean: 63.4, SD: 12.4	(65.5)	White: (32.0), Black: (31.5), Latino: (31.0), other1: (5.6)	NS	NS	N 197

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
McKinley, 2001 ⁴⁶	Control	Mean: 38, SD: 2	29	NS	NS	NS	Injury Severity Score [ISS] 25 6, blunt (2.76)
	"Protocol- assigned patients had ventilator support directed by the bedside respiratory therapist using the computerized protocol	Mean: 40, SD: 3	27	NS	NS	NS	Injury Severity Score [ISS] 26 6, blunt (3.73)
Mitchell, 2004 ⁴⁷	Control	Range: 65-79	Initial: (54.7), Final: (54.4	NS	NS	NS	GPs 3, Range: 1-11; List size 4538, Range, 744-17647; Deprivation level – Low 4 (21), Medium 8 (42), High 7 (37)
	Audit only practices	Range: 65-79	Initial: (59.4), Final: (58.0)	NS	NS	NS	GPs 4, Range, 1-6; List size 5173, Range, 916-11033; Deprivation level – Low 4 (25), Medium 8 (50), High 4 (25)
	Audit plus strategic practices	Range: 65-79	Initial: (55.3), Final: (54.4)	NS	NS	NS	GPs 3, Range, 1-6; List size 5034, Range, 1851-8963; Deprivation level – Low 4 (23), Medium 11 (65), High 2 (12)
Montgomery, 2007 ⁴⁸	Control	Mean: 32.4, Range: 4.6	247 (100)	NS	<t20: (18),<="" 42="" td="">£20-30: 53 (23),£30-40: 51 (22),>£40: 89 (38),<t20: (19)<="" 44="" td=""></t20:></t20:>	Degree: 92 (38), GCSE/NVQ1-3: 99 (40) A level/HND: 42(17)	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Information program with descriptions and probabilities re vaginal or Caesarean birth	Mean: 32.8, Range: 4.7	250 (100)	NS	£20-30: 57 (24), £30-40: 46 (19), >£40: 89 (38)	Degree: 97 (39), A level/ HND:47 (19), GCSE/NVQ1-3: 92 (37)	
	Decision analysis in which mode of delivery recommended based on concealed decision tree	Mean: 32.5, Range: 4.8	245 (100)	NS	<Ł20: 48 (20),	Degree: 103 (42), A level/ HND:36 (15), GCSE/NVQ1-3: 97 (40)	
Montori, 2004 ⁴⁹	Control	Mean: 44, Range: 32.3– 46.8	11 (68.8)	NS	NS	NS	
	Telecare (glucometer transmission with feedback)	Mean: 41.8, Range: 24.4– 52.7	10 (66.7)	NS	NS	NS	
Morgan, 2005 ⁵⁰	Control	NS	NS	NS	NS	NS	N 9
2005**	Receipt of regular telephone calls with the same protocol as those in the videoconferencin g group			NS	NS	NS	N 13
	Home videoconferencin g with telephone contact	NS	NS	NS	NS	NS	N 14
Napolitano,	Control	NS	NS	NS	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
2003 ⁵¹	Internet physical activity intervention based on social cognitive theory and targeted toward the stages of motivational readiness	NS	NS	NS	NS	NS	Married White , 41(63) Earning ~\$50,000, 59(9 1) Skill using the Internet, 36 (55) Confidence using the Internet, 59 (92.2) Skill using e-mail, 61 (95.3) Confidence using e-mail, 63 (98.4) Body mass index (M/SD), 26.6/4.29 Completed college or postgraduate work, 51 (78) Stage distribution, 20(3 1) Contemplation, 45 (69) Preparation Minutes of activity (MISD), 75.4/69.3 Moderate activity, 73.81 Walking fl, 136.6
	Intensive feedback real- time relemedicine support: a blood glucose monitor (One Touch Ultra) and a general packet radio system mobile phone (Motorola T720i)	Mean: 24.5, SD: 4.2, Range: 18-30	19 (40.4)	NS	NS	NS	N 47; Duration of disease 13.3 years

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Noel, 2004{#4787	Control	Mean: 70, Range: 54-90	0 (0)	NS	NS	NS	CHF, COPD, DM combinations – CHF 28 (27), COPD 18 (17), DM 33 (32), CHF+COPD 10 (10), CHF+DM 11 (11), COPD+DM 7(7), CHF+COPD+DM 5 (5)
	Home telehealth plus nurse case management	Mean: 72, Range: 54-90	3 (3)	NS	NS	NS	CHF, COPD, DM combinations – CHF 31(30), COPD 17 (16), DM 25 (24), CHF+COPD 12 (12), CHF+DM 14 (14), COPD+DM 6 (6), CHF+COPD+DM 6 (6)
Nguyen, 2008 ⁵²	fDSMP	Mean: 70.9, SD: 8.6	9 (45)	White: 20 (100)	NS	12-16 yrs: 8 (40), ,>16 yrs: 12 (60)	Not currently employed, or currently disabled or retired 15 (75); Living situation with spouse or other 13 (65); Currently smoking 1 (5); Distance to clinical site (km) 13.1, SD: 15.7; BMI (kg/m²) 27.7, SD: 6.4
	eDSMP	Mean: 68.0, SD: 8.3	8 (39)	White: 18 (95)	NS	12-16 yrs: 10 (50), 16 yrs: 9 (50)	Not currently employed, or currently disabled or retired 13 (72); Living situation with spouse or other 12 (63); Currently smoking 2 (11); Distance to clinical site (km) 20.4, SD: 18; BMI (kg/m²) 29.4, SD: 5.9,
Ojima, 2003 ⁵³	Control	NS	NS	NS	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Web-based personally tailored toothbrushing instruction	NS	NS	NS	NS	NS	
Phillips, 2001 ⁵⁴	Control	Mean: 33, SD: 11.2	7 (18)	Black: 6 (16)	NS	NS	Married 23 (59); FIM score 82, SD: 34.3; Mean months in study: 12, SD: 8.9
	Video	Mean: 35, SD: 10.8	9 (25)	Black: 6 (17)	NS	NS	Married: 19 (53); FIM score 91, SD: 27.5; Months in study, mean 15, SD: 10.0
	Phone	Mean: 37, SD=13.1	10 (28)	Black: 6 (17)	NS	NS	Married 20 (55); FIM score 91, SD: 26.5; Months in study, mean 14, SD: 68.8
Piette, 2000 ⁵⁵	Control	Mean: 53.3	(56.5)	White: (29), Other 2: Hispanic: (51.6), Other 3: Other: (19.4)	< \$10,000 (56.3)		
	Biweekly ATDM calls with telephone followup by a diabetes nurse educator	Mean: 55.7	(61.3)	Other 1: White (29), Other 2 – Hispanic: (47.6) Other3: Other: (23.4)	< \$10,000 (59.1)	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Poller, 2008 ⁵⁶	Control	Mean: 66.9	2953	NS	NS	NS	Total patients 6447; New patients and patients already established on oral anticoagulation – New 4960, Established 1487; Clinical indication – AF 2967, DVT/PE 1560, Mechanical heart valves 831, Other indications 1089; Target INR range – 2- 3 or lower 5560, 2.5- 3.5 or higher 878, NS: 9
	Computer- assisted dosage	Mean: 66.9	2940	NS	NSA	NS	Total patients 6605; New patients and patients already established on oral anticoagulation – New 4966, Established1639; Clinical indication – AF 2972, DVT/PE 1649, Mechanical heart valves 870, Other indications 1114; Target INR range – 2-3 or lower 5671, 2.5-3.5 or higher 930, NS: 4
Poller, 2008 ⁵⁷	Control	Mean: 67.3, SD: 13.9	81,016	NS	NS	NS	N 5131; Clinical indication – AF 2339, DVT/PE 1220, Mechanical heart valves 731, Other 841

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Parma 5 program (a computerized program for oral anticoagulation dosage)	Mean: 67.0, SD: 14.0	73,233	NS	NS	NS	N 5290; Clinical indication – AF 2346, DVT/PE 1322, Mechanical heart valves 759, Other 863
Priebe, 2007 ⁵⁸	Control	Mean: 41.8	83 (35.2)	NS	NS	NS	Undifferentiated schizophrenia 89 (37.7), Paranoid schizophrenia 63 (26.7), Catatonic schizophrenia 4 (1.7), Hebephrenic schizophrenia 10 (4.2), Schizoaffectivemanic 7 (3.0), Schizoaffective depression (moderate) 9 (3.8), Schizoaffective depression (severe) 2 (0.8), Schizoaffective bipolar disorder 9 (3.8), Delusional disorder 2 (0.8), Other non-organic psychotic disorders 41 (17.4)

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	DIALOG, a computer-mediated procedure to discuss 11 domains	Mean: 42.5	88 (32.5)	NS	NS	NS	Undifferentiated schizophrenia 91 (33.6), Paranoid schizophrenia 89 (32.8), Catatonic schizophrenia 1 (0.4), Hebephrenic schizophrenia 7 (2.6), Schizoaffectivemanic 19 (7.0), Schizoaffective depression (moderate) 9 (3.3), Schizoaffective depression (severe) 3 (1.1), Schizoaffective bipolar disorder 15 (5.5), Delusional disorder 1 (0.4), Other non-organic psychotic disorders 36 (13.3)
Proudfoot, 2004 ⁵⁹	Control	Mean: 43.4, Range: 13.7	96 (75)	White: 120 Black: 5 (5)	NS	<5 yrs: 1 (1), 5-10 yrs: 16(11) 11-12 yrs: 34(24), 13-15 yrs: 31(22) >15 yrs: 58	
	Beating the Blues	Mean: 43.4, Range: 13.7	96	White: 120 (90), Black: 5 (5)	NS	<5 yrs: 1 (1), 5-10 yrs: 16(13) 11-12 yrs: 28(23), 13-15 yrs: 30(25) >15 yrs: 46 (38)	

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Quinn, 2008 ⁶⁰	Control	Range: 20–54 (6), 55–64 (7)	8	White: 7, Black: 6	NS	NS	Yrs with diabetes, mean 11; BMI, mean (kg/m²) 34.58; Comorbid conditions – Hypertension 8, Hyperlipidemia 6, Coronary artery disease 0, Microvascular complications 4; Medication treatment regimen – Oral hypoglycemic alone 7, Insulin alone 4, Insulin and oral hypoglycemic 0, Injectible non-insulins 1; Physician specialty – Primary care 8, Endocrinology 5
	Cell phone- based diabetes management software system used with Web- based data analytics and therapy optimization tools	Range: 20–54 (8), 55–64 (5)	9	White: 3, Black: 10	NS	NS	Yrs with diabetes, mean 7.61; BMI, mean (kg/m²) 34.07, Comorbid conditions – Hypertension 8, Hyperlipidemia 8, Coronary artery disease 1, Microvascular complication 4; Medication treatment regimen – Oral hypoglycemic alone 3, Insulin alone 4, Insulin and oral hypoglycemic 6, Injectible non-insulins 6; Physician specialty – Primary care 12, Endocrinology 1

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Ralston, 2009 ⁶¹	Control	Mean: 57.6	(51.2)	White: (73)	NS	NS	Insulin use (39); GHb (7.9); SBP 133; DBP 76; Total cholesterol 192.7; Outpatient visits 10.3; Primary care 3.3; Specialist care 7; Inpatient days 0.7
	Web-based collaborative care	Mean: 57	(47.6)	White: (89.7)	NS	NS	Insulin use (38.1); GHb (8.2); SBP 133.3; DBP 76.3; Total cholesterol 188.8; Outpatient visits 9.6; Primary care 4.3; Specialist care 5.3; Inpatient days 0.3
Rothert, 2006{#11006	Internet-based tailored expert system for weight management	Mean: 45.6, SD: 12.1	(82.9) of 1475	White: (56.8), Black: (35.4), Latino: (3.4), Other 1: (4.4)	NS	NS	BMI (kg/m²) 33.0 (3.8); Motivation (0- 10 scale) 7.2 (2.0); Self-efficacy (1–5 scale) 2.5 (0.8); Weight (kg) 92.2 (14.4)
	Information only condition	Mean: 45.2, SD: 12.0	(82.7) of 1387	White: (56.3), Black: (35.8), Latino: (3.1), Other 1: (4.8)	NS	NS	BMI (kg/m²) 31.0 (3.9); Motivation (0- 10 scale) 7.3 (2.1); Self-efficacy (1–5 scale) 2.5 (0.8); Weight (kg) 92.5 (14.3)
Ruland, 2003 ⁶²	Control	NS	NS	NS	NS	NS	Patients 25; MDs 5

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	After collecting the demographic data, assessment summaries were printed and given to the patient and clinician in the subsequent consultation	NS	NS	NS	NS	NS	Patients 27; MDs 9
Shiffman, 2000 ⁶³	Control	Mean: 43, Range: 31-53	3 (33)	NS	Ns	NS	Interval since completion of residency, mean (yrs) 11.6, Range: 2-19; Percentage of effort in practice setting – Urban, inner-city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self- assessed computer experience – Nonuser 2, Novice 4, Intermediate 3
	Computer- generated recommendation s for acute asthma exacerbations	Mean: 43, Range: 31-53	3 (33)	NS	NS	NS	Interval since completion of residency, mean (yrs) 11.6, Range 2-19; Percentage of effort in practice setting — Urban, inner-city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self- assessed computer experience — Nonuser 2, Novice 4, Intermediate 3

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Schnipper, 2009 ⁶⁴	Control	NS	92 (57)	NS	Median income by zip code – \$<-39,000: 31 (19), \$39,001-47,000: 43 (27), \$47,001-63,000: 36 (23), >\$63,000: 50 (31)	NS	Age >= 85 yrs 17 (11); Preadmission source – Emergency department 96 (60), Transfer from other service 15 (9), Transfer from outside institution 23 (14), Scheduled from home11 (7), Day procedure 14 (9)
	Computerized medication reconciliation tool and process redesign		84 (52)	NS	Median income by zip code: <- \$39,000: 37 (23), \$39,001-47,000: 40 (25), \$47,001-63,000: 48 (29), >\$63,000: 37 (23)	NS	Age >= 85 yrs 17 (10); Preadmission source – Emergency department 106 (65), Transfer from other service 17 (10), Transfer from outside institution 16 (10), Scheduled from home 9 (6), Day procedure 14 (9)
Soopramanien	Control	NS	NS	NS	NS	NS	(0)
, 2005 ⁶⁵	Individual weekly videoconference sessions with an expert in spinal injury to supplement usual posthospitalizati on support	NS	NS	NS	NS	NS	
Smith, 2008 ⁶⁶	Control	NS	13 (29)	NS	NS	NS	Specialty – Internal medicine 25 (56), Family medicine 32 (71); Yrs in practice 15, Range: 1-34

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Diabetes Electronic Management System (DEMS)virtual consultation	NS	19 (39)	NS	NS	NS	Specialty – Internal medicine 25 (51), Family medicine 24 (49); Yrs in practice 13, Range: 3-42
	BP monitoring and patient Web services training	Mean: 59.5, SD 8.3	119 (45.9)	White: 223 (86.1), Black: 18 (6.9), Asian: 9 (3.5), Other1: NS: 9 (3.5)	NS	<=12 yrs or GED: 19 (7.3), Some post-high school: 110 (42.5), 4-yr College degree: 72 (27.8), Graduate school: 58 (22.4)	Employed – Full-time 130 (50.2), Retired: 103 (39.8), Part-time 21 (8.1), Other 5 (1.9); Anti-HTN medication class – None 5 (1.9), One 120 (46.3), Two 86 (33.2), Three or more 48 (18.5); Current smoker 14 (5.5); BMI – Normal 14 (5.6), Overweight 84 (33.3), Obese 154 (61.1); Have home BP monitor 160 (61.8); BP – Systolic, mean 152.2, SD: 10, Diastolic, mean 89, SD: 7.9

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	BP monitoring and patient Web services training + pharmacist care	Mean: 59.3, SD 8.6	146 (55.6)	White: 207 (79.3), Black: 21 (8), Asian: 12 (4.6), Oother 1: NS: 21 (8)	NS	<= 12 yrs or GED: 21(8.0), Some post-high school: 97(37.2), 4-yr College degree: 75(28.7), Graduate school: 58 (26.1)	Employed: Full-time 147 (56.3), Retired 92 (35.2), Part-time 14 (5.4), Other 8 (3.1); Anti-HTN medication class – None 10 (3.8), One 119 (45.6), Two 86 (33.2), Three or more 46 (17.6); Current smoker 18 (6.9); BMI – Normal 24 (9.5), Overweight 81 (32.1), Obese 147 (58.3); Have home BP monitor 140 (53.6); BP – Systolic, mean 152.2, SD: 10, Diastolic, mean 88.9, SD: 8.1
Subramanian, 2004 ⁶⁷	Control	Mean: 69, SD: 9	(3)	White: 327 (85)	NS	NS	
	Computer-based care suggestions generated with electronic medical record data and symptom data from patient questionnaire	Mean: 69, SD: 9	(2)	White: 304 (84)	NS	NS	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Tamblyn, 2003 ⁶⁸	Control	Mean: 75.3	4028 (64.2)	NS	NS	NS	Total physician visits 21.2 (20.5); Visits to primary care physician 8.3 (5.5 % of visits to primary care physician 51.4 (25.5); Total prescriptions 53.3 (40.7); Prescriptions from primary care physician 32.4 (31.8); Prescribing physicians 3.3 (2.2); Pharmacies 1.8 (1.2); Prevalence of potentially inappropriate prescribing in the 2-month period before the study – Items 14, MDs 53; MD characteristics

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Computerized decision-making support group	Mean: 75.4	3845 (61.2)	NS	NS	NS	Total physician visits 20.7 (19.5); Visits to primary care physician 7.7 (5.3); % of visits to primary care physician: 49.5 (26.4); Total prescriptions 51.0 (43.1), Prescriptions from primary care physician 30.3 (32.4); Prescribing physicians: 3.3 (2.3), No. of pharmacies 3.3 (2.3); Prevalence of potentially inappropriate prescribing in the 2-month period before the study – Items 14, MDs 54
Tate, 2001 ⁶⁹	Internet education	Mean: 40.6, SD=9.7	40 (89)	White: 35 (77.8)	NS	8-12 yrs: 3 (7), 12- 16 yrs: 31 (69), >16 yrs: 11 (24)	Married 29 (64.5), Separated/divorced 6 (13.3), Never married 10 (22.2); Weight, mean (kg) 78.8, SD: 11.6; BMI, mean (kg/m) 28.9, SD: 3.1; waist circumference, mean (cm) 98.4, SD: 10.2; Web or e-mail experience, mMean (months) 60.8, SD: 43.7

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Internet behavior therapy	Mean: 41.1, SD=11.6	41(89)	White: 41(89)	NS	8-12 yrs: 5 (11), 12-16 yrs: 27 (59), >16 yrs: 14 (30)	Married 36 (78.3), Separated/divorced 2 (4.3), Never married 8(17.4); Weight, mean (kg) 77.4, SD: 9.4; BMI, mean (kg/m) 29.1, SD: 3.0; Waist circumference, mean (cm) 98.5, SD: 9.4; Web or e-mail experience, mean (months) 60.9, SD: 47.4
Tate, 2006 ⁷⁰	Website and NC: No counseling Internet group	Mean: 49.9, Range: 8.3	55 (82)	Other 1: Minority ethnicity: 6 (9)	NS	College graduate: (49)	Married 49 (73); Weight (kg) 88.3 (13.9); BMI 32.3 (3.7); Waist circumference (cm) 106.4 (11.3); Internet experience – Yes 4.7 (2.9); Weekly Internet use (hrs) 4.5 (4.9)
	Computer- automated e- mail feedback (AF) tailored computer automated feedback	Mean: 49.7, Range: 11.4	53 (87)	Other 1: Minority ethnicity: 6 (10)	NS	College graduate: (59)	Married: 46 (75); Weight (kg) 89.0 (13.2); BMI 32.7 (3.5): Waist circumference (cm) 107.6 (11.2); Internet experience – Yes 4.4 (2.2); Weekly Internet use (hrs) 5.0 (4.2)
	Website and HC human e-mail counseling	Mean: 47.9, Range: 9.8	54(84)	Other 1: Minority ethnicity: 8 (13)	NS	College graduate: (56)	
Taylor, 2008 ⁷¹	Control	Median: 29	(86)	NS	NS	NS	Resident (12); Senior resident (5); Registrar (7); Emergency physician (3)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	EI (electronic interface)	Median: 30	(90)	NS	NS	NS	Resident (5); Senior resident (6); Registrar (10); Emergency physician (2)
Tierney, 2003 ⁷²	Control	Mean: 60, SD: 13	(66)	Black: (59)	NS	NS	Primary care visits during the study, mean 4.5, SD: 3.5; Enrolled patients completing the 12- month interview 119 (66)
	Physician- intervention EMR system provided evidence-based cardiac care patient-specific suggestions to physician	Mean: 61, SD: 12	(61)	Black: (54)	NS	NS	Primary care visits during the study 5.3, SD: 4.1; Enrolled patients completing the 12-month interview 142 (72)
	Pharmacist Intervention Recording System (PIRS) provided evidence-based cardiac care patient-specific suggestions to pharmacist	Mean: 57, SD: 12	(68)	Black: (55)	NS	NS	Primary care visits during the study 4.8, SD: 3.7; Enrolled patients completing the 12-month interview 107 (68)
Tierney, 2005 ⁷³	Control	Mean: 52, SD: 13	71	White: 61		Mean yrs: 9.9, SD: 3.0	COPD (74)
	Physician Intervention	Mean: 50, SD: 14	77	White: 55	NS	Mean yrs: 10.1, SD: 2.9	COPD (70)
	Pharmacist Intervention	Mean: 51, SD: 14	68	White: 56	NS	Mean yrs: 10.8, SD: 2.7	COPD (63)

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
	Both Interventions	Mean: 51, SD:14	71	White: 59	NS	Mean yrs: 10.4, SD: 2.9	
Thomas,	Control	NS	NS	NS	NS	NS	
2007 ⁷⁴	Audit, Feedback and Patient Reminder Intervention	NS	NS	NS	NS	NS	
Thomas, 2004 ⁷⁵	Control	Mean: 42.4	66	NS	NS	NS	Married/cohabiting ©60); Home owners/occupiers (63); Car owners (84); Living comfortably (15); With long-standing disability/infirmity (66)
	Computerized psychosocial assessment, computer-generated report for GP with patient-specific treatment recommendation s	Mean: 43.5	72	NS	NS	NS	Married/cohabiting (58); Home owners/occupiers (61); Car owners (79); Living comfortably (16); With long-standing disability/infirmity (61)
Trief, 2006 ⁷⁶	Control	Mean: 69.5	(38.71)	White: 58 (93.55), Black: 2 (3.23), Other 1: 2 (3.23)	\$2,580.01 per month	Mean yrs: 12.33	
	Web-enabled home telemedicine unit	Mean: 70.64	(45.83)	White: 68 (94.44), Black: 2 (2.78), Other 1: 2 (2.78)	\$2,306.47 per month	Mean yrs: 12.69	

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

Author, Year	Control Intervention	Age	Females, n (%)	Race, n (%)	Income, n (%)	Education, n (%)	Other Categories, n (%)
Weber, 2008 ⁷⁷	Control	Mean: 76.8	(80)	NS	NS	NS	Dementia (2.0); Dizziness (9.2); Lower extremity weakness (2.0); Total medications 7.46; Medications started 1.46; Psychoactive medications 1.82
	EMR-based and patient-tailored message to physician and reference to guideline	Mean: 76.9	(79)	NS	NS	NS	Dementia (1.6); Dizziness (10.1); Lower extremity weakness (0.5); Total medications 7.65; Medications started 1.48; Psychoactive medications 1.74

Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

	Timely patient feedback combined with guideline-based recommendation s for changes in therapy	Mean: 7.7	186 (39.5)	White: (7.4), Black: (40.3), Latino: (40.3), Asian: (1.1), American: (2.3), Other 1: Mixed/other (8.5)	Household income <\$15,000: 291(58.1)	Caretaker completed high school: 324(68.7)	>= Household member has a job (77.2); Type of insurance coverage — Medicaid (28.7), Managed care (25.3), Private (7.2), None (21.4), Could not determine (3.2); Baseline symptoms per week, mean — Maximum symptom days 6.1, Days limited in activities for more than half day 2.0, School days missed 0.9; Baseline use (annualized mean) — ED visits 3.0, Unscheduled clinic visits 5.6, Hospitalizations 1.1
Glassman, 2007 ⁷⁸	Control	Mean: 67.3	8 (2)	NS	NS	NS	
	Medication profiling to computerized provider order entry in an ambulatory care population	Mean: 67.2	12 (3)	NS	NS	NS	
Raebel, 2007 ⁷⁹	Control	Median: 29	5025	NS	NS	NS	Pregnant patients with dispensings of FDA pregnancy category D or X medication(s) 276 (5.5)

	Computerized tool that alerted pharmacists when pregnant patients were prescribed U.S. Food and Drug Administration pregnancy risk category D or X medications	Median: 29	6075	NS	NS	NS	Pregnant patients with dispensings of FDA pregnancy category D or X medication(s) 177 (2.9)
McGregor, 2006 ⁸⁰	Control	Mean: 49.55	1216 (53.57)	NS	NS	NS	
	Computerized clinical decision support system on reducing inappropriate antimicrobial use	Mean: 50.36	1189 (53.15)	NS	NS	NS	
Taylor, 2006 ⁸¹	Control	Mean: 44.6 ,SD: 8.5	18 (29)	White: 37 (60), Black: 25 (40), Latino: 0, Asian: 0	\$0-24,999: 11 (20), \$25,000-49,000: 12 (21), \$50,000-74,999: 14 (25), \$75,000-99,999: 11 (20)	8-12 yrs, High school: 11 (19), >16 yrs, Master's degree: 15 (25)	
	Telemedicine in CPAP compliance for patients with obstructive sleep apnea syndrome	Mean: 45.8, SD: 10	20 (34)	White: 29 (49) Black: 25 (42)	\$0-24,999: 6 (11), \$25,000- 49,000: 10 (19), \$50,000-74,999: 16 (30), \$75,000-99,999 14 (27)	8-12 yrs, High school: 11 (20), >16 yrs, Master's degree: 20 (37)	
Verheijden, 2004 ⁸²	Control	Mean: 64, Range: 10	21 (28)	NS	NS	Low (<=high school level): 18, Intermediate: 30, High (>BSc level): 52	
	Web-based intervention: Heartweb	Mean: 62, Range: 11	14 (19)	NS	NS	Low (<=high school level): 21, Intermediate: 42, High (>BSc level): 37	

Williamson, 2006 ⁸³	Control	Range: 11-15	NS	NS	NS	NS	Only information on
2006	Interactive Behavior Therapy Internet health						age was provided, and was for the entire sample
	education program (control condition)						
	Intervention based on the family treatment methods developed: the Web site provided nutrition education and behavior modification for adults and adolescents using a family- oriented format, i.e., a program that invited the pa						
Womble,	Control	NS	NS	NS	NS	NS	
2004 ⁸⁴	eDiets.com, a commercial Internet weight loss program	Mean: 44.2, Range: 9.3	23 (100)	NS	NS	NS	
	Received a weight loss manual and assessment visits	Mean: 43.3, Range: 11.1	24 (100)	NS	NS	NS	
Yoon, 2008 ⁸⁵	Control	Mean: 47.5	(57.7)	NS	NS	NS	Duration of diabetes, mean (yrs) 8.0
	Internet and a short messaging service (SMS) by cellular phone	Mean: 46.8	(56.0)	NS	NS	NS	Duration of diabetes, mean (yrs) 5.2

BMI = body mass index; BP = blood pressure; CHF = chronic heart failure; COPD = chronic obstructive pulmonary disease; DBP = diastolic blood pressure; DM = diabetes mellitus; DVT = deep vein thrombosis; ED = emergency department; GP = general practitioner; HS = hormone therapy; HTN = hypertension; MD = medical doctor; NS = not specified; PDA = personal digital assistant; PT = part time; SBP = systolic blood pressure; SD = standard deviation; SMBG = self-monitoring blood glucose; Yrs = years

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Evidence Table 9. Participant characteristics of studies addressing clinical outcomes (continued)

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Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Adachi, 2007 ¹	Body weight (kg)	Group B: Self-help				54	-0.3	0.05
7 (000111), 2007	change at 1 month	booklet only					0.0	0.00
	3	Group KM:				46	-1.1	0.05
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-0.9	
		program only						
		Group BM: Un-				58	-0.5	Not significant
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	Body weight (kg)	Group B: Self-help				54	-1.4	0.05
	change at 7 months	booklet only						
		Group KM:				46	-2.9	0.05
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-2.2	
		program only						
		Group BM: Un-				58	-1.6	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
	DMI /Ira/m2\ ob a a se	weight and walking				EA	0.14	
	BMI (kg/m²) change at 3 months	Group B: Self-help				54	-0.14	
	at 3 months	booklet only Group KM:				46	-0.93	
		Kenkou-tatsujin				40	-0.93	
		(KT) program with						
		6 months of						
		weighing and						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				-		
		targeted						
		behavior; s self-						
		monitoring						
		Group K: KT				47	-0.38	
		program only						
		Group BM: Un-				58	-0.2	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	BMI (kg/m²) change	Group B: Self-help				54	-0.5	
	at 7 months	booklet only						
		Group KM:				46	-1.22	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-0.86	
		program only			1			
		Group BM: Un-				58	-0.68	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
	0() 1 () (0() (weight and walking				- 4		
	% weight loss (%) at	Group B: Self-help				54	-2.2	
	1 month	booklet only				10	4.0	
		Group KM:				46	-1.8	
		Kenkou-tatsujin						
		(KT) program with 6 months of						
		weighing and targeted behavior						
		self-monitoring						
		Group K: KT			1	47	-1.5	
		program only			1	7'	-1.5	
		Group BM: Un-			1	58	-0.8	
		tailored self-help				30	-0.0	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	% weight loss (%) at	Group B: Self-help				54	-4.1	
	7 months	booklet only						
		Group KM:				46	4.7	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-3.3	
		program only						
		Group BM: Un-				58	-2.6	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	Reduction quotient	Group B: Self-help				54	-15.8	Not significant
	(%) at 1 month	booklet only						
		Group KM:				46	-13	0.05
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-10.8	
		program only						
		Group BM: Un-				58	-5.7	Not significant
		tailored self-help						
		booklet with 7-						
		month self-			1			
		monitoring of						
		weight and walking						
	Reduction quotient	Group B: Self-help				54	10	Not significant
	(%) at 7 months	booklet only						
		Group KM:			1	46	-35	0.05

Author, Year			Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	-23.1	
		program only						
		Group BM: Un-				58	-18.3	Not significant
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	5% weight loss (%) at					54	10	
		booklet only						
		Group KM:				46	30.6	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	20.5	
		program only						
		Group BM: Un-				58	17	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	5% weight loss (%) at					54	20	
	7 months	booklet only						
		Group KM:				46	38.9	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	31.8	

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		program only						
		Group BM: Un-				58	24.5	
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	7 % weight loss (%)	Group B: Self-help				54	4	
	at 3 months	booklet only						
		Group KM:				46	16.7	0.10
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT				47	4.5	0.10
		program only						
		Group BM: Un-				58	3.8	0.10
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
	7.0/	weight and walking			1	F.4	40	
	7 % weight loss (%)	Group B: Self-help				54	10	
	at 7 months	booklet only				40	10.4	N/0
		Group KM:				46	19.4	N/S
		Kenkou-tatsujin						
		(KT) program with 6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			+	47	15.9	N/S
		program only				47	15.9	14/3
		Group BM: Un-			+	58	7.5	N/S
		tailored self-help				30	7.5	IN/S
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
	Self-related habits	Group B: Self-help				54		
	and weight loss:	booklet only						
	Body weight (kg)	Group KM:			64.8	46	63.7	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			64.8	47	63.7	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	Body weight (kg):	Group B: Self-help				54		
	Improved eating habits	booklet only						
		Group KM:			64.3	46	63	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			64.3	47	63	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	Body weight (kg):	Group B: Self-help				54		
	Unimproved eating	booklet only						
	habits							
		Group KM:			66.2	46	65.9	
		Kenkou-tatsujin						
		(KT) program with						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				, , , , , , , , ,		
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			66.2	47	65.9	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
	Body weight (kg):	Group B: Self-help				54		
	Improved exercise habits	booklet only						
		Group KM:			64.4	46	63.2	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			64.4	47	63.2	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
		Group B: Self-help				54		
		booklet only						
	habits	Group KM:			66.8	46	66.5	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring			1			
		Group K: KT			66.8	47	66.5	
		program only						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self-						
		monitoring of						
		weight and walking						
	Self-related habits	Group B: Self-help				54		
		booklet only						
	(kg/m²)	Group KM:			26.1	46	25.7	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			26.1	47	25.7	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help				54		
	Improved eating	booklet only						
	habits	Group KM:			25.9	46	25.4	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			25.9	47	25.4	
		program only						
		Group BM: Ún-				58		
		tailored self-help			1]	
		booklet with 7-			1]	
		month self-			1]	
		monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help			1	54		

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
	Unimproved eating	booklet only						
	habit	Group KM:			26.8	46	26.6	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			26.8	47	26.6	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help				54		
	Improved exercise	booklet only						
	habits	Group KM:			26	46	25.5	
		Kenkou-tatsujin						
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						
		self-monitoring						
		Group K: KT			26	47	25.5	
		program only						
		Group BM: Un-			1	58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help			1	54		
	Unimproved exercise							
	habits	Group KM:			26.6	46	26.5	
		Kenkou-tatsujin			1			
		(KT) program with						
		6 months of						
		weighing and						
		targeted behavior						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		self-monitoring						
		Group K: KT			26.6	47	26.5	
		program only						
		Group BM: Un-				58		
		tailored self-help						
		booklet with 7-						
		month self						
		monitoring of						
		weight and walking						
Benhamou, 2007 ²	Hba1c	Weekly medical	%		8.31	31	8.18	
		support through						
		SMS based upon						
		weekly review of						
		glucose values						
			%		8.22	31	8.34	
		values on a weekly						
		basis without						
		receiving SMS						
	Glycemia		Mg/dl		166	31	160	
		support through						
		SMS based upon						
		weekly review of						
		glucose values						
			Mg/dl		162	31	167	
		values on a weekly						
		basis without						
	A 11	receiving SMS			4.05			
	Adherence	Weekly medical	Number of capillary blood g		4.85	31	4.74	
		support through	values transmitted to the se	erver, tests				
		sms based upon	per day					
		weekly review of						
		glucose values	Niverban of accilion to		4 70	04	4.00	
			Number of capillary blood		4.79	31	4.63	
			glucose values transmitted					
			to the server, tests per day					
		receiving SMS						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Berner, 2006 ³		Control arm – did not receive 14 rules on clinical decision support rule on a handheld computer		34		28	NR	>0.05
clinical decision support rule on a	received 14 rules on clinical decision support rule on a handheld computer		34		31	NR	<0.05	
Bosworth, 2009 ⁴	Estimated % in BP control	Control group (hypertension reminder)	%	143	32	143	43.9	0.18 (baseline to final)
		Provider decision support system group	%	151	44.9	151		0.89 (baseline to final)
		Patient behavioral intervention group	%	144	44.2	144	59.5	0.08 (baseline to final)
		Combined provider support system and patient behavioral intervention group	%	150	36.2	150	48.1	0.23 (baseline to final)
	Estimated mean systolic BP		mm Hg	143	141.6	143	136.8	0.01 (baseline to final)
		Provider decision support system group	mm Hg	151	139.1	151	136.9	0.27 (baseline to final)
		Patient behavioral intervention group	mm Hg	144	138.8	144	136.3	0.20 (baseline to final)
		Combined provider support system and patient behavioral intervention group	mm Hg	150	139.2	150	136.8	0.26 (baseline to final)

Evidence Table 10. All outcomes of studies addressing clinical outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Buhrman, 2004 ⁵	Praying or hoping	Waiting-list control condition			10.4	29		<0.05
		Internet-based cognitive-behavioral intervention with telephone support			12	22	10.5	<0.05
	Catastrophizing	Waiting-list control condition			13.7			<0.05
		Internet-based cognitive-behavioral intervention with telephone support			13.6	22	9.3	<0.05
	Control over pain	Waiting-list control condition			2.9	29	3.7	
		Internet-based cognitive-behavioral intervention with telephone support			2.8	22	3.6	<0.05
	Ability to decrease pain	Waiting-list control condition			2.6	29	3.4	
		Internet-based cognitive-behavioral intervention with telephone support			3	22	3.7	<0.05
	Life control	Waiting-list control condition			2.7	29	3.8	<0.05
		Internet-based cognitive-behavioral intervention with telephone support			3.1	22	3.6	<0.05
	Punishing responses	Waiting-list control condition			1.5	29	1.3	<0.05

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention			1	00	0.7	0.05
		Internet-based			1	22	0.7	<0.05
		cognitive- behavioral						
		intervention with						
		telephone support						
	Pairs				56.3	20	F0.0	<0.05
	Pairs	Waiting-list control condition			56.3	29	50.9	<0.05
		Internet-based			- FF	22	E1 7	<0.05
		cognitive-			55	22	51.7	<0.05
		behavioral						
		intervention with						
		telephone support						
	Depression	Waiting-list control			6.6	20	10	<0.05
	Depression	condition						
		Internet-based			6.9	22	5.3	<0.05
		cognitive-						
		behavioral						
		intervention with						
		telephone support						
Cadario, 2007 ⁶	Glycated hemoglobin		Glycated hemoglobin level					
	%	Glucobeeb, a	Glycated hemoglobin level		9.5	14	9.1	0.03
		Web-based tool to						
		support the						
		diabetes care						
Clark, 2007 ⁷		Usual care						
		CHF Patients						
		received						
		healthcare via						
		telemonitoring						
de Toledo, 20068	Patients not	Education and	%			NR	33.3	
	readmitted	home visits, no						
		ECPR						
		ECPR with	%			NR	51.7	0.04
		education and						
		home visits			1			
	Patients readmitted	Education and	%			NR	65.2	
	at least once	home visits, no						
		ECPR			1			
		ECPR with	%			NR	46.9	0.03
		education and						
		home visits						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Patients readmitted	Education and	%			NR	29.2	
	more than once	home visits, no						
		ECPR						
		ECPR with	%			NR	21.9	0.35
		education and						
		home visits						
	Number of	Education and	N			NR	1.33	
	readmissions per	home visits, no						
	patient	ECPR						
		ECPR with	N			NR	0.9	0.04
		education and						
		home visits						
	Number of visits to	Education and	N			NR	0.54	
	the emergency room	home visits, no						
		ECPR						
		ECPR with	N			NR	0.36	0.15
		education and						
		home visits						
	Mortality	Education and	%			NR	16.9	
		home visits,						
		noECPR						
		ECPR with	%			NR	20.3	0.67
		education and						
		home visits						
East, 1999 ¹⁰	Morbidity	Non-protocolized	MODS score			NR		
		Protocolized	MODS score			NR		0.04
		computerized						
		decision support.						
	Lung injury	Non-protocolized	Barotrauma score			NR		
		Protocolized	Barotrauma Score			NR		<0.0001
		computerized						
		decision support.						
Eccles, 2002 ¹¹		No computerized						
,		clinical decision						
		support						
		Computerized						
		decision support						
		for management of			1			
		asthma and			1			
		angina in adults						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Farmer, 2005 ¹²	A1c readings	Group did not receive clinical advice in response	%	46	9.3	38	8.9	<0.04
		to real-time blood glucose readings						
			%	47	9.2	43	8.6	0.001/0.33 (baseline to final/between groups)
	Proportion of people achieving an A1c reduction of >=0.7% and an A1c <= 8.0% at 9 months		%	46		38	8.7	
			%	47		43	29.8	
	Proportion of transmitted blood glucose tests in the hypoglycemic range		% of blood glucose tests	46		38	3.5	
		Group received clinical advice from a diabetes special nurses in response to real-time blood glucose readings	% of blood glucose tests	47		43	5.3	0.0001
Feldman, 2005 ¹³	Patient skips medicine	Heart failure patients receiving usual care	Adjusted probability	227		227	27.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	27.7	0.99
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	25.4	0.604
	Patient is sure about when to take HF medicine	Heart failure patients receiving usual care	Adjusted probability	227		227	67.4	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	70.3	0.494
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	69.6	0.613
	Patient recognition of own HF medicines	Heart failure patients receiving usual care	Adjusted probability	227		227		

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	No Data	0.002
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	No Data	0.023
	Patient does not recognize any of own	Heart failure	Adjusted probability	227		227	43.9	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	31.1	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	34.3	
		Heart failure patients receiving usual care	Adjusted probability	227		227	29.8	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	30.5	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	30.6	
	Patient recognizes more than half of own	Heart failure	Adjusted probability	227		227	26.3	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	38.4	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	35	
	Patient salts food	Heart failure patients receiving usual care	Adjusted probability	227		227	30.7	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	27.6	0.49
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	23.3	0.095
	Patient's weighing behavior	Heart failure patients receiving usual care	Adjusted probability	227		227	No Data	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	No data	0.352
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	No Data	0.082
	Patient has no scale	Heart failure patients receiving usual care	Adjusted probability	227		227	34.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	38.3	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	27.9	
	Patient weighs self but not daily	Heart failure patients receiving usual care	Adjusted probability	227		227	44	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	43	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	44.7	
	Patient weights self daily	Heart failure patients receiving usual care	Adjusted probability	227		227	21.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199		199	18.7	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202		202	27.4	
	KCCQ summary score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	40.4	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		199	46.6	0.013
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	45.6	0.048
	KCCQ physical limitation domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	37.8	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		199	42.5	0.333
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	43	0.231
	KCCQ symptom domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	48.6	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199			55.6	0.091
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	53.6	0.277
	KCCQ % w/quality of life domain score >=50	Heart failure patients receiving usual care	%	227		227	44.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199		199	48	0.407
			%	202		202	53.3	0.042
	KCCQ % w/social limitation domain score >= 50	Heart failure patients receiving usual care	%	227		227	27.8	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199		199	34.8	0.09
			%	202		202	35.2	0.064
	KCCQ % w/ self efficacy domain score >=50	Heart failure patients receiving usual care	%	227		227	85.8	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Heart failure patients whose nurses received e- mail	%	199		199	86.8	0.756
		recommendations (basic intervention)						
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202		202	86.3	0.88
	Depression	Heart failure patients receiving usual care	Adjusted score (higher score = presence of depression)	227		227	36.3	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = presence of depression)	199		199	37.4	0.802
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	,	202		202	36.9	0.888
	Euroqol health- related quality of life	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227		227	39.3	

Author, Year	Outcome	Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		199	48.9	0.003
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202		202	40.2	0.777
	Home care-related costs / patient	Heart failure patients receiving usual care	US dollars	227		227	2814	
		Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199		199	3371	0.062
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202		202	3425	0.058
	Overall costs / patient		US dollars	227		227	4996	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
			US dollars	199		199	5869	0.084
			US dollars	202		202	6330	0.02
	Home care-related costs in order to	Heart failure patients receiving usual care	US dollars	227		227	No data	
	improvement in	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199		199	183	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202		202	235	
		Heart failure patients receiving usual care	US dollars	227		227	No data	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	KCCQ summary score	Heart failure patients whose nurses received e- mail recommendations	US dollars	199		199	246	
		(basic intervention) Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202		202	513	
Feldstein, 2006 ¹⁴	Proportion of study	Usual care				101	0.9	
i elusteili, 2000	population with BMD evaluation only	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder) An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)				101	23.8	<0.01 compared to Arm A 0.43 compared to Arm B
	Proportion of study population with osteoporosis medication only	Usual care Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR				101	11.9	<0.01 compared to Arm A

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		An EMR reminder				109	10.1	0.54 compared to
		to the primary care						Arm B
		provider plus an						
		advisory letter with						
		educational						
		materials mailed to						
		the patient (patient						
		reminder)						
	Proportion of study	Usual care				101	1	
	population with both	Patient-specific				101	15.8	<0.01 compared to
	BMD and	clinical guideline						Arm A
	osteoporosis	advice to the						
	medication	primary care						
		provider delivered						
		through an EMR						
		message (EMR						
		reminder)						
		An EMR reminder				109	10.1	
		to the primary care				100	10.1	
		provider plus an						
		advisory letter with						
		educational						
		materials mailed to						
		the patient (patient						
		reminder)						
	Proportion of study	Usual care				101	5.9	
	population with BMD					101	51.5	<0.01 compared to
	or osteoporosis	Patient-specific				101	51.5	
	medication	clinical guideline						Arm A
	medication	advice to the						
		primary care						
		provider delivered						
		through an EMR						
		message (EMR						
		reminder)						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		An EMR reminder				109		0.88 compared to
		to the primary care						Arm B
		provider plus an						
		advisory letter with						
		educational						
		materials mailed to						
		the patient (patient						
		reminder)						
	Total calcium intake (n=22)	Usual care	mg/day		1308.6	22	851.2	
	Total calcium intake (n=33)	Patient-specific clinical guideline	mg/day		1116.5	33	1311.4	0.02 compared to Arm A
		advice to the						
		primary care						
		provider delivered through an EMR						
		message (EMR						
		reminder)						
	Total calcium intake		mg/day		1221.5	32	1224.7	0.05 compared to
	(n=37)	to the primary care	ing/day		1221.5	32	1224.7	Arm A
	(11=37)	provider plus an						AIIII A
		advisory letter with						
		educational						
		materials mailed to						
		the patient (patient						
		reminder)						
	Regular activity (n=33)	Usual care			7	22	10	
	Regular activity	Patient-specific			9	33	8	0.17 compared to
	(n=41)	clinical guideline			Ĭ			Arm A
	()	advice to the						
		primary care						
		provider delivered						
		through an EMR						
		message (EMR						
		reminder)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Regular activity (n=42)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			11	32	12	0.55 compared to Arm A
	Caloric expenditure per week (n=32)	Usual care			2325.7	22	1980.9	
		Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)			3082.9	33	2312.7	0.96 compared to Arm A
	Caloric expenditure per week (n=38)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			2614.4	32	2525.9	0.32 compared to Arm A
Fretheim, 2006 ¹⁵	First-time prescriptions for hypertension where	Passive dissemination of guidelines	Proportion of patients	2365	209	1968	218	
	thiazides were prescribed	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system		2784	161	2184	378	
	Patients assessed for CVD risk before prescribing anti-HTN	Passive dissemination of guidelines	Proportion of patients			786	112	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	or cholesterol- lowering drugs		Proportion of patients			854	147	
	Treatment goal achieved	Passive dissemination of guidelines	Proportion of patients	15411	5174	16598	6056	
		Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients	15914	4669	17213	5502	
Gaertner, 2004 ¹⁶	Preferred use of electronic		Crossover				75	
		(Crossover) Electronic pain diaries and palm- top computers	Crossover	75				
	Preferred use of paper	(crossover) paper version of a pain diary	Crossover				8	
		(Crossover) Electronic pain diaries and palm- top computers	Crossover	8				
	Undecided	(Crossover) paper version of a pain diary	Crossover				17	
		(Crossover) Electronic pain diaries and palm- top computers	Crossover	17				

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Glasgow, 2000 ¹⁷	Behavioral outcomes: Block Fat Screener, no TF: no CR				48.6	80	24.7	Not significant
c E K	Behavioral outcomes: Kristal FFB fat composite	Brief intervention across multiple offices and interventionists (Basic condition)			1.9	80	1.6	0.017
		Brief intervention across multiple offices and interventionists (Basic condition)			1.9	80	1.7	
	Physiologic outcomes: HbA1c	Brief intervention across multiple offices and interventionists (Basic condition)			7.6	80	7.4	
	Physiologic outcomes: Total cholesterol	Brief intervention across multiple offices and interventionists (Basic condition)			210	80	206	0.010
	Physiologic outcomes: Weight	Brief intervention across multiple offices and interventionists (Basic condition)			199	80	197	Not significant
	Physiologic outcomes: Lipid ratio: total/HDL	Brief intervention across multiple offices and interventionists (Basic condition)			5.1	80	4.9	Not significant
		Brief intervention across multiple offices and interventionists (Basic condition)			25.7	80	26	0.014

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	0 124 6126	Intervention		-		00		N1 (' 'C' (
	Quality of life:	Brief intervention			36	80		Not significant
	Satisfaction with	across multiple						
	program	offices and						
		interventionists						
	Ovelity of life	(Basic condition)			2.0	00	4	Not significant
	Quality of life	Brief intervention			3.9	80	4	Not significant
	/satisfaction outcomes: Process	across multiple offices and						
	variable results Self- efficacy	interventionists (Basic condition)						
						80		Niet eiemifie ent
	Quality-of life	Brief intervention				80		Not significant
	/satisfaction	across multiple						
	outcomes: chronic	offices and interventionists						
	illness resources							
Classow 2005 ¹⁸	Survey	(Basic condition)		417	3.88	254	2.07	
Glasgow, 2005 ¹⁸	Laboratory assay measurement	Control group completed a touch		417	3.88	354	3.97	
	measurement							
		screen computer assessment but						
		one that focus						
		general health						
		risks and risks						
		reciting that did not						
		address the PRP						
		measure						
		Intervention group		469	3.92	270	4 20	0.001
		completed		409	3.92	319	4.23	0.001
		treatment						
		components touch						
		screen, physician						
		goal setting care						
		manager meeting						
		and follow-up						
		phone call. Health						
		risks and risks						
		reciting addressed						
		the PRP measure						

Evidence Table 10. All outcomes of studies addressing clinical outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Patient-centered	Control group		417	2.93	354	3.32	
	activities	completed a touch					5.52	
		screen computer						
		assessment but						
		one that focus						
		general health						
		risks and risks						
		reciting that did not						
		address the PRP						
		measure						
		Intervention group		469	3.04	379	3.73	<0.001
		completed						
		treatment						
		components touch						
		screen, physician						
		goal setting care						
		manager meeting						
		and follow-up						
		phone call. Health						
		risks and risks						
		reciting addressed						
		the PRP measure						
	Biological outcome	Control group		417	7.3	354	7.17	
		completed a touch						
		screen computer						
		assessment but						
		one that focus						
		general health						
		risks and risks						
		reciting that did not						
		address the PRP						
		measure						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention group completed treatment		469	7.33	379	7.11	0.571
		components touch screen, physician						
		goal setting care manager meeting and follow-up						
		phone call. Health risks and risks						
	Other outcome	reciting addressed the PRP measure Control group		417	28.5	354	27.5	
		completed a touch screen computer			20.0		27.0	
		assessment but one that focus general health						
		risks and risks reciting that did not address the PRP						
		measure Intervention group completed		469	30.3	379	27.4	0.964
		treatment components touch screen, physician						
		goal setting care manager meeting						
		and follow-up phone call. Health risks and risks						
		reciting addressed the PRP measure						
Glasgow, 2006 ¹⁹	Fruit and vegetable screener	UC: Computer- aided enhanced	not specified)	161		153	5	
		TSM	NCI All Day screener (unit not specified)			148		0.27
	Daily fat intake	UC: Computer- aided enhanced	Block fat screener (not specified)	161	32.4	153	28.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		TSM	Block fat screener (not specified)	174	27.6	148	22.4	0.006
	Hba1c	UC: Computer- aided enhanced	%	161	7.5	153	7.5	
		TSM	%	174	7.4	148	7.3	0.46
	Total cholesterol / HDL cholesterol	UC: Computer- aided enhanced	Proportion	161		153	3.8	
		TSM	Proportion	174	3.9	148	3.8	0.33
	Total cholesterol	UC: Computer- aided enhanced	mg/dl	161	185.1	153	184.1	
		TSM	mg/dl	174	185.1	148	183.1	0.27
	HDL cholesterol	UC: Computer- aided enhanced	mg/dl	161	50	153	50.9	
		TSM	mg/dl	174	49.2	148	50.4	0.083
	PHQ-9 total score	UC: Computer- aided enhanced	Scale 0-27	161	5.4	153	5.5	
		TSM	0-27	174	5.7	148	5.5	0.53
	Diabetes distress scale	Uc: Computer- aided enhanced	Not specified	161	41.5	153	36.2	
		TSM	Not specified	174	40.1	148	33.6	0.29
	Weight	UC: Computer- aided enhanced	kg	161	94	153	94	
		TSM	kg	174	94.3	148	93.6	0.007
Glassman, 2007 ²⁰	Subsequent adverse	Usual care	ADEs			445	37	0.06
	drug event	Computerized retrospective drug utilization software	ADEs			458	45	0.06
	ADEs not serious	Usual Care	ADEs			445	51	
		Computerized retrospective drug utilization software	ADEs			458	58	
	ADE preventability	Usual Care	Associated warnings			445	16	0.79
		Computerized retrospective drug utilization software	Associated warnings			458	17	0.79
Gomez, 2002 ²¹	HbA1c	Group not using Diabtel system	%	10	8.1	10	8.15	
		Group using Diabtel system	%	10	8.4	10	7.9	0.053

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Grant, 2008 ²²	Improvement in	Usual care	HbA	118		118	0.26	0.62
,	glycemic control	Practice-linked online personal health records for type 2 diabetes mellitus	HbA	126		126	0.16	0.62
	Patients at goal	Usual care	HbA	118		118	73	0.53
		Practice-linked online personal health records for type 2 diabetes mellitus	HbA	126		126	73	0.53
	Patients at goal	Usual care	Patients with HbA1c level >7.0% at baseline	79			45	0.07
		Practice-linked online personal health records for type 2 diabetes mellitus	Patients with HbA1c level >7.0% at baseline	79			45	0.07
	Medication changes	Usual care	Patients who submitted personal health record journals to their physician's electronic medical record	118		41	15	0.001
		Practice-linked online personal health records for type 2 diabetes mellitus	Patients who submitted personal health record journals to their physician's electronic medical record	126		82	53	0.001
Green, 2008 ²³	% with controlled BP	Usual care		258		247	31	
,	at 12 months	BP monitoring and patient Web services		258		247	36	0.21
		BP monitoring, patient Web services and pharmacist care		258		247	56	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	- 5.3	
	SBP at 12 months	BP monitoring and patient Web services		258		247	-8.2	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		BP monitoring, patient Web services and pharmacist care		258		247	-13.2	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	-3.5	
	DBP at 12 months	BP monitoring and patient Web services		258		247	-4.4	<0.001
		BP monitoring, patient Web services and pharmacist care		258		247	- 4.6	<0.001
Hansson, 2008 ²⁴	Quality of life: Gender	Participants getting standard treatment		236		208		0.334
		Participants getting standard treatment and a new manual zed intervention called DIALOG (is a computer mediated procedure)		271		243		0.622
	Quality of life: Age	Participants getting standard treatment		236		208		0.287
		Participants getting standard treatment and a new manualized intervention called DIALOG (is a computer mediated procedure)		271		243		0.924
	Quality of life: Living situation	Participants getting standard treatment		236		208		

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Participants		271		243		0.463
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Quality of life: Marital			236		208		
	status	getting standard						
		treatment						
		Participants		271		243		0.608
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Quality of life:	Participants		236		208		0.934
	Employment	getting standard						
	. ,	treatment						
		Participants		271		243		0.379
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Quality of life:	Participants		236		208		0.129
	Duration of illness	getting standard						
	2 3.3.3.7 51 11.1000	treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
				074		0.40		0.040
		Participants		271		243		0.040
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
	0 111	procedure)						
	Quality of life:	Participants		236		208		0.791
	Psychiatric hospital	getting standard						
		treatment						
		Participants		271		243		0.857
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Quality of life:	Participants		236		208		0.022
	Negative symptom	getting standard						
		treatment						
		Participants		271		243		0.107
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Unmet needs:	Participants		236		208		0.876
	Gender	getting standard						-
		treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Participants		271	+	243		0.814
		getting standard		2/1		243		0.614
		treatment and a						
		new manual zed intervention called						
		DIALOG (is a						
		computer mediated						
	Liver et es e de . A ese	procedure)		220	-	200		0.054
	Unmet needs: Age	Participants		236		208		0.251
		getting standard						
		treatment						
		Participants		271		243		0.272
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
		Participants		236		208		0.63
	situation	getting standard						
		treatment						
		Participants		271		243		0.842
		getting standard						
		treatment and a						
		new manual zed						
		intervention called			1			
		DIALOG (is a			1			
		computer			1			
		mediated			1			
		procedure)			1			
	Unmet needs: Marital			236		208		0.995
	status	getting standard						
		treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Participants		271		243		0.098
		getting standard		211		243		0.096
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Unmet needs:	Participants		236		208		309
	Employment	getting standard		200		200		000
		treatment						
		Participants		271		243		0.047
		getting standard				2.10		0.017
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Unmet needs:	Participants		236		208		0.757
	Duration of illness	getting standard						
		treatment						
		Participants		271		243		0.002
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Unmet needs:	Participants		236		208		0.341
	Psychiatric hospital	getting standard						
		treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Participants		271		243		0.927
		getting standard		271		243		0.321
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Unmet needs:	Participants		236		208		0.009
	Negative symptoms	getting standard		230		200		0.003
	riegative symptoms	treatment						
		Participants		271		243		0.539
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Treatment	Participants		236		208		0.058
	satisfaction: Gender	getting standard						
		treatment						
		Participants		271		243		0.572
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated			1			
		procedure)						
	Treatment	Participants		236		208		0.162
	satisfaction: Age	getting standard						
		treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		I .		074		0.40		0.004
		Participants		271		243		0.004
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
	-	procedure)		000		000		0.004
	Treatment	Participants		236		208		0.001
	satisfaction: Living	getting standard						
	situation	treatment						
		Participants		271		243		0.607
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Treatment	Participants		236		208		0.638
	satisfaction: Marital	getting standard						
	status	treatment						
		Participants		271		243		0.625
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Treatment	Participants		236		208		0.256
	satisfaction:	getting standard						
	Employment	treatment						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Participants getting standard		271		243		0.258
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
	Treatment	Participants		236		208		0.412
	satisfaction: Duration			200		200		0.412
	of illness	treatment						
		Participants		271		243		0.994
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)			1			
	Treatment	Participants		236		208		0.284
	satisfaction:	getting standard						
	Psychiatric hospital	treatment			1			
		Participants		271		243		0.247
		getting standard						
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)			1			
		Participants		236		208		0.065
	satisfaction: Negative							
	symptoms	treatment						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention		271	1	243		0.280
		Participants getting standard		2/1		243		0.280
		treatment and a						
		new manual zed						
		intervention called						
		DIALOG (is a						
		computer						
		mediated						
		procedure)						
Harno, 2006 ²⁵	Body mass index	Usual care	kg/m ²		27.8	74	27.6	
		E-health	kg/m ²		28.5	101	29.2	
		application						
	Systolic blood	Usual care	mm Hg		136	74	137	
	pressure	E-health	mm Hg		1.34	101	1.35	
		application						
	Diastolic blood	Usual care	mm Hg		84	74	82	
	pressure	E-health	mm Hg		81	101	79	< 0.05
		application						
	Hemoglobin A1c	Usual care	%		8.21		7.83	
		E-health	%		7.82	101	7.32	< 0.05
		application						
	Fasting glucose	Usual care	mmol/l		9.91		10.87	
		E-health	mmol/l		9.08	101	8.88	<0.001
		application						
	Cholesterol	Usual care	mmol/l		4.91		5.03	
		E-health	mmol/l		4.95	101	4.74	<0.05
		application						
	HdL	Usual care	mmol/l		1.58		1.55	
		E-health	mmol/l		1.58	101	1.66	
		application						
	LdL	Usual care	mmol/l		2.65		2.76	
		E-health	mmol/l		2.7	101	2.52	<0.05
		application			1			
	Triglyceride	Usual care	mmol/l		1.46		1.67	
		E-health	mmol/l		1.49	101	1.44	<0.05
		application			1			
	Creatinine	Usual care	mmol/l			74	73	
		E-health	mmol/l		86	101	75	
		application						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Hetlevik, 2000 ²⁶	Fraction of patients without baseline registration of HbA1c	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	22.4	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		499	27.5	
	Fraction of patients without a baseline registration of BP	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	22.6	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		499	21.8	
	without a baseline	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		535	71	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		499	80	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Fractions of patients without a registered number of cigarettes	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	94.5	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		368	82.6	
	Fraction of patients without registered cardiovascular inheritance	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	83.4	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		368	78.7	
	Fraction of patients without registered height/weight of BMI	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	93	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		368	78.2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Fraction of patients without at least one variable making risk score calculation possible	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		416	98.3	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		368	91.1	
	Average HbA1c in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	%	535		368	7.9	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		321	7.8	
	Systolic BP in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	mmm Hg	535		369	152.7	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	mm Hg	499		328	151.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Diastolic BP in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for	mm Hg	535		369	85.1	
		treatment Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	mm Hg	499		328	82.8	
	Serum cholesterol in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	mmol/l	535		289		
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	mmol/l	499		246	6.2	
	% of registered patients who are smokers	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	% of patients	535		204	16	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	% of patients	499		256	19	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	% of registered patients with CV inheritance	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	% of patients	535		225	63	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	%	499		227	66	
	BMI in registered patients	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	kg/m ²	535		201	28.3	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	kg/m ²	499		226	28.6	
	Coronary heart disease risk score (female)	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	Risk score units (40-year- old female has score = 1)	535		95	14.2	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	Risk score unit	499		89	14.3	

Evidence Table 10. All outcomes of studies addressing clinical outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Coronary heart disease risk score (male)	Diabetes mellitus patients whose physicians used pre-existing routines for treatment	Risk score units (40-year- old female has score = 1; weight for male = 5)	535		58	48.7	
		Diabetes mellitus patients whose physicians used a computer-based clinical decision support system (CDSS)	Risk score units	499		84	51.4	
Hicks, 2008 ²⁷	Outcome BP control	Usual care	%			1048	45	
		Computerized support	%			786	48	
	Mean systolic BP at	Usual care	mm Hg			1048	137	
	outcome visit	Computerized support	mm Hg			786	138	0.67
	Mean diastolic BP at	Usual care	mm Hg			1048	78	
	outcome visit	Computerized support	mm Hg			786	77	0.05
	Prescribing includes	Usual care	% MDs likely to prescribe			1048		
	adherent drug class	Computerized support	% MDs likely to prescribe			786		
Homko, 2007 ²⁸		Women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit				29	4	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				-		
		Internet group				34	4.4	0.053
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal feelings of	Women in the				29	4	
	Subscale 1	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	4.5	0.039
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				-		
		Women in the				29	3.9	
	diabetes self-efficacy:							
	Subscale 2	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	4.3	0.036
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal feelings of	Women in the				29	4.1	
	diabetes self-efficacy:							
	Subscale 3	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Internet group				34	4.4	0.268
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal glucose	Women in the				29	88.6	
	control: FBS(mg/dl)	control group were						
		asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	90.8	
		patients in the						
		Internet group						
		were provided with						
		computer and]	
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care]	
		providers via the						
		Internet and]	
		received]	
		information/advice						
		from their health						
		care provider						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
	Maternal glucose	Women in the				29	110.9	
	control: Breakfast	control group were						
	blood glucose(mg/dl)	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	108.4	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal glucose	Women in the				29	108.5	
	control: Lunch blood	control group were						
	glucose (mg/dl)	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Internet group				34	113.3	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal glucose	Women in the				29	114.5	
		control group were						
	glucose (mg/dl)	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	117.5	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Maternal glucose	Women in the				29	104.5	
	control: Mean blood	control group were				29	104.5	
	glucose (mg/dl)	asked to record						
	glucose (mg/ui)	their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	106.6	
		patients in the				J-1	100.0	
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal glucose	Women in the				29	6.2	
	control: A1c at	control group were						
	delivery %	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				0.4	0.4	
		Internet group				34	6.1	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access. Women sent blood						
		glucose and other						
		health data directly to their care						
		providers via the Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal pregnancy	Women in the				29	40	
	outcome: Cesarean	control group were				29	40	
	delivery	asked to record						
	delivery	their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	69	
		patients in the				34	09	
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
	Maternal pregnancy	Women in the				29	20	
		control group were						
	eclampsia/gestational	asked to record						
	HTN	their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	28	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal pregnancy	Women in the				29	12	
		control group were						
	rupture of	asked to record						
	membranes	their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Internet group				34	3	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other						
		health data directly						
		to their care						
		providers via the						
		Internet and						
		received						
		information/advice						
		from their health						
		care provider						
	Maternal pregnancy	Women in the				29	0	
	utcome: Placental	control group were						
	abruption	asked to record						
		their information in						
		a logbook, which						
		was reviewed by						
		the medical team						
		at prenatal visit						
		Internet group				34	3	
		patients in the						
		Internet group						
		were provided with						
		computer and						
		Internet access.						
		Women sent blood						
		glucose and other]	
		health data directly						
		to their care						
		providers via the]	
		Internet and]	
		received						
		information/advice						
		from their health						
		care provider						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Hunter, 2008 ²⁹	Weight	Usual care	kg, pretest/posttest/change		86.6	222	87.4	
	ВМІ	treatment	kg, pretest/posttest/change			224	85.5	
		Usual care	kg/m ²			222	29.4	
	Waist circumference	6-month behavioral Internet treatment	kg/m ²			224	28.8	
		Usual care	cm			222	93.4	
	Body fat %	6-month behavioral Internet treatment	cm		94.5	224	92.2	
		Usual care			34.2	222	34.7	
	5% or more weight loss	6-month behavioral Internet treatment			34.5	224	33.9	
		Usual care	% Yes, change			222		
	% Gained weight	6-month behavioral Internet treatment	% Yes, change		23.6	224	19	
		Usual care	Change			222		
	Block dietary screener: Meat and snacks Screener	6-month behavioral Internet treatment	Change			224	32.3	
	score	Usual care			24.2	222	20.8	
		6-month behavioral Internet treatment			13.7	224	15.8	
	from fat	Usual care			35.5	222	33.4	
	Fruit-vegetable- beans Screener score	6-month behavioral Internet treatment			15.8	224	17.4	
		Usual care			14.2	222	14.6	
	Dietary fiber score	6-month behavioral Internet treatment			2787.7	224	2765	
		Usual care			16.1	222	16.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Ipaq (total met)	6-month behavioral Internet treatment				224		
		Usual care	Minutes/week			222		
Jan, 2007 ³⁰	Nighttime symptom scores for asthma	Traditional asthma care plan (written asthma diary + instructions for self-management)	Baseline/ week12/ change from baseline	76	0.05	71	0.05	0.998
		Internet-based monitoring of symptoms+ self- management plan	Baseline/ week12/ change from baseline	88	0.11	82	0.04	0.108
	Daytime symptom scores for asthma	Traditional asthma care plan (written asthma diary + instructions for self-management)	Baseline/ week12/ change from baseline	76	0.03	71	0.05	0.122/ 0.588
		Internet-based monitoring of symptoms+ self- management plan	Baseline/ week12/ change from baseline	88	0.14		0.07	
	Peak expiratory flow: Morning	Traditional asthma care plan (written asthma diary + instructions for self-management)	l/min, baseline/ week12/ change from baseline	76	219.2	71	230	0.072
		Internet-based monitoring of symptoms+ self- management plan	l/min, baseline/ week12/ change from baseline	88	223.1	82	241.9	0.017
	Peak expiratory flow: Night		l/min, baseline/ week12/ change from baseline	76	224.7	71	235.9	0.07
		Internet-based monitoring of symptoms+ self- management plan	l/min, baseline/ week12/ change from baseline	88	232.5	82	255.6	0.01

Author, Year		Control Intervention	Units	Baseline n	Measure		Measure	P-value
	Daily variability	Traditional asthma care plan (written asthma diary + instructions for self-management)	l/min, baseline/ week12/ change from baseline	76	9.2	71	9.2	0.149/ 0.970
		Internet-based monitoring of symptoms+ self- management plan	l/min, baseline/ week12/ change from baseline	88	8.6	82	10.3	
Jerant, 2001 ³¹	Mean CHF-related	Usual care	Mean			12	0.3	0.1559
	readmissions	Home telecare delivered via a 2- way video- conference device with an integrated electronic stethoscope	Number of events			12	0.1	0.1559
		Nursing telephone	Number of events			13	0.1	0.1559
Jerant, 2003 ³²	CHF-related readmission costs	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	CHF-related ED visits	visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Mean direct patient care time per visit	visit)	Minutes			12	79	
		Telephone care				12	12	<0.0001
		Telenursing care				12	27	<0.0001
	Patient self adherence	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Medication regimen U	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Health status	Usual care (home visit)				12		
		Telephone care				12		
		Telenursing care				12		
	Satisfaction	Usual care (home visit)				12		
		Telenursing care				12		
Jones, 1999 ³³	Satisfaction score	Booklet information	Number (%) of patients	180		154	40	
		information	Number (%) of patients	193		156	46	
		General computer information	Number (%) of patients	167		128	34	
	Prefer computer to 10-minute	Booklet information		180		154	10	
	consultation with professional	Personal computer information		193		156	29	
		General computer information		167		128	20	
	Doctors' assessment: Patients above	Booklet information	%	180		154	20	
	average in knowledge	Personal computer information	%	193		156	25	
		General computer information		167		128	35	
	Use of printed material at home	Booklet information	% of patients	180		154	83	
		Personal computer information	% of patients	193		156	70	
		General computer information	% of patients	167		128	57	
Kattan, 2006 ³⁴	Maximum symptom days per 2 week	Control group (not specified)		463		463	3.52	
		feedback group	Days	466		466	3.43	0.54
		Control group (not specified)		463		463	1.6	
	1/2 day per 2 weeks	Physician feedback group	Days	466		466	1.42	0.09

Evidence Table 10. All outcomes of studies addressing clinical outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	School days missed per 2 week	Control group (not specified)	Days	463		463	0.72	
		Physician feedback group	Days	466		466	0.67	0.38
	Number of ED visits per year	Control group (not specified)	Visits	463		463	1.14	
		Physician Feedback Group	Visits	466		466	0.87	0.013
	Number of unscheduled clinic	Control group (not specified)	Visits	463		463	1.31	
	visits per year	Physician Feedback Group	Visits	466		466	1.14	0.14
	Number of hospitalizations per	Control group (not specified)	Hospitalizations	463		463	0.24	
	year	Physician Feedback Group	Hospitalizations	466		466	0.22	0.56
Kerr, 2008 ³⁵	CESD scores of >=10 (44 patients)	"Enhanced" standard care	Score		22.8	196	19.7	
		Patient-centered assessment and counseling for exercise and nutrition via the Internet	Score		13.8	205	18.9	
Krishna, 2003 ³⁶	Knowledge Score among caregivers of children 0-6 yrs old	Control group received traditional patient education based on the National Asthma Education and Prevention Program		69	48.41	23	52.3	0.0293

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention Intervention group received traditional patient education based on the National Asthma Education and Prevention Program as well as self-management education through the Interactive Multimedia Program for		62	47.94	24	55.68	<0.0001
	Knowledge Score among caregivers of children 7-17 yrs old	Asthma Control and Tracking Control group received traditional patient education based on the National Asthma Education and Prevention Program		52	49.57	28	51.7	-0.0079
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program as well as self-management education through the Interactive Multimedia Program for Asthma Control and Tracking		45	49.95	26	55.38	<0.0001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Knowledge Score	Control group		52	43.44	28	47.51	
		received traditional		02	10.11			
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program						
		Intervention group		45	43.11	25	53.12	<0.0001
		received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						
	Change in	Control group		119	97.8	44	48.2	
	knowledge, health	received traditional						
	outcome, resource	patient education						
		based on the						
	Days of asthma	National Asthma						
	symptoms	Education and						
		Prevention						
		Program						

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention			4045	40	00.0	0.0004
		Intervention group			104.5	42	23.9	<0.0001
		received traditional						
		patient education						
		based on the						
		National Asthma Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive Multimedia						
		Program for						
		Asthma Control						
	Ob a series in	and Tracking			00.7	45	44	0.0004
		Control group			90.7	45	41	0.0004
	knowledge, health	received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program				4.4	00.0	0.0000
		Intervention group			90	41	26.3	0.0002
		received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Change in	Control group			35.5	45	13.5	0.951
		received traditional			33.3	7-5	13.5	0.331
		patient education						
	utilization by children:							
	Days of activity	National Asthma						
	limitation	Education and						
		Prevention						
		Program						
		Intervention group			46.2	40	6.7	<0.0001
		received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						
		Control group			62	45	17.1	<0.0001
	knowledge, health	received traditional						
		patient education						
		based on the						
	Nights of sleep	National Asthma						
	disturbance	Education and						
		Prevention						
		Program						

Author, Year	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Intervention group			64.7	42	15.2	<0.0001
	received traditional			04.7	42	15.2	<0.0001
	patient education						
	based on the						
	National Asthma						
	Education and						
	Prevention						
	Program as well						
	as self-						
	management						
	education through						
	the Interactive						
	Multimedia						
	Program for						
	Asthma Control						
	and Tracking						
				6.4	4 <i>E</i>	1.2	<0.0001
	Control group received traditional			0.4	45	1.3	<0.0001
	patient education						
	based on the						
	National Asthma						
	Education and Prevention						
	Program			0.0	40	0.0	.0.0004
	Intervention group received traditional			6.6	40	0.8	<0.0001
	patient education						
	based on the						
	National Asthma						
	Education and						
	Prevention						
	Program as well						
	as self-						
	management						
	education through						
	the Interactive						
	Multimedia						
	Program for						
	Asthma Control						
	and Tracking						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Change in	Control group			1.2	45	0.6	0.0219
		received traditional			1.2	10	0.0	0.0210
		patient education						
	utilization by children:							
		National Asthma						
	visits	Education and						
		Prevention						
		Program						
		Intervention group			2	42	0.1	0.0024
		received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						
		Control group			0.6	45	0.1	0.0313
	knowledge, health	received traditional						
		patient education						
		based on the						
	Hospitalizations	National Asthma						
		Education and						
		Prevention						
		Program						

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	+	Intervention group			0.1	42	0.1	0.0625
		received traditional			0.1	42	0.1	0.0025
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						
		Control group			6.4	15	F 1	0.0781
		received traditional			0.4	43	5.4	0.0761
		patient education						
		based on the						
		National Asthma						
		Education and Prevention						
		Program			0.7	40	0.0	0.4500
		Intervention group received traditional			2.7	42	0.6	0.1563
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						

Evidence Table 10. All outcomes of studies addressing clinical outcomes.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Change in	Control group			6.4	43	5.4	0.1479
	knowledge, health	received traditional						
	outcome, resource	patient education						
	utilization by children:	based on the						
		National Asthma						
		Education and						
		Prevention						
		Program						
		Intervention group			7.9	40	1.4	0.0001
		received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program as well						
		as self-						
		management						
		education through						
		the Interactive						
		Multimedia						
		Program for						
		Asthma Control						
		and Tracking						
	Daily dose of inhaled	Control group			350.53	119	753.88	0.0364
	corticosteroid	received traditional						
		patient education						
		based on the						
		National Asthma						
		Education and						
		Prevention						
		Program						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program as well as self-management education through the Interactive Multimedia Program for Asthma Control		105	353.09	42	433.51	0.8327
Kucher, 2005 ³⁷	Prophylactic Measures:	and Tracking No computerized alert	Number of patients (%)			1255	1.5	
	MechanicalTotal	to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			1251	10	
	Prophylactic Measures:	No computerized alert	Number of patients (%)			1255	0.6	
	Mechanical Compression stockings		Number of patients (%)			1251	4.1	
	Prophylactic Measures:	No computerized alert	Number of patients (%)			1255	1	
	Mechanical Pneumatic boots	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			1251	5.8	
	Prophylactic Measures:		Number of patients (%)			1255	13	

Author, Year	Outcome	Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
	PharmacologicTotal	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			1251	23.6	
	Prophylactic Measures:	No computerized alert	Number of patients (%)			1255	6.5	
	Pharmacologic Unfractionated heparin	Computerized alert to physician about patient's risk of deep-vein thrombosis	No. Of patients (%)			1251	17	
	Prophylactic measures:		Number of patients (%)			1255	3.3	
	Pharmacologic Warfarin	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			1251	2.2	
	Prophylactic measures:	No computerized alert	Number of patients (%)			1255	3.3	
	Pharmacologic Enoxaparin	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			1251	4.4	
	Venous thromboembolism at	No computerized alert	Number of patients (%)			71	5.7	
	30 days	to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			41	3.3	
	Venous thromboembolism at	alert	Number of patients (%)			103	8.2	
	90 days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			61	4.9	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Pulmonary embolism at 30 days	No computerized alert	Number of patients (%)			21	1.7	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			10	0.8	
	Pulmonary embolism at 90 days	No computerized alert	Number of patients (%)			35	2.8	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			14	1.1	
	Proximal-leg deep- vein thrombosis at 30	No computerized	Number of patients (%)			17	1.4	
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			8	0.6	
	Proximal-leg deep- vein thrombosis at 90	No computerized	Number of patients (%)			23	1.8	
	days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			10	0.8	
	Distal-leg deep-vein thrombosis at 30	No computerized alert	Number of patients (%)			8	0.6	
	days		Number of patients (%)			3	0.2	
		No computerized alert	Number of patients (%)			12	1	

Author, Year	Outcome	Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
	days	to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			5	0.4	
	Deep-vein thrombosis of the	No computerized alert	Number of patients (%)			25	2	
	arms at 30 days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			20	1.6	
	Deep-vein thrombosis of the		Number of patients (%)			33	2.6	
	arms at 90 days	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			32	2.5	
	Death at 30 days	No computerized alert	Number of patients (%)			157	12.5	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			174	13.9	
	Death at 90 days	No computerized alert	Number of patients (%)			279	22.3	
		to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			282	22.5	
	Major hemorrhage at 30 days	alert	Number of patents (%)			19	1.5	
		Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			19	1.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Minor hemorrhage at 30 days		Number of patients (%)			88	7	
	·	Computerized alert to physician about patient's risk of deep-vein thrombosis	Number of patients (%)			81	6.5	
Laffel, 2007 ³⁸	Mean decrease in	Paper log books	Logbook data and A1C	92		92	0.27	0.02
,	A1C		Logbook data and A1C	113		113		0.02
Lester, 2004 ³⁹	Statin change	Usual care	%			124	2.3	<0.001
		Facilitated lipid management using interactive e-mail	%			132	15.3	<0.001
	Repeat fasting lipid	Usual care	%			124	7.6	0.16
	profile	Facilitated lipid management using interactive e-mail	%			132		0.16
Liaw, 1998 ⁴⁰	Improved patient's knowledge of own health	Patients with one or more chronic health problem without PHR received		22		22		
		Patients with one or more chronic health problem without PHR received		29		29	56%	
		Post test group without PHR		NR		NR		
	Patient felt more responsible for own health	Patients with one or more chronic health problem without PHR received		NR		NR		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Patients with one or more chronic health problem without PHR		NR		NR	52%	
		received Post-test group without PHR		NR		NR		
		Patients with one or more chronic health problem without PHR received		NR		NR		
		Patients with one or more chronic health problem without PHR received		NR		NR	41%	
		Post-test group without PHR		NR		NR		
	Improved sharing of information with family	Patients with one or more chronic health problem without PHR received		NR		NR		
		Patients with one or more chronic health problem without PHR received		NR		NR	38%	
		Post-test group without PHR		NR		NR		
	Improved patient- doctor communication	Patients with one or more chronic health problem without PHR received		NR		NR		
		Patients with one or more chronic health problem without PHR received		NR		NR	32%	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Post-test group		NR		NR		
		without PHR						
		Patients with one		NR		NR		
	information with	or more chronic						
	hospital	health problem						
		without PHR						
		received						
		Patients with one		NR		NR		
		or more chronic						
		health problem						
		without PHR						
		received		NID		ND		
		Post-test group without PHR		NR		NR		
	Improved sharing of	Patients with one		NR		NR		
	information with other			1414				
	health care providers							
		without PHR						
		received						
		Patients with one		NR		NR		
		or more chronic						
		health problem						
		without PHR						
		received						
		Post-test group		NR		NR		
		without PHR						
	Impact on systolic BP			16		NR		
		or more chronic						
		health problem						
		without PHR						
		received		00		ND		0.04
		Patients with one		20		NR		0.04
		or more chronic						
		health problem without PHR						
		received						
		Post-test group		NR		NR		
		without PHR						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact on diastolic BP	Patients with one or more chronic health problem without PHR received		NR		NR		
		Patients with one or more chronic health problem without PHR received		NR		NR		Not significant
Lorig, 2006 ⁴¹	Health distress	Usual care	1-yr changes	501		426	-0.193	
		Internet-based CDSMP	1-yr changes	457		354	-0.377	
	Self-reported global	Usual care	1-yr changes	501		426	-0.068	
	health	Internet-based CDSMP	1-yr changes	457		354	-0.102	
	Illness intrusiveness	Usual care	1-yr changes	501		426	-0.064	
		Internet-based CDSMP	1-yr changes	457		354	-0.150	
	Disability	Usual care	1-yr changes	501		426	-0.142	
		Internet-based CDSMP	1-yr changes	457		354	-0.166	
	Fatigue	Usual care	1-yr changes	501		426	-0.358	
		Internet-based CDSMP	1-yr changes	457		354	-0.720	
	Pain	Usual care	1-yr changes	501		426	-0.047	
		Internet-based CDSMP	1-yr changes	457		354	-0.367	
	Shortness of breath	Usual care	1-yr changes	501		426	-0.216	
		Internet-based CDSMP	1-yr changes	457		354	-0.537	
	Aerobic exercise	Usual care	1-yr changes	501		426	7.99	
		Internet-based CDSMP	(Minutes/week) 1-yr changes	457		354	12.1	
	Stretch/strength exercise	Usual care	(Minutes/week) 1-yr changes	501		426	1.16	
	Ir	Internet-based CDSMP	(Minutes/week) 1-yr changes	457		354	11.9	
	Communication with	Usual care	1-yr changes	501		426	0.221	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	physician	Internet-based	1-yr changes	457		354	0.268	
	Practice stress management	CDSMP Usual care	(Times/week) 1-yr Changes	501		426	0.200	
	(times/wk)	Internet-based CDSMP	(Times/week) 1-yr changes	457		354	0.647	
	Self-efficacy	Usual care	1-yr changes	501		426	0.200	
		Internet-based CDSMP	1-yr changes	457		354	0.406	
	Physician visits (past		1-yr changes	501		426	-0.866	
	6 months)	Internet-based CDSMP	1-yr changes	457		354	-0.680	
	Emergency visits	Usual care	1-yr changes	501		426	-0.144	
		Internet-based CDSMP	1-yr Changes	457		354	-0	
	Days in hospital (past 6 months)	Usual care	1-yr changes	501		426	-0.243	
Lowensteyn, 1998 ⁴²	Likelihood of high- risk patients for a followup coronary	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		110				
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		494		494		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Likelihood of low-risk			66				
	patients for a	physician received		00				
		their profile only if						
		the patient was						
	nok dosessment	clinically						
		reevaluated during						
		a 3-month followup						
		visit						
		The profile group		288		288		
		physician received						
		coronary risk						
		profiles for their						
		patients within 10						
		working days after						
		the baseline						
		patient						
		assessment						
		providing early						
		feedback						
	Impact of coronary	The control group		89			6.11	
		physician received						
		their profile only if						
	cholesterol (mmol/l)	the patient was clinically						
		reevaluated during						
		a 3-month followup						
		visit						
		The profile group		202		202	6.55	0.05
		physician received		202		202	0.00	0.00
		coronary risk						
		profiles for their						
		patients within 10						
		working days after						
		the baseline						
		patient						
		assessment						
		providing early						
		feedback						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors:HDL(mmol/I)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			1.16	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	1.13	0.55
	Impact of coronary risk profiles on CHD risk factors: LDL (mmol/l)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			3.88	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	4.37	0.05

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors: Total/HDL ratio (mmol/I)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			5.7	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	6.2	0.05
	Impact of coronary risk profiles on CHD risk factors: Systolic BP (mm Hg)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			129.2	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	133	0.61

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact of coronary	The control group physician received		89			79.8	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	82.3	0.99
	risk profiles on CHD risk factors: Body	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			27.8	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	28.6	0.31

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors: Smoker	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			21	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	42	0.64
	Impact of coronary risk profiles on CHD risk factors: 8-Yr coronary risk %	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			52	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	12	<0.01

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors: Cardiovascular age (yrs)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			52	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202		202	54	<0.01
Madsen, 2008 ⁴³	Differences in systolic daytime	Conventional monitoring of BP	Decrease in systolic daytime ABPM (mm Hg)			-9.6		0.225
	ambulatory BP monitoring	Telemonitoring of BP	Decrease in systolic daytime ABPM (mm Hg)			-11.9		0.225
Maslin, 1998 ⁴⁴	Mental health score on Short Form-36 questionnaire	Patients in the control group received usual care from multidisciplinary team	Score unit	49	68		68	0
		Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team		51	60		68	

Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Score Unit	49				<0.001
	Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team		51				
	Computer decision support software to improve the management of	Number of events Number of events			5	22	
Reductions in the exacerbations of asthma	support software to improve the management of	Number of events Number of events			5	17 8	
Assessment of symptoms	No intervention	Number of events Number of events			12 5	13 5	
British asthma guidelines step	No intervention Computer decision support software to improve the management of asthma				5	35 36	
	Reductions in patient initiated consultations Reductions in the exacerbations of asthma Assessment of symptoms British asthma	Anxiety score on the hospital anxiety and depression scale Reductions in patient initiated consultations Reductions in the exacerbations of asthma Respectively assessment of symptoms British asthma guidelines step Intervention Patients in the control group received usual care from multidisciplinary team Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team No intervention Computer decision support software to improve the management of asthma No intervention Computer decision support software to improve the management of asthma No intervention Computer decision support software to improve the management of asthma No intervention Computer decision support software to improve the management of asthma No intervention Computer decision support software to improve the management of asthma No intervention Computer decision support software to improve the management of asthma No intervention	Anxiety score on the hospital anxiety and depression scale Patients in the control group received usual care from multidisciplinary team Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team Reductions in patient initiated consultations Reductions in the exacerbations of asthma Reductions in the exacerbations of asthma Respective to improve the management of asthma Assessment of symptoms Risible asthma Risibl	Intervention Anxiety score on the hospital anxiety and depression scale Patients in the control group received usual care from multidisciplinary team Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team Reductions in patient initiated consultations Reductions in the exacerbations of asthma No intervention Computer decision support software to improve the management of asthma Assessment of symptoms Assessment of symptoms Right in the control group received usual care from multidisciplinary team No intervention Computer decision support software to improve the management of asthma No intervention Score Unit 49 Asserved usual care from Mumber of events Number of events	Anxiety score on the hospital anxiety and depression scale depression scale are from multidisciplinary team Patients in the intervention group received usual care from multidisciplinary team Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team No intervention Support software to improve the management of asthma Reductions in the exacerbations of asthma Reductions in the exacerbations of asthma Assessment of symptoms British asthma Gundal Reductions in the emanagement of asthma No intervention Computer decision support software to improve the management of asthma No intervention Computer decision Number of events Sumber of events Number of events	Anxiety score on the hospital anxiety and depression scale ereceived usual care from multidisciplinary team Patients in the intervention group received and interactive video disk system along with usual care from multidisciplinary team Computer decision support software to improve the management of asthma Reductions in the exacerbations of asthma Assessment of symptoms Assessment of symptoms British asthma guidelines step British asthma British asthma guidelines step Anxiety score on the Patients in the control group received usual care from multidisciplinary team Patients in the intervention Number of events Number of events Number of events 12 Number of events 5 Number of events	Intervention

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Computer decision	Number of events			5		
		support software						
		to improve the						
		management of						
		asthma						
	Outpatients	No intervention	Number of events			12	2	
		Computer decision	Number of events			5	1	
		support software						
		to improve the						
		management of						
		asthma						
McDonald, 2005 ⁴⁶	Presence of pain	Usual care	Adjusted probability			234	86.9	
	assessed by nurse	Patient-specific,	Adjusted probability			242	89.3	
		one-time e-mail						
		reminder with						
		pain-specific						
		recommendations						
		E-mail reminder +	Adjusted probability			197	88	
		provider prompts +						
		patient education						
		+ clinical nurse						
		specialist outreach						
	Medication	Usual care	Adjusted probability			234	44.5	
	assessment	Patient-specific,	Adjusted probability			242	45.6	
		one-time e-mail	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					
		reminder with						
		pain-specific						
		recommendations						
		E-mail reminder +	Adjusted probability			197	50.4	
		provider prompts +	, , ,					
		patient education						
		+ clinical nurse						
		specialist outreach						
	Mood assessment by	Usual care	Adjusted probability			234	85.5	
	nurse	Patient-specific,	Adjusted probability			242	92.7	
		one-time e-mail						
		reminder with						
		pain-specific						
		recommendations						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	88.9	
	Educational materials	Usual care	Adjusted probability			234	1.3	
	delivered by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	2.4	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	7.3	
	Pain at its worst	Usual care	Adjusted probability/Score			234	4.5	
	(range: 0–10)	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	3.6	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	3.3	
	Pain on average	Usual care	Adjusted probability/Score			234	3.7	
	(range: 0–10)	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted Probability/Score			242	2.2	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	3.1	
	Pain interference	Usual care	Adjusted probability/Score			234	5.3	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	scale (range: 0–10)	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	5.8	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	5.2	
	Best quality of life	Usual care	Adjusted probability/Score			234	16.1	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	16.9	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	15.2	
	Severe pain	Usual care	Adjusted probability/Score			234	28.4	
	·	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	32	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	25.8	
	Severe insomnia	Usual care	Adjusted probability/Score			234	40.9	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	39.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	32.8	
	Severe constipation	Usual care	Adjusted probability/Score			234	18.9	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	14.8	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	12	
	Inadequate pain	Usual care	Adjusted probability/Score			234	68.5	
	management	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	69.9	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted robability/Score			197	64	
	Barriers summary	Usual care	Score			234	37.7	
	score	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Score			242	37.6	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Score			197		
	Use of alternative	Usual care	Adjusted probability/Score			234	26.9	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	treatments	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score			242	22.6	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score			197	15.9	
	Probability of	Usual care	Adjusted probability			234	22.2	
	hospitalization	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	22.1	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	16.6	
	Probability of ED use		Adjusted probability			234	36.6	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability			242	37.8	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability			197	33.5	
	Home care-related	Usual care	US dollars			234	2642	
	costs	Patient-specific, one-time e-mail reminder with pain-specific recommendations	US dollars			242	2789	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars			197	2903	
	Overall costs	Usual care	US dollars			234	5687	
		Patient-specific, one-time e-mail reminder with pain-specific recommendations	US dollars			242	5966	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars			197	5611	
McGregor, 2006 ⁴⁷	In-hospital mortality	Patients without computerized clinical decision support system	Patients who died in the hospital		180	8.19		
		Patients with computerized clinical decision support system	Patients who died in the hospital		359	7.84	0.52	
	Length of hospitalization	Patients without computerized clinical decision support system	Days		180	5		
		Patients with computerized clinical decision support system	Days		359	4	0.64	
	Hospital antimicrobial expenditure savings	Patients without computerized clinical decision support system	US dollar expenditures per patient		180	0		
		Patients with computerized clinical decision support system	US dollar expenditures per patient		359	37.64		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Time spent managing antimicrobial utilization	Patients without computerized clinical decision support system	Person-hours per day		180	4.1		
		Patients with computerized clinical decision support system	Person-hours per day		359	3.2		
McKinley, 2001 ⁴⁸	Survival	Usual care non- protocol managed by physician orders				33	79	
		Ventilation computerized protocol				34	70	Not significant
	ICU length of stay	Usual care non- protocol managed by physician orders	Days			33	31.4	
		Ventilation computerized protocol				34	34.5	not significant
	Morbidity	Usual care non- protocol managed by physician orders	Morbidity score			33	9.3	
		Ventilation computerized protocol				34	9.8	Not significant
	Barotrauma	Usual care non- protocol managed by physician orders	Score			33	0.83	
		Ventilation computerized protocol				34	1.01	nt significant
	FIO ₂ exposure>0.6	Usual care non- protocol managed by physician orders				33	3.1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Ventilation computerized protocol				34	1.8	<0.05
	P plateau exposure > 35 cm H ₂ O	Usual care non- protocol managed by physician orders				33	669	
		Ventilation computerized protocol				34	360	<0.05
Mitchell, 2004 ⁴⁹		Controlno feedback practices		507		518	148	0.555
	. , ,	Audit only practices		603		641	152.3	0.707 as compared to Arm A, 0.026 as compared to Arm C
		Audit plus strategic practices		645		646	146.5	0.555
	Final proportion with	Controlno feedback practices		507		518	45.7	
	hypertensive patients			603		641	33.5	0.77
		Audit plus strategic practices		645		646	45.5	0.028
	All patients with BP<160/90	Controlno feedback practices		507		518		
		Audit only practices		603		641	47	
		Audit plus strategic practices		645	54.3	646	63	
	All patients with BP>=160/90	Controlno feedback practices		507		518		
		Audit only practices		603		641		
		Audit plus strategic practices		645	26.9	646	22.8	
	All patients with no recorded BP	Controlno feedback practices		507		518		
		Audit only practices		603		641		
		Audit plus strategic practices		645	18.8	646	14.2	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Hypertensive patients			507		518		
		feedback practices		007		010		
		Audit only		603		641		
		practices						
		Audit plus strategic		645	96.1	646	96.6	
		practices						
	Hypertensive patients	Controlno		507	10.4	518	7.7	
		feedback practices						
		Audit only		603	19.6	641	14	
		practices						
		Audit plus strategic		645	3.9	646	3.4	
		practices						
		Controlno		507	40.5	518	56.5	
	with BP<160/90	feedback practices						
		Audit only		603	33.6	641	45.1	
		practices						
		Audit plus strategic	:	645	53.9	646	62.1	
		practices						
	Hypertensive patients			507	49.1	518	35.8	
	with BP >=160/90	feedback practices						
		Audit only		603	46.8	641	40.9	
		practices						
		Audit plus strategic	;	645	42.1	646	34.5	
		practices		507	0.4.0	540	04.4	
	Hypertensive patients			507	84.3	518	91.4	
	treated for HTN	feedback practices		603	07.5	0.44	92.3	
		Audit only practices		003	87.5	641	92.3	
		Audit plus strategic		645	84.3	646	93.7	
		practices		043	04.3	040	93.7	
	Hypertensive patients			507	0.2	518	6.6	
		feedback practices		307	9.2	310	0.0	
		Audit only		603	15.9	6/1	12.9	
		practices		003	13.3	0-11	12.3	
		Audit plus strategic		645	2	646	3.2	
		practices		070		0,10	0.2	
	Hypertensive patients			507	41.5	518	32.3	
		feedback practices		007	11.5		02.0	
		Audit only		603	41.3	641	38.3	
		practices					55.0	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Audit plus strategic practices		645	36.1	646	32.6	
	Hypertensive patients who have controlled			507	33.6	518	52.5	
	BP	Audit only practices		603	30.3	641	41.1	
		Audit plus strategic practices		645	45.2	646	57.9	
Montgomery, 2000 ⁵⁰	Mean 5-yr cardiovascular risk	Usual care	Risk score units	130	17.3		17.8	<0.01
		The intervention consisted of a clinical decision support system plus risk chart		202	16		16.7	
	Mean systolic blood pressure	Usual care	mm Hg	130	158		159	0
		The intervention consisted of a clinical decision support system plus risk chart		202	153		153	
	Mean diastolic blood pressure	Usual care	mm Hg	130	86		84	**SNR
		The intervention consisted of a clinical decision support system plus risk chart		202	85		85	
	Mean 5-yr cardiovascular risk	Usual care	Risk score units	130	17.3		17.8	<0.01
		The intervention consisted of a clinical decision support system plus risk chart		199	17.9		17.5	
	Mean systolic blood pressure (mm Hg)	Usual care	mm Hg	130	158		159	0.02

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		The intervention consisted of a clinical decision support system plus risk chart		199	156		153	
	Mean diastolic blood pressure	Usual care	mm Hg	130	86		84	**SNR
		The intervention consisted of a clinical decision support system plus risk chart		199	87		86	
	Number of patients with 0-1 classes of	Usual care	Number of patients	130	58		50	0
	drugs prescribed	The intervention consisted of a clinical decision support system plus risk chart		202	88		81	
	Number of patients with 3 classes of	Usual care	Number of patients	130	45		47	0
	drugs prescribed	The intervention consisted of a clinical decision support system plus risk chart		202	75		74	
	Number of patients with >=3 classes of	Usual care	Number of patients	130	34		40	0
	drugs prescribed	The intervention consisted of a clinical decision support system plus risk chart		202	44		52	
	Number of patients with 0-1 classes of	Usual care	Number of patients	130	58		50	0
	drugs prescribed	The intervention consisted of a clinical decision support system plus risk chart		199	98		68	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Number of patients with 3 classes of	Usual care	Number of patients	130	45		47	0
	drugs prescribed	The intervention consisted of a clinical decision support system plus risk chart		199	58		67	
	Number of patients with >=3 classes of drugs prescribed	Usual care	Number of patients	130	34		40	0
Montgomery, 2007 ⁵¹	Decisional conflict	Standard care	Score				27.8	
1	scale (total)	Information program	Score				22.5	
		Decision analysis	Score				23.6	
	Mode of delivery:	Standard care	N				50	
	Elective Caesarean	Information program	N			117	49	
		Decision analysis	N				41	
	Mode of delivery:	Standard care	N				20	
	Emergency Caesarean	Information program	N			53	22	
		Decision analysis	N			50	21	
	Mode of delivery:	Standard care	N				30	
	Vaginal birth	Information program	N				29	
		Decision analysis	N			88	37	
	Anxiety	Standard care					42.1	
		Information program					38.5	
		Decision analysis					38.7	
	Knowledge	Standard care					57.5	
		Information program					69.7	
		Decision analysis					68.0	
	Satisfaction with	Standard care					4.2	
	decision	Information program					4.3	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Montori, 2004 ⁵²	6-month HbA1c	Control (glucometer transmission without feedback)	%			15	8.2	
	6-month HbA1c	Telecare (glucometer transmission with feedback)	%			13	7.8	
	Glycemic control	Control (glucometer transmission without feedback)				15	7	
	Glycemic control	Telecare (glucometer transmission with feedback)				13	29	
	Self-monitoring: Change at 6 months from baseline	Control (glucometer transmission without feedback)	%			15	0	
	Self-monitoring: Change at 6 months from baseline	Telecare (glucometer transmission with feedback)	%			13	10.7	
	Clinician review of data transmission with the study nurse	Control (glucometer transmission without feedback)	Minutes per patient			15	0	
	Clinician review of data transmission with the study nurse	Telecare (glucometer transmission with feedback)	Minutes per patient			13	9	
	Time spent by the nurse reviewing patients data during the 6 months of the study	Control (glucometer transmission without feedback)	Minutes per patient			15	12	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Time spent by the nurse reviewing patients data during the 6 months of the study	Telecare (glucometer transmission with feedback)	Minutes per patient			13	76	
	Time spent by the nurse providing feedback to patients during the 6 months of the study	Control (glucometer transmission without feedback)	Minutes per patient			15	18	
	Time spent by the nurse providing feedback to patients during the 6 months of the study	Telecare (glucometer transmission with feedback)	Minutes per patient			13	68	
Napolitano, 2003 ⁵⁴	Physical activity: (Moderate)	Participants in the waiting list control group were told that they would have to wait 3 months to participate. They completed assessments at 1 and 3 months, similar to participants in the Internet condition. After their 3-month assessment, they were sent to the internet condition		35		31	80.86	
		Participants in the Internet condition group received access to the Web site for 3 months along with weekly e-mail tip sheets		30		21	68.79	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention		0.5			00.00	
		Participants in the		35		31	96.82	
	(Moderate)	waiting list control						
		group were told						
	in 1 month	that they would						
		have to wait 3						
		months to						
		participate. They						
		completed						
		assessments at 1						
		and 3 months,						
		similar to						
		participants in the						
		Internet condition.						
		After their 3-month						
		assessment, they						
		were sent to the						
		internet condition						
		Participants in the		30		21	98.33	
		Internet condition						
		group received						
		access to the Web						
		site for 3 months						
		along with weekly						
		e-mail tip sheets						
	Physical activity:	Participants in the		35		31	82	
	(Moderate)	waiting list control						
		group were told						
	in 3 months	that they would						
		have to wait 3						
		months to						
		participate. They						
		completed						
		assessments at 1						
		and 3 months,						
		similar to						
		participants in the						
		Internet condition.						
		After their 3-month						
		assessment, they]	
		were sent to the]	
		internet condition						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Participants in the		30		21	112	Not significant
		Internet condition						
		group received						
		access to the Web						
		site for 3 months						
		along with weekly						
		e-mail tip sheets						
	Physical activity:	Participants in the		35		31	87.57	
	(Walking)	waiting list control						
	intervention outcome	group were told						
	in baseline	that they would						
		have to wait 3						
		months to						
		participate. They						
		completed						
		assessments at 1						
		and 3 months,						
		similar to						
		participants in the						
		Internet condition.						
		After their 3-month						
		assessment, they						
		were sent to the						
		internet condition						
		Participants in the		30		21	57.24	
		Internet condition						
		group received						
		access to the Web						
		site for 3 months						
		alone with weekly						
		e-mail tip sheets						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention		0.5		0.4	00.70	
	Physical activity:	Participants in the		35		31	83.79	
	(Walking)	waiting list control						
		group were told						
	in 1 month	that they would						
		have to wait 3						
		months to						
		participate. They						
		completed						
		assessments at 1						
		and 3 months,						
		similar to						
		participants in the						
		Internet condition.						
		After their 3-month						
		assessment, they						
		were sent to the						
		internet condition						
		Participants in the		30		21	87.29	
		Internet condition						
		group received						
		access to the Web						
		site for 3 months						
		along with weekly						
		e-mail tip sheets						
	Physical activity:	Participants in the		35		31	68.39	
	(Walking)	waiting list control						
	intervention outcome	group were told						
	in 3 months	that they would						
		have to wait 3						
		months to						
		participate. They						
		completed						
		assessments at 1						
		and 3 months,						
		similar to						
		participants in the						
		Internet condition.						
		After their 3-month						
		assessment, they						
		were sent to the						
		internet condition						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Participants in the Internet condition		30		21	99.75	
		group received access to the Web						
		site for 3 months						
		along with weekly						
New year 2000 ⁵⁵	CDO: Disample with	e-mail tip sheets	Caara 5 25	20	45.0	20	40.0	
Nguyen, 2008 ⁵⁵	CRQ: Dyspnea with ADL	fDSMP (face-to- face)	Score 5-35	20	15.9	20	19.9	
		eDSMP Internet- based	Range 5-35	19	18.8	19	21.3	0.14
	Exercise stage of change: action or	fDSMP (face-to- face)	%	20		20		
	maintenance	eDSMP Internet- based	%	19		19		NA
	Endurance exercise	fDSMP (face-to- face)	Total minutes/week	20	77	20	121	
		Edsmp Internet- based	Total minutes/wk	19	89	19	128	0.22
	Strength exercise	fDSMP (face-to- face)	Total minutes/week	20	21	20	53	
		eDSMP Internet- based	Total minutes/wk	19	11	19	34	0.54
	6-minute walk test	fDSMP (face-to- face)	М	20	406	20	394	
		eDSMP Internet- based	М	19	436	19	456	0.22
	CRQ: Fatigue	fDSMP (face-to- face)	Range 4-28	20	16.1	20	17.7	
		eDSMP Internet- based	Range 4-28	19	17.1	19	18.3	0.29
	CRQ: Mastery	fDSMP (face-to- face)	Range 4-28	20	20.4	20	22.4	
		eDSMP Internet- based	Range 4-28	19	21.7	19	23.6	0.35
	CRQ: Emotional functioning	fDSMP (face-to- face)	Range 7-49	20	33.4	20	34.5	
		eDSMP Internet- based	Range 7-49	19	35.9	19	36.8	0.33
	CRQ: Total score	fDSMP (face-to- face)	Range 2-140	20	85.8	20	94.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		eDSMP Internet- based	Range 20-140	19	93.5	19	99.9	0.19
	SF-36: Physical composite	fDSMP (face-to- face)	Range 0-100	20	32	20	8	
	Composito	leDSMP nternet- based	Range 0-100	19	37.3	19	39.9	0.07
	SF-36: Mental composite	fDSMP (face-to- face)	Range 0-100	20	12.5	20	13.8	
	·	eDSMP Internet- based	Range 0-100	19	49.7	19	51.3	0.7
	Dyspnea knowledge	fDSMP (face-to- face)	Range 0-15	20	12.5	20	13.8	
		eDSMP Internet- based	Range 0-15	19	12.6	19	14.1	0.49
	Self-efficacy	fDSMP (face-to- face)	Range 0-10	20	4.6	20	5	
		eDSMP Internet- based	Range 0-10	19	4.7	19	6.7	0.18
	Perception of support	fDSMP (face-to- face)	Range 0-100	20	68.9	20	70.9	
		eDSMP Internet- based	Range 0-100	19	62.2	19	66.4	0.64
	Perception of exercise support /	fDSMP (face-to- face)	%	20		20	80	
	strongly agree	eDSMP Internet- based	%	19		19	68	
	Perception of exercise support /	fDSMP (face-to- face)	%	20		20	10	
	agree	eDSMP Internet- based	%				32	
	Satisfaction with program	fDSMP (face-to- face)	Scale 1-5	20		20	2.7	
		eDSMP Internet- based	Scale 1-5				2.6	
Noel, 2004 ⁵⁶	Bed-days of care per patient over 6-month period	Received usual home health care services plus nurse care management	Days		13.82	57	5.11	0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Received home telehealth plus nurse care management	Days		12.19	47	1.88	0.0001/0.085 (Baseline to final/ between groups)
		Received usual home health care services plus nurse care management	Number of visits		16.33	57	14.96	0.26
		Received home telehealth plus nurse care management	Number of visits		14.51	47	14.83	1.000/0.958 (Baseline to final/ between groups)
	Urgent visits per patient over 6-month period	Received usual home health care services plus nurse care management	Number of visits		5.59	57	5.69	0.902
		Received home telehealth plus nurse care management	Number of visits		7.27	47	5.39	0.023/0.798 (Baseline to final/ between groups)
		Received usual home health care services plus nurse care management	Number of visits		1.82	57	1.81	0.979
		Received home telehealth plus nurse care management	Number of visits		2.53	47	2	0.512/0.848 (Baseline to final/ between groups)
	Diabetic A1c levels at 6 months		Diabetic A1c test units		7.03	28	7.83	0.002
		Received home telehealth plus nurse care management	Diabetic A1c test units		8.3	23	7.3	0.0001/0.225 (Baseline to final/ between groups)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Quality-of-life measure: Cognitive status at 12 months	Received usual home health care services plus nurse care management	Test units		19.42	14	19.43	0.635
		Received home telehealth plus nurse care management	Test units		19.31	8	20	0.095/0.006 (Baseline to final/ between groups)
	Quality-of-life measure: Functional level at 12 months	Received usual home health care services plus nurse care management	Test units		40.19	14	38.29	0.417
		Received home telehealth plus nurse care management	Test units		37.02	8	37.63	0.107/0.799 (Baseline to final/ between groups)
	Quality-of-life: Patient satisfaction at 12 months	Received usual home health care services plus nurse care management	Test units		98.7	14	95.57	0.004
		Received home telehealth plus nurse care management	Test units		103.55	8	109.75	0.427/0.0125 (Baseline to final/ between groups)
	, ,	Received usual home health care services plus nurse care management	Test units		84.86	14	82.21	0.15
		Received home telehealth plus nurse care management	Test units		81.32		88	0.110/0.506 (Baseline to final/ between groups)
	Average/participant health care cost	Received usual home health care services plus nurse care management	US dollars			57		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Received home	US dollars			47		
		telehealth plus	US dollars			47		
		nurse care						
		management						
Ojima, 2003 ⁵⁷	Periodontal	Control (face-to-	Index of			NR		
Ojima, 2003	inflammation	face tooth	lindex of			INIX		
	Illiamilation	brushing						
		instructions &						
		telephone followup						
		In addition to				NR		<0.05
		control activities				IVIX		10.00
		utilized a Web-						
		based instructional						
		system						
	Plaque accumulation		Index of			NR		
	i iaquo accumulation	face tooth						
		brushing						
		instructions &						
		telephone followup						
		In addition to				NR		<0.05
		control activities						
		utilized a Web-						
		based instructional						
		system						
	Gingival inflammation		Index of inflammation			NR		
		face tooth						
		brushing						
		instructions &						
		telephone followup						
		In addition to				NR		<0.05
		control activities						
		utilized a Web-						
		based instructional						
		system						
	Oral hygiene	Control (face-to-	Index of hygiene			NR		
		face tooth						
		brushing						
1		instructions &						
		telephone followup						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		In addition to control activities utilized a Web- based instructional system				NR		<0.05
Parati, 2009 ⁵⁸	% with daytime BP	Usual care		111		111	50	
	normalization	Teletransmitted home BP		187		187	62	
	Frequency of	Usual care		111		111	14	
	treatment changes	Teletransmitted home BP		187		187	9	
	Quality of life at end	Usual care		111		111		
	of study per QOL assessment in HTN patient's questionnaire	Teletransmitted home BP		187		187	33.8- 43.0	
	Health care costs	Usual care	US dollars	111		111		
		Teletransmitted home BP	US dollars	187		187	96.92- 159.90	
Phillips, 2001 ⁵⁹	Depression	Standard care	Score		18	39	8	
		Video consultation with a nurse	Score		19	36	17	
		Telephone consultation with a nurse	Score		16	36	9	
	Quality of well-being	Standard care	Score		0.49	39	0.48	
		Video consultation with a nurse			0.5	36	0.53	
		Telephone consultation with a nurse	Score		0.48	36	0.54	
	Quality of life							
	Annual hospital days	Standard care	Total number of hospital days/ time in the study			39		
		Video consultation with a nurse	Total number of hospital days/ time in the study			36		
		Telephone consultation with a nurse	Total number of hospital days/ time in the study			36		
Piette, 2000 ⁶⁰	Depression	Usual care				NR	17.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Biweekly ATDM	Score			NR	13.7	
		calls with telephone followup						
	Anxiety	Usual care				NR	3.7	
	Allalety	Biweekly ATDM				NR	3.8	
		calls with telephone followup				INIX	3.0	
	Self-efficacy	Usual care				NR	4.2	
		Biweekly ATDM calls with				NR	4.5	
	Dava in had because	telephone followup				ND	4	
	Days in bed because of illness	Usual care				NR NR	0.5	
	Of fill fless	Biweekly ATDM calls with telephone followup				INK	0.5	
	Days cut down on	Usual care				NR	1.8	
	activities because of illness	Biweekly ATDM calls with telephone followup				NR	1.5	
	Diabetes-specific	Usual care				NR	2.1	
	HRQL: Summary scale	Biweekly ATDM calls with telephone followup				NR	2.1	
	Satisfaction with care					NR	3.3	
	(summary scale)	Biweekly ATDM calls with telephone followup				NR	3.5	
	General HRQL:	Usual care				NR	52.7	
		Biweekly ATDM calls with telephone followup				NR	58.5	
	General HRQL: Role	Usual care				NR	49.3	
		Biweekly ATDM calls with				NR	46	
		telephone followup						
	General HRQL:	Usual care				NR	69.3	
	Social functioning	Biweekly ATDM calls with				NR	76.2	
	0 111501	telephone followup				ND	74.0	
	General HRQL:	Usual care				NR	74.3	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Bodily pain	Biweekly ATDM calls with telephone followup				NR	60.2	
	General HRQL: Role limitations (mental)	Usual care Biweekly ATDM calls with				NR NR	74.3 80.3	
	General HRQL: General health perceptions	Usual care Biweekly ATDM calls with telephone followup				NR NR	42.4 46.1	
Poller, 2008 ⁶¹	Incidence of clinical events adjudicated	Manual dosage administration	Events per 100 patient-yrs Events per 100 patient-yrs			463 420	463 420	
	Minor bleeds	dosage Manual dosage administration	Events per 100 patient-yrs			245	245	
	Major bleeds	dosage Manual dosage	Events per 100 patient-yrs Events per 100 patient-yrs			211 85	211 85	
		dosage	Events per 100 patient-yrs			73	73	
	Thrombotic events	Manual dosage administration Computer-assisted dosage	Events per 100 patient-yrs Events per 100 patient-yrs			85 84	85 84	
	Deaths	Manual dosage administration Computer-assisted	Events per 100 patient-yrs Events per 100 patient-yrs			48 52	48 52	
	Adjudicated as non- events	dosage Manual dosage administration	Events per 100 patient-yrs			33	33	
	Tir	Computer-assisted dosage Manual dosage administration	Events per 100 patient-yrs %	65		37	37	
		Computer-assisted dosage	%	65.7				

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Poller, 2008 ⁶²	Time in target INR	Medical staff dosage		6503		6447	64.7	0.001
		Computer-assisted oral anticoagulant dosage		6716		6605	65.9	0.001
Priebe, 2007 ⁶³	Subjective quality of life	Treatment as usual	Manchester Short Assessment of quality of life	4.74			0.04	
		New computer- mediated intervention structuring patient- clinician dialogue	Manchester Short Assessment of Quality of Life	4.86		4.87	0.04	
Proudfoot, 2004 ⁶⁴	Beck Depression Inventory	Treatment as usual	Score: mean (SD)	146		92	16.2	0.0006
		Computerized	Score: mean (SD)	128		85	11.6	0.0006
	Beck Anxiety Inventory	Treatment as usual	Score: mean (SD)	146		92	12.8	0.06
		Computerized	Score: mean (SD)	128		85	10.6	0.06
	Work and Social Adjustment scale	Treatment as usual	Score: mean (SD)	146		92	13.4	0.002
		Computerized	Score: mean (SD)	128		85	10.0	0.002
	ASQ, coneg	Treatment as usual	Score: mean (SD)	146		92	84.1	
		Computerized	Score: mean (SD)	128		85	73.7	<0.001
	ASQ, copos	Treatment as usual	Score: mean (SD)	146		92	82.8	<0.008
		Computerized	Score: mean (SD)	128		85	87.6	<0.008
Quinn, 2008 ⁶⁵	A1c mean	Control group		13	9.05	13	8.37	
,		Well-Doc intervention		13	9.51		7.48	0.04
	Medication intensified		%	13		13	23.08	
		Well-Doc intervention	%	13		13	84.62	0.002
		Control group	%	13		13	0	
	identified	Well-Doc intervention	%	13		13	53.38	0.002
		Control group	%	13		13	7.69	
	logbook	Well-Doc intervention	%	13		13	100	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	New diagnosis	Control group	%	13		13	20	
	depression	Well-Doc intervention	%	13		13	9.09	0.37
	Diet diabetes self-	Control group	Mean days per week	13	3.15	13	3.86	
	care	Well-Doc intervention	Mean number of days per week	13	3.15		5.5	0.036
	Medications diabetes	Control group	Mean days per week	13	6.3		6.75	
	self-care	Well-Doc intervention	Mean number of days per week	13	5.92	13	6.64	0.495
	Exercise diabetes	Control group	Mean days per week	13	1.23	13	1.57	
	self-care	Well-Doc intervention	Mean number of days per week	13	2.08	13	2.92	0.657
	Improved knowledge	Control group	%	13		13	50	
	of food (self-reported)	Well-Doc intervention	%	13		13	90.91	0.062
	Provider	Control group	%	13		13	37.5	
	management improved	Well-Doc intervention	%	13		13	100	0.004
	Patient confidence	Control group	%	13		13	75	
		Well-Doc intervention	%	13		13	100	0.167
	Prior to study, patient	Control group	% Yes			13	0	
	l	Well-Doc intervention	% Yes			13	7.69	0.5
		Control group	% Yes			13	15.38	
		Well-Doc intervention	% Yes			13	100	<0.001
	Physician received	Control group	% Yes			13	7.69	
	data to manage patient's diabetes	Well-Doc intervention	% Yes			13	100	<0.001
		Control group	% yes			13	23.08	
	more patient data	Well-Doc intervention	% Yes			13	100	0.001
Raebel, 2007 ⁶⁶	Proportion of pregnant women dispensed a category D or X medication	No Intervention	Dispensings of category D or X medications			5025	5.5	<0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
			Dispensings of category D or X medications			6075	2.9	<0.001
Ralston, 2009 ⁶⁷	Mean GHb (%)	Usual care	GHb level	41	7.9	35	8.1	
114.01011, 2000		Web-based care management	GHb level	42	8.2			0.12/0.01/<0.01
	GHb<7%	Usual care	GHb level	41	0	35	11	J 3 /0.03/0.03
		Web-based care management	GHb level	42	0	39	33	/0.03/0.03
	Outpatient visits	Usual care	Number of times visited	41	10.3	35	8.2	
	·	Web-based care management	Number of visits	42	9.6	39	10.2	0.71/0.36/0.18
	Primary care provider		Number of times visited	41	3.3	35	3.1	
	visits	Web-based care management	Number of visits	42	4.3	39	4.3	0.15/0.16/0.76
	Specialty physician	Usual care	Number of times visited	41	7	35	5.1	
	visits	Web-based care management	Number of visits	42	5.3	39	5.9	.3/.66/.14
	Inpatient days	Usual care	Number of inpatient days	41	0.7	35	0.4	
		Web-based care management	Number of visits	42	0.3	39	0.5	0.31/0.77/0.32
Ross, 2004 ⁶⁸	Kansas City Cardiomyopathy Questionnaire: Self- efficacy score	Usual care	Score unit	43	83		85	0.08

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Symptom stability	Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital records Usual care Participants in the	Score unit	38 43 38	86 49 49		91 46 63	0.01
	Overlite of life	intervention group were given a user identification and password to SPPARO in order to access electronic hospital records	O					
	Quality of life	Usual care Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital records	Score unit	38	56 56		62 64	0
	Functional status Clinical summary	Usual care Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital records Usual care	Score unit	43 38 43	66 66		70 67 66	0

Author, Year	Outcome	Control Intervention	Units	Baseline n	Measure	Final n (n after Withdrawals)	Measure	P-value
		Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital		38	64		69	
		records						
Roumie, 2006 ⁶⁹	Systolic blood pressure	Usual care Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital records Control group providers received only the e-mail message Intervention group providers received	mm Hg	255 362	157.3 158		145 146	0
		e-mail message and alert						
	Systolic blood pressure	Control group providers received only the e-mail message	mm Hg	255	157.3		145	0
		Intervention group providers received e-mail message and alert		358	156.3		138	
	Systolic blood pressure <=140	Control group providers received only the e-mail message	% of patients	255			40.9	**SNR

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention group providers received e-mail message and alert		362			42	
	Dose increased	Control group providers received only the e-mail message	% of patients	255			13	0.07
		Intervention group providers received e-mail message and alert		362			9.1	
	Drug added	Control group providers received only the e-mail message	% of patients	255			15.7	0
		Intervention group providers received e-mail message and alert		362			15.4	
	Both increased dose and drug added	Control group providers received only the e-mail message	% of patients	255			3.7	0
		Intervention group providers received e-mail message and alert		362			4	
	Systolic blood pressure <=140	Control group providers received only the e-mail message	% of patients	255			40.9	**SNR
		Intervention group providers received e-mail message and alert		358			59.5	
	Dose increased	Control group providers received only the e-mail message	% of patients	255			13	0.07

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
		Intervention group providers received e-mail message and alert		358			8.7	
	Drug added	Control group providers received only the e-mail message	% of patients	255			15.7	0
		Intervention group providers received e-mail message and alert		358			17.5	
	Both increased dose and drug added	Control group providers received only the e-mail message	% of patients	255			3.7	0
		Intervention group providers received e-mail message and alert		358			3	
Ruland, 2003'0	Congruence between	Usual care				NR	2.84	
,	patient-reported symptoms and those	Used computerized system for SDM for cancer symptoms care				NR	7.63	<0.01
	Ease of use	Used computerized system for SDM for cancer symptoms care	Composite score (range - 16 to +16)			NR	5.06	
Scherr, 2009 ⁷¹	Improvement in New York Heart Association class improvement	Pharmacological treatment for chronic heart failure		54				<0.001
		Pharmacological treatment for chronic heart failure with telemedical surveillance		54	3	54	2	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Ejection fraction	Pharmacological treatment for chronic heart failure	% Ejection fraction	54	29		35	NS
		Pharmacological treatment for chronic heart failure with telemedical surveillance		54	25		35	
Schnipper, 2009 ⁷²	All potential adverse	Usual care	PADEs, n (per Patient)	160		160	1.44	
	drug events (PADEs)	IT application designed to facilitate medication reconciliation, integrated into the internally developed CPOE systems	PADEs, n (per Patient)	162		162	1.05	
	PADEs by type of	Usual care	PADEs, n (per Patient)	160		160	0.96	
	error: History errors	IT application designed to facilitate medication reconciliation, integrated into the internally developed CPOE systems	PADEs, n (per Patient)	162		162	0.77	
	PADEs by type of	Usual care	PADEs, n (per Patient)	160		160	0.5	
	error: Reconciliation errors	IT application designed to facilitate medication reconciliation, integrated into the internally developed CPOE systems	PADEs, n (per Patient)	162		162	0.32	
	PADEs by time of	Usual care	PADEs, n (per Patient)	160		160	0.31	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
	occurrence: At admission	IT application designed to facilitate medication reconciliation, integrated into the internally developed CPOE systems	PADEs, n (per Patient)	162		162	0.27	
	PADEs by time of	Usual care	PADEs, n (per Patient)	160		160	1.13	
	occurrence: At discharge	IT application designed to facilitate medication reconciliation, integrated into the internally developed CPOE systems	PADEs, n. (per Patient)	162		162	0.78	
Shea, 2007 73	Mean HbA1c level	Úsual care	% of HbA1c	821	7.42		7.17	0.006
		Intervention group patients received home telemedicine unit		844	7.35		6.97	
	HbA1c in subgroup	Usual care		821	8.52		7.78	0.002
	with HbA1c >7% at baseline	Intervention group patients received home telemedicine unit		844	8.35		7.42	
Shiffman, 2000 ⁷⁴	PEFR measurements	Control phase	Rate			NR	1.6	
		Intervention phase (guideline recommendations)				NR	2.2	
	Oxygen saturation	Control phase				NR	0.48	
	measurements	Intervention phase (guideline recommendations)				NR	1.1	
	Nebulization	Control phase				NR	0.77	

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	treatments	Intervention phase (guideline recommendations)				NR	1.2	
		Control phase Intervention phase (guideline recommendations)	% (n)			39 41	43	
	Presentation to discharge: No change		% (n)			51 30		
		Control phase Intervention phase (guideline recommendations)	% (n)			88 73		
		Control phase Intervention phase (guideline recommendations)				2		
	1-week followup: Missed school	Control phase Intervention phase (guideline recommendations)				37 33	44 48	
		Control phase Intervention phase (guideline recommendations)					1.29 1.04	
	1-week followup: Missed work	Control phase Intervention phase (guideline recommendations)				20 16	24 23	
	Missed work Average days missed	Control phase Intervention phase (guideline recommendations)					0.46	
		Control phase Intervention phase (guideline recommendations)				25 18	30 26	
	1-week followup: ED	Control phase				5	6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	visits	Intervention phase				0		
	VISILS	(guideline				U		
		recommendations)						
	1-week followup:	Control phase			+	4		
	Hospitalization				1	0		
	liospitalization	Intervention phase				0		
		(guideline recommendations)						
Smith, 2008 ⁷⁵	HbA1c <7%	No virtual	% of patients			358	56	0.60
Smith, 2006	HDATC <7%	consultation	% or patients			336	36	0.60
			-			277	53	-
		Virtual consultation for diabetes care				211	53	
	LDL C 420m m/dl	No virtual	O/ of motionto		-	250	00	0.045
	LDL-C <130mg/dL		% of patients			358	82	0.045
		consultation			1	077	70	
		Virtual consultation				277	76	
	LDL 0 400 =/-II	for diabetes care	0/ -fti t -		1	050	50	0.70
	LDL-C <100mg/dL	No virtual	% of patients			358	50	0.70
		consultation	-			077	F.4	-
		Virtual consultation				277	51	
	Disadanasa	for diabetes care	0/ -fti t -		1	050	40	0.44
	Blood pressure	No virtual	% of patients			358	46 0.11	0.11
	<130/80 mm Hg	consultation	-			077	4.4	
		Virtual consultation				277	41	
		for diabetes care	0/ / /: /			050	40	0.00
	Oral agent only	No virtual	% of patients			358	46	0.99
		consultation	-		-		4.0	-
		Virtual consultation				277	46	
		for diabetes care			-	0.50	0.7	0.50
	Insulin	No virtual	% of patients			358	37	0.59
		consultation	-		-			-
		Virtual consultation				277	39	
		for diabetes care						
	Metformin	No virtual	% of patients			358	46	0.34
		consultation	-		-		4.0	-
		Virtual consultation				277	49	
	A	for diabetes care	0/ / / /			050	50	0.004
	Aspirin	No virtual	% of patients			358	52	0.001
		consultation	-		1	077	00	-
		Virtual consultation				277	66	
	A OF : 1 " : /	for diabetes care			1	0.50		0.44
	ACE inhibitor/	No virtual	% of patients			358	56	0.14
		consultation						

Author, Year	Outcome	Control	Units	Baseline n	Baseline	Final n (n after	Final	P-value
					Measure	Withdrawals)	Measure	
		Intervention						
		Virtual consultation for diabetes care				277	54	
		No virtual consultation	% of patients			358	46	0.58
		Virtual consultation				277	48	
		for diabetes care						

Author, Year	Outcome	Control Intervention	Units		Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
Ph sca eni	Short Form-36: Physical component scale (change enrollment to 12 months)	Control group physicians received care suggestions generated with electronic medical record data alone	Score unit	365			1.3	0.03
		Intervention group physicians received care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits		355			-0.6	
	Short Form-36: Mental component scale (change enrollment to 12 months)	Control group physicians received care suggestions generated with electronic medical record data alone	Score unit	365			2.1	0.06

Author, Year	Outcome	Control	Units	Baseline n		Final n (n after	Final	P-value
					Measure	Withdrawals)	Measure	
		Intervention						
		Intervention group		355			3.7	
		physicians						
		received care						
		suggestions						
		generated with						
		electronic medical						
		record data and						
		symptom data						
		obtained from						
		questionnaires						
		mailed to patients						
		within 2 weeks of						
		scheduled						
		outpatient visits						
Taenzer, 2000 ⁷⁸	Physical functioning	Lung cancer	Score unit	26			76.9	<0.05
	(higher score indicate	patients in the						
	better function)	control group						
		completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only						
		Lung cancer		27			60	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	(higher scores indicate better function)	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			84.6	0
		Lung cancer patients in the intervention group had physicians and nurses received quality-of- life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire (EORTC QLQ)		27			55.6	
	indicate better function)		Score unit	26			76.3	0

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Lung cancer		27			75.9	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						
	Cognitive functioning	Lung cancer	Score unit	26			81.4	0
	(higher scores	patients in the						
	indicate better	control group						
	function)	completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only						
		Lung cancer		27			80.3	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year	Outcome	Control Intervention	Units		Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
	Social functioning (higher scores indicate better function)	patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			78.9	0
		Lung cancer patients in the intervention group had physicians and nurses received quality-of- life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire (EORTC QLQ)		27			74	
	Global functioning (higher scores indicate better function)	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			64.7	0

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Lung cancer		27			52.8	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						
	Number of functional	Lung cancer	Number of scales	26			3	0
	scales indicating	patients in the						
	compromised	control group						
	function	completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only						
		Lung cancer		27			3.6	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for Research and						
		Treatment of Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Fatigue (higher scores indicate more symptomatology)	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only Lung cancer patients in the intervention group had physicians and nurses received quality-of-	Score unit	27			28.6 41.2	0
		life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire (EORTC QLQ)						
	(higher scores indicate more	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			9	0

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention			1			
		Lung cancer		27			8.6	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						
	Pain (higher scores	Lung cancer	Score unit	26	+		15.4	<0.05
	indicate more	patients in the	Score unit	20			15.4	<0.03
	symptomatology)	control group						
	symptomatology)	completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only						
		Lung cancer	1	27			26.5	
		patients in the					_5.5	
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Dyspnea (higher scores indicate more symptomatology)	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only Lung cancer patients in the intervention group had physicians and nurses received quality-of-life training and who completed the computerized European Organization for Research and Treatment of	Score unit	27			51.9	0
		Cancer Questionnaire (EORTC QLQ)						
	Sleep disturbance (higher scores indicate more symptomatology)	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			24.4	0

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Lung cancer		27			29.6	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						_
	Appetite (higher	Lung cancer	Score unit	26			19.2	0
	scores indicate more	patients in the						
	symptomatology)	control group						
		completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only		27			05.0	
		Lung cancer		27			25.9	
		patients in the						
		intervention group						
		had physicians and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only Lung cancer patients in the intervention group had physicians and nurses received quality-of-life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire	Score unit	27			19.8	0
	Diarrhea (higher scores indicate more symptomatology)	(EORTC QLQ) Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Score unit	26			5.1	0

Author, Year	Outcome		Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention			ļ			
		Lung cancer		27			2.5	
		patients in the						
		intervention group						
		had physicians and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						
	Financial difficulties	Lung cancer	Score unit	26			18	0
	(higher scores	patients in the						
	indicate more	control group						
	symptomatology)	completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only					40.4	
		Lung cancer		27			12.4	
		patients in the						
		intervention group						
		had physicians and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Number of symptom scales indicating compromised functioning	Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only Lung cancer patients in the intervention group had physicians and nurses received quality-of-life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire (EORTC QLQ)		27			4.6	0
		Lung cancer patients in the control group completed a paper-and-pencil version of the EORTC QLQ only	Number of scales	26			7.1	0

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention			Mododio	With a a a a a a a a a a a a a a a a a a a	mououro	
		Lung cancer		27			8.2	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized						
		European						
		Organization for						
		Research and						
		Treatment of Cancer						
		Questionnaire						
		(EORTC QLQ)						
	Total number of	Lung cancer	Number of items	26			10.6	0
	items endorsed	patients in the	Transor or nome	20			10.0	
		control group						
		completed a						
		paper-and-pencil						
		version of the						
		EORTC QLQ only						
		Lung cancer		27			13.1	
		patients in the						
		intervention group						
		had physicians						
		and nurses						
		received quality-of-						
		life training and						
		who completed						
		the computerized European						
		Organization for						
		Research and						
		Treatment of						
		Cancer						
		Questionnaire						
		(EORTC QLQ)						
Tamblyn, 2003 ⁷⁹	New potentially	Usual care				53		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	inappropriate prescriptions per 1000 visits	CDS provides information on all medications prescribed and potential problems				54		
	Rate of discontinuation of inappropriate prescriptions	Usual care CDS provides information on all medications prescribed and potential problems				53 54		
	Therapeutic duplication by study physician and another	Usual care CDS provides information on all medications prescribed and potential problems				53 54		
	Drug interaction caused by study physician	Usual care CDS provides information on all medications prescribed and potential problems				53 54		
Tate, 2001 ⁸⁰	Body Weight loss 3/6 months	Weight loss program: Internet education	kg	45	1.7	35	1.6	
		Weight loss program: Internet behavior therapy	kg	46	4	36	4.1	
	Waist circumference reduction 3/6months	Weight loss program: internet education	cm	45	3	35	3.1	
		Weight loss program: Internet behavior therapy	cm	46	6.7	36	6.4	
	Daily dietary intake	Weight loss program: internet education	kcal	45	1757	35	1256	
		Weight loss program: Internet behavior therapy	kcal	46	1558	36	1062	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Weekly physical activity	Weight loss program: internet education	cal	45	1031	35	1500	
		Weight loss program: Internet behavior therapy	kcal	46	1360	36	1903	
Tate, 2006 ⁸¹	Dietary intake	Web site + no counseling	kcal/day, baseline/3months/6months	67	1869.7	59	1603.5	
		Web site + e-mail counseling	kcal/day, baseline/3months/6months	64	2042.6	52	1484.3	
		Web site + computer-automated tailored counseling	kcal/day, baseline/3months/6months	61	1911.6	44	1488.7	
	Fat intake	Web site + no counseling	%/day, baseline/3months/6months	67	38.4	59	37.3	
		Web site + e-mail counseling	%/day, baseline/3months/6months	64	38.8	52	33.1	
		Web site + computer- automated tailored counseling	%/day, baseline/3months/6months	61	37.5	44	34	
	Physical activity	Web site + no counseling	kcal/week, baseline/3months/6months	67	1188.7	59	1064.4	
		Web Site+ e-Mail Counseling	kcal/week, baseline/3months/6months	64	1283.9	52	1377.1	
		Web site + computer-automated tailored counseling	Kcal/wk, baseline/3months/6months	61	1210.9	44	1335.1	
Taylor, 2006 ⁸²	Continuous positive	Traditional care	Mean			NR	4.22	0.87
	airway pressure (CPAP) use	Telemedicine support	Mean			NR	4.29	0.87
	Proportion of nights	Traditional care	Mean proportion			NR	50	0.61
	with CPAP	Telemedicine support	Mean proportion			NR	47	0.61
	Functional status	Traditional care	Mean			NR	2.27	0.76
			Mean			NR	2.03	0.76
	Client satisfaction	Traditional care	Mean			NR	28.0	0.43

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Telemedicine support	Mean			NR	28.5	0.43
Taylor, 2008 ⁸³		PD	Yes or no		26	96		
		Electronic interface	Yes or no		23	100	0.35	
		PD	Yes or no		14	52		
		Electronic interface	Yes or no		19	82	0.02	
	Quality of asthma	PD	Yes or no		16	59		
		Electronic interface	Yes or no		22	95	0.03	
		PD	Yes or no		17	63		
Asthma		Electronic interface	Yes or no		23	100	<0.01	
		PD	Yes or no		8	29		
		Electronic interface	Yes or no		22	95	<0.01	
		PD				15	55	
	documentation: Asthma management	Electronic interface	Yes or no		23	100	<0.01	
		PD				16	59	
		Electronic interface	Yes or no		20	87	0.03	
	Quality of asthma	PD				26	96	
		Electronic interface	Yes or no			23	100	0.35
		PD				16	59	
		Electronic interface	Yes or no			23	100	0.01
		PD				22	81	
	documentation:	Electronic interface	Yes or no			21	91	0.32
	Consultation times	PD						
		Electronic interface	Median times in minutes					0.04

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
Thomas, 2004 ⁸⁴	GHQ-12 score analyzed as a	Control patients were treated as		397	21.6	301	14.5	
	continuous variable or GHQ score	usual with access to locally agreed guidelines						
		Computer- generated patient- specific guidelines group		365	21.1	244	14.2	p=0.61
	Patient satisfaction	Control patients were treated as usual with access to locally agreed guidelines		387	4.7	299	6.2	
		Computer- generated patient- specific guidelines group		358	4.8	243	6.4	0.52
Thomas, 2007 ⁸⁵	Number of patients who had HgbA1c monitoring within 6	Diabetes care outcomes in the control group				111	48.1	
	months	Diabetes care outcomes in the intervention group (computerized diabetes registry)				155	61.5	0.01
	Numberof patients who had LDL cholesterol	Diabetes care outcomes in the control group				148	64.1	
	monitoring within 1 yr	Diabetes care outcomes in the intervention group (computerized diabetes registry)				191	75.8	0.02
	Mean HbA1c	Diabetes care outcomes in the control group	HgbA1c <7.0%		7.4	135	7.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Measure	P-value
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	HgbA1c <7.0%		7.3	156	7.3	0.13/0.38/0.83
	Mean LDL cholesterol	Diabetes care outcomes in the control group	LDL <100 mg/dl		101.6	141	97.5	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	LDL <100 mg/dl		103.6	152	98.4	0.14/0.60/0.61
	Mean systolic BP	Diabetes care outcomes in the control group	BP <130/85 mm Hg		129.1		130.8	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	BP <130/85 mm Hg		131.5	126	131	0.20/0.93
	Mean diastolic BP	Diabetes care outcomes in the control group			72.01	116	71.7	
		Diabetes care outcomes in the intervention group (computerized diabetes registry)	BP <130/85 mm Hg		72.6	126	72.4	0.79/0.64
Tierney, 2003 ⁸⁶	Patients with any cardiac care	No intervention	% of suggestions that were complied with			163	22	
	suggestion	Physician intervention	% of suggestions that were complied with			174	23	
	Patients with suggestions	No intervention	% of suggestions that were complied with			107	36	
	regarding starting or increasing an ACE inhibitor	Physician intervention	% of suggestions that were complied with			109	38	
	Patients with suggestions	No intervention	% of suggestions that were complied with			82	1	

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
	regarding a pneumococcal vaccination	Physician intervention	% of suggestions that were complied with			104	10	
	Patients with suggestions	No intervention	% of suggestions that were complied with			83	12	
	regarding starting or increasing a beta blocker	Physician intervention	% of suggestions that were complied with			96	16	
	Patients with suggestions	No intervention	% of suggestions that were complied with			81	28	
	regarding starting low-dose aspirin	Physician intervention	% of suggestions that were complied with			74	24	
	Patients with suggestions	No intervention	% of suggestions that were complied with			73	27	
	regarding starting or increasing a diuretic	Physician intervention	% of suggestions that were complied with			71	24	
	Patients with suggestions	No intervention	% of suggestions that were complied with			25	12	
		Physician intervention	% of suggestions that were complied with			30	20	
	Patients with suggestions	No intervention	% of suggestions that were complied with			22	36	
	regarding starting an antihyperlipidemic drug	Physician intervention	% of suggestions that were complied with			22	32	
	Patients with suggestions	No intervention	% of suggestions that were complied with			17	59	
	regarding starting or increasing a calcium blocker	Physician intervention	% of suggestions that were complied with			21	33	
	Physical function	No intervention	Short-form 36 subscale score			119	42	
		Physician intervention	Short-form 36 subscale score			142	36	
	Role physical	No intervention	Short-form 36 subscale score			119	53	
		Physician intervention	Short-form 36 subscale score			142	35	
	Pain	No intervention	Short-form 36 subscale score			119	53	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Physician	Short-form 36 subscale			142	47	
		intervention	score			172	7'	
	General health	No intervention	Short-form 36 subscale score			119	42	
		Physician intervention	Short-form 36 subscale score			142	38	
	Vitality	No intervention	Short-form 36 subscale score			119	44	
		Physician intervention	Short-form 36 subscale score			142	40	
	Social function	No intervention	Short-form 36 subscale score			119	69	
		Physician intervention	Short-form 36 subscale score			142	65	
	Role emotional	No intervention	Short-form 36 subscale score			119	61	
		Physician intervention	Short-form 36 subscale score			142	61	
	Mental health	No intervention	Short-form 36 subscale score			119	63	
		Physician intervention	Short-form 36 subscale score			142	64	
	Overall health status	No intervention	Chronic heart disease questionnaire score			119	4.6	
		Physician intervention	Chronic heart disease questionnaire score			142	4.5	
	Dyspnea	No intervention	Chronic heart disease questionnaire score			119	5.2	
		Physician intervention	Chronic heart disease questionnaire score			142	5	
	Fatigue	No intervention	Chronic heart disease questionnaire score			119	4	
		Physician intervention	Chronic heart disease questionnaire score			142	3.8	
	Emotion	No intervention	Chronic heart disease questionnaire score			119	4.6	
		Physician intervention	Chronic heart disease questionnaire score			142	4.5	
	Number of all Emergency	No intervention	Number of all emergency department visits			181	1	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Department visits	Physician	Number of all emergency			197	1.1	
	· .	intervention	department visits					
	Number of heart	No intervention	Number of heart disease			181	0.2	
	disease specific		specific emergency					
	Emergency		department visits					
	Department visits	Physician	Number of heart disease			197	0.2	
		intervention	specific emergency					
			department visits					
	Number of all	No intervention	Number of all			181	0.5	
	hospitalizations		hospitalizations					
		Physician	Number of all			197	0.4	
		intervention	hospitalizations					
	Number of heart	No intervention	Number of heart disease			181	0.2	
	disease-specific		specific hospitalizations					
	hospitalizations	Physician	Number of heart disease			197	0.2	
		intervention	specific hospitalizations					
Tierney, 2005 ⁸⁷	Quality of life:	Control (no				169	37	
	Physical function	intervention)						
		Pharmacist				161	38	
		intervention			-	101		
		Physician				194	38	
		intervention			1	182	20	
		Physician + pharmacist				182	36	
		intervention						
	Quality of life: Role	Control (no			+	169	32	
	physical	intervention)				109	32	
	priysical	Pharmacist				161	33	
		intervention				101	33	
		Physician				194	32	
		intervention					02	
		Physician +				182	38	
		pharmacist				1.02		
		intervention						
	Quality of life: Pain	Control (no				169	44	
	, ,	intervention)						
		Pharmacist				161	47	
		intervention						
1		Physician				194	49	
		intervention						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Physician +	US dollars			182	48	
		pharmacist	00 00					
		intervention						
	Quality of life:	Control (no				169	34	
	General health	intervention)						
		Pharmacist				161	29	
		intervention						
		Physician				194	37	
		intervention						
		Physician +	US dollars			182	35	
		pharmacist						
		intervention						
	Quality of life: Vitality	Control (no				169	36	
		intervention)						
		Pharmacist				161	39	
		intervention						
		Physician				194	37	
		intervention						
		Physician +				182	36	
		pharmacist						
		intervention						
	Quality of life; Social	Control (no				169	63	
	function	intervention)						
		Pharmacist				161	63	
		intervention						
		Physician				194	69	
		intervention						
		Physician +				182	61	
		pharmacist						
		intervention						
	Quality of life: Role	Control (no				169	60	
	emotional	intervention)						
		Pharmacist				161	60	
		intervention						
		Physician				194	65	
		intervention						
		Physician +				182	59	
		pharmacist						
		intervention						
	Quality of life: Mental					169	61	
	health	intervention)						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention				101	00	
		Pharmacist				161	62	
		intervention				101	62	
		Physician				194	62	
		intervention				400	50	
		Physician +				182	50	
		pharmacist						
		intervention				400	0.7	
	Asthma qualify-of-life					169	3.7	
		intervention)			-	101	4.0	
		Pharmacist				161	4.2	
	health status	intervention			-	101		
		Physician				194	4	
		intervention						
		Physician +				182	4.2	
		pharmacist						
		intervention						
		Control (no				169	3.9	
	questionnaire	intervention)						
		Pharmacist				161	4.6	
		intervention						
		Physician				194	4.5	
		intervention						
		Physician +				182	4.4	
		pharmacist						
		intervention						
		Control (no				169	3.6	
	questionnaire	intervention)						
	subscales:	Pharmacist				161	4	
	Symptoms	intervention						
		Physician				194	4	
		intervention						
		Physician +				182	4.2	
		pharmacist						
		intervention						
	Asthma qualify-of-life					169	3.6	
		intervention)						
	subscales: Emotion	Pharmacist				161	4.3	
		intervention						
		Physician				194	3.8	
		intervention						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention						
		Physician +				182	4.4	
		pharmacist						
		intervention						
	Asthma qualify-of-life	Control (no				169	3.7	
	questionnaire	intervention)						
	subscales:	Pharmacist				161	4.2	
	Environment	intervention						
		Physician				194	3.9	
		intervention						
		Physician +				182	4	
		pharmacist						
		intervention						
	Medication	Control (no	%			169	80	
	adherence scores:	intervention)						
	Mean compliance	Pharmacist				161	80	
		intervention						
		Physician				194	81	
		intervention						
		Physician +				182	82	
		pharmacist						
		intervention						
	Medication	Control (no				169	0.88	
	adherence scores:	intervention)						
	Mean compliance	Pharmacist				161	0.85	
	score (Morisky	intervention						
	measure)	Physician				194	0.95	
		intervention						
		Physician +				182	0.89	
		pharmacist						
		intervention						
	Medication	Control (no	N (%)			96	87	
	adherence scores: N	intervention)	, ,					
		Pharmacist				89	81	
	prescription refills	intervention						
		Physician				128	95	
		intervention						
		Physician +				109		
		pharmacist						
		intervention						
	Medication	Control (no	Mean ± SD			169	0.92	
		intervention)						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Medication	Pharmacist				161	1	
	possession ratio	intervention				101	'	
	poocoolon ratio	Physician			1	194	0.98	
		intervention					0.00	
		Physician +				182	1.1	
		pharmacist				102	1	
		intervention						
	Patient satisfaction:	Control (no				169	2.1	
	Satisfaction with	intervention)						
	physician	Pharmacist				161	2	
		intervention					_	
		Physician				194	1.9	
		intervention						
		Physician +				182	2.1	
		phármacist						
		intervention						
	Patient satisfaction:	Control (no				169	2.1	
	Satisfaction with	intervention)						
	pharmacist	Pharmacist				161	2.1	
		intervention						
		Physician				194	2.1	
		intervention						
		Physician +				182	2	
		pharmacist						
		intervention						
	Number of	Control (no				169	1.4	
	emergency	intervention)						
		Pharmacist				161	1.5	
	visits	intervention						
		Physician				194	1.4	
		intervention						
		Physician +				182	1.4	
		pharmacist						
		intervention					ļ	
	Number of	Control (no				96	0.3	
	emergency	intervention)						
	department visits: For					89	0.4	
	reactive airways	intervention					ļ	
	disease	Physician				128	0.3	
		intervention			1			

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Physician +				109	0.4	
		pharmacist				103	0.4	
		intervention						
	Number of	Control (no			1	169	0.4	
	hospitalizations: All	intervention)				100	0.1	
	hospitalizations	Pharmacist				161	0.5	
		intervention					0.0	
		Physician				194	0.5	
		intervention						
		Physician +				182	0.4	
		pharmacist						
		intervention						
	Number of	Control (no				169	0.1	
	hospitalizations: For	intervention)						
	reactive airways	Pharmacist				161	0.1	
	disease	intervention						
		Physician				194	0.1	
		intervention						
		Physician +				182	0.1	
		pharmacist						
		intervention						
	Direct health care	Control (no	US dollars			169	3,129	
	charges: Outpatient	intervention)						
	charges	Pharmacist	US dollars			161	2,814	
		intervention						
		Physician	US dollars			194	3,142	
		intervention						
		Physician +				182	3,177	
		pharmacist						
		intervention						
	Direct health care	Control (no	US dollars			169	2,671	
	charges: Inpatient	intervention)						
	charges	Pharmacist	US dollars			161	2,519	
		intervention						
		Physician	US dollars			194	4,864	
		intervention					L	
		Physician +				182	2,475	
		pharmacist						
		intervention						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Direct health care charges: Total health	Control (no intervention)	US dollars			96	5,800	
	care charges	Pharmacist intervention	US dollars			89	5,333	
		Physician intervention	US dollars			128	8,006	
		Physician + pharmacist intervention	US dollars			109	5,652	
/erheijden, 2004 ⁸⁸	Social support: Perceived support	Usual care	Baseline/Change after 4 months/Change after 8 months		5.7	73	-0.08	
		Web-based intervention Heartweb	Baseline/Change after 4 months/Change after 8 months		5.7	73	0.11	
	Social support: Social network		Baseline/Change after 4 months/Change after 8 months		3.5	73	0.04	
		Web-based intervention	Baseline/Change after 4 months/Change after 8 months		3.5	73	-0.06	
	Anthropometry: BMI	Usual care	Baseline/Change after 4 months/Change after 8 months		29.2	73	-0.21	
		Web-based intervention	kg/m ² baseline/Change after 4 months/Change after 8 months		29.5	73	0.08	
	Anthropometry: Waist-to-hip ratio	Usual care	Baseline/Change after 4 months/Change after 8 months		0.92	73	-0.01	
		Web-based interventionHeartweb	Baseline/Change after 4 months/Change after 8 months		0.91	73	-0.02	
	Systolic BIP	Usual care	mm Hg, baseline/Change after 4 months/Change after 8 months		136	73	-2.1	
		Web-based interventionHeartweb	mm Hg, baseline/Change after 4 months/Change after 8 months		134	73	-0.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Diastolic BP	Usual care	mm Hg, baseline/ Cchange after 4 months/ change after 8 months		80	73	-1.4	
		Web-based intervention Heartweb	mm Hg, baseline/Change after 4 months/Change after 8 months		81	73	-0.2	
	Total cholesterol	Usual care	mmol/l, baseline/Change after 4 months/Change after 8 months		5.4	73	-0.06	
		Web-based intervention Heartweb	mmol/l, baseline/Change after 4 months/Change after 8 months		5.5	73	0.03	
	HDL cholesterol	Usual care	mmol/, baseline/Change after 4 months/Change after 8 months		1.47	73	0.02	
		Web-based intervention Heartweb	mmol/l, baseline/Change after 4 months/Change after 8 months		1.56	73	0.04	
	LDL cholesterol	Usual care	mmol/l, baseline/ Change after 4 months/Change after 8 months		3.1	73	-0.1	
		Web-based intervention Heartweb	mmol/l, baseline/Change after 4 months/Change after 8 months		3.2	73	0.06	
	Triglycerides	Usual care	mmol/l, baseline/Change after 4 months/Change after 8 months		1.9		-0.04	
		Web-based intervention Heartweb	mmol/l, baseline/ Change after 4 months/Change after 8 months		1.9	73	-0.21	
Wakefield, 2008	Minnesota Living With Heart Failure score (higher score= worse quality of life)	Usual care Patients in the intervention group received a videophone follow- up	Score unit	42 33	60.6 60.2		56.6 54	0
	Minn Living With	Usual care	Score unit	42	60.6		56.6	0

Author, Year		Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	Heart Failure score (higher score= worse quality	Patients in the intervention group received a telephone follow-up		34	58.4		41.5	
	% mortality	Usual care	% of patients	49			22.4	0
		Patients in the intervention group received a videophone follow-up		52			28.9	
	Mortality	Usual care	% of patients	49			22.4	0
		Patients in the intervention group received a telephone follow-up		47			21.3	
Weber, 2008 ⁹⁰	Average number of total medications	Usual care	Average number of total medications	207	7.46		7.62	
		Electronic medical record-based intervention	Average number of total medications	413	7.65		7.88	
	Patients on 8 or more	Usual care	%	207			44	
		Electronic medical record-based intervention	%	413			40	
Williamson, 2006 ⁹¹	Weight (kg) for adolescents	Internet-based control intervention				NR	6.3	
		Internet-based behavioral intervention program				NR	4.4	0.001
	BMI (kg/m²) for	Internet-based				NR	1.2	
	adolescents	control intervention						
		Internet-based behavioral intervention program				NR	0.73	0.04
	Body fat DXA (%) for	Internet-based control intervention				NR	0.84	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Internet-based				NR	-0.08	
		behavioral				TWI C	0.00	
		intervention						
		program						
	BMI %ile for	Internet-based				NR	-0.001	
	dolescents	control intervention					0.001	
		Internet-based				NR	-0.004	0.02
		behavioral					0.00	0.02
		intervention						
		program						
	Weight loss behavior	Internet-based				NR		
	for adolescents	control intervention						
	lor address ins	Internet-based				NR		0.0001
		behavioral						0.000.
		intervention						
		program						
	Weight (kg) for	Internet-based				NR	-0.6	
	parent	control intervention					0.0	
	P	Internet-based				NR	-1.1	0.0001
		behavioral						
		intervention						
		program						
	BMI (kg/m²) for	Internet-based				NR	0.04	
	parent	control intervention						
	ľ	Internet-based				NR	-0.55	0.04
		behavioral						
		intervention						
		program						
	BMI %ile for parent	Internet-based				NR	0.51	
	·	control intervention						
		Internet-based				NR	0.36	
		behavioral						
		intervention						
		program						
	BMI %ile for parent	Internet-based				NR	N/A	
		control intervention						
		Internet-based				NR	N/A	0.0001
		behavioral			1			
		intervention						
		program						

Author, Year	Outcome	Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
	\\\\-\:\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Intervention				ND		
		Internet-based				NR		
	for parent	control intervention				ND		0.0004
		Internet-based				NR		0.0001
		behavioral						
		intervention						
N 11 000 4 ⁹²	1	program		0.4		0.4	0.0	0.05
Vomble, 2004 ⁹²	Last observation	Participants		24		24	3.6	0.05
	carried forward in	received weight						
	week 16	loss manual		00		00	0.0	N
		Participants		23		23	0.9	Not significant
		received e-Diet		0.4				0.05
	Last observation	Participants		24		24	4	0.05
	carried forward in	received weight						
	week 52	loss manual						
		Participants		23		23	1.1	Not significant
		received e-Diet						
	Baseline carried	Participants		24		24	3.2	
	forward in week 16	received weight						
		loss manual						
		Participants		23		23	0.9	0.01
		received e-Diet						
	Baseline carried	Participants		24		24	3.1	
	forward in week 52	received weight						
		loss manual						
		Participants		23		23	1.3	0.04
	_	received e-Diet						
	Completers only in	Participants		31		31	4	Not significant
	week 16	received weight						
		loss manual						
		Participants		31		31	1.3	Not significant
		received e-Diet						
	Completers only in	Participants					4.4	Not significant
	week 52	received weight						
		loss manual						
		Participants		31		31	2.1	Not significant
. 03		received e-Diet						
oon, 2008 ⁹³		Patients in the		26	7.59		8.4	
	on plasma glucose	control group were						
	level: HbA1c %	not asked to						
		access the Web						

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Patients in the		25	8.09		6.77	
		intervention group						
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and						
		input their blood						
		glucose levels						
		weekly						
	Effects of intervention			26	142.2		168.9	
	on plasma glucose	control group were						
	level: FPG (mg/dl)	not asked to						
		access the Web						
		Patients in the		25	151.5		14.8	
		intervention group						
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and						
		input their blood						
		glucose levels						
		weekly						
	Effects of intervention			26	231.8		279.9	
	on plasma glucose	control group were						
	level: 2HPMG	not asked to						
	(mg/dl)	access the Web			2522		4500	
		Patients in the		25	256.2		156.2	
		intervention group						
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and input their blood						
		glucose levels						
		weekly						
		WEEKIY	1			1		

Author, Year		Control	Units	Baseline n	Baseline Measure	Final n (n after Withdrawals)	Final Measure	P-value
		Intervention		00	1711		222.25	
	Effects of intervention			26	171.1		200.35	
		control group were						
	(3 - 7	not asked to						
		access to the Web						
		Patients in the		25	179.8		176.7	
		intervention group						
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and						
		input their blood						
		glucose levels						
		weekly						
	Effects of intervention			26	162.5		214.8	
		control group were						
		not asked to						
		access to the Web						
		Patients in the		25	155.8		124.7	
		intervention group			100.0			
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and						
		input their blood						
		glucose levels						
		weekly		200	45.4		F4.0	
	Effects of intervention			26	45.1		51.9	
		control group were						
		not asked to						
		access to the Web			1			

Author, Year	Outcome	Control	Units	Baseline n	Baseline	Final n (n after	Final	P-value
					Measure	Withdrawals)	Measure	
		Intervention						
		Patients in the		25	46.5		46.8	
		intervention group						
		were asked to						
		access a Web site						
		by using a cellular						
		phone or to access						
		to the Internet and						
		input their blood						
		glucose levels						
		weekly						

ABPM = American Board of Preventive Medicine; ADE = adverse drug event; ASQ = attributional style questionnaire; ATDM = Asynchronous time-division multiplexing; BMI = body mass index; BP = blood pressure; CDS = computerized decision support; CDSMP = chronic disease self-management program; CDSS = computer-based decision support system; DSMP = disease self-management program; ECPR = electronic clinical patient record; EMR = electronic medical record; EORTC = European Organisation for Research and treatment of Cancer; HDL = high density lipoprotein; LDL = low density lipoprotein; PD = physician documentation; PHR = personal health record; QLQ = quality of life questionnaire; SD - standard deviation; UC = usual care

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Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Benhamou,	Glycemia	mg/dl	Patients	30	162	167	5	-11	0.064
2007 ¹			receiving weekly medical support through SMS based upon weekly review of glucose values vs. patients downloading self-monitored blood glucose (self-monitored blood glucose) values on a weekly basis without receiving SMS	30	166	160	-6	-7	
Cadario, 2007 ²	Median	Percentage	Glucobeeb, a	14	9.1	9.4	0.3	-0.7	0.03
	HbA1c percentage	of glycated hemoglobin	Web-based tool to support the diabetes care vs. patients who did not use Glucobeeb	12	9.5	9.1	-0.4	-0.3	
	Median HbA1c percentage	Percentage of HbA1c	Glucobeeb, a Web-based tool to support the diabetes care vs. patients who did not use Glucobeeb	14	9.1	9.1 8.8	-0.7	-0.7 -0.3	0.01
Farmer, 2005 ³	Mean	Percentage	Group received	38	9.3	8.9	-0.4	-0.2	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Otrada Vana	Outcomes	11-5	Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	B.Value
Study, Year	Measure HbA1c level	Unit	Intervention clinical advice	Intervention 43	Baseline 9.2	Final 8.6	Change -0.6	Difference -0.3	P-Value
	TIDATO level	of glycated hemoglobin	from a diabetes special nurses in response to real-time blood glucose readings vs. patients who received minimal feedback from nurses	43	5.2	0.0	-0.0	-0.3	
	Proportion	Blood	Group received	38		3.5		0	0.0001
	of transmitted blood glucose tests in the hypoglycem ic range	glucose tests	clinical advice from a diabetes special nurses in response to real-time blood glucose readings vs. patients who received minimal feedback from nurses	43		5.3		1.8	
	Proportion	Percentage	Group received	38		8.7		0	**SNR

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure of participants achieving an HbA1c reduction of >=0.7% and an HbA1c <=	Unit of patients with outcome	Description of Intervention clinical advice from a diabetes special nurses in response to real-time blood glucose readings vs. patients who	n Final Control n Final Intervention 43	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 29.8	Control Change Intervention Change	Change Difference Final Difference 21.1	P-Value
Olsanov	8.0% at 9 months	Demonstrate	received minimal feedback from nurses	67	7.6	7.4	-0.2	0.2	0
Glasgow, 2000 ⁴	Physiologic outcomes: HbA1c	Percentage of HbA1c	Telephone follow-up vs. the basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	75	7.3	7.3	0	-0.1	
	Physiologic	mg/dl	Telephone	67	210	206	-4	-5	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
otudy, i cai	outcomes:	Oilit	follow-up vs.	75	203	194	-9	-12	i -vaiue
	Total		the basic	'	200			'-	
	cholesterol		intervention						
			condition						
			received by all						
			participants						
			involved a						
			meeting with a health						
			counselor at a						
			central location						
			and having						
			specific dietary						
			goals set with the aid of a						
			multimedia						
			touch-screen						
			computer						
	Physiologic	kg	Telephone	67	199	197	-2	0	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study Voc	Outcomes	llait.	Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final Difference	P-Value
Study, Year	Measure outcomes:	Unit	follow-up vs.	Intervention 75	Baseline 212	Final 210	Change -2	13	r-value
			intervention condition received by all participants involved a meeting with a health counselor at a central location and having						
			specific dietary goals set with the aid of a multimedia touch-screen computer						
1	Physiologic	No unit	Telephone	67	5.1	4.9	-0.2	-0.3	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes lipid ratio: Total/HDL		follow-up vs. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	75	5.1	4.6	-0.5	-0.3	
	Quality of	Score unit	Telephone	67	25.7	26	0.3	0.1	0.058

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	life: Satisfaction outcomes Diabetes intrusivenes s		follow-up vs. the basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	75	29.2	29.6	0.4	3.6	
	Physiologic	Percentage	Community	67	7.6	7.4	-0.2	0.1	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes: HbA1c	of HbA1c	resources vs. the basic intervention alone. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	67	7.5	7.4	-0.1	0	
	Physiologic	mg/dl	Community	67	210	206	-4	4	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes:		resources vs.	67	202	202	0	-4	
	Total		basic						
	cholesterol		intervention						
			alone. The basic						
			intervention						
			condition						
			received by all						
			participants						
			involved a						
			meeting with a						
			health						
			counselor at a central location						
			and having						
			specific dietary						
			goals set with						
			the aid of a						
			multimedia						
			touch-screen						
	<u> </u>		computer						
	Physiologic	kg	Community	67	199	197	-2	0	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	outcomes:		resources vs.	67	219	217	-2	20	
	Weight		basic intervention						
			alone. The						
			basic						
			intervention						
			condition						
			received by all participants						
			involved a						
			meeting with a						
			health						
			counselor at a						
			central location						
			and having specific dietary						
			goals set with						
			the aid of a						
			multimedia						
			touch-screen						
			computer						
	Physiologic	No unit	Community	67	5.1	4.9	-0.2	-0.5	0.017

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes lipid ratio: Total/HDL		resources vs. basic intervention alone. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	67	5.2	4.5	-0.7	-0.4	
	Quality of	Score unit	Community	67	25.7	26	0.3	-0.7	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
2.	life:		resources vs.	67	28.6	28.2	-0.4	2.2	
	Satisfaction		basic						
	outcomes		intervention alone. The						
	Diabetes intrusivenes		basic						
	S		intervention						
			condition						
			received by all						
			participants						
			involved a						
			meeting with a						
			health						
			counselor at a						
			central location and having						
			specific dietary						
			goals set with						
			the aid of a						
			multimedia						
			touch-screen						
			computer						
	Physiologic	Percentage	Telephone	67	7.6	7.4	-0.2	0.1	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes:	of HbA1c	follow-up	68	7.6	7.5	-0.1	0.1	
	HbA1c		support and community resources vs. basic intervention. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer						
	Physiologic	mg/dl	Telephone	67	210	206	-4	0	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
J.day, 10ai	outcomes:	- Came	follow-up	68	205	201	-4	-5	. raido
	Total		support and						
	cholesterol		community						
			resources vs.						
			Basic						
			intervention.						
			The basic						
			intervention condition						
			received by all						
			participants						
			involved a						
			meeting with a						
			health						
			counselor at a						
			central location						
			and having						
			specific dietary						
			goals set with the aid of a						
			multimedia						
			touch-screen						
			computer						
	Physiologic	kg	Telephone	67	199	197	-2	0	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	outcomes: Weight		follow-up support and community resources vs. basic intervention. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	68	221	219	-2	22	
	Physiologic outcomes: Lipid ratio	No unit	Telephone follow-up support and	67	5.1	4.9	-0.2	0	0.045

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Total cholesterol/ HDL cholesterol		community resources vs. basic intervention. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	68	4.9	4.7	-0.2	-0.2	
	Quality of	Score unit	Telephone	67	25.7	26	0.3	-1.9	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	life: Satisfaction outcomes Diabetes intrusivenes s		follow-up support and community resources vs. basic intervention. The basic intervention condition received by all participants involved a meeting with a health counselor at a central location and having specific dietary goals set with the aid of a multimedia touch-screen computer	68	30.8	29.2	-1.6	3.2	
Glasgow,	HbA1c	Percentage	Intervention	354	7.3	7.13	-0.17	-0.02	0

Study Voor	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention	Change Difference Final Difference	P-Value
Study, Year 2005 ⁵	weasure	of HbA1c		Intervention 379	7.33	7.14	Change -0.19	0.01	P-value
2005			group completed treatment components touch-screen, physician goal- setting care manager meeting and follow-up phone call. Health risks and risks reciting addressed the Provider Recognition Program measure vs. control group completed a touch-screen computer assessment but one that focused on general health risks and risks reciting that did not address the Provider Recognition Program measure						
1	Total	No unit	Intervention	354	4.38	4.14	-0.24	0.09	0

Intervention Intervention Intervention Baseline Final Change Difference P-Value Cholesterol Ch		Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
cholesterol/ HDL completed treatment components touch-screen, physician goal-setting care manager meeting and follow-up phone call. Health risks and risks reciting addressed the Provider Recognition Program measure vs. control group completed a touch-screen computer assessment but one that focused on general health risks and risks reciting that did not address the Provider Recognition Program measure vs. control group completed a touch-screen computer assessment but one that focused on general health risks and risks reciting that did not address the Provider Recognition Program measure	Study, Year		Unit							P-Value
		cholesterol/ HDL		completed treatment components touch-screen, physician goal- setting care manager meeting and follow-up phone call. Health risks and risks reciting addressed the Provider Recognition Program measure vs. control group completed a touch-screen computer assessment but one that focused on general health risks and risks reciting that did not address the Provider Recognition Program	379				0.03	
Olasyow, 110/10 1 e10e11taye 1 all01eu sell- 100 11.0 11.0 10 1 e10.1 10	Glasgow,	HbA1c	Percentage	Tailored self-	153	7.5	7.5	0	-0.1	0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
2006 ⁶		of glycated hemoglobin	management vs. computer- aided enhanced usual care	148	7.4	7.3	-0.1	-0.2	, value
	Total cholesterol/ HDL cholesterol	No unit	Tailored self- management vs. computer- aided enhanced usual care	153 148	3.9	3.8	-0.1 -0.1	0	0
	Patient Health Questionair e-9 total score	Score unit	Tailored self- management vs. computer- aided enhanced usual care	153 148	5.4 5.7	5.5 5.5	0.1	-0.3 0	0
	Diabetes Distress scale	Score unit	Ttailored self- management vs. computer- aided enhanced usual care	153 148	41.5 40.1	36.2 33.6	-5.3 -6.5	-1.2 -2.6	0
	Total cholesterol	mg/dl	Tailored self- management vs. computer- aided enhanced usual care	153 148	185.1 185.1	184.1 183.1	-1 -2	-1 -1	
	HDL cholesterol	mg/dl	Tailored self- management vs. computer- aided enhanced usual care	153 148	50 49.2	50.9 50.4	0.9	0.3	0.083
I	Weight	Grams	Tailored self-	153	94	94	0	-0.7	0.007

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	P-Value
,			management vs. computer- aided enhanced usual care	148	94.3	93.6	-0.7	-0.4	
	Patient	Score unit	Tailored self-	153	5.4	5.5	0.1	-0.3	0
	Health Questionair e-9 total score		management vs. computer- aided enhanced usual care	148	5.7	5.5	-0.2	0	
Gomez, 2002 ⁷	Median	Percentage	Group using	10	8.10	8.15	0.05	-0.55	0.053
	HbA1c level	of HbA1c	DIABTel telemedicine system vs. usual care	10	8.4	7.9	-0.5	-0.25	
Grant, 20088	Decline in	Percentage	Web-based	118		0.26			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	HbA1c	of HbA1c	personal health records that imported clinical and medications data, provided patient-tailored decision support, and enabled the patient to author a "diabetes care plan" for electronic submission to their physician prior to upcoming appointments vs. personal health records to update and submit family history and health maintenance information	126		0.16		0.1	
	HbA1c	Percentage	Web-based	118		7.2			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
		of HbA1c	personal health records that imported clinical and medications data, provided patient-tailored decision support, and enabled the patient to author a "diabetes care plan" for electronic submission to their physician prior to upcoming appointments vs. personal health records to update and submit family history and health maintenance information	126		7.1		0.1	
	HbA1c goal	Percentage	Web-based	118		68			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
		of HbA1c	personal health records that imported clinical and medications data, provided patient-tailored decision support, and enabled the patient to author a "diabetes care plan" for electronic submission to their physician prior to upcoming appointments vs. personal health records to update and submit family history and health maintenance information	126		73		-5	
Harno, 2006 ⁹	Body mass	kg/m ²	E-health	74	27.8	27.6	-0.2	0.9	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	index		application with a diabetes management system and a home care link vs. usual care that did not involve ehealth	101	28.5	29.2	0.7	1.6	
	Systolic blood pressure	mm Hg	E-health application with a diabetes management system and a home care link vs. usual care that did not involve e- health	101	136	137 135	1	-2	0
	Diastolic	mm Hg	E-health	74	84	82	-2	0	<0.05
	blood pressure		application with a diabetes management system and a home care link vs. usual care that did not involve ehealth	101	81	79	-2	-3	
	HbA1c	Percentage	E-health	74	8.21	7.83	-0.38	-0.12	< 0.05

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
		of HbA1c	application with a diabetes management system and a home care link vs. usual care that did not involve ehealth	101	7.82	7.32	-0.5	-0.51	
	Fasting glucose	mg/dl	E-health application with a diabetes management system and a home care link vs. usual care that did not involve e- health	74 101	9.91 9.08	10.87 8.88	0.96	-1.16 -1.99	<0.001
	Cholesterol	mmol/l	E-health application with a diabetes management system and a home care link vs. usual care that did not involve e- health	74 101	4.91 4.95	5.03 4.74	0.12 -0.21	-0.33 -0.29	<0.05
	HDL	mmol/l	E-health	74	1.58	1.55	-0.03	0.11	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

application with a diabetes management system and a home care link vs. usual care that did not involve e-health LDL mmol/I E-health application with a diabetes management system and a home care link vs. usual care that did not involve e-health a diabetes management system and a home care link vs. usual care that did not involve e-	tudy, Year	ge rence P-Value
application with a diabetes management system and a home care link vs. usual care that did not involve e-		
health health		
Triglyceride		

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention application with	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 75	Control Change Intervention Change	Change Difference Final Difference 2	P-Value
			a diabetes management system and a home care link vs. usual care that did not involve e- health						
Hetlevik, 2000 ¹⁰	Average HbA1c in registered patients	Percentage of HbA1c	Diabetes mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368 368	8.2	8 7.9	-0.2	-0.1	0.083
	Systolic	mm Hg	Diabetes	408	151.7	153.7	2	-3.1	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	blood pressure in registered patients	mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368	152.5	151.4	-1.1	-2.3		
	Diastolic blood pressure in registered patients	mm Hg	Diabetes mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368	85.3 84.5	85.3 82.8	-1.7	-1.7 -2.5	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Serum	mmol/l	Diabetes	408	6.6	6.3	-0.3	-0.1	0.007
	cholesterol in registered patients		mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368	6.6	6.2	-0.4	-0.1	
	Body mass	kg/m ²	Diabetes	408		28.3			<0.001
	index in registered patients		mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368		28.6		0.3	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Coronary heart disease risk score (female)	Score unit	Diabetes mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368		14.2		0.1	**SNR
	Coronary heart disease risk score (male)	Score unit	Diabetes mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	408 368		48.7 51.4		2.7	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Percentage	Percentage	Diabetes	408		16			0.05
	of registered patients who are smokers	of patients with outcome	mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368		19		3	
	Percentage	Percentage	Diabetes	408		63			<0.001
	of registered patients with cardiovascu lar inheritance	of patients with outcome	mellitus patients whose physicians used a computer- based clinical decision support system (CDSS) vs. diabetes mellitus patients whose physicians used pre- existing routines for treatment	368		66		3	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Homko, 2007 ¹¹	Percent of patients requiring diabetes therapy (diet)	Percentage of patients with outcome	Patients in the Internet group were provided with computer and Internet access. Women sent blood glucose and other health data directly to their care providers via the Internet and received information advice from their health care provider vs. women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		64 44		-20	**SNR
	Percent of	Percentage	Patients in the	25		32			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	patients requiring diabetes therapy (glyburide)	of patients with outcome	Internet group were provided with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the Internet and received information advice from their health care provider vs. women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		25		-7	
	Percent of	Percentage	Patients in the	25		4			< 0.05

Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
 patients	of patients	Internet group	32	<u> </u>	31	· · · · · · · · · · · · · · · · · · ·	27	· value
requiring	with	were provided						
diabetes	outcome	with computer						
therapy		and internet						
(insulin)		access.						
		Women sent						
		blood glucose and other						
		health data						
		directly to their						
		care providers						
		via the internet						
		and received						
		information						
		advice from						
		their health care provider						
		vs. women in						
		the control						
		group, who						
		were asked to						
		record their						
		information in a						
		logbook, which						
		was reviewed by the medical						
		team at						
		prenatal visit						
Fasting	mg/dl	Patients in the	25	88.4	88.6	0.2	-3.4	**SNR

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Study, Tear		Ullit		32	94	90.8	-3.2	2.2	r-value
	blood sugar		Internet group	32	94	90.8	-3.2	2.2	
			were provided						
			with computer						
			and internet						
			access. Women sent						
			blood glucose						
			and other						
			health data						
			directly to their						
			care providers						
			via the internet						
			and received						
			information						
			advice from						
			their health						
			care provider						
			vs. women in						
			the control						
			group, who						
			were asked to						
			record their						
			information in a						
			logbook, which						
			was reviewed						
			by the medical						
			team at						
			prenatal visit						
	HbA1c at	Percentage	Patients in the	25		6.2			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	delivery	of HbA1c	Internet group were provided with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the internet and received information advice from their health care provider vs. women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		6.1		-0.1	
	Maternal	mg/dl	Patients in the	25		104.5			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Gludy, Tear	glucose	Offic	Intervention Internet group	32	Daseille	106.6	Change	2.1	r-value
	control:		were provided	32		100.0		2.1	
	Mean blood		with computer						
	glucose		and internet						
	(mg/dl)		access.						
	(3 - 7		Women sent						
			blood glucose						
			and other						
			health data						
			directly to their						
			care providers						
			via the internet						
			and received						
			information						
			advice from						
			their health care provider						
			vs. women in						
			the control						
			group, who						
			were asked to						
			record their						
			information in a						
			logbook, which						
			was reviewed						
			by the medical						
			team at						
			prenatal visit						
	Maternal	Percentage	Patients in the	25		40			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	pregnancy outcome: Caesarean delivery	of patients with outcome	Internet group were provided with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the internet and received information advice from their health care provider vs. women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		69		29	
	Maternal	Percentage	Patients in the	25		12			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	pregnancy outcome:	of patients with	Internet group were provided	32				-9	
	Premature rupture of membranes	outcome	with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the internet and received information advice from their health care provider vs. women in the control group, who were asked to						
			record their information in a logbook, which						
			was reviewed by the medical team at prenatal visit						
	Maternal	Percentage	prenatal visit Patients in the	25		0			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	pregnancy outcome: Placental abruption	of patients with outcome	Internet group were provided with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the internet and received information advice from their health care provider vs. women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		3		3	
	Maternal	Percentage	Patients in the	25		20			**SNR

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure pregnancy	Unit of patients	Intervention Internet group	Intervention 32	Baseline	Final 28	Change	Difference 8	P-Value
	outcome: Pre- eclampsia/ gestational hypertensio n	with outcome	were provided with computer and internet access. Women sent blood glucose and other health data directly to their care providers via the internet and received information advice from their health care provider vs. Women in the control group, who were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit						
Laffel, 2007 ¹²	Mean	Percentage	Integrated	92		0.27			0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure decrease in HbA1c	Unit of HbA1c	Description of Intervention glucose meters and electronic logbooks (electronic group) vs.	n Final Control n Final Intervention 113	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 0.35	Control Change Intervention Change	Change Difference Final Difference 0.08	P-Value
			paper log books (control group)						
Montori, 2004 ¹³	Mean HbA1c level	Percentage of glycated hemoglobin	Telecare (glucometer transmission with feedback) vs. glucometer transmission without feedback	15 13	9.1	7.8	-0.6 -1.3	-0.7 -0.4	0.03
	Proportion of patients with HbA1c with HbA1c <=0.7% after 6months	Percentage of patients with outcome	Telecare (glucometer transmission with feedback) vs. glucometer transmission without feedback	13		29		22	**SNR
Noel, 2004 ¹⁴	after	Days	transmission without	57	525	194	-331	63	

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,	of-care		patients received home	47	317	49	-268	-145	
			telehealth units						
			that used						
			standard phone						
			lines to communicate						
			with the						
			hospital and						
			were integrated						
			into hospital electronic						
			health records						
			vs. usual home						
			healthcare						
			services plus						
			nurse case						
	Urgent	Visits	management Intervention	57	302	307	5	-88	0.023

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	P-Value
	clinic/emerg ency room visits		patients received home telehealth units that used standard phone lines to communicate with the hospital and were integrated into hospital electronic health records vs. usual home healthcare services plus nurse case management	47	320	237	-83	-70	
	HbA1c	Percentage		57	7.03	7.83	0.8	-1.8	<0.0001

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
		of glycated hemoglobin	patients received home telehealth units that used standard phone lines to communicate with the hospital and were integrated into hospital electronic health records vs. usual home healthcare services plus nurse case management	47	8.3	7.3	-1	-0.53	
	Cognitive	Score unit	Intervention	57	19.42	19.43	0.01	0.68	<0.028

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	status		patients received home telehealth units that used standard phone lines to communicate with the hospital and were integrated into hospital electronic health records vs. usual home healthcare services plus nurse case management	47	19.31	20	0.69	0.57	
Piette, 2000 ¹⁵	Depression score	Score unit	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		17.6		-3.9	0.023
	Anxiety score	Score unit	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		3.7		0.1	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	Self- efficacy score	Score unit	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		4.2		0.3	0.006
	Days in bed because of illness	Days	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		0.5		-0.5	0.026
	Days cut down on activities because of illness	Days	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. Usual care	Total of 248 participants in study Total of 248 participants in study		1.5		-0.3	**SNR
	Diabetes- specific health-	Score unit	Biweekly automated telephone	Total of 248 participants in study		2.1			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	related quality of life: Summary scale		disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study		2.1		0	
	General health- related	Score unit	Biweekly automated telephone	Total of 248 participants in study		52.7			**SNR
	quality of life: Physical functioning		disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study		58.5		5.8	
	General health- related	Score unit	Biweekly automated telephone	Total of 248 participants in study		49.3			**SNR
	quality of life: Role limitations (physical)		disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study		46		-3.3	
	General health- related quality of life: Social functioning	Score unit	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		69.3 76.2		6.9	**SNR
	General health- related	Score unit	Biweekly automated telephone	Total of 248 participants in study		56.7			**SNR

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure quality of life: Bodily pain	Unit	Description of Intervention disease management (ATDM) calls with telephone follow-up vs. usual care	n Final Control n Final Intervention Total of 248 participants in study	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 60.2	Control Change Intervention Change	Change Difference Final Difference 3.5	P-Value
	General health- related quality of life: Role limitations (mental)	Score unit	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care	Total of 248 participants in study Total of 248 participants in study		74.3		6	**SNR
Quinn, 2008 ¹⁶	General health- related quality of life: General health perceptions	Score unit Percentage	Biweekly automated telephone disease management (ATDM) calls with telephone follow-up vs. usual care Well-doc	Total of 248 participants in study	9.05	42.4 46.1	-0.68	-1.35	<0.042

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
		of glycated hemoglobin	intervention vs. Control group. The intervention group received cell phone- based software designed by endocrinologist s and certified diabetes educators. Patients randomized to the control group received One Touch Ultra™ BG meters (Life scan, Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial	13	9.51	7.48	-2.03	-0.89	
	New	Percent of	Well-doc	13		20			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
orday, roar	diagnosis depression	patients with new diagnosis	intervention vs. control group. The intervention group received cell phone-based software designed by endocrinologist s and certified diabetes educators. Patients randomized to the control group received One Touch Ultra TM BG meters (Lifescan, Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial.	13		9	Shange	-11	T Value
Ralston, 2009 ¹⁷	Mean glycated hemoglobin	Percentage of glycated hemoglobin Percentage	Web-based care management vs. usual care Web-based	35 39 35	7.9 8.2	8.1 7.3	0.2 -0.9	-1.1 -0.8	0.01

Study, Year	Outcomes Measure hemoglobin <7%	Unit of patients with outcome	Description of Intervention care management vs. usual care	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 67	Control Change Intervention Change	Change Difference Final Difference -22	P-Value
Shea, 2007 ¹⁸	Mean HbA1c level	% of HbA1c	Home telemedicine unit vs. no home telemedicine unit	821 844	7.42 7.35	7.17 6.97	0.25 0.38	0.13	0.006
	HbA1c in subgroup with HbA1c >7% at baseline	% of HbA1c	Home telemedicine unit vs. no home telemedicine unit	821 844	8.52 8.35	7.78	0.74	0.19 -0.36	0.002
Smith, 2008 ¹⁹	HbA1c (median	Percentage of HbA1c	Virtual consultation vs. no virtual consultation	277 358	7.3 7.3	6.7	-0.6 -0.6	0	0
	Systolic blood pressure, median	mm Hg	Virtual consultation vs. no virtual consultation	277 358	130 130	128 129	-2 -1	1	0
	Diastolic blood pressure (mm Hg), median	Mm Hg	Virtual consultation vs. no virtual consultation	277 358	72 72	70 70	-2 -2	0	0
	LDL-c (mg/dl), median	Mg/dl	Virtual consultation vs. no virtual consultation	277 358	105 104	95 92	-10 -12	-2 -3	0
	Estimated	Score unit	Virtual	277	16	16	0	-3	0

Study, Year	Outcomes Measure 10-yr coronary artery disease risk 10-y risk, median	Unit	Description of Intervention consultation vs. no virtual consultation	n Final Control n Final Intervention 358	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 15	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Minnesota community aggregate optimal diabetes score	Percentage of patients with outcome	Virtual consultation vs. no virtual consultation	277 358		18 30		12	0
Thomas, 2007 ²⁰	Mean HgbA1c	Percentage of glycated hemoglobin	Computerized diabetes registry vs. control group (usual clinic education)	231 252	7.4	7.4	0	0 -0.1	0
	Mean LDL cholesterol	mg/dl	Computerized diabetes registry vs. control group (usual clinic education)	231 252	101.6	97.5 98.4	-4.1 -5.2	-1.1 0.9	0
	Mean systolic blood pressure	mm Hg	Computerized diabetes registry vs. control group (usual clinic education)	231 252	129.1 131.5	130.8	1.7 -0.5	-2.2 0.2	0
	Mean	mm Hg	Computerized	231	70.5	73.5	3	-3.2	0

blood pressure registry vs. Control group (usual clinic education) HbA1c % of glycated hemoglobin weekly medical support through SMS based upon weekly review of glucose values vs. patients downloading self-monitored blood glucose (SMBG) values on a weekly basis without receiving SMS with outcome vite outcome volucome volucome volucome volucome volucome volucome volucome volucome vegistry vs. control group (usual clinic education) ### Patients of Patients of San Sa.22 8.34 0.12 -0.3 ### 30 8.31 8.18 -0.13 -0.13 -0.13 ### 30 8.31 8.18 -0.13 -0.13 -0.13 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San San San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San San Sa.22 8.34 0.12 -0.23 ### 50 Patients of San	Study, Year	Outcomes Neasure Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
glycated hemoglobin weekly medical support through SMS based upon weekly review of glucose values vs. patients downloading self-monitored blood glucose (SMBG) values on a weekly basis without receiving SMS HgbA1c <7.0% (% with outcome) with outcome victore education) Receiving weekly medical support through SMS based upon weekly review of glucose values vs. patients downloading self-monitored blood glucose (SMBG) values on a weekly basis without receiving SMS 231 62 0 62 0 64 0 65 0 66 0 66 0 66 0 66 0 66 0 66 0 66		lood ressure	Control group (usual clinic	252	72.6	72.4	-0.2	-1.1	
<7.0% (% patients diabetes registry vs. outcome) control group (usual clinic education) 58 -4		glycate hemog	receiving weekly medical support through SMS based upon weekly review of glucose values vs. patients downloading self-monitored blood glucose (SMBG) values on a weekly basis without			8.18		-0.25 -0.16	0.097
		7.0% (% patient	ts diabetes registry vs. control group (usual clinic						0
Mean LDL < 100 mg/dl (% with outcome)		100 mg/dl of pation with utcome) outcome	ntage Computerized ents diabetes registry vs. ne control group (usual clinic education)					-1	0

Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	mmHg (% with outcome	of patients with outcome	diabetes registry vs. control group (usual clinic education)	252		50		0	
Yoon, 2008 ²¹	Mean HbA1c level	HbA1c	Access to a website through cell phones or wired connections transmitting blood glucose levels weekly through telecare and receiving feedback and suggestions from providers vs. usual care that did not use cell phones for treatment	26 25	7.59 8.09	8.4 6.77	0.81	-2.13 -1.63	<0.05

^{**}SNR: Significance not reported

P-value of 0 = p-value > 0.10

ATDM: Automated telephone disease management, BG: Blood glucose, SMS: Short message service, CDSS: Clinical decision support system, dl: Deciliter, HbA1c: Glycated hemoglobin, HDL: High-density lipoprotein, kg: Kilograms, LDL: Low-density lipoprotein, mg: Milligrams, mmHg: Millimeters mercury, PHQ: Patient Health Questionnaire, mmol: Millimoles, SMBG: Self-monitored blood glucose, TSM: Tailored self-management

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Evidence Table 11. Outcomes related to diabetes mellitus in studies addressing clinical outcomes (continued)

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Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Feldman, 2005 ¹	Kansas City Cardiomyopath y Questionnaire: Summary score Adjusted score (higher score = better outcome)	Score unit	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care	199		40.4 46.6		6.20	0.013
	Kansas City Cardiomyopath y Questionnaire: Physical limitation domain score Adjusted score (higher score = better outcome)	Score unit	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care	227 199		37.8 42.5		4.70	0
	Kansas City Cardiomyopath y Questionnaire: Symptom domain score (higher score = better outcome) Depression:	Score unit	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care Heart failure	227 199		48.6 55.6 36.3		7.00	0.091

Study, Year	Outcomes Measure Adjusted score (higher score = presence of depression)	Unit	Description of Intervention patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual	n Final Control n Final Intervention 199	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 37.4	Control Change Intervention Change	Change Difference Final Difference 1.10	P-Value
	Euroquality of life: Health-related quality of lifeAdjusted score (higher score = better outcome)	Score unit	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care	227 199		39.3 48.9		9.60	0.003
	Kansas City Cardiomyopath y Questionnaire: Summary score Adjusted score (higher score = better outcome) Kansas City	Score unit	Heart failure patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care Heart failure	227 202		40.4 45.6		5.20	0.048

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure Cardiomyopath y Questionnaire: Physical limitation domain score- Adjusted score (higher score = better	Unit	Description of Intervention patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention)	n Final Control n Final Intervention 202	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 43	Control Change Intervention Change	Change Difference Final Difference 5.20	P-Value
	outcome) Kansas City Cardiomyopath y Questionaire: Symptom domain score (higher score = better outcome) Depression:	Score unit Score Unit	vs. heart failure patients receiving usual care Heart failure patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care Heart failure	227 202		48.6 53.6		5.00	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
, , , , , , , , , , , , , , , , , , , ,	Adjusted score (higher score = presence of depression)		patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	202		86.3	3	50.00	
	Euro quality of life: Health-related quality of lifeAdjusted score (higher score = better outcome)	Score Unit	Heart failure patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care	227 202		39.3 36.9		-2.40	0
	Kansas City	%age of	Heart failure	227		44.6			0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Cardiomyopath y Questionaire: % w/quality of life domain score >=50 (higher score = better outcome)	patients	patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care	199		48		3.40	
	Kansas City Cardiomyopath y Questionnaire: % w/social limitation domain score >= 50 (higher score = better outcome)	%age of patients	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care	199		27.8 34.8		7.00	0.9
	Kansas City Cardiomyopath y Questionnaire: % w/ self- efficacy domain score >=50 Kansas City	%% of patients %% of patients	Heart failure patients whose nurses received e-mail recommendati ons (basic intervention) vs. heart failure patients receiving usual care Heart failure	227 199		85.8 86.8		1.00	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,	Cardiomyopath y Questionnaire: % w/quality of life domain score >=50 (higher score = better outcome)		patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care	202		53.3		8.70	
	Kansas City Cardiomyopath y Questionnaire: % w/social limitation domain score >= 50 (higher score = better outcome)	%% of patients	Heart failure patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care	227 202		27.8 35.2		7.40	0
	Kansas City	%% of patients	Heart failure	227		85.8			0

Study, Year	Outcomes Measure Cardiomyopath y Questionaire: % w/ self efficacy domain score >=50	Unit	Description of Intervention patients whose nurses received e-mail recommendati ons and additional resources (augmented intervention) vs. heart failure patients receiving usual care	n Final Control n Final Intervention 202	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 35.2	Control Change Intervention Change	Change Difference Final Difference -50.60	P-Value
Jerant, 2001 ²	Median health care utilization	US dollars	Home telecare videoconferenc	12		21,595			<0.001
			ing vs. usual care	13		7487		-14108	
	Mean health care utilization	US dollars	Home telecare videoconferenc	12		93686			<0.05
			ing vs. usual care	13		29701		-63985	
	Median health care utilization	US dollars	Nurse phone calls with	12		21,595			0
			nurse vs. usual care	12		4117		-17478	
	Mean health care utilization	US dollars	Nurse phone calls with	12		93686			<0.05
			nurse vs. usual care	12		28,888		-64798	
Jerant, 2003 ³	Emotional subscale on Minnesota Living With Heart Failure Questionnaire: Mean	Score unit	Telecare vs. usual care	12	11.8 14.1	8.2 12.2	-3.6 -1.9	1.7 4.00	**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
-	Physical	Score unit	Telecare vs.	12	26.4	16.1	-10.3	3.7	**SNR
	subscale on Minnesota Living With Heart Failure Questionnaire: Mean		usual care	13	27.8	21.2	-6.6	5.10	
	Total score on	Score Unit	Telecare vs.	12	58.3	38.1	-20.2	6.5	**SNR
	Minnesota Living With Heart Failure Questionnaire: Mean		usual care	13	64.1	50.4	-13.7	12.30	- 57.01
	Short Form-36: Mental	Score Unit	Telecare vs. usual care	12	41.8	48.9	7.1	-4	**SNR
	component score			13	41.5	44.6	3.1	-4.30	
	Short Form-36:	Score Unit	Telecare vs.	12	34.2	33.7	-0.5	5.5	**SNR
	Physical component score		usual care	13	30.1	35.1	5	1.40	
	Emotional	Score Unit	Telephone vs.	12	11.8	8.2	-3.6	0	**SNR
	subscale on Minnesota Living With Heart Failure Questionnaire: Mean		usual care	12	8.8	5.2	-3.6	-3.00	
	Physical	Score unit	Telephone vs.	12	26.4	16.1	-10.3	1.7	**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure subscale on Minnesota Living With Heart Failure Questionnaire: Mean	Unit	Description of Intervention usual care	n Final Control n Final Intervention 12	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline 24.4	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change -8.6	Change Difference Final Difference -0.30	P-Value
	Total score on Minnesota Living With Heart Failure Questionnaire: Mean	Score unit	Telephone vs. usual care	12	58.3 54	38.1 35.5	-20.2 -18.5	1.7 -2.60	_ **SNR
	Short Form-36: Mental component score	Score unit	Telephone vs. usual care	12	41.8 44.7	48.9 52.7	7.1	0.9	**SNR
	Short Form-36: Physical component score	Score unit	Telephone vs. usual care	12	34.2	33.7	-0.5	1.4 -4.70	**SNR
Kucher, 2005 ⁴	Death at 30 days	% of patients % of patients	Computerized alert to physician about patient's risk of deepvein thrombosis vs. no computerized alert Computerized	1251 1255		12.5		1.40	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	days		alert to physician about patient's risk of deep- vein thrombosis vs. no computerized alert	1255		22.5		0.20	
	Major hemorrhage at 30 days	% of patients	Computerized alert to physician about patient's risk of deepvein thrombosis vs. no computerized alert	1251 1255		1.5		0.00	0
	Minor hemorrhage at 30 days	% of patients % of patients	Computerized alert to physician about patient's risk of deepvein thrombosis vs. no computerized alert Computerized	1251 1255		7 6.5		-0.50	<0.001

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	prophylaxis		alert to physician about patient's risk of deep- vein thrombosis vs. no computerized alert	1255		10		8.50	
	Pharmacologic prophylaxis	% of patients	Computerized alert to physician about patient's risk of deepvein thrombosis vs. no computerized alert	1251 1255		23.6		10.60	<0.001
	Deep-vein thrombosis of the arms at 90 days	% of patients	Computerized alert to physician about patient's risk of deepvein thrombosis vs. no computerized alert	1251 1255		2.6 2.5		-0.10	0
Lowensteyn, 1998 ⁵	Total- cholesterol	mmol/L	Coronary risk profile to physician vs. no risk profile to physician	782 176	6.11 6.55	6.02 6.06	-0.09 -0.49	-0.4 0.04	0.05
	HDL-	mmol/L	Coronary risk	782	1.16	1.16	0	0.02	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	cholesterol		profile to physician vs. no risk profile to physician	176	1.13	1.15	0.02	-0.01	
	LDL-c	mmol/L	Coronary risk profile to physician vs. no risk profile to physician	782 176	3.88 4.37	3.87 3.97	-0.01 -0.4	-0.39 0.10	0.05
	Total- cholesterol/HD L-cholesterol ratio	No units	Coronary risk profile to physician vs. no risk profile to physician	782 176	5.7 6.2	5.5 5.6	-0.2 -0.6	-0.4 0.10	0.05
	Systolic blood pressure	mm Hg	Coronary risk profile to physician vs. no risk profile to physician	782 176	129.2 133	128 131	-1.2 -2	-0.8 3.00	0
	Diastolic blood pressure	mm Hg	Coronary risk profile to physician vs. no risk profile to physician	782 176	79.8 82.3	79.9 81.4	0.1 -0.9	-1 1.50	0
	Body mass index	kg/m²	Coronary risk profile to physician vs. no risk profile to physician	782 176	27.8 28.6	27.5 28.4	-0.3 -0.2	0.1	0
	8-year coronary risk	% of patients	Coronary risk profile to physician vs. no risk profile to physician	782 176	9.6	9.3	-0.3 -1.8	-1.5 0.90	<0.01
	Cardiovascular	Years	Coronary risk	782	52	51.9	-0.1	-0.5	<0.01

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure age	Unit	Description of Intervention profile to physician vs.	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline 54	Control Outcome Measure at Final Intervention Outcome Measure at Final 53.4	Control Change Intervention Change -0.6	Change Difference Final Difference 1.50	P-Value
			no risk profile to physician						
Mitchell, 2004 ⁶	Final systolic blood pressure	mm Hg	Audit only practices vs. patients who received no feedback	1813 1339		148 151.2		3.20	0
	Final systolic blood pressure	mm Hg	Audit plus strategic practices vs. patients who received no feedback	1813 1951		148 146.5		-1.50	0
	Final proportion with controlled blood pressure in hypertensive patients	% of patients	Audit only practices vs. patients who received no feedback	1813 1339		45.7 33.5		-12.20	0
	All patients with blood pressure<160/ 90	% of patients	Audit only practices vs. patients who received no feedback	1813 1339	47.5 39	58 47	10.5 8	-2.5 -11.00	0
	All patients with blood pressure>=160 /90	% of patients	Audit only practices vs. patients who received no feedback	1813 1339	30.1 26.8	24.1 26.7	-6 -0.1	5.9 2.60	0
	All patients with no recorded blood pressure	% of patients	Audit only practices vs. patients who received no feedback	1813 1339	22.4 34.2	17.9 26.3	-4.5 -7.9	-3.4 8.40	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure Final proportion with controlled blood pressure in hypertensive patients	Unit % of patients	Description of Intervention Audit plus strategic practices vs. patients who received no feedback	n Final Control n Final Intervention 1813 1951	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 45.7 45.5	Control Change Intervention Change	Change Difference Final Difference	P-Value 0.028
	All patients with blood pressure<160/ 90	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1951	47.5 54.3	58 63	10.5	-1.8 5.00	0.08
	All patients with blood pressure>=160 /90	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1951	30.1 26.9	24.1 22.8	-6 -4.1	1.9	0
	All patients with no recorded blood pressure	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1951	18.8	17.9 14.2	17.9 -4.6	-22.5 -3.70	0
	Blood pressure control	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1339		45.7 33.5		-12.20	
	Blood pressure control	% of patients	Audit plus strategic practices vs. patients who received no feedback	1813 1951		45.7 45.5		-0.20	

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Poller, 2008 ⁷	Incidence of	Events per 100	Parma 5	5290	Buscinic	463	Onlange	Directorio	0.08
	clinical events adjudicated	patient-yrs	computer- assisted dosage program vs. manual dosage			420		-43.00	
	Minor bleeds	Events per 100	Parma 5	5290		245			**SNR
		patient-yrs	computer- assisted dosage program vs. manual dosage	5131		211		-34.00	
	Major bleeds	Number of	Parma 5	5290		85			**SNR
		events	computer- assisted dosage program vs. manual dosage	5131		73		-12.00	
	Thrombotic	Number of	Parma 5	5290		85			**SNR
	events	events	computer- assisted dosage program vs. manual dosage	5290		84		-1.00	
	Deaths	Number of events	Parma 5 computer- assisted dosage program vs. manual dosage	5131 5131		48 52		4.00	**SNR
	Adjudicated as	Number of	Parma 5	5290		33			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	P-Value
	non-events	events	computer- assisted dosage program vs. manual dosage	5131		37		4.00	
	Total events in	Number of	Parma 5	5290		152			0.05
	deep-vein thrombosis/pul monary embolism group	events	computer- assisted dosage program vs. manual dosage	5131		115		-37.00	
	Time for which	Mean % of	Computer-	6503		64.7			<0.001
	international normalized ratio (INR) was in range	time	assisted oral anticoagulant dosage vs. medical staff dosage	6605		65.9		1.20	
Poller, 2008 ⁸	Incidence of	Number of	Computer-	6503		555			**SNR
	clinical events adjudicated (events per 100 patient- yrs)	events	assisted oral anticoagulant dosage vs. medical staff dosage	6605		513		-42.00	
	Minor bleeds	Events per 100	Computer-	6503		288			**SNR
		patient-yrs	assisted oral anticoagulant dosage vs. medical staff dosage	6605		253		-35.00	
	Major bleeds	Number of	Computer-	6503		99			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,		events	assisted oral anticoagulant dosage vs. medical staff dosage	6605		93		-6.00	
	Thrombotic events	Number of events	Computer- assisted oral anticoagulant dosage vs. medical staff dosage	6503 6605		106 97		-9.00	**SNR
	Deaths	Number of events	Computer- assisted oral anticoagulant dosage vs. medical staff dosage	6503 6605		62 70		8.00	**SNR
	Adjudicated as non-events	Number of events	Computer- assisted oral anticoagulant dosage vs. medical staff dosage	6503 6605		40 47		7.00	**SNR
	Total events in deep-vein thrombosis/pul monary embolism group	Number of events	Computer- assisted oral anticoagulant dosage vs. medical staff dosage	6503 6605		152 115		-37.00	0.001
	Time for which	Mean % of	Computer-	6503		64.7			<0.001

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure international normalized ratio (INR) was in range (mean %)	Unit time	Description of Intervention assisted oral anticoagulant dosage vs. medical staff dosage	n Final Control n Final Intervention 6605	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 65.9	Control Change Intervention Change	Change Difference Final Difference 1.20	P-Value
	Incidence of clinical events adjudicated	Events per 100 patient-yrs	Computer- assisted oral anticoagulant dosage vs. medical staff dosage	6503 6605		555 513		-42.00	**SNR
Ross, 2004 ⁹	Kansas City Cardiomyopath y Questionnaire: Self-efficacy score	Score unit	Participants in the intervention group were given a user identification and password to SPPARO in order to access electronic hospital records vs. patients in the control group, who continued to receive standard care in the practice	43 38	83	85 91	5	3 6.00	0.08
	Symptom	Score unit	in the practice Participants in	43	49	46	-3	17	0.01

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	stability		the	38	49	63	14	17.00	
			intervention						
			group were						
			given a user						
			identification						
			and password						
			to SPPARO in						
			order to						
			access						
			electronic						
			hospital						
			records vs.						
			patients in the						
			control group,						
			who continued						
			to receive						
			standard care						
	Ovelity of life	Caara wait	in the practice	40	50	00		2	
	Quality of life	Score unit	Participants in	43	56	62	6	2	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•			the	38	56	64	8	2.00	
			intervention						
			group were						
			given a user						
			identification						
			and password						
			to SPPARO in						
			order to						
			access						
			electronic						
			hospital						
			records vs.						
			patients in the						
			control group,						
			who continued						
			to receive						
			standard care						
	F attaced	0	in the practice	40	00	70	4		
•	Functional	Score unit	Participants in	43	66	70	4	-3	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	status		the	38	66	67	1	-3.00	
			intervention						
			group were						
			given a user identification						
			and password						
			to SPPARO in						
			order to						
			access						
			electronic						
			hospital						
			records vs.						
			patients in the						
			control group,						
			who continued						
			to receive						
			standard care						
			in the practice						
	Clinical	Score unit	Participants in	43	64	66	2	3	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	summary		the intervention group were	38	64	69	5	3.00	
			given a user identification and password						
			to SPPARO in order to						
			access electronic hospital						
			records vs. patients in the						
			control group, who continued						
			to receive standard care in the practice						
	Physical	Score unit	Participants in	43	66	73	7	-4	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	limitations		the	38	66	69	3	-4.00	
			intervention group were given a user identification and password to SPPARO in order to access electronic hospital records vs. Patients in the control group, who continued to receive standard care in the practice						
Roumie, 2006 ¹⁰	Systolic blood	mm Hg	Provider who	255	157.3	145	-12.3	0.3	0
2006''	pressure		received e-mail message and alert vs. provider who received only the e-mail message	362	158	146	-12	1.00	
	Systolic blood pressure	mm Hg	Provider who received e-mail message, alert and patient education vs. provider who received only the e-mail message	358 358	157.3 156.3	145 138	-12.3 -18.3	-6 -7.00	0
	Systolic blood	% of patients	Provider who	255		40.9			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	pressure <=140		received e-mail message and alert vs. provider who received only the e-mail message	362		42		1.10	
	Dose increased	% of patients	Provider who received e-mail message and alert vs. provider who received only the e-mail message	255 362		9.1		-3.90	0.07
	Drug added	% of patients	Provider who received e-mail message and alert vs. provider who received only the e-mail message	255 362		15.7 15.4		-0.30	0
	Both increased dose and drug added	% of patients % of patients	Provider who received e-mail message and alert vs. provider who received only the e-mail message	255 362 255		3.7 4		0.30	0 **SNR

Study, Year	Outcomes Measure pressure	Unit	Description of Intervention received e-mail	n Final Control n Final Intervention 358	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 59.5	Control Change Intervention Change	Change Difference Final Difference 18.60	P-Value
	<=140		message, alert and patient education vs. provider who received only the e-mail message						
	Dose increased	% of patients	Provider who received e-mail message, alert and patient education vs. provider who received only the e-mail message	358		8.7		-4.30	0.07
	Drug added	% of patients	Provider who received e-mail message, alert and patient education vs. provider who received only the e-mail message	255 358		15.7 17.5		1.80	0
Scherr, 2009 ¹¹	Both increased dose and drug added	% of patients	Provider who received e-mail message, alert and patient education vs. provider who received only the e-mail message	255 358		3.7		-0.70	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Subramanian, 2004 ¹²	Short Form-36: Physical component scale (change enrollment to 12 months)	Score unit	Physicians were randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. physicians whose suggestions generated with electronic medical record data alone (control group)	365 355		1.3		-1.90	0.03
	Short Form-36:	Score unit	Physicians	365		2.1			0.06

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Mental	*	were randomly	355		3.7	J.	1.60	
	component		assigned to						
	scale (change enrollment to		receive either care						
	12 months)		suggestions						
	.=,		generated with						
			electronic						
			medical record						
			data and						
			symptom data obtained from						
			questionnaires						
			mailed to						
			patients within						
			2 weeks of						
			scheduled						
			outpatient						
			visits (intervention						
			group) vs.						
			physicians						
			whose						
			suggestions						
			generated with						
			electronic						
			medical record data alone						
			(control group)						
Tierney,	Mental Health	Score unit	Evidence-	119		63			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
2003 ¹ 8	Short Form-36: Subscale score		based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions were withheld	142		64		1.00	
	Overall health	Score unit	Evidence-	119		4.6			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	status (chronic		based cardiac	142		4.6		0.00	
	heart disease		care					0.00	
	questionnaire		suggestions,						
	score)		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for enrolled						
			patients vs.						
			control group						
			where						
			suggestions						
			were withheld						
	Dyspnea	Score unit	Evidence-	119		5.2			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	chronic heart	*	based cardiac	142		5.3		0.10	
	disease		care						
	questionnaire		suggestions,						
	score		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as they cared for						
			enrolled						
			patients vs.						
			control group						
			where						
			suggestions						
			were withheld						
	Fatigue	Score unit	Evidence-	119		4		-	**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	chronic heart		based cardiac	142		3.8	290	-0.20	
	disease		care						
	questionnaire		suggestions,						
	score		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for enrolled						
			patients vs.						
			control group						
			where						
			suggestions						
			were withheld						
	Emotion	Score unit	Evidence-	119		4.6			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Stadle Vess	Outcomes	ll-i	Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	B.Value
Study, Year	Measure (chronic heart	Unit	Intervention based cardiac	Intervention 142	Baseline	Final 4.6	Change	Difference 0.00	P-Value
	disease questionnaire score)		care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. control group where suggestions	142		4.0		0.00	
			were withheld						
	Mental Health Short Form-36: Subscale score	Score unit	Printed a note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld	119		63		1.00	**SNR
	Overall health	Score unit	Printed note	119		4.6			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Clady, roar	status (chronic	- Cint	(rather than	106	240011110	4.5	- C.Idiigo	-0.10	. • • • • • • • • • • • • • • • • • • •
	heart disease questionnaire score)		bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where						
			suggestions were withheld						
	Dyspnea	Score unit	Printed note	119		5.2			**SNR
	chronic heart disease questionnaire score		(rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld	106		5		-0.20	
	Fatigue	Score unit	Printed note	119		4			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Clady, I cal	chronic heart	- Cint	(rather than	106	Dascinic	3.8	Jilange	-0.20	. value
	disease questionnaire score		bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. Control group where					0.20	
			suggestions were withheld						
	Emotion	Score unit	Printed note	119		4.6			**SNR
			(rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System vs. control group where suggestions were withheld	106		4.5		-0.10	
	Mental Health	Score unit	Evidence-	119		63			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Short Form-36:		based cardiac	113		65		2.00	
	Subscale		care						
	score		suggestions,						
			approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for						
			enrolled						
			patients, with a						
			printed note						
			(rather than						
			bottle labels)						
			instructing the pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording						
			System vs.						
			control group						
			where						
			suggestions						
			were withheld						
	Overall health	Score unit	Evidence-	119		4.6			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
J.a., 1001	status (chronic		based cardiac	113		4.6	3age	0.00	
	heart disease		care						
	questionnaire		suggestions,						
	score)		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for enrolled						
			patients, with a						
			printed note						
			(rather than						
			bottle labels)						
			instructing the						
			pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording						
			System vs.						
			control group						
			where						
			suggestions						
			were withheld						
	Dyspnea	Score unit	Evidence-	119		5.2			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	(chronic heart		based cardiac	113		5.2	Jge	0.00	
	disease		care						
	questionnaire		suggestions,						
	score)		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to physicians and						
			pharmacists as						
			they cared for						
			enrolled						
			patients, with a						
			printed note						
			(rather than						
			bottle labels)						
			instructing the						
			pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording						
			System vs.						
			control group						
			where						
			suggestions were withheld						
	Fotigue	Coore unit		110		1			**SNR
1	Fatigue	Score unit	Evidence-	119		4			SINK

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	(chronic heart	-	based cardiac	113		4		0.00	
	disease		care						
	questionnaire		suggestions,						
	score)		approved by a						
			panel of local cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for						
			enrolled						
			patients, with a						
			printed note						
			(rather than bottle labels)						
			instructing the						
			pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording						
			System vs.						
			control group						
			where						
			suggestions were withheld						
	Emotion	Score unit	Evidence-	119		4.6			**SNR

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Otady, Ical	(chronic heart	J.III	based cardiac	113	Dascinic	4.7	Change	0.10	. value
	disease		care						
	questionnaire		suggestions,						
	score)		approved by a						
			panel of local						
			cardiologists						
			and general						
			internists, were						
			displayed to						
			physicians and pharmacists as						
			they cared for						
			enrolled						
			patients, with a						
			printed note						
			rather than						
			bottle labels)						
			instructing the						
			pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording System vs.						
			control group						
			where						
			suggestions						
			were withheld						
Verheijden,	Mean	Score unit	Web-based	68	5.7	5.63	-0.07	-0.1	0
2004	perceived		nutrition	61	5.7	5.53	-0.17	-0.10	
14	social support		counseling and						
			social support						
		1. , ,	vs. usual care						
	Mean BMI	kg/m ²	Web-based	68	29.2	29.19	-0.01	-0.01	0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
			nutrition counseling and social support vs. usual care	61	29.5	29.48	-0.02	0.29	
	Mean systolic blood pressure	mm Hg	Web-based nutrition counseling and social support vs. usual care	68	136 134	130.8 132.1	-5.2 -1.9	1.30	0
	Mean diastolic blood pressure	mm Hg	Web-based nutrition counseling and social support vs. usual care	68 61	80 81	76.8 78.5	-3.2 -2.5	0.7 1.70	0
	Mean total cholesterol	mmol/L	Web-based nutrition counseling and social support vs. usual care	68 61	5.4 5.5	5.29 5.42	-0.11 -0.08	0.03 0.13	0
Wakefield, 2008 15	Minn Living With Hheart Failure score (higher score= worse quality of life)	Score unit	Videophone follow-up vs. usual care	33	60.6	56.6 54	-4 -6.2	-2.2 -2.60	0
	Minn Living With Heart Failure score (higher score= worse quality of life)	Score unit	Telephone follow-up verses usual care	42 34	60.6 58.4	56.6 41.5	-4 -16.9	-12.9 -15.10	0
	% mortality	% of patients	Videophone follow-up vs. usual care	49 52		22.4 28.9		6.50	0

Evidence Table 12. Outcomes related to heart disease in studies addressing clinical outcomes (continued)

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	P-Value
	Mortality		Telephone follow-up vs. usual care. Usual care subjects contacted their primary care nurse case manager by telephone if needed. Intervention subjects contacted their assigned study nurse via telephone if needed after discharge. The intervention nurses reinforced discharge plans, had full access to patient records, and employed strategies to improve subjects' compliance with prescribed treatment plans.	49 47		22.4 21.3		-1.10	0

^{**}SNR: Significance not reported

P-value of "0" denotes a p-value > 0.10

SNR = Significance not reported; ABPM: Ambulatory blood pressure monitoring; CV = Cardiovascular; DVT = Deep vein thrombosis; HbA1c = Glycated hemoglobin; HDL-c; High-density lipoprotein cholesterol; HTN = Hypertension; INR = International normalized ratio; kg = Kilograms; L = Liters; LDL-c = Low-density lipoprotein cholesterol; mm Hg = Millimeters Mercury; mmol = Millimoles; PE = Pulmonary embolism; PIRS = Pharmacist Intervention Recording System; Minn = Minnesota

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				n Final Control	Control Outcome Measure at Baseline Intervention Outcome	Control Outcome Measure at Final Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
Maslin, 1998 ¹	Mental health score on Short Form-36 questionnaire	Score unit	Interactive video disk system + usual care from multidisciplinary team vs. usual care from multidisciplinary team	49 51	68 60	68 68	0 8	8 0	0
	Anxiety score on the hospital anxiety and depression scale	Score unit	Interactive video disk system + usual care from multidisciplinary team vs. usual care from multidisciplinary team	49 51				0	<0.001
McDonald, 2005 ²	Pain at its worst (range: 0-10)	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		4.5		-1.2	0
	Pain on average (range: 0-10)	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		3.7		-0.6	0.03
	Pain interference scale (range: 0-10)	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		5.3 5.2		-0.1	0
	Best quality of life	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		16.1 15.2		-0.9	0
	Severe pain	Score	Patient-specific, one-	234		28.4			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
		unit	time e-mail reminder with pain-specific recommendations vs. usual care	242		32.8		4.4	
	Severe insomnia	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		40.9 12		-28.9	0
	Severe constipation	Score unit	Patient-specific, one- time e-mail reminder with pain-specific recommendations vs. usual care	234 242		18.9 64		45.1	0
	Pain at its worst (range: 0-10)	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		4.5		-1.2	0
	Pain on average (range: 0-10)	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		3.7		-0.6	0.03
	Pain interference scale (range: 0-10)	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		5.3 5.2		-0.1	0
	Best quality of life	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		16.1 15.2		-0.9	0
	Severe pain	Score	E-mail reminder +	234		28.4			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
		unit	provider prompts + patient education + clinical nurse specialist outreach vs. usual care	197		32.8		4.4	
	Severe insomnia	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		40.9 12		-28.9	0
	Severe constipation	Score unit	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach vs. usual care	234 197		18.9 64		45.1	0
Ruland, 2003 ³	Number of reported symptoms (0-10)	% of patients with outcome	Used computerized system for shared decision making for cancer symptoms care vs. usual care	25 27		2.25 2.73		0.48	0
	Number of reported symptoms (0-15)	% of patients with outcome	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25 27		2.25 3.77		1.52	0.032
	Number of reported symptoms (0-20)	% of patients with outcome	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25 27		2.18 4.5		2.32	0.016
	Number of reported symptoms (0-25)	% of patients with outcome	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25 27		2.17 5.28		3.11	0.004
	Number of reported	% of	Used computerized	25		2.17			0.017

Study, Year	Outcomes Measure	Unit	Description of Intervention system for shared	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 5.25	Control Change Intervention Change	Change Difference Final Difference 3.08	P- Value
	symptoms (0-30)	patients with outcome	decisionmaking for cancer symptoms care vs. usual care	21		5.25		3.06	
	Number of reported symptoms (0-40)	% of patients with outcome	Used computerized system for shared deicionmaking for cancer symptoms care vs. usual care	25 27		2.63 6.56		3.93	0
	Number of reported symptoms (0-50)	% of patients with outcome	Used computerized system for shared decisionmaking for cancer symptoms care vs. usual care	25 27		7.63		4.79	0.042
Taenzer, 2000 ⁴	Physical functioning (higher score indicate better function)	Score unit	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized European Organization for Research and Treatment of Cancer Questionnaire (EORTC QLQ) vs. patients who completed a paper- and-pencil version of the EORTC QLQ only	26 27		76.9 60		-16.9	<0.05
	Role functioning	Score	Lung cancer patients	26		84.6			<0.01

Study,	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	P-
Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	Value
	(higher scores indicate better function)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and pencil version of the EORTC QLQ only	27		55.6		-29	
	Emotional	Score	Lung cancer patients	26		76.3			0
	functioning (higher scores indicate better function)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		75.9		-0.4	
	Cognitive	Score	Lung cancer patients	26		81.4			0
	functioning (higher scores indicate better function)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		80.3		-1.1	
	Social functioning	Score	Lung cancer patients	26		78.9			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	(higher scores indicate better function)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		74		-4.9	
	Global functioning (higher scores indicate better function)	Score unit	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		52.8		-11.9	0
	Number of functional scales indicating compromised function	Number of scales	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		3 3.6		0.6	0
	Fatigue (higher	Score	Lung cancer patients	26		28.6			0

Study,	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	P-
Year	Measure scores indicate more symptomatology)	Unit unit	Intervention whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC	27	Baseline	41.2	Change	12.6	Value
	Nausea and vomiting (higher scores indicate more symptomatology)	Score unit	QLQ only Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		9 8.6		-0.4	0
	Pain (higher scores indicate more symptomatology)	Score unit	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		15.4 26.5		11.1	0
	Dyspnea (higher	Score	Lung cancer patients	26		34.6			< 0.05

Study,	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	P-
Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	Value
	scores indicate more symptomatology)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		51.9		17.3	
	Sleep disturbance	Score	Lung cancer patients	26		24.4			0
	(higher scores indicate more symptomatology)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		29.6		5.2	
	Appetite (higher	Score	Lung cancer patients	26		19.2			0
	scores indicate more symptomatology)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		25.9		6.7	
	Constipation	Score	Lung cancer patients	26		18			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	(higher scores indicate more symptomatology)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		19.8		1.8	
	Diarrhea (higher scores indicate more symptomatology)	Score unit	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		2.5		-2.6	0
	Financial difficulties	Score	Lung cancer patients	26		18			0
	(higher scores indicate more symptomatology)	unit	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		12.4		-5.6	
	Number of	Number	Lung cancer patients	26		4			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	symptom scales indicating compromised functioning	of scales	whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	27		4.6		0.6	
	Number of functional and symptom scales indicating compromised function	Number of scales	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		7.1 8.2		1.1	0
	Total number of items endorsed	Number of items	Lung cancer patients whose physicians and nurses received quality-of-life training and who completed the computerized EORTC QLQ vs. patients who completed a paper-and-pencil version of the EORTC QLQ only	26 27		10.6		2.5	0

^{**}SNR: Significance not reported

P-value of "0" denotes p-value > 0.10

EORTC QLQ: European Organization for Research and Treatment of Cancer Quality of Life Questionnaire.

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Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
Bosworth, 2009 ¹	Estimated mean systolic blood pressure	mm Hg	Patient behavioral intervention	143	141.6	136.8	-4.8	2.3	0
	Sicou procedio		group vs. control group (HTN reminder) whose providers did not receive decision support system	144	138.8	136.3	-2.5	-0.50	
	Estimated	mm Hg	Combined patient and	143	141.6	136.8	-4.8	2.4	0
	mean systolic blood pressure		provider intervention vs. control group (HTN reminder) whose providers did not receive decision support system	150	139.2	136.8	-2.4	0.00	
	Estimated	mm Hg	Provider	143	141.6	136.8	-4.8	-2.6	0
	mean systolic blood pressure		decision support system group vs. control group (HTN reminder)	151	139.1	136.9	-2.2	0.10	
	Estimated % in blood pressure control	% of patients	Patient behavioral intervention	143	32	43.9	11.9	3.4	0

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	P-
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	Value
			group vs.control group (HTN reminder) whose providers did not receive decision support system	144	44.2	59.5	15.3	15.60	
	Estimated % in blood pressure control	% of patients	Provider decision support system group vs.	143	32	43.9	11.9	-13.1	0
			control group (HTN reminder) whose providers did not receive decision support system	151	44.9	43.7	-1.2	-0.20	
	Estimated	% of	Combined	143	32	43.9	11.9	0	0
	percent in blood pressure control	patients	patient and provider intervention vs. control group (HTN reminder) whose providers did not receive decision support system	150	36.2	48.1	11.9	4.20	
Fretheim,	Cardiovascular	Cardiovasc	Educational	446	14.5	14	-0.5	-0.3	0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
2006 ²	risk among patients started on treatment	ular risk score	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	15.1	14.3	-0.8	0.3	
	Patients with	% of	Educational	446	23.4	22	-1.4	-1.5	0
	cardiovascular risk above 20%	patients with outcome	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	25.8	22.9	-2.9	0.9	-
	Treatment goal	% of	Educational	446	30.6	33.7	3.1	-2.2	0
	achieved among diabetes patients	patients with outcome	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	30.6	31.5	0.9	-2.2	
	Treatment goal	% of	Educational	446	29.7	31.3	1.6	0.8	0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	for HTN achieved	patients with outcome	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. passive dissemination of guidelines	516	24.8	27.2	2.4	-4.1	
Green, 2008 ³	Adjusted change in systolic blood pressure at 12 months	mm Hg	Blood pressure monitoring and patient Web services vs. usual care	247 246		-5.3 -8.2		-2.90	0.03
	Adjusted change in systolic blood pressure at 12 months	mm Hg	Blood pressure monitoring and patient Web services and pharmacist care vs. usual care	247		-5.3 -14.2		-8.90	<0.001
	% of patients with controlled blood pressure at 12 months	% of patients	Blood pressure monitoring and patient Web services vs. usual care	247		31 36		5.00	0
	% of patient with controlled	% of patients	Blood pressure monitoring and	247		31			<0.001

Study, Year	Outcomes Measure blood pressure at 12 months	Unit	Description of Intervention patient Web services and pharmacist care vs. usual care	n Final Control n Final Intervention 237	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 56	Control Change Intervention Change	Change Difference Final Difference 25.00	P- Value
Hicks, 2008 ⁴	Blood pressure	% of	Computerized	1048		45			0
	control	patients	support vs. usual care	786		48		3.00	
	Mean systolic	mm Hg	Computerized	1048		137			0
	blood pressure at outcome visit	support vs. usual care	786		138		1.00		
	Mean diastolic	mm Hg	Computerized	1048		78			<0.05
	blood pressure at outcome visit		support vs. usual care	786		77		-1.00	
Madsen, 2008 ⁵	Daytime ABPM systolic blood pressure	mm Hg	Telemonitoring of blood pressure vs. conventional monitoring of blood pressure	118	152.2	142.7	-9.5	-2.5	0
				105	153.1	141.1	-12	-1.60	
	Daytime ABPM diastolic blood pressure	mm Hg	Telemonitoring of blood pressure vs.	118	90.5	85.1	-5.4	-0.8	0
	produit		conventional monitoring of blood pressure	105	91.2	85	-6.2	-0.10	

				n Final Control	Control Outcome Measure at Baseline Intervention Outcome	Control Outcome Measure at Final Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
	Nighttime	mm Hg	Telemonitoring	118	133.7	125.2	-8.5	-0.9	0
	ABPM systolic blood pressure		of blood pressure vs. conventional monitoring of blood pressure	105	132	122.6	-9.4	-2.60	
	Nighttime	mm Hg	Telemonitoring	118	77.8	72.6	-5.2	-0.6	0
	ABPM diastolic blood pressure		of blood pressure vs. conventional monitoring of blood pressure	105	77.6	71.8	-5.8	-0.80	
	Daytime ABPM	mm Hg	Telemonitoring	50		144.3			0
	systolic blood pressure (age >=60)		of blood pressure vs. conventional monitoring of blood pressure	45		142.3		-2.00	
	Daytime ABPM	mm Hg	Telemonitoring	50		84			0
	diastolic blood pressure (age >=60)		of blood pressure vs. conventional monitoring of blood pressure	45		82.8		-1.20	
	Change in	mm Hg	Telemonitoring	50		-7			0.086
	daytime ABPM systolic blood pressure (age >=60)		of blood pressure vs. conventional monitoring of blood pressure	45		-12.4		-5.40	
	Change in	mm Hg	Telemonitoring	50		-3.7			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	daytime ABPM diastolic blood pressure (age >=60)		of blood pressure vs. conventional monitoring of blood pressure	45		-6		-2.30	
	% achieved	% of	Telemonitoring	50		25			0.01
	target blood pressure	Patients	of blood pressure vs. conventional monitoring of blood pressure	45		60		35.00	
Mitchell, 2004 ⁶	Final systolic blood pressure	mm Hg	Audit only practices vs. patients who received no	1813		148			0
			feedback	1339		151.2		3.20	
	Final systolic	mm Hg	Audit plus	1813		148			0
	blood pressure		Strategic practices vs. patients who received no feedback	1951		146.5		-1.50	
	Final	% of	Audit only	1813		45.7			0
	proportion with controlled blood pressure in hypertensive patients	Patients	practices vs. patients who received no feedback	1339		33.5		-12.20	
	All patients	% of	Audit only	1813	47.5	58	10.5	-2.5	0

				n Final Control	Control Outcome Measure at Baseline Intervention Outcome	Control Outcome Measure at Final Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
	with blood pressure<160/ 90	Patients	practices vs. patients who received no feedback	1339	39	47	8	-11.00	
	All patients	% of	Audit only	1813	30.1	24.1	-6	5.9	0
	with blood pressure>=160 /90	Patients	practices vs. patients who received no feedback	1339	26.8	26.7	-0.1	2.60	
	All patients	% of	Audit only	1813	22.4	17.9	-4.5	-3.4	0
	with no recorded blood pressure	Patients	practices vs. patients who received no feedback	1339	34.2	26.3	-7.9	8.40	
	Final	% of	Audit plus	1813		45.7			0.028
	proportion with controlled blood pressure in hypertensive patients	Patients	strategic practices vs. patients who received no feedback	1951		45.5		-0.20	
	All patients	% of	Audit plus	1813	47.5	58	10.5	-1.8	0.08
	with blood pressure<160/ 90	Patients	strategic practices vs. patients who received no feedback	1951	54.3	63	8.7	5.00	
	All patients	% of	Audit plus	1813	30.1	24.1	-6	1.9	0
	with blood pressure>=160 /90	Patients	strategic practices vs. patients who received no feedback	1951	26.9	22.8	-4.1	-1.30	
	All patients	% of	Audit plus	1813	18.8	17.9	17.9	-22.5	0

Study, Year	Outcomes Measure with no recorded blood pressure	Unit Patients	Description of Intervention strategic practices vs. patients who received no feedback	n Final Control n Final Intervention 1951	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 14.2	Control Change Intervention Change -4.6	Change Difference Final Difference -3.70	P- Value
	Blood pressure	% of	Audit plus	1813		45.7			
	control	Patients	strategic practices vs. patients who received no feedback	1339		33.5		-12.20	
	Blood pressure	% of	Audit plus	1813		45.7			
	control	Patients	strategic practices vs. patients who received no feedback	1951		45.5		-0.20	
Montgomery,	Mean 5-yr	Risk score	Clinical	130	17.3	17.8	0.5	0.2	<0.01
2000 ⁷	cardiovascular risk	units	decision system support plus risk chart vs. usual care	202	16	16.7	0.7	-1.10	
	Mean systolic	mm Hg	Clinical	130	158	159	1	-1	0
	blood pressure		decision system support plus risk chart vs. usual care	202	153	153	0	-6.00	
	Mean diastolic	mm Hg	Clinical	130	86	84	-2	2	**SNR
	blood pressure		decision system support plus risk chart vs. usual care	202	85	85	0	1.00	
	Mean 5-yr	Risk score	Cardiovascular	130	17.3	17.8	0.5	-0.9	<0.01

Study, Year	Outcomes Measure cardiovascular	Unit units	Description of Intervention risk chart vs.	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline 17.9	Control Outcome Measure at Final Intervention Outcome Measure at Final 17.5	Control Change Intervention Change -0.4	Change Difference Final Difference -0.30	P- Value
	risk		usual care (routine clinical care)						
	Mean systolic blood pressure (mm Hg)	mm Hg	Cardiovascular risk chart vs. usual care (routine clinical care)	130 199	158 156	159 153	-3	-4 -6.00	0.02
	Mean diastolic blood pressure	mm Hg	Cardiovascular risk chart vs. usual care (routine clinical care)	130 199	86 87	84 86	-2 -1	2.00	**SNR
	Number of patients with 0- 1 classes of drugs prescribed	Number of patients	Clinical decision system supportplus risk chart vs. usual care	130 202	58 88	50 81	-8 -7	1 31.00	0
	Number of patients with 3 classes of drugs prescribed	Number of patients	Clinical decision system support plus risk chart vs. usual care	130 202	45 75	47 74	2 -1	-3 27.00	0
	Number of patients with >=3 classes of drugs prescribed	Number of patients	Clinical decision system support plus risk chart vs. usual care	130 202	34 44	40 52	6 8	2 12.00	0
	Number of	Number of	Cardiovascular	130	58	50	-8	-22	0

Study, Year	Outcomes Measure patients with 0-	Unit patients	Description of Intervention risk chart vs.	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 68	Control Change Intervention Change	Change Difference Final Difference 18.00	P- Value
	1 classes of drugs prescribed		usual care (routine clinical care)						
	Number of patients with 3 classes of drugs prescribed	Number of patients	Cardiovascular risk chart vs. usual care((routine clinical care)	130 199	45 58	67	9	7 20.00	0
	Number of patients with >=3 classes of drugs prescribed	Number of patients	Cardiovascular risk chart vs. usual care (routine clinical care)	130 199	34 52	40 73	6 21	15 33.00	0
Parati, 2009 ⁸	Quality of life at end of study per quality of life assessment in HTN patients' questionnaire	Score unit	Teletransmitte d home blood pressure vs. usual care	113	38.2 37.7	38.3	0.1	0.6	0
	Quality of life at end of study per quality of life assessment in HTN patients' questionnaire	Score unit	Teletransmitte d home blood pressure vs. patients who received usual care	113 216	38.2	38.3	0.1	0.6	0

					Control Outcome Measure at Baseline	Control Outcome Measure at Final			
				n Final Control	Intervention Outcome	Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
	% of patients	% of	Teletransmitte	113		50	50	12	<0.05
	with daytime blood pressure normalization	patients	d home blood pressure vs. Usual care	216		62	62	12.00	
	% of patients	% of	Teletransmitte	113		50	50	12	<0.05
	with daytime blood pressure normalization	patients	d home blood pressure vs. Patients who received usual care			62	62	12.00	

^{**}SNR: Significance not reported

P-value of 0 = p-value > 0.10

ABPM: Ambulatory blood pressure monitoring, CV: Cardiovascular, DVT: Deep-vein thrombosis, HbA1c: Glycated hemoglobin, HDL-c; High-density lipoprotein cholesterol, HTN: Hypertension, INR: International normalized ratio, kg: kilograms, l: Liters, LDL-c: Low-density lipoprotein cholesterol, mm Hg: Millimeters Mercury, mmol: Millimoles, PE: Pulmonary embolism, PIRS: Pharmacist Intervention Recording System, Minn: Minnesota, PTS: Patients.

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Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
Adachi, 2007 ¹	Obesity	RCT	NS	Patient	Research site	20–65 yrs old, Female, BMI>=24 or BMI>=23 with mild hypertension, hyperlipidemia, or diabetes mellitus and reducing weight	BMI 30 or more, History of major medical or psychiatric problems or orthopedic problems that prohibited exercise, Received a diet and/or exercise program within 6 months, Currently, previously, or planning to be pregnant within 6 months	-1
Apkon, 2005 ²	Quality of care via 24 health care process measures	RCT	2002	System	Outpatient clinic, Military practices	18 yrs or older, Had scheduled appointment, Speak and read English	Less than 18 years old, Participated in Coupler session, Scheduled for obstetric care, Had emergency medical condition	-1
Barak, 2006 ³	Intervention helpfulness	Qualitativ e:		Clients seeking support through online support chat and profession , All therapists who evaluated the discussion s	Pool of archived conversations	NS	NS	
Barnabei, 2008 ⁴	Menopause/H RT	RCT	NS	Clinician, Patient	Outpatient clinic	Women born between 1930 and 1960, Appointment scheduled between	Appointment related to current pregnancy or cancer	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						November 9, 2004, and December 2, 2005		
Beale, 2006 ⁵	Cancer (other)	RCT	(At least 3 months) (NS)	Patient	Patient	13-29 yrs old, Diagnosis of cancer	History of photo seizures, Inability to communicate in English, Spanish or French, Incapable of following study schedule	0
Bosworth, 2009 ⁶	Hypertension	RCT	(24)	Clinician, Patient	Medical system (network of hospitals and/or clinics)	Patient must be followed by one of the 32 randomized providers, Diagnosis of HTN, HTN prescription filled in the last year	Chronic kidney disease	0
Buhrman, 2004 ⁷	Chronic back pain	RCT	2001 (2)	Patient	Research site	1865 yrs, Access to the Internet, Had been in contact with a physician, Had back pain (i.e. lumbar, thoracic and/or cervical area, Had chronic pain (i.e., pain that lasted longer than 3 months)	Suffering pain that could increase as a consequence of activity (e.g., spinal stenosis), Wheelchairbound, Had planned any surgical treatment, Suffered from heart or vascular diseases	2
Chan, 2003 ⁸	Asthma	RCT	NS	Patient	Outpatient clinic, Internet	6–17 yrs old, With persistent asthma	NS	0
Chen, 2008 ⁹	NS	RCT	2007 (2)	Patient	Outpatient clinic, specifically, the health	Chinese Asian	NS	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
					promotion center of Sir Run Shaw Hospital, School of Medicine, Zhejiang University, China			
Clark, 2007 ¹⁰	CHF	RCT	2004 (12) (NS)	Patient	Medical system (network of hospitals and/or clinics)	More than 18 yrs old, Diagnosis of CHF, Telephone access	Current enrollment in a CHF disease management program, Planned cardiac surgery within 3 months, Diagnosis of hypertrophic cardiomyopathy/restric tive pericarditis, Eligible for heart transplant, Life expectancy <12 months, Untreated thyroid disease, Pregnancy	1
Col, 2007 ¹¹	Menopause/H RT	RCT	2000 (24)	System	Outpatient clinic, Medical system (network of hospitals and/or clinics)	45-60 yrs old, Female, Premenopausal or postmenopausal	Non-English-speaking, Reported a history of dementia breast cancer, heart disease, or a terminal illness	2
Cruz- Correia, 2007 ¹²	Asthma	RCT	NS	System	Outpatient clinic	16-65 yrs old, Diagnosis of asthma for 6+ months, Use inhaled budesonide /formoterol, Pre- bronchodilator FEV1 >50% predicted	Severe psychiatric, neurological, oncologic or immunologic disease, Unable to access Internet during study period	2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
Dansky, 2008 ¹³	Heart failure	RCT	2004 (enrollment ended at 22 months)	Patient	Community, Residents served by home health agency	Patients with heart failure, Ability to communicate in conversational English, Cognitively intact, Able to see and hear the equipment, Had a phone line in the home	NS	-1
Delichatsios, 2001 ¹⁴	Obesity	RCT	(> 6 months) (NS)	Patient	Outpatient clinic	25 yrs,Sedentary, Suboptimal diet	Debilitating medical condition, Regularly exercise	1
Dobke, 2008 ¹⁵	Wound care	RCT	2003 (36)	Clinician, Patient	Hospital, Field wound care nurse	Problem wounds, Alert and intellectually interactive	NS	-1
East, 1999 ¹⁶	Mechanical ventilation management in ARDS	RCT	NS	Patient	Hospital, Medical system (network of hospitals and/or clinics)	Diagnosis of ARDS	ARDS for > 21 days duration, Severe chronic systemic disease	0
Feldman, 2005 ¹⁷	Heart failure: E-mail reminder to nurses	RCT	(45 days)	Clinician	Home health care	18 years or older, with a primary diagnosis of HF (ICD9-CM 428).	Not cognitively able to give informed consent, Non-English/Spanish- speaking	-2
Feldstein, 2006 ¹⁸	Osteoporosis	RCT	1999 (NS)	Clinician, Patient	Nonprofit, group-model HMO in the Pacific Northwest	50-89 yrs old, Female, HMO member for at least the 12 months before the start of the study, Sustained a study-defined fracture (any clinical fracture	Male, Pharmacological treatment for osteoporosis, Exclusionary medical condition (n5193), including malignancies (except non-melanoma skin cancers), chronic renal failure, dementia, organ transplant, and	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						except skull, facial, finger, toe, ankle, or any open fracture suggestive of high force)	cirrhosis, in the 12 months before the start of the study, Without a primary care provider, In osteoporosis clinical trials, Nursing home resident, Without an address, Research center employee, Received a BMD measurement	
Frank, 2004 ¹⁹	Cancer (breast)	RCT	1998 (12 months)	Clinician	Outpatient clinic	NS	NS	-2
Frosch, 2008 ²⁰	Cancer (other) Prostate cancer	RCT, Fully crossed 2x2 factorial design	200 (15)	Patient	Outpatient clinic, Health Appraisal Clinic of Kaiser Permanente, San Diego, California	> 50 yrs old, Male, Had broadband Internet access at home or at work	NS	2
Gaertner, 2004 ²¹	Cancer and non-cancer chronic pain	RCT	NS	Patient	NS	All patients with cancer and non-cancer pain primarily seen in the outpatient clinic during the baseline phase, if their treatment was estimated to last longer than 4 weeks	Expected duration of treatment of <4 weeks, Physical or cognitive inability to use both pain diary versions, Refusal to provide written consent	1
Gielen, 2007 ²²	Safety knowledge	RCT	2004 (17)	Parent	Medical system (network of hospitals and/or clinics), Pediatric emergency department	Parents of child 4-66 months old in ED, English- speaking parent or older sibling, Lived in Baltimore	Child suspected of abuse, Critically ill child	0
Glasgow,	Diabetes	RCT	(6)	Patient	Outpatient	More than 40 yrs	Had type 1 rather than	-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
2000 ²³					clinic	old, Meeting the Wellborn criteria 28 for type 2 diabetes on the basis of age at diagnosis, body mass index, and when insulin was begun, Lliving independently, Had a telephone, Not planning to move out of the area	type 2 diabetes, Not intending to be in the area for the coming year, Having no telephone	
Glasgow, 2006 ²⁴	Diabetes	RCT		Patient	Outpatient clinic	25 yrs or older, Diagnosed with type 2 diabetes for at least 6 months, Able to read and write English	NS	1
Glazebrook, 2006 ²⁵	Cancer (other) melanoma	RCT	NS)	Patient	Outpatient clinic	From a convenience sample of morning, afternoon, and evening surgeries, Patient with at least one risk factor for melanoma (red hair, multiple moles, history of sunburn as a child, freckling, family history of melanoma, fair sun-sensitive skin)	NS	1
Gomez,	Diabetes	Pilot	(6-month	Patient	Hospital	Inadequate	NS	-2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
2002 ²⁶		crossove r	crossover)			metabolic control and diabetes mellitus duration of over 5 years		
Gray, 2000 ²⁷	Care for premature infants	RCT	1997 (18 months)	Patient	Hospital, Home through telemedicine	Premature infants, VLBW, Admitted to NICU during study period, Born at one hospital (Beth Israel Deaconess Medical Center) during study period, Part of a multiple birth: One child randomized to study and siblings got the same intervention	Expected length of stay <14 days, Family had no permanent residence, Non-English-speaking, Discharge to other than biologic family expected, ISDN access not available at family's primary residence, Followup stopped if child died in NICU or was sent to a chronic care facility	-1
Green, 2008 ²⁸	Hypertension	RCT	2005 (18)	Patient	Medical system (network of hospitals and/or clinics), Large, nonprofit, integrated group practice (Group Health)	Patients 25-75 yrs old, With controlled HTN, Taking anti-HTN medications, Ability to use a computer, Regular access to the Web, An e- mail address, Willingness to attend screening visits, Obtained all antihypertensive medications at Group Health— owned	No diagnoses of diabetes, cardiovascular, or renal disease, or other serious conditions	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						pharmacies		
Harno, 2006 ²⁹	Diabetes	RCT	2001 (12-24)	System, Clinician, Patient	Hospital, Outpatient clinic	Patients with type 1 or type 2 diabetes	Technical reasons, Other diseases or lifestyle problems, Refused or reason unknown	1
Helzer, 2008 ³⁰	Alcohol abuse	RCT	2000 (36)	Patient	Medical system (network of hospitals and/or clinics)	More than 21 yrs old, Female with >7 standard drinks per day, or Male with >14 standard drinks per day	Substance abuse diagnosis in last 12 months, Psychosis or major depression with medication change in last 12 months, Plans to move out of the area within 6 months, Lack of daily phone access	0
Homko, 2007 ³¹	Diabetes	RCT, Pre- test/post- test, design	January 2003 (43)	Patient	Outpatient clinic, Endocrinology outpatient department of a tertiary care hospital	Able to access the Internet in the home, Able to perform blood glucose self- testing, Had own cellular phone	Clinical history of a severe illness, Renal insufficiency with a creatinine level >1.5mg/dl, Using insulin pump	0
Hunter, 2008 ³²	Obesity	RCT	2003 (recruited between June 2003 and October 2005)	Patient	USAF personnel	18-65 yrs old, USAF personnel, weight within 5 pounds or above their maximum allowable weight (MAW) for the USAF, Availability of a personal computer with Internet access, Plans to remain in the local area for 1 year, At Lackland or Randolph Air Force Base or	Lost more than 10 pounds in the previous 3 months, Used prescription or over-the-counter weight-loss medications in the previous 6 months, Had any physical activity restrictions, Had a history of myocardial infarction, stroke, or cancer in the last 5 years, Reported diabetes, angina, or thyroid difficulties, or had orthopedic or joint problems that would prohibit exercise,	2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						Brooks City Base	Currently pregnant or breast-feeding, or had plans to become pregnant in the next year	
Jan, 2007 ³³	Asthma	RCT	2004 (12)	Patient	Outpatient clinic, Pediatric allergy and asthma clinic at National Cheng Kung University Medical Center	6-12 yrs old, Had access to the Internet via their caregiver, Diagnosed as having persistent asthma following the GINA clinical practice guidelines	Diagnosis of bronchopulmonary dysplasia, Other chronic co-morbid condition that could affect their quality of life	-1
Japuntich, 2006 ³⁴	Smoking	RCT	2001 (21)	Patient	NS	18 yrs or older, Smoking at least 10 cigarettes per day, Had a traditional phone line, Literate in English	Being pregnant or likely to become pregnant during the study, Current depression, Current use of psychiatric medication, Medical condition contraindicating bupropion SR use, Current use of a smoking cessation product or treatment	-1
Jerant, 2003 ³⁵	Alcohol abuse	RCT	1999 (12)	Patient	Home	40 yrs or older, Black, White or Hispanic, Male or female, Had an active telephone line in the home, English- speaking, Had a family physician or primary care physician in the UCD health	Charlson Co-morbidity score of 6 or greater, 15-item Geriatric Depression Scale score of 7 or greater, Mini-Mental State Exam score of 20 or lower, Symbol Digits Modalities Test >2 SDs below age-/education-adjusted mean score HL	-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						system, Adequate vision and hearing		
Kaner, 2007 ³⁶	Atrial fibrillation and anticoagulatio n	Quasi- experime ntal: Qualitativ e	2003 (13)	Clinician, Patient	Outpatient clinic	General practitioners	NS	-1
Kim, 2004 ³⁷	Wounds	Prospecti ve cohort design	1999 (18)	Clinician, Patient	Outpatient clinic	Chronic stage 2, 3, or 4 pressure sores, Postoperative wounds having undergone a tissue flap procedure for a grade 3 or 4 pressure ulcer, Diabetic ulcer, Hospital inpatient, outpatient, or nursing home resident, Informed consent	Mentally incompetent	
Krishna, 2003 ³⁸	Asthma	RCT	NS	Patient	Outpatient clinic, Pediatric Pulmonary and Allergy Clinic of the University of Missouri- Columbia Health Care	Less than 18 yrs old, Confirmed diagnosis of asthma	Diagnosis of cystic fibrosis, bronchopulmonary dysplasia, or other chronic lung diseases	2
Kukafka, 2002 ³⁹	Patients with acute myocardial infarction	RCT	NS	Clinician, Patient	Community	Eligibility according to predetermined AMI risk criteria	NS	-2
Kuppermann , 2009 ⁴⁰	Pregnancy	RCT	2001 (24)	Patient		Pregnant woman of any age, 20	Carrying more than one fetus, Had	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						weeks gestation or less, Had not yet undergone any prenatal testing, Ability to speak English or Spanish	become pregnant using in vitro fertilization, Candidate for prenatal diagnosis because of family history	
Kypri, 2004 ⁴¹	Substance abuse	RCT	2002	Patient	Online	17–26 yrs old, Scored 8 or more on the Alcohol Use Disorders Identification Test, Consuming more than four/six standard drinks (females/males) on one or more occasions in the preceding 4 weeks, User of the Student Health Service of the University of Otago	NS	2
Laffel, 2007 ⁴²	Diabetes	RCT, Other: Continue d observati on	2008 (16.5)	Patient	Outpatient clinic, Home	Adult and pediatric (less than 21 yrs old), Regimen of two or more daily injections or continuous subcutaneous insulin infusion, Suboptimal (A1c 8%) but stable glycemic control, defined as A1c at week 4 within 1% of that at	Previous use of One Touch Ultra Smart, Risk of hypoglycemia as a contraindication to improving glycemic control, Regimen of premixed, fixed-ratio combination insulin with an unwillingness to use self-mixed insulin, Active use of meter downloading and computer-based data management software	2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						enrollment (week 0), BG monitoring frequency of two or more times daily		
Liaw, 1998 ⁴³	Alcohol abuse	RCT	(18) (NS)	Patient	Outpatient clinic	One or more chronic health problems	NS	1
Lieberman, 2006 ⁴⁴	Alcohol abuse	RCT	(18)	Patient	Online	Alcohol-abusing subject (criteria not stated)	NS	0
Lorig, 2006 ⁴⁵	Chronic condition/heal th problem	RCT	(18)	Patient	Online/ Research site	18 yrs or older, Physician's diagnosis of heart disease, chronic lung disease or type 2 diabetes, Access to computer, Internet and email, Agreed to 1-2 hours per week of logon time spread over at least 3 sessions/wk for 6 weeks, Able to complete online questionnaire	Active treatment of cancer for 1 year, Participated previously in the small-group Chronic Disease Self-Management Program	0
Lowensteyn, 1998 ⁴⁶	Coronary health assessment (primary prevention of CHD)	RCT	(3)	Clinician, Patient	Outpatient clinic	30-74 yrs old, No diagnosis of CVD, Physicians were invited to select patients from their practice to participate in the study. They were	NS	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						told to enroll patients for whom they thought a risk profile would be clinically useful		
Marceau, 2007 ⁴⁷	Chronic pain	RCT	NS	System	Hospital	Older than 21 yrs English- speaking, Experiencing chronic pain for longer than 3 months	21 years or younger Younger than 21 yrs, Inability to speak or read English, Cognitive impairment, No access to a landline telephone	-1
Marcus, 2007 ⁴⁸	Diet, exercise, physical activity, not obesity	RCT	(12)	Patient, telephone and printed letters	NS	18-65 yrs old, Healthy, Underactive	BMI >35, Asthma, Emphysema, Chronic bronchitis, HTN, Heart disease, Stroke, Medication that impaired physical performance	1
Marks, 2004 ⁴⁹	Mental health (other): Panic/phobia	RCT	NS	Patient	Outpatient clinic	DSM-IV agoraphobia without panic disorder, Panic disorder with agoraphobia, Social phobia, or simple phobia, Rating of >=4 on the Global Phobia scale, Informed written consent, No active psychotic illness, Suicidal depression, or disabling cardiac or respiratory disease, Not on a	NS	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						benzodiazepine or a diazepam (equivalent dose of>5 mg/day), Not on>21 units (males) or >14 units (females) of alcohol a week, Had not begun or changed dose or type of antidepressant medication within the last 4 weeks		
Maslin, 1998 ⁵⁰	Cancer (breast)	Quasi- experime ntal: Experime ntal random design, not blinded	(24)	Patient	Medical system (network of hospitals and/or clinics) (NS)	NS	Pregnancy, Evidence of bilateral or multifocal breast cancer, Large tumor, Paget's disease or inflammatory breast cancer, Evidence of extension or metastasis of breast cancer, Contraindication to mastectomy, Contradiction to radiation, Hearing visual or cognitive impairment	-1
Matheny, 2007 ⁵¹	Test result communicatio n	RCT	2002 (29)	Clinician	Medical system (network of hospitals and/or clinics)	NS	Primary care physician raised concerns	0
McDonald, 2005 ⁵²	Safety (over children)	RCT	2002 (4)	Parent of patient	Outpatient clinic	Availability in waiting room, Availability of recruiter	NS	2
Montgomery, 2000 ⁵³	Hypertension	RCT	(12)	Clinician	Outpatient clinic	60-79 yrs old, Had	NS	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						hypertension diagnosis, Been prescribed antihypertensive drugs in the previous year		
Montgomery, 2007 ⁵⁴	Pregnant women with a previous Caesarian section	RCT	May 2004 (20)	Patient	Medical system (network of hospitals and/or clinics)	Women with one previous lower segment Caesarean section, No current obstetric problems, Delivery expected at 37 weeks or more	Limited ability to speak or understand English, Most recent delivery was not a Caesarean section	-1
Napolitano, 2003 ⁵⁵	Obesity	RCT	(1 and 3)		Medical system (network of hospitals and/or clinics), Employees, not necessarily patients	Physical activity Readiness Questionnaire (PAR-Q) negative, Overweight, Smoker	Physical activity Readiness Questionnaire (PAR-Q) if signs of cardiac or other health problem and physician forbid participation, Too active, Participating in (another) Internet weight loss study, Medical problems that could make compliance difficult or dangerous (e.g., CAD, CVA, ethanol/substance abuse), Hospitalization for psychiatric disorder in last 3 years or currently suicidal or psychotic, Orthopedic problems limiting exercise participation), Current or planned	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
							pregnancy	
Neumann, 2006 ⁵⁶	Alcohol abuse	RCT	2001 (15)	Patient	Hospital, emergency department	18 yrs or older, In Emergency Department, Primary diagnosis of acute injury, those who were readmitted were included in same study group	Medically unstable or required hospital admission, Had severe pain (>3 points on a 10-point numeric rating scale), Had a severe psychiatric condition, Did not speak German, In police custody, Pregnant, Member of the hospital staff, Severe intoxication	1
Nguyen, 2008 ⁵⁷	COPD	RCT	(6 months intended but study stopped)	Patient	Pilot study: one group in face-to-face self- management program; the other in online program	Diagnosis of COPD and being clinically stable for at least 1 month, Spirometry results showing at least mild obstructive disease defined as post-bronchodilator forced expiratory volume in 1 (FEV1)-to-forced vital capacity (FVC) ratio 80% predicted, ADL limited by dyspnea, Use of the Internet and/or checking e-mail at least once per week with a Windows operating system, Oxygen	Any active symptomatic illness (cancer, heart failure, ischemic heart disease with known coronary artery or valvular heart disease, psychiatric illness, or neuromuscular disease), Participated in a pulmonary rehabilitation program in the last 12 months, Were currently participating in >2 days of supervised maintenance exercise	2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						saturation > 85% on room air or 6 L/min of nasal oxygen at the end of a 6-minute walk test		
Ojima, 2003 ⁵⁸	Periodontal disease management	RCT, Usability: Develop ment of Web- based interventi on system	NS	System	Workplace	Workers (unspecified location)	NS	-1
Parati, 2009 ⁵⁹	Hypertension	RCT	NS	Clinician, Patient	Private practice	18-75 yrs old, Diagnosis of uncontrolled essential HTN	Diagnosis of secondary HTN, Major systemic disease, Atrial fibrillation, Frequent cardiac arrhythmias, Severe atrioventricular block, Obesity (BMI >30 kg/m²) or an arm circumference of more than 32 cm or both, Technical problems due to incompatible phone lines at home	-1
Patten, 2006 ⁶⁰	Smoking	RCT	2000 (9)	Patient	Outpatient clinic, Home	11-18 yrs old, Provided written informed assent/ consent, and as required by the IRB, a parent or guardian provided written informed consent if the teen was 11½-17 yrs old,	Homeless, Reported current (past 3 months) alcohol or drug abuse/dependence as assessed by the Personal Experience Screening Questionnaire, Recently received treatment for alcohol/	-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						Smoked a total of 10 cigarettes or more during the previous 30 days, Reported cigarettes were the primary tobacco product being used, Were willing and able to complete treatment and assessment visits	drug problems, Met current (past 3 months), DSM-IV criteria for major depressive disorder, Another study participant from the same household	
Peters, 2006 ⁶¹	Primary care	Quasi- experime ntal: Before/af ter patients/ physician s	2002 (6)	Clinician, Patient, Cluster- randomize d: 3/71 control, 3/71 interventio	Outpatient clinic, Medical system (network of hospitals and/or clinics)	NS	NS	-2
Piette, 2000 ⁶²	Diabetes	RCT	()	Patient	Outpatient clinic, Home	Older than 75 yrs, Diabetes, On oral hypoglycemic drug	Psychotic, Life expectancy <12 months, Non- English/Spanish- speaking, Diabetic without medication, Leaving the clinic, No pushbutton telephone	2
Priebe, 2007 ⁶³	Mental health (other): Schizophreni a and psychotic disorders	RCT	2002 (29)	Clinician, Patient	Community mental health care	18-65 yrs old, Professional qualification in mental health or a minimum of 1 year's professional experience in an outpatient	NS	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						setting, and an active caseload as key worker, The caseloads of participating clinicians were screened to identify suitable patients meeting the following inclusion criteria: Living in the community (not 24-h supported accommodation) and treated as outpatients by community psychiatric teams; Had routinely at least one meeting with their key worker every 2 months with the expectation that they would continue with the service for the next 12 months; Had no severe organic psychiatric illness or primary		
Quinn, 2008 ⁶⁴	Diabetes	RCT	(3)	Clinician, Patient	Outpatient clinic, cell phone	substance misuse 18–70 yrs old, Diagnosis of type 2 diabetes for at least 6 months, A1c >=7.5% and	NS	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						been on a stable diabetes therapeutic regimen for 3 months prior to study enrollment		
Rothert, 2006 ⁶⁵	Obesity	RCT	2002 (6)	Patient	Outpatient clinic, Home	More than 18 yrs old, Patient of Kaiser Permanente, Web access, Email address, BMI 27-40 kg/m², Willing to complete followup questionnaires	Surgical management of obesity, Pregnant, Considering pregnancy	1
Roumie, 2006 ⁶⁶	Hypertension	RCT	2003 (6)	System, Clinician, Patient	Hospital, Outpatient clinic	21-90 yrs old, Filled prescriptions at a Veterans Administration pharmacy, At least 2 uncontrolled blood pressure measurements in the 6-month baseline period (systolic blood pressure >140 mm Hg or diastolic blood pressure >=90 mm Hg), Only taking 1 antihypertensive medication	At least 1 recorded blood pressure reading between July and December 2003 that was at goal (systolic blood pressure <=90mm Hg), Declined chart review, Taking more than 1 antihypertensive medication at the time of chart review	2
Ruland, 2003 ⁶⁷	Cancer (other)	RCT, Usability:	(2)	Clinician, Patient	Outpatient clinic	More than 21 yrs old, Able to	New patients coming for their first	-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
		Cluster randomiz ation at level of clinician				read, write, and speak English, No cognitive impairment, Able to provide informed consent, Did not feel too fatigued, Participation approved by patients' physicians	consultation	
Santamore, 2008 ⁶⁸	Hypertension	RCT	NS	Patient	Medical system (network of hospitals and/or clinics)	18-85 yrs old,>=10% 10- year risk of CVD, Able to read, Had access to a telephone	Coronary artery disease, Class 3 or 4 heart failure, Severe angina, End-stage renal disease on dialysis, Living in nursing home or boarding home, Pregnancy	-1
Saver, 2007 ⁶⁹	Cancer (breast)	RCT	2001		Medical system (network of hospitals and/or clinics)	45–75 yrs old, Female	Male	2
Schapira, 2007 ⁷⁰	Post- menopausal women who needed to decide about hormone therapy	RCT	2002 (18)	Patient	Medical system (network of hospitals and/or clinics)	45-74 yrs old, Female, Post- menopausal defined as amenorrheic for 12 months or a documented FSH > 25IU/I.	Non-English-speaking, Cognitive dysfunction defined by a score of <23 on the Folstein MiniMental State exam, Absolute contraindication to the use of HT	0
Schumann, 2008 ⁷¹	Smoking	Not a clinical study: Study of theoretic	NS	Patient	Outpatient clinic	NS	NS	-2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
		al and empirical variability	,					
Sevick, 2008 ⁷²	Diabetes	RCT	September 2004 and December 2006	System	Combination of scheduled visits and educational sessions at an academic research facility at the University of Pittsburgh and at community settings when participants employed the intervention in their daily lives.	18 yrs or older, Diagnosis of type 2 diabetes	History of hypoglycemic coma/seizure within the last 12 months, Hypoglycemia requiring 3rd party assistance within the last 3 months, Unwillingness to do capillary blood testing, History consistent with type 1 diabetes, Unwilling or unable to participate in scheduled group classes, Receiving renal dialysis	0
Shea, 2007 ⁷³	Diabetes	RCT	2000 (35)	Patient, Nurse case managers	Federally designated medically underserved area (MUA or HPSA)	55 yrs or older, Current Medicare beneficiary, Had diabetes mellitus as defined by a physician's diagnosis and being on treatment with diet, an oral hypoglycemic agent, or insulin, Residence in a federally designated medically underserved area, Oral fluency in either English or	Moderate or severe cognitive, visual, or physical impairment or the presence of severe comorbid disease	2

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						Spanish		
Smith, 2008 ⁷⁴	Diabetes	RCT	2003 (18)	Clinician	Medical system (network of hospitals and/or clinics)	Primary care physicians working in the 6 clinics, 120 internists and family medicine practitioners, and their panel of diabetes patients (N=5468)	NS	0
Stevens, 2008 ⁷⁵	Adolescent behavior	RCT	2005 (9)	Patient,	Outpatient clinic	11-20 yrs old	NS	-1
Subramania n, 2004 ⁷⁶	CHF	RCT	NS	Clinician, Patient	Outpatient clinic	Both an active diagnosis of heart failure and evidence of left ventricular systolic dysfunction on echocardiogram, cardiac scan, or cardiac catheterization	Not expected by their physicians to survive 1 year, Psychosis, Cognitive impairment, Hearing loss, No telephone access	-2
Taenzer, 2000 ⁷⁷	Cancer (other)	RCT	NS	Patient	Outpatient clinic	Diagnosis of lung cancer, Attendance at TBCC output clinic, Fluent in English, Eyesight sufficient to use computer	NS	
Tate, 2006 ⁷⁸	Obesity	RCT	NS	Patient	Research site	20-65 yrs old, Body mass index 27-40, Willingness to use meal replacements as part of the dietary regimen,	History of heart attack, stroke, or cancer in the past 5 years, Diabetes, angina, or orthopedic or joint problems that would prohibit exercise, A major psychiatric disorder	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						Availability of a computer with Internet access	involving hospitalization during the past year, Current, planned, or previous (within 6 months) pregnancy, Recent weight loss (e.g., from medications, surgery, or other), Residing with another participant, Transportation/extende d travel/moving	
Taylor, 2008 ⁷⁹	Asthma	RCT	2006	System, Clinician	Hospital, Medical system (network of hospitals and/or clinics)	NS	NS	-1
Thomas, 2004 ⁸⁰	Mental health (other): Common mental disorders	RCT	(6)	Patient	Outpatient clinic	16 yrs or older, Completed the GHQ-124 and scored three or more	Previous diagnosis of psychotic illness, Mental handicap or cognitive impairment, Language or literacy difficulties, Severe or terminal physical illness	0
Tierney, 2003 ⁸¹	Heart failure	RCT	1994 (28)	Patient	Outpatient clinic	Patient with heart failure who had objective evidence of left ventricular dysfunction on an echocardiogram (either the cardiologist impression of left ventricular systolic dysfunction or a	Had no telephone, Were noncommunicative, prisoner, or nursing home resident	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						fractional shortening of <25%)		
Tierney, 2005 ⁸²	Asthma COPD	RCT	1994 (12)	Clinician	Research hospital network	18 yrs or older, Had either previously visited the study practices The diagnosis of asthma or COPD recorded during any inpatient, Emphysema recorded as a reading on any prior chest radiograph, Two or more prescriptions for inhaled beta- agonists, corticosteroids, Ipratropium	NS	-1
Tjam, 2006 ⁸³	Diabetes	RCT	2002 (20)		Hospital	Adult type 1 or 2 diabetes, Internet-proficient, Had access to internet	Blindness, No dexterity, Reading level below 5th grade, End-stage disease, Gestational diabetes	0
Trautmann, 2008 ⁸⁴	Recurrent headache	Quasi- experime ntal	NS	NS	NS	10-18 yrs, At least 2 headache attacks per month	NS	1
Tuil, 2007 ⁸⁵	Fertility (in vitro fertilization)	RCT	2004	Patient	Fertility clinic	More than 18 yrs old, Own a personal computer with Internet access, Fluent in Dutch	NS	-1
Wakefield,	Heart failure	RCT		Patient		Mini Mental	Assigned to control	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
2008 ⁸⁶						Status Exam score of > 22, Phone line at home, Diagnosis of heart failure, Hospital admission for heart failure exacerbation	group of larger study (no recordings available), Not all three interactions successfully recorded, Patient died or dropped out of study	
Williams, 2007 ⁸⁷	Diabetes	RCT	(12)	Patient	Medical system (network of hospitals and/or clinics)	NS	NS	-1
Williamson, 2006 ⁸⁸	Obesity	RCT	NS	Patient	Outpatient clinic	African American, Female, BMI above the 85th percentile for age and gender based on 1999 National Health and Nutrition Examination Study normative data, At least one obese biological parent, One designated parent who was overweight and willing to participate in the study, Family was willing to pay \$300 out-of pocket expenses toward the purchase of the	NS	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length in Months)	Level	Setting	Inclusion criteria	Exclusion Criteria	Jadad Score
						computer worth \$1,000, The family home had electricity and at least one functional telephone line		
Winzelberg, 2000 ⁸⁹	Prevent eating disorder	RCT	(2)	System	University	Female, Student from a West Coast public university, Desire to improve body image satisfaction	History of bulimia or anorexia nervosa, Purging behaviors, BMI below 18	-2
Woods, 1999 ⁹⁰	Sickle cell anemia	Assigned to usual care/tele medicine based on clinic location	1998	Patient	Outpatient clinic, Outreach clinic or telemedicine	Adults with sickle cell disease	NS	
Yardley, 2007 ⁹¹	Fall prevention activities	RCT	2005 (July to December (6))	Patient	Web-based	65 yrs or older, Responded to advertisement for balance training		0
Yeh, 2008 ⁹²	Diabetes	Quasi- experime ntal	NS	Patient	Outpatient clinic, University hospital outpatient diabetes clinic	Chinese, Mmale or female, Type 2 diabetes, Normal level of consciousness, Ability to read or communicate with spoken language	NS	

ARDS = acute respiratory distress syndrome; CAD = coronary artery disease; CHF = chronic heart failure; COPD = chronic obstructive pulmonary disease; CVA = cerebrovascular event; CVD = cardiovascular disease; DSIM-IV = Diagnostic and Statistical Manual of Mental Disorders – IV; ED = emergency department; HMO = health maintenance organization; HPSA = Health professional shortage area; HRT = hormone replacement therapy; HT = hormone therapy; HTN = hypertension; ISDN = integrated

services digital network; NICU = neonatal intensive care unit; NS = not specified; RCT = randomized controlled trial; USAF = United States Air Force; VLBW = very low birth weight

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Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Adachi, 2007 ¹	Control	Mean: 46.3, Range: 8.6	54 (100)	NS	NS	NS	Height (cm) 157.6, SD: 5.9; Body weight (kg) 65.1, SD: 6.4; BMI (kg/m ²): 26.1, SD: 1.6; [Daily habits 10 eating measures, 6 activity measures]
	KM group: Full KT program with 6-month weight and targeted behavior's selfmonitoring	Mean: 46.6, Range: 10.1	46 (100)	NS	NS	NS	Height (cm) 157.5, SD: 6.1; Body weight (kg) 65.3, SD: 6.4; BMI (kg/m²) 26.2, SD: 1.4; [Daily habits 10 eating measures, 6 activity measures]
	Group K: Full KT program only	Mean: 45.3, Range: 10.4	47 (100)	NS	NS	NS	Height (cm) 157.0, SD: 5.5; Body weight (kg) 64.8, SD: 6.5; BMI (kg/m²) 26.2, SD: 1.5; [Daily habits 10 eating measures, 6 activity measures]
	Group BM: An untailored self-help booklet with 7-month self-monitoring of weight and walking	Mean: 46.6, Range: 9	58 (100)	NS	NS	NS	
Apkon, 2005 ²	Control	Mean: 35.3, SD: 11.0	587 (60.8)	NS	NS	NS	Military status – Active duty 425 (44.0), Beneficiary 490 (50.7), Reserve 0, Retired 51 (5.3); Visit type – Acute 416 (43.1), Established 27 (2.8), Routine 375 (38.8), Wellness 139 (14.4), Other 9 (0.9); Healthcare opportunities – Screening/prevention 662 (68.5), Acute/chronic 239 (24.7)
	Coupler group	Mean: 34.4, SD: 10.4	593 (63.4)	NS	NS	NS	Military status – Active duty 361 (38.6), Beneficiary 527 (56.3), Reserve 1 (0.1), Retired 47 (5.0); Visit type – Acute 383 (40.9), Established 47 (5.0), Routine 365 (39.0); Wellness: 126 (13.5), Other 15 (1.6); Healthcare opportunities – Screening/prevention 687 (73.4), Acute/chronic: 244 (26.1)
Barak, 2006 ³	Control	Range: 15-50	40	NS	NS	NS	

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Study 1: Positive statements re helpfulness vs. Alternative (A): did not mention anything	Range: 15-50	40	NS	NS	NS	
Barnabei, 2008 ⁴	Control	Mean: 52.5 SD: 5.6	147 (100)	White: 130 (90), Non-white: 15 (10)	NS	HS grad or less 18 (12), Trade school, some college or more: 127 (88)	Current HT use – Yes 43 (29), No 104 (71)
	Talktoyourdoc (TTYD) tool	Mean: 52.5 SD: 5.3	141 (100)	White: 126 (92), Non-white: 11 (8)	NS	HS grad or less: 19 (14), Trade school, some college or more: 119 (86)	Current HT use – Yes 39 (28), No 102 (72)
Beale, 2006 ⁵	Control			NS	NS	NS	Did not report on control group
	Received access to Re-Mission, and 195 actually received the intervention			NS	NS	NS	
Bosworth, 2009 ⁶	Control	Mean: 64, SD: 12	(1)	White: (58), Black: (38), Other: (2)	Employed: (34), Inadequate income: (20)	HS or less: (51)	Married (73); Taking BP meds for >5yr (57); No exercise (42); Current smoker (24); Diabetic (41), Baseline BP control (34); SBP, mean (SD): 142 (19), DBP, mean (SD): 76 (12)
	Provider decision support intervention	Mean: 63, SD: 11	(3)	White: (58), Black: (39), Other: (2)	Employed: (32), Inadequate income: (21)	HS or less: (52)	Married (66); Taking BP meds for >5yrs (56); No exercise (41); Current smoker (21); Diabetic (39); Baseline BP control (46); SBP, mean 138, SD: 17; DBP, mean 76, SD 10
	Patient behavioral intervention	Mean: 65, SD: 11	(1)	White: (57), Black: (38), Other1: (5)	Employed: (26), Inadequate income: (22)	HS or less: (50)	Married (72); Taking BP meds for >5 yrs (58); No exercise (49); Current smoker (30); Diabetic (31); Baseline BP control (45); SBP, mean 139, SD: 17, DBP, mean 74, SD: 12

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Combined	Mean: 62, SD: 11	(3)	White: (55), Black: (43), Other: (2)	Employed: (23), Inadequate income: (23)	HS or less: (51)	Married (62), Taking BP meds for >5 yrs: (55); No exercise (44); Current smoker (26); Diabetic (38); Baseline BP control (36); SBP, mean 140, SD: 18; DBP, mean 78, (SD): 11
Buhrman, 2004 ⁷	Control	Mean: 45, Range: 10.7	18 (62.1)	NS	NS	Nine-year compulsory school: 7 (24.1), Upper secondary school: 6 (21), University education <2 years: 2 (6.9), University education >2 years: 14 (48.3)	
	Participants were instructed to follow the scheduled program, reading the information corresponding to each week, and submitting treatment registrations regularly. If the diary data were not delivered as expected, a reminder was sent one week later. Participants were also encouraged to ask questions or comment on pain, the training program or other relevant issues. They could do this by e-mail or during the weekly telephone call	Mean: 43.5, Range: 10.3	14 (63.6)	NS	NS	Nine-year compulsory school: 2 (9.1), Upper secondary school: 6 (27); University education <2 years: 3 (13.6), University education >2 years: 11 (50)	
Cruz-Correia, 2007 ⁸	Control	Mean: 29	15(71)	NS	NS	Median, yrs: 11, Range, yrs: 4-18	

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	P'ASMA (portal for assessment and self- management of asthma)	Mean: 29	15(71)	NS	NS	Median, yrs: 11, Range, yrs: 4-18	
Col, 2007 ⁹	Control	Mean: 53.2, Median: 5.1		White:(96.0)	NS	<8 yrs: (22.0), 8-12 yrs: (26.0, 2-16 yrs: (42), >16 yrs: (10.0)	Married or partnered (76.0); Menopausal symptoms (4.6) – Vasomotor 4.6, Psychosocial 11.6, Physical 27.5, Sexual 4.6
	Decision aid alone	Mean: 51.2, Median: 4.8		White: 95.6	NS	<8 yrs: (28.98), 12 yrs: (31.1) 12-16 yrs: (37.8) >16yrs: (2.)2	Married or partnered (77.8); Menopausal symptoms (4.0) – Vasomotor 4.0, Psychosocial 11.9, Physical 27.4, Sexual 4.8
	Decision aid plus coached care	Mean: 52.5, Median: 5.1		White: 100	NS	<8 yrs: (20), 8-12 yrs: (12), 12-16yrs: (56), >16yrs: (12)	Married or partnered (69.4); Menopausal symptoms (5.2) – Vasomotor (5.2), Psychosocial 11.6, Physical 27.5, Sexual 4.4
Clark, 2007 ¹⁰	Control	NS	NS				
	Nurse-coordinated telephone-monitoring CHF management strategy	Mean: 74.7	35	NS	NS	NS	
Chan, 2003 ¹¹	Control	Mean: 8.7, SD: 2.5	(20)	NS	NS	NS	
	Internet-based education (the "virtual group") - received all education online; patients in the virtual group input their peak flow readings and daily asthma symptom diaries on the Web siteand received asthma education via an educational Web site	Mean: 6.6, SD: 0.5	(80)	NS	NS	NS	
Chen, 2008 ¹²	Control	Mean: 51.14	(42.5)	Asian: (100)	NS	NS	

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	A reminder was sent via SMS 72 h prior to the appointment. The reminder was similar in content, including participant's name and appointment details, but differed in the way the content was distributed to them. In SMS group participants received text messaging	Mean: 50.01	(41.5)	Asian: (100)	NS	NS	
	A reminder was sent via telephone 72 h PTA	Mean: 50.52	(43.3)	Asian: (100)	NS	NS	
Dobke, 2008 ¹³	Control	Mean: 53.9, SD: 10.4)	8	NS	NS	NS	Nature of wound – Pressure sore 8, Venostasis ulcers 1, Arterial ulcers but no diabetes 1, Diabetic foot 5
Delichatsios, 2001 ¹⁴	Control	Mean: 45.7	72	White: 43.3, Black: 46	>\$2,000 per mo: (58.2)	12-16 yrs: (46.0), >16 yrs: (24.0), 12-16 yrs: (48.3)	BMI 28.7
	Computer monitor of daily diet, educational feedback, advice, counseling	Mean: 46.2	72.3	White: 46.6, Black: 43.2	>\$2,000: (57.4)	>16 yrs: (24.5)	BMI 28.7
Dansky, 2008 ¹⁵	Control	Mean: 76.88 at time 3, Median: 78, SD: 10		NS	NS	NS	
	Monitor only: Patients in the treatment groups received a tele-home care system for the duration of their home health services, to be used in conjunction with usual home health care	Mean: 76.72 at time 3, Median: 79, SD: 10.52					

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Monitor and Video	Mean: 78.11 at time 3, Median: 79, SD: 7.11		NS	NS	NS	
East, 1999 ¹⁶	Control			NS	NS	NS	
	Computerized decision support			NS	NS	NS	
Feldstein, 2006 ¹⁸	Control	Range: 50-89	NS	NS	<=\$20,000: 20 (19.8), >\$20,000: 21 (20.8), Unknown: 60 (59.4)	Unknown =46 (45.5), <=High school =32 (31.7), >=Some college =23 (22.8)	Fracture type – Hip 9 (8.9), Vertebra 9 (8.9), Wrist 15 (14.9), Other 68 (67.3); Current smoker – No 92 (91.1), Yes 9 (8.9); Weight =3 12 (11.9); Adequate calcium intake – No 32 (31.7), Yes 16 (15.8), Unknown 53 (52.5); Regular activity – No 40 (39.6), Yes 14 (13.9), Unknown 47 (46.5)
	EMR reminder to primary care physician	Range: 50-89		NS	<=\$20,000: 27 (26.7), >20,000: 13 (12.9), Unknown: 61 (60.4)	Unknown: 45 (44.6), <=High school: 31 (30.7), >=Some college: 25 (24.8)	Fracture type — Hip 12 (11.9), Vertebra 10 (9.9), Wrist 17 (16.8), Other 62 (61.4); Current smoker — No 90 (89.1), Yes 11 (10.9); Weight = 3 18 (17.8); Adequate calcium intake — No 36 (35.6), Yes 14 (13.9), Unknown 51 (50.5); Regular activity — No 44 (43.6), Yes 13 (12.9), Unknown 44 (43.6)
	EMR reminder to primary care physician plus mailed patient reminder letter	Range: 50-89		NS	<=\$20,000: 28 (25.7), >\$20,000: 17 (15.6), Unknown =: 64 (58.7)	Unknown: 42 (38.5), <=High school: 39 (35.8), >=Some college: 28 (25.7)	Fracture type: – Hip 16 (14.7), Vertebra 2 (1.8), Wrist 17 (15.6), Other 74 (67.9); Current smoker – No 100 (91.7), Yes 9 (8.3); Weight = 3 12 (11.0); Adequate calcium intake – No 40 (36.7), Yes 17 (15.6), Unknown 52 (47.7); Regular activity – No 52 (47.7), Yes 13 (11.9), Unknown 44 (40.4)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Author, Year	Control Intervention	Age	Female, n (%)	Race, n (%)	Income: Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Frank, 2004 ¹⁹	Control	Mean: 35.4	(57)	NS	NS	NS	Number of services in 6 months before start of trial, median (interquartile range) 1 (0–2); Fees charged per consultation in 6 months before trial, median (interquartile range) \$21 (\$0–59); Number of long term problems coded before trial, median (interquartile range) 0 (0–1)
	In-consultation reminders about 12 outstanding preventive activities	Mean: 36	(56)	NS	NS	NS	Number of services in 6 months before start of trial, median (interquartile range) 1 (0–2); Fees charged per consultation in 6 months before trial, median (interquartile range) \$21 (\$0–56); Number of long term problems coded before trial, median (interquartile range) 0 (0–1)
Feldman, 2005 ²⁰	Control	Mean: 71.2 +/- 12.2	(76.7)	White: (23.4), Black: (41.9), Latino: (30.0), Other: (4.9)	<\$10,000: (51.5)	<12 yrs: (54.2)	Usual care 227
	E-mail reminder	Mean: 72.4, SD: 12.1	(64.8)	White: (23.6), Black: (42.7), Latino: (31.2), Other: (2.5)	<\$10,000: (43.7)	<12 yrs: (56.8)	Basic N 199
	E-mail reminder and a laminated card	Mean: 71.8, SD 12.0	(65.4)	White: (28.2), Black: (35.6), Latino:(33.2) Other: (1: 3.0)	<\$10,000: (40.1)	<12 yrs: (54.0)	Augmented N 202

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Frosch, 2008 ²¹	Control	Mean: 59.0 (5.1)	0	White: 133 (88.1), Black: 4 (2.6), Latino: 6 (4.0), Asian: 6 (4.0), Other: 2 (1.3)	NS	8-12 yrs: 6 (4.0), 12-16 yrs: 86 (56.9), >16 yrs: 59 (39.1), Some grad school: 10 (6.6), Completed postgraduate: 49 (32.5)	Marital status: – Married 123 (81.5), Other 28 (18.5); History of cancer – Self 18 (11.9), Family 104 (68.9), Friends 112 (74.2); Concern about prostate cancer – Not at all 15 (9.9), A little 39 (25.8), Somewhat 63 (41.7), Considerable 25 (16.1), Extreme 9 (6.0); No. of previous PSA tests, mean 2.6, SD: 2.9; Pretest choice of PSA 145 (96.0); Who should make medical decisions – Physician only 10 (6.6), Mostly physician 12 (7.9), Physician and patient together 109 (72.9), Mostly patient 16 (10.6), Patient only 4 (2.6); Pretest treatment preference – lintervention 99 (65.6), Watchful waiting 52 (34.4); [also Internet access at home and work]
Gaertner, 2004 ²²							
	Paper-based pain diary			NS	NS	NS	Demographic data provided combined for both groups
	Electronic palm-top pain diary			NS	NS	NS	
Gielen, 2007 ²³	Control	4-66 months (child), 14-30 yrs (parent)	Mother (90.4)	Black :(94.1), Other: (5.8)	<\$5,000: (66.5), >\$5,000: (33.5)	<8 yrs: (11.1), 8-12 yrs: (73.2), 12-16 yrs: (15.7)	
	The intervention group received a personalized report containing tailored, stage-based safety messages based on the precaution adoption process model. The control group received a report on other child health topics	4-66 months (child), 14-30 yrs (parent)	Mother (90.6)	Black (92.2), Other: (7.8)	<\$5,000: (60.9), >\$5,000: (39.0)	<8 yrs: (9.2), 8-12 yrs: (75.8), 12-16 yrs: (15.0)	

Glasgow, 2006 ²⁴	Control	Mean: 61.0, SD: 11.0	80 (50.0)	White: 128 (79.6), Latino: 29 (18.3)	<\$30,000: 40 (24.9), \$30,000-49,999: 57 (35.6), \$50,000-69,999: 30 (18.8), >=\$70,000: 33 (20.8)	8-12 yrs: 44 (27.6), 12-16 yrs: 97(60.3), >16 yrs: 20(12.2)	Comorbidities (range 0-10) 3.1 (2.1); BMI, kg 31.9 (7.2); Taking insulin (19.2); Married (63.5); Smoker (11.9)
Glasgow, 2000 ²⁵	Control	Mean: 60.6, SD: 9.5	66.3	White: (90)	NS	Some college or more: (46.3)	Retired (45.0); Live alone (51.2)
	Basic and community resource condition	Mean: 60.5, SD: 8.6	47.4	White: (90.9)	NS	Some college or more: (59.7)	Retired (28.6); Live alone (58.4)
	Basic and telephone followup conditions	Mean: 59.0, SD: 9.6	57	White: (88.6)	NS	Some college or more: (63.0)	Retired (31.6); Live alone (44.3)
Glazebrook, 2006 ²⁶	Control	Mean: 38.4 SD = 15.2	259 (78.5)	NS	NS	>16 yrd further or higher education: 147 (51.2)	Professional or skilled non- manual occupation 137 (42.4); Sought advice regarding suspicious lesion in the past year 28 (11.6)
	Interactive multimedia intervention, Skinsafe	Mean: 38.2, SD = 14.3	214 (82.6)	NS	NS	>16 yrsfurther or higher education: 125 (54.1)	Professional or skilled non- manual occupation 98 (39.8); Sought advice regarding suspicious lesion in the past year 28(14.2)
Gomez, 2002 ²⁷	Control						
	Combined condition	Mean: 57.4, SD: 9.4	56.3	White: (91.4)	NS	Some college or more: (58.0)	
Graham, 2007 ²⁸	Control			NS	NS	NS	
	Survey on perceptions of decision aid and willingness to use		79 (29)	NS	NS	>16 yrs: 450 (100)	
Gray, 2000 ²⁹	Control	Mean: gestational age(weeks): 27.5	308 (30)	Black: 236(23) [maternal African American]	NS	NS	Birth weight 35 9g SD: 30, High-risk maternal antenatal transfer (19); [also plurality, insurance]
	Care link group	Mean: gestational age (weeks): 27.8	336(35)	Black: 182(19) [maternal African American]	NS	NS	Birth weight: 35 6g SD: 23; High-risk maternal antenatal transfer (30); [also plurality, insurance]

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Green, 2008 ³⁰		Mean: 58.6, SD: 8.5	141 (54.7)	White: 214 (82.9), Black: 22 (8.5), Asian: 8 (3.1), Other: 14 (5.4)		8-12 Year: 22 (8.5), Some college: 117 (45.3), College grad: 48 (18.6), >16 yrs: 71 (27.5)	Employed – FT 158 (61.2), Retired 75 (29.1), PT 16 (16.2), Other 9 (3.5); Anti-HTN medication class – None 13 (5), One 127 (49.2), Two 89 (34.5) Three or more 29 (11.2); Current smoker 20 (8.1); BMI – Normal 16 (6.5), Overweight 72 (29.4), Obese 157 (64.1); Have home BP monitor 137 (53.1); SBP, mean 151.3, SD: 10.6; DBP, mean 89.4, SD: 8
	BP monitoring and pt Web services training	Mean: 59.5, SD: 8.3	119 (45.9)	White: 223 (86.1), Black: 18 (6.9), Asian: 9 (3.5), other: 9 (3.5)		8-12 yrs: 19 (7.3), Some college: 110 (42.5), College grad: 72 (27.8), >16 yrs: 58 (22.4)	Employed – FT 130 (50.2), Retired 103 (39.8), PT 21 (8.1), Other 5 (1.9); Anti-HTN medication class – None 5 (1.9), One 120 (46.3), Two 86 (33.2) Three or more 48 (18.5); Current smoker 14 (5.5); BMI – Normal, 14 (5.6), Over-weight, 84 (33.3), Obese 154 (61.1); Have home BP monitor 160 (61.8); SBP, mean 152.2, SD: 10; DBP, mean 89, SD: 7.9
	BP monitoring and pt Web services training + Pharmacist care	Mean: 59.3, SD: 8.6	146 (55.6)	White: 207 (79.3), Black: 21 (8), Asian: 12 (4.6), Other: 21 (8)		8-12 yrs: 130 (50.2), Some college: 97 (37.2), College grad: 75 (28.7), >16 yrs: 68 (26.1)	Employed – FT 147 (56.3), Retired 92 (35.2), PT 14 (5.4), Other 8 (3.1); Anti-HTN medication class – None 10 (3.8), One 119 (45.6), Two 86 (33.2), Three or more 46 (17.6); Current smoker 18 (6.9); BMI – Normal, 24 (9.5), Overweight 81 (32.1), Obese 147 (58.3); Have home BP monitor 140 (53.6); SBP, mean 152.2, SD: 10; DBP 88.9, SD: 8.1
Harno, 2006 ³¹	Control	NS	NS	NS	NS	NS	BMI 27.8 (0.60); SBP 136 (1.8); DBP 84 (1.1); HbA1c 8.21 (0.18)
	E-health application with a DMS (Diabetes Management System) and a home care link	NS	NS	NS	NS	NS	BMI 28.5 (0.60); SBP 134 (1.8); DBP 81 (1.0); HbA1c 7.82 (0.13)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Hassol, 2004 ³²	Control			NS	NS	12-16 yrs: (40) of 1421	
	Online survey (and focus group information)	Range: >18 yrs	(60) of 1421	White: (98) of 1421	NS	>16 yrs: (27) of 1421 Other 1: High school or less: (33) of 1421	Duration of MyChart use
Helzer, 2008 ³³	Control	Mean: 46	(45)	White: (97)	NS	Mean, yrs: 14.9	FT employed (80)
	Daily IVR for 6 months	Mean: 44	(37)	White: (96)	NS	Mean, yrs: 14.8	FT employed (74)
	IVR plus feedback	Mean: 45	(39)	White: (98)	NS	Mean, yrs: 15	FT Employed (80)
	IVR, feedback and compensation	Mean: 48.5	(32)	White: (98)	NS	Mean, yrs: 14.9	
Hunter, 2008 ³⁴	Control	Mean: 34.4, SD: 7.2	50.5	White: (53.2)		High school or some college: (61.7)	Married or partnered (73.0); Enlisted 75.2; Yrs in service 13.0, SD: 6.6; Plan to retire from AF (81.4)
	Behavioral Internet treatment (BIT)	Mean: 33.5, SD: 7.4	50.0	White: (58)	NS	High school or some college: (63.9)	Married or partnered 73.0; Enlisted 81.7; Yrs in service 12.4, SD: 6.6; Plan to retire from AF (78.9)
Homko, 2007 ³⁵	Women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	Mean: 47.5, SD: 9.1	15 (57.7)	NS	NS		BMI, mean (kg/m²) 23.4 (controls) and 24.5 (intervention group); . Duration of diabetes, mean (yrs) 8.0 (controls) and 5.2 (intervention group). There was no significant difference in age, sex, BMI, duration of diabetes, diabetes medication, blood pressure, blood glucose, and serum lipids levels between the two groups. At the pre-test, no significant difference was found in HbA1c levels between the groups
Jan, 2007 ³⁶	Control	Mean: 9.9, SD: 3.2	48 (63.2)	NS	NS	Primary caregiver, high school or below: 43 (56.6), Primary caregiver, college or above: 33 (43.4)	History of asthma (yrs) 2.1, SD: 1.2; Asthma severity (persistent) – Mild 33 (43.4), Moderate 35 (46.1), Severe 8 (10.5); Uses of quick relief medication per month 2.1, SD: 0.3; Emergency department visits per year 2.8, SD: 1.2; Passive smoking in household 18 (23.7)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Blue Angel for Asthma Kids, an Internet- based interactive asthma educational and monitoring program	Mean: 10.9, SD: 2.5	53 (60.3)	NS	NS	Primary care giver high school or below: 58 (66.0), Primary caregiver, college or above: 30 (34.0)	History of asthma (yrs) 2.4, SD: 1.9; Asthma severity (persistent) – Mild 33 (47.5), Moderate 43 (48.9), Severe 12(13.6); Uses of quick relief medication per month 2.4, SD:0.9; Emergency department visits per year 3.1, SD: 1.3; Passive smoking in household 21 (23.9)
Japuntich, 2006 ³⁷	Control	Mean: 41, Range: 11.8	79 (54.9)	White: 119 (82.6)	NS	<8 yrs: 4 (2.8), 8-12 yrs: 40 (27.8), 12-16 yrs: 68 (47.2), >16 yrs: 31 (21.5)	
	The experimental group included the same Bupropion, counseling, and follow-up, as well as a study computer, a dial-up Internet connection, and 12 weeks of access to the CHESS SCRP Web site, which they were encouraged to access once per day. Computer distribution and use	Mean: 40.6 Range: 12.4	77 (55)	White: 105 (75.4)	NS	<8 yrs: 5 (3.6), 8-12 yrs: 41 (29.5), 12-16 yrs: 72 (51.8), >16 yrs: 21 (15.1)	
Jerant, 2003 ³⁸	Control	Mean: 72.7	6 (50)	White: 7 (58), Black: 4 (33), Latino: 1 (8)	NS	NS	Blue Cross 2(17); Commercial capitated 5 (50); MediCal capitated 1 (8); MediCal feefor-service 4 (33); Medicare 0 (0); Distance from hospital, mean (miles)12.3, SD: 8.4; CHF duration, mean (mos) 30.4, SD: 30 [+ 5 other CHF-related measures]
Kaner, 2007 ³⁹	Control	NS	NS	NS	NS	NS	

	Implicit (concise) patient decision aid involved individualized risk and benefit presentation and a section to support shared decision- making	NS	NS	NS	NS	NS	
40	Explicit (extended) patient decision aid additionally included patients' elicited values for health and treatment states derived via standard gamble and analyzed in a Markov decision analysis	NS	NS	NS	NS	NS	
Kim, 2004 ⁴⁰	Control Diagnostic evaluations of a wound were made both by a treating physician in person as well as by a remote physician using the telemedicine system	Mean: 59, Range: 24-83					Were married or had a live-in partner (35.3); Lived at home rather than in a nursing home (97.1); Living without assistance (41.3); Received some kind of assistance or care at home (58.7); Had a FT or PT caregiver (39.7); Had some assistance (12.7); Used a FT nurse 6.3%; Considered their overall health to be – Good or very good (63.3), Fair:(23.3), Poor (13.3); No significant differences between the two participating sites in demographic composition

Krishna, 2003 ⁴¹	All control group participants received asthma education as part of the usual care, including verbal and printed information on the disease and concepts related to its control		45 (37)	White: 102 (84.3), Black: 9 (7.4), American: 7, Other/unkno wn: 3	NS	<8 yrs: 115 (95), 8-12 yrs: 6 (5)	
	In addition to receiving conventional patient education, children and families in the intervention group used Interactive Multimedia Program for Asthma Control and Tracking (IMPACT) during routine office visits.		35 (32.7)	White: 93 (87), Black: 10 (9.3), American: 2, Other/unkno wn: 2	NS	<8 yrs: 102 (95.3), 8-12 yrs: 5 (4.7)	
Kukafka,	Control			NS	NS	NS	
2002 ⁴²	The tailored Web- based intervention: Algorithms			NS	NS	NS	
	Non-tailored Web based intervention			NS	NS	NS	
	Non-tailored paper- based Intervention			NS	NS	NS	
Kuppermann, 2009 ⁴³	Control	Mean: 32.5, SD: 6.0	252 (100)	White: 111 (44.8), Black: 42 (16.9), Latino: 40 (16.1), Asian: 39 (15.7), Other: 16 (6.5)	<\$ 50,000 :80 (34.2), \$50,000- 100,000: 85 (36.3), >=\$100,000: 69 (29.5)	8-12 yrs: 45 (18.1), 12-16syrs: 56 (22.5), sCollege graduate: 148 (59.4)	Religion – Catholic 76 (30.5), Other Christian 64 (25.7), Other religion 27 (10.8), No religious affiliation 82 (32.9); Desire for shared decisionmaking – Me alone/mostly me 104 (42.8), Shared equally 123(50.6), Health care provider alone/mostly provider 16 (6.6)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Prenatal testing decision-assisting tool	Mean: 32.2, SD: 5.9	244 (100)	White: 120 (49.6), Black: 35 (14.5), Latino: 48 (19.8), Asian: 27 (11.2), other: 12 (5.0)	<\$50,000: 68 (30.0), \$50,000- 100,000: 73 (32.2), >=\$100,000: 86 (37.9)	8-12 yrs: 39 (16.0), 12-16 yrs: 57 (23.5), College graduate: 147 (60.5)	Religion – Catholic 75 (31.1), Other Christian 64 (26.6), Other religion 42 (17), No religious affiliation 60 (24.9); Desire for shared decisionmaking – Me alone/mostly me 100 (43.3), Shared equally 108 (46.8), Health care provider alone/mostly provider 23(10.0)
Kypri, 2004 ⁴⁴	Control	Mean: 20.4, Range: 1.8		NS	NS		
	Web-based assessment and personalized feedback on users' drinking	Mean: 19.9, Range: 1.4		NS	NS	NS	
Laffel, 2007 ⁴⁵	Control	Mean: 35.0	50 (54.3)	NS	NS	NS	Type 1 73 (79.4); Type 2 19 (20.6); Duration of diabetes (yrs) 14.0, SD: 10.0; Frequency of SMBG (times/day) 3.8, SD: 1.2; HbA1c (9.3) 9.0 SD: 0.91
	Integrated meter with electronic logbook for glycemic control	Mean: 35.7	65 (55.6)	NS	NS	NS	Type 1 90 (79.6); Type 2 23 (20.4); Duration of diabetes (yrs) 13.3, SD: 10.3; Frequency of SMBG (times/day) 3.9, SD: 1.4; HbA1c (%) 9.06, SD: 1.29
Liaw, 1998 ⁴⁶	Control	5-24 yrs: 5%, 25-64 yrs: 27%, 65-74 yrs; 18%, >75 yrs: 50%		NS	NS	NS	
	Pt provided with a computer-generated patient handheld record and underwent a pre- and posttest along with control group.	5-24 yrs: 10%, 25-64 yrs: 28%, 65- 74 yrs: 17%; >75 yrs: 45%					
	Pt had an intervention but took posttest only	5-24 yrs: 0%, 25-64 yrs: 43%, 65-74 yrs: 14%, >75 yrs: 43%	20 (68) 15 (69) 8 (60)	NS	NS	NS	

Lieberman,	Control	Mean: 37.2,	(37.2)	White: (83)	NS	NS	Age at first drink (yrs) 16.4, SD:
Lieberman, 2006 ⁴⁷		Range: 11.8		(ethnicity:			3.9; Drinks per week 34.3, SD:
				Non-			31.6; AUDIT score 17, SD: 8.8
				Hispanic or			
				Latino),			
				Black: (1.7)			
				(race),			
				Latino: (7.0)			
				(ethnicity),			
				Asian: (2.3)			
				(race),			
				American:			
				(2.3) (race),			
				Other: (1)			
				(ethnicity:			
				no			
				response),			
				Other:			
				(87.2) (race:			
				white),			
				Other: (6.5)			
				(race: no			
				response)			

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Experimental group: Multimediathe evaluation consisted of an alcohol consumption questionnaire and three questionnaires that assessed the effects of alcohol use on a subject and his/her functioning. After completing all four questionnaires, each subject received individualized feedback in multimedia format designed to raise his/her level of intellectual and emotional appreciation of the negative effects of alcohol on his/her life.	Mean: 36, Range: 12.1	(31)	White: 83.5% (ethnicity: non- Hispanic or Latino), Black: (1.6) (race), Latino: (4.1) (ethnicity), Asian: (4.1) (race), American: (2.5) (race), other: (12.4) (ethnicity: no response), Other: (86.8) (race: white), Other: (5.0) (race: no response)	NS	NS	Age at first drink (yrs) 17.4, SD: 5.5; Drinks per week 32.4, SD: 50.8; AUDIT score 15.7, SD: 8.4
Lorig, 2006 ⁴⁸	Control	Mean: 57.6, SD: 11.3	305 (71.6)	White: 377 (88.7)	NS	Mean yrs: 15.8 (3.16)	Married (63.6); Web use – Health-related Web site visits in last 6 mos 9.54 (16.8); Diseases – Diabetes (63.9), Hypertension (46.7), Lung disease (44.1), Heart disease (25.4), Arthritis (24.9); Self- efficacy (1-10 scale) 6.01, SD: 2.17; Health care utilization – Physician visits in past 6 mos 5.09, SD: 5.78, Emergency visits in past 6 mos 0.354, SD: 0.950, Days in hospital in past 6 mos 0.98, SD: 5.53; [also 7 health indicators; 4 health behaviors]

	Use of Internet Chronic Disease Self- Management Program	Mean: 57.4, SD: 10.5	252 (71.2)	White: 309 (87.3)	NS	Mean yrs: 15.4 (3.00)	Married (68.0); Web use – Health-related Web site visits in last 6 mos 10.2, SD: 16.6; Diseases – Diabetes (61.6), Hypertension (45.8), Lung disease (47.3), Heart disease (22.3), Arthritis (24.9); Self- efficacy (1-10 scale) 6.05 (2.22); Health care utilization – Physician visits in past 6 mos 4.94, SD: (.69, Emergency visits in past 6 mos 0.308, SD: 0.778), Days in hospital in past 6 mos 1.09, SD: 4.14; [also 7 health indicators; 4 health behaviors]
Lowensteyn, 1998 ⁴⁹	The control group received their profiles only if the patient was clinically reevaluated during a 3-month follow-up	Mean: 50.7, SD: 11.3	(35.2)	NS	NS	NS	
	The profile group of physicians received two copies of the patient's coronary risk profile within 10 working days: One copy of the profile became part of the patient's medical record, and the other was presented to the patient at a return visit (approximately 2 weeks following initial visit) to take home after an appropriate interpretation by the physician	Mean: 50.5SD: 10.8	(35.2)	NS	NS	NS	

Maslin, 1998 ⁵⁰	Control	Mean: 52.1, Range: 28-73	49 (100)	NS	NS	NS	
	In addition to support from the multidisciplinary team, the women were offered use of the IVD to aid them in decisionmaking if they wished	Mean: 52.1, Range: 28-73	51 (100)	NS	NS	NS	
Marceau, 2007 ⁵¹	Control	Mean: 48, Median: 8, Range: 34-65	(69)	Caucasian: (82)	NS	NS	Duration of pain, mean (yrs) 8.4, SD: 7.9, Range: 0.5-31.6
	Self-monitoring using electronic diary	Mean: 48, Median: 8, Range: 34-65	(69)	Caucasian: (82)	NS	NS	Duration of pain, mean (yrs) 8.4, SD: 7.9, Range: 0.5-31.6
Marcus, 2007 ⁵²	Control	Mean: 44.7	85.9	White: 87.2	\$50,000: (65.4)	>16 yrs: 65.4	
	Print-based individualized feedback	Mean: 43.44	75.3	White: 86.4	> \$50,000: (55.6)	>16 yrs: 65.4	
	Telephone-based individualized feedback	Mean: 45	85	White: 85	>\$50,000: (62.5)	>16 yrs: 78.8	
	TSM: social cognitive theory-based tailored self-management	Mean: 62.0, SD: 11.7	90 (50.3)	White: 129 (74), Latino: 30 (17)	<\$30,000: 52 (29.9), \$30,000-49,999: 49 (28), \$50,000-69,999: 35 (20.1), >=\$70000: 38 (21.9)	8-12 yrs: 54 (30.8), 12-16 yrs: 89 (51.1), >16yrs: 31(18.0)	Comorbidities (range 0-10) 2.9 (1.9); BMI, kg 31.3 (7.0); Taking insulin (24.2); Married (67.6); Smoker (8.1)
Marks, 2004 ⁵³	Control	Mean: 37.9, SD: 12.2	28 (74)	Control White: 28 (76)	NS	Mean yrs: 11.3 +/-1.7	Primary diagnosis – Agoraphobia 12 (32), Specific phobia 16 (42), Social phobia 10 (26); Source of referral – Self-referred 33 (87%), GP 3 (8), Mental health professional 2 (5); Medications – SSRI 3 (8), TCA 6 (16), OA 1 (2), BZD 3 (8)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Fearfighter: self- exposure therapy guided mainly by a stand-alone computer system	Mean: 38.2, SD: 11.7	24 (69)	White: 25 (86)	NS	Mean yrs: 11.3 +/-1.5	Primary diagnosis – Agoraphobia 9 (26), Specific phobia 16 (46), Social phobia 10 (28); Source of referral – Self-referred 24 (68), GP 9 (26), Mental health professional 2 (6); Medications – SSRI 2 (7), TCA 3 (10), OA 0, BZD 1 (3)
	Relaxation: mainly stand-alone computer and audiotape-guided self relaxation without exposure	Mean: 38.5 SD: 14.9	10 (59)	White: 17 (100)	NS	Mean yrs: 11.0 +/- 1.2	Primary diagnosis – Agoraphobia 6 (35), Specific phobia 7 (41), Social phobia 4 (24); Source of referral – Self-referred 13 (76%), GP 3 (18), Mental health professional 1 (6); Medications – SSRI 0, TCA 0, OA 1 (6), BZD 0
	Patients assigned to video-based telecare group received scheduled home telecare visits using the telecare equipment as well as video and electronic stethoscope	Mean: 66.6	7 (54)	White: 4 (31), Black: 8 (62), Latino: 1(8)	NS	NS	Blue Cross 1 (8); Commercial capitated 3 (23); MediCal capitated 2 (15); MediCal feefor-service 6(46); Medicare 1(8); Distance from hospital, mean (miles) 9.6, SD: 7.0; CHF duration, mean (mos) 11.0, SD: 16.5 [+ 5 other CHF-related measures]
	Patients assigned to telephone care received scheduled phone calls from the study nurse	Mean: 71.3	7 (58)	White: 7 (58), Black: 5 (42), Latino: 0 (0)	NS	NS	Blue Cross 1 (8); Commercial capitated 7 (58); MediCal capitated 0 (0); MediCal feefor-service 3 (25); Medicare 1(8); Distance from hospital, mean (miles,)12.4, SD: 16.8; CHF duration, mean (mos) 54.8, SD: 71.2 [+ 5 other CHF-related measures]
Matheny, 2007 ⁵⁴	Control	Mean: 57.1	(64.6)	White: (65.9), Black: (19.1), Other: (14.9)	NS	NS	

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	An automated test result notification system known as Results Manager (RM) that was embedded in the longitudinal medical record	Mean: 57.7	(76.3)	White: (65.3), Black: (19.1), Other: (15.7)	NS	NS	
McDonald, 2005 ⁵⁵	Control	Mean: 9.7 months (child), 26 yrs (mother)	(48)	White: 5 (9) (child), Black: 53 (91)	NS	Completed HS: (76%)	Housing status – Rent (86), Own (5), Neither rent nor own (9); Children living with two- parent family (41); Children living with additional siblings (68); Doctor's yr of residency – First 37, Second 37, Third 26
	Safetyland: Kiosk- based tailored interventions	Mean: 9.4 months (child), 26 yrs (mother)	(56)	White: 4 (6) (child), Black: 59 (94)	NS	Completed HS: (72)	Housing status – (79), Rent (7), Own (7), Neither rent nor own (14); Children living with two- parent family (51); Children living with additional siblings (62); Doctor's yr of residency – First (47) Second (37) Third (16)
Montgomery, 2000 ⁵⁶	Control	Mean: 71,SD: 5	77(49)	NS	NS	NS	Total 157; 5-yr cardio risk >=10%138 (88); Absolute 5-yr risk, mean (%) 19, SD: 9; SBP, mean (mm Hg) 158, SD: 21; DBP, mean (mm Hg) 86, SD: 11; BMI, mean 27, SD: 4; Total cholesterol, mean (mmol/l) 6.0, SD: 1.1(n=81); [more health status measures]
	Arm Bthe chart-only arm: Patients were randomized to a computer-based clinical decision support system plus cardiovascular risk chart; cardiovascular risk chart alone; or usual care	Mean: 70 SD: 6	130(57)	NS	NS	NS	Total 228; 5-yr cardio risk >=10%198 (87); Absolute 5-yr risk, mean (%): 19, SD: 8) SBP, mean (mm Hg) 156, SD: 19; DBP, mean (mm Hg) 87, SD: 9; BMI, mean 29, SD: 4; Total cholesterol, mean (mmol/l) 6.1, SD: 1.0(n=167); [more health status measures]

	Arm A: Computer- based clinical decision support system plus chart 10 practices	Mean: 71	123 (54)	NS	NS	NS	Total 229; 5-yr cardio risk >=10% 189, (83); Absolute 5yr risk, mean (%) 18, SD: 8; SBP, mean (mm Hg) 153, SD: 19; DBP, mean (mm Hg) 85, SD: 9; BMI, mean 27, SD: 4; Total cholesterol, mean (mmol/l) 6.0, SD: 1.0 (n=113); more health status measures
Saver, 2007	Control	Mean: 54.5	205 (100)	White: 164 (80), Black: 25 (12), Asian: 8 (4), Other: 8 (4)	Income: \$55,700	NS	Health insurance (98); Home computer (82); Hormone therapy use – Not using (69), Using but reconsidering (9), Using and planning to continue: (22); Taking calcium (66); Exercising regularly (63); Premenopausal (12); Perimenopausal (23); Postmenopausal (44); Hysterectomy (20)
Saver, 2007	Control	Mean: 54.5	205 (100)	White: 164 (80), Black: 25 (12), Asian: 8 (4), Other: 8 (4)	Income: \$55,700	NS	Health insurance (98); Home computer (82); Hormone therapy use – Not using (69), Using but reconsidering (9), Using and planning to continue: (22); Taking calcium (66); Exercising regularly (63); Premenopausal (12); Perimenopausal (23); Postmenopausal (44); Hysterectomy (20)
Saver, 2007	Control	Mean: 54.5	205 (100)	White: 164 (80), Black: 25 (12), Asian: 8 (4), Other: 8 (4)	Income: \$55,700	NS	Health insurance (98); Home computer (82); Hormone therapy use – Not using (69), Using but reconsidering (9), Using and planning to continue: (22); Taking calcium (66); Exercising regularly (63); Premenopausal (12); Perimenopausal (23); Postmenopausal (44); Hysterectomy (20)

	CHESS-MAB: 'Decision Notebook' based on multi- attribute utility theory	Mean: 54.6	204 (100)	White: 175 (86), Black: 10 (6), Asian: 6 (3), Other: 6 (3)	Income \$61,900	NS	Health insurance (94); Home computer (87); Hormone therapy use – Not using (51), Using but reconsidering (14), Using and planning to continue (36); Taking calcium (67); Exercising regularly (67); Premenopausal (12); Perimenopausal (14); Postmenopausal (51); Hysterectomy (24)
Montgomery, 2007 ⁵⁷	Control	Mean: 32.4, Range: 4.6	247 (100)	NS	<t20: (18),<="" 42="" td="">£20-30: 53 (23),£30-40: 51 (22),>£40: 89 (38),<t20: (19)<="" 44="" td=""></t20:></t20:>	Degree: 92 (38), GCSE/NVQ1-3: 99 (40) Other3: A level/ HND: 42(17)	
	Information programmed: Women navigated through descriptions and probabilities of clinical outcomes for mother and baby associated with planned vaginal birth, elective Caesarean section, and emergency Caesarean section	Mean: 32.8, Range: 4.7	250 (100)	NS	£20-30: 57 (24), £30-40: 46 (19), >£40: 89 (38)	Degree: 97 (39), A level/ HND:47 (19), GCSE/NVQ1-3: 92 (37)	
	Decision analysis: Mode of delivery was recommended based on utility assessments performed by the woman combined with probabilities of clinical outcomes within a concealed decision tree. Both Interventions were delivered via a laptop computer after brief instructions from a researcher	Mean: 32.5, Range: 4.8	245 (100)	NS	<t20: (20),<br="" 48="">£20-30: 49 (21), £30-40: 44 (19), >£40: 96 (40)</t20:>	Degree: 103 (42), A level/ HND:36 (15), GCSE/NVQ1-3: 97 (40)	

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Napolitano,	Control			NS	NS	NS	
2003 ⁵⁸	Internet based on social cognitive theory and was targeted toward the stages of motivational readiness			NS	NS	NS	9 male 56 female Married White, 41(63) % earning ~ \$50,000, 41(63) Skill using the Internet", 59(9 1) Confidence using the Internet, 36 (55) Skill using-mail, 59 (92.2) Confidence using e-mail, 59 (92.2) Body mass index (M/SD), 26.6/4.29 51 (78) Completed college or postgraduate work, 61 (95.3) Stage distribution, 63 (98.4) Contemplation Preparation, 20(3 1) Minutes of activity (M/SD), 75.4/69.3 Moderate activity Walking, 73.81136.6
Neumann, 2006 ⁵⁹	Control	Mean: 31, Range: 25-38	126(22)	NS	NS	High school degree :310 (54)	BMI 23.5, Range: 21.5-25.6; Injury severity score 1, Range: 1-1; Employed (64); Married, significant other (44); Alcohol use data – Alcohol intake (g/d weekly average) 26, Range: 14- 47, At-risk drinking (47), Alcohol dependence (9), Harmful alcohol use (12), AUDIT score 8(6-11), Binge drinking >6 drinks (53); Motivational stage – Precontemplation (50), Contemplation (30), Action (20); Other substance use – Current tobacco use (60), Illicit drug use (past year) (34), Cannabis 31%, Ecstasy (5), Cocaine (7), Opiates (2), Other illicit drug use (3)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Computer-generated feedback about current drinking status based on information obtained from the AUDIT and RTCQ	Mean: 30, Range: 24-39	112 (20)	NS	NS	High school degree: 309 (55)	BMI 23.1, Range: 21.4-25.6; Injury severity score 1, Range: 1-1; Employed (62); Married, significant other (46); Alcohol use data – Alcohol intake (g/d weekly average) 28, Range: 14- 46, At-risk drinking (50), Alcohol dependence (8), Harmful alcohol use (14), AUDIT score 7(6-11), Binge drinking >6 drinks (54); Motivational stage – Precontemplation (51), Contemplation (28), Action (21); Other substance use – Current tobacco use (60), Illicit drug use (past year) (34), Cannabis (32), Ecstasy (5), Cocaine (6), Opiates (1), Other illicit drug use (5)
Nguyen,	Control				NS	12-16 yrs: 8 (40)	
2008 ⁶⁰	fDSMP	Mean: 70.9,SD: 8.6	9 (45)	White: 20 (100)	NS	>16 yrs: 12 (60)	Not currently employed, or currently disabled or retired 15 (75); Living with spouse or other 13 (65); Currently smoking 1 (5); Distance to clinical site (km) 13.1, SD: 15.7; BMI (kg/m²) 27.7, SD: 6.4; [several disease severity measures]; [several computer / internet skills]
	eDSMP	Mean: 68.0 ± 8.3	8 (39)	White: 18 (95)	NS	12-16 yrs: 10 (50), >16yrs: 9 (50)	Not currently employed, or currently disabled or retired 13 (72); Living with spouse or other 12 (63); Currently smoking 2 (11); Distance to clinical site (km) 20.4, SD: 18; BMI (kg/m²) 29.4, SD: 5.9; [several disease severity measures]; [several computer / internet skills]

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Traditional didactic decision aid providing information about prostate specific antigen (PSA) screening options and outcomes	Mean: 58.5 (5.5)	0	White: 133 (85.8), Black: 6 (3.9), Latino: 7 (4.5), Asian: 4 (2.6), Other: 5 (3.2)	NS	8-12 yrs: 8 (5.2), 12-16yrs: 83 (53,6), >16yrs: 64 (41.3)	Marital status— Married 119 (76.8), Other 36 (23.2); History of cancer – Self 18 (11.6), Family 102 (65.8), Friends 120 (77.4); Concern about prostate cancer – Not at all 14 (9.0), A little 42 (27.1), Somewhat 63 (40.6), Considerable 26 (16.8), Extreme 10 (6.5); No. of previous PSA tests, mean 3.0, SD: 4.8; Pretest choice of PSA 148 (95.5); Who should make medical decisions – Physician only 4 (2.6), Mostly physician 19 (12.3), Physician and patient together 120 (77.4), Mostly patient 11 (7.1),Patient only 1(0.6); Pretest treatment preference – Intervention 102 (65.8), Watchful waiting 53 (34.2) [also Internet access at home and work]
Chronic disease trajectory model for prostate cancer followed by a time–trade-off exercise	Mean: 58.4 (5.6)	0	White: 127 (83.0), Black: 2 (1.3), Latino: 15 (9.8), Asian: 7 (4.6), Other: 2 (1.3)	NS	8-12 yrs: 6 (3.9), 12-16 yrs: 75 (49.0), >16yrs: 72 (47.0)	Marital status – Married 114 (74.5), Other 39 (25.5); History of cancer – Self 12 (7.8), Family 101 (66.0), Friends 114 (74.5); Concern about prostate cancer – Not at all 15 (9.8), A little 49 (32.0), Somewhat 56 (36.6), Considerable 26 (17.0), Extreme 7 (4.6); No. of previous PSA tests, mean 2.1, SD: 2.6; Pretest choice of PSA 148 (96.7); Who should make medical decisions – Physician only 3 (2.0), Mostly physician 20 (13.1), Physician and patient together 119 (77.8),Mostly patient 9 (5.9), Patient only 2 (1.3); Pretest treatment preference – Intervention 101 (66.0), Watchful waiting 52 (34.0); [also Internet access at home and work]

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Both the didactic decision aid and the chronic disease trajectory model	Mean: 58.8 (5.4)	0	White: 133 (87.5), Black: 5 (3.3), Latino: 4 (2.6), Asian: 7 (4.6), Other: 3 (2.0)	NS	8-12 yrs: 7 (4.6), 12-16 yrs: 66 (43.4), >16yrs: 79 (52.0)	
	Internet group patients in the Internet group were provided with computer and Internet access. Women sent blood glucose and other health data directly to their care providers via the Internet and received information/advice from their health care provider	Mean: 46.8, SD: 8.8	14 (56)	NS	NS	NS	See text box above
Ojima, 2003 ⁶¹	Control			NS	NS	NS	
	Experimental (group E) received Web-based follow-up as well as two occasions of face-to-face tooth brushing instruction and telephone follow-up			NS	NS	NS	
Parati, 2009 ⁶²	Control	Mean: 58.1, SD: 10.8	52 (45.9)	NS	NS		BMI, mean: 26.9, SD: 3.6; Treated HTN patient, 85 (76.6); Clinic SBP, mean: 148.7, SD: 11.7; Clinic DBP, mean 88.8, SD: 8.6; Daytime SBP, mean 140.3, SD: 10.5; Daytime DBP, mean: 84.3, SD: 8.2
Patten, 2006{ ⁶³	Control				NS		

	Clinic-based, brief office intervention consisting of four individual counseling sessions	Mean: 15.8, Median: 16, Range: 11-18	34 (49)	White: (86)		<8 yrs: (9), 9th grade: (25), 10-11: (54), >12: (13)	
	Stomp Out Smokes (SOS), an Internet, home-based intervention	Mean: 15.7, Median: 16, Range: 12-18	35 (50)	White: (90)	NS	<8 yrs: (16), 9th grade: (21), 10-11: (50), >12: (13)	
	BP management based on HBPM combined with teletransmission of home self-measured BP values in between the scheduled clinic visits	Mean: 57.2, SD: 10.7	85 (45.5)	NS	NS		BMI, mean: 26.9, SD: 4.1; Treated HTN patient 148 (79.1); Clinic SBP, mean 148.4, SD: 12.6; Clinic DBP, mean 88.7, SD 7.4; Daytime SBP, mean 139.4, SD: 11.0; Daytime DBP, mean 83.9, SD: 8.0
Peters, 2006{	Control	Mean: 32.9	(50.5)	NS	NS	<8 yrs: 309 (100)	Household size 4.6
	Early diagnosis and prevention system: While patients were waiting to be seen by the health worker, the computer operator assessed the patient's vital statistics and asked a series of questions about the presenting complaint and a review of their physiological systems	Mean: 38.1	(56.8)	NS	NS	<8 yrs: 296 (100)	Household size 4.4
Piette, 2000 ⁶⁵	Control	Mean: 53.3	56.5	White: (29), Hispanic: (51.6), Other: (19.4)	< \$10000 :(56.3)	NS	

	In addition to usual care, intervention patients received biweekly ATDM calls with telephone follow-up by a diabetes nurse educator. Patients used the ATDM calls to report information about their health and self-care and to access self-care education. The nurse used patients' ATDM reports to allocate her time according to their needs	Mean: 55.7	61.3	White: (29), Hispanic: (47.6), Other: (23.4)	< \$10,000: (59.1)	NS	
Priebe, 2007 ⁶⁶	Control	Mean: 41.8	83 (35.2)	NS	NS	NS	Condition – Undifferentiated schizophrenia 89 (37.7), Paranoid schizophrenia 63 (26.7), Catatonic schizophrenia 4 (1.7), Hebephrenic schizophrenia 10 (4.2), Schizoaffective manic 7 (3.0), Schizoaffective depression (moderate) 9 (3.8), Schizoaffective depression (severe) 2 (0.8), Schizoaffective bipolar disorder 9 (3.8), Delusional disorder 2 (0.8), Other non-organic psychotic disorders 41 (17.4)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	In the intervention group, clinicians used DIALOG, a computer-mediated procedure, to discuss 11 domains with their patients	Mean: 42.5	88 (32.5)	NS	NS	NS	Condition – Undifferentiated schizophrenia 91 (33.6), Paranoid schizophrenia 89 (32.8), Catatonic schizophrenia 1 (0.4), Hebephrenic schizophrenia 7 (2.6), Schizoaffective manic 19 (7.0), Schizoaffective depression (moderate) 9 (3.3), Schizoaffective depression (severe) 3 (1.1), Schizoaffective bipolar disorder 15 (5.5), Delusional disorder 1 (0.4), Other non-organic psychotic disorders 36 (13.3)
Quinn, 2008 ⁶⁷	Control	Range: 20–54 (6); 55–64 (7)	8	White: 7, Black: 6	NS	NS	Yrs with diabetes, mean 11; Body mass index, mean (kg/m²)= 34.58; Comorbid conditions – Hypertension 8, Hyperlipidemia 6, Coronary artery disease 0, Microvascular complications 4; Medication treatment regimen – Oral hypoglycemic alone 7, Insulin alone 4, Insulin and oral hypoglycemic 0, Injectable non- insulin 1; Physician specialty – Primary care 8, Endocrinology 5
	Cell phone-based diabetes management software system used with Web-based data analytics and therapy optimization tools	Range: 20–54 (8), 55–64 (5)	9	White: 3, Black: 10	NS	NS	Yrs with diabetes, mean 7.61; Body mass index, mean (kg/m²)= 34.07; Comorbid conditions— Hypertension 8, Hyperlipidemia 8, Coronary artery disease 1, Micro-vascular complications 4; Medication treatment regimen — Oral hypoglycemic alone 3, Insulin alone 4, Insulin and oral hypoglycemic 60, Injectable non-insulin 6; Physician specialty — Primary care 12, Endocrinology 1

Roumie, 2006 ⁶⁸	Control	Mean: 65.1, SD: 11.9	11 (3.4)	NS	NS	NS	
	Provider education (same as control) + alert 1-time patient- specific electronic notification that was sent by the pharmacy to the prescribing provider through each eligible patient's electronic medical record over a 1-week period in June 2004	Mean: 65.5, SD: 12.0	15 (2.7)	NS	NS	NS	
	Provider education (same as control) + alert (same as Arm B) + patient education: personalized letter that contained educational information concerning hypertension	Mean: 64.6, SD: 12.6	19 (4.0)	NS	NS	NS	
Rothert, 2006 ⁶⁹	Control				NS	NS	
	Tailored expert system condition: Outcomes of an Internet-based expert system vs. a user-navigated, information- only program for weight management		(82.9) of 1475	White: (56.8), Black: (35.4), Latino: (3.4), Other: (4.4)			BMI (kg/m²) 33.0 (3.8); Motivation (0-10 scale) 7.2 (2.0); Self-efficacy (1-5 scale) 2.5 (0.8); Weight (kg) 92.2 (14.4)
	Information only condition	Mean: 45.2, SD: 12.0	(82.7) of 1387	White: (56.3), Black: (35.8), Latino: (3.1), Other: (4.8)	NS	NS	BMI (kg/m²) 31.0 (3.9); Motivation (0-10 scale) 7.3 (2.1); Self-efficacy (1-5 scale) 2.5 (0.8); Weight (kg) 92.5 (14.3)

Ruland, 2003 ⁷⁰	Control			NS	NS		Patients 25; MDs 5
Contamora	In the experimental group, after collecting the demographic data, assessment summaries were printed and given to the patient and clinician in the subsequent consultation Control	Mean: 63.2	(45)	NS White: (72),	NS	NS	Patients 27; MDs 9
Santamore, 2008 ⁷¹			(45)	Black: (26), Other: (2)			
Saver, 2007 ⁷²	Telemedicine System (Insight Telehealth, LLC, Valley Forge, PA), a disease-management interactive healthcare delivery system comprising a secure Internet server and a database: The server contained the clinical status database linked to a browser interface. This arrangement allowed patients to send data directly to their care provider via the Internet and to receive data for disease management from the database	Mean: 62	(43)	White: (69), Black: (28), other: (3)	NS	NS	Hoolth ingurance (09): Home
Saver, 2007	Control	iviean. 54.5	205 (100)	(80), Black: 25 (12), Asian: 8 (4), Other: 8 (4)	Income: \$55,700	INO	Health insurance (98); Home computer (82); Hormone therapy use – Not using (69), Using but reconsidering (9), Using and planning to continue: (22); Taking calcium (66); Exercising regularly (63); Premenopausal (12); Perimenopausal (23); Postmenopausal (44); Hysterectomy (20)

Sevick, 2008 ⁷³	Control						
	Palmone Tungsten/E2 PDAs preloaded with Balancelog®						
Schapira, 2007 ⁷⁴	Control	Mean: 57.8, Range: 7.5	88 (100)	White: 64 (73), Black: 22 (25), Other/unkno wn: 2(2)	<\$19,999: 25 (28), \$20,000-34,999: 32 (36), \$35,000-49,999: 17 (19), \$50,000+: 17 (16)	<8 yrs: 2 (2), 8-12 yrs: 17 (19), 12-16 yrs: 57 (65), >16 yrs: 12 (14)	Prior HT use — Current user 34 (39), former user 35 (40) never user 19 (22); Prior hysterectomy 44 (50); Baseline menopausal attitudes — Problem (1-5 range) 3.2, SD: 0.69, Control (1-5 range) 2.3, SD: 0.57
	Computer-based decision aideasy to use and retained risk information incorporated from emerging scientific data	Mean: 57.8, SD: 7.2	89 (100)	White: 64 (72), Black: 24 (27), Unknown: 1(1)	<\$19,999: 31 (35), \$20,000-34,999: 22 (25), \$35,000-49,999: 19 (21), \$50,000+: 17 (19)	< 8y rs: 4 (5), 8-12 yrs: 20 (23), 12-16 yrs: 56 (64), >16yrs: 9 (10)	Prior HT use — Current user 2 (33), former user 37 (42), never user 23 (25); Prior hysterectomy 42 (47); Baseline menopausal attitudes — Problem (1-5 range) 3.1, SD: 0.78, Control (1-5 range) 2.4, SD: 0.53
Schumann, 2008 ⁷⁵	Control			NS	NS	NS	
	Tailored, TTM-based			NS	NS	NS	
Shea, 2007 ⁷⁶	Control	Mean: ~71, Median: ~70		NS	NS	NS	
	Participants randomized to the intervention group received a home telemedicine unit (HTU) developed specifically for Ideatel (American Telecare, Inc., Eden Prairie, MN). The HTU consisted of a Web- enabled computer with modem connection to an existing telephone line	Mean: ~71, Median: ~70					

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

Smith, 2008 ⁷⁷	Control		13 (29)	NS	NS		Specialty – Internal Medicine, 25 (56), Family Medicine 32 (71); Years in practice 15, Range 1-34
	Diabetes Electronic Management System (DEMS)virtual consultation		19 (39)	NS	NS		Specialty – Internal Medicine 25 (51), Family Medicine 24 (49), Years in practice 13, Range 3-42
	Telemedicine consult on patients with chronic wounds	Mean: 54.9 (± 10.8)	8	NS	NS	NS	Nature of wound – Pressure sore 10, Venostasis ulcers 1, Arterial ulcers but no diabetes 0, Diabetic foot 4
Stevens, 2008 ⁷⁸	Control	Mean: 13.9, SD: 2.2	(54)	White: 312 (36), Black: 499 (57), Latino: 33 (4), Other: 34 (4)	NS	NS	Medicaid as their insurance provider 672 (77); Had commercial insurance 133 (15); Had no insurance 59 (7)
	Computerized behavioral screening (the Health eTouch system)	Mean: 13.9, SD: 2.2	(54)	White: 312 (36), Black: 499 (57), Latino: 33 (4), Other: 34 (4)	NS	NS	Medicaid as their insurance provider 672 (77); Had commercial insurance 133 (15); Had no insurance 59 (7)
Subramanian, 2004 ⁷⁹	Control	Mean: 69, SD:9	(3)	NS	NS	NS	
	Computer-based care suggestions generated with EMR data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits	Mean: 69, SD :9	(2)	NS	NS	NS	

Taenzer, 2000 ⁸⁰		Mean: 64.4	9 of 26	NS	NS	NS	
Tate, 2006 ⁸¹	Patients completed a computerized version of the European Organization for Research and Treatment of Cancer (EORTC) QLQ-C30 questionnaire in order to provide the clinic staff with quality-of-life information prior to the clinic appointment Control	Mean: 65.6	10 of 27	NS	NS NS	NS	
Tate, 2006	Web site and NC: No	Mean: 49.9,	55 (82)	Minority	NS .	College	Married 49 (73); Weight (kg)
	counseling Internet	Range: 8.3	33 (GZ)	ethnicity: 6 (9)		graduate: (49)	88.3, SD: 13.9; BMI 32.3, SD: 3.7; Waist circumference (cm) 106.4, SD: 11.3; Internet experience (yrs) 4.7, SD: 2.9; Weekly Internet use (hrs) 4.5, SD: 4.9
	Computer-automated e-mail feedback (AF) tailored computer automated feedback	Mean: 49.7, Range: 11.4	53 (87)	Minority ethnicity: 6 (10)	NS	College graduate: (59)	Married 46 (75); Weight (kg) 89.0, SD: 13.2; BMI 32.7, SD: 3.5; Waist circumference (cm) 107.6, SD: 11.2; Internet experience (yrs) 4.4, SD: 2.2; Weekly Internet use (hrs) 5.0, SD: 4.2
	Web site and HC human e-mail counseling	Mean: 47.9, Range: 9.8	54 (84)	Minority ethnicity: 8 (13)	NS	College graduate: (56)	
Taylor, 2008 ⁸²	Control	Median: 29 years		NS	NS	NS	Male (14), Seniority Resident (12), Senior Resident (5), Registrar (7), Emergency physician (3)
	EI, electronic interface	Median: 30 years		NS	NS	NS	Male (10), Resident (5), Senior resident (6), Registrar (10), Emergency physician (2)

Thomas, 2004 ⁸³	Control	Mean: 42.4	66	NS	NS	NS	Married/cohabiting (60); Home owners/occupiers (63); Car owners (84); Living comfortably (15); with long-standing disability/infirmity (66)
	Participants completed a computerized psychosocial assessment that generated a report for the GP, including patient-specific treatment recommendations	Mean: 43.5	72	NS	NS	NS	Married/cohabiting (58); Home owners/occupiers (61); Car owners (79); Living comfortably (16); Long-standing disability/infirmity (61)
Tjam, 2006 ⁸⁴	Control		11 (55.0)	NS	NS	<8 yrs: 8 (40.0), 8-12 yrs: 3 (15.0), 12-16 yrs: 9 (45.0)	Age (yrs) >=65, 6 (30.0); Marital status – Married 14 (70.0), Not married 6 (30.0); Living arrangement – Living with spouse or other 19 (95.0), Live alone 1(5.0); Employment status – Working full- or parttime 8 (40.0), Not working outside of home 9 (45.0), Did not respond 3(15.0); Drinking problem – Yes 1 (5.0); Smoking – Yes 3 (15.0); Selfperceived poor health – Yes 1 (5.3); Trade-offs (daily living vs. medical care) – Yes 2 (11.1); Informal support services (e.g., living with patient) 19 (95)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Interactive Internet program		19 (51.4)	NS	NS	<8 yrs: 8 (21.6), 8-12 yrs: 5 (13.5), 12-16 yrs: 24 (64.9)	Age (yrs) >=65, 4 (10.8); Marital status – Married 30 (81.1), Not married 7 (18.9); Living arrangement – Living with spouse or other 36 (97.3), Live alone 1(2.7); Employment status – working full- or part- time 24 (64.9), Not working outside of home 9(24.), Did not respond 4(10.8); Drinking problem – Yes 2 (5.4); Smoking – Yes 7 (18.9); Self- perceived poor health – Yes 4 (10.8); Trade-offs (daily living vs. medical care) – Yes 4 (10.8); Informal support services (e.g., living with patient) 36 (97.3)
Tierney, 2003 ⁸⁵	Control	Mean: 60, SD: 13	(66)	Black: (59)	NS	NS	Primary care visits during the study, mean 4.5, SD: 3.5; Enrolled patients completing the 12-month interview 119 (66)
	Physician intervention	Mean: 61, SD: 12	(61)	Black: (54)	NS	NS	Primary care visits during the study 5.3, SD: 4.1; Enrolled patients completing the 12-month interview 142 (72)
	Pharmacist intervention	Mean: 57, SD: 12	(68)	Black: (55)	NS	NS	Primary care visits during the study 4.8, SD: 3.7 Enrolled patients completing the 12-month interview 107 (68)
Tierney, 2005 ⁸⁶	Control	Mean: 52, SD: 13	71	Control White: 61	NS	Mean yrs: 9.9, SD,: 3.0	COPD (74)
	Physician intervention	Mean: 50, SD: 14	77	White: 55	NS	Mean yrs: 10.1, SD: 2.9	COPD (70)
	Pharmacist intervention	Mean: 51, SD: 14	68	White: 56	NS	Mean yrs: 10.8 SD: 2.7	COPD (63)
	Both interventions	Mean: 51, SD: 14	71	White: 59	NS	Mean yrs: 10.4 SD: 2.9	

Trautmann,	Control			NS	NS		
2008 ⁸⁷	Computer-delivered CBT (6 sessions) + 6 chat sessions with the trainer	Mean: 13.4, SD: 2.6			NS		
	Computer-delivered education+ chat	Mean: 13.4, SD: 2.6		NS	NS		
Tuil, 2007 ⁸⁸	Control	Mean: Male=36.92, Female=32.5	40	NS	NS	NS	Doing paid work — Male (92), Female (85); Having first IVF treatment –Male 90; Female 88; With higher education — Male 49, Female 40
	Internet-based personal health record	Mean: Male=36.04, Female=32.8	51	NS	NS	NS	Doing paid work – Male: (96), Female (93); Having first IVF treatment – Male (93), Female (91); With higher education – Male (46), Female (49)
Wakefield, 2008 ⁸⁹	Control				NS		
	Telephone	Mean: 72, SD: 9.2	0	White: 12 (86), Black: 2(14)		<8 yrs: 0 8-12 yrs: 4 (29) 12-16 yrs: 4 (29) >16 yrs: 6 (43)	Mini-Mental Status Exam (MMSE) 27.1, SD: 2.1; Marital status – Married 7 (50), Divorced 2 (14), Other 5 (35)
	Videophone	Mean: 68.1, SD: 8.3	0	White: 14 (100)	NS	<8 yrs: 1 (7), 8-12 yrs: 2 (14), 12-16 yrs: 8 (57), 16 yrs: 3 (21)	Mini-Mental Status Exam (MMSE) 28.5, SD: 1.8; Marital status – Married 11 (79), Divorced 2 (14), Other 1 (7)
Williams, 2007 ⁹⁰	Control	Mean: 64.6		NS	NS	NS	
	Patient-centered, computer-assisted diabetes care intervention	Mean: 61.4		NS	NS	NS	

Williamson, 2006 ⁹¹	Control				NS	NS	
	Interactive behavior therapy			NS	NS	NS	Only information on age was provided, and this was for the entire sample, not by group
	Internet intervention			NS	NS	NS	
Winzelberg, 2000 ⁹²	Control	Range: 18-33	29	White: (53), Black: (3), Latino: (35), Asian: (5), Other: (3)	NS	University	
	Internet-delivered computer-assisted health education (CAHE)	Range: 18-33	31	White: (53), Black: (3), Latino: (35), Asian: (5), other: (3)	NS	University	
Woods, 1999 ⁹³	Control	Mean: 33.32, SD: 10.23	33 (55)	NS	NS	mean, yrs: 12.62, SD: 2.25	Insurance status – Medicaid: 25 (41.7), Medicare 4 (6.7), Private insurance 11 (18.3), Medicaid/Medicare 12 (20.0), Other 1 (1.7), None 7 (11.7); Employment status – Employed 13 (21.7), Unemployed 47 (78.3); Genotype – HbSS 49 (81.7), HbSC 7 (11.7), HbSbthal 3 (5.0), Other 1 (1.7); Hydroxyurea treatment – Yes 29 (48.3) No 31 (51.7); Complications – Cardiomyopathy 4(7.0), Other 0 (0)

Evidence Table 16. Participant characteristics of studies addressing intermediate outcomes (continued)

	Telemedicine	Mean: 29.37, SD: 10.18	36 (30)	NS	NS	Mean, yrs: 12.03 SD: 2.39	Insurance status — Medicaid 43 (1.7), Medicare 4 (6.7), Private insurance 6 (10.0), Medicaid/Medicare 6 (10.0), Other 1 (1.7), None 0 (0.0); Employment status — Employed 17 (28.3), Unemployed 43 (71.7), Genotype — HbSS 57 (95.0), HbSC 1 (1.7), HbSbthal 2 (3.3), Other 0 (0.0); Hydroxyurea treatment — Yes 45 (75.0), No 15 (25.0); Complications — Cardiomyopathy 0 (0.0), Other — 0 (0)
Yardley, 2007 ⁹⁴	Control	Mean: 65-97	94 (69)	NS	NS	NS	Self-rated balance – Good 13 (9.5), Unsteadiness 97 (71); Poor vision 34 (25); Take >= 4 medications 60 (44)
	Interactive web-based program that tailored advice about undertaking strength and balance training (SBT) activities	Mean: 65-97	90 (63)	NS	NS	NS	Self-rated balance – Good 11 (8), Unsteadiness 97 (71); Poor vision 43 (30); Take >= 4 medications 51 (35)
Yeh, 2008 ⁹⁵	Control				NS		
	Internet-based integrated patient education system with pharmaceutical education for diabetes management	Mean: 56.81, SD: 15.58	25 (50)	Asian: 50 (100)	NS	<8 yrs: 19 (38), 8-12 yrs: 9 (18), College or university: 19(38), Master or PhD: 1 (2), Otherilliterate 2 (4)	Duration of diabetes (yrs) 8.84, SD: 7.9

A level/HND: Advanced level/higher national diploma; AF: Air Force, ATDM: Automated telephone disease management, BIT: Behavioral Internet treatment, BM: Body mass index, BP: blood pressure, BZD: benzodiazepines, CAHE: Computer-assisted health education, CBT: , CD: , CDSS: Clinical decision support system, CHESS SCRP: Comprehensive Health Enhancement Support System for Smoking Cessation and Relapse Prevention, CHESS-MAB: CHESS for Menopause and Beyond, CHF: Congestive heart failure, cm: Centimeter, DEMS: Diabetes Electronic Management System, DIALOG: Clinical dialogue, DBP: Diastolic blood pressure, DMS: Diabetes Management System, E2 PDAs: , PDA: Personal digital assistants, eDSMP: Dyspnea self-management programs—Internet-based, E1: Electronic interface, EMR: Electronic medical record, EORTC: European Organization for Research and Treatment of Cancer, fDSMP: Face-to-face dyspnea self-management program, FT: fulltime, GP: General practictioner, h: Hour, HbA1c: Glycated hemoglobin, HBPM: Home blood pressure monitoring, HbSbthal: Hemoglobin S beta-thalasemia, HbSC: hemoglobin genotype SC, HbSS: hemoglobin genotype SS, HC: , HL: , HS: high school, HT: Hormone therapy, HTN:

Hypertension, HTU: Home telemedicine unit, IMPACT: Interactive Multimedia Program for Asthma Control and Tracking, Inc: incorporated, IVD: Interactive video disk, IVR: Interactive voice response, kg/m²: kilogram per square meter, km: Kilometer, KT: Kenkou-tatsujin, LLC: Limited liability company, MD: Medical degree, mm Hg: Millimeters mercury, MMSE: Mini Mental Status Exam, MN: Minnesota, n or No.: Number, NC: No counseling, NS: Not specified, PA: Pennsylvania, P'ASMA: Portal for assessment and self-management of asthma, PSA: Prostate-specific antigen, PT: Parttime, pt: Patient, QLQ: Quality-of-life questionnaire, RM: Results manager, SBT: Strength and balance training, SD: standard deviation, SMBG: Self-monitoring of blood glucose, SMS: Short message service, SOS: Stomp Out Smokes, SSRI: Selective serotonin reuptake inhibitor, SBP: Systolic blood pressure, TCA: Tricyclic antidepressants, TSM: TSM tailored self-management, TTM: Transtheoretical model, TTYD: TalkToYourDoc.

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Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Adachi,	Body weight	Group B: Self-help			54		-0.3	< 0.05
2007^{1}	(kg) change at 1	booklet only						
	month	Group KM: Kenkou-			46		-1.1	< 0.05
		tatsujin ('T) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
	Body weight	Group K: KT program			47		-0.9	
	(kg) change at 1	only						
	month	Group BM: An un-			58		-0.5	Not
		tailored self-help						signifi
		booklet with -month						cant
		self-monitoring of						
		weight and walking						
	Body weight	Group B: Self-help			54		-1.4	< 0.05
	(kg) change at 7	booklet only						
	months	Group KM: Kenkou-			46		-2.9	< 0.05
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		-2.2	
		only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group BM: An un-			58		-1.6	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	BMI (kg/m²)	Group B: Self-help			54		-0.14	
	change at 3	booklet only						
	months	Group KM: Kenkou-			46		-0.93	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		-0.38	
		only						
		Group BM: An un-			58		-0.2	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	BMI (kg/m²)	Group B: Self-help			54		-0.5	
	change at 7	booklet only						
	months	Group KM: Kenkou-			46		-1.22	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group K: KT program			47		-0.86	
		only						
		Group BM: An un-			58		-0.68	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	% weight loss	Group B: Self-help			54		-2.2	
	(%) at 1 month	booklet only						
		Group KM: Kenkou-			46		-1.8	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		-1.5	
		only						
		Group BM: An un-			58		-0.8	
		tailored self-help						
		booklet with 7-onth						
		self-monitoring of						
		weight and walking						
	% weight loss	Group B: Self-help			54		-4.1	
	(%) at 7 months	booklet only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Tuda maa udi a u		e n	e	After	Measu	value
		Intervention			measur e	Withdrawal s)	re	
		Group KM: Kenkou-			46	3)	4.7	
		tatsujin (KT) program			10		,	
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		-3.3	
		only						
		Group BM: An un-			58		-2.6	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	Reduction	Group B: Self-help			54		-15.8	Not
	quotient (%) at 1 month	booklet only						signifi cant
		Group KM: Kenkou-			46		-13	< 0.05
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring					10.0	
		Group K: KT program			47		-10.8	
		only			~ 0			37
		Group BM: An un-			58		-5.7	Not
		tailored self-help						signifi
		booklet with 7-month						cant
		self-monitoring of						
		weight and walking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Reduction	Group B: Self-help			54		10	Not
	quotient (%) at	booklet only						signifi
	7 months							cant
		Group KM: Kenkou-			46		-35	< 0.05
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		-23.1	
		only						
		Group BM: An un-			58		-18.3	Not
		tailored self-help						signifi
		booklet with 7-month						cant
		self-monitoring of						
		weight and walking						
	5% weight loss	Group B: Self-help			54		10	
	at 3 months	booklet only						
		Group KM: Kenkou-			46		30.6	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		20.5	
		only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group BM: An un-			58		17	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	5% weight loss	Group B: Self-help			54		20	
	at 7 months	booklet only						
		Group KM: Kenkou-			46		38.9	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		31.8	
		only						
		Group BM: An un-			58		24.5	
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	7 % weight loss	Group B: Self-help			54		4	
	at 3 months	booklet only						
		Group KM: Kenkou-			46		16.7	=<0.1
		tatsujin (KT) program						0
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group K: KT program			47		4.5	< 0.10
		only						
		Group BM: An un-			58		3.8	< 0.10
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	7 % weight loss	Group B: Self-help			54		10	
	at 7 months	booklet only						
		Group KM: Kenkou-			46		19.4	N/S
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47		15.9	Not
		only						signifi
								cant
		Group BM: An un-			58		7.5	Not
		tailored self-help						signifi
		booklet with 7-month						cant
		self-monitoring of						
		weight and walking						
	Self-related	Group B: Self-help			54			
	habits and	booklet only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	weight loss:	Group KM: Kenkou-			46	64.8	63.7	
	Body weight	tatsujin (KT) program						
	(kg)	with 6 months of						
		weighing and targeted						
		behavior's self-						
		monitoring						
		Group K: KT program			47	64.8	63.7	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self monitoring of						
		weight and walking						
	Body weight	Group B: Self-help			54			
	(kg): Improved	booklet only						
	eating habits	Group KM: Kenkou-			46	64.3	63	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	64.3	63	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Body weight	Group B: Self-help			54			
	(kg):	booklet only						
	Unimproved	Group KM: Kenkou-			46	66.2	65.9	
	eating habits	tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	66.2	65.9	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 70-month						
		self-monitoring of						
		weight and walking						
	Body weight	Group B: Self-help			54			
	(kg): Improved	booklet only						
	exercise habits	Group KM: Kenkou-			46	64.4	63.2	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	64.4	63.2	
		only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	Body weight	Group B: Self-help			54			
	(kg): -	booklet only						
	Unimproved	Group KM: Kenkou-			46	66.8	66.5	
	exercise habits	tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	66.8	66.5	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	Self-related	Group B: Self-help			54			
	habits and	booklet only						
	weight loss:	Group KM: Kenkou-			46	26.1	25.7	
	BMI (kg/m²)	tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Group K: KT program			47	26.1	25.7	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help			54			
	Improved eating	booklet only						
	habits	Group KM: Kenkou-			46	25.9	25.4	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	25.9	25.4	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help			54			
	Unimproved	booklet only						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	eating habits	Group KM: Kenkou-			46	26.8	26.6	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	26.8	26.6	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						
	BMI (kg/m²):	Group B: Self-help			54			
	Improved	booklet only						
	exercise habits	Group KM: Kenkou-			46	26	25.5	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	26	25.5	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
				e	s)			
	BMI (kg/m^2):	Group B: Self-help			54			
	Unimproved	booklet only						
	exercise habits	Group KM: Kenkou-			46	26.6	26.5	
		tatsujin (KT) program						
		with 6 months of						
		weighing and targeted						
		behavior self-						
		monitoring						
		Group K: KT program			47	26.6	26.5	
		only						
		Group BM: An un-			58			
		tailored self-help						
		booklet with 7-month						
		self-monitoring of						
		weight and walking					20.7	
Apkon,	Healthcare	Usual care			704		30.7	
2005^{2}	opportunities	Coupler			721		33.9	0.12 as
	fulfilled							compa
								red to
	<u> </u>	** 1			5 0.4		20.4	Arm A
	Screening/preve	Usual care			704		30.4	0.02
	ntion	Coupler			721		34.8	0.02 as
	opportunities							compa
	fulfilled							red to
	A / 1 .	TT 1			704		22.6	Arm A
	Acute/chronic	Usual care			704		32.6	
	opportunities fulfilled	Coupler			721		27.7	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Total	Usual care	US dollars		704		698	
	costs/resource	Coupler	US dollars		721		789	0.05 as
	consumption							compa
	_							red to
								Arm A
	Costs:	Usual care	US dollars		704		292	
	Ambulatory	Coupler	US dollars		721		307	0.17 as
	visits							compa
								red to
								Arm A
	Costs:	Usual care	US dollars		704		31	
	Laboratory	Coupler	US dollars		721		43	0.04 as
	testing							compa
								red to
								Arm A
	Costs:	Usual care	US dollars		704		29	
	Siagnostic	Coupler	US dollars		721		31	0.26 as
	imaging							compa
								red to
								Arm A
	Costs:	Usual care	US dollars		704		164	
	Pharmacy use	Coupler	US dollars		721		203	0.03 as
								compa
								red to
								Arm A
	Speed,	Usual care	Score		792		4.19	

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Tear		Intervention		e ii	measur e	Withdrawal s)	re	varue
	efficiency, courtesy during visit	Coupler	Score		781		4.17	0.23 as compa red to Arm A
	Satisfaction	Usual care			792		4.37	
	with health care provider	Coupler	Score		781		4.4	0.82 as compa red to Arm A
	Overall visit	Usual care			792			
	assessment	Coupler	Score		781		4.27	0.74 as compa red to Arm A
Barnabei, 2008 ³	Providers able to convey HT information to patients	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147			
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141			0.12
	Level of relevance of patients questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		3.5	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Patients undergoing	Ordinal scale	151	141		3.8	0.03
		menopausal HT who	units (1 to 5					
		had access to TTYD	with "5" the					
		Web site	highest					
			response)					
	Level of	Patients undergoing	Ordinal scale	154	147		3.7	
	patients	menopausal HT who	units (1 to 5					
	engagement	did not have access to	with "5" the					
	regarding	TTYD Web site	highest					
	discussion of		response)					
	HT	Patients undergoing	Ordinal scale	151	141		3.7	0.05
		menopausal HT who	units (1 to 5					
		had access to TTYD	with "5" the					
		Web site	highest					
			response)					
	Level of	Patients undergoing	Ordinal scale	154	147		3.8	
	appropriateness	menopausal HT who	units (1 to 5					
	of medical	did not have access to	with "5" the					
	history convey	TTYD Web site	highest					
	by patient		response)					
		Patients undergoing	Ordinal scale	151	141		3.8	0.03
		menopausal HT who	units (1 to 5					
		had access to TTYD	with "5" the					
		Web site	highest					
			response)					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Level of satisfaction of discussion with patient	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147	,	3.7	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		3.7	0.01
	Efficiency of visit compared with other visits	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		3.1	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		3.1	0.04
	Time to complete appointment	Patients undergoing menopausal HT who did not have access to TTYD Web site	Minutes	154	147		20.3	
		Patients undergoing menopausal HT who had access to TTYD Web site	Minutes	151	141		20.3	0.78

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		T		e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
	Number of patients that came to appointment	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147	s)	80	
	with questions	Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141		96	<0.01
	Patient previously seen this provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147		78	
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141		81	0.5
	Decisions regarding HT	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147		43	
		Patients undergoing menopausal HT who had access to TTYD Web site	Decisions regarding HT	151	141		28/69/	0.78
	Patients' feelings about amount of time with provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147		1/76/2	

Author, Year	Outcome	Control	Units	Baselin	Baselin	Final n (n After	Final Measu	P- value
Teal		Intervention		e n	e measur e	Withdrawal s)	re	value
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141		1/69/3	0.43
	Patients' feelings about level of encouragement of provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		4.2	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		4.3	0.3
	Patients' feelings about level satisfaction with answers to	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		4.6	
	questions	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		4.7	0.68
	Patients' feelings about level of positively of interaction with	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		4.5	

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
1 cui		Intervention			measur e	Withdrawal s)	re	varue
	provider	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		4.6	0.23
	Patients' feelings about level of comfort in making decisions about	Patients undergoing menopausal HT who\ did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147		4.2	
	HT	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141		4.3	0.19
Benhamo u, 2007 ⁴	Adherence of patients in performing self-monitored blood glucose (SMBG)	Patients in the control group downloaded self-monitored blood glucose (SMBG) values on a weekly basis without receiving SMS	Glucose values transmitted	30	4.79		4.63	0.054
		Patients in the intervention group received weekly medical support through SMS based upon weekly review of glucose values		30	4.85		4.74	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Bosworth	Estimated % in	Control group	%	143	143	32	43.9	0.18
$,2009^{5}$	BP control	(hypertension						(baseli
		reminder)						ne to
								final)
	Estimated % in	Provider decision	%	151	151	44.9	43.7	0.89
	BP control	support system group						(baseli
	(standard error)							ne to
								final)
		Patient behavioral	%	144	144	44.2	59.5	0.08
		intervention group						(baseli
								ne to
								final)
		Combined provider	%	150	150	36.2	48.1	0.23
		support system and						(baseli
		patient behavioral						ne to
		intervention group						final)
	Estimated mean	Control group	mm Hg	143	143	142	137	0.01
	systolic BP	(hypertension						(Baseli
		reminder)						ne to
								final)
	Estimated mean	Provider decision	mm Hg	151	151	139	137	0.27
	systolic BP	support system group						(baseli
	(standard error)							ne to
								final)
		Patient behavioral	mm Hg	144	144	139	136	0.20
		intervention group						(baseli
								ne to
								final)

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Combined provider	mm Hg	150	150	139	137	0.26
		support system and						(baseli
		patient behavioral						ne to
		intervention group						final)
Buhrman,	Praying or	Waiting-list control			29	10.4	9.9	< 0.05
2004^{6}	hoping	condition						
		Internet-based			22	12	10.5	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Catastrophizing	Waiting-list control			29	13.7	11.8	< 0.05
		condition						
		Internet-based			22	13.6	9.3	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Control over	Waiting-list control			29	2.9	3.7	
	pain	condition						
		Internet-based			22	2.8	3.6	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Ability to	Waiting-list control			29	2.6	3.4	
	decrease pain	condition						
		Internet-based			22	3	3.7	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Life control	Waiting-list control			29	2.7	3.8	< 0.05
		condition						
		Internet-based			22	3.1	3.6	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Punishing	Waiting-list control			29	1.5	1.3	< 0.05
	responses	condition						
		Internet-based			22	1	0.7	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Pairs	Waiting-list control			29	56.3	50.9	< 0.05
		condition						
		Internet-based			22	55	51.7	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
	Depression	Waiting-list control			29	6.6	4.8	< 0.05
		condition						
		Internet-based			22	6.9	5.3	< 0.05
		cognitive-behavioral						
		intervention with						
		telephone support						
Chan,	Number of	Office-based asthma	Mean number	5	1.1	5	0.5	
2003 ⁷	inhalers per	education	(SD)		(0.6)		(0.4)	
	month	Internet-based asthma		5	0.5	5	0.4	
		education			(0.5)		(0.3)	
	Number of	Office-based asthma	Total number	5	293	5	88	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	diary entries	education						
		Internet-based asthma		5	119	5	30	
		education						
Chen,	Attendance rate	Routine medical		619	619			
2008^{8}		procedure						
		participants received no						
		reminder						
		SMS participants		620	615			p-
		received a text message						value=
		delivered through a						0.001
		mobile telephone Short						
		Messaging Service						
		reminder						
		Telephone contact		620	614		88.3	p-
		participants were called						value=
		by the medical						< 0.001
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS participants		620	615			
	effectiveness:	received a text message						
	Time spent	delivered through a						
		mobile telephone Short						
		Messaging Service						
		reminder						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS participants		620	615			
	effectiveness:	received a text message						
	Research	delivered through a						
	assistant	mobile telephone Short						
	salary/hour	Messaging Service						
		reminder						
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS: participants		620	615			
	effectiveness:	received a text message						
	Telecommunica	delivered through a						
	tion cost	mobile telephone Short						
		Messaging Service						
		reminder						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS: participants		620	615			
	effectiveness:	received a text message						
	Total cost	delivered through a						
	incurred	mobile telephone Short						
		Messaging Service						
		reminder						
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS: participants		620	615			
	effectiveness:	received a text message						
	Total	delivered through a						
	cost/patient	mobile telephone Short						
		Messaging Service						
		reminder						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS: participants		620	615			
	effectiveness:	received a text message						
	Total	delivered through a						
	cost/attendance	mobile telephone Short						
		Messaging Service						
		reminder						
		Telephone contact		620	614			
		participants were called						
		by the medical						
		assistants from the						
		health promotion center						
		and there was no other						
		information included in						
		the phone conversation						
	Cost	SMS: participants		620	615			
	effectiveness:	received a text message						
	Ratio of	delivered through a						
	cost/attendance	mobile telephone Short						
		Messaging Service						
		reminder						

Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
			e n				value
	Intervention					re	
					s)		
	_		620	614			
	CHF Patients received						
	healthcare via						
	telemonitoring						
Change in total decisional conflict pre/post	Generic educational materials	Scale 1-5	50	32		0.09	
			1.5	21		0.5	
Adherence to paper diary at 4 weeks	DA	Scale 1-5	45	31		0.7	
Internet diary and Piko-1 at 4 weeks	DA+CC	Scale 1-5	50	36		0.51	
Change in uncertainty scale	Generic educational materials	Scale 1-5	50	32		0.03	
	Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in uncertainty	Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in uncertainty Generic educational materials	Intervention Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in uncertainty Intervention Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Scale 1-5 Scale 1-5 Scale 1-5 Scale 1-5 Scale 1-5 Market All Scale 1-5 Scale 1-5 Market All Scale 1-5 Market A	Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in uncertainty Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Scale 1-5 50 Scale 1-5 50 Scale 1-5 50 Scale 1-5 50	Intervention Contact	Intervention Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in Generic educational materials Re n e measur Withdrawal s) 620 614 Scale 1-5 620 614 Scale 1-5 50 32	Intervention e n e n e measur withdrawal re Telephone contact participants were called by the medical assistants from the health promotion center and there was no other information included in the phone conversation Usual care CHF Patients received healthcare via telemonitoring Change in total decisional conflict pre/post Adherence to paper diary at 4 weeks Internet diary and Piko-1 at 4 weeks Change in Generic educational materials Be n e measur Withdrawal re 620 614 Scale 1-5 50 32 0.09 0.09 0.09 0.09 0.09 0.09 0.01 0.07 0.07 0.07 0.07 0.09 0.01 0.01 0.03

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur e	Withdrawal s)	re	
	I am very interested in using the internet for monitoring asthma	DA	Scale 1-5	45	31		0.48	
	I am very interested in using paper for monitoring asthma	DA+CC	Scale 1-5	50	36		0.84	
	Change in Information	Generic educational materials	Scale 1-5	50	32		0.23	
	scale	DA	Scale 1-5	45	31		1.25	
	It was very easy	DA+CC	Scale 1-5	50	36		0.66	
	to record data Change in Values scale	Generic educational materials	Scale 1-5	50	32		-0.01	
	It was easy to	DA	Scale 1-5	45	31		0.73	
	view data	DA+CC	Scale 1-5	50	36		0.29	
	Change in Support scale	Generic educational materials	Scale 1-5	50	32		0.14	

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
2 3 44		Intervention			measur e	Withdrawal s)	re	, 0.10.0
		DA	Scale 1-5	45	31		0.55	
	I liked to use it	DA+CC	Scale 1-5	50	36		0.47	
	Change in effective choice	Generic educational materials	Scale 1-5	50	32		0.03	
	I liked to use it	DA	Scale 1-5	45	31		0.23	
	very much	DA+CC	Scale 1-5	50	36		0.22	
	Change in satisfaction with	Generic educational materials	Scale 0-100	50	32		56.4	
	process	DA	Scale 0-100	45	31		63.7	
	It was easy to	DA+CC	Scale 0-100	50	36		63.5	
	forget Change in satisfaction with decision made	Generic educational materials	Scale 0-100	50	32		56	
	It was very easy	DA	Scale 0-100	45	31		64.9	
	to forget	DA+CC	Scale 0-100	50	36		61.9	
	Change in self-reported	Generic educational materials	Scale 0-100	50	32		16.1	

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
	knowledge	DA	Scale 0-100	45	31		16.1	
	It may be very useful to me Change in actual knowledge	DA+CC Generic educational materials	Scale 0-100 Scale 1-7	50 50	36 32		42.9 0.41	
	It may contribute to improve asthma control	DA DA+CC	Scale 1-7 Scale 1-7	45 50	31 36		1.94 1.17	
	It may contribute to improve asthma	Internet: Web-based monitoring and decision support tool	%	19			73	
	It may contribute to improve	Paper Internet: Web-based monitoring and decision support tool	%	19			100	
	treatment adherence	Paper	%	19			87	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur	After Withdrawal	Measu re	value
		intervention			e	s)		
	It may contribute to improve	Internet: Web-based monitoring and decision support tool	%	19		,	64	
	treatment adherence	Paper	%	19			53	
	It may contribute to improve asthma	Internet: Web-based monitoring and decision support tool	%	19			100	
	care	Paper	%	19			87	
	It may contribute to improve asthma	Internet: Web-based monitoring and decision support tool	%	19			80	
	care a lot	Paper	%	19			69	
	How many days did you not register	Internet: Web-based monitoring and decision support tool	%	19			0	
	symptoms? None	Paper	%	19			38	
	How many days did you not register	Internet: Web-based monitoring and decision support tool	%	19			14	
	symptoms? 1-2 days	Paper	%	19			13	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	How many days	Internet: Web-based	%	19			86	
	did you not	monitoring and						
	register	decision support tool						
	symptoms?	Paper	%	19			50	
	More than 3							
	days							
Dansky,	Hospitalizations	Patients in the control	% of patients	112			59.5	0
2008, 11		group had routine home	with outcome					
		visits only						
		Patients in the		45			64.4	
		intervention group						
		received telehomecare						
		monitor and video						
	Emergency	Patients in the control	% of patients	112			35.7	< 0.05
	department	group had routine home	with outcome					
	visits	visits only						
		Patients in the		45			68.9	
		intervention group						
		received telehomecare						
		monitor and video						
	Hospitalizations	Patients in the control	% of patients	112			59.5	0
		group had routine home	with outcome					
		visits only						
		Patients in the		127			62.2	
		intervention group						
	re	received telehomecare						
		monitor and video						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Emergency department visits	Patients in the control group had routine home visits only	% of patients with outcome	112		,	35.7	0
		Patients in the intervention group received telehomecare monitor and video		127			70.1	
Delichats ios, 2001 ¹²	Mean intake of fruit using FFQ	Control computer- mediated telephone education program about physical activity	Servings per day		53	2.4	2	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		61	2.8	3.2	<0.05
	Mean intake of vegetables using FFQ	Control computer- mediated telephone education program about physical activity	Servings per day		53	3.5	3.6	
		Intervention computer- mediated telephone education program about nutrition	Servings per day		61	3.8	4.5	
	Mean intake of red/processed meats using FFQ	Control computer- mediated telephone education program about physical activity	Servings per day		53	0.7	0.6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Intervention computer-mediated telephone education program about nutrition	Servings per day		61	0.7	0.5	
	Mean intake of whole fat dairy foods using FFQ	Control computer- mediated telephone education program about physical activity	Servings per day		53	1.4	1.1	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		61	1.6	1	
	Mean intake of whole grain foods using FFQ	Control computer- mediated telephone education program about physical activity	Servings per day		53	0.6	0.7	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		61	0.7	0.7	
	Global diet quality using FFQ	Control computer- mediated telephone education program about physical activity	Score		53	55	55.4	
		Intervention computer-mediated telephone education program about nutrition	Score		61	54.7	64	<0.05

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Mean intake of	Control computer-	g		53	20	18	
	dietary fiber	mediated telephone						
	using FFQ	education program						
		about physical activity						
		Intervention	g		61	21	22	< 0.05
		computer-mediated						
		telephone education						
		program about nutrition						
	Mean intake of	Control computer-	Percent		53	10.3	10.5	
	saturated fat	mediated telephone	energy					
	using FFQ	education program						
		about physical activity						
		Intervention	Percent		61	10.1	8.8	< 0.05
		computer-mediated	energy					
		telephone education						
		program about nutrition						
	Mean intake of	Control computer-	Micrograms		53	316	29	
	folate using	mediated telephone						
	FFQ	education program						
		about physical activity						
		Intervention	Micrograms		61	339	34	
		computer-mediated						
		telephone education						
		program about nutrition						
	Mean intake of	Control computer-	Milligrams		53	795	68	
	calcium using	mediated telephone						
	FFQ	education program						
		about physical activity						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Intervention computer-mediated telephone education program about nutrition	Milligrams		61	806	648	
	Mean intake of iron using FFQ	Control computer- mediated telephone education program about physical activity	Milligrams		53	2020	1619	
		Intervention computer-mediated telephone education program about nutrition	Milligrams		61	14.4	13.6	
	Mean intake of vitamin A using FFQ	Control computer- mediated telephone education program about physical activity	Retinol equivalents		53	2020	1619	
		Intervention computer-mediated telephone education program about nutrition	Retinol equivalents		61	1917	1811	
	Mean intake of vitamin C using FFQ	Control computer- mediated telephone education program about physical activity	Milligrams		53	156	142	
		Intervention computer-mediated telephone education program about nutrition	Milligrams		61	183	183	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Mean intake of beta-carotene using FFQ	Control computer- mediated telephone education program about physical activity	Micrograms		53	####	####	
		Intervention computer-mediated telephone education program about nutrition	Micrograms		61	####	####	
	Mean intake of fruit using Primescreen	Control computer- mediated telephone education program about physical activity	Servings per day		150	1.2	1.5	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		148	1.1	1.5	<0.05
	Mean intake of vegetables using Primescreen	Control computer- mediated telephone education program about physical activity	Servings per day		150	1.2	1.4	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		148	1.3	1.5	
	Mean intake of red/processed meats using Primescreen	Control computer- mediated telephone education program about physical activity	Servings per day		150	0.4	0.4	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Intervention computer-mediated telephone education program about nutrition	Servings per day		148	0.4	0.4	
	Mean intake of whole fat dairy foods using Primescreen	Control computer- mediated telephone education program about physical activity	Servings per day		150	0.5	0.4	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		148	0.6	0.4	
	Mean intake of whole-grain foods using Primescreen	Control computer- mediated telephone education program about physical activity	Servings per day		150	0.4	0.4	
		Intervention computer-mediated telephone education program about nutrition	Servings per day		148	0.4	0.5	
	Mean intake of dietary fiber using Primescreen	Control computer- mediated telephone education program about physical activity	g		150	6	6.2	
		Intervention computer-mediated telephone education program about nutrition	g		148	6.2	7.3	<0.05

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
	25 1 6		0.4		e	s)	11.0	
	Mean intake of	Control computer-	% energy		150	12.2	11.8	
	saturated fat	mediated telephone						
	using Primescreen	education program about physical activity						
	Timescreen	Intervention	% energy		148	12.6	10.7	< 0.05
		computer-mediated	70 energy		140	12.0	10.7	<0.03
		telephone education						
		program about nutrition						
	Mean intake of	Control computer-	μg		150	123	127	
	folate using	mediated telephone						
	Primescreen	education program						
		about physical activity						
		Intervention	μg		148	125	144	< 0.05
		computer-mediated						
		telephone education						
	Managinata	program about nutrition			150	215	226	
	Mean intake of	Control computer-	mg		150	315	336	
	calcium using Primescreen	mediated telephone education program						
	Filliescieen	about physical activity						
		Intervention	mg		148	295	318	
		computer-mediated	1116		110	2,3	310	
		telephone education						
		program about nutrition						
	Mean intake of	Control computer-	mg		150	3.8	3.8	
	iron using	mediated telephone						
	Primescreen	education program						
		about physical activity						

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
7000		Intervention			measur e	Withdrawal s)	re	Varae
		Intervention computer-mediated telephone education program about nutrition	mg		148	4.2	4.2	
	Mean intake of vitamin A using Primescreen	Control computer- mediated telephone education program about physical activity	Retinol equivalents		150	644	648	
		Intervention computer- mediated telephone education program about nutrition	Retinol equivalents		148	621	776	<0.05
	Mean intake of vitamin C using Primescreen	Control computer- mediated telephone education program about physical activity	mg		150	78	75	
		Intervention computer-mediated telephone education program about nutrition	mg		148	74	92	<0.05
Dobke, 2008 ¹³	Satisfaction scores	No telemedicine	Satisfaction and decisional conflict scale scores	15	15		2.53	0.004
		Telemedicine	Satisfaction and decisional conflict sScale scores	15	15		1.13	0.004

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Decisional conflict score	No telemedicine	Satisfaction and decisional conflict scale scores	15	15		35	<0.001
		Telemedicine	Satisfaction and decisional conflict scale scores	15	15		14	<0.001
	Mean	No telemedicine	Minutes	15	15		50	
	consultation duration	Telemedicine	Minutes	15	15		35	<0.01
East,	Morbidity	Non-protocolized	Mods score		NR			
1999 ¹⁴		Protocolized computerized decision support	MODS score		NR			0.04
	Lung injury	Non-protocolized	Barotrauma score		NR			
		Protocolized computerized decision support	Barotrauma Score		NR			<0.000
Feldman, 2005 ¹⁵	Patient skips medicine	Heart failure patients receiving usual care	Adjusted probability	227	227		27.6	
		Heart failure patients whose nurses received e-mail recommendations (basic intervention)	Adjusted probability	199	199		27.7	0.99

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	202	202		25.4	0.604
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient is sure	Heart failure patients	Adjusted	227	227		67.4	
	about when to	receiving usual care	probability					
	take HF	Heart failure patients	Adjusted	199	199		70.3	0.494
	medicine	whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		69.6	0.613
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient	Heart failure patients	Adjusted	227	227			
	recognition of	receiving usual care	probability					
	own HF	Heart failure patients	Adjusted	199	199		No	0.002
	medicines	whose nurses received	probability				Data	
		e-mail						
		recommendations						
		(basic intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	202	202		No	0.023
		whose nurses received	probability				Data	
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient does not	Heart failure patients	Adjusted	227	227		43.9	
	recognize any	receiving usual care	probability					
	of own HF	Heart failure patients	Adjusted	199	199		31.1	
	medicines	whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		34.3	
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient	Heart failure patients	Adjusted	227	227		29.8	
	recognizes up to	receiving usual care	probability					
	half of own HF	Heart failure patients	Adjusted	199	199		30.5	
	medicines	whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	202	202		30.6	
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient	Heart failure patients	Adjusted	227	227		26.3	
	recognizes more	receiving usual care	probability					
	than half of own	Heart failure patients	Adjusted	199	199		38.4	
	HF medicines	whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		35	
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient salts	Heart failure patients	Adjusted	227	227		30.7	
	food	receiving usual care	probability					
		Heart failure patients	Adjusted	199	199		27.6	0.49
		whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	202	202		23.3	0.095
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient's	Heart failure patients	Adjusted	227	227		No	
	weighing	receiving usual care	probability				Data	
	behavior	Heart failure patients	Adjusted	199	199		No	0.352
		whose nurses received	probability				data	
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		No	0.082
		whose nurses received	probability				Data	
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient has no	Heart failure patients	Adjusted	227	227		34.6	
	scale	receiving usual care	probability					
		Heart failure patients	Adjusted	199	199		38.3	
		whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
		TT C . 11		202	e	s)	27.0	
		Heart failure patients	Adjusted	202	202		27.9	
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented intervention)						
	Patient weighs	Heart failure patients	Adjusted	227	227		44	
	self but not	receiving usual care	probability	221	221		44	
	daily	Heart failure patients	Adjusted	199	199		43	
	- Carry	whose nurses received	probability		1,,,			
		e-mail	procuenty					
		recommendations						
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		44.7	
		whose nurses received	probability					
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Patient weights	Heart failure patients	Adjusted	227	227		21.4	
	self daily	receiving usual care	probability					
		Heart failure patients	Adjusted	199	199		18.7	
		whose nurses received	probability					
		e-mail						
		recommendations						
		(basic intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202		27.4	
	KCCQ summary score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227		40.4	
		Heart failure patients whose nurses received e-mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199	199		46.6	0.013
		Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202	202		45.6	0.048
	KCCQ physical limitation domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227		37.8	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	199	199		42.5	0.333
		whose nurses received	score (higher					
		e-mail	score = better					
		recommendations	outcome)					
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		43	0.231
		whose nurses received	score (higher					
		e-mail	score = better					
		recommendations and	outcome)					
		additional resources						
		(augmented						
		intervention)						
	KCCQ	Heart failure patients	Adjusted	227	227		48.6	
	symptom	receiving usual care	score (higher					
	domain score		score = better					
			outcome)					
		Heart failure patients	Adjusted	199			55.6	0.091
		whose nurses received	score (higher					
		e-mail	score = better					
		recommendations	outcome)					
		(basic intervention)						
		Heart failure patients	Adjusted	202	202		53.6	0.277
		whose nurses received	score (higher					
		e-mail	score = better					
		recommendations and	outcome)					
		additional resources						
		(augmented						
		intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	KCCQ percent w/quality of life	Heart failure patients receiving usual care	%	227	227		44.6	
	domain score >=50	Heart failure patients whose nurses received e-mail recommendations (basic intervention)	%	199	199		48	0.407
		Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention)	%	202	202		53.3	0.042
	KCCQ percent w/social	Heart failure patients receiving usual care	%	227	227		27.8	
	limitation domain score >= 50	Heart failure patients whose nurses received e-mail recommendations (basic intervention)	%	199	199		34.8	0.09
		Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention)	%	202	202		35.2	0.064

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	KCCQ percent	Heart failure patients	%	227	227		85.8	
	w/ self efficacy	receiving usual care						
	domain score	Heart failure patients	%	199	199		86.8	0.756
	>=50	whose nurses received						
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	%	202	202		86.3	0.88
		whose nurses received						
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Depression	Heart failure patients	Adjusted	227	227		36.3	
		receiving usual care	score (higher					
			score =					
			presence of					
			depression)					
		Heart failure patients	Adjusted	199	199		37.4	0.802
		whose nurses received	score (higher					
		e-mail	score =					
		recommendations	presence of					
		(basic intervention)	depression)					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Heart failure patients	Adjusted	202	202		36.9	0.888
		whose nurses received	score (higher					
		e-mail	score =					
		recommendations and	presence of					
		additional resources	depression)					
		(augmented						
	F 11 11	intervention)		225	225		20.2	
	Euroqol health-	Heart failure patients	Adjusted	227	227		39.3	
	related quality	receiving usual care	score (higher					
	of life		score = better					
		Heart failure matients	outcome)	199	199		48.9	0.003
		Heart failure patients whose nurses received	Adjusted score (higher	199	199		48.9	0.003
		e-mail	score (finglier score = better					
		recommendations	outcome)					
		(basic intervention)	outcome)					
		Heart failure patients	Adjusted	202	202		40.2	0.777
		whose nurses received	score (higher	202	202		40.2	0.777
		e-mail	score = better					
		recommendations and	outcome)					
		additional resources						
		(augmented						
		intervention)						
	Home care-	Heart failure patients	US follars	227	227		2814	
	related	receiving usual care						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	costs/patient	Heart failure patients	Us follars	199	199		3371	0.062
		whose nurses received						
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	US dollars	202	202		3425	0.058
		whose nurses received						
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Overall	Heart failure patients	US dollars	227	227		4996	
	costs/patient	receiving usual care						
		Heart failure patients	US dollars	199	199		5869	0.084
		whose nurses received						
		e-mail						
		recommendations						
		(basic intervention)						
		Heart failure patients	US dollars	202	202		6330	0.02
		whose nurses received						
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Home care-	Heart failure patients	US dollars	227	227		No	
	related costs in	receiving usual care					data	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	order to	Heart failure patients	US dollars	199	199		183	
	produce a 5%	whose nurses received						
	improvement in	e-mail						
	KĊCQ	recommendations						
	summary score	(basic intervention)						
		Heart failure patients	US dollars	202	202		235	
		whose nurses received						
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
	Overall costs in	Heart failure patients	US dollars	227	227		No	
	order to	receiving usual care					data	
	produce a 5%	Heart failure patients	US dollars	199	199		246	
	improvement in	whose nurses received						
	KĊCQ	e-mail						
	summary score	recommendations						
	-	(basic intervention)						
		Heart failure patients	US dollars	202	202		513	
		whose nurses received						
		e-mail						
		recommendations and						
		additional resources						
		(augmented						
		intervention)						
Feldstein,	Proportion of	Usual care			101		0.9	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
2006 ¹⁶	study	Patient-specific clinical			101		23.8	< 0.01
	population with	guideline advice to the						compa
	BMD	primary care provider						red to
	evaluation only	delivered through an						Arm A
		EMR message (EMR						
		reminder)						
		An EMR reminder to			109		22.9	0.43
		the primary care						compa
		provider plus an						red to
		advisory letter with						Arm B
		educational materials						
		mailed to the patient						
		(patient reminder)						
	Proportion of	Usual care			101		4	
	study	Patient-specific clinical			101		11.9	< 0.01
	population with	guideline advice to the						compa
	osteoporosis	primary care provider						red to
	medication only	delivered through an						Arm A
		EMR message (EMR						
		reminder)						
		An EMR reminder to			109		10.1	0.54
		the primary care						compa
		provider plus an						red to
		advisory letter with						Arm B
		educational materials						
		mailed to the patient						
		(patient reminder)						
	Proportion of	Usual care			101		1	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	study	Patient-specific clinical			101		15.8	< 0.01
	population with	guideline advice to the						compa
	both BMD and	primary care provider						red to
	osteoporosis	delivered through an						Arm A
	medication	EMR message (EMR						
		reminder)						
		An EMR reminder to			109		10.1	
		the primary care						
		provider plus an						
		advisory letter with						
		educational materials						
		mailed to the patient						
		(patient reminder)						
	Proportion of	Usual care			101		5.9	
	study	Patient-specific clinical			101		51.5	< 0.01
	population with	guideline advice to the						compa
	BMD or	primary care provider						red to
	osteoporosis	delivered through an						Arm A
	medication	EMR message (EMR						
		reminder)						
		An EMR reminder to			109			0.88
		the primary care						compa
		provider plus an						red to
		advisory letter with						Arm B
		educational materials						
		mailed to the patient						
		(patient reminder)						
	Total calcium	Usual care	Mg/day		22	1309	851	
	intake (n=22)							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Total calcium	Patient-specific clinical	Mg/day		33	1117	1311	0.02
	intake (n=33)	guideline advice to the						compa
		primary care provider						red to
		delivered through an						Arm A
		EMR message (EMR						
		reminder)						
	Total calcium	An EMR reminder to	Mg/day		32	1221.5	1224.7	0.05
	intake (n=37)	the primary care						compa
		provider plus an						red to
		advisory letter with						Arm A
		educational materials						
		mailed to the patient						
		(patient reminder)						
	Regular activity	Usual care			22	7	10	
	(n=33)							
	Regular activity	Patient-specific clinical			33	9	8	0.17
	(n=41)	guideline advice to the						compa
		primary care provider						red to
		delivered through an						Arm A
		EMR message (EMR						
		reminder)						
	Regular activity	An EMR reminder to			32	11	12	0.55
	(n=42)	the primary care						compa
		provider plus an						red to
		advisory letter with						Arm A
		educational materials						
		mailed to the patient						
		(patient reminder)						

me	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
	Intervention		e n	measur e	Withdrawal s)	re	value
c diture per (n=32)	Usual care			22	2326	1981	
c diture per (n=38)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)			33	3083	2313	0.96 compa red to Arm A
c diture per (n=38)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			32	2614.4	2525.9	0.32 compa red to Arm A
ectives edicine	Qualitative study					More educat e self-manag ers	
ntive unities anus nization	Control usual care Automatic electronic reminders for preventive services to physicians			####			
anus	ion	reminders for preventive services to physicians					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	taken for	Automatic electronic			333		2.8	
	tetanus	reminders for						
	immunization	preventive services to						
		physicians						
	Preventive	Control usual care			####			
	opportunities	Automatic electronic			####			
	for recording of	reminders for						
	allergies	preventive services to						
		physicians						
	Opportunities	Control usual care			682		5	
	taken for	Automatic electronic			991		9	
	recording of	reminders for						
	allergies	preventive services to						
		physicians						
	Preventive	Control usual care			2370			
	opportunities	Automatic electronic			2079			
	for	reminders for						
	pneumococcal	preventive services to						
	immunization	physicians						
	Opportunities	Control usual care			39		1.6	
	taken for	Automatic electronic			58		2.8	
	pneumococcal	reminders for						
	immunization	preventive services to						
		physicians						
	Preventive	Control usual care			####			
	opportunities	Automatic electronic			####			
	for recording of	reminders for						
	weight	preventive services to						
		physicians						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Opportunities	Control usual care			567		4.9	
	taken for	Automatic electronic			654		6.2	
	recording of	reminders for						
	weight	preventive services to						
		physicians						
	Preventive	Control usual care			523			
	opportunities	Automatic electronic			446			
	for MMR	reminders for						
	immunization	preventive services to						
		physicians						
	Opportunities	Control usual care			48		8.2	
	taken for MMR	Automatic electronic			46		10.3	
	immunization	reminders for						
		preventive services to						
		physicians						
	Preventive	Control usual care			9407			
	opportunities	Automatic electronic			8908			
	for smoking	reminders for						
	status	preventive services to						
		physicians						
	Opportunities	Control usual care			171		1.8	
	taken for	Automatic electronic			181		2	
	smoking status	reminders for						
		preventive services to						
		physicians						
	Preventive	Control usual care			4833			

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	opportunities	Automatic electronic			4387			
	for cervical	reminders for						
	smear	preventive services to						
		physicians						
	Opportunities	Control usual care			348		7.2	
	taken for	Automatic electronic			343		7.8	
	cervical smear	reminders for						
		preventive services to						
		physicians						
	Preventive	Control usual care			4404			
	opportunities	Automatic electronic			4370			
	for blood	reminders for						
	pressure	preventive services to						
		physicians						
	Opportunities	Control usual care			666		15.1	
	taken for blood	Automatic electronic			677		15.5	
	pressure	reminders for						
		preventive services to						
		physicians						
	Preventive	Control usual care			1900			
	opportunities	Automatic electronic			1858			
	for diabetes	reminders for						
	screening	preventive services to						
		physicians						
	Opportunities	Control usual care			47		2.4	
	taken for	Automatic electronic			45		2.4	
	diabetes	reminders for						
	screening	preventive services to						
		physicians						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Preventive	Control usual care			912			
	opportunities	Automatic electronic			935			
	for influenza	reminders for						
	immunization	preventive services to						
		physicians						
	Opportunities	Control usual care			248		27.2	
	taken for	Automatic electronic			245		26.2	
	influenza	reminders for						
	immunization	preventive services to						
		physicians						
	Preventive	Control usual care			7929			
	opportunities	Automatic electronic			7268			
	for lipid	reminders for						
	screening	preventive services to						
		physicians						
	Opportunities	Control usual care			176		2.4	
	taken for lipid	Automatic electronic			176		2.4	
	screening	reminders for						
		preventive services to						
		physicians						
Frosch,	Clicked on	Internet links	%	151			77	
2008^{19}	assigned link	CDT group	%	153			87	
		TDA group	%	155			85	
		Combination CDT and	%	152			77	
		TDA						
	PSA screening:	Internet links	%	151			96	
	Pretest choice	CDT group	%	153			96.7	
		TDA	%	155			95.5	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Combination CDT and	%	152			96.7	
		TDA						
	PSA screening:	Internet links	Change in %					
	Reduction in	CDT group	Change in %					< 0.001
	choice	TDA	Change in %					< 0.001
		Combination CDT and						< 0.001
		TDA						
	Watchful	Internet links	%	151			34.4	
	waiting at	CDT group	%	153			34	
	pretest	TDA	%	155			34.2	
		Combination CDT and		152			40.8	
		TDA						
	Total	Internet links	10 items	151			7.24	
	knowledge	CDT group	10 items	153			7.69	0.005
	score/imputed	TDA	10 items	155			8.14	0.005
	data	Combination CDT and	Change in %	152			7.71	0.005
		TDA						
	Total	Internet links	10 items		99		7.49	
	knowledge	CDT group	10 items		115		8.03	0.001
	score/complete	TDA	10 items		119		8.65	0.001
	cases only	Combination CDT and	%		120		8.03	0.001
		TDA						
Gaertner,	Preferred use of	(crossover) paper	Crossover				75	
2004^{20}	electronic	version of a pain diary						
		(crossover) Electronic	Crossover	75				
		pain diaries and palm-						
		top computers						

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur e	Withdrawal s)	re	
	Preferred use of paper	(crossover) paper version of a pain diary	Crossover				8	
		(crossover) Electronic pain diaries and palmtop computers	Crossover	8				
	Undecided	(crossover) paper version of a pain diary	Crossover				17	
		(crossover) Electronic pain diaries and palmtop computers	Crossover	17				
Gielen, 2007 ²¹	Knowledge of child safety seats, smoke alarms, poison storage	General information	Total 453 375 proportion correct, mean+/-SD, %	375		66.4	0	
		Computer kiosk to promote child safety	Total proportion correct, mean +/-SD, %	448	384		72.6	0
Glasgow, 2000 ²²	Behavioral outcomes: Block Fat Screener – No TF, no CR	Brief intervention across multiple offices and interventionists (Basic Condition)			80	48.6	24.7	NS
	Behavioral outcomes: Kristal FFB Fat composite	Brief intervention across multiple offices and interventionists (Basic Condition)			80	1.9	1.6	0.017

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Behavioral	Brief intervention			80	1.9	1.7	
	outcomes:	across multiple offices						
	Kristal FFB	and interventionists						
	Fruit and	(Basic Condition)						
	vegetable							
	Physiologic	Brief intervention			80	7.6	7.4	
	outcomes:	across multiple offices						
	HBA1c	and interventionists						
		(Basic Condition)						
	Physiologic	Brief intervention			80	210	206	0.010
	outcomes: Total	across multiple offices						
	cholesterol	and interventionists						
		(Basic Condition)						
	Physiologic	Brief intervention			80	199	197	Not
	outcomes:	across multiple offices						signifi
	Weight	and interventionists						cant
		(Basic Condition)						
	Physiologic	Brief intervention			80	5.1	4.9	Not
	outcomes: Lipid	across multiple offices						signifi
	ratio	and interventionists						cant
	Total/HDL	(Basic Condition)						
	Quality of life	Brief intervention			80	25.7	26	0.014
	/satisfaction	across multiple offices						
	outcomes:	and interventionists						
	Diabetes	(Basic Condition)						
	intrusiveness							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Quality of life: Satisfaction with program	Brief intervention across multiple offices and interventionists (Basic Condition)			80	36		Not signifi cant
	Quality of life /satisfaction outcomes: Process variable results Self- efficacy	Brief intervention across multiple offices and interventionists (Basic Condition)			80	3.9	4	Not signifi cant
	Quality-of life /satisfaction outcomes: Chronic illness resources survey	Brief intervention across multiple offices and interventionists (Basic Condition)			80			Not signifi cant
Glasgow, 2006 ²³	Fruit and vegetable screener	UC: Computer-aided enhanced	NCI All Day screener (unit not specified)	161	153	5.1	5	
		TSM: Tailored self- management	NCI All Day screener (unit not specified)	174	148	5.5	5.7	0.27
	Daily fat intake	UC: Computer-aided enhanced	Block fat screener (not specified)	161	153	32.4	28.5	
		TSM: Tailored self- management	Block fat screener (not specified)	174	148	27.6	22.4	0.006

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	HbA1c	UC: Computer-aided	%	161	153	7.5	7.5	
		enhanced						
		TSM: Tailored self-	%	174	148	7.4	7.3	0.46
		management						
	Total	UC: Computer-aided	Proportion	161	153	3.9	3.8	
	cholesterol/HD	enhanced	_					
	L cholesterol	TSM: Tailored self-	Proportion	174	148	3.9	3.8	0.33
		management						
	Total	UC: Computer-aided	mg/dl	161	153	185	184	
	cholesterol	enhanced						
		TSM: Tailored self-	mg/dl	174	148	185	183	0.27
		management						
	HDL	UC: Computer-aided	mg/dl	161	153	50	50.9	
	cholesterol	enhanced						
		TSM: Tailored self-	mg/dl	174	148	49.2	50.4	0.083
		management						
	PHQ-9: Total	UC: Computer-aided	Scale 0-27	161	153	5.4	5.5	
	score	enhanced						
		TSM: Tailored self-	0-27	174	148	5.7	5.5	0.53
		management						
	Diabetes	UC: Computer-aided	Not specified	161	153	41.5	36.2	
	distress scale	enhanced						
		TSM: Tailored self-	Not specified	174	148	40.1	33.6	0.29
		management						
	Weight	UC: Computer-aided	kg	161	153	94	94	
		enhanced						
		TSM: Tailored self-	kg	174	148	94.3	93.6	0.007
		management						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Glazebro	Melanoma	Control	Scale 0-12	329	228	2.75	3.36	
ok,	knowledge	Skinsafe multimedia	Scale 0-12	258	199	2.9	4.12	< 0.001
2006 ²⁴	score	intervention						
	Skin protective	Control	Scale 0-8	321	245	4.66	5.3	
	behavior score	Skinsafe multimedia intervention	Scale 0-8	256	214	4.6	5.7	0.007
	Number of	Control	%	327	245			
	participants	Skinsafe multimedia	%	257	214	61.9	86.9	0.045
	checking moles	intervention						
Gomez, 2002 ²⁵	Hba1c	Group not using DIABTel system	%	10	10	8.1	8.15	
		Group using DIABTel system	%	10	10	8.4	7.9	0.053
Grant, 2008 ²⁶	Proportion of follow-up visits with diabetes mellitus-related	Patients in the control group received personal health records	Proportion of follow-up visits	118			15	<0.001
	medication	to update and submit family history and						
	changes among patients who	health maintenance information						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	submitted	Patients in the		126			53	
	personal health	intervention group						
	record journals	received Web-based						
	to their	personal health records						
	physician's	(PHRS) that imported						
	electronic	clinical and						
	medical record	medications data,						
		provided patient-						
		tailored decision						
		support, and enabled						
		the patient to author a						
		"diabetes care plan" for						
		electronic submission						
		to their physician prior						
		to upcoming						
		appointments						
Gray,	Length of stay	Usual care	Days				70.6	
2000^{27}	in NICU (LOS)	Carelink	Days				68.5	
Green,	% with	Usual care		258	247		31	
2008^{28}	controlled BP at	BP monitoring and		258	247		36	0.21
	12 months	patient Web services						
		BP monitoring, patient		258	247		56	< 0.001
		Web services and						
		pharmacist care						
	Adjusted	Usual care	mm Hg	258	247		- 5.3	
	change in	BP monitoring and	_	258	247		-8.2	< 0.001
	systolic BP at	patient Web services						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	12 months	BP monitoring, patient		258	247		-13.2	< 0.001
		Web services and						
		pharmacist care						
	Adjusted	Usual care	mm Hg	258	247		-3.5	
	change in	BP monitoring and		258	247		-4.4	< 0.001
	diastolic BP at	patient Web services						
	12 months	BP monitoring, patient		258	247		- 4.6	p<0.00
		Web services and						1
		pharmacist care						
Hassol,								
2004 ²⁹								
Harno,	Body mass	Usual care	Kg/m2		74	27.8	27.6	
2006^{30}	index	E-health application	Kg/m2		101	28.5	29.2	
	Systolic BP	Usual care	mm Hg		74	136	137	
		E-health application	mm Hg		101	1.34	1.35	
	Diastolic BP	Usual care	mm Hg		74	84	82	
		E-health application	mm Hg		101	81	79	< 0.05
	Hemoglobin	Usual care	%		74	8.21	7.83	
	A1c	E-health application	%		101	7.82	7.32	< 0.05
	Fasting glucose	Usual care	mmol/l		74	9.91	10.9	
		E-health application	mmol/l		101	9.08	8.88	< 0.001
	Cholesterol	Usual care	mmol/l		74	4.91	5.03	
		E-health application	mmol/l		101	4.95	4.74	< 0.05
	HDL	Usual care	mmol/l		74	1.58	1.55	
		E-health application	mmol/l		101	1.58	1.66	
	LDL	Usual care	mmol/l		74	2.65	2.76	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		E-health application	mmol/l		101	2.7	2.52	< 0.05
Helzer, 2008 ³¹	Weekly consumption of	No interactive voice response		81	81		20.7	
	alcohol during followup at 3 months	Interactive voices respond only, no feedback		75	75		25.3	p- value= .02
		Interactive voices respond with feedback		75	75		25.9	p- value= 0.49
		Interactive voices respond with feedback plus a moneitary calling incentive		53	53		22.4	p- value= 0.11
	Weekly consumption of	No interactive voice response		81	81		18.3	
	alcohol during followup at 6 months	Interactive voices respond only, no feedback		75	75		25	p- value= .01
		Interactive voices respond with feedback		75	75		22.4	p- value= 0.04
		Interactive voices respond with feedback plus a monetary calling incentive		53	53		20.4	p- value= 0.36
	Awareness of consumption	No interactive voice response						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	assessed at the 6-month interview	Interactive voices respond only, no feedback				,		
	Awareness of consumption	Interactive voices respond with feedback		73	73		3.24	
	assessed at the 6-month interview: Referral	Interactive voices respond with feedback plus a monetary calling incentive		47	47		3.26	
	Awareness of consumption	Interactive voices respond with feedback		73	73		2.94	
	assessed at the 6-month interview: Initial interview	Interactive voices respond with feedback plus a monetary calling incentive		47	47		3.46	
	Awareness of consumption	Interactive voices respond with feedback		73	73		3.73	
	assessed at the 6-month interview: IVR calls	Interactive voices respond with feedback plus a monetary calling incentive		47	47		4.06	
	Awareness of consumption	Interactive voices respond with feedback		73	73		3.7	

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
	assessed at the 6-month interview: Graph	Interactive voices respond with feedback plus a monetary calling incentive		47	47		3.8	
	Awareness of consumption	Interactive voices respond with feedback		73	73		3.25	
	assessed at the 6-month interview: Doctors comments	Interactive voices respond with feedback plus a monetary calling incentive		47	47		3.71	
	Awareness of consumption	Interactive voices respond with feedback		73	73		1.61	
	assessed at the 6-month interview: Payment for participation	Interactive voices respond with feedback plus a monetary calling incentive		47	47		2.4	
Homko, 2007 ³²	Maternal Feelings of Diabetes Self- Efficacy: Total	Women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit			29		4	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		4.4	0.053
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		4	
	Feelings of	group were asked to						
	Diabetes Self-	record their						
	Efficacy:	information in a						
	Subscale 1	logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		4.5	0.039
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		3.9	
	Feelings of	group were asked to						
	Diabetes Self-	record their						
	Efficacy:	information in a						
	Subscale 2	logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		4.3	0.036
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		4.1	
	Feelings of	group were asked to						
	Diabetes Self-	record their						
	Efficacy:	information in a						
	Subscale 3	logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		4.4	0.268
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		88.6	
	glucose control:	group were asked to						
	FBS (mg/dl)	record their						
		information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		90.8	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		110.9	
	glucose control:	group were asked to						
	Breakfast blood	record their						
	glucose (mg/dl)	information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		108.4	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		108.5	
	glucose control:	group were asked to						
	Lunch blood	record their						
	glucose (mg/dl)	information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		113.3	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		114.5	
	glucose control:	group were asked to						
	Dinner blood	record their						
	glucose (mg/dl)	information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		117.5	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		104.5	
	glucose control:	group were asked to						
	Mmean blood	record their						
	glucose (mg/dl)	information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		106.6	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		6.2	
	glucose control:	group were asked to						
	A1c % at	record their						
	delivery	information in a						
		logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		6.1	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		40	
	pregnancy	group were asked to						
	outcome:	record their						
	Caesarean	information in a						
	delivery	logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		69	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		20	
	pregnancy	group were asked to						
	outcome: Pre-	record their						
	eclampsia/	information in a						
	gestational	logbook, which was						
	hypertension	reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		28	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		12	
	pregnancy	group were asked to						
	outcome:	record their						
	Premature	information in a						
	rupture of	logbook, which was						
	membranes	reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		3	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and						
		received						
		information/advice						
		from their health care						
		provider						
	Maternal	Women in the control			29		0	
	pregnancy	group were asked to						
	utcome:	record their						
	Placental	information in a						
	abruption	logbook, which was						
		reviewed by the						
		medical team at						
		prenatal visit						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet group patients			34		3	
		in the Internet group						
		were provided with						
		computer and Internet						
		access. Women sent						
		blood glucose and other						
		health data directly to						
		their care providers via						
		the Internet and received						
		information/advice						
		from their health care						
		provider						
Hunter,	Weight	Usual care	Kg,		222	86.6	87.4	
2008^{33}	Weight	Osual care	pretest/posttes			00.0	07.1	
2000			t/change					
		6-Month behavioral	Kg,		224	87.4	85.5	
		Internet treatment	pretest/posttes					
			t/change					
	BMI	Usual care	Kg/m2		222	29.3	29.4	
		6-Month behavioral	Kg/m2		224	29.4	28.8	
		Internet treatment						
	Waist	Usual care	Cm		222	94.2	93.4	
	circumference	6-Month behavioral	Cm		224	94.5	92.2	
		Internet treatment						
	Body fat %	Usual care			222	34.2	34.7	
		6-Month behavioral			224	34.5	33.9	
		Internet treatment						
	5% or more	Usual care	% yes, change		222			

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	weight loss	6-Month behavioral	% yes, change		224	23.6	19	
		Internet treatment						
	% gained	Usual care	Change		222			
	weight	6-Month behavioral	Change		224	35.1	32.3	
		Internet treatment						
	Block dietary	Usual care			222	24.2	20.8	
	screener: Meat	6-Month behavioral			224	13.7	15.8	
	and snacks	Internet treatment						
	Screener score							
	Block dietary	Usual care			222	35.5	33.4	
	screener: Meat	6-Month behavioral			224	15.8	17.4	
	and snacks%	Internet treatment						
	of calories from							
	fat							
	Fruit—	Usual care			222	14.2	14.6	
	vegetable-beans	6-Month behavioral			224	2788	2765	
	Screener score	Internet treatment						
	Dietary fiber	Usual care			222	16.1	16.5	
	score	6-Month behavioral			224			
		Internet treatment						
	Ipaq (total met)	Usual care	Minutes/week		222			
		6-Month behavioral	Minutes/week		224			
		Internet treatment						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Jan,	Nighttime	Traditional asthma care	Baseline/week	76	71	0.05	0.05	0.998
2007 ³⁴	symptom scores	plan (written asthma	12/change					
	for asthma	diary + instructions for	from baseline					
		self-management)						
		Internet-based	Baseline/	88	82	0.11	0.04	0.108
		monitoring of	week12/					
		symptoms+ self-	change from					
		management plan	baseline					
	Daytime	Traditional asthma care	Baseline/	76	71	0.03	0.05	0.122/
	symptom scores	plan (written asthma	week12/					0.588
	for asthma	diary + instructions for	change from					
		self-management)	baseline					
		Internet-based	Baseline/	88	82	0.14	0.07	
		monitoring of	week12/					
		symptoms+ self-	change from					
		management plan	baseline					
	Peak expiratory	Traditional asthma care	l/min,	76	71	219	230	0.07
	flow: Morning	plan (written asthma	baseline/					
		diary + instructions for	week12/					
		self-management)	change from					
			baseline					
		Internet-based	l/min,	88	82	223	242	0.017
		monitoring of	baseline/					
		symptoms+ self-	week12/					
		management plan	change from					
			baseline					

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Tear		Intervention		CII	measur	Withdrawal	re	varue
					e	s)		
	Peak expiratory	Traditional asthma care	l/min,	76	71	225	236	0.07
	flow: Night	plan (written asthma	baseline/					
		diary + instructions for	week12/					
		self-management)	change from					
			baseline	0.0	0.0	222		0.01
		Internet-based	l/min,	88	82	233	256	0.01
		monitoring of	baseline/					
		symptoms+ self-	week12/					
		management plan	change from baseline					
	Dools overingtons	Traditional asthma care		76	71	9.2	9.2	0.149/
	Peak expiratory flow: Daily	plan (written asthma	l/min, baseline/	70	/1	9.2	9.2	0.149/
	variability	diary + instructions for	week12/					0.970
	variability	self-management)	change from					
		Sen-management)	baseline					
		Internet-based	l/min,	88	82	8.6	10.3	
		monitoring of	baseline/		02	0.0	10.5	
		symptoms+ self-	week12/					
		management plan	change from					
			baseline					
Japuntich	Cessation rates:	Bupropion plus	N		144			
$,2006^{35}$	3/6 mos	counseling alone						
		Bupropion and	N		140	15	22.9	
		counseling + Web-						
		based intervention						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Use of Web site	Bupropion and	Times over				33.6	
		counseling + Web-	the course of					
		based intervention	the					
			intervention					
			period					
Jerant,	CHF-related	Usual care (home visit)			12			
2003^{36}	readmission	Telephone care			12			
	costs	Telenursing care			12			
	CHF-related ED	Usual care (home visit)			12			
	visits	Telephone care			12			
		Telenursing care			12			
	Mean direct	Usual care (home visit)	Minutes		12		79	
	patient care	Telephone care			12		12	< 0.000
	time per visit							1
		Telenursing care			12		27	<0.000
	Patient self-	Usual care (home visit)			12			
	adherence	Telephone care			12			
		Telenursing care			12			
	Medication	Usual care (home visit)			12			
	regimen	Telephone care			12			
		Telenursing care			12			
	Health status	Usual care (home visit)			12			
		Telephone care			12			
		Telenursing care			12			
	Satisfaction	Usual care (home visit)			12			
		Telenursing care			12			

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
1 car		Intervention			measur e	Withdrawal s)	re	varue
Kaner, 2007 ³⁷	Total consultation times	Paper-based guidelines for clinician-patient treatment decision	Minutes		10	,	21	
		Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision	Minutes		11		31	0.001
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes		8		44	0.001
	Clinician verbal dominance in 10 minutes	Paper-based guidelines for clinician-patient treatment decision	% of 10 minutes		10		60	
	preceding decision	Implicit computer- based decision aid, DARTS II used for clinician-patient treatment decision	% of 10 minutes		11		65	0.09
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	% of 10 minutes		8		64	0.09
	Doctor's Information- seeking	Paper-based guidelines for clinician-patient treatment decision	Minutes		10		6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
		Implicit computer-	Minutes		11	s)	3	0.004
		based decision aid,	Williates					0.004
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		7	0.004
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision					_	
	Doctor's pause	Paper-based guidelines	Minutes		10		6	
		for clinician-patient						
		treatment decision	3.4		1.1		4	0.04
		Implicit computer- based decision aid,	Minutes		11		4	0.04
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		1	0.04
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Patient's	Paper-based guidelines	Minutes		10		2	
	negative talk	for clinician-patient						
		treatment decision						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Implicit computer-	Minutes		11		0	0.01
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		1	0.01
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Doctor's	Paper-based guidelines	Minutes		10		17	
	nodding	for clinician-patient						
		treatment decision						
		Implicit computer-	Minutes		11		36	0.005
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		21	0.005
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Doctor's head	Paper-based guidelines	Minutes	_	10		4	
	shake	for clinician-patient						
		treatment decision						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Implicit computer-	Minutes		11		2	0.006
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		0	0.006
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Doctor's	Paper-based guidelines	Minutes		10		0	
	smiling	for clinician-patient						
		treatment decision						
		Implicit computer-	Minutes		11		1	0.04
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision	3.51		0			0.04
		Explicit computer-	Minutes		8		2	0.04
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
	D	treatment decision	3.63		10		4	
	Doctor's	Paper-based guidelines	Minutes		10		1	
	pointing at	for clinician-patient						
	patient	treatment decision						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Implicit computer-	Minutes		11		0	0.01
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		0	0.01
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Doctor's	Paper-based guidelines	Minutes		10		6	
	touching/pointi	for clinician-patient						
	ng at tool	treatment decision						
		Implicit computer-	Minutes		11		1	0.007
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		6	0.007
		based decision aid,						
		DARTS II, used for						
_		clinician-patient						
		treatment decision						
	Doctor's eye-	Paper-based guidelines	Minutes		10		5	
	gaze toward	for clinician-patient						
	tool	treatment decision						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
		Toronti aid a a ser manda se	N		e	s)	1.5	0.001
		Implicit computer-	Minutes		11		15	0.001
		based decision aid, DARTS II used for						
		clinician-patient treatment decision						
		Explicit computer-	Minutes		8		16	0.001
		based decision aid,	Williutes		0		10	0.001
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Patient's eye-	Paper-based guidelines	Minutes		10		5	
	gaze toward	for clinician-patient	Williates		10			
	tool	treatment decision						
		Implicit computer-	Minutes		11		16	0.0001
		based decision aid,						
		DARTS II used for						
		clinician-patient						
		treatment decision						
		Explicit computer-	Minutes		8		16	0.0001
		based decision aid,						
		DARTS II, used for						
		clinician-patient						
		treatment decision						
	Triglyceride	Usual care	mmol/l		74	1.46	1.67	
		E-health application	mmol/l		101	1.49	1.44	< 0.05
	Creatinine	Usual care	mmol/l		74	84	73	
Kim,								
2004^{38}								

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
Krishna, 2003 ³⁹	Knowledge score among caregivers of children 0-6 yrs old	Control group received traditional patient education based on the National Asthma Education and Prevention Program		69	23	48.4	52.3	.0293
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self- management education through the Interactive Multimedia Program for Asthma Control and Tracking		62	24	47.9	55.7	<.0001
	Knowledge score among caregivers of children 7-17 yrs old	Control group received traditional patient education based on the National Asthma Education and Prevention Program		52	28	49.6	51.7	.0079

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		45	26	50	55.4	<.0001
		received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Knowledge	Control group received		52	28	43.4	47.5	
	score among	traditional patient						
	caregivers of	education based on the						
	Children 7-17	National Asthma						
	yrs old	Education and						
		Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Knowledge	Intervention group		45	25	43.1	53.1	<.0001
	score among	received traditional						
	caregivers of	patient education based						
	Children 7-17	on the National Asthma						
	yrs old	Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received		119	44	97.8	48.2	
	knowledge, health outcome, resource	traditional patient						
	utilization by	education based on the						
	children: Days of	National Asthma						
	asthma symptoms	Education and						
		Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group			42	105	23.9	< 0001
		received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	90.7	41	0.0004
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: Days	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	of quick relief	Intervention group			41	90	26.3	.0002
	medicine	received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	35.5	13.5	0.951
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: Days	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	of activity	Intervention group			40	46.2	6.7	<.0001
	limitation	received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	62	17.1	< 0.000
	knowledge,	traditional patient						1
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: Nights	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	of sleep	Intervention group			42	64.7	15.2	<.0001
	disturbance	received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	6.4	1.3	< 0.000
	knowledge,	traditional patient						1
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: Urgent	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	visit to	Intervention group			40	6.6	0.8	< 0.000
	physician	received traditional						1
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	1.2	0.6	.0219
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	:Emergency	Intervention group			42	2	0.1	.0024
	room visits	received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	0.6	0.1	0.0313
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children:	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Hospitalizations	Intervention group			42	0.1	0.1	0.0625
		received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			45	6.4	5.4	0.0781
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: Days	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	of stay in	Intervention group			42	2.7	0.6	0.1563
	hospital	received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Change in	Control group received			43	6.4	5.4	0.1479
	knowledge,	traditional patient						
	health outcome,	education based on the						
	resource	National Asthma						
	utilization by	Education and						
	children: School	Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	days missed	Intervention group			40	7.9	1.4	0.0001
		received traditional						
		patient education based						
		on the National Asthma						
		Education and						
		Prevention Program in						
		addition self-						
		management education						
		through the Interactive						
		Multimedia Program						
		for Asthma Control and						
		Tracking						
	Daily dose of	Control group received			119	351	754	0.0364
	inhaled	traditional patient						
	corticosteroid	education based on the						
		National Asthma						
		Education and						
		Prevention Program						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group received traditional patient education based on the National Asthma Education and Prevention Program in addition self- management education through the Interactive Multimedia Program for Asthma Control and Tracking		105	42	353	434	0.8327
Kukafka, 2002 ⁴⁰	Self-efficacy of personal care	Tailored web-based	Self-efficacy scores (action)	31	6.24	17	8.35	P<0.0 5
		Non-tailored web- based		31	7.21	13	6	ns
		Non-tailored paper based		32	6.78	17	65	ns
Kupperm ann, 2009 ⁴¹	Knowledge score (%) postviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		646.9	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202		79.578	<0.001
	Knowledge score (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		65.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202		77.6	<0.001
	Correct procedure- related miscarriage risk estimate (%) postviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		48.1	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		64.9	0.002
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Correct	Control group did not		252	218		51	
	procedure-	receive computerized						
	related	interactive prenatal						
	miscarriage risk	testing decision tool on						
	estimate (%) 1-	prenatal testing						
	2 weeks later	decisionmaking						
		Intervention group		244	202		55.7	0.39
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Correct DS-	Control group did not		252	218		51.1	
	affected fetus	receive computerized						
	estimate (%)	interactive prenatal						
	post viewing	testing decision tool on						
		prenatal testing						
		decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		63.5	< 0.001
		received computerized						
		interactive prenatal						
		testingdecision tool on						
		prenatal testing						
		decision making						
	Correct DS-	Control group did not		252	218		15.7	
	affected fetus	receive computerized						
	estimate (%) 1-	interactive prenatal						
	2 weeks later	testing decision tool on						
		prenatal testing						
		decisionmaking						
		Intervention group		244	202		42.8	< 0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Intervention	Control group did not		252	218		7.5	
	satisfaction-	receive computerized						
	postreviewing	interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur	Final n (n After Withdrawal	Final Measu re	P- value
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing		244	202	s)	8.1	<0.001
	Intervention satisfaction 1-2 weeks later	decisionmaking Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202		8.2	<0.001
	Intervention satisfaction at 26-30 weeks gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		7.5	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group			202		8.2	< 0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Decisional	Control group did not		252	218		40.2	
	conflict: Factors	receive computerized						
	contributing to	interactive prenatal						
	uncertainty 1-2	testing decision tool on						
	weeks later	prenatal testing						
		decisionmaking						
		Intervention group		244	202		32.1	< 0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Decisional	Control group did not		252	218		38.8	
	conflict: Factors	receive computerized						
	contributing to	interactive prenatal						
	uncertainty 1-2	testing decision tool on						
	weeks later	prenatal testing						
		decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		32.3	0.005
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Decisional	Control group did not		252	218		26.2	
	conflict: Factors	receive computerized						
	contributing to	interactive prenatal						
	uncertainty at	testing decision tool on						
	26-30 weeks of	prenatal testing						
	gestation	decisionmaking						
		Intervention group		244	202		21.9	0.01
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Factors	Control group did not		252	218		26.2	
	contributing to	receive computerized						
	uncertainty 1-2	interactive prenatal						
	weeks later	testing decision tool on						
		prenatal testing						
		decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		19.2	< 0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Factors	Control group did not		252	218		19.4	
	contributing to	receive computerized						
	uncertainty at	interactive prenatal						
	26-30 weeks of	testing decision tool on						
	gestation	prenatal testing						
		decisionmaking						
		Intervention group		244	202		15.2	< 0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Ineffective	Control group did not		252	218		17.7	
	decision 1-2	receive computerized						
	weeks later	interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		15.4	0.11
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Ineffective	Control group did not		252	218		32	
	decision at 26-	receive computerized						
	30 weeks of	interactive prenatal						
	gestation	testing decision tool on						
		prenatal testing						
		decisionmaking						
		Intervention group		244	202		31.4	0.47
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decision making						
	Overall	Control group did not		252	218		20.9	
	decisional	receive computerized						
	conflict: 1-2	interactive prenatal						
	weeks later	testing decision tool on						
		prenatal testing						
		decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group		244	202		19.1	0.21
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Overall	Control group did not		252	218		23.9	
	decisional	receive computerized						
	conflict: 26-30	interactive prenatal						
	weeks of	testing decision tool on						
	gestation	prenatal testing						
		decisionmaking						
		Intervention group		244	202		20.6	0.001
		received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Decision regret	Control group did not		252	218		12.8	
	(%) at 26-30	receive computerized						
	weeks of	interactive prenatal						
	gestation	testing decision tool on						
		prenatal testing						
		decisionmaking						

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Tear		Intervention		CII	measur	Withdrawal	re	varue
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing		244	e 202	s)	9.6	0.28
	Intervention affected prenatal testing plan (%) 1-2 weeks later	decisionmaking Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		27.5	
	Intervention affected prenatal testing plan (%) 1-2 weeks later	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202		47.8	<.001
	Intervention affected prenatal testing plan (%) at 26- 30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		36	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Intervention	Intervention group		244	202		38.2	0.85
	affected	received computerized						
	prenatal testing	interactive prenatal						
	plan (%) at 26-	testing decision tool on						
	30 weeks of	prenatal testing						
	gestation	decisionmaking						
	Satisfaction in	Control group did not		252	218		49.2	
	decisionmaking	receive computerized						
	(%):	interactive prenatal						
	Information	testing decision tool on						
	given by the	prenatal testing						
	provider at 26-	decisionmaking						
	30 weeks of	Intervention group		244	202		44.8	0.40
	gestation	received computerized						
		interactive prenatal						
		testing decision tool on						
		prenatal testing						
		decisionmaking						
	Satisfaction in	Control group did not		252			48.1	
	decisionmaking	receive computerized						
	(%): Way	interactive prenatal						
	decision given	testing decision tool on						
	by the provider	prenatal testing						
	at 26-30 weeks	decisionmaking						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur	After Withdrawal	Measu re	value
					e	s)		
	of gestation	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202	,	44.3	0.45
	Satisfaction in decisionmaking (%): Degree of involvement of the provider at 26-30 weeks of	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218		79.9	
	gestation	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking					72.6	0.10
Kypri, 2004 ⁴²	Frequency of drinking	Leaflet-only control	Number of drinking days in last 2 weeks: median (range)		53			

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		10–15 minutes of Web-	Number of		51			
		based assessment and	drinking days					
		personalized feedback	in last 2					
			weeks:					
			median					
			(range)					
	Typical	Leaflet-only control	Number of		53			
	occasion:		drinks* per					
	Quantity		typical					
			drinking					
			occasion in					
			last 4 weeks:					
			median					
			(range)					
		10–15 minutes of Web-	Number of		51			
		based assessment and	drinks* per					
		personalized feedback	typical					
			drinking					
			occasion in					
			last 4 weeks:					
			median					
			(range)					
	Total	Leaflet-only control	Number of		53			
	consumption		drinks in last					
			2 weeks:					
			median					
			(range)					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		10–15 minutes of Web-	Number of		51			
		based assessment and	drinks in last					
		personalized feedback	2 weeks:					
			median					
			(range)					
	Frequency of	Leaflet-only control	Number of		53			
	very episodic		episodes of					
	heavy drinking		>80 g for					
			women and					
			120 g for men					
			in last 2					
			weeks:					
			median					
			(range)					
		10–15 minutes of Web-	Number of		51			
		based assessment and	episodes of					
		personalized feedback	>80 g for					
			women and					
			120 g for men					
			in last 2					
			weeks:					
			median					
			(range)					
	Personal, social,	Leaflet-only control	Number of		53			
	sexual, and		problems—					
	legal		APS: range 0–					
	consequences of		14; median					
	episodic heavy		(range)					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	drinking	10–15 minutes of Web-	Number of		51			
		based assessment and	problems—					
		personalized feedback	APS: range 0–					
			14; median					
			(range)					
	Consequences	Leaflet-only control	Score on		53			
	related to		AREAS:					
	tertiary student		range 0–35;					
	role		median					
	expectations		(range)					
		10–15 minutes of Web-	Score on		51			
		based assessment and	AREAS:					
		personalized feedback	range 0–35					
Laffel,	Mean decrease	Paper log books	Logbook data	92	92		0.27	0.02
2007^{43}	in A1c		and A1C					
		Integrated glucose	Logbook data	113	113		0.35	0.02
		meters and electronic	and A1C					
		logbooks (Electronic						
		Group)						
Liaw,	Improved	Patients with one or		22	22			
1998 ⁴⁴	patient's	more chronic health						
	knowledge of	problem without PHR						
	own health	received						
		Patients with one or		29	29		56%	
		more chronic health						
		problem without PHR						
		received						
		Post test group without		NR	NR			
		PHR						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Patients with one or more chronic health problem without PHR received		NR	NR			
		Patients with one or more chronic health problem without PHR received		NR	NR		52%	
		Post test group without PHR		NR	NR			
	Improved knowledge of health promotion	Patients with one or more chronic health problem without PHR received		NR	NR			
	tasks	Patients with one or more chronic health problem without PHR received		NR	NR		41%	
		Post test group without PHR		NR	NR			
	Improved sharing of information with family	Patients with one or more chronic health problem without PHR received		NR	NR			
		Patients with one or more chronic health problem without PHR received		NR	NR		38%	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Post test group without		NR	NR			
		PHR						
	Improved	Patients with one or		NR	NR			
	patient-doctor	more chronic health						
	communication	problem without PHR						
		received						
		Patients with one or		NR	NR		32%	
		more chronic health						
		problem without PHR						
		received						
		Post test group without		NR	NR			
		PHR		1.75	3.75			
	Improved	Patients with one or		NR	NR			
	sharing of	more chronic health						
	information	problem without PHR						
	with hospital	received		NID	NID			
		Patients with one or		NR	NR			
		more chronic health						
		problem without PHR received						
				NR	NR			
		Post test group without		INK	NK			
	Immuovad	PHR Patients with one or		NR	NR			
	Improved	more chronic health		INK	INK			
	sharing of information							
	with other	problem without PHR						
	with other	received						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur	After Withdrawal	Measu re	value
		intervention			e	s)		
	health care	Patients with one or		NR	NR	,		
	providers	more chronic health problem without PHR received						
		Post test group without PHR		NR	NR			
	Impact on systolic BP	Patients with one or more chronic health problem without PHR received		16	NR			
		Patients with one or more chronic health problem without PHR received		20	NR			0.04
		Post test group without PHR		NR	NR			
		Patients with one or more chronic health problem without PHR received		NR	NR			
		Patients with one or more chronic health problem without PHR received		NR	NR			Not signifi cant
Lieberma n, 2006 ⁴⁵	Adherence	Text feedback on results of a questionnaire to evaluate problem drinking	r value					0.501

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Multimedia feedback					0.040	
		on results of a						
		questionnaire to						
		evaluate problem						
		drinking						
Lorig,	Health distress	Usual care	One-yr	501	426		-0.193	
2006^{46}			changes					
		Internet-based CDSMP	One-yr	457	354		-0.377	
			changes					
	Self-reported	Usual care	One-yr	501	426		-0.068	
	global health		changes					
		Internet-based CDSMP	One-yr	457	354		-0.102	
			changes					
	Illness	Usual care	One-yr	501	426		-0.064	
	intrusiveness		changes					
		Internet-based CDSMP	One-yr	457	354		-0.150	
			changes					
	Disability	Usual care	One-yr	501	426		-0.142	
			changes					
		Internet-based CDSMP	One-yr	457	354		-0.166	
			changes					
	Fatigue	Usual care	One-yr	501	426		-0.358	
			changes					
		Internet-based CDSMP	One-yr	457	354		-0.720	
			changes					
	Pain	Usual care	One-yr	501	426		-0.047	
			changes					
		Internet-based CDSMP	One-yr	457	354		-0.367	
			changes					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Shortness of breath	Usual care	One-yr changes	501	426		-0.216	
		Internet-based CDSMP	One-yr changes	457	354		-0.537	
	Aerobic exercise	Usual care	One-yr changes	501	426		7.99	
		Internet-based CDSMP	(min/wk) one- yr changes	457	354		12.1	
	Stretch/strength exercise	Usual care	(min/wk) one- yr changes	501	426		1.16	
		Internet-based CDSMP	(min/wk) one- yr changes	457	354		11.9	
	Communication with physician	Usual care	One-yr changes	501	426		0.221	
		Internet-based CDSMP	One-yr changes	457	354		0.268	
	Practice stress management (times/week)	Usual care	(times/wk) one-yr changes	501	426		0.200	
		Internet-based CDSMP	(times/wk) one-yr changes	457	354		0.647	
	Self-efficacy	Usual care	One-yr changes	501	426		0.200	
		Internet-based CDSMP	One-yr changes	457	354		0.406	
	Physician visits (past 6 mos)	Usual care	One-yr changes	501	426		-0.866	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet-based CDSMP	One-yr	457	354		-0.680	
			changes					
	Emergency	Usual care	One-yr	501	426		-0.144	
	visits (past 6		changes					
	mos)	Internet-based CDSMP	One-yr	457	354		-0	
			changes					
	Days in hospital	Usual care	One-yr	501	426		-0.243	
	(past 6 mos)		changes					
		Internet-based CDSMP	One-yr	457	354		-0.003	
			changes					
Lowenste	Likelihood of	The control group		110				
yn,	high-risk	physicians received						
1998 ⁴⁷	patients for a	their profile only if the						
	follow-up	patient was clinically						
	coronary risk	reevaluated during a 3-						
	assessment	month follow-up visit						
		The profile group		494	494			
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		The control group		66				
		physicians received						
		their profile only if the						
		patient was clinically						
		reevaluated during a 3-						
		month follow-up visit						
		The profile group		288	288			
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						
	Impact of	The control group		89			6.11	
	coronary risk	physicians received						
	profiles on	their profile only if the						
	CHD risk	patient was clinically						
	factors Total	reevaluated during a 3-						
	cholesterol	month follow-up visit						
	(mmol/l)	The profile group		202	202		6.55	0.05
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		The control group		89			1.16	
		physicians received						
		their profile only if the						
		patient was clinically						
		reevaluated during a 3-						
		month follow-up visit						
		The profile group		202	202		1.13	0.55
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						
		The control group		89			3.88	
		physicians received						
		their profile only if the						
		patient was clinically						
		reevaluated during a 3-						
		month follow-up visit						
		The profile group		202	202		4.37	0.05
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						

Author, Year	Outcome	Control	Units	Baselin	Baselin	Final n (n After	Final	P-
rear		Intervention		e n	e measur e	Withdrawal s)	Measu re	value
		The control group physicians received their profile only if the patient was clinically reevaluated during a 3- month follow-up visit		89			5.7	
		The profile group physicians received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202	202		6.2	0.05
	Impact of coronary risk profiles on CHD risk factors: Systolic BP (mm Hg)	The control group physicians received their profile only if the patient was clinically reevaluated during a 3-month follow-up visit		89			129.2	
	-	The profile group physicians received coronary risk profiles for their patients within 10 working days after the baseline patient assessment providing early feedback		202	202		133	0.61

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		The control group		89			79.8	
		physicians received						
		their profile only if the						
		patient was clinically						
		reevaluated during a 3-						
		month follow-up visit						
		The profile group		202	202		82.3	0.99
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						
	Impact of	The control group		89			27.8	
	coronary risk	physicians received						
	profiles on	their profile only if the						
	CHD risk	patient was clinically						
	factors: Body	reevaluated during a 3-						
	mass index	month follow-up visit						
	(kg/m^2)	The profile group		202	202		28.6	0.31
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Impact of coronary	The control group		89			21	
	risk profiles on CHD risk factors:	physicians received						
	Smokers	their profile only if the						
		patient was clinically						
		reevaluated during a 3-						
		month follow-up visit						
		The profile group		202	202		42	0.64
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						
	Impact of	The control group		89			52	
	coronary risk	physicians received						
	profiles on	their profile only if the						
	CHD risk	patient was clinically						
	factors: 8-yr	reevaluated during a 3-						
	coronary risk %	month follow-up visit						
		The profile group		202	202		12	< 0.01
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		_		e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Impact of	The control group		89			52	
	coronary risk	physicians received						
	profiles on	their profile only if the						
	CHD risk	patient was clinically						
	factors	reevaluated during a 3-						
	Cardiovascular	month follow-up visit						
	age (yrs)	The profile group		202	202		54	< 0.01
		physicians received						
		coronary risk profiles						
		for their patients within						
		10 working days after						
		the baseline patient						
		assessment providing						
		early feedback						
Matheny,	Patient	Automated test results	Satisfaction	484	82.5	463	92.5	P=0.0
2007^{48}	satisfaction	notification system:	with test		86.8		95.8	3
		Results manager (RM)	results (%)		92.8		97.5	P=0.0
			Satisfaction		90.5		95.8	2
		Control	with	416	89.9	423	85.1	P=0.5
			information		95.3		93.5	4
			(%)		99.3		99.4	P=0.4
			Satisfaction		96.0		96.8	3
			with provider					
			listening skills					
			(%)					
			Satisfation					
			with provider					
			communicatio					
			n skills (%)					

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
Marceau,	Provider asked	Paper diary use	% yes				28	
2007 ⁴⁹	me to keep this type of diary	Electronic diary	% yes				6	0.003
	Tracking helps	Paper diary use	% yes				39	
	me to understand my pain	Electronic diary	% yes				50	0.05
	Tracking	Paper diary use	% yes				11	
	changed an aspect of my life	Electronic diary	% yes				25	NS
	Tracking	Paper diary use	% yes				8	
	changed my medication use	Electronic diary	% yes				17	NS
	Provider	Paper diary use	% yes				8	
	suggested a change in daily routine	Electronic diary	% yes				19	NS
	Provider	Paper diary use					3	
	suggested a change in my medication	Electronic diary	% yes				22	0.02

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Marcus,	Physical	Contact control	Total number		78	77.7	81.9	
2007^{50}	activity,		of minutes					
	minutes per		reported in the					
	week		moderate,					
			hard, and very					
			hard range,					
			6/12 mos					
		Telephone-based	Total number		80	123	101	
		individualized feedback	of minutes					
			reported in the					
			moderate,					
			hard, and very					
			hard range,					
			6/12 mos					
		Print-based	Total number		81	129	162	
		individualized feedback	of minutes					
			reported in the					
			moderate,					
			hard, and very					
			hard range,					
			6/12 mo					
	Behavioral	Contact control			78	2.41	2.41	
	processes	Telephone-based			80	2.41	2.82	
		individualized feedback						
		Print-based			81	2.36	2.91	
		individualized feedback						
	Cognitive	Contact control			78	2.86	2.67	
	processes	Telephone-based			80	2.91	2.99	
		individualized feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Print-based			81	2.92	3.12	
		individualized feedback						
	Decisional	Contact control			78	1.29	-3.64	
	balance	Telephone-based			80	-0.07	-0.75	
		individualized feedback						
		Print-based			81	-0.45	1.34	
		individualized feedback						
	Self-efficacy	Contact control			78	2.66	2.37	
		Telephone-based			80	2.72	2.86	
		individualized feedback						
		Print-based			81	2.53	2.98	
		individualized feedback						
	Exercise test	Contact control			78	7.65	8.16	
	minutes	Telephone-based			80	7.54	8.64	
		individualized feedback						
		Print-based			81	7.96	8.7	
		individualized feedback						
	VO_2	Contact control	ml/kg/min		78	25.6	26.3	
		Telephone-based	ml/kg/min		80	25.3	27.2	
		individualized feedback						
		Print-based	ml/kg/min		81	26	27.1	
		individualized feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Marcus,	Physical	Contact control	Total number		78	77.7	81.9	
2007^{50}	activity,		of minutes					
	minutes per		reported in the					
	week		moderate,					
			hard, and very					
			hard range,					
			6/12 mos					
		Telephone-based	Total number		80	123	101	
		individualized feedback	of minutes					
			reported in the					
			moderate,					
			hard, and very					
			hard range,					
			6/12 mos					
		Print-based	Total number		81	129	162	
		individualized feedback	of minutes					
			reported in the					
			moderate,					
			hard, and very					
			hard range,					
			6/12 mo					
	Behavioral	Contact control			78	2.41	2.41	
	processes	Telephone-based			80	2.41	2.82	
		individualized feedback						
		Print-based			81	2.36	2.91	
		individualized feedback						
	Cognitive	Contact control			78	2.86	2.67	
	processes	Telephone-based			80	2.91	2.99	
		individualized feedback						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Print-based			81	2.92	3.12	
		individualized feedback						
	Decisional	Contact control			78	1.29	-3.64	
	balance	Telephone-based			80	-0.07	-0.75	
		individualized feedback						
		Print-based			81	-0.45	1.34	
		individualized feedback						
	Self-efficacy	Contact control			78	2.66	2.37	
		Telephone-based			80	2.72	2.86	
		individualized feedback						
		Print-based			81	2.53	2.98	
		individualized feedback						
	Exercise test	Contact control			78	7.65	8.16	
	minutes	Telephone-based			80	7.54	8.64	
		individualized feedback						
		Print-based			81	7.96	8.7	
		individualized feedback						
	VO_2	Contact control	ml/kg/min		78	25.6	26.3	
		Telephone-based	ml/kg/min		80	25.3	27.2	
		individualized feedback						
		Print-based	ml/kg/min		81	26	27.1	
		individualized feedback						
Marks,	Pretreatment:	2F: Mainly stand-alone		20	19		7.4	
2004 ⁵¹	Self-rated-Main	computer-guided self-						
	problem and	exposure						
	goals	2C: Entirely clinician-		29	27		7.3	
		guided self-exposure						
		given face-to-face						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		1R: Rainly stand-alone computer- and audiotape-guided self-relaxation without exposure		16	14		7.1	
	Pretreatment: Self-rated Goals	2F: Mainly stand-alone computer-guided self-exposure		20	19		7.1	
		2C: Entirely clinicianguided self-exposure given face-to-face		29	27		7	
		1R: Mainly stand-alone computer- and audiotape-guided self - relaxation without exposure		16	14		7.1	
	Pretreatment: Self-ratedFQ Global Phobia	2F: Mainly stand-alone computer-guided self-exposure		20	19		6.1	
		2C: Entirely clinicianguided self-exposure given face-to-face		29	27		6.7	
		1R: Mainly stand-alone computer- and audiotape-guided self-relaxation without exposure		16	14		6.6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Pretreatment:	2F: Mainly stand-alone		20	19		15.5	
	Self-rated	computer-guided self-						
	WAS Total	exposure						
		2C: Entirely clinician-		29	27		17.6	
		guided self-exposure						
		given face-to-face						
		1R: mainly stand-alone		16	14		15.4	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Pretreatment:	2F: Mainly stand-alone		20	19		NS	
	Blind assessors-	computer-guided self-						
	-Main problem	exposure						
		2C: Entirely clinician-		29	27		NS	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		NS	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Pretreatment:	2F: Mainly stand-alone		20	19		NS	
	Blind assessors-	computer-guided self-						
	-Goal	exposure						
		2C: Entirely clinician-		29	27		NS	
		guided self-exposure						
		given face-to-face						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		1:R mainly stand-alone		16	14		NS	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Pretreatment:	2F: Mainly stand-alone		20	19		5.4	
	Blind assessors-	computer-guided self-						
	FQ Global	exposure						
	Phobia	2C: Entirely clinician-		29	27		5.7	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		5.6	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Pretreatment:	2F: Mainly stand-alone		20	19		14.6	
	Blind assessors-	computer-guided self-						
	-WAS Total	exposure						
		2C: Entirely clinician-		29	27		17.5	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		15.9	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
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Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Posttreatment:	2F: Mainly stand-alone					3.9	
	Self-rated	computer-guided self-						
	Main problem	exposure						
	and goals	2C: Entirely clinician-		29	27		3.6	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		6.4	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Posttreatment:	2F: Mainly stand-alone					2.9	
	Self-rated	computer-guided self-						
	Goals	exposure						
		2C: Entirely clinician-		29	27		3.1	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		6.7	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Post treatment:	2F: Mainly stand-alone					3.8	
	Self-ratedFQ	computer-guided self-						
	Global Phobia	exposure						
		2C: Entirely clinician-		29	27		3.3	
		guided self-exposure						
		given face-to-face						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		1R: Mainly stand-alone		16	14		5.7	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Post treatment:	2F: Mainly stand-alone					10	
	Self-rated	computer-guided self-						
	WAS Total	exposure						
		2C: Entirely clinician-		29	27		11.8	
		guided self-exposure						
		given face-to-face						
		1R: Mainly stand-alone		16	14		11.9	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
	Post treatment	2F: Mainly stand-alone					3.1	
	Blind assessors:	computer-guided self-						
	Main problem	exposure						
	F	2C: Entirely clinician-		29	27		3.6	
		guided self-exposure					0.0	
		given face-to-face						
		1R: Mainly stand-alone		16	14		5.8	
		computer- and audio-			1 -			
		tape-guided self-						
		relaxation without						
		exposure						
		CAPOSUIC			l			

rawal re 2.9	value
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3.2	
5.3	
7.2	
10	
	5.3 5.3

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		1R: Mainly stand-alone		16	14		15.3	
		computer- and audio-						
		tape-guided self-						
		relaxation without						
		exposure						
Maslin,	Mental health	Control usual care			NR	68	68	
1998 ⁵²	score on SF-36	from multidisciplinary						
	questionnaire	team						
		Intervention			NR	60	68	0.02
		interactive video disk						
		system + usual care						
		from multidisciplinary						
		team						
	Anxiety score	Control usual care			NR			< 0.001
	on the hospital	from multidisciplinary						
	anxiety and	team						
	depression scale	Intervention			NR			< 0.001
		interactive video disk						
		system + usual care						
		from multidisciplinary						
		team						
	Viewing IVD	Intervention			NR		12.5	
	had impact on	interactive video disk						
	surgical choice	system + usual care						
		from multidisciplinary						
		team						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal	Measu re	value
		Intervention interactive video disk system + usual care from multidisciplinary team			NR		14.2	
McDonal d, 2005 ⁵³	Last observation	Participants assigned to weight loss manual			24		3.6	< 0.05
,	carried forward to week 16	Participants assigned to commercial Internet weight loss program (e- Diet.com)			23		0.9	0.01
	Last observation	Participants assigned to weight loss manual			24		4	< 0.05
	carried forward to week 52	Participants assigned to commercial Internet weight loss program (e-Diet.com)			23		1.1	0.04
	Baseline carried forward to	Participants assigned to weight loss manual			24		3.2	
	week16	Participants assigned to commercial Internet weight loss program (e-Diet.com)			23		0.9	0.01
	Baseline carried forward to week	Participants assigned to weight loss manual			24		3.1	
	52	Participants assigned to commercial Internet weight loss program (e- Diet.com)			23		1.3	0.04

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Completers	Participants assigned to			31		4	Not
	only at week 16	weight loss manual						signifi
								cant
		Participants assigned to			31		1.3	0.01
		commercial Internet						
		weight loss program (e-						
		Diet.com)						
	Completers	Participants assigned to			31		4.4	Not
	only at week 52	weight loss manual						signifi
		D			2.1		2.1	cant
		Participants assigned to			31		2.1	0.04
		commercial Internet						
		weight loss program (e-						
Mantagan	5 zza CVI zi ala	Diet.com) Usual care	0/	130	130			1
Montgom	5-yr CV risk <10%		%					
ery, 2000 ⁵⁴	<10%	CDSS plus risk chart		202	202	12	15	
2000	F CVI -:-1-	Risk chart alone Usual care	%	199	199 130	13	15	
	5-yr CV risk 10-19.9%		%	130				
	10-19.9%	CDSS plus risk chart Risk chart alone		202	202	47	16	
	5-yr CV risk	Usual care	%	199 130	199 130	47	46	
	5-yr C v risk >20%		%			34	32	
	>20%	CDSS plus risk chart Risk chart alone		202	202			
	Moon 5 vm CV	Usual care	% CV risk	199 130	199 130	17.3	39 17.8	
	Mean 5-yr CV risk				ļ			
	118K	CDSS plus risk chart Risk chart alone	Mean CV risk	202	202	16	16.7	
	Maan avatalia		Mean CV risk	199	199	17.9	17.5	
	Mean systolic BP	Usual care	mm Hg	130	130	158	159	
	מם	CDSS plus risk chart	mm Hg	202	202	153	153	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Risk chart alone	mm Hg	199	199	156	153	
	Mean diastolic	Usual care	mm Hg	130	130	86	84	
	BP	CDSS plus risk chart	mm Hg	202	202	85	85	
		Risk chart alone	mm Hg	199	199	87	86	
	0-1 classes of	Usual care	%	137	137			
	drugs	CDSS plus risk chart	%	207	207			
		Risk chart alone	%	208	208	47	33	
	2 classes of	Usual care	%	137	137	33	34	
	drugs	CDSS plus risk chart	%	207	207	36	36	
		Risk chart alone	%	208	208	28	32	
	>=3 class of	Usual care	%	137	137	25	29	
	drugs	CDSS plus risk chart	%	207	207	21	25	
		Risk chart alone	%	199	199	25	35	
	Mean difference	Usual care	CV risk	130	130		0.77	
	in 5-yr CV risk	CDSS plus risk chart	C V risk	202	202		0.65	
	-	Risk chart alone	CV risk	199	199		-0.48	
	Mean difference	Usual care	mm Hg	130	130		-1.64	
	in systolic BP	CDSS plus risk chart	mm Hg				-0.04	
		Risk chart alone	mm Hg	199	199		-2.66	
	Mean difference	Usual care	mm Hg	130	130		-1.64	
	in diastolic BP	CDSS plus risk chart	mm Hg				0.36	
		Risk chart alone	mm Hg	199	199		-1.1	
Montgom	Decisional	Standard care	Score				27.8	
ery,	conflict scale	Information program	Score				22.5	
2007^{55}	(total)	Decision analysis	Score				23.6	
	Mode of	Standard care	N				50	
	delivery:	Information program	N		117		49	
	Elective	Decision analysis	N				41	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Caesarean	Standard care	N				20	
		Information program	N		53		22	
		Decision analysis	N		50		21	
	Mode of	Standard care	N				30	
	delivery:	Information program	N				29	
	Vaginal birth	Decision analysis	N		88		37	
	Anxiety	Standard care					42.1	
		Information program					38.5	
		Decision analysis					38.7	
	Knowledge	Standard care					57.5	
		Information program					69.7	
		Decision analysis					68.0	
	Satisfaction	Standard care					4.2	
	with decision	Information program					4.3	
		Decision analysis					4.4	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Napolitan	Physical	Participants in the		35	31		80.86	
o, 2003^{56}	activity	waiting list control						
	(moderate):	group were told that						
	Iintervention	they would have to						
	outcome at	wait 3 months to						
	baseline	participate. They						
		completed assessments						
		at 1 and 3 months,						
		similar to participants						
		in the Internet						
		condition. After their 3-						
		month assessment, they						
		were sent to the						
		internet group						
		Participants in the		30	21		68.79	
		Internet condition						
		received access to the						
		Web site for 3 months						
		along with weekly e-						
		mail tip sheets						

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
	Physical activity (moderate): intervention outcome in 1 month	Participants in the waiting list control group were told that they would have to wait 3 months to participate. They completed assessments at 1 and 3 months, similar to participants in the Internet condition. After their 3-month assessment, they were sent to the internet group		35	31		96.82	
		Participants in the Internet condition received access to the Web site for 3 months along with weekly e- mail tip sheets		30	21		98.33	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Physical	Participants in the		35	31		82	
	activity:	waiting list control						
	(moderate):	group were told that						
	Intervention	they would have to						
	outcome in 3	wait 3 months to						
	months	participate. They						
		completed assessments						
		at 1 and 3 months,						
		similar to participants						
		in the Internet						
		condition. After their 3-						
		month assessment, they						
		were sent to the						
		internet group						
		Participants in the		30	21		112	Not
		Internet condition						signifi
		received access to the						cant
		Web site for 3 months						
		along with weekly e-						
		mail tip sheets						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Physical	Participants in the		35	31		87.57	
	activity-	waiting list control						
	(Walking)	group were told that						
	Intervention	they would have to						
	outcome in	wait 3 months to						
	Baseline	participate. They						
		completed assessments						
		at 1 and 3 months,						
		similar to participants						
		in the Internet						
		condition. After their 3-						
		month assessment, they						
		were sent to the						
		internet group						
		Participants in the		30	21		57.24	
		Internet condition						
		received access to the						
		Web site for 3 months						
		along with weekly e-						
		mail tip sheets						

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur	Final n (n After Withdrawal	Final Measu re	P- value
	Physical activity (walking): Intervention outcome in 1 month	Participants in the waiting list control group were told that they would have to wait 3 months to participate. They completed assessments at 1 and 3 months, similar to participants in the Internet condition. After their 3-month assessment, they were sent to the internet group		35	31	s)	83.79	
		Participants in the Internet condition received access to the Web site for 3 months along with weekly email tip sheets		30	21		87.29	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Physical activity (walking): Intervention outcome in 3 month	Participants in the waiting list control group were told that they would have to wait 3 months to participate. They completed assessments at 1 and 3 months, similar to participants in the Internet condition. After their 3-month assessment, they were sent to the internet group Participants in the Internet condition received access to the		35	21	5)	99.75	
Neumann	At-risk	Web site for 3 months along with weekly email tip sheets Control	% meeting		352		42.6	
, 2006 ⁵⁷	drinking/all patients	FRAMES computer- generated feedback	BMA criteria % meeting BMA criteria		561		37.3	0.168
	At risk drinking/precon	Control	% meeting BMA criteria		352		30.5	
	templation	FRAMES computer- generated feedback	% meeting BMA criteria		561		31.2	0.891

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	At risk drinking/conte	Control	% meeting BMA criteria		352		64.5	
	mplation	FRAMES computer- generated feedback	% meeting BMA criteria		561		51.1	0.066
	At risk drinking/action	Control	% meeting BMA criteria		352		45.7	
		FRAMES computer- generated feedback	% meeting BMA criteria		561		32.3	0.099
	Alcohol intake	Control	G/day		352		23	
		FRAMES computer- generated feedback	G/day		561		21	0.029
	% change from	Control	% change		352		-10.9	
	baseline	FRAMES computer- generated feedback	% change		561		-22.8	0.023
	Remained low-	Control	%		352		39.5	
	risk drinker	FRAMES computer- generated feedback	%		561		41.6	0.59
	Changed from	Control	%		352		15.3	
	low-risk to at- risk	FRAMES computer- generated feedback	%		561		11.7	0.17
	Changed from	Control			352		17.9	
	at-risk to low- risk	FRAMES computer- generated feedback	%		561		21.1	0.3
	Remained at-	Control			352		27.3	
	risk drinker	FRAMES computer- generated feedback	%		561		25.6	0.64

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Nguyen, 2008 ⁵⁸	CRQ: Dyspnea	fDSMP (face-to-face)	Score 5-35	20	20	15.9	19.9	
2008 ⁵⁸	with ADL	eDSMP (Internet-	Range 5-35	19	19	18.8	21.3	0.14
		based)						
	Exercise stage	fDSMP (face-to-face)	%	20	20			
	of change:	eDSMP(Internet-	%	19	19			NA
	Action or	based)						
	maintenance							
	Endurance	fDSMP (face-to-face)	Total	20	20	77	121	
	exercise		min/week					
		eDSMP (Internet-	Total min/wk	19	19	89	128	0.22
		based)						
	Strength	fDSMP (face-to-face)	Total	20	20	21	53	
	exercise		min/week					
		eDSMP (Internet-	Total min/wk	19	19	11	34	0.54
		based)						
	6-minute walk	fDSMP (face-to-face)	M	20	20	406	394	
	test	eDSMP (Internet-	M	19	19	436	456	0.22
		based)						
	CRQ Fatigue	fDSMP (face-to-face)	Range 4-28	20	20	16.1	17.7	
		eDSMP (Internet-	Range 4-28	19	19	17.1	18.3	0.29
		based)						
	CRQ: Mastery	fDSMP (face-to-face)	Range 4-28	20	20	20.4	22.4	
	,	eDSMP (Internet-	Range4-28	19	19	21.7	23.6	0.35
		based)						
	CRQ:	fDSMP (face-to-face)	Range 7-49	20	20	33.4	34.5	
	Emotional	eDSMP (Internet-	Range 7-49	19	19	35.9	36.8	0.33
	functioning	based)						
	CRQ: Ttotal	fDSMP (face-to-face)	Range 2140	20	20	85.8	94.5	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	score	eDSMP (Internet-	Range 20-140	19	19	93.5	99.9	0.19
		based)						
	SF-36: Physical	fDSMP (face-to-face)	Range 0-100	20	20	32	8	
	composite	eDSMP (Internet-	Range 0-100	19	19	37.3	39.9	0.07
		based)						
	SF-36: Mental	fDSMP (face-to-face)	Range 0-100	20	20	12.5	13.8	
	composite	eDSMP (Internet-	Range 0-100	19	19	49.7	51.3	0.7
		based)						
	Dyspnea	fDSMP (face-to-face)	Range 0-15	20	20	12.5	13.8	
	knowledge	eDSMP (Internet-	Range 0-15	19	19	12.6	14.1	0.49
		based)						
	Self-efficacy	fDSMP (face-to-face)	Range 0-10	20	20	4.6	5	
		eDSMP(Internet-based)	Range 0-10	19	19	4.7	6.7	0.18
	Perception of	fDSMP (face-to-face)	Range 0-100	20	20	68.9	70.9	
	support	eDSMP (Internet-	Range 0-100	19	19	62.2	66.4	0.64
		based)						
	Perception of	fDSMP (face-to-face)	%	20	20		80	
	exercise	eDSMP (Internet-	%	19	19		68	
	support/strongly	based)						
	agree							
	Perception of	fDSMP (face-to-face)	%	20	20		10	
	exercise	eDSMP (Internet-	%				32	
	support/agree	based)						
	Satisfaction	fDSMP (face-to-face)	Scale 1-5	20	20		2.7	
	with program	eDSMP (Internet-	Scale 1-5				2.6	
		based)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Ojima,	Periodontal	Control (face-to-face	Index of		NR			
2003^{59}	inflammation	toothbrushing						
		instructions and						
		telephone followup						
		In addition to control			NR			< 0.05
		activities, utilized a						
		Web-based						
		instructional system						
	Plaque	Control (face-to-face	Index of		NR			
	accumulation	toothbrushing						
		instructions and						
		telephone followup						
		In addition to control			NR			< 0.05
		activities, utilized a						
		Web-based						
		instructional system						
	Gingival	Control (face-to-face	Index of		NR			
	inflammation	toothbrushing						
		instructions and						
		telephone followup						
		In addition to control			NR			< 0.05
		activities, utilized a						
		Web-based						
		instructional system						
	Oral hygiene	Control (face-to-face	Index of		NR			
		toothbrushing						
		instructions and						
		telephone followup						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		In addition to control			NR			< 0.05
		activities utilized a						
		Web-based						
		instructional system						
Parati,	% with daytime	Usual care		111	111		50	
2009^{60}	BP	Teletransmitted home		187	187		62	
	normalization	BP						
	Frequency of	Usual care		111	111		14	
	treatment	Teletransmitted home		187	187		9	
	changes	BP						
	Quality of life	Usual care		111	111			
	at end of study	Teletransmitted home		187	187		33.8-	
	per QOL	BP					43.0	
	assessment in							
	HTN patient's							
	questionnaire							
	Health care	Usual care	US dollars	111	111			
	costs	Teletransmitted home	US dollars	187	187		96.92-	
		BP					159.90	
Patten,	30-day,	Clinic-based, brief	% not		69			
2006^{61}	biochemically	office intervention	smoking,					
	confirmed,		week					
	point-		8/12/24/36					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	prevalence abstinence rates	Internet, home-based smoking cessation intervention	% not smoking, week 8/12/24/36		70	,	1/3/6/6	
	Cigarettes smoked per day	Clinic-based, brief office intervention	% reductions from baseline		69		26.8	
	at week 24	Internet, home-based smoking cessation intervention	% reductions from baseline		70		33.8	
	Days smoked at week 24	Clinic-based, brief office intervention	Days		69		14.6	
		Internet, home-based smoking cessation intervention	% reductions from baseline		70		19.6	
	Days smoked at week 24:	Clinic-based, brief office intervention	Days		69		3.4	
	Participants categorized as smokers	Internet, home-based smoking cessation intervention	Days		70		14.7	
	Reductions in cigarettes	Clinic-based, brief office intervention	Cigarettes		69			
	smoked per day at week 24: Participants categorized as smokers	Internet, home-based smoking cessation intervention	Cigarettes		70		29.7	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e	After Withdrawal	Measu re	value
		intervention			measur e	s)	16	
Peters, 2006 ⁶²	Global patient assessment of care index	Without computer- assisted decision support technology to		309	331	25	21.2	
		assist with patient screening						
		Computer-assisted decision support technology to assist with patient screening		296	350	25	28.6	0.99/< 0.001
	Satisfaction with care index	Without computer- assisted decision support technology to assist with patient screening		309	331	13.4	8.9	
		Computer-assisted decision support technology to assist with patient screening		296	350	13.7	17.4	0.79/p - value= <0.001
	Technical quality of care index	Without computer- assisted decision support technology to assist with patient screening		309	331	28.3	22.2	
		Computer-assisted decision support technology to assist with patient screening		296	350	28.3	30.3	1.00/<0.001

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Respect for	Without computer-		309	331	26.7	18	
	patient index	assisted decision						
		support technology to						
		assist with patient						
		screening						
		Computer-assisted		296	350	25.5	23.9	0.48/<
		decision support						0.001
		technology to assist						
		with patient screening						
	Communication	Without computer-		309	331	31.5	32.5	
	index	assisted decision						
		support technology to						
		assist with patient						
		screening						
		Computer-assisted		296	350	32.1	44	0.75/<
		decision support						0.001
		technology to assist						
		with patient screening						
	Financial aspect	Without computer-		309	331	31.4	33.3	
	of care index	assisted decision						
		support technology to						
		assist with patient						
		screening						
		Computer-assisted		296	350	30.6	40.1	0.72/<
		decision support						0.001
		technology to assist						
		with patient screening						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Access to care	Without computer-		309	331	20.5	16.2	
	index	assisted decision						
		support technology to						
		assist with patient						
		screening						
		Computer-assisted		296	350	21.2	20.7	0.66/0.
		decision support						008
		technology to assist						
		with patient screening						
	Health worker's	Without computer-		20	22	5.3	13.6	
	attitude: Use	assisted decision						
	computer for	support technology to						
	diagnosis and	assist with patient						
	treatment	screening						
		Computer-assisted		17	23	11.1	39.1	0.51/
		decision support						0.05
		technology to assist						
		with patient screening						
	Health worker's	Without computer-		20	22	5.3	22.7	
	attitude: Use	assisted decision						
	equipment at	support technology to						
	work	assist with patient						
		screening		1.77	22		20.4	0.07/0
		Computer-assisted		17	23	5.6	30.4	0.97/0.
		decision support						56
		technology to assist						
		with patient screening						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Health worker's	Without computer-		20	22	94.7	90.9	
	attitude:	assisted decision						
	Learning new	support technology to						
	technology	assist with patient						
		screening						
		Computer-assisted		17	23	88.9	91.3	0.51/0.
		decision support						96
		technology to assist						
		with patient screening						
	Health worker's	Without computer-		20	22	57.9	77.3	
	attitude: What	assisted decision						
	technology	support technology to						
	needs to be used	assist with patient						
	in the clinic	screening						
		Computer-assisted		17	23	72.2	95.7	0.36/0.
		decision support						07
		technology to assist						
		with patient screening						
	Health worker's	Without computer-		20	22	0	18.2	
	attitude:	assisted decision						
	Medical	support technology to						
	information	assist with patient						
	readily	screening		1-				
	available on a	Computer-assisted		17	23	0	52.2	
	computer	decision support						n/a/0.0
		technology to assist						2
		with patient screening						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Health worker's	Without computer-		20	22	0	27.3	
	attitude:	assisted decision						
	Patients'	support technology to						
	medical history	assist with patient						
	available on a	screening						
	computer in the	Computer-assisted		17	23	11.1	69.6	0.23/0.
	clinic	decision support						005
		technology to assist						
		with patient screening						
	Health worker's	Without computer-		20	22	15.8	36.4	
	attitude: Have	assisted decision						
	computer in the	support technology to						
	clinic	assist with patient						
		screening						
		Computer-assisted		17	23	5.6	87	0.60/
		decision support						=<0.0
		technology to assist						01
		with patient screening						
	Health worker's	Without computer-		20	22	0.013.6		
	attitude: Use a	assisted decision						
	computer in the	support technology to						
	clinic	assist with patient						
		screening						
		Computer-assisted		17	23	5.6	39.1	0.49/
		decision support						=0.05
		technology to assist						
		with patient screening						
Piette,	Depression	Usual care			NR		17.6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
2000^{63}		Biweekly ATDM calls	Score		NR		13.7	
		with telephone follow-						
		up						
	Anxiety	Usual care			NR		3.7	
		Biweekly ATDM calls			NR		3.8	
		with telephone follow-						
		up						
	Self-efficacy	Usual care			NR		4.2	
		Biweekly ATDM calls			NR		4.5	
		with telephone follow-						
		up						
	Days in bed	Usual care			NR		1	
	because of	Biweekly ATDM calls			NR		0.5	
	illness	with telephone follow-						
		up						
	Days cut down	Usual care			NR		1.8	
	on activities	Biweekly ATDM calls			NR		1.5	
	because of	with telephone follow-						
	illness	up						
	Diabetes-	Usual care			NR		2.1	
	specific HRQL:	Biweekly ATDM calls			NR		2.1	
	Summary scale	with telephone follow-			1121			
	, , , , , , , , , , , , , , , , , , , ,	up						
	Satisfaction	Usual care			NR		3.3	
	with care:	Biweekly ATDM calls			NR		3.5	
	Summary scale	with telephone follow-			_ '- '		3.5	
	, , , , , , , , , , , , , , , , , , ,	up						
	General HRQL:	Usual care			NR		52.7	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Physical	Biweekly ATDM calls			NR		58.5	
	functioning	with telephone follow-						
		up						
	General HRQL:	Usual care			NR		49.3	
	Role limitations	Biweekly ATDM calls			NR		46	
	(physical)	with telephone follow-						
		up						
	General HRQL:	Usual care			NR		69.3	
	Social	Biweekly ATDM calls			NR		76.2	
	functioning	with telephone follow-						
		up						
	General HRQL:	Usual care			NR		74.3	
	Bodily pain	Biweekly ATDM calls			NR		60.2	
		with telephone follow-						
		up						
	General HRQL:	Usual care			NR		74.3	
	Role limitations	Biweekly ATDM calls			NR		80.3	
	(mental)	with telephone follow-						
		up						
	General HRQL:	Usual care			NR		42.4	
	General health	Biweekly ATDM calls			NR		46.1	
	perceptions	with telephone follow-						
		up						
Prieb,	Number of	DIALOG	CSQ	241	25.96	241	25.99	P=0.0
2007^{64}	unmet needs	Usual care		207	25.04	207	25.15	1
	and satisfaction							
Quinn, 2008 ⁶⁵	A1c	Control group		13	13	9.05	8.37	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		T		e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
	A1c mean	Well-Doc intervention		13	e 13	s) 9.51	7.48	0.04
	Medication		%	13		9.31	23.1	0.04
		Control group			13			0.002
	intensified	Well-Doc intervention	%	13	13		84.6	0.002
	Medication	Control group	%	13	13		0	
	errors identified	Well-Doc intervention	%	13	13		53.38	0.002
	Physician	Control group	%	13	13		7.69	
	received logbook	Well-Doc intervention	%	13	13		100	<0.001
	New diagnosis	Control group	%	13	13		20	
	depression	Well-Doc intervention	%	13	13		9.09	0.37
	Diet diabetes self-care	Control group	Mean days per week	13	13	3.15	3.86	
		Well-Doc intervention	Mean number of days per week	13	13	3.15	5.5	0.036
	Medications diabetes self-	Control group	Mean days per week	13	13	6.3	6.75	
	care	Well-Doc intervention	Mean number of days per week	13	13	5.92	6.64	0.495
	Exercise diabetes self-	Control group	Mean days per week	13	13	1.23	1.57	
	care	Well-Doc intervention	Mean number of days per week	13	13	2.08	2.92	0.657

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Improved	Control group	%	13	13		50	
	knowledge of	Well-Doc intervention	%	13	13		90.91	0.062
	food (self-							
	reported)							
	Provider	Control group	%	13	13		37.5	
	management	Well-Doc intervention	%	13	13		100	0.004
	improved							
	Patient	Control group	%	13	13		75	
	confidence	Well-Doc intervention	%	13	13		100	0.167
	Prior to study,	Control group	% yes		13		0	
	Patient	Well-Doc intervention	% yes		13		7.69	0.5
	remembers							
	logbook or							
	glucometers for							
	physician visit							
	Patient self-	Control group	% yes		13		15.38	
	management	Well-Doc intervention	% yes		13		100	< 0.001
	skills improved							
	Physician received data	Control group	% yes		13		7.69	

Author, Year	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Physician received data to manage patient's diabetes	Well-Doc intervention	% yes		13		100	<0.001
	Physician	Control group	% yes		13		23.08	
	received more patient data	Well-Doc intervention	% yes		13		100	0.001
Rinfret,	Adherence	Usual care		112		112	There w	
2009 ⁶⁶		Educational booklet and home BP monitor		111		111	- also a tr toward improve adheren measure pharmae (CMA) interver subjects (P_0.07	ed drug ce ed with cy data in
Rothert, 2006 ⁶⁷	Materials were helpful	Information only Tailor expert Webbased weight management program in an integrated health	% agreement			306	56.7 74.6	0.0001
	Information easy to understand	Information only Tailor expert Webbased weight	% agreement			279 306	81.6 92.8	0.0001

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		management program in an integrated health care setting						
	Materials were personally relevant	Information only Tailor expert Webbased weight management program in an integrated health care setting	% agreement			279 306	60.8 78.0	0.0001
	Would recommend the program to others	Information only Tailor expert Webbased weight management program in an integrated health care setting	% agreement			279 306	58.7 74.9	0.0001
Roumie, 2006 ⁶⁸	Systolic BP	Provider education providers	mm Hg		54		145	
		Provider education and alert	mm Hg		62		146	
		Provider education, alert, and patient education	mm Hg		66		138	
	Change in systolic BP	Provider education Providers	mm Hg		54		-12	
	from baseline	Provider education and alert	mm Hg		62		-11	
		Provider education, alert, and patient education	mm Hg		66		-16	

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
1 cui		Intervention			measur e	Withdrawal s)	re	varae
	Systolic BP <=140	Provider education providers	%		54		42	
		Provider education and alert	%		62		40.9	0.003
		Provider education, alert, and patient education	%		66		59.5	0.003
	Systolic BP <=140	Provider education providers	%		54		33	
	assuming missing BP not	Provider education and alert	%		62		27.1	0.013
	controlled	Provider education, alert, and patient education	%		66		45.3	0.013
	Diastolic BP <90 mm Hg	Provider education roviders	%		54		67.9	
	(assume missing BP is	Provider education and alert	%		62		58.7	0.81
	not controlled)	Provider education, alert, and patient education	%		66		68.3	0.81
	Any changes in antihypertensiv	Provider education providers	%		54		32.4	
	e drugs Pr	Provider education and alert	%		62		28.7	0.33
		Provider education, alert, and patient education	%		66		29.1	0.33

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Dose increased	Provider education	%		54		13	
		providers						
		Provider education and	%		62		9.1	0.07
		alert						
		Provider education,	%		66		8.7	0.07
		alert, and patient						
		education						
	Drug added	Provider education	%		54		15.7	
		providers						
		Provider education and	%		62		15.4	0.49
		alert						
		Provider education,	%		66		17.5	0.49
		alert, and patient						
		education						
	Diruetic	Provider education	%		54		9.3	
		Providers						
		Provider education and	%		62		9	0.41
		alert						
		Provider education,	%		66		11.3	0.41
		alert, and patient						
		education						
	Ace/arb	Provider education	%		54		6.5	
	Pro ale	providers						
		Provider education and	%		62		6.2	0.77
		alert						
		Provider education,	%		66		7	0.77
		alert, and patient						
		education						

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Teal		Intervention		e ii	measur e	Withdrawal s)	re	value
	Calcium- channel blocker	Provider education Providers	%		54	,	2.2	
		Provider education and alert	%		62		2.9	0.48
		Provider education, alert, and patient education	%		66		3	0.48
	Beta-blocker	Provider education providers	%		54		4.9	
		Provider education and alert	%		62		3.7	NA
		Provider education, alert, and patient education	%		66		3.8	NA
	Alpha- Adrenergic	Provider education Providers	%		54		2.5	
	antagonist	Provider education and alert	%		62		2.6	0.5
		Provider education, alert, and patient education	%		66		1.7	0.5
	Both increased dose and drug	Provider education providers	%		54		3.7	
	added	Provider education and alert	%		62		4	0.57
		Provider education, alert, and patient education	%		66		3	0.57

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur e	Withdrawal s)	re	
	Mean medication	Provider education providers	Not specified		54			
	adherence	Provider education and alert	Not specified		62			
		Provider education, alert, and patient education	Not specified		66			
	Hospitalizations	Provider education providers	%		54		3.7	
		Provider education and alert	%		62		2.9	
		Provider education, alert, and patient education	%		66		5.3	
	Deaths	Provider education providers	%		54		2.5	
		Provider education and alert	%		62		0.6	
		Provider education, alert, and patient education	%		66		0.9	
Ruland,	Congruence	Usual care			NR		2.84	
2003 ⁶⁹	between patient-reported symptoms and those addressed in consult visit	Used computerized system for SDM for cancer symptom care			NR		7.63	<0.01

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Ease of use	Used computerized	Composite		NR		5.06	
		system for SDM for	score (range -					
		cancer symptom care	16 to +16)					
Santamor	Blood pressure	Usual care	% of patients	160			49	< 0.000
e, 2008 ⁷⁰	monitoring	Patients in the	with outcome	161			92	1
		intervention group had						
		blood pressure						
		measurements						
		transmitted through an						
		Internet based-						
		telemedicine system						
Saver,	Decisional	Brochure	Quality scores		199	22.2	24.7	
2007^{71}	satisfaction	CHESS-MAB, Web-	Quality scores	173	144	22.2	24.5	
		based decision support						
	Decisional	Brochure	Quality scores		199	8.6	7.5	
	conflict	CHESS-MAB, Web-	Quality scores	173	144	8.4	7.7	
		based decision support						
	Knowledge	Brochure	Quality scores		199	10.3	12.8	
		CHESS-MAB, Web-	Quality scores	173	144	10.5	14.3	
		based decision support						
Schapira, 2007 ⁷²	Knowledge	Control intervention		88	86		15.5	
2007^{72}		consisting of a printed						
		pamphlet						
		Computer-based HT		89	85		15.1	
		decision aid						
	Satisfaction	Control intervention		88	86		4.37	
	with decision	consisting of a printed						
		pamphlet						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		-		e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Computer-based HT		89	85		4.37	
		decision aid						
	Decision	Control intervention		88	86		1.78	
	conflict: Total	consisting of a printed						
		pamphlet						
		Computer-based HT		89	85		1.74	
		decision aid						
	Decision	Control intervention		88	86		1.9	
	conflict:	consisting of a printed						
	Decisional	pamphlet						
	uncertainty	Computer-based HT		89	85		1.88	
	subscale	decision aid						
	Decision	Control intervention		88	86		1.78	
	conflict:	consisting of a printed						
	Factors of	pamphlet						
	uncertainty	Computer-based HT		89	85		1.73	
	subscale	decision aid						
	Decision	Control intervention		88	86		1.7	
	conflict:	consisting of a printed						
	Effective	pamphlet						
	decisionmaking	Computer-based HT		89	85		1.64	
	subscale	decision aid						
Schuman	1st letter,	Participants received			727			
n, 2008 ⁷³	normative	only one computer-						
	feedback:	tailored feedback letter						
	Precontemplatio	(normative						
	nTheoretical	comparisons only)						
	number							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	2nd letter,	Participants, received			471			
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nTheoretical							
	number							
	3rd letter,	Participants received			422		54.6	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nTheoretical							
	number							
	1st letter,	Participants received			727			
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Precontemplatio	(normative						
	nEmpirical	comparisons only)						
	number							
	2nd letter,	Participants received			471			
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nEmpirical							
	number							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	3rd letter,	Participants received			422		54.6	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nEmpirical							
	number							
	1st letter,	Participants received			727			
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Precontemplatio	(normative						
	nEmpirical	comparisons only)						
	frequency							
	2nd letter,	Participants received			471		57.5	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nEmpirical							
	frequency							
	3rd letter,	Participants received			422		54.6	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Precontemplatio							
	nEmpirical							
	frequency							

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur	Withdrawal	re	
	1st letter,	Participants received			e 282	s)		
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Contemplation-	(normative						
	-Theoretical	comparisons only)						
	number							
	2nd letter,	Participants received			279		34.1	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	-Theoretical							
	number							
	3rd letter,	Participants received			258		33.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	-Theoretical							
	number							
	1st letter,	Participants received			282			
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Contemplation-	(normative						
	-Empirical	comparisons only)						
	number							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	2nd letter,	Participants, received			279			
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	-Empirical							
	number							
	3rd letter,	Participants received			258		33.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	-Empirical							
	number							
	1st letter,	Participants received			282			
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Contemplation-	(normative						
	-Empirical	comparisons only)						
	frequency							
	2nd letter,	Participants received			279			
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	Empirical							
	frequency							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	3rd letter,	Participants received			258		33.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Contemplation-							
	-Empirical							
	frequency							
	1st letter,	Participants received			35			
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Preparation	(normative						
	Theoretical	comparisons only)						
	number							
	2nd letter,	Participants received			41			
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Theoretical							
	number							
	3rd letter,	Participants received			34		4.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Theoretical							
	number							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	1st letter,	Participants received			35		3.4	
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Preparation	(normative						
	Empirical	comparisons only)						
	number							
	2nd letter,	Participants received			41		5	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Empirical							
	number							
	3rd letter,	Participants received			34		4.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Empirical							
	number							
	1st letter,	Participants received			35		3.4	
	normative	only one computer-						
	feedback:	tailored feedback letter						
	Preparation	(normative						
	Empirical	comparisons only)						
	frequency							

Author, Year	Outcome	Control	Units	Baselin	Baselin	Final n (n After	Final Measu	P- value
1 eai		Intervention		e n	e measur	Withdrawal	re	varue
		intervention			e	s)		
	2nd letter,	Participants received			41		5	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Empirical							
	frequency							
	3rd letter,	Participants received			34		4.4	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Preparation							
	Empirical							
	frequency							
	2nd letter,	Participants received			28		3.4	
	normative and	two tailored feedback						
	ipsative	letter						
	feedback:							
	Action							
	Theoretical number							
	3rd letter,	Participants received			50		6.5	
	normative and	three tailored feedback			30		0.5	
	ipsative	letters						
	feedback:	1011015						
	Action							
	Theoretical							
	number							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	2nd letter,	Participants received			28		3.4	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Action							
	Empirical							
	number							
	3rd letter,	Participants received			50		6.5	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Action							
	Empirical							
	number							
	2nd letter,	Participants received			28		3.4	
	normative and	two tailored feedback						
	ipsative	letters						
	feedback:							
	Action							
	Empirical							
	frequency							
	3rd letter,	Participants received			50		6.5	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Action							
	Empirical							
	frequency							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	3rd letter,	Participants received			50		1.2	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Maintenance							
	Theoretical							
	number							
	3rd letter,	Participants received			9		1.2	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Maintenance							
	Theoretical							
	number							
	3rd letter,	Participants received			9		1.2	
	normative and	three tailored feedback						
	ipsative	letters						
	feedback:							
	Maintenance							
	Theoretical							
	number							
Sequist,	Performance of	Usual care	% of patients	3319			14	**SN

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur	Final n (n After Withdrawal	Final Measu re	P- value
2005 ⁷⁴	recommended action for diabetes	Physicians in the intervention group received either evidence-based electronic reminders within their patients electronic medical record	with outcome	2924	е	s)	19	R
	Performance of recommended action for coronary artery disease	Usual care Physicians in the intervention group received either evidence-based electronic reminders within their patients electronic medical record	% of patients with outcome	3319 2924			17 22	**SN R
Sevick, 2008 ⁷⁵	Understanding the usefulness	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	% agree	77 74		61	88	
	Ease of data entry	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	% agree	77 74		61	85	

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur e	Final n (n After Withdrawal s)	Final Measu re	P- value
	Ease interpreting feedback	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	% agree	77 74		61	70	
	Would continue to use	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	% agree	77 74		61	82	
Smith, 2008 ⁷⁶	ADA-NCQA provider score, median	Usual care Patients in the intervention group received a virtual consultation	Score unit	277 358			58 56	0
	Estimated 10-yr coronary artery disease risk, median (range)	Usual care Patients in the intervention group received a virtual consultation	Score unit	358	16 18		16 15	0
	Minnesota community aggregate optimal diabetes score, number (%)	Usual care Patients in the intervention group received a virtual consultation	Percent with outcome	277 358			18 30	0

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur e	Withdrawal s)	re	
	Mean total cost	Usual care	US dollars	277			8564	0.02
		Patients in the intervention group received a virtual consultation		358			6252	
	Mean outpatient cost	Usual care	US dollars	277			2129	0.04
Stevens, 2008 ⁷⁷	Physicians perceptions of	Control					63%	P<0.0
	youth's behavioral concerns (suicide)	Health eTouch system: collects self-report data from patients					53%	
Subrama nian, 2004 ⁷⁸	Patient satisfaction with most recent primary care visit (change enrollment to	Physicians in the control group received care suggestions generated with electronic medical record data alone	Score unit	365			-0.2	0.01

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	12 months)	Physicians in the		355			0	
		intervention group						
		received care						
		suggestions generated						
		with electronic medical						
		record data and						
		symptom data obtained						
		from questionnaires						
		mailed to patients						
		within 2 weeks of						
		scheduled outpatient						
		visits						
	Mean all-cause	Physicians in the	Hospitalizatio	365			1.7	0.05
	hospitalizations	control group received	ns					
		care suggestions						
		generated with						
		electronic medical						
		record data alone						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Physicians in the		355			2.3	
		intervention group						
		received care						
		suggestions generated						
		with electronic medical						
		record data and						
		symptom data obtained						
		from questionnaires						
		mailed to patients						
		within 2 weeks of						
		scheduled outpatient						
		visits						
	Mean	Physicians in the	Hospitalizatio	365			0.4	0
	admissions for	control group received	ns					
	heart failure	care suggestions						
		generated with						
		electronic medical						
		record data alone						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
		Physicians in the intervention group received care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits		355			0.3	
Taenzer, 2000 ⁷⁹	Physical functioning (higher indicates better	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		76.9	
	function)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		60	<0.05
	Role functioning (higher indicates better function)	Lung cancer patients whose physicians and nurses did not received Quality-ofLife training	Scale units	26	26		84.6	
		Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		55.6	<0.01

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Emotional functioning (higher indicates better	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		76.3	
	function)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		75.9	
	Cognitive functioning (higher indicates better	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		81.4	
	function)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		80.3	
	Social functioning (higher indicates better	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		78.9	
	function)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		74	
	Global functioning (higher indicates better	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		64.7	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal	Measu re	value
	function)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		52.8	
	Number of functional scales indicating	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of scales	26	26		3	
	compromised function	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of scales	27	27		3.6	
	Fatigue (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		28.6	
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		41.2	
	Nausea and vomiting (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		9	
	symptomatolog y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		8.6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Pain (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		15.4	
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		26.5	<0.05
	Dyspnea (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		24.4	
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		51.9	
	Sleep disturbance (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		24.4	
	symptomatolog y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		29.6	
	Appetite (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		19.2	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		25.9	
	Constipation (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		18	
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		19.8	
	Diarrhea (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		5.1	
	y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		2.5	
	Financial difficulties (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Scale units	26	26		18	
	symptomatolog y)	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Scale units	27	27		12.4	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur e	After Withdrawal s)	Measu re	value
	Number of symptom scales indicating compromised	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of scales	26	26		4	
	functioning	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of scales	27	27		4.6	
	Number of functional and symptom scales indicating	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of scales	26	26		7.1	
	compromised function	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of scales	27	27		8.2	
	Total number of items endorsed	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of items	26	26		10.6	
		Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of items	27	27		13.1	
	% of items endorsed on patient questionnaire	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	%	26	26		23.6	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		T		e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
	that were addressed during appointment/pat ient	Lung cancer patients whose physicians and nurses received Quality-of-Life training	%	27	27	s)	48.9	<0.05
	EORTC questionnaire items addressed during the clinic	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of items	26	26		2.5	
	appointment	Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of items	27	27		6.4	<0.01
	EORTC questionnaire categories charted/patient	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of categories	26	26		0.7	
		Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of categories	27	27		1.1	<0.10
	Actions taken/patient	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	Number of actions	26	26		0.5	
		Lung cancer patients whose physicians and nurses received Quality-of-Life training	Number of actions	27	27		0.8	

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Tour		Intervention			measur e	Withdrawal s)	re	varue
	% of categories identified that were acted upon	Lung cancer patients whose physicians and nurses did not received Quality-of-Life training	%	26	26		64.7	
		Lung cancer patients whose physicians and nurses received Quality-of-Life training	%	27	27		73	
Tate, 2006 ⁸⁰	Dietary intake	Web site+ no counseling	kcal/day, baseline/3mo/ 6mo	67	59	1870	1604	
		Web site+ e-mail counseling	kcal/day, baseline/3mo/ 6mo	64	52	2043	1484	
		Web site+ computer- automated tailored counseling	kcal/day, baseline/3mo/ 6mo	61	44	1912	1489	
	Fat intake	Web site+ no counseling	%/day, baseline/3mo/ 6mo	67	59	38.4	37.3	
		Web site+ e-mail counseling	%/day, baseline/3mo/ 6mo	64	52	38.8	33.1	
		Web site+ computer- automated tailored counseling	%/day, baseline/3mo/ 6mo	61	44	37.5	34	
	Physical activity	Web site+ no counseling	kcal/week, baseline/3mo/ 6mo	67	59	1189	1064	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Web site+ e-mail	kcal/week,	64	52	1284	1377	
		counseling	baseline/3mo/					
		_	6mo					
		Web site+ computer-	kcal/week,	61	44	1211	1335	
		automated tTailored	baseline/3mo/					
		counseling	6mo					
Taylor,	Quality of	PD	Measures		26		96	
2008^{81}	asthma		were scored					
	documentation:		yes or no					
	Chest	Electronic interface	Measures		23		100	0.35
	auscultation		were scored					
			yes or no					
	Quality of	PD	Measures		14		52	
	asthma		were scored					
	documentation:		yes or no					
	Peak expiratory	Electronic interface	Measures		19		82	0.02
	flow		were scored					
			yes or no					
	Quality of	PD	Measures		16		59	
	asthma		were scored					
	documentation:		yes or no					
	Ability to	Electronic interface	Measures		22		95	0.03
	verbalize		were scored					
			yes or no					
	Quality of	PD	Measures		17		63	
	asthma		were scored					
	documentation:		yes or no					

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
		Intervention			measur e	Withdrawal s)	re	
	Asthma severity	Electronic interface	Measures were scored yes or no		23		100	<0.01
	Quality of asthma documentation:	PD	Measures were scored yes or no		8		29	
	Smoking cessation advice	Electronic interface	Measures were scored yes or no		22		95	<0.01
	Quality of asthma documentation: Asthma management plan	PD Electronic interface	Measures were scored yes or no		15 23		55 100	<0.01
	Quality of	PD			16		59	
	asthma documentation: Oral corticosteroid prescription	Electronic interface	Measures were scored yes or no		20		87	0.03
	Quality of	PD			26		96	
	asthma documentation: Precipitating factors	Electronic interface	Measures were scored yes or no		23		100	0.35

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Quality of	PD			16		59	
	asthma	Electronic interface	Measures		23		100	0.01
	documentation:		were scored					
	Previous		yes or no					
	intensive care							
	admissions							
	Quality of	PD			22		81	
	asthma	Electronic interface	Measures		21		91	0.32
	documentation:		were scored					
	Oxygen		yes or no					
	saturations							
	Consultation	PD						
	times	Electronic Interface	Median times					0.04
	G770 10		in minutes	207	201			
Thomas,	GHQ-12 score	Control patients were		397	301	21.6	14.5	
2004 ⁸²	analyzed as a	treated as usual with						
	continuous	access to locally agreed						
	variable or	guidelines		265	244	21.1	140	0.61
	GHQ score	Computer generated		365	244	21.1	14.2	p=0.61
		patient-specific						
	Dations	guidelines group		207	200	4.7	()	
	Patient	Control patients were treated as usual with		387	299	4.7	6.2	
	satisfaction							
		access to locally agreed guidelines						
		guidelilles						

Author, Year	Outcome	Control Intervention	Units	Baselin e n	Baselin e measur	Final n (n After Withdrawal	Final Measu re	P- value
		intervention			e	s)		
		Computer generated patient-specific guidelines group		358	243	4.8	6.4	0.52
Tierney, 2003 ⁸³	Patients with any cardiac care suggestion	No intervention	% of suggestions that were complied with		163		22	
		Physician intervention	% of suggestions that were complied with		174		23	
	Patients with suggestions regarding starting or	No intervention	% of suggestions that were complied with		107		36	
	increasing an ACE inhibitor	Physician intervention	% of suggestions that were complied with		109		38	
	Patients with suggestions regarding a pneumococcal	No intervention	% of suggestions that were complied with		82		1	
	vaccination	Physician intervention	% of suggestions that were complied with		104		10	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Patients with	No intervention	% of		83		12	
	suggestions		suggestions					
	regarding		that were					
	starting or		complied with					
	increasing a	Physician intervention	% of		96		16	
	beta blocker		suggestions					
			that were					
			complied with					
	Patients with	No intervention	% of		81		28	
	suggestions		suggestions					
	regarding		that were					
	starting low-		complied with					
	dose aspirin	Physician intervention	% of		74		24	
			suggestions					
			that were					
			complied with					
	Patients with	No intervention	% of		73		27	
	suggestions		suggestions					
	regarding		that were					
	starting or		complied with					
	increasing a	Physician intervention	% of		71		24	
	diuretic		suggestions					
			that were					
			complied with					
	Patients with	No intervention	% of		25		12	
	suggestions		suggestions					
	regarding		that were					
	starting or		complied with					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	increasing a	Physician intervention	% of		30		20	
	long-acting		suggestions					
	nitrate		that were					
			complied with					
	Patients with	No intervention	% of		22		36	
	suggestions		suggestions					
	regarding		that were					
	starting an		complied with					
	antihyperlipide	Physician intervention	% of		22		32	
	mic drug		suggestions					
			that were					
			complied with					
	Patients with	No intervention	% of		17		59	
	suggestions		suggestions					
	regarding		that were					
	starting or		complied with					
	increasing a	Physician intervention	% of		21		33	
	calcium blocker		suggestions					
			that were					
			complied with					
	Physical	No intervention	Short Form-		119		42	
	function		36 subscale					
			score					
		Physician intervention	Short Form-		142		36	
			36 subscale					
			score					
	Role: Physical	No intervention	Short Form-		119		53	
			36 subscale					
			score					

Intervention Physician intervention	Short Form- 36 subscale	e n	e measur e	After Withdrawal s)	Measu re	value
Physician intervention			e		10	
			142	3)	35	
	score					
No intervention	Short Form-		119		53	
	36 subscale					
	score					
Physician intervention			142		47	
	36 subscale					
	score					
h No intervention			119		42	
	36 subscale					
	score					
Physician intervention			142		38	
No intervention			119		44	
Total district			1.10		40	
Physician intervention			142		40	
No intervention			110		60	
on No intervention			119		69	
Dhysician intervention			142		65	
Physician intervention			142		03	
nal No intervention			119		61	
ind Two intervention			11)		01	
	Physician intervention The No intervention Physician intervention No intervention Physician intervention On No intervention Physician intervention Onal No intervention	Physician intervention Short Form- 36 subscale score The No intervention Short Form- 36 subscale score Physician intervention Short Form- 36 subscale score No intervention Short Form- 36 subscale score Physician intervention Short Form- 36 subscale score	Physician intervention Short Form- 36 subscale score The No intervention Short Form- 36 subscale score Physician intervention No intervention Short Form- 36 subscale score Physician intervention Short Form- 36 subscale score Short Form- 36 subscale score Physician intervention Short Form- 36 subscale score	Score Physician intervention Short Form-36 subscale score	Score Physician intervention Short Form-36 subscale score	Score Physician intervention Short Form-36 subscale score

Author, Year	Outcome	Control	Units	Baselin	Baselin	Final n (n After	Final Measu	P-
rear		Intervention		e n	e measur e	Withdrawal s)	re	value
		Physician intervention	Short Form- 36 subscale score		142	,	61	
	Mental health	No intervention	Short Form- 36 subscale score		119		63	
		Physician intervention	Short Form- 36 subscale score		142		64	
	Overall health status	No intervention	Chronic heart disease questionnaire score		119		4.6	
		Physician intervention	Chronic heart disease questionnaire score		142		4.5	
	Dyspnea	No intervention	Chronic heart disease questionnaire score		119		5.2	
		Physician intervention	Chronic heart disease questionnaire score		142		5	
	Fatigue	No intervention	Chronic heart disease questionnaire score		119		4	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Physician intervention	Chronic heart		142		3.8	
			disease					
			questionnaire					
			score					
	Emotion	No intervention	Chronic heart		119		4.6	
			disease					
			questionnaire					
			score					
		Physician intervention	Chronic heart		142		4.5	
			disease					
			questionnaire					
			score					
	Number of all	No intervention	Number of all		181		1	
	emergency		emergency					
	department		department					
	visits		visits					
		Physician intervention	Number of all		197		1.1	
			emergency					
			department					
			visits					
	Number of	No intervention	Number of		181		0.2	
	heart disease-		heart disease					
	specific		specific					
	emergency		emergency					
	department		department					
	visits		visits					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Physician intervention	Number of		197		0.2	
			heart disease					
			specific					
			emergency					
			department					
			visits					
	Number of all	No intervention	Number of all		181		0.5	
	hospitalizations		hospitalizatio					
			ns					
		Physician intervention	Number of all		197		0.4	
		_	hospitalizatio					
			ns					
	Number of	No intervention	Number of		181		0.2	
	heart disease-		heart disease					
	specific		specific					
	hospitalizations		hospitalizatio					
			ns					
		Physician intervention	Number of		197		0.2	
			heart disease					
			specific					
			hospitalizatio					
			ns					
Tierney,	Quality of life:	Control (no			169		37	
2005^{84}	Physical	intervention)						
	function	Pharmacist intervention			161		38	
		Physician intervention			194		38	
		Physician + pharmacist			182		36	
		intervention						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Quality of life:	Control (no			169		32	
	Role physical	intervention)						
		Pharmacist intervention			161		33	
		Physician intervention			194		32	
		Physician + pharmacist			182		38	
		intervention						
	Quality of life:	Control (no			169		44	
	Pain	intervention)						
		Pharmacist intervention			161		47	
		Physician intervention			194		49	
		Physician + pharmacist	US dollare		182		48	
		intervention						
	Quality of life:	Control (no			169		34	
	General health	intervention)						
		Pharmacist intervention			161		29	
		Physician intervention			194		37	
		Physician + pharmacist	US dollars		182		35	
		intervention						
	Quality of life:	Control (no			169		36	
	Vitality	intervention)						
		Pharmacist intervention			161		39	
		Physician intervention			194		37	
		Physician + pharmacist			182		36	
		intervention						
	Quality of life:	Control (no			169		63	
	Social function	intervention)						
		Pharmacist intervention			161		63	
		Physician intervention			194		69	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Physician + pharmacist			182		61	
		intervention						
	Quality of life:	Control (no			169		60	
	Role emotional	intervention)						
		Pharmacist intervention			161		60	
		Physician intervention			194		65	
		Physician + pharmacist			182		59	
		intervention						
	Quality of life:	Control (no			169		61	
	Mental health	intervention)						
		Pharmacist intervention			161		62	
		Physician intervention			194		62	
		Physician + pharmacist			182		50	
		intervention						
	Asthma quality-	Control (no			169		3.7	
	of-life	intervention)						
	questionnaire	Pharmacist intervention			161		4.2	
	subscales:	Physician intervention			194		4	
	Overall health	Physician + pharmacist			182		4.2	
	status	intervention						
	Asthma quality-	Control (no			169		3.9	
	of-life	intervention)						
	questionnaire	Pharmacist intervention			161		4.6	
	subscales:	Physician intervention			194		4.5	
	Activity	Physician + pharmacist			182		4.4	
		intervention						
	Asthma quality-	Control (no			169		3.6	
	of-life	intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	questionnaire	Pharmacist intervention			161		4	
	subscales:	Physician intervention			194		4	
	Symptoms	Physician + pharmacist			182		4.2	
		intervention						
	Asthma quality-	Control (no			169		3.6	
	of-life	intervention)						
	questionnaire	Pharmacist intervention			161		4.3	
	subscales:	Physician intervention			194		3.8	
	Emotion	Physician + pharmacist			182		4.4	
		intervention						
	Asthma quality-	Control (no			169		3.7	
	of-life	intervention)						
	questionnaire	Pharmacist intervention			161		4.2	
	subscales:	Physician intervention			194		3.9	
	Environment	Physician + pharmacist			182		4	
		intervention						
	Medication	Control (no	%		169		80	
	adherence	intervention)						
	scores: Mean	Pharmacist intervention			161		80	
	compliance	Physician intervention			194		81	
	score (Inui	Physician + pharmacist			182		82	
	measure)	intervention						
	Medication	Control (no			169		0.88	
	adherence	intervention)						
	scores: Mean	Pharmacist intervention			161		0.85	
	compliance	Physician intervention			194		0.95	
	score (Morisky	Physician + pharmacist			182		0.89	
	measure)	intervention						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Medication	Control (no	N (%)		96		87	
	adherence	intervention)						
	scores: N (%)	Pharmacist intervention			89		81	
	of subjects with	Physician intervention			128		95	
	>= 2	Physician + pharmacist			109			
	prescription	intervention						
	refills							
	Medication	Control (no	Mean \pm SD		169		0.92	
	adherence	intervention)						
	scores:	Pharmacist intervention			161		1	
	Medication	Physician intervention			194		0.98	
	possession ratio	Physician + pharmacist			182		1.1	
		intervention						
	Patient	Control (no			169		2.1	
	satisfaction:	intervention)						
	Satisfaction	Pharmacist intervention			161		2	
	with physician	Physician intervention			194		1.9	
		Physician + pharmacist			182		2.1	
		intervention						
	Patient	Control (no			169		2.1	
	satisfaction:	intervention)						
	Satisfaction	Pharmacist intervention			161		2.1	
	with pharmacist	Physician intervention			194		2.1	
		Physician + pharmacist			182		2	
		intervention						
	Number of	Control (no			169		1.4	
	emergency	intervention)						
	department	Pharmacist intervention			161		1.5	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	visits: All visits	Physician intervention			194		1.4	
		Physician + pharmacist			182		1.4	
		intervention						
	Number of	Control (no			96		0.3	
	emergency	intervention)						
	department	Pharmacist intervention			89		0.4	
	visits: For	Physician intervention			128		0.3	
	reactive airways	Physician + pharmacist			109		0.4	
	disease	intervention						
	Number of	Control (no			169		0.4	
	hospitalizations:	intervention)						
	All	Pharmacist intervention			161		0.5	
	hospitalizations	Physician intervention			194		0.5	
		Physician + pharmacist			182		0.4	
		intervention						
	Number of	Control (no			169		0.1	
	hospitalizations:	intervention)						
	For reactive	Pharmacist intervention			161		0.1	
	airways disease	Physician intervention			194		0.1	
					182		0.1	
	Direct health	Control (no	US dollars		169		3,129	
	care charges:	intervention)						
	Outpatient	Pharmacist intervention	US dollars		161		2,814	
	charges	Physician intervention	US dollars		194		3,142	
		Physician + pharmacist			182		3,177	
		intervention						
	Direct health	Control (no	US dollars		169		2,671	
	care charges:	intervention)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Inpatient	Pharmacist intervention	US dollars		161		2,519	
	charges	Physician intervention	US dollars		194		4,864	
		Physician + pharmacist			182		2,475	
		intervention						
	Direct health	Control (no	US dollars		96		5,800	
	care charges:	intervention)						
	Total health	Pharmacist intervention	US dollars		89		5,333	
	care charges	Physician intervention	US dollars		128		8,006	
		Physician + pharmacist	US dollars		109		5,652	
		intervention						
Trautman	Frequency of	Internet-based psycho		17	17	13.8	12.3	>0.05/
n, 2008 ⁸⁵	headache	education intervention						>0.05
		(EDU)						
		Internet-based self-help		17	10	15.2	8	>0.05/
		treatment for headache,						< 0.05
		including chat						
		communication						
	Duration of	Internet-based psycho		17	17	6	5.1	>0.05/
	headache	education intervention						>0.05
		(EDU)						
		Internet-based self-help		17	10	3.8	3.3	>0.05/
		treatment for headache,						>0.05
		including chat						
		communication						
	Intensity of	Internet-based psycho		17	17	5.8	5	
	headache	education intervention						
		(EDU)						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Internet-based self-help		17	10	4.7	4.2	>0.05/
		treatment for headache,						>0.05
		including chat						
		communication						
	Pain-	Internet-based psycho		17	17	36.4	37.3	
	catastrophizing	education intervention						
	effect	(EDU)						
		Internet-based self-help		17	10	33	30	>0.05/
		treatment for headache,						< 0.05
		including chat						
		communication						
	Satisfaction	Internet-based psycho		17	17			>0.05
		education intervention						
		(EDU)						
		Internet-based self-help		17	10			>0.05
		treatment for headache,						
		including chat						
		communication.					1015	
		Patients in the		358			1842	
		intervention group						
		received a virtual						
		consultation		_				
Tuil,	Male:	Usual care	Patient	96	78			0.791
2007^{86}	Involvement in		empowerment					
	the decision		scores					
	process							

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		An Internet-based	Patient	108	102			0.791
		personal health record	empowerment					
		that provided patients	scores					
		with general and						
		personal information						
		concerning their given						
		treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
		physicians						
	Female:Involve	Usual care	Patient	96	78			0.794
	ment in the		empowerment					
	decision process		scores					
		An Internet-based	Patient	108	102			0.794
		personal health record	empowerment					
		that provided patients	scores					
		with general and						
		personal information						
		concerning their given						
		treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
	M 1 C 1C	physicians	D di d	06	70			0.04
	Male: Self-	Usual care	Patient	96	78			0.94
	efficacy specific		empowerment					
			scores					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		An Internet-based	Patient	108	102			0.943
		personal health record	empowerment					
		that provided patients	scores					
		with general and						
		personal information						
		concerning their given treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
		physicians						
	Female: Self-	Usual care	Patient	96	78			0.65
	efficacy specific		empowerment		, 0			0.00
	3 3		scores					
		An Internet-based	Patient	108	102			0.646
		personal health record	empowerment					
		that provided patients	scores					
		with general and						
		personal information						
		concerning their given						
		treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
	Mala	physicians	Dationt	06	70			0.472
	Male:	Usual care	Patient	96	78			0.472
	Subjective knowledge		empowerment					
	Kilowieuge		scores					<u> </u>

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		An Internet-based	Patient	108	102			0.472
		personal health record	empowerment					
		that provided patients	scores					
		with general and						
		personal information						
		concerning their given						
		treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
	Female:	physicians Usual care	Patient	96	78			0.51
	Subjective	Osual care		90	18			0.31
	knowledge		empowerment scores					
	Kilowieuge	An Internet-based	Patient	108	102			0.51
		personal health record	empowerment	100	102			0.51
		that provided patients	scores					
		with general and	Secres					
		personal information						
		concerning their given						
		treatment and that also						
		provided facilities for						
		communication with						
		fellow patients and						
		physicians						
	Male: Objective	Usual care	Patient	96	78			0.789
	knowledge		empowerment					
			scores					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		An Internet-based personal health record that provided patients with general and personal information concerning their given treatment and that also provided facilities for communication with fellow patients and physicians	Patient empowerment scores	108	102			0.789
	Female: Objective knowledge	Usual care	Patient empowerment scores	96	78			0.612
		An Internet-based personal health record that provided patients with general and personal information concerning their given treatment and that also provided facilities for communication with fellow patients and physicians	Patient empowerment scores	108	102			0.612
		E-health application	mmol/l		101	86	75	

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
Wakefiel	Nurse data-	Telephone	# of	14	14		45.6	0.92
d, 2008 ⁸⁷	gathering		utterances in 3					
	communication		nurse-patient					
	S		sessions					
		Videophone	# of	14	14		45.2	0.92
			utterances in 3					
			nurse-patient					
			sessions					
	Nurse giving	Telephone	# of	14	14		71.3	0.75
	information		utterances in 3					
			nurse-patient					
			sessions					
		Videophone	# of	14	14		68.2	0.75
			utterances in 3					
			nurse-patient					
			sessions					
	Nurse building	Telephone	# of	14	14		136.3	0.13
	relationship	_	utterances in 3					
	_		nurse-patient					
			sessions					
		Videophone	# of	14	14		117.2	0.13
		_	utterances in 3					
			nurse-patient					
			sessions					
	Nurse	Telephone	# of	14	14		15.3	0.11
	activating/partn		utterances in 3					
	ership building		nurse-patient					
			sessions					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Videophone	# of	14	14		12.3	0.11
			utterances in 3					
			nurse-patient					
			sessions					
	Patient data	Telephone	# of	14	14		5.9	0.72
	gathering	_	utterances in 3					
	communication		nurse-patient					
	S		sessions					
		Videophone	# of	14	14		5.4	0.72
		-	utterances in 3					
			nurse-patient					
			sessions					
	Patient giving	Telephone	# of	14	14		163	0.14
	information		utterances in 3					
			nurse-patient					
			sessions					
		Videophone	# of	14	14		140.5	0.14
			utterances in 3					
			nurse-patient					
			sessions					
	Patient building	Telephone	# of	14	14		72.1	0.29
	relationship		utterances in 3					
			nurse-patient					
			sessions					
		Videophone	# of	14	14		61.8	0.29
			utterances in 3					
			nurse-patient					
			sessions					

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Patient	Telephone	# of	14	14		3.8	0.09
	activating/partn		utterances in 3					
	ership building		nurse-patient					
			sessions					
		Videophone	# of	14	14		2.5	0.09
			utterances in 3					
			nurse-patient					
*******	TTT 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		sessions		ND			
Williams	Weight (kg) for	Internet-based control			NR		6.3	
on,	Adolescents	intervention			ND			0.001
2006 ⁸⁸		Internet-based			NR		4.4	< 0.001
		behavioral intervention						
	DMI (1 / 2) C	program			NID		1.0	
	BMI (kg/m²) for	Internet-based control			NR		1.2	
	Adolescents	iIntervention			NID		0.72	0.04
		Internet-based			NR		0.73	< 0.04
		behavioral intervention						
	D 1 C DVA	program			NID		0.04	
	Body fat DXA	Internet-based control			NR		0.84	
	(%) for Adolescents	intervention			NR		-0.08	
	Adolescents	Internet-based behavioral intervention			NK		-0.08	
	BMI %ile for	program Internet-based control			NR		-0.001	
	Adolescents	intervention			INK		-0.001	
	Adolescents	Intervention Internet-based			NR		-0.004	<0.02
		behavioral intervention			INK		-0.004	<0.02
		program					1	1

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Weight loss	Internet-based control			NR			
	behavior for	intervention						
	Adolescents	Internet-based			NR			< 0.000
		behavioral intervention						1
		program						
	Weight (kg) for	Internet-b control			NR		-0.6	
	Parent	intervention						
		Internet-based			NR		-1.1	< 0.000
		behavioral intervention						1
		program						
	BMI (kg/m²) for	Internet-based control			NR		0.04	
	Parent	intervention						
		Internet-based			NR		-0.55	< 0.04
		behavioral intervention						
		program						
	BMI %ile for	Internet-based control			NR		0.51	
	Parent	intervention						
		Internet-based			NR		0.36	
		behavioral intervention						
		program						
	BMI %ile for	Internet-based control			NR		N/A	
	Parent	intervention						
		Internet-based			NR		N/A	< 0.000
		behavioral intervention						1
		program						
	Weight loss	Internet-based control			NR			
	behavior for	intervention						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
	Parent	Internet-based			NR			< 0.000
		behavioral intervention						1
		program						
Williams,	Baseline-to-12-	Usual care			NR		5.89	
2007^{89}	month change	Computer-assisted			NR		6.05	
	in provider	diabetes care						
	autonomy	intervention						
	support							
	Baseline-to-12-	Usual care			NR		5.75	
	month change	Computer-assisted			NR		5.9	
	in perceived	diabetes care						
	competence	intervention						
Winzelbe	Body shape	Control group: did not			20	104	101	
rg, 2000 ⁹⁰	questionnaire	complete the computer-						
	(BSQ)	assisted health						
		education						
		Intervention group:			24	118	93	00.021
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)						
	Eating disorder	Control group: did not			20	14	13.8	
	inventory	complete the computer-						
	(EDI): Bulimia	assisted health						
		education						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group:			24	15.9	12.6	
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)						
	Eating Disorder	Control group: did not			20	24	24.8	
	Inventory	complete the						
	(EDI): Drive	Computer-Assisted						
	for Thinness	Health Education						
		Intervention group:			24	27.6	23.3	0.045
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)			20	2.7	2.7	
	Eating disorder	Control group: did not			20	2.5	2.5	
	examination	complete the computer-						
	questionnaire	assisted health						
	(EDEQ):	education						
	Weight	Intervention group:			24	2.8	2.3	
		completed the						
		Computer-Assisted						
		Health Education						
	D . 1 1	(CAHE)			20	2.7	2.6	
	Eating disorder	Control group: did not			20	2.7	2.6	
	examination	complete the computer-						
	questionnaire	assisted health						
	(EDEQ): Shape	education						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year				e n	e	After	Measu	value
		Intervention			measur	Withdrawal	re	
					e	s)		
		Intervention group:			24	3.3	2.5	
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)						
	Body Shape	Control group: did not			20	143	137	
	Questionnaire	complete the						
	(BSQ): High-	Computer-Assisted						
	risk participants	Health Education						
		Intervention group:			24	138	104	
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)						
	Eating Disorder	Control group: did not			20	17.6	17.9	
	Inventory	complete the						
	(EDI): Bulimia-	Computer-Assisted						
	-ihgh-risk	Health Education						
	participants	Intervention group:			24	18.1	14.4	
		completed the						
		Computer-Assisted						
		Health Education						
		(CAHE)						
	Eating Disorder	Control group: did not			20	30.9	31	
	Inventory	complete the						
	(EDI): Drive for	Computer-Assisted						
	thinnesshigh-	Health Education						

Author,	Outcome	Control	Units	Baselin	Baselin	Final n (n	Final	P-
Year		Intervention		e n	e measur	After Withdrawal	Measu re	value
	risk participants	Intervention group: completed the Computer-Assisted Health Education (CAHE)			24	31.8	27.1	
	Eating Disorder Examination Questionnaire (EDE-Q):	Control group: did not complete the Computer-Assisted Health Education			20	3.6	3.7	
	Weight- high- risk participants	Intervention group: completed the Computer-Assisted Health Education (CAHE)			24	3.5	2.8	
	Eating Disorder Examination Questionnaire (EDE-Q):	Control group: did not complete the Computer-Assisted Health Education			20	4.3	3.9	
	Shape—high-risk participants	Intervention group: completed the Computer-Assisted Health Education (CAHE)			24			
Woods, 1999 ⁹¹	CSQ-8 total	Standard encounters Telemedicine encounters			60		29.32 28.82	
	Mean CSQ-8 adjusted scores	Standard encounters Telemedicine encounters			60		30.10 29.66	

Evidence Table 17. All outcomes of studies addressing intermediate outcomes.

Author, Year	Outcome	Control	Units	Baselin e n	Baselin e	Final n (n After	Final Measu	P- value
Tour		Intervention			measur	Withdrawal	re	Varac
					e	s)		
Yardley,	Intention to	Generic advice	Scale 1-6		136		4.65	
2007 ⁹²	carry out recommended activities	Tailored message			144		4.86	
	Personal	Generic advice	Scale 1-6		136		4.6	
	relevance	Tailored message			144		4.83	
	Interest	Generic advice	Scale 1-6		136		5.08	
		Tailored message			144		5.03	
	Suitability	Generic advice	Scale 1-6		136		4.8	
		Tailored message			144		4.95	
	Self-efficacy	Generic advice	Scale 1-6		136		4.35	
	_	Tailored message			144		4.61	
	Outcome	Generic advice	Scale 1-6		136		4.79	
	expectancy	Tailored message			144		4.78	

ATDM: Automated telephone disease management, BMD: Bone mineral density, BP, blood pressure, CC: Coached care, CDSMP: Chronic disease self-management Program, CDSS: Clinical decision support system, CDT: Chronic disease trajectory group, CHD: Coronary heard disease, CHF: Congestive heart failure, CR: Clinical reminder, CSQ: Client Satisfaction Questionnaire, CV: Cardiovascular, DA: Decision aid, EORTC: European Organization for Research and Treatment of Cancer, FFB: Fat and Fiber Behavior Scale, FFQ: Food Frequency Questionnaire, FQ: Fear Questionnaire, HDL: High density lipoprotein, HF: Heart failure, HT: Hormone therapy, IVD: Interactive video disk system, KCCQ: Kansas City Cardiomyopathy Questionnaire, PD: Paper documentation, PHR: Patient-held health record, SF: Store and forward, SMS: Short message service, TDA: Traditional decision aid, TTYD: TalkToYourDoc

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				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
Benhamou, 2007 ¹	Adherence of patients in performing self-monitored blood glucose (SMBG)	Glucose values transmitted	Patients receiving weekly medical support through SMS based upon weekly review of glucose values vs. Patients downloading self-monitored blood glucose (SMBG) values on a weekly basis without receiving SMS	30 30 68	4.85	4.63 4.74 2.6	-0.16 -0.11	0.05 0.11 0.00	0.054
Glasgow, 2006 ²	Fruit and vegetable screener (NCI All Day Screener)	Score unit	Tailored self- management vs. Computer- aided enhanced usual care	153 148	5.1 5.5	5 5.7	0.2	0.3 0.70	0
	Daily fat intake: Block Fat Screener (mean)	Score unit	Tailored self- management vs. Computer- aided enhanced usual care	153 148	32.4 27.6	28.5 22.4	-3.9 -5.2	-1.3 -6.10	0.006
	Diabetes Distress Scale (mean)	Score unit	Tailored self- management vs. Computer- aided enhanced usual care	153 148	41.5	36.2 33.6	-5.3 -6.5	-1.2 -2.60	0
Gomez, 2002 ³	Median HbA1c	% of	Group using	10	8.10	8.15	0.05	-0.55	0.053

Evidence Table 18. Outcomes related to diabetes mellitus in studies addressing intermediate outcomes (continued)

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	level	glycated hemoglobin	DIABTel telemedicine system vs. Usual care	10	8.4	7.9	-0.5	-0.25	
	Mean therapeutic medication prescriptions increased	Number of medication prescriptions	Group using DIABTel telemedicine system vs. Usual care Group.	10		2.9		2.7	**SNR
	Mean therapy changes	Number of therapy changes	Group using DIABTel telemedicine system vs. Usual care Group.	10		1		0.5	**SNR
Grant, 20084	Proportion of	Proportion	Web-based	118		15			<0.001

Study, Year Outcomes measure follow-up visits with diabetes mellitus-related medication changes among patients who submitted personal health record journals to their physician's electronic medical record Among 2006 ⁵ Average Visits Average Visits					n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
with diabetes mellitus— related that imported clinical and medication changes among patients who submitted personal health record journals to their physician's electronic medical record medical record with their physician related submit family history and health meath record in their physician selectronic submission to their physician prior to upcoming appointments vs. Personal health records to update and submit family history and health maintenance information	Study, Year	measure		intervention	Intervention	Outcome Measure at	Outcome Measure at Final		Difference	
		with diabetes mellitus— related medication changes among patients who submitted personal health record journals to their physician's electronic		records (PHRS) that imported clinical and medications data, provided patient-tailored decision support, and enabled the patient to author a "diabetes care plan" for electronic submission to their physician prior to upcoming appointments vs. Personal health records to update and submit family history and health	126		53		-38	
HOMO ://///ET ///OMOGO /////// H. HOOHH ///	00005		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		7.4		5.0			**0ND

Study, Year measure number of physician and nurse visits Average number of physician and nurse etelephone calls Average number of physician and nurse telephone calls Average number of physician and nurse than to diabetes management system and a home care link vs. Usual care that did not involve e-health Average number of physician and nurse home Baseline Final (101) Average number of physician and nurse home Average number of physician and					n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Average number of physician and nurse telephone calls Average number of physician and nurse telephone calls Average number of physician and nurse telephone calls Average number of physician and nurse home Average number of physician and nurse home	Study, Year	measure number of physician and	Unit	intervention application with a diabetes management system and a home care link vs. Usual care that did not	Intervention	Outcome Measure at	Outcome Measure at Final		Difference	P- Value
Average number of physician and nurse home Bernard a diabetes management Bernard 101 101 101 101 101 101 101 101 101 10		number of physician and nurse telephone		E-health application with a diabetes management system and a home care link vs. Usual care that did not					1	**SNR
home care link vs. Usual care that did not involve e- health		number of physician and nurse home care links	links	E-health application with a diabetes management system and a home care link vs. Usual care that did not involve e- health	101		3.9		3.9	**SNR

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	diabetes psychosocial self-efficacy (mean)		patients in the Internet group were provided with computer and Internet access. Women send blood glucose and other health data directly to their care providers via the internet and received information and advice from their health care provider vs. Women in the control group were asked to record their information in a logbook, which was reviewed by the medical team at prenatal visit	32		4.4		0.40	
Laffel, 2007	Self-	% of	Integrated	92	58	30	-28	17	0.03
,	monitoring	patients with	glucose meters	113	59	48	-11	18.00	1

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	blood glucose frequency >4 times per day	outcome	and electronic logbooks (electronic group) vs. Paper log books (control group)	76		43		13.00	
Quinn, 2008 ⁸	Diet diabetes self-care	Mean days per week	Well-doc intervention vs. Control group. The intervention group received cell phonebased software designed by endocrinologists and CDEs. Patients randomized to the control group received One Touch Ultra™ BG meters (Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial	13	3.15	3.86 5.5	2.35	1.64	0
	Medications	Mean days	Well-doc	13	6.3	6.75	0.45	0.27	0

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
					Intervention Outcome	Intervention Outcome			
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
	diabetes self-care	per week	intervention vs. Control group. The intervention group received cell phone- based software designed by endocrinologists and CDEs. Patients randomized to the control group received One Touch Ultra™ BG meters (Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial	13	5.92	6.64	0.72	-0.11	
	Exercise	Mean days	Well-doc	13	1.23	1.57	0.34	0.5	0

				n Ninal Control	Control Outcome Measure at Baseline Intervention Outcome	Control Outcome Measure at Final Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
	diabetes self-care	per week	intervention vs. Control group. The intervention group received cell phone- based software designed by endocrinologists and CDEs. Patients randomized to the control group received One Touch Ultra™ BG meters (Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial	13	2.08	2.92	0.84	1.35	0.062
	Improved	70 UI	Well-doc	13		JU			0.002

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	knowledge of food (self- reported)	patients with outcome	intervention vs. Control group. The intervention group received cell phone- based software designed by endocrinologists and CDEs. Patients randomized to the control group received One Touch Ultra™ BG meters (Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial	13		90.91		40.91	
	Patient confidence Patient self-	% of patients with outcome	Intervention group received cell phone based software designed by endocrinologist vs. Control group (usual health care provider's care) Well-doc	13		75 100		25.00	<0.001

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	management skills improved	patients with outcome	intervention vs. Control group. The intervention group received cell phone- based software designed by endocrinologists and CDEs. Patients randomized to the control group received One Touch Ultra™ BG meters (Milpitas, CA) and adequate BG testing strips and lancets for the duration of the trial.	13		100		84.62	
Sevick, 2008 ⁹	Understanding the usefulness	% agree	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	77		61	88		0
	Ease of data entry	% agree	Usual care Social cognitive theory paired	77 74		61	85		

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
			with a personal digital assistant for self- monitoring diabetes						
	Ease interpreting feedback	% agree	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	77 74		61	70		
	Would continue to use	% agree	Usual care Social cognitive theory paired with a personal digital assistant for self-monitoring diabetes	77 74		61	82		
Sequist, 2005 ¹⁰	Performance of recommended action for diabetes	% of patients with outcome	Physicians received either evidence-based electronic reminders within their patients electronic medical record vs. Usual care Physicians	3319 2924 3319		14 19		5.00	**SNR

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	of recommended action for coronary artery disease	patients with outcome	received either evidence-based electronic reminders within their patients electronic medical record vs. Usual care	2924		22		5.00	
Smith, 2008 ¹¹	ADA-NCQA provider score, median	Score unit	Virtual consultation vs. No virtual consultation	277 358		58 56		-2	0
	Estimated 10- yr coronary artery disease risk, median (range)	Score unit	Virtual consultation vs. No virtual consultation	277 358	16 18	16 15	-3	-3 -1	0
	Minnesota community aggregate optimal diabetes score, number (%)	Percent with outcome	Virtual consultation vs. No virtual consultation	277 358		18 30		12	0
	Mean total cost	US dollars	Virtual consultation vs. No virtual consultation	277 358		8564 6252		-2312	0.02
<u> </u>	Mean	US dollars	Virtual	277		2129			0.04

				n Ninal Control	Control Outcome Measure at Baseline	Control Outcome Measure at Final	Control Change	Change Difference	
Study, Year	Outcomes measure	Unit	Description of intervention	n Final Intervention	Intervention Outcome Measure at Baseline	Intervention Outcome Measure at Final	Intervention Change	Final Difference	P- Value
	outpatient cost		consultation vs. No virtual consultation	358		1842		-287	
Tjam, 2006 12	Satisfaction scale (3-month	Score unit	Interactive diabetes	10	3.517	3.650	0.133	0.25	0.015
	follow-up)		internet program vs. Diabetes education centers	27	3.191	3.574	0.383	0.326	
	Satisfaction scale (6-month follow-up)	Score unit	Interactive diabetes internet program vs. Diabetes education centers	13 22	3.423 3.174	3.731 3.682	0.214 0.508	0.294	0.0138
Williams, 2007 ¹³	Perceived competence	% of patients with outcome	Computer- assisted diabetes care intervention vs. Usual care (did not set self- management goals, meet with a care manager, or receive follow-up phone calls)	417 469		5.75 5.9		0.15	0

**SNR: Significance not reported

P-value of 0 = p-value > 0.10

ATDM: Automated telephone disease management, BG: Blood glucose, CDEs: Certified diabetes educators, HbA1c: Glycated hemoglobin, NCI: National Cancer Institute, PHRs: Personal health records, SMBG: self-monitored blood glucose.

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Evidence Table 19. Outcomes related to heart disease in studies addressing intermediate outcomes.

Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
Hospitalizations	% of patients with outcome	Telehomecare monitor and video vs. Control (routine home visit only)	45		59.5 64.4		4.9	0
Emergency department visits	% of patients with outcome	Telehomecare monitor and video vs. Control (routine home	112 45		35.7 68.9		33.2	<0.05
Hospitalizations	% of patients with outcome	Telehomecare monitor vs. Control (routine	112 127		59.5 62.2		2.7	0
Emergency department visits	% of patients with outcome	Telehomecare monitor vs. Control (routine	112 127		35.7 70.1		34.4	0
Patient skips medicine	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	227 199		27.6 27.7		0.1	0
	Measure Hospitalizations Emergency department visits Hospitalizations Emergency department visits	Measure Unit Hospitalizations % of patients with outcome Emergency department visits % of patients with outcome Hospitalizations % of patients with outcome Emergency department visits % of patients with outcome Patient skips medicine % of patients with outcome	Measure	Outcomes Measure Unit Description of Intervention Control n Final Intervention Hospitalizations % of patients with outcome with outcome Telehomecare monitor and video vs. Control (routine home visit only) 45 Emergency department visits % of patients with outcome Telehomecare monitor and video vs. Control (routine home visit only) 45 Hospitalizations % of patients with outcome Telehomecare monitor vs. Control (routine home visit only) 112 Emergency department visits % of patients with outcome Telehomecare monitor vs. Control (routine home visit only) 127 Patient skips medicine % of patients with outcome Heart failure patients whose nurses received outcome 127 Patient skips medicine % of patients with outcome Heart failure patients whose nurses received outcome 199 Patient failure patients receiving usual care Patients receiving usual care 199	Outcomes Measure Hospitalizations % of patients with outcome (routine home visit only)	Outcomes Measure Description of Intervention Description of Intervention n Final Control n Final Intervention Outcome Measure at Final Intervention Hospitalizations % of patients with outcome Telehomecare monitor and video vs. Control (routine home visit only) 112 59.5 Emergency department visits % of patients with outcome Telehomecare monitor and video vs. Control (routine home visit only) 45 35.7 Hospitalizations % of patients with outcome Telehomecare monitor vs. Control (routine home visit only) 112 59.5 Emergency department visits % of patients with outcome Telehomecare monitor vs. Control (routine home visit only) 127 62.2 Emergency department visits % of patients with outcome Telehomecare monitor vs. Control (routine home visit only) 127 70.1 Patient skips medicine % of patients with outcome Heart failure patients whose nurses received e-mail recommendations (basic intervention 227 27.6 Heart failure patients receiving usual care 199 27.7	Outcomes Measure Unit Description of Intervention Hospitalizations Emergency department visits with outcome department visits with outcome department visits Emergency department visits E	Outcomes Measure Unit Description of Intervention of Intervention outcome n Final Control n Final Intervention outcome Control n Final Intervention outcome Control Change Difference Control Change Difference Final Difference Final Difference Control Change Difference Final Difference Final Difference Final Difference Control Change Difference Final Difference Final Difference Control Change Difference Final Difference Control Change Difference Final Difference Final Difference Control Change Diffe

Study, Year	Outcomes Measure about when to take heart failure medicine	Unit patients with outcome	Description of Intervention patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	n Final Control n Final Intervention 199	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final 70.3	Control Change Interventio n Change	Change Difference Final Difference 2.9	P- Value
	Patient recognition of own heart failure medicines	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	227 199					0.02
	Patient does not recognize any of own heart failure medicines	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	227 199		43.9 31.1		-12.8	**SNR
	Patient recognizes	% of	Heart failure	227		29.8			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	up to half of own heart failure medicines	patients with outcome	patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	199		30.5		0.7	
	Patient recognizes more than half of own heart failure medicines	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	227 199		26.3 38.4		12.1	**SNR
	Patient salts food	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	227 199		30.7 27.6		-3.1	0
	Patient's weighing	% of	Heart failure	227					0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	behavior	patients with outcome	patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	199				0	
	Patient has no scale	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	199		34.6		3.7	**SNR
	Patient weighs self but not daily Patient weights	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care Heart failure	227 199		44 43		-1	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
Otday, rear	self daily	patients with outcome	patients whose nurses received e-mail recommendations (basic intervention) vs. Heart failure patients receiving usual care	199		18.7	n Onlange	-2.7	
	Patient skips medicine	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		27.6 25.4		-2.2	0
	Patient is sure about when to take heart failure medicine	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		67.4 69.6		2.2	0
	Patient recognizes	% of	Heart failure	227					0.023

Study, Year	Outcomes Measure own heart failure medicines	Unit patients with outcome	Description of Intervention patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving	n Final Control n Final Intervention 202	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	Patient does not recognize any of own heart failure medicines	% of patients with outcome	usual care Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		43.9 34.3		-9.6	**SNR
	Patient recognizes up to half of own heart failure medicines	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		29.8 30.6		0.8	**SNR
	Patient recognizes	% of	Heart failure	227		26.3			**SNR

Study, Year	Outcomes Measure more than half of	Unit patients	Description of Intervention patients whose	n Final Control n Final Intervention	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference 8.7	P- Value
	own heart failure medicines	with outcome	nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care					6.7	
	Patient salts food	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		23.3		-7.4	0.095
	Patient's weighing behavior	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving	227 202					0.082
	Patient has no	% of	usual care Heart failure	227		34.6			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	scale	patients with outcome	patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	202		27.9		-6.7	
	Patient weighs self but not daily	% of patients with outcome	Heart failure patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	227 202		44 44.7		0.7	**SNR
	Patient weights	% of	Heart failure	227		21.4			**SNR
	self daily	patients with outcome	patients whose nurses received e-mail recommendations and additional resources (augmented intervention) vs. Heart failure patients receiving usual care	202		27.4		6	
Jerant, 2003 3	Medication use:	Score unit	Telephone vs.	12	67	67	0	4	**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	ACE inhibitor		Usual care	12	50	54	4	-13.00	
	Medication use: Beta-blocker	% of patients with outcome	Telephone vs. Usual care	12 12	25 42	25 45	3	3 20.00	**SNR
	Medication use: Calcium channel	% of patients with	Telephone vs. Usual care	12	42 67	33	-9 -58	-49 -24.00	**SNR
	Digoxin	outcome % of patients	Telephone vs. Usual care	12 12	0 8	42 45	42 37	-5 3.00	**SNR
	Diuretic loop	with outcome % of	Telephone vs.	12	92	75	-17	8	**SNR
		patients with outcome	Usual care	12	100	91	-9	16.00	
	Diuretic, K+- sparing	% of patients with outcome	Telephone vs. Usual care	12	17 67	17 27	-40	-40 10.00	**SNR
	Nitrate-long acting	% of patients with outcome	Telephone vs. Usual care	12	25 58	42 18	17 -40	-57 -24.00	**SNR
	Medication	% of	Telephone vs.	12	75	83	8	-9	**SNR

Study, Year	Outcomes Measure compliance, self-	Unit patients	Description of Intervention Usual care	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference 8.00	P- Value
	report: >75% doses taken	with outcome	Osual care	12	92	91	-1	8.00	
	Medication compliance, self- report: <=75% doses taken	% of patients with outcome	Telephone vs. Usual care	12 12	25 8	17 9	-8 1	9 -8.00	**SNR
	CSQ (Satisfaction) sore	Score unit	Telephone vs. Usual care	12 12	26.6 28.5	27.8 29.4	1.2 0.9	-0.3 1.60	**SNR
	Medication use: ACE inhibitor	% of atients with outcome	Telecare vs. Usual care	13	67 77	67 69	0 -8	-8 2.00	**SNR
	Medication use: Beta-blocker	% of patients with outcome	Telecare vs. Usual care	13 12	25 46	25 54	0 8	8 29.00	**SNR
	Medication use: Calcium channel	% of patients with outcome	Telecare vs. usual care	13 12	42 31	33 23	-9 -8	1 -10.00	**SNR
	Digoxin	% of patients with outcome	Telecare vs. usual care	13	0	42 38	42 38	-4 -4.00	**SNR
	Diuretic loop	% of patients with outcome	Telecare vs. usual care	13	92 85	75 85	-17 0	17 10.00	**SNR
	Diuretic, K+-	% of	Telecare vs. usual	13	17	17	0	-16	**SNR

Evidence Table 19. Outcomes related to heart disease in studies addressing intermediate outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
J	sparing	patients with outcome	care	12	31	15	-16	-2.00	
	Nitrate, long-acting	% of patients with outcome	Telecare vs. usual care	13 12	25 38	42 54	17 16	-1 12.00	**SNR
	Medication compliance, self- report: <=75% doses taken	% of patients with outcome	Telecare vs. usual care	13	25 23	17 8	-8 -15	-7 -9.00	**SNR
	CSQ (Satisfaction score)	Score unit	Telecare vs. usual care	13 12	26.6 28.3	27.8 29.8	1.2 1.5	0.3 2.00	**SNR
Lowensteyn, 1998 ⁴	Ratio of high- risk/low-risk patients returning for followup	Ratio of patients	Coronary risk profile to physician vs. No profile risk to physician	782 176		0.77		0.46	<0.05
Subramanian	Patient satisfaction	Score unit	Physicians were	365		-0.2			0.01

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
, 20045	with most recent primary care visit (change enrollment to 12 months)		randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. Physicians whose suggestions generated with electronic medical record data alone (control group)	355		0		0.2	
	Mean all-cause	Hospitalizat	Physicians were	365		1.7			0.05

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	hospitalizations	ions	randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. Physicians whose suggestions generated with electronic medical record data alone (control group)	355		2.3		0.6	
	Mean admissions	Hospitalizat	Physicians were	365		0.4			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	for heart failure	ions	randomly assigned to receive either care suggestions generated with electronic medical record data and symptom data obtained from questionnaires mailed to patients within 2 weeks of scheduled outpatient visits (intervention group) vs. Physicians whose suggestions generated with electronic medical record data alone (control group)	355		0.3		-0.1	
Tierney,	Mean number of all	Visits	Evidence-based	119		1			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
2003 ⁶	emergency department visits		cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. Control group where suggestions were withheld	142		1.1	. Grange	0.1	
	Mean number of heart disease-specific emergency department visits	Visits	Evidence-based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. Control group where suggestions were withheld	119		0.2		0	**SNR
	Mean number of all	Hospitalizat	Evidence-based	119		0.5			**SNR

Study, Year	Outcomes Measure hospitalizations	Unit ions	Description of Intervention cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. Control group where	n Final Control n Final Intervention 142	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final 0.4	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	Management		suggestions were withheld	440		0.0			******
	Mean number of heart disease-specific hospitalizations	Hospitalizat ions	Evidence-based cardiac care suggestions, approved by a panel of local cardiologists and general internists, were displayed to physicians and pharmacists as they cared for enrolled patients vs. Control group where suggestions were withheld	119		0.2		0	**SNR
	Mean number of all	Visits	Printed note	119		1			**SNR

Study, Year	Outcomes Measure emergency department visits	Unit	Description of Intervention (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where	n Final Control n Final Intervention 106	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final 1.1	Control Change Interventio n Change	Change Difference Final Difference 0.1	P- Value
			suggestions were withheld						
	Mean number of	Visits	Printed note	119		0.2			**SNR
	heart disease- specific emergency department visits	Lioppitalizat	(rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where suggestions were withheld	106		2.2		2	**SNR
	Mean number of all	Hospitalizat	Printed note	119		0.5			_ SINK

Study, Year	Outcomes Measure hospitalizations	Unit ions	Description of Intervention (rather than bottle	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final 0.5	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	nospitalizations	IONS	labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where suggestions were withheld			0.0			
	Mean number of	Hospitalizat	Printed note	119		0.2			**SNR
	heart disease- specific hospitalizations	ions	(rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where suggestions were withheld	106		0.2		0	
	Mean number of all	Visits	Evidence-based	119		1			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	emergency department visits		cardiac care suggestions, approved by a panel of local cardiologists and general internists, displayed to physicians and pharmacists as they cared for enrolled patients and a printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where suggestions were withheld	113		1.1		0.1	
	Mean number of	Visits	Evidence-based	119		0.2			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	heart disease-	- Cime	cardiac care	113		0.1	onunge	-0.1	1 414.0
	specific emergency		suggestions,						
	department visits		approved by a						
			panel of local						
			cardiologists and general internists,						
			displayed to						
			physicians and						
			pharmacists as						
			they cared for						
			enrolled patients						
			and a printed note						
			(rather than bottle						
			labels) instructing the pharmacist to						
			view the care						
			suggestions in						
			Pharmacist						
			Intervention						
			Recording						
			System. Vs.						
			Control group where						
			suggestions were						
			withheld						
	Mean number of all	Hospitalizat	Evidence-based	119		0.5			**SNR

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	hospitalizations	ions	cardiac care suggestions, approved by a panel of local cardiologists and general internists, displayed to physicians and pharmacists as they cared for enrolled patients and a printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. vs. Control group where suggestions were withheld	113		0.5		0	
	Mean number of	Hospitalizat	Evidence-based	119		0.2			**SNR

Evidence Table 19. Outcomes related to heart disease in studies addressing intermediate outcomes (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
	heart disease specific hospitalizations	ions	cardiac care suggestions, approved by a panel of local cardiologists and general internists, displayed to physicians and pharmacists as they cared for enrolled patients and a printed note (rather than bottle labels) instructing the pharmacist to view the care suggestions in Pharmacist Intervention Recording System. Vs. Control group where suggestions were withheld	113		0.2		0	

**SNR: Significance not reported

P-value of 0 = p-value > 0.10 ACE: Angiotensin-converting enzyme, CSQ: Client Satisfaction Questionnaire.

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- 6 Tierney WM, Overhage JM, Murray MD *et al.* Effects of computerized guidelines for managing heart disease in primary care. J Gen Intern Med 2003; 18(12):967-76.

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Frosch, 2008 ¹	Total knowledge score/imputed data	Score unit	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer— specific Web sites from credible sources	116 155		7.24 8.14		0.9	0.005
	Total knowledge score/complete cases only	Score unit	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer— specific Web sites from credible sources	99 119		7.49 8.65		1.16	0.001
	Total knowledge	Score unit	Chronic disease	116		7.24			0.005

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	score/imputed data		trajectory model for prostate cancer followed by a time—trade- off exercise vs. Links to public prostate cancer— specific Web sites from credible sources	153		7.69	V	0.45	
	Total knowledge score/complete cases only	Score unit	Chronic disease trajectory model for prostate cancer followed by a time—tradeoff exercise vs. Links to public prostate cancer—specific Web sites from credible sources	99 115		7.49 8.03		0.54	0.001
	Total knowledge score/imputed data Total knowledge	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources Both the didactic	116 152		7.24 7.71		0.47	0.005

Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
score/complete cases only		decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources	117		8.03		0.54	
PSA screening: Pretest choice	%% of patients with outcome	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer— specific Web sites from credible	116		96 95.5		-0.5	**SNR
PSA screening: Reduction	% of patients with outcome	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer— specific Web sites from credible sources	116 155		3.3 9.1		5.8	0.047
	Measure score/complete cases only PSA screening: Pretest choice PSA screening: Reduction	Measure score/complete cases only PSA screening: Pretest choice PSA screening: with outcome PSA screening: Reduction % of patients with outcome	Measure Unit Intervention	Outcomes Measure Unit Description of Intervention Control score/complete cases only decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources 117 PSA screening: Pretest choice %% of patients with outcome Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer—specific Web sites from credible sources 116 PSA screening: Reduction % of patients with outcome Traditional didactic decision aid providing information about prostate cancer—specific Web sites from credible sources 116 PSA screening: Reduction % of patients with outcome Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer—specific Web sites from credible sources 155	Outcomes Measure Unit Description of Intervention score/complete cases only Description of Intervention Intervention outcome score/complete cases only Description of Intervention Intervention outcome decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources PSA screening: Pretest choice PSA screening: PSA screening: PSA screening: Reduction PSA screening: Reduction PSA screening: Reduction Noticome Measure at Baseline 117 117 118 155 155 155 116 155 116 155 116 155 116 155 116 155 1	Outcomes Measure Score/complete cases only PSA screening: Pretest choice PSA screening: Reduction PSA screening: Reduct	Outcomes Measure Unit Description of Intervention Intervention Intervention Intervention Intervention Intervention Outcome Measure at Baseline Intervention Intervention Outcome Measure at Baseline Intervention Outcome Measure Intervention Outcome Intervention Intervention Outcome Intervention Outcome Intervention Outcome Intervention	Outcomes Measure Unit Description of Intervention Outcome Measure at Baseline Intervention Outcome Measure at Baseline Intervention Outcome Measure at Baseline Intervention Outcome Measure at Binal Intervention Outcome Binal Intervention Outcome Measure at Bi

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	at pretest	patients with outcome	didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer— specific Web sites from credible sources	155		34.2	,	-0.2	
	PSA screening: Pretest choice	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time—trade-off exercise vs. Links to public prostate cancer—specific Web sites from credible sources	116 153		96 96.7		0.7	**SNR
	PSA screening: Reduction	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time—tradeoff exercise vs. Links to public prostate cancer—specific Web sites from credible sources	116 153		3.3 8.7		5.4	0.047

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	at pretest	patients with outcome	trajectory model for prostate cancer followed by a time—trade- off exercise vs. Links to public prostate cancer— specific Web sites from credible sources	153		34		-0.4	
	PSA screening: Pretest choice	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources	116 152		96 96.7		0.7	**SNR
	PSA screening: Reduction	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer—specific Web sites from credible sources	116 152		3.3 5.3		2	0
	Watchful waiting	% of	Both the didactic	116		34.4			0

Study, Year	Outcomes Measure at pretest	Unit patients with	Description of Intervention decision aid and the chronic	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 40.8	Control Change Intervention Change	Change Difference Final Difference 6.4	P-Value
		outcome	disease trajectory model vs. Links to public prostate cancer–specific Web sites from credible sources						
Gaertner,2004	Patient satisfaction	Score unit	Use of electronic pain diary vs. Paper diary	24		10		2	-
	Patient preference for electronic diary (%)	% of patients with outcome	Use of electronic pain diary vs. Paper diary	24		17		56	
	Health care support	% of patients with outcome	Use of electronic pain diary vs. Paper diary	24		17 62		45	-
Glazebrook, 2006 ³	Melanoma knowledge score (0-12)	Score unit	Skinsafe multimedia intervention (for melanoma knowledge protective skin behaviors) vs. No intervention	245 214	2.75	3.03	0.28 0.81	0.53 0.68	<0.001
	Skin protective behavior score (0-12)	Score unit	Skinsafe multimedia intervention (for melanoma knowledge protective skin behaviors) vs. No intervention	245 214	4.66 4.6	5.06 5.36	0.4	0.36	<0.004

Study, Year	Outcomes Measure Number of participants checking moles	Unit % of patients with outcome	Description of Intervention Skinsafe multimedia intervention (for melanoma knowledge protective skin behaviors) vs. No intervention	n Final Control n Final Intervention 245 214	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 65.7 61.9	Control Change Intervention Change	Change Difference Final Difference	P-Value 0.035
Maslin, 1998 ⁴	Viewing interactive video disk had impact on surgical choice	% of patients with outcome	Intervention interactive video disk system + usual care from multidisciplinary team vs. Usual care from multidisciplinary team	49 51		no Data 12.5		*insufficient data	0
	Viewing interactive video disk had impact on adjuvant therapy choice	% of patients with outcome	Intervention interactive video disk system + usual care from multidisciplinary team vs. Usual care from multidisciplinary team	49 51		no Data 14.2		*insufficient data	0
Ruland, 2003 ⁵	Congruence between patient-reported symptoms and those addressed in consult visit	% of patients with outcome	Used computerized system for shared decision making for cancer symptoms care vs. Usual care	25 27		2.84 7.63		4.79	<0.01

Study, Year	Outcomes Measure Importance- weighted congruence between patient-reported symptoms and those addressed in consult visit	Unit Congruence	Description of Intervention Used computerized system for shared decision making for cancer symptoms care vs. Usual care	n Final Control n Final Intervention 25 27	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 12.8 33	Control Change Intervention Change	Change Difference Final Difference	P-Value <0.01
Taenzer, 2000 ⁶	Actions taken/- patient	Actions	Lung cancer patients whose physicians and nurses received Quality-of-Life training and patients completed the computerized European Organization For Research And Treatment Of Cancer QLQ-C30 vs. Patients completed a paper-and pencil version of the European Organization For Research And Treatment Of Cancer QLQ-C30 vs. Patients	26 27		0.5		0.3	0
	% of categories	% of	Treatment Of Cancer QLQ-C30	26		64.7			0

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	identified that were acted upon	categories	patients whose physicians and nurses received Quality-of-Life training and patients completed the computerized European Organization For Research And Treatment Of Cancer QLQ-C30 vs. Patients completed a paper-and pencil version of the European	27		73		8.3	
			Organization For Research And Treatment Of Cancer QLQ-C30 only						

P-value of 0 = p-value > 0.10

EORTC QLQ: European Organization for Research and Treatment of Cancer Quality of Life Questionnaire, PSA: Prostate-specific antigen.

^{**}SNR: Significance not reported

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Evidence Table 21. Outcomes related to hypertension in studies addressing intermediate outcomes.

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
Bosworth, 2009 ¹	Estimated % in	% of patients	Patient behavioral	143	32	43.9	11.9	3.4	0
2009	blood pressure control		intervention group vs. Control group (hypertension reminder) whose providers did not receive decision support system	144	44.2	59.5	15.3	15.60	
	Estimated % in	% of patients	Provider decision	143	32	43.9	11.9	-13.1	0
	blood pressure control		support system group vs. Control group (hypertension reminder) who providers did not receive decision support system	151	44.9	43.7	-1.2	-0.20	
- 7	Estimated % in blood pressure control	% of patients	Combined patient and provider intervention vs. Control group (hypertension reminder) who providers did not receive decision support system	143	32	43.9	11.9	0	0
Green, 2008 ²	Mean increase in	Communication	BP monitoring	247		1.8			0.01
	patient-initiated threads	threads	and patient Web services vs. Usual care	246		2.7		0.9	
	Mean increase in	Communication	BP monitoring	247		1.8			<0.01
	patient-initiated threads	threads	and patient Web services and pharmacist care vs. Usual care	237		4.2		2.40	
	Telephone	Telephone	BP monitoring	247		4			<0.001

Evidence Table 21. Outcomes related to hypertension in studies addressing intermediate outcomes (continued)

Study, Year	Outcomes Measure encounters	Unit encounters	Description of Intervention and patient Web services vs. Usual care	n Final Control n Final Intervention 246	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final 7.5	Control Change Interventio n Change	Change Difference Final Difference 3.5	P- Value
	Telephone encounters	Telephone encounters	BP monitoring and patient Web services and pharmacist care vs. Usual care	247 237		3.8		-0.20	**SNR
	Primary care visits	Visits	BP monitoring and patient Web services vs. Usual care	247 246		3.2		-0.2	0
	Primary care visits	Visits	BP monitoring and patient Web services and pharmacist care vs. Usual care	247 237		3.2		0	0
Parati, 2009 ³	Frequency of treatment changes	Treatment changes	Teletransmitted home blood pressure vs. Usual care	113 216		9		-5	<0.05
	Quality of life at end of study per quality of life assessment in hyprtension patients' questionnaire	Score unit	Teletransmitted home blood pressure vs. Usual care	113	38.2	38.3	0.1	0.6	0
	% with daytime blood pressure normalization	% of patients	Teletransmitted home blood pressure vs. Patients who received usual care	113 216		50 62	50 62	12 12.00	<0.05

Evidence Table 21. Outcomes related to hypertension in studies addressing intermediate outcomes (continued)

SBP	Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	n Final Control n Final Interventio n	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Interventio n Change	Change Difference Final Difference	P- Value
Beyond the second of the secon		Change in mean		(IT)-supported management program to facilitate BP, plus education booklet, plus log	112	112		3	-11.9	<0.001
Roumie, 2006 ⁵ Medication adherence % adherence				(IT)-supported management program to facilitate BP, plus education booklet, plus log						=0.007
guidelines (provider education)	Roumie, 2006 ⁵	adherence		education and alert vs. Provider education. Provider education involved receiving an e-mail with a Web-based link to the Seventh Report of the Joint National Committee on the Prevention, Detection, Evaluation and Treatment of High Blood Pressure guidelines (provider education)	362		0.89		0	**SNR

Evidence Table 21. Outcomes related to hypertension in studies addressing intermediate outcomes (continued)

	Outcomes		Description of	n Final Control n Final	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Interventio	Change Difference Final	P-
Study, Year	Measure	Unit	Intervention	Intervention	n	Final	n Change	Difference	Value
	adherence		education, alert and patient education vs. Provider education. Provider education involved receiving an e-mail with a Web-based link to the Seventh Report of the Joint National Committee on the Prevention, Detection, Evaluation and Treatment of High Blood Pressure guidelines (provider education). Patient education meant patients received a letter advocating drug adherence, lifestyle modification, and additional conversations	358		0.88		-0.01	
Contari	Disadana	0/ of moti	with providers	400		40			.0.000
Santamore,	Blood pressure	% of patients	Blood pressure	160		49			<0.000

Evidence Table 21. Outcomes related to hypertension in studies addressing intermediate outcomes (continued)

Study Voca	Outcomes	Unit	Description of	n Final	n Final Control n Final Interventio	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Interventio	Change Difference Final	P-
Study, Year 2008 ⁶	Measure monitoring	with outcome	Intervention measurements transmitted through am Internet-based telemedicine system vs. Not through a telemedicine system	161	n	92	n Change	43	1

P-value of 0 = p-value > 0.10 ACE: Angiotensin-converting enzyme, CSQ: Client Satisfaction Questionnaire.

^{**}SNR: Significance not reported

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Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Barnabei, 2008 ¹	Menopause/HRT	RCT	NS	Clinician, Patient	Outpatient clinic	Woman born between 1930 and 1960, Appointment scheduled between November 9, 2004, and December 2, 2005	Appointment related to current pregnancy or cancer	1
Beale, 2006 ²	Cancer (other)	RCT	(At least 3 months)	Patient	Patient	13-29 yrs old, Cancer diagnosis	History of photo seizures, Inability to communicate in English, Spanish or French, Incapable of following study schedule	0
Chu, 2009 ³	None: Psychosocial influences of computer anxiety, computer confidence, and computer self- efficacy in older adults	RCT, Pre-post measure s	2007 (9)	Patient	Community centers	More than 65 yrs old, Attended a community center, Could read and understand English, Able to identify the on-switch button on the computer and hold a mouse to navigate the arrow on the screen, Self-identified the ability to do simple typing on a keyboard, Enrolled at congregate meal sites of the YWCA		-1
Feldman, 2005 ⁴	Heart failure : E- mail reminder to nurses	RCT	(45 days)	Clinician	Home health care			-2
Feldstein, 2006 ⁵	Osteoporosis	RCT	1999 (NS)	Clinician, Patient	Nonprofit, group- model HMO in the Pacific Northwest	50-89 yrs old, Female, HMO member for at least the 12 months before the start of the study, Sustained a study-defined fracture (any clinical fracture except skull, facial, finger, toe, ankle, or any open fracture	Male, Pharmacological treatment for osteoporosis, Exclusionary medical condition (n5193), including malignancies (except	1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						suggestive of high force)	nonmelanoma skin cancers), Chronic renal failure, dementia, drgan transplant, or cirrhosis in the 12 months before the start of the study, Without a primary care provider, In osteoporosis clinical trials, Nursing home resident, Without an address, Research center employee, Received a BMD measurement	
Frosch, 2008 ⁶	Prostate cancer	RCT, Fully crossed 2x2 factorial design	200 (15 months)	Patient	Outpatient clinic, Health Appraisal Clinic of Kaiser Permanente, San Diego, California	More than 50 years old, Male, Having broadband Internet access at home or at work		2
Gielen, 2007 ⁷	Safety knowledge	RCT	2004 (17)	Parent	Medical system (network of hospitals and/or clinics), Pediatric emergency department	Parent of child 4-66 months old in Emergency department, English- speaking parent or older sibling, Lived in Baltimore	Child suspected of abuse, Critically ill child	0
Glasgow, 2000 ⁸	Diabetes	RCT	(6)	Patient	Outpatient clinic	More than 40 years old, Meeting the Wellborn criteria 28 for type 2 diabetes on the basis of age at diagnosis, body mass index, and when insulin was begun, Living		-1

Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						independently, Having a telephone, Not planning to move out of the area		
Jones, 1999 ⁹	Cancer	RCT	1996	System, Patient	Oncology center	Patient with breast, cervical, prostate, or laryngeal cancer	Patient receiving palliative treatment, No knowledge of their diagnosis, Visual or mental handicap, Severe pain or symptoms	1
Kaufman, 2006 ¹⁰	Diabetes	RCT, Qualitativ e	NS	Patient	Patient home	Senior, Hispanic		-1
Kim, 2004 ¹¹	Wounds	Prospecti ve cohort design	1999 (18 months)	Clinician, patient	Outpatient clinic	Chronic stage 2, 3, or 4 pressure sores, Postoperative wounds having undergone a tissue flap procedure for a grade 3 or 4 pressure ulcer, or diabetic ulcer, Hospital inpatient, outpatient, or nursing home resident, Informed consent	Mentally incompetent	
Kuppermann, 2009 ¹²	Pregnancy	RCT	2001 (24 months)	Patient		Pregnant female of any age, 20 weeks gestation or less, Having not yet undergone any prenatal testing, Ability to speak English or Spanish	Women who were carrying more than one fetus Had become pregnant using in vitro fertilization, Candidate for prenatal diagnosis because of family history	0
Maslin, 1998 ¹³	Cancer (breast)	Quasi- experime ntal: Experime	(24)	Patient	Medical system (network of hospitals and/or clinics) not		Pregnancy, Evidence of bilateral or multifocal breast	-1

Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
		ntal random design, not blinded			specified		cancer, Large tumor, Paget's diagnosis or inflammatory breast cancer, Evidence of extension or metastasis of breast cancer, Contraindication to mastectomy, Contradiction to radiation, Hearing visual or cognitive impairment	
McCrossan, 2007 ¹⁴	Congenital heart disease	RCT		Patient	Hospital	Less than 3 yrs old, New diagnosis of congenital heart disease	No fixed address, Unsuitable home environment	-1
McDonald, 2005 ¹⁵	Cancer pain management	RCT	(45 days)	Clinician	Non-profit home care organization	18 or older, Primary diagnosis of cancer (ICD9-CM140-239), Self- reported frequency of daily or constant pain at admission	Not cognitively able to give informed consent, Non- English/Spanish- speaking subject	1
Nguyen, 2008 ¹⁶	COPD	RCT	(6 mo intended but study stopped)	Patient	Pilot study: one group in face-to-face self-management program; the other in online program	Diagnosis of COPD and being clinically stable for at least 1 month, Spirometry results showing at least mild obstructive disease defined as post-bronchodilator forced expiratory volume in 1 s (FEV1) to forced vital capacity (FVC) ratio 80% predicted, ADL Limited by dyspnea, Use of the Internet and/or checking email at least once per	Any active symptomatic illness (i.e., cancer, heart failure, ischemic heart disease with known coronary artery or valvular heart disease, psychiatric illness, or neuromuscular disease), Participated in a pulmonary rehabilitation	2

Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						week with a Windows operating system, Oxygen saturation > 85% on room air or less than 6 l/min of nasal oxygen at the end of a 6-minute walk test	program in the last 12 months, Were currently participating in > 2 days of supervised maintenance exercise	
Peters, 2006 ¹⁷	Primary care primary health centers in Salem district	Quasi- experime ntal: Before/af ter patients/ physician s	2002 (6)	Clinician, Patient, Cluster randomized	Outpatient clinic, Medical system (network of hospitals and/or clinics)			-2
Raebel, 2007 ¹⁸	Mental health (depression): Depression and anxiety patient medication safety intervention	RCT	2005 (12)	Clinician, Patient, Pharmacist	Outpatient clinic, Medical system (network of hospitals and/or clinics), Kaiser Permanente pharmacies	More than 65 yrs old, Prescribed a potentially inappropriate medication (list of 11 medications)		-2
Rothert, 2006 ¹⁹	Obesity	RCT	2002 (6)	Patient	Outpatient clinic, Home	More than 18 yrs old, Patient of Kaiser Permanente, Web access, E-mail address, BMI 27- 40 kg/m², Willing to complete followup questionnaires	Surgical management of obesity, Pregnant, Considering pregnancy	1
Ruland, 2003 ²⁰	Cancer	RCT, Usability: cluster randomiz ation at level of clinician	(2 Months)	Clinician, Patient	Outpatient clinic	More than 21 yrs old, Able to read, write, and speak English, No cognitive impairment, Able to provide informed consent, Did not feel too fatigued, Participation approved by patients' physicians	New patient coming for their first consultation	-1
Schapira,	Post-menopausal	RCT	2002	Patient	Medical system	45-74 yrs, Female, Post-	Non-English-	0

Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2007 ²¹	women who needed to decide about hormone therapy		(enrollment: 18 months)		(network of hospitals and/or clinics)	menopausal defined as amenorrheic for 12 months or a documented FSH > 25IU/I.	speaking, Cognitive dysfunction defined by a score of <23 on the Folstein Mini Mental State exam, Absolute contraindication to the use of HT	
Schumann, 2008 ²²	Smoking	Not a clinical study yet. Study of theoretic al and empirical variability	NS	Patient	Outpatient clinic			-2
Taenzer, 2000 ²³	Cancer (other)	RCT	(NS)	Patient	Outpatient clinic	Diagnosis of lung cancer, Attendance at TBCC outpatient clinic, Fluent in English language, Eyesight sufficient to use computer		2
Tierney, 2005 ²⁴	Asthma COPD	RCT	1994 (12)	Clinician	Research hospital network	18 yrs or older, Had previously visited the study practices, Diagnosis of asthma or COPD recorded during any inpatient visit, Emphysema recorded as a reading on any prior chest radiograph, or two or more prescriptions for inhaled beta-agonists, corticosteroids, ipratropium, or cromolyn, or oral beta-agonists or		-1

Evidence Table 22. Study characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						theophylline		
Trief, 2006 ²⁵	Diabetes	RCT, Qualitativ e Was not an RCT but a barrier study on computer -guided disease	(12)	Patient	Outpatient clinic, Home	Diabetes, Married or cohabitating	Refusal, Too sick, Changed mind	2
Wakefield, 2008 ²⁶	Heart failure	RCT		Patient		Mini Mental Status Exam score of > 22, Phone line at home, Diagnosis of heart failure, Hospital admission for heart failure exacerbation	Assigned to control group of larger study (no recordings available), Not all 3 interactions successfully recorded, Patient died or dropped out of study	1

HRT: Hormone replacement therapy, ICD9-CM140-239: Primary diagnosis of cancer, ADL: Activities of daily living, BMI: Body mass index, RCT: Randomized controlled trial, FSH: Follicle stimulating hormone, YWCA: Young Women's Christian Association.

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Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Barnabei, 2008 ¹	Control	Mean: 52.5, SD: 5.6	147 (100)	White: 130 (90) Other: Non-white 15 (10)	NS	High school grad or less: 18 (12), Trade school, some college or more: 127 (88)	Current HT use – Yes 43 (29), No 104 (71)
	TalkToYourDoc (TTYD) tool	Mean: 52.5, SD: 5.3	141 (100)	White: 126 (92) Other: Non-white 11 (8)	NS	High school grad or less: 19 (14) Trade school, some college or more: 119 (86)	Current HT use – Yes 39 (28), No 102 (72)

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Beale, 2006 ²	Control						
Ohn aggg	Video game			NS	NS	NS	Did not report on control group or those recruited; 197 were randomly assigned to receive access to Re-Mission, and 195 actually received the intervention. There were 5 participants whose assigned condition was crossed over (n=3 treatment to control, n=2 control to treatment); 176 patients received access only to an alternative videogame.
Chu, 2009 ³	Control						
	Partnering with Seniors for Better Health: Computer use and Internet health information retrieval among older adults in a low socioeconomic community	Mean: 74	(72)		Income1: < \$10,000 (64)	8-12 yrs: 21.4 12-16 yrs: (50)	Previous computer use (29.5); Previous Internet access (18.8)

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Feldstein, 2006 ⁴	Control	Range: 50- 89			<=\$20,000: 20 (19.8) >\$20,000: 21 (20.8) Unknown:60(59.4)	<=High school: 32 (31.7) >=Some college: 23 (22.8), Unknown: 46 (45.5)	Fracture type – Hip 9 (8.9), Vertebra 9 (8.9), Wrist 15 (14.9), Other 68 (67.3); Current smoker – No 92 (91.1), Yes 9 (8.9); Weight = 3 12 (11.9); Adequate calcium intake – No 32 (31.7), Yes 16 (15.8), Unknown 53; (52.5) Regular activity – No 40 (39.6), Yes 14 (13.9), Unknown 47 (46.5)
Feldman, 2005 ⁵	Control	Mean: 71.2, SD: 12.2	(76.7)	White: (23.4), Black: (41.9), Latino: (30.0), Other: (4.9)	Income <\$10,000: (51.5)	<12 yrs: (54.2)	Usual care 227
	E-mail reminder	Mean: 72.4, SD: 12.1	(64.8)	White: (23.6), Black: (42.7), Latino: (31.2), Other: (2.5)	Income <\$10,000: (43.7)	<12 yrs: (56.8)	199
	E-mail reminder and a laminated card	Mean: 71.8, SD: 12.0	(65.4)	White: (28.2), Black: (35.6), Latino: (33.2), Other: (3.0)	Income<\$10,000: (40.1)	<12 yrs: (54.0)	Augmented 202

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Frosch, 2008 ⁶	Control	Mean: 59.0, SD: 5.1	0	White: 133 (88.1), Black: 4 (2.6), Latino: 6 (4.0), Asian: 6 (4.0), Other 2 (1.3)	NS	8-12 yrs: 6 (4.0) 12-16 yrs: 86 (56.9) >16 yrs: 59 (39.1) Some grad school: 10 (6.6) Completed postgraduate: 49 (32.5)	Marital status – Married 123 (81.5), Other 28 (18.5); History of cancer – Self 18 (11.9), Family 104 (68.9), Friends 112 (74.2); Concern about prostate cancer – Not at all 15 (9.9), A little 39 (25.8), Somewhat 63 (41.7), Considerable 25 (16.1), Extreme 9 (6.0); Number of previous PSA tests, mean 2.6, SD: 2.9; Pretest choice of PSA 145 (96.0); Who should make medical decisions – Physician only 10 (6.6), Mostly physician 12 (7.9), Physician and patient together 109 (72.9), Mostly patient 16 (10.6), Patient only 4 (2.6); Pretest treatment preference – Intervention 99 (65.6), Watchful waiting 52 (34.4); [also Internet access at home and work]

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Traditional didactic decision aid providing information about prostate specific antigen (PSA) screening options and outcomes	Mean: 58.5, SD: 5.5	0	White: 133 (85.8), Black: 6 (3.9), Latino: 7 (4.5), Asian: 4 (2.6), Other: 5 (3.2)	NS	8-12 yrs: 8 (5.2) 12-16 yrs: 83 (53,.6) >16 yrs: 64 (41.3)	Marital status – Married 119 (76.8), Other 36 (23.2); History of cancer – Self 18 (11.6), Family 102 (65.8), Friends 120 (77.4); Concern about prostate cancer – Not at all 14 (9.0), A little 42 (27.1), Somewhat 63 (40.6), Considerable 26 (16.8), Extreme 10 (6.5); Number of previous PSA tests, mean 3.0, SD: 4.8; Pretest choice of PSA 148 (95.5); Who should make medical decisions – Physician only 4 (2.6), Mostly physician 19 (12.3), Physician and patient together 120 (77.4), Mostly patient 11 (7.1), Patient only 1(0.6); Pretest treatment preference – Intervention 102 (65.8), Watchful waiting 53 (34.2); [also Internet access at home and work]

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise	Mean: 58.4, SD: 5.6	0	White: 127 (83.0), Black: 2 (1.3), Latino: 15 (9.8), Asian: 7 (4.6), Other1: 2 (1.3)	NS	8-12 yrs: 6 (3.9) 12-16 yrs: 75 (49.0) >16 yrs: 72 (47.0)	Marital status — Married 114 (74.5), Other 39 (25.5); History of cancer — Self 12 (7.8), Family 101 (66.0), Friends 114 (74.5); Concern about prostate cancer — Not at all 15 (9.8), A little 49 (32.0), Somewhat 56 (36.6), Considerable 26 (17.0), Extreme 7 (4.6); Number of previous PSA tests, mean 2.1, SD: 2.6; Pretest choice of PSA 148 (96.7); Who should make medical decisions — Physician only 3 (2.0), Mostly physician 20 (13.1), Physician and patient together 119 (77.8), Mostly patient 9 (5.9), Patient only 2 (1.3); Pretest treatment preference — Intervention 101 (66.0), Watchful waiting 52 (34.0); [also Internet access at home and work]
	Both the didactic decision aid and the chronic disease trajectory model	Mean: 58.8, SD: 5.4	0	White: 133 (87.5), Black: 5 (3.3), Latino: 4 (2.6), Asian: 7 (4.6), Other: 3 (2.0)	NS	8-12 yrs: 7 (4.6), 12-16 yrs: 66 (43.4) >16 yrs: 79 (52.0)	

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Gielen, 2007 ⁷	Control	Range— Child: 4-66 months, Parent: 14- 30	Mother (90.4)	Black (94.1) Other (5.8)	<\$5,000 (66.5) >\$5,000 (33.5)	<8 yrs: (11.1), 8- 12 yars: (73.2), 12-16 yrs: (15.7)	
	The intervention group received a personalized report containing tailored, stage-based safety messages based on the precaution adoption process model. The control group received a report on other child health topics.	Range Child: 4-66 months Parent: 14- 30	Mother (90.6)	Black (92.2), Other (7.8)	<\$5,000 (60.9) >\$5,000 (39.0)	<8 yrs: (9.2) 8-12 yrs: (75.8) 12-16 yrs: (15.0)	
Glasgow, 2000 ⁸	Control	Mean: 60.6, SD: (9.5	66.3	White: 90	NS	Some college or more: 46.3	Retired (45.0), Lived alone (51.2)
	Basic and community resource condition	Mean: 60.5, SD: 8.6	47.4(57)	White: 90.9	NS	Some college or more: (59.7)	Retired (28.6) Live alone (58.4)
	Basic and telephone followup conditions	Mean: 59.0, SD: 9.6	57	White: 88.6	NS	Some college or more: 63.0	Retired (31.6), Lived alone (44.3)
	Combined condition	Mean: 57.4, SD: 9.4	56.3	White: 91.4	NS	Some college or more: 58.0	
Hassol, 2004 ⁹	Control	NS	NS	NS	NS	12-16 yrs: (40) of 1421	
	Online survey (and focus group information)	Range: > 18 years	(60) of 1421	White: (98) of 1421	NS	>16 yrs: (27) of 1421, High school or less: (33) of 1421	Duration of MyChart Use, Use of MyChart
Jones, 1999 ¹⁰	Control				NS		
	Personal computer information				NS		

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	General computer information			NS	NS	NS	
Kaufman, 2006 ¹¹	Control						
	Telehealth diabetes management program			NS	NS	NS	
Kim, 2004 ¹²	Control	NS	NS	NS	NS	NS	NS
Kuppermann, 2009 ¹³	Control	Mean: 32.5, SD: 6.0	252 (100)	White: 111(44.8), Black: 42 (16.9), Latino: 40 (16.1) Asian:39 (15.7), Other: 16 (6.5)	<\$50,000: 80 (34.2), \$50,000-100,000: 85 (36.3), >=\$100,000L 69 (29.5)	8-12 yrs: 45 (18.1), 12-16 yrs: 56 (22.5), College graduate: 148 (59.4)	Religion – Catholic 76 (30.5), Other Christian 64 (25.7), Other religion 27 (10.8), No religious affiliation 82 (32.9); Desire for shared decisionmaking – Me alone/mostly me 104 (42.8), Shared equally 123 (50.6), Health care provider alone/mostly provider 16 (6.6)
	Prenatal testing decision- assisting tool	Mean: 32.2, SD: 5.9	244(100)	White: 120 (49.6), Black: 35 (14.5), Latino: 48 (19.8), Asian: 27 (11.2), Other1: 12 (5.0)	<\$50,000: 68 (30.0), \$50,000-100,000: 73 (32.2), >=\$100,000: 86 (37.9)	8-12 yrs: 39 (16.0), 12-16 yrs: 57 (23.5), College graduate: 147 (60.5)	Religion: Catholic 75 (31.1), Other Christian 64 (26.6), Other religion 42 (17), No religious affiliation 60 (24.9); Desire for shared decisionmaking – Me alone/mostly me 100 (43.3), Shared equally 108 (46.8), Health care provider alone/mostly provider 23 (10.0)

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
Maslin, 1998 ¹⁴	Control	Mean: 52.1Range: 28-73	49 (100)				
	Interactive video disk system (IVD) using a shared decisionmaking program (SDP)	Mean: 52.1, Range: 28- 73	51 (100)	NS	NS	NS	
McCrossan, 2007 ¹⁵	Control	Mean: 66	11	NS	NS	NS	
	Videoconferencing	Mean: 61	11	NS	NS	NS	
	Telephone	Mean: 65.4	13	NS	NS	NS	
McDonald, 2005 ¹⁶	Control	Mean: 62.9, SD: 13.3	(64.5)	White: (29.9), Black: (30.8), Latino: (33.3), Other: (6.0)	NS	NS	234
	E-mail reminders: One patient- specific message was sent to nurse about patient basic intervention	Mean: 63.2, SD: 13.0	(68.6)	White: (34.7), Black: (26.5), Latino: (34.3), Other: (4.6)	NS	NS	242
	E-mail reminders with provider prompts, patient education material, and clinical nurse specialist outreach Augmented basic intervention	Mean: 63.4, SD: 12.4	(65.5)	White: (32.0) Black: (31.5) Latino: (31.0) Other: (5.6)	NS	NS	197

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	Diagnostic evaluations of a wound were made both by a treating physician in person as well as by a remote physician using the telemedicine system	Mean: 59 Range: 24- 83	NS	NS	NS	NS	Married or had a live-in partner (35.3) [24/68]; Lived at home, rather than in a nursing home (97.1) [67/69]; Living situation —Living without assistance (41.3) [26/63], Receiving some kind of assistance or care at home (58.7); Had a full- or part-time caregiver (39.7); Had some assistance (12.7); Used a full-time nurse (6.3); Considered their overall health to be — "Good or very good" (63.3), "Fair" (23.3), "Poor" (13.3). There were no significant differences between the two participating sites in the demographic composition of the sample.
Nguyen, 2008 ¹⁷	Control				NS	12-16 yrs: 8 (40)	

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	fDSMP	Mean: 70.9,SD: 8.6	9 (45)	White: 20 (100)	NS	>16 yrs: 12 (60)	Not currently employed, or currently disabled or retired 15 (75); Living situation with spouse or other 13 (65); Currently smoking 1 (5); Distance to clinical site (km) 13.1, SD:15.7; BMI (kg/m²) 27.7 SD:, 6.4; [several disease severity measures]; [several computer/Internet skills]
	eDSMP	Mean: 68.0, SD: 8.3	8 (39)	White: 18 (95)	NS	12-16 yrs: 10 (50) >16 yrs: 9 (50)	Not currently employed, or currently disabled or retired 13(72); Living situation with spouse or other 12 (63); Currently smoking 2 (11); Distance to clinical site (km) 20.4, SD:18; BMI (kg/m² 29.4, SD: 5.9; [several disease severity measures]; [several computer/Internet skills]
Peters, 2006 ¹⁸	Control	Mean: 32.9	(50.5)	NS	NS	<8 yrs: 309 (100)	Household size 4.6

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	A computer- assisted decision support technology was introduced to assist with patient screening	Mean: 38.1	(56.8)	NS	NS	<8 yrs: 296 (100)	Household size 4.4
Raebel, 2007 ¹⁹	Control	Median: 73	449 (70)	NS	NS	NS	Number of medication in last 6 months, median: 7
	Pharmacist alert and physician consultation	Median: 72	362 (67)	NS	NS	NS	Number of medication in last 6 months, median: 7
	EMR reminder to primary care physician	Range: 50- 89	NS	NS	<=\$20,000: 27 (26.7) >\$20,000: 13 (12.9) Unknown: 61 (60.4)	<=High school: 31 (30.7), >=Some college: 25 (24.8), Unknown: 45 (44.6)	Fracture Type — Hip 12 (11.9), Vertebra 10 (9.9), Wrist 17 (16.8), Other 62 (61.4); Current smoker — No 90 (89.1), Yes 11 (10.9); Weight = 3 18 (17.8); Adequate calcium intake — No 36 (35.6), Yes 14 (13.9), Unknown 51 (50.5); Regular activity — No 44 (43.6), Yes 13 (12.9), Unknown 44 (43.6)

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Author, Year	Control Intervention	Mean, Median, Range, SD	Female, n (%)	Race, n (%)	Income Ranges, n (%)	Education, n (%)	Other Categories, n (%)
	EMR reminder to primary care physician plus mailed patient reminder letter	Range: 50- 89	NS	NS	<=\$20,000: 28 (25.7) >\$20,000: 17 (15.6) Unknown: 64 (58.7)	<=High school: 39 (35.8), >=Some college: 28 (25.7), Unknown: 42 (38.5)	Fracture Type – Hip 16 (14.7), Vertebra 2 (1.8), Wrist 17 (15.6), Other 74 (67.9); Current smoker – No 100 (91.7), Yes 9 (8.3); Weight =3 12 (11.0); Adequate calcium intake – No 40 (36.7), Yes 17 (15.6), Unknown 52 (47.7); Regular activity – No 52 (47.7), Yes 13 (11.9), Unknown 44 (40.4)

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

Rothert, 2006 ²⁰	Control	NS	NS	NS	NS	NS	
	Tailored expert system condition: This study examined the outcomes of an Internet-based expert system vs. a user-navigated, information-only program for weight management	Mean: 45.6, SD: 12.1	(82.9)	White: (56.8), Black: (35.4), Latino: (3.4), Other (4.4)	NS	NS	BMI (kg/m2) 33.0 (3.8); Motivation (0- 10 scale) 7.2 (2.0); Self-efficacy (1-5 scale) 2.5 (0.8); Weight (kg) 92.2 (14.4)
	Information only condition	Mean: 45.2 SD: 12.0	(82.7)	White: (56.3), Black: (35.8), Latino: (3.1), Other(4.8)	NS	NS	BMI (kg/m2) 31.0 (3.9); Motivation (0–10 scale) 7.3 (2.1); Self-efficacy (1–5 scale) 2.5 (0.8); Weight (kg) 92.5 (14.3)
Ruland, 2003 ²¹	Control				NS		25 patients, 5 MDs
	Computerized support system				NS		27 patients, 9 MDs
Schapira, 2007 ²²	Control	Mean: 57.8, Range: 7.5	89 (100)	White: 64 (73), Black: 22 (25), Other: 2(2)	<\$19,999: 25 (28), \$20,000–34,999: 32 (36), \$35,000–49,999: 17 (19), \$50,000+: 17 (16)	<8 yrs: 2 (2%) 8-12 yrs: 17 (19%), 12-16 yrs: 57 (65%), >16 yrs: 12 (14%)	Prior HT use – Current user 34 (39), Former user 35 (40), Never user 19 (22); Prior hysterectomy 44 (50); Baseline menopausal attitudes – Problem (1-5 range) 3.2, SD: 0.69, Control (1-5 range) 2.3, SD: 0.57

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

	Computer-based decision-aid: easy to use and retained risk information incorporated from emerging scientific data	Mean: 57.8, SD=7.2	88 (100)	White: 64 (72), Black: 24 (27), Other: 1(1)	<\$19,999: 31 (35), \$20,000–34,999: 22 (25), \$35,000–49,999: 19 (21), \$50,000+: 17 (19)	<8 yrs: 4 (5), 8-12 yrs: 20 (23),12-16 yrs: 56 (64), >16yrs: 9 (10)	Prior HT use – Current user 2 (33), Former user 37 (42), Never user 23 (25); Prior hysterectomy 42 (47); Baseline menopausal attitudes – Problem (1-5 range) 3.1, SD: 0.78, Control (1-5 range) 2.4, SD: 0.53
Schumann, 2008 ²³	Processing a smoker through the tailored, TTM-based intervention to measure the stage of change with a 19-, 17-,10-, and 9-item questionnaire, advisingd on the use of self-change strategies reports about the awareness of negative aspects of smoking and self-efficacy	NS NS	NS NS	NS Study 1: (50.7) Study 2: (43.1)	NS NS	NS Study 1: <10 yrs: (31.4), 10 yrs: (52.4), >10 yrs: 16.2; Study 2: <10 yrs: (32.9),1 0 yrs: (50.9), >10 yrs: (16.2)	NS The study did not investigate whether greater variability in tailoring meant greater effectiveness. It highlighted a discrepancy between the conceptual aim of the TTM to intervene with precontemplators and the insufficient realization of the aim of this intervention
Taenzer, 2000 ²⁴	Control	Mean: 64.4	9 of 26	NS	NS	NS	

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

	Patients completed a computerized version of the European Organization for Research and Treatment of Cancer (EORTC) QLQ-C30 questionnaire in order to provide the clinic staff with QL information prior to the clinic appointment	Mean: 65.6	10 of 27	NS	NS	NS	
Tierney, 2005 ²⁵	Control	Mean: 52, SD: 13	71	White: 61	NS	Mean yrs: 9.9, SD: 3.0	COPD (74)
	Physician Intervention	Mean: 50, SD: 14	77	White: 55	NS	Mean yrs: 10.1, SD: 2.9	COPD (70)
	Pharmacist Intervention	Mean: 51, SD: 14	68	White: 56	NS	Mean yrs: 10.8, SD: 2.7	COPD (63)
	Both Interventions	Mean: 51, SD: 14	71	White: 59	NS	Mean yrs: 10.4, SD: 2.9	NS
Trief, 2006 ²⁶	Control	Mean: 69.5	(38.71)	White: 58 (93.55), Black: 2 (3.23), Other: 2 (3.23)	\$2,580.01 per month	Mean yrs: 12.33	
	Informatics for Diabetes Education and Telemedicine project (IDEATel)	Mean: 70.64	(45.83)	White: 68 (94.44) Black: 2 (2.78) Other: 2 (2.78)	\$2,306.47 per month	Mean yrs: 12.69	
Wakefield,	Control						

Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

2008 ²⁷	Telephone	Mean: 72, SD: 9.2	0	White: 12 (86) Black: 2 (14)	NS	<8 yrs: 0 8-<12 yrs: 29 (4), High school or equivalent: 29, (4), >Some college: 43 (6)	Mini Mental Status Exam (MMSE) 27.1, SD: 2.1; Marital status – Married 7 (50), Divorced 2 (14), Other 5 (35)
	Videophone	Mean: 68.1, SD: 8.3	0	White: 14 (100)	NS	<8 yrs: 7 (1) 8-<12 yrs: 14 (2), High school or equivalent: 57 (8) >Some college: 21 (3)	Mini Mental Status Exam (MMSE) 28.5, SD: 1.8; Marital status – Married 11 (79), Divorced 2 (14), Other 1 (7)

HT = hormone therapy; NS = not specified; TTYD = TalkToYourDoc; SD = standard deviation; BMI = body mass index; SD = standard deviation; EMR = electronic medical record

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Evidence Table 23. Participant characteristics of studies addressing improving responsiveness to the needs and preferences of individual patients.

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Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients.

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (n After Withdrawals)	Final Measure	P-value
Barnabei, 2008 ¹	Barnabei, 2008 ¹ Providers able to convey HT information to patients	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147		
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151		141		0.12
	Level of relevance of patients' questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	3.5	
	,	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	3.8	0.03
	Level of patients' engagement regarding	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	3.7	
	discussion of HT	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	3.7	0.05
	Level of appropriatenes s of medical history convey	Patients undergoing menopausal HT whom did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	3.8	
	by patient	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	3.8	0.03
	Level of satisfaction of discussion with patient	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	3.7	
	·	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	3.7	0.01
	Efficiency of visit compared with other visits	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	3.1	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151	141	3.1	0.04
Time to complete appointment	Patients undergoing menopausal HT who did not have access to TTYD Web site	Minutes	154	147	20.3	
	Patients undergoing menopausal HT who had access to TTYD Web site	Minutes	151	141	20.3	0.78
Number of patients who came to appointment	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147	80	
with questions	Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141	96	<0.01
Patient previously seen this provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147	78	
	Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141	81	0.5
Decisions regarding HT	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147	43	
	Patients undergoing menopausal HT who had access to TTYD Web site	Decisions regarding HT	151	141	28/69/3	0.78
Patients' feelings about amount of time with provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154	147	1/76/24	
	Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151	141	1/69/31	0.43
Patients' feelings about level of encouragement	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154	147	4.2	
of provider	Patients undergoing menopausal HT whom had	Ordinal scale units (1 to 5 with "5" the	151	141	4.3	0.3

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		access to TTYD Web site	highest response)					
	Patients' feelings about level satisfaction with answers to questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	4.6	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	4.7	0.68
	Patients' feelings about level of positively of	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	4.5	
	interaction with provider	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	4.6	0.23
	Patients' feelings about level of comfort in making	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	154		147	4.2	
	decisions about	Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with "5" the highest response)	151		141	4.3	0.19
Chu, 2009 ²	Lower computer anxiety	Wait-list control group did not receive a 2-hr training session, once a week for 5 weeks			26	NR	25	
		Participants in the intervention group received a 2-hr training session, once a week for 5 weeks			26.13	NR	35.05	<0.001
	Computer confidence	Wait-list control group did not receive a 2-hr training session, once a week for 5 weeks			28	NR	28	
		Participants in the intervention group received a 2-hr training session, once a week for 5 weeks			28.26	NR	36.1	<0.001
	Computer self- efficacy	Wait-list control group did not receive a 2-hr training session, once a week for 5 weeks			14	NR	14.5	
	Participants in the intervention group received			13.9	NR	17.87	<0.001	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		a 2-hr training session, once a week for 5 weeks			
Feldstein,	Proportion of	Usual care	101	0.9	
2006 ³	2006 ³ study population with bone mineral density evaluation	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)	101	23.8	<0.01 compared to Arm A
	(BMD) only	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)	109	22.9	0.43 compared to Arm B
	Proportion of	Usual care	101	4	
	study population with osteoporosis medication only	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)	101	11.9	<0.01 compared to Arm A
		An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)	109	10.1	0.54 compared to Arm B
	Proportion of	Usual care	101	1	
study population with both BMD and osteoporosis medication	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)	101	15.8	<0.01 compared to Arm A	
	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)	109	10.1		
	Proportion of	Üsual care	101	5.9	
	study population with BMD or osteoporosis medication	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)	101	51.5	<0.01 compared to Arm A

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)			109		0.88 compared to Arm B
Total calcium intake (n=22)	Usual care	mg/day	1308.6	22	851.2	
Total calcium intake (n=33)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)	mg/day	1116.5	33	1311.4	0.02 compared to Arm A
Total calcium intake (n=37)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)	mg/day	1221.5	32	1224.7	0.05 compared to Arm A
Regular activity (n=33)	Üsual care		7	22	10	
Regular activity (n=41)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)		9	33	8	0.17 compared to Arm A
Regular activity (n=42)	An EMR reminder to the primary care provider plus an advisory letter with educational materials mailed to the patient (patient reminder)		11	32	12	0.55 compared to Arm A
Caloric expenditure per week (n=32)	Üsual care		2325.7	22	1980.9	
Caloric expenditure per week (n=38)	Patient-specific clinical guideline advice to the primary care provider delivered through an EMR message (EMR reminder)		3082.9	33	2312.7	0.96 compared to Arm A
Caloric expenditure per week (n=38)	An EMR reminder to the primary care provider plus an advisory letter with educational materials		2614.4	32	2525.9	0.32 compared to Arm A

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	mailed to the patient (patient reminder)					
Patient skips medicine	Heart failure patients receiving usual care	Adjusted probability	227	227	27.6	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	27.7	0.99
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	25.4	0.604
Patient is sure about when to	Heart failure patients receiving usual care	Adjusted probability	227	227	67.4	
take HF medicine	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	70.3	0.494
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	69.6	0.613
Patient recognition of	Heart failure patients receiving usual care	Adjusted probability	227	227		
own HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	No Data	0.002
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	No Data	0.023
Patient does not recognize	Heart failure patients receiving usual care	Adjusted probability	227	227	43.9	
any of own HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	31.1	
	Heart failure patients whose nurses received e- mail recommendations and	Adjusted probability	202	202	34.3	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	additional resources (augmented intervention)					
Patient recognizes up	Heart failure patients receiving usual care	Adjusted probability	227	227	29.8	
to half of own HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	30.5	
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	30.6	
Patient recognizes	Heart failure patients receiving usual care	Adjusted probability	227	227	26.3	
more than half of own HF medicines	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	38.4	
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	35	
Patient salts food	Heart failure patients receiving usual care	Adjusted probability	227	227	30.7	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	27.6	0.49
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	23.3	0.095
Patient's weighing	Heart failure patients receiving usual care	Adjusted probability	227	227	No data	
behavior	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	No data	0.352
	Heart failure patients whose nurses received e- mail recommendations and	Adjusted probability	202	202	No data	0.082

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	additional resources (augmented intervention)					
Patient has no scale	Heart failure patients receiving usual care	Adjusted probability	227	227	34.6	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	38.3	
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	27.9	
Patient weighs self but not	Heart failure patients receiving usual care	Adjusted probability	227	227	44	
daily	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	43	
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	44.7	
Patient weights self daily	Heart failure patients receiving usual care	Adjusted probability	227	227	21.4	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted probability	199	199	18.7	
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted probability	202	202	27.4	
KCCQ: Summary score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227	40.4	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199	199	46.6	0.013
	Heart failure patients whose nurses received e-	Adjusted score (higher score =	202	202	45.6	0.048

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	mail recommendations and additional resources (augmented intervention)	better outcome)				
KCCQ: Physical limitation	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227	37.8	
domain score	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199	199	42.5	0.333
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202	202	43	0.231
KCCQ: Symptom domain score	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227	48.6	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199		55.6	0.091
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202	202	53.6	0.277
KCCQ: % w/quality-of-life	Heart failure patients receiving usual care	%	227	227	44.6	
domain score >=50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199	199	48	0.407
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202	202	53.3	0.042
KCCQ: % w/social	Heart failure patients receiving usual care	%	227	227	27.8	
limitation domain score >= 50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199	199	34.8	0.09

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202	202	35.2	0.064
KCCQ: % w/ self-efficacy	Heart failure patients receiving usual care	%	227	227	85.8	
domain score >=50	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	%	199	199	86.8	0.756
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	%	202	202	86.3	0.88
Depression	Heart failure patients receiving usual care	Adjusted score (higher score = presence of depression)	227	227	36.3	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = presence of depression)	199	199	37.4	0.802
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = presence of depression)	202	202	36.9	0.888
Euroqol health- related quality of life	Heart failure patients receiving usual care	Adjusted score (higher score = better outcome)	227	227	39.3	
	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	Adjusted score (higher score = better outcome)	199	199	48.9	0.003
	Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	Adjusted score (higher score = better outcome)	202	202	40.2	0.777
Home care- related	Heart failure patients receiving usual care	US dollars	227	227	2814	
costs/patient	Heart failure patients	US dollars	199	199	3371	0.062

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		whose nurses received e- mail recommendations (basic intervention)					
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202	202	3425	0.058
	Overall costs/patient	Heart failure patients receiving usual care	US dollars	227	227	4996	
	·	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199	199	5869	0.084
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202	202	6330	0.02
	Home care- related costs in	Heart failure patients receiving usual care	US dollars	227	227	No data	
	order to produce a 5% improvement in KCCQ summary score	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199	199	183	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202	202	235	
	Overall costs in order to	Heart failure patients receiving usual care	US dollars	227	227	No data	
	produce a 5% improvement in KCCQ summary score	Heart failure patients whose nurses received e- mail recommendations (basic intervention)	US dollars	199	199	246	
		Heart failure patients whose nurses received e- mail recommendations and additional resources (augmented intervention)	US dollars	202	202	513	
rosch, 2008 ⁴	Clicked on	Internet links	%	151		77	
	assigned link	CDT	%	153		87	
		TDA	%	155		85	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		Combination CDT and TDA	%	152			77	
	PSA screening:	Internet links	%	151			96	
	Pretest choice	CDT	%	153			96.7	
		TDA	%	155			95.5	
		Combination CDT and TDA	%	152			96.7	
	PSA screening:	Internet links	Change in %					
	Reduction	CDT	Change in %					<0.001
		TDA	Change in %					<0.001
		Combination CDT and TDA	<u> </u>					<0.001
	Watchful	Internet links	%	151			34.4	
	waiting at	CDT	%	153			34	
	pretest	TDA	%	155			34.2	
		Combination CDT and TDA		152			40.8	
	Total	Internet links	10 items	151			7.24	
	knowledge	CDT	10 items	153			7.69	0.005
	score/imputed	TDA	10 items	155			8.14	0.005
	data	Combination CDT and TDA	Change in %	152			7.71	0.005
	Total	Internet links	10 items			99	7.49	
	knowledge	CDT	10 items			115	8.03	0.001
	score/complete	TDA	10 items			119	8.65	0.001
	cases only	Combination CDT and TDA	%			120	8.03	0.001
Glasgow, 2000 ⁵	Behavioral outcomes: Block Fat Screenermo TF, no CR	Brief intervention across multiple offices and interventionists (Basic Condition)			48.6	80	24.7	Not significant
	Behavioral outcomes: Kristal FFB fat composite	Brief intervention across multiple offices and interventionists (Basic Condition)			1.9	80	1.6	0.017
	Behavioral outcomes: Kristal FFB fruit and vegetable	Brief intervention across multiple offices and interventionists (Basic Condition)			1.9	80	1.7	
	Physiologic outcomes: HBA1c	Brief intervention across multiple offices and interventionists (Basic Condition)			7.6	80	7.4	
O	Physiologic outcomes: Total cholesterol	Brief intervention across multiple offices and interventionists (Basic			210	80	206	0.010

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		Condition)						
	Physiologic outcomes: Weight	Brief intervention across multiple offices and interventionists (Basic Condition)			199	80	197	Not significant
	Physiologic outcomes: Lipid ratioTotal/HDL	Brief intervention across multiple offices and interventionists (Basic Condition)			5.1	80	4.9	Not significant
	Quality-of life /satisfaction outcomes: Diabetes intrusiveness	Brief intervention across multiple offices and interventionists (Basic Condition)			25.7	80	26	0.014
	Quality-of life: Satisfaction with program	Brief intervention across multiple offices and interventionists (Basic Condition)			36	80		Not significant
	Quality-of life /satisfaction outcomes: Process variable results- -Self-efficacy	Brief intervention across multiple offices and interventionists (Basic Condition)			3.9	80	4	Not significant
	Quality-of life /satisfaction outcomes: Chronic illness resources survey	Brief intervention across multiple offices and interventionists (Basic Condition)				80		Not significant
Gielen, 2007 ⁶	Knowledge of child safety seats, smoke	General information	Total proportion correct, meanSD, %	453		375	66.4	0
	alarms, poison storage	Computer Kiosk to promote hild safety	Total proportion correct, meanSD, %	448		384	72.6	0
Jones, 1999 ⁷	Satisfaction score	Booklet information	Number (%) of patients	180		154	40	
		Personal computer information General computer	Number (%) of patients Number (%) of	193 167		156 128	46 34	
		information	patients					
	Prefer	Booklet information		180		154	10	
	computer to 10-	Personal computer		193		156	29	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	minute	information					
	consultation with professional	General computer information		167	128	20	
	Doctors'	Booklet information	%	180	154	20	
	assessment: Patients above	Personal computer information	%	193	156	25	
	average in knowledge	General computer information		167	128	35	
	Use of printed	Booklet information	% of patients	180	154	83	
	material at home	Personal computer information	% of patients	193	156	70	
		General computer information	% of patients	167	128	57	
Kuppermann, 2009 ⁸	Knowledge score (%) postviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218	64.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202	79.5	<0.001
	Knowledge score (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218	65.5	
Correct procedure-related miscarriage risk estimate (%) postviewing		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202	77.6	<0.001
	procedure- related miscarriage risk	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252	218	48.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244	202	64.9	0.002

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Correct procedure-related miscarriage risk estimate (%) 1-	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	51	
2 weeks later	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	55.7	0.39
Correct DS- affected fetus estimate (%) postviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	51.1	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	63.5	<0.001
Correct DS- affected fetus estimate (%) 1- 2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	15.7	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	42.8	<0.001
Intervention satisfaction postreviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	7.5	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	8.1	<0.001
Intervention satisfaction1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal	252	218	7.5	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	testing decisionmaking				
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	8.2	<0.001
Intervention satisfaction at 26-30 weeks gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	7.5	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		202	8.2	<0.001
Decisional conflict: Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	40.2	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	32.1	<0.001
Decisional conflict: Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	38.8	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	32.3	0.005
Decisional conflict: Factors contributing to uncertainty –at 26-30 weeks of	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	26.2	
gestation	Intervention group received computerized interactive prenatal testing decision	244	202	21.9	0.01

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	tool on prenatal testing decisionmaking				
Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	26.2	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	19.2	<0.001
Factors contributing to uncertainty at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	19.4	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	15.2	<0.001
Ineffective decision 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	17.7	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	15.4	0.11
Ineffective decision at 26- 30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	32	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	31.4	0.47
Overall decisional	Control group did not receive computerized	252	218	20.9	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

conflict 1-2 weeks later	interactive prenatal testing decision tool on prenatal testing decisionmaking				
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	19.1	0.21
Overall decisional conflict at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	23.9	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	20.6	0.001
Decision regret (%) at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	12.8	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	9.6	0.28
Intervention affected prenatal testing plan (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	27.5	
	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244	202	47.8	<.001
Intervention affected prenatal testing plan (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252	218	36	
	Intervention group received	244	202	38.2	0.85

	Satisfaction in decisionmaking (%): Information given by the	computerized interactive prenatal testing decision tool on prenatal testing decisionmaking Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252		218	49.2	
	provider at 26- 30 weeks of gestation	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244		202	44.8	0.40
	Satisfaction in decisionmaking (%): Way decision was given by the	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252			48.1	
	provider at 26- 30 weeks of gestation	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	244		202	44.3	0.45
	Satisfaction in decisionmaking (%): Degree of involvement of the provider at	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking	252		218	79.9	
	26-30 weeks of gestation	Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking				72.6	0.10
Maslin, 1998 ⁹	Mental health score on SF-36	Control usual care from multidisciplinary team		68	NR	68	
	questionnaire	Intervention interactive video disk system + usual care from multidisciplinary team		60	NR	68	0.02
	Anxiety score on the Hospital	Control usual care from multidisciplinary team			NR		<0.001
	Anxiety and Depression	Intervention interactive video disk system + usual			NR		<0.001

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Scale	care from multidisciplinary team				
	Viewing IVD had impact on surgical choice	Intervention interactive video disk system + usual care from multidisciplinary team		NR	12.5	
		Intervention interactive video disk system + usual care from multidisciplinary team		NR	14.2	
McCrossan,	Specific	Videoconference	%	22	62	
2007 ¹⁰	concern raised by parent	Telephone	%	25	58	
	No medical	Videoconference	%	22	76	
	attention needed	Telephone	%	25	64	
	Nurse informs	Videoconference	%	22	20	
	medical consultant	Telephone	%	25	14	
	Nurse advises	Videoconference	%	22	4	
	to take NHS action	Telephone	%	25	22	
McDonald,	Presence of	Usual care	Adjusted probability	234	86.9	
2005 ¹¹	pain assessed by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	89.3	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability	197	88	
	Medication	Usual care	Adjusted probability	234	44.5	
	assessment	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	45.6	
		E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability	197	50.4	
	Mood	Usual care	Adjusted probability	234	85.5	
	assessment by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	92.7	
		E-mail reminder + provider prompts + patient	Adjusted probability	197	88.9	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	education + clinical nurse specialist outreach				
Educational	Usual care	Adjusted probability	234	1.3	
materials delivered by nurse	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	2.4	
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability	197	7.3	
Pain at its worst (range: 0–10)	Usual care	Adjusted probability/Score	234	4.5	
	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability/Score	242	3.6	
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	3.3	
Pain on average (range:	Usual care	Adjusted probability/Score	234	3.7	
0–10)	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	2.2	
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	3.1	
Pain interference	Usual care	Adjusted probability/Score	234	5.3	
scale (range: 0-10)	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	5.8	
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	5.2	
Best quality of life	Usual care	Adjusted probability/Score	234	16.1	
	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	16.9	
	E-mail reminder + provider prompts + patient	Adjusted probability/Score	197	15.2	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	education + clinical nurse specialist outreach			
Severe pain	Usual care	Adjusted probability/Score	234	28.4
	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	32
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	25.8
Severe insomnia	Usual care	Adjusted probability/Score	234	40.9
	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	39.5
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	32.8
Severe constipation	Usual care	Adjusted probability/Score	234	18.9
	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	14.8
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	12
Inadequate pain	Usual care	Adjusted probability/Score	234	68.5
management	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	69.9
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	64
Barriers	Usual care	Score	234	37.7
summary score	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Score	242	37.6
	E-mail reminder + provider prompts +patient education	Score	197	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	+ clinical nurse specialist outreach			
Use of alternative	Usual care	Adjusted probability/Score	234	26.9
treatments	Patient-specific, one-time e-mail reminder with pain- specific recommendations	Adjusted probability/Score	242	22.6
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability/Score	197	15.9
Probability of	Usual care	Adjusted probability	234	22.2
hospitalization	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	22.1
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability	197	16.6
Probability of	Usual care	Adjusted probability	234	36.6
ED use	Patient-specific, one-time e-mail reminder with pain-specific recommendations	Adjusted probability	242	37.8
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	Adjusted probability	197	33.5
Home care-	Usual care	US dollars	234	2642
related costs	Patient-specific, one-time e-mail reminder with pain- specific recommendations	US dollars	242	2789
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars	197	2903
Overall costs	Usual care	US dollars	234	5687
	Patient-specific, one-time e-mail reminder with pain-specific recommendations	US dollars	242	5966
	E-mail reminder + provider prompts + patient education + clinical nurse specialist outreach	US dollars	197	5611

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Nguyen,	CRQ: Dyspnea	fDSMP (face-to-face)	Score 5-35	20	15.9	20	19.9	
2008 ¹²	with ADL	eDSMP Internet-based	Range 5-35	19	18.8	19	21.3	0.14
	Exercise stage	fDSMP (face-to-face)	%	20		20		
	of change:	eDSMP Internet-based	%	19		19		NA
	Action or maintenance							
	Endurance	fDSMP (face-to-face)	Total min/week	20	77	20	121	
exe	exercise	eDSMP Internet-based	Total min/wk	19	89	19	128	0.22
	Strength	fDSMP (face-to-face)	Total min/week	20	21	20	53	0.22
	exercise	eDSMP Internet-based	Total min/wk	19	11	19	34	0.54
	6-minute walk	fDSMP (face-to-face)	M	20	406	20	394	
	test	eDSMP Internet-based	M	19	436	19	456	0.22
	CRQ: Fatigue	fDSMP (face-to-face)	Range 4-28	20	16.1	20	17.7	
		eDSMP Internet-based	Range 4-28	19	17.1	19	18.3	0.29
	CRQ: Mastery	fDSMP (face-to-face)	Range 4-28	20	20.4	20	22.4	
	•	eDSMP Internet-based	Range4-28	19	21.7	19	23.6	0.35
	CRQ:	fDSMP (face-to-face)	Range 7-49	20	33.4	20	34.5	
	Emotional functioning	eDSMP Internet-based	Range 7-49	19	35.9	19	36.8	0.33
	CRQ: Total	fDSMP (face-to-face)	Range 20-140	20	85.8	20	94.5	
	score	eDSMP Internet-based	Range 20-140	19	93.5	19	99.9	0.19
	SF-36: Physical	fDSMP (face-to-face)	Range 0-100	20	32	20	8	
	composite	eDSMP Internet-based	Range 0-100	19	37.3	19	39.9	0.07
	SF-36: Mental	fDSMP (face-to-face)	Range 0-100	20	12.5	20	13.8	
	composite	eDSMP Internet-based	Range 0-100	19	49.7	19	51.3	0.7
	Dyspnea	fDSMP (face-to-face)	Range 0-15	20	12.5	20	13.8	
	knowledge	eDSMP Internet-based	Range 0-15	19	12.6	19	14.1	0.49
	Self-efficacy	fDSMP (face-to-face)	Range 0-10	20	4.6	20	5	
		eDSMP Internet-based	Range 0-10	19	4.7	19	6.7	0.18
	Perception of	fDSMP (face-to-face)	Range 0-100	20	68.9	20	70.9	
	support	eDSMP Internet-based	Range 0-100	19	62.2	19	66.4	0.64
	Perception of	fDSMP (face-to-face)	%	20		20	80	
	exercise support/strongly	eDSMP Internet-based	%	19		19	68	
	agree	(DOMP (for a for for h)	0/	00		00	40	
	Perception of exercise	fDSMP (face-to-face)	%	20		20	10	
	support/agree	eDSMP Internet-based	%				32	
	Satisfaction	fDSMP (face-to-face)	1-5 scale	20		20	2.7	
	with program	eDSMP Internet-based	1-5 scale				2.6	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Peters, 2006 ¹³	Global patient assessment of care index	Without computer-assisted decision support technology to assist with	309	25	331	21.2	
		patient screening Computer-assisted decision support technology to assist with	296	25	350	28.6	0.99/<0.00
	Satisfaction with care index	patient screening Without computer-assisted decision support technology to assist with	309	13.4	331	8.9	
		patient screening Computer-assisted decision support technology to assist with	296	13.7	350	17.4	0.79/ <0.001
	Technical quality of care	patient screening Without computer-assisted decision support	309	28.3	331	22.2	
	index	technology to assist with patient screening Computer-assisted decision support technology to assist with	296	28.3	350	30.3	1.00/ 0.001
	Respect for patient index	patient screening Without computer-assisted decision support technology to assist with	309	26.7	331	18	
		patient screening Computer-assisted decision support technology to assist with patient screening	296	25.5	350	23.9	0.48/<0.00
	Communication index	Without computer-assisted decision support technology to assist with patient screening	309	31.5	331	32.5	
		Computer-assisted decision support technology to assist with patient screening	296	32.1	350	44	0.75/<0.00
	Financial aspect of care index	Without computer-assisted decision support technology to assist with patient screening	309	31.4	331	33.3	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Computer-assisted decision support	296	30.6	350	40.1	0.72/<0.00
	technology to assist with patient screening					
Access to care index	Without computer-assisted decision support	309	20.5	331	16.2	
	technology to assist with patient screening					
	Computer-assisted decision support technology to assist with patient screening	296	21.2	350	20.7	0.66/0.008
Health workers' attitude: Use computer for diagnosis and	Without computer-assisted decision support technology to assist with patient screening	20	5.3	22	13.6	
treatment	Computer-assisted decision support technology to assist with patient screening	17	11.1	23	39.1	0.51/0.05
Health workers' attitude: Use equipment at work	Without computer-assisted decision support technology to assist with patient screening	20	5.3	22	22.7	
	Computer-assisted decision support technology to assist with patient screening	17	5.6	23	30.4	0.97/0.56
Health workers' attitude: Learning new technology	Without computer-assisted decision support technology to assist with patient screening	20	94.7	22	90.9	
	Computer-assisted decision support technology to assist with patient screening	17	88.9	23	91.3	0.51/0.96
Health workers' attitude: What technology needed to use	Without computer-assisted decision support technology to assist with patient screening	20	57.9	22	77.3	
in the clinic	Computer-assisted decision support technology to assist with patient screening	17	72.2	23	95.7	0.36/0.07

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Health workers' attitude: Medical information	Without computer-assisted decision support technology to assist with patient screening		20	0	22	18.2	
	readily available on a computer	Computer-assisted decision support technology to assist with patient screening		17	0	23	52.2	n/a/0.02
	Health workers' attitude: Patients' medical history	Without computer-assisted decision support technology to assist with patient screening		20	0	22	27.3	
	available on a computer in the clinic Health workers' attitude: Have computer in the clinic	Computer-assisted decision support technology to assist with patient screening		17	11.1	23	69.6	0.23/0.005
		Without computer-assisted decision support technology to assist with patient screening		20	15.8	22	36.4	
		Computer-assisted decision support technology to assist with patient screening		17	5.6	23	87	0.60/<0.00
	Health workers attitude: Use a computer in the clinic	Without computer-assisted decision support technology to assist with patient screening		20	0.013.6	22		
		Computer-assisted decision support technology to assist with patient screening		17	5.6	23	39.1	0.49/0.05
Raebel, 2007 ¹⁴	Total dispensed: Amitriptyline	Usual care	%			29840	0.61	
		Intervention group electronic alerts	%			29840	0.38	<0.001
	Total dispensed: Chlordiazepoxi de	Usual care	%			29840	0.05	
		Intervention group electronic alerts	%			29840	0.04	0.55
	Total	Usual care	%			29840	1.38	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

dispensed:					
Diazepam	Intervention group electronic alerts	%	29840	1.28	0.32
Total dispensed: Doxepin	Usual care	%	29840	0.14	
	Intervention group electronic alerts	%	29840	0.11	0.24
Total dispensed: Flurazepam	Usual care	%	29840	0.01	
	Intervention group electronic alerts	%	29840	0.01	0.69
Total dispensed: Ketorolac	Usual care	%	29840	0	
	Intervention group electronic alerts	%	29840	0.01	0.5
Total dispensed: Meperidine (oral)	Usual care	%	29840	0.01	
(0.0.)	Intervention group electronic alerts	%	29840	0.01	
Total dispensed: Oxycodone/asp irin	Usual care	%	29840	0	
	Intervention group electronic alerts	%	29840	0	
Dispensings only for indications included in intervention: Amitirptyline	Usual care	%	29840	0.59	
, ,	Intervention group electronic alerts	%	29840	0.37	<0.001
Dispensings only for indications included in intervention:	Usual care	%	29840	0.05	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Chlorodiazepox ide					
lue	Intervention group electronic alerts	%	29840	0.04	0.55
Dispensings only for indications included in intervention: Diazepam	Usual care	%	29840	0.71	
	Intervention group electronic alerts	%	29840	0.56	0.02
Dispensings only for indications included in intervention: Doxepin	Usual care	%	29840	0.13	
	Intervention group electronic alerts	%	29840	0.09	0.17
Dispensings only for indications included in intervention: Flurazepam	Usual care	%	29840	0.01	
	Intervention group electronic alerts	%	29840	0.01	0.69
Dispensings only for indications included in intervention: Ketorolac	Usual care	%	29840	0	
	Intervention group electronic alerts	%	29840	0.01	0.5
Dispensings only for indications included in intervention: Meperidine (oral)	Usual care	%	29840	0.01	
•	Intervention group	%	29840	0.01	

		electronic alerts					
	Dispensings only for indications included in intervention: Oxycodone/asp irin	Usual care	%		29840	0	
		Intervention group electronic alerts	%		29840	0	
Rothert ¹⁵	Weight management	Web-based information- only weight management Web-based tailored					
		behavioral weight management program					
2003 ¹⁶	Congruence between patient's reported symptoms and those addressed in consult visit	Usual care			NR	2.84	
		Used computerized system for SDM for cancer symptoms care			NR	7.63	<0.01
	Ease of use	Used computerized system for SDM for cancer symptoms care	Composite score (range -16 to +16)		NR	5.06	
Schapira, 2007 ¹⁷	Knowledge	Control intervention consisting of a printed pamphlet		88	86	15.5	
		Computer-based HT decision aid		89	85	15.1	
	Satisfaction with decision	Control intervention consisting of a printed pamphlet		88	86	4.37	
		Computer-based HT decision aid		89	85	4.37	
	Decision conflict: Total	Control intervention consisting of a printed pamphlet		88	86	1.78	
		Computer-based HT		89	85	1.74	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		decision aid				
	Decision	Control intervention	88	86	1.9	
	conflict:	consisting of a printed				
	Decisional	pamphlet				
	uncertainty	Computer-based HT	89	85	1.88	
	subscale	decision aid				
	Decision	Control intervention	88	86	1.78	
	conflict:	consisting of a printed				
	Factors of	pamphlet				
	uncertainty	Computer-based HT	89	85	1.73	
	subscale	decision aid				
	Decision	Control intervention	88	86	1.7	
	conflict:	consisting of a printed				
	Effective	pamphlet				
	decisionmaking	Computer-based HT	89	85	1.64	
	subscale	decision aid				
Schumann,	1st letter,	Participants received only		727		
2008 ¹⁸	normative	one computer tailored				
	feedback:	feedback letter only				
	Precontemplati	(normative comparisons				
	onTheoretical	only)				
	number			4=4		
	2nd letter,	Participants received two		471		
	normative and	tailored feedback letters				
	impassive feedback:					
	Precontemplati					
	onTheoretical					
	number					
	3rd letter,	Participants received three		422	54.6	
	normative and	tailored feedback letters		422	34.0	
	impassive	lanored reedback letters				
	feedback:					
	Precontemplati					
	onTheoretical					
	number					
	1st letter,	Participants received only	1	727		
	normative	one computertailored				
	feedback:	feedback letter only				
	Precontemplati	(normative comparisons				
	onEmpirical	only)				
	number	1				
	2nd letter,	Participants received two		471		
	normative and	tailored feedback letters				

		n			
impassive					
feedback:					
Precontempl					
onEmpirica	al				
number					
3rd letter,	Participants received three		422	54.6	
normative ar	nd tailored feedback letters				
impassive					
feedback:					
Precontempl					
onEmpirica	al				
number					
1st letter,	Participants received only		727		
normative	one computer-tailored				
feedback:	feedback letter only				
Precontempl					
onEmpirica	al only)				
frequency					
2nd letter,	Participants received two		471	57.5	
normative ar	nd tailored feedback letters				
impassive					
feedback:					
Precontempl					
onEmpirica	al				
frequency					
3rd letter,	Participants received three		422	54.6	
normative ar	nd tailored feedback letters				
impassive					
feedback:					
Precontempl					
onEmpirica	al				
frequency					
1st letter,	Participants received only		282		
normative	one computer-tailored				
feedback:	feedback letter only				
Contemplation					
Theoretical	only)				
number	Doublein automa aireat.		070	04.4	
2nd letter,	Participants received two		279	34.1	
normative ar	nd tailored feedback letters				
impassive					
feedback:					
Contemplation	on				
Theoretical					

number					
3rd letter,	Participants received three		258	33.4	
normative and	tailored feedback letters		200	00.1	
impassive	tanoroa rocasacit rottoro				
feedback:					
Contemplation					
Theoretical					
number					
1st letter,	Participants received only		282		
normative	one computer-tailored		202		
feedback:	feedback letter only				
Contemplation	(normative comparisons				
Empirical	only)				
number	Omy)				
2nd letter,	Participants received two		279		
normative and	tailored feedback letters				
impassive	tanoroa rocasaon ronoro				
feedback:					
Contemplation					
Empirical					
number					
3rd letter,	Participants received three		258	33.4	
normative and	tailored feedback letters				
impassive					
feedback:					
Contemplation					
Empirical					
number					
1st letter,	Participants received only		282		
normative	one computer-tailored				
feedback:	feedback letter only				
Contemplation-	(normative comparisons				
Empirical	only)				
frequency					
2nd letter,	Participants received two		279		
normative and	tailored feedback letters				
impassive					
feedback:					
Contemplation					
Empirical					
frequency					
3rd letter,	Participants received three		258	33.4	
normative and	tailored feedback letters				
impassive					

feedback: Contemplation					
Empirical frequency					
1st letter, normative feedback: Preparation Theoretical number	Participants received only one computer-tailored feedback letter only (normative comparisons only)		35		
2nd letter, normative and impassive feedback: Preparation Theoretical number	Participants received two tailored feedback letters		41		
3rd letter, normative and impassive feedback: Preparation Theoretical number	Participants received three tailored feedback letters		34	4.4	
1st letter, normative feedback: Preparation Empirical number	Participants received only one computer-tailored feedback letter only (normative comparisons only)		35	3.4	
2nd letter, normative and impassive feedback: Preparation Empirical number	Participants received two tailored feedback letters		41	5	
3rd letter, normative and impassive feedback: Preparation Empirical number	Participants received three tailored feedback letters		34	4.4	

1 st letter, normative one computer-tailored feedback: Perparation—Empirical frequency 2nd letter, normative and impassive feedback: Preparation—Empirical frequency 3rd letter, normative and impassive feedback: Preparation—Empirical frequency 2nd letter, normative and impassive feedback: Preparation—Empirical frequency 2nd letter, normative and impassive feedback: Preparation—Empirical frequency 2nd letter, normative and impassive feedback: Action—Theoretical number 3rd letter, normative and impassive feedback: Action—Theoretical number 2nd letter, normative and impassive feedback: Action—Theoretical number	norr feed Pre Emp freq 2nd	mative one of deach: feedby or feedby or feedby one of feedby or feedby one only) uency letter, particular tailor dassive dback: paration	computer-tailored back letter only native comparisons cipants received two				
feedback: Preparation- Empirical frequency 2nd letter, normative and impassive feedback: Preparation- Empirical frequency 3rd letter, normative and impassive feedback: Preparation- Empirical frequency 3rd letter, normative and impassive feedback: Preparation- Empirical frequency 2rd letter, normative and impassive feedback: Preparation- Empirical frequency 2nd letter, normative and impassive feedback: Action- Theoretical number 3rd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback letters 2nd letter, normative and impassive feedback letters allored feedback letters 2ad 3.4 Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback: Action- Theoretical number 2nd letter, normative and impassive feedback letters 2nd lette	feed Pre Emp freq 2nd	dback: feedby (norm only) uency letter, Partic tailor assive dback: paration	pack letter only native comparisons		41	5	
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impassive feedback: Action Theoretical number 2nd letter, normative and impassive Action						0.0	
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normative and impassive tailored feedback letters			sinante received two		20	2.4	
impassive					20	3.4	
			eu ieeuback ielleis				
reegoack:							
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Empirical							
number		nber					
3rd letter, Participants received three 50 6.5					50	6.5	
normative and I tailored feedback letters	1		ed feedback letters				
	imp	assive					

	feedback: Action						
	Empirical						
	number						
	2nd letter,	Participants received two			28	3.4	
	normative and impassive	tailored feedback letters					
	feedback:						
	Action						
	Empirical						
	frequency						
	3rd letter, normative and	Participants received three tailored feedback letters			50	6.5	
	impassive	tallored reedback letters					
	feedback:						
	Action						
	Empirical						
	frequency						
	3rd letter, normative and	Participants received three tailored feedback letters			50	1.2	
	impassive	tallored reedback letters					
	feedback:						
	Maintenance						
	Theoretical						
	number	Destining out a service of the servi				4.0	
	3rd letter, normative and	Participants received three tailored feedback letters			9	1.2	
	impassive	tallored reedback letters					
	feedback:						
	Maintenance						
	Theoretical						
	number	Destining out a service of the service			0	1.2	
	3rd letter, normative and	Participants received three tailored feedback letters			9	1.2	
	impassive	tallored reedback letters					
	feedback:						
	Maintenance						
	Theoretical						
Taenzer,	number Physical	Lung cancer patients	Scale units	26	26	76.9	
2000 ¹⁹	functioning	whose physicians and	Scale utilis	20	20	70.9	
	(higher scores	nurses did not received					
	indicate better	quality-of-life training					
	function)	Lung cancer patients	Scale units	27	 27	60	<0.05

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	whose physicians and nurses received quality-of- life training					
Role functioning (higher indicate better function)	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	84.6	
,	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	55.6	<0.01
Emotional functioning (higher scores indicate better	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	76.3	
function)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	75.9	
Cognitive functioning (higher scores indicate better	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	81.4	
function)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	80.3	
Social functioning (higher scores indicate better	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	78.9	
function)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	74	
Global functioning (higher scores indicate better	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	64.7	
function)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	52.8	
Number of	Lung cancer patients	Number of scales	26	26	3	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	functional scales indicating	whose physicians and nurses did not received quality-of-life training					
	compromised function	Lung cancer patients whose physicians and nurses received quality-of- life training	Number of scales	27	27	3.6	
	Fatigue (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	28.6	
	y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	41.2	
	Nausea and vomiting (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	9	
	symptomatolog y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	8.6	
	Pain (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	15.4	
	у)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	26.5	<0.05
l i	Dyspnea (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	24.4	
	y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	51.9	
	Sleep disturbance (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	24.4	
!	symptomatolog	Lung cancer patients	Scale units	27	27	29.6	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

)	y)	whose physicians and nurses received quality-of- life training				
s	Appetite (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	19.2
	y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	25.9
(Constipation (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	18
)	у)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	19.8
(i	Diarrhea (higher scores indicate more symptomatolog	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	5.1
)	y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	2.5
	Financial difficulties (higher scores indicate more	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Scale units	26	26	18
	symptomatolog y)	Lung cancer patients whose physicians and nurses received quality-of- life training	Scale units	27	27	12.4
5	Number of symptom scales indicating	Lung cancer patients whose physicians and nurses did not received quality-of-Life training	Number of scales	26	26	4
	compromised functioning	Lung cancer patients whose physicians and nurses received quality-of- life training	Number of scales	27	27	4.6
1	Number of	Lung cancer patients	Number of scales	26	26	7.1

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

functional and symptom scales indicating compromised	whose physicians and nurses did not received quality-of-life training Lung cancer patients whose physicians and	Number of scales	27	27	8.2	
function	nurses received quality-of- life training					
Total number of items endorsed	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Number of items	26	26	10.6	
	Lung cancer patients whose physicians and nurses received quality-of- life training	Number of items	27	27	13.1	
% of items endorsed on patient questionnaire	Lung cancer patients whose physicians and nurses did not received quality-of-life training	%	26	26	23.6	
that were addressed during appointment/pa tient	Lung cancer patients whose physicians and nurses received quality-of- life training	%	27	27	48.9	<0.05
EORTC questionnaire items addressed	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Number of items	26	26	2.5	
during the clinic appointment	Lung cancer patients whose physicians and nurses received quality-of- life training	Number of items	27	27	6.4	<0.01
EORTC questionnaire categories charted /	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Number of categories	26	26	0.7	
patient	Lung cancer patients whose physicians and nurses received quality-of- life training	Number of categories	27	27	1.1	<0.10
Actions taken / patient	Lung cancer patients whose physicians and nurses did not received quality-of-life training	Number of actions	26	26	0.5	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

		Lung cancer patients whose physicians and nurses received quality-of- life training	Number of actions	27	27	0.8	
	% of categories identified that were acted upon	Lung cancer patients whose physicians and nurses did not received quality-of-life training	%	26	26	64.7	
	Lung cancer patients whose physicians and nurses received quality-of- life training	%	27	27	73		
Tierney, 2005 ²⁰	Quality of life- Physical function	Control (no intervention)			169	37	
		Pharmacist intervention			161	38	
		Physician intervention			194	38	
		Physician + pharmacist intervention			182	36	
	Quality of life: Role Physical	Control (no intervention)			169	32	
		Pharmacist intervention			161	33	
		Physician intervention			194	32	
		Physician + pharmacist intervention			182	38	
	Quality of life: Pain	Control (no intervention)			169	44	
		Pharmacist intervention			161	47	
		Physician intervention			194	49	
		Physician + pharmacist intervention	US dollars		182	48	
	Quality of life: General health	Control (no intervention)			169	34	
		Pharmacist intervention			161	29	
		Physician intervention			194	37	
		Physician + pharmacist intervention	US dollars		182	35	
	Quality of life: Vitality	Control (no intervention)			169	36	
		Pharmacist intervention			161	39	
		Physician intervention			194	37	
		Physician + pharmacist intervention			182	36	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Quality of life: Social function	Control (no intervention)		169	63	
	Pharmacist intervention		161	63	
	Physician intervention		194	69	
	Physician + pharmacist intervention		182	61	
Quality of life: Roleemotional	Control (no intervention)		169	60	
	Pharmacist intervention		161	60	
	Physician intervention		194	65	
	Physician + pharmacist intervention		182	59	
Quality of life: Mental health	Control (no intervention)		169	61	
	Pharmacist intervention		161	62	
	Physician intervention		194	62	
	Physician + pharmacist intervention		182	50	
Asthma qualify- of-life questionnaire subscales: Overall health status	Control (no intervention)		169	3.7	
	Pharmacist intervention		161	4.2	
	Physician intervention		194	4	
	Physician + pharmacist intervention		182	4.2	
Asthma qualify- of-life questionnaire subscales: Activity	Control (no intervention)		169	3.9	
	Pharmacist intervention		161	4.6	
	Physician intervention		194	4.5	
	Physician + pharmacist intervention		182	4.4	
Asthma qualify- of-life questionnaire subscales: Symptoms	Control (no intervention)		169	3.6	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	1				
	Pharmacist intervention		161	4	
	Physician intervention		194	4	
	Physician + pharmacist intervention		182	4.2	
Asthma qualify- of-life questionnaire subscales: Emotion	Control (no intervention)		169	3.6	
	Pharmacist intervention		161	4.3	
	Physician intervention		194	3.8	
	Physician + pharmacist intervention		182	4.4	
Asthma qualify- of-life questionnaire subscales: Environment	Control (no intervention)		169	3.7	
	Pharmacist intervention		161	4.2	
	Physician intervention		194	3.9	
	Physician + pharmacist intervention		182	4	
Medication adherence scores: Mean compliance score (Inui measure)	Control (no intervention)	%%	169	80	
•	Pharmacist intervention		161	80	
	Physician intervention		194	81	
	Physician + pharmacist intervention		182	82	
Medication adherence scores: Mean compliance score (Morisky measure)	Control (no intervention)		169	0.88	
	Pharmacist intervention		161	0.85	
	Physician intervention		194	0.95	
	Physician + pharmacist intervention		182	0.89	
Medication	Control (no intervention)	N (%)	96	87	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

adherence					
scores: N (%)					
of subjects with					
2 prescription refills					
Tellis	Pharmacist intervention		89	81	
	Physician intervention		128	95	
	Physician + pharmacist		109	95	
	intervention				
Medication	Control (no intervention)	Mean ± SD	169	0.92	
adherence					
scores:					
Medication possession					
ratio					
	Pharmacist intervention		161	1	
	Physician intervention		194	0.98	
	Physician + pharmacist		182	1.1	
	intervention				
Patient	Control (no intervention)		169	2.1	
satisfaction:					
Satisfaction					
with physician	Discourse sint interception		404		
	Pharmacist intervention		161	2	
	Physician intervention		194	1.9	
	Physician + pharmacist intervention		182	2.1	
Patient	Control (no intervention)		169	2.1	
satisfaction:					
Satisfaction					
with pharmacist	Pharmacist intervention		161	2.1	
	Physician intervention		194	2.1	
	Physician + pharmacist		182	2	
	intervention				
Number of	Control (no intervention)		169	1.4	
emergency					
department					
visits: All visits	Dhama aist interventia		101	1.5	
	Pharmacist intervention		161	1.5	
	Physician intervention		194	1.4	
	Physician + pharmacist intervention		182	1.4	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

Number of emergency department visits: For reactive airways disease	Control (no intervention)		96	0.3	
	Pharmacist intervention		89	0.4	
	Physician intervention		128	0.3	
	Physician + pharmacist intervention		109	0.4	
Number of hospitalizations: All hospitalizations	Control (no intervention)		169	0.4	
	Pharmacist intervention		161	0.5	
	Physician intervention		194	0.5	
	Physician + pharmacist intervention		182	0.4	
Number of hospitalizations: For reactive airways disease	Control (no intervention)		169	0.1	
	Pharmacist intervention		161	0.1	
	Physician intervention		194	0.1	
	,		182	0.1	
Direct health care charges: Outpatient charges	Control (no intervention)	US dollars	169	3,129	
<u> </u>	Pharmacist intervention	US dollars	161	2,814	
	Physician intervention	US dollars	194	3,142	
	Physician + pharmacist intervention		182	3,177	
Direct health care charges: Inpatient charges	Control (no intervention)	US dollars	169	2,671	
· <u>a</u>	Pharmacist intervention	US dollars	161	2,519	
	Physician intervention	US dollars	194	4,864	
	Physician + pharmacist intervention		182	2,475	

Evidence Table 24. All outcomes of studies addressing the responsiveness to the needs and preferences of individual patients (continued).

	Direct health care charges: Total health care charges	Control (no intervention)	US dollars		96	5,800	
		Pharmacist intervention	US dollars		89	5,333	
		Physician intervention	US dollars		128	8,006	
		Physician + pharmacist intervention	US dollars		109	5,652	
Wakefield, 2008 ²¹	Nurse data- gathering communication s	Telephone	# of utterances in 3 nurse-patient sessions	14	14	45.6	0.92
		Videophone	# of utterances in 3 nurse-patient sessions	14	14	45.2	0.92
	Nurse giving information	Telephone	# of utterances in 3 nurse-patient sessions	14	14	71.3	0.75
		Videophone	# of utterances in 3 nurse-patient sessions	14	14	68.2	0.75
	Nurse building relationship	Telephone	# of utterances in 3 nurse-patient sessions	14	14	136.3	0.13
		Videophone	# of utterances in 3 nurse-patient sessions	14	14	117.2	0.13
	Nurse activating/partn ership building	Telephone	# of utterances in 3 nurse-patient sessions	14	14	15.3	0.11
		Videophone	# of utterances in 3 nurse-patient sessions	14	14	12.3	0.11
	Patient data gathering communication s	Telephone	# of utterances in 3 nurse-patient sessions	14	14	5.9	0.72
		Videophone	# of utterances in 3 nurse-patient sessions	14	14	5.4	0.72
	Patient giving information	Telephone	# of utterances in 3 nurse-patient sessions	14	14	163	0.14
		Videophone	# of utterances in 3	14	14	140.5	0.14

		nurse-patient sessions				
Patient building relationship	Telephone	# of utterances in 3 nurse-patient sessions	14	14	72.1	0.29
	Videophone	# of utterances in 3 nurse-patient sessions	14	14	61.8	0.29
Patient activating/partn ership building	Telephone	# of utterances in 3 nurse-patient sessions	14	14	3.8	0.09
	Videophone	# of utterances in 3 nurse-patient sessions	14	14	2.5	0.09

BMD: Bone mineral density, CDT: Chronic disease trajectory group, CHF: Congestive heart failure, CRQ: Chronic Respiratory Questionnaire, EMR: Electronic medical record, EORTC: European Organization for Research and Treatment of Cancer, HT: Hormone therapy, KCCQ: Kansas City Cardiomyopathy Questionnaire, NA: Not applicable, NR: Not reported, TDA: Traditional decision aid, TTYD: TalkToYourDoc.

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Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients

Study Voor	Outcomes	Unit	Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention	Change Difference Final Difference	P-Value
Study, Year Frosch,	Measure Total	Score unit	Intervention Traditional didactic	Intervention 116	Baseline	7.24	Change	Difference	0.005
2008 ¹	knowledge score/imputed data	Good drint	decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer–specific Web sites from credible sources	155		8.14		0.9	0.000
	Total knowledge score/complet e cases only	Score unit	Traditional didactic decision aid providing information about prostate specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer—specific Web sites from credible sources	99 119		7.49 8.65		1.16	0.001
	Total knowledge score/imputed data	Score unit	Chronic disease trajectory model for prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources Chronic disease	116 153		7.24 7.69		0.45	0.005

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure knowledge	Unit	Description of Intervention trajectory model for	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 8.03	Control Change Intervention Change	Change Difference Final Difference 0.54	P-Value
	score/complet e cases only		prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources						
	Total knowledge score/imputed data	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources	116 152		7.24 7.71		0.47	0.005
	Total knowledge score/complet e cases only	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources	99 117		7.49 8.03		0.54	0.001
	PSA screening: Pretest choice	% of patients with outcome	Traditional didactic decision aid providing information about prostate specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources Traditional didactic	116 155		96 95.5		-0.5	**SNR

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	screening: Reduction	patients with outcome	decision aid providing information about prostate specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	155		9.1		5.8	
	Watchful waiting at pretest	% of patients with outcome	Traditional didactic decision aid providing information about prostate specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	116 155		34.4		-0.2	0
	PSA screening: Pretest choice	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources Chronic disease	116 153		96 96.7		0.7	**SNR

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
,,	screening: Reduction	patients with outcome	trajectory model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancerspecific Web sites from credible sources	153		8.7	3	5.4	
	Watchful waiting at pretest	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources	116 153		34.4		-0.4	0
	PSA screening: Pretest choice	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources	116 152		96 96.7		0.7	**SNR
	PSA screening: Reduction	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources Both the didactic	116 152		3.3 5.3 34.4		2	0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	waiting at pretest	patients with outcome	decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources	152		40.8		6.4	
	Total knowledge score/imputed data	Score unit	Chronic disease trajectory model for prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources	116 153		7.24 7.69		0.45	0.005
	Total knowledge score/complet e cases only	Score unit	Chronic disease trajectory model for prostate cancer followed by a time- trade-off exercise vs. Links to public prostate cancer- specific Web sites from credible sources	99 115		7.49 8.03		0.54	0.001
	Total knowledge score/imputed data	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources Both the didactic	116 152		7.24 7.71 7.49		0.47	0.005

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

	Outcomes		Description of	n Final Control n Final	Control Outcome Measure at Baseline Intervention Outcome Measure at	Control Outcome Measure at Final Intervention Outcome Measure at	Control Change Intervention	Change Difference Final	
Study, Year	Measure	Unit	Intervention	Intervention	Baseline	Final	Change	Difference	P-Value
	knowledge score/complet e cases only		decision aid and the chronic disease trajectory model vs. Links to public prostate cancerspecific Web sites from credible sources	117		8.03		0.54	
Ruland,	Congruence	%	Used computerized	25		2.84			<0.01
2003 ²	between patient- reported symptoms and those addressed in consult visit	congruence	system for shared decisionmaking for cancer symptoms care vs. Usual care	27		7.63		4.79	
	Importance-	%	Used computerized	25		12.8			<0.01
	weighted congruence between patient reported symptoms and those addressed in consult visit	congruence	system for shared decisionmaking for cancer symptoms care vs. Usual care	27		33		20.2	
	Number of	Number of	Used computerized	25		2.25			0
	reported symptoms (0- 10)	symptoms	system for shared decisionmaking for cancer symptoms care vs. Usual care	27		2.73		0.48	
	Number of	Number of	Used computerized	25		2.25			0.032

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure reported symptoms (0-	Unit symptoms	Description of Intervention system for shared decisionmaking for	n Final Control n Final Intervention 27	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 3.77	Control Change Intervention Change	Change Difference Final Difference 1.52	P-Value
	15)		cancer symptoms care vs. Usual care						
	Number of reported symptoms (0- 20)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. Usual care	25		2.18			0.016
				27		4.5		2.32	
	Number of reported symptoms (0- 25)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. Usual care	25 27		2.17 5.28		3.11	0.004
	Number of	Number of	Used computerized	25		2.17			0.017
	reported symptoms (0- 30)	symptoms	system for shared decisionmaking for cancer symptoms care vs. Usual care	27		5.25		3.08	
	Number of	Number of	Used computerized	25		2.63			0
	reported symptoms (0- 40)	symptoms	system for shared decisionmaking for cancer symptoms care vs. Usual care	27		6.56		3.93	
	Number of reported symptoms (0- 50)	Number of symptoms	Used computerized system for shared decisionmaking for cancer symptoms care vs. Usual care	25		2.84			0.042
Taenzer,	Physical	Score unit	Lung cancer patients	26		76.9			<0.05

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
2000 ³	functioning (higher scores indicate better function)		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire of the European Organization for Research and Treatment of Cancer Questionnaire only	27		60		-16.9	
	Role	Score unit	Lung cancer patients	26		84.6			<0.01

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	functioning (higher scores indicate better function)		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire of Cancer Questionnaire only	27		55.6		-29	
	Emotional	Score unit	Lung cancer patients	26		76.3			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	functioning (higher scores indicate better function)		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire vs.	27		75.9		-0.4	
	Cognitive	Score unit	Lung cancer patients	26		81.4			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	functioning (higher scores indicate better function)		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire of Cancer Questionnaire only	27		80.3		-1.1	
	Social	Score unit	Lung cancer patients	26		78.9			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	functioning		whose physicians and	27		74		-4.9	
	(higher scores indicate better		nurses received						
	function)		quality-of-life training and patients						
	Tarrottori)		completed						
			the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer Questionnaire vs.						
			Patients who						
			completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and Treatment of Cancer						
			Questionnaire only						
	Global	Score unit	Lung cancer patients	26		64.7			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	functioning		whose physicians and	27		52.8		-11.9	
	(higher scores		nurses received						
	indicate better function)		quality-of-life training and patients						
	Turicuori)		completed						
			the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs. Patients who						
			completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
	N 1 1 6	N	Questionnaire only	00					
1	Number of	Number of	Lung cancer patients	26		3			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	functional scales indicating compromised function (mean)	scales	whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire vs.	27		3.6	<i>y</i>	0.6	
	Fatigue	Score unit	Lung cancer patients	26		28.6			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

				n Final Control	Control Outcome Measure at Baseline Intervention Outcome	Control Outcome Measure at Final Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P-Value
•	(higher scores indicate more symptomatolo gymean)		whose physicians and nurses received quality-of-life training and patients completed the computerized EORTC QLQ-C30 vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire only	27		41.2		12.6	

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Nausea and vomiting (higher scores indicate more symptomatolo gymean)	Score unit	Lung cancer patients whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paper- and pencil version of the European Organization for Research and Treatment of Cancer Questionnaire only	26		9		-0.4	0
	Pain (higher	Score unit	Lung cancer patients	26		15.4			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	scores		whose physicians and	27		26.5		11.1	
	indicate more		nurses received						
	symptomatolo gymean)		quality-of-life training and patients						
	gy-inean)		completed						
			the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs. Patients who						
			completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire only	00		04.0			0.05
	Dyspnea	Score unit	Lung cancer patients	26		34.6			<0.05

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	(higher scores		whose physicians and	27		51.9		17.3	
	indicate more		nurses received						
	symptomatolo gymean)		quality-of-life training and patients						
	gyinean)		completed						
			the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs. Patients who						
			completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
	0.		Questionnaire only						<u> </u>
İ	Sleep	Score unit	Lung cancer patients	26		24.4			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	disturbance	-	whose physicians and	27		29.6	- J -	5.2	
	(higher scores		nurses received						
	indicate more		quality-of-life training and patients						
	symptomatolo gy)		completed						
	977		the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs.						
			Patients who completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire only						
	Appetite	Score unit	Lung cancer patients	26		19.2			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
_	(higher scores indicate more		whose physicians and nurses received	27		25.9	_	6.7	
	symptomatolo		quality-of-life training						
	gy)		and patients						
			completed						
			the computerized European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs.						
			Patients who completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and Treatment of Cancer						
			Questionnaire only						
	Constipation	Score unit	Lung cancer patients	26		18			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
•	(higher scores		whose physicians and	27		19.8		1.8	
	indicate more		nurses received						
	symptomatolo gy)		quality-of-life training and patients						
	997		completed						
			the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer Questionnaire vs.						
			Patients who						
			completed a paper-						
			and pencil						
			version of the						
			European						
			Organization for						
			Research and Treatment of Cancer						
			Questionnaire only						
	Diarrhea	Score unit	Lung cancer patients	26		5.1			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	(higher scores		whose physicians and	27		2.5		-2.6	
	indicate more		nurses received						
	symptomatolo		quality-of-life training						
	gy)		and patients						
			completed the computerized						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire vs.						
			Patients who						
			completed a paper-						
			and pencil version of the						
			European						
			Organization for						
			Research and						
			Treatment of Cancer						
			Questionnaire only						
	Financial	Score unit	Lung cancer patients	26		18			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	difficulties (higher scores indicate more symptomatolo gy)		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire of Cancer Questionnaire only	27		12.4		-5.6	
	Number of	Number of	Lung cancer patients	26		4			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	symptom scales indicating compromised functioning	scales	whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire of the European Organization for Research and Treatment of Cancer Questionnaire only	27		4.6		0.6	
	Number of	Number of	Lung cancer patients	26		7.1			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	functional and symptom scales indicating compromised function	scales	whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization for Research and Treatment of Cancer Questionnaire vs. Patients who completed a paperand pencil version of the European Organization for Research and Treatment of Cancer Questionnaire only	27		8.2		1.1	

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	Total number	Number of	Lung cancer patients	26		10.6			0
	of items endorsed	items	whose physicians and nurses received						
			quality-of-life training						
			and patients						
			completed the computerized						
			European						
			Organization for Research and						
			Treatment of Cancer						
			Questionnaire vs.						
			Patients who						
			completed a paper- and pencil						
			version of the						
			European						
			Organization for Research and						
			Treatment of Cancer						
			Questionnaire only						
	Actions	Actions	Lung cancer patients	26		0.5			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	taken/patient		whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization For Research And Treatment Of Cancer QLQ-C30 vs. Patients who completed a paper-and pencil version of the European Organization For Research And Treatment Of Cancer QLQ-C30 only	27		0.8		0.3	
	% of	% of	Lung cancer patients	26		64.7			0

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

Study, Year	Outcomes Measure	Unit	Description of	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
	categories identified that were acted upon	categories	whose physicians and nurses received quality-of-life training and patients completed the computerized European Organization For Research And Treatment Of Cancer QLQ-C30 vs. Patients who completed a paper-and pencil version of the European Organization For Research And Treatment Of Cancer QLQ-C30 only	27		73	3	8.3	

P-value of 0 = p-value > 0.10

PSA = Prostate-specific antigen; QLQ = quality of life questionnaire

^{**}SNR: Significance not reported

Evidence Table 25. Outcomes related to cancer in studies addressing improving responsiveness to the needs and preferences of individual patients (continued)

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Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Barnabei, 2008 ¹	Menopause/H RT	RCT	NS	Clinician, Patient	Outpatient clinic	Female, Born between 1930 and 1960, Appointment scheduled between November 9, 2004, and December 2, 2005	Appointment related to current pregnancy or cancer	+1
Chan, 2008 ²	Cancer)colon)	Contorlle d trial	2004-2005	Patient	Outpatient clinic	age 50 or older, have at least a 6th grade level of education, have attended the outpatient general internal medicine clinic at the University of Texas-Houston clinic for at least a year, have no prior history of colorectal cancer or surgery, be due for CRCS, have a telephone, have private access to e-mail and the internet or have an interest in access through the public library system, and have their own transportation or be able to access public transportation	NS	1
Delichatsios, 2001 ³	Obesity	RCT	(> 6 months) (NS)	Patient	Outpatient clinic	25 yrs,Sedentary, Suboptimal diet	Debilitating medical condition, Regularly exercise	1
Dobke, 2008 ⁴	Wound care	RCT	2003 (36)	Clinician, Patient	Hospital, Field wound care nurse	Problem wounds, Alert and intellectually interactive		-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
Fretheim, 2006 ⁵	Diabetes	RCT		Clinician, Patient	146 general practices in two geographical areas in Norway	Hypertension (blood pressure, >= 140/90 mm Hg), Hypercholesterolemi a (total cholesterol, >5 mmol/l [190 mg/dl] or LDL cholesterol, <3 mmol/l [115 mg/dl]), No prescription for the corresponding medication had been recorded for 24 months preceding the outreach visit, Patients started on medication for hypertension or hypercholesterolemi a during the study period, All patients already on treatment who t consulted their physician during the trial	Patients with established cardiovascular disease were excluded, with the exception of the outcomes related to treatment goals for lipid-lowering therapy, Thyrotoxicosis and migraine, Prescription for nitroglycerin, Established cardiovascular disease	+2
Frosch, 2008 ⁶	Cancer (other) Prostate cancer	RCT, Fully crossed 2x2 factorial design	200 (15)	Patient	Outpatient clinic, Health Appraisal Clinic of Kaiser Permanente, San Diego, California	> 50 yrs old, Male, Had broadband Internet access at home or at work	NS	2
Gomez, 2002 ⁷	Diabetes	Pilot cross- over	(a 6-month cross- over)	Patient	Hospital	Inadequate metabolic control and DM duration of over 5 yrs		-2
Green, 2005 ⁸	Genetic counseling	RCT	2000	Patient	Medical system (network of hospitals	18 yrs or older, Female, Could read, write, and speak English, Scheduled	Previously underwent genetic counseling or testing for inherited breast cancer	
					and/or clinics)	a genetic counseling	susceptibility	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
						appointment to evaluate personal and/or family histories of breast cancer, Able to give informed consent		
Green, 2008 ⁹	Hypertension	RCT	2005 (18)	Patient	Medical system (network of hospitals and/or clinics), Large, nonprofit, integrated group practice (Group Health)	25-75 yrs old, With controlled HTN, Taking anti-HTN meds, Ability to use a computer, Regular access to the Web, An e-mail address, Willingness to attend screening visits, Obtained all antihypertensive medications at Group Health—owned pharmacies	No diagnoses of diabetes, Cardiovascular or renal disease, or other serious conditions	+1
Kaner, 2007 ¹⁰	Atrial fibrillation and anticoagulation	Quasi- experime ntal: Qualitativ e	2003	Clinician, Patient	Outpatient clinic	General practitioners		-1
Kim, 2004 ¹¹	Wounds	Prospecti ve cohort design	1999 (18)	Clinician, Patient	Outpatient clinic	Chronic stage 2, 3, or 4 pressure sores, Postoperative wounds having undergone a tissue flap procedure for a grade 3 or 4 pressure ulcer, Diabetic ulcer, Hospital inpatient, outpatient, or nursing home resident, Informed consent	Mentally incompetent	
Kuppermann,	Pregnancy	RCT	2001 (24 months)	Patient		Pregnant woman of	Carrying more than one	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
2009 ¹²						any age, 20 weeks gestation or less, Having not yet undergone any prenatal testing, Ability to speak English or Spanish	fetus, Had become pregnant using in vitro fertilization, Candidate for prenatal diagnosis because of family history	
Lorig, 2006 ¹³	Chronic condition/healt h problem	RCT	(18 months recruiting)	Patient	Online/ research site	18 yrs or older, Physician's diagnosis of heart disease, chronic lung disease or type 2 DM, Access to computer, Internet and e-mail, Agreed to 1-2 hours per week of logon time spread over at least 3 sessions/wk for 6 weeks, Able to complete online questionnaire	Active treatment of cancer for 1 year, anticipated previously in the small-group Chronic Disease Self-Management Program	0
Maslin, 1998 ¹⁴	Cancer (breast)	Quasi- experime ntal: Experime ntal random design, not blinded	(24)	Patient	Medical system (network of hospitals and/or clinics) NS		Pregnancy, Evidence of bilateral or multifocal breast cancer, Large tumor, Paget's disease or inflammatory breast cancer, Evidence of extension or metastasis of breast cancer, Contraindication to mastectomy, Contradiction to radiation, Hearing visual or cognitive impairment	-1
McCrossan, 2007 ¹⁵	Congenital heart disease	RCT		Patient	Hospital	Less than 3 yrs old, New diagnosis of congenital heart disease	No fixed address, Unsuitable home environment	-1
Montgomery, 2007 ¹⁶	Pregnant women with a	RCT	May 2004	Patient	Medical system	Pregnant woman with one previous	Limited ability to speak or understand English,	-1

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	previous caesarian section				(network of hospitals and/or clinics)	lower segment Caesarean section, No current obstetric problems, Delivery expected at 37 weeks or more	Most recent delivery was not a Caesarean section	
Lowensteyn, 1998 ¹⁷	Coronary health assessment (primary prevention of CHD)	RCT	(3)	Clinician, Patient	Outpatient clinic	30-74 yrs old, No diagnosis of CVD, Physicians were invited to select patients from their practice to participate in the study. They were told to enroll patients for whom they thought a risk profile would be clinically useful	NS	0
Peters, 2006 ¹⁸	Primary care primary health centers in Salem district	Quasi- experime ntal: Before/af ter patients/ physician s	2002 (6)	Clinician, Patient, Cluster randomize d	Outpatient clinic, Medical system (network of hospitals and/or clinics)			-2
Rinfret, 2009 ¹⁹	Hypertension	RCT	NS	Patients	Outpatient	diagnosis of hypertension according American and Canadian guidelines diagnosis of hypertension according American and Canadian guidelines	chronic atrial fibrillation, pregnant, or those participating in another trial	1
Saver, 2007 ²⁰	Menopause	RCT	8 months in 2001	Patient	Multi-site	NS	NS	0
Schapira, 2007 ²¹	Post- menopausal women who	RCT	2002 (18)	Patient	Medical system (network of	45-74 yrs old, Female, Post- menopausal defined	Non-English-speaking, Cognitive dysfunction defined by a score of	0

Author, Year	Condition	Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria	Jadad Score
	needed to decide about hormone therapy				hospitals and/or clinics)	as amenorrheic for 12 months or a documented FSH > 25IU/I.	<23 on the Folstein MiniMental State exam, Absolute contraindication to the use of HT	
Schifferdecker , 2008 ²²	Primary care practices	Controlle d trial	2004	Provider	Primary care practices in NH	NS	NS	0
Schumann, 2008 ²³	Smoking	Not a clinical study: Study of theoretic al and empirical variability	NS	Patient	Outpatient clinic	NS	NS	-2
Sciamanna, 2006 ²⁴	Migraine headache	RCT	2003	Patient	BCBS Rhode Island	NS	(1) did not meet the International Headache Society (IHS) diagnostic criteria for migraine,21 (2) they were younger than 18, (3) they did not have access to the Internet at home or work, or (4) they did not have an upcoming visit with a doctor for their headaches within a 3-month time frame.	0
Whited, 2002-	Skin lesions	RCT	NS	Clinician	Hospital	Referred to the Dermatology Consult Service from the Primary Care Clinics at the Durham, North Carolina Department of Veterans Affairs Medical Center	Only if the condition was considered emergent and required prompt attention	-1

ADL: Activity of daily living, ARDS: Acute respiratory distress syndrome, BG: Blood glucose, BMI: Body mass index, BP: Blood pressure, CAD: Coronary artery disease, CHF: Congestive heart failure, COPD: Chronic obstructive pulmonary disease, CPAP: Continuous Positive Airway Pressure, CPRS: Computerized Patient Record System, CVD: Cardiovascular disease, DM: Diabetes mellitus, DSM: Diagnostic and statistical manual of mental disorders, DVT: Deep vein thrombosis, ED: Emergency department, FEV1: Forced expiratory volume in one second, FFS: Fee-for-service family physicians, FP: Family physician, FVC: Forced vital capacity, GD: General diabetes, GDS: Geriatric Depression Scale, GHP: Geisinger Health Plan, GHQ: General Health Questionnaire, GIMC: General Internal Medicine Clinic, GP: General physician, HMO: Health maintenance organization, HSD: Health Search Database, HTN: Hypertension, ICD9: International Statistical Classification of Diseases and Related Health Problems, ICVAMC: Iowa City Veterans Affairs Medical Center, IM: Internal Medicine, LDL: Low-density lipoprotein, MD: Doctor, MMSE: Mini Mental Status Examination, NS: Not Specified, NSAID: Non-steroidal anti-inflammatory drug, OAB: Overactive Bladder, OSAS: Obstructive sleep apnea syndrome, PAG: Principal investigator, PCP: Primary care provider, primary care physicians, PEEP: Positive end-expiratory pressure, PEFR: Peak expiratory flow rate, PHR: Patient health record, Pt: Patient, PTSD: Post traumatic stress disorder, RCT: Randomized controlled trial, Rx: Prescription, SDMT: Symbol Digit Modalities Test, UCD: University of California, Davis, URI: Upper respiratory infection, VA: Veteran's Affairs

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Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
Apkon, 2005 ¹	Control	Mean: 35.3, SD:11.0	587 (60.8)	NS	NS	NS	Military status – Active duty 425 (44.0), Beneficiary 490 (50.7), Reserve 0, Retired 51 (5.3); Visit type – Acute 416 (43.1), Established 27 (2.8), Routine 375 (38.8), Wellness 139 (14.4), Other 9 (0.9); Health care opportunities – Screening/prevention 662 (68.5), Acute/chronic 239 (24.7)
	Coupler group	Mean: 34.4, SD: 10.4	593 (63.4)	NS	NS	NS	Military status – Active duty 361 (38.6), Beneficiary 527 (56.3), Reserve 1 (0.1), Retired 47 (5.0); Visit type – Acute 383 (40.9), Established 47 (5.0), Routine 365 (39.0), Wellness 126 (13.5), Other 15 (1.6); Health care opportunities – Screening/prevention 687 (73.4), Acute/chronic 244 (26.1)
Barnabei, 2008 ²	Control	Mean: 52.5 (5.6)	147 (100)	White: 130 (90), Non-white: 15 (10)	NS	High school grad or less: 18 (12), Trade school, some college or more: 127 (88)	Current HT use – Yes 43 (29), No 104 (71)
	Talk to Your Doc (TTYD) tool	Mean: 52.5 (5.3)	141 (100)	White: 126 (92), Non-white: 11 (8)	NS	High school grad or less: 19 (14), other: 2, Trade school, some college or more: 119 (86)	Current HT use – Yes 39 (28), No 102 (72)
Chan, 2008 ³	Control	NS	NS	NS	NS	NS	

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Private access (e-mail at work or home)	Mean: 58.8	(54.6)	White: (59.7), African American: (31.2), Other: (9.1)	<\$30,000: (14.3), >=\$30,000: (76.6), Missing: (9.1)	<=High school: (5.2), Any college: (94.8)	
	Public access (e-mail at public library)	Mean: 65.8	(75.0)	White: (10.0), African American: (85.0), Other: (5.0)	<\$30,000: (90.0), >=\$30,000: (5.0), Missing: (5.0)	<=High school: (65.0), Any college: (35.0)	
Chu, 2009 ⁴	Control	NS	NS	NS	NS	NS	
	"Partnering with Seniors for Better Health" computer literacy and health information retrieval on the Internet	Mean: 74	(72)	NS	<\$10,000: (64)	8-12 yrs: (21.4), 12-16 yrs: (50)	Previous computer use (29.5); Previous Internet access (18.8)
	Delayed: Training to implement Webresources (this was the control group for the data at followup 1, which was after the initial training but before the 2nd training)	Mean: 43.6, SD: 11.1	17 (85)	NS	NS	NS	Role in practice – Provider 8 (40), Clinical staff 6 (30), Administrator 2 (10), Other: 4 (20) Years in practice: 6.3, SD: 6.9; Hours per week: 37.9, SD: 9.7; Computer with Web access available at work (1-5 scale) 4.5, SD: 1.1; Computer at work has fast Internet (1-5 scale) 4.1, SD: 1.4; Frequency of Web use at work (1-5 scale) 4.8, SD:1.4
Delichatsios, 2001 ⁵	Control	Mean: 45.7	72	White: 43.3, Black: 46	>\$2,000 per month: (58.2)	12-16 yrs: (46.0), >16 yrs: (24.0), 12-16 yrs: (48.3)	BMI 28.7

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Computer monitor of daily diet, educational feedback, advice, counseling	Mean: 46.2	72.3	White: 46.6, Black: 43.2	>\$2,000 per month: (57.4)	>16 yrs: (24.5)	BMI 28.7
	BP monitoring and patient Web services training + Pharmacist care	Mean: 59.3, SD: 8.6	146 (55.6)	White: 207 (79.3), Black: 21 (8), Asian: 12 (4.6), NS: 21 (8)		8-12 yrs: 130 (50.2) Some college: 97 (37.2), College grad: 75 (28.7), >16 yrs: 68 (26.1)	Employed: Full-time 147 (56.3), Retired 92 (35.2), Part-time 14 (5.4), Other 8 (3.1); Anti-HTN medication class: None 10 (3.8), One 119 (45.6), Two 86 (33.2), Three or more 46 (17.6); Current smoker 18 (6.9); BMI – Normal 24 (9.5), Overweight 81 (32.1), Obese 147 (58.3); Have home BP monitor 140 (53.6); BP – Systolic, mean 152.2, SD: 10; Diastolic, mean 88.9, SD: 8.1
Dobke, 2008 ⁶	Control	Mean: 53.9, SD: 10.4	8	NS	NS	NS	Nature of wound – Pressure sore 8, Venostasis ulcers 1, Arterial ulcers, no diabetes 1, Diabetic foot 5
	Telemedicine consult on patients with chronic wounds	Mean: 54.9, SD: 10.8	8	NS	NS	NS	Nature of wound – Pressure sore 10, Venostasis ulcers 1, Arterial ulcers, no diabetes 0, Diabetic foot 4
Fretheim, 2006 ⁷	Control	Mean: 60.5	51.7	NS	NS	NS	

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Educational outreach visit, audit and feedback at outreach visit, computerized reminders, risk assessment tools (software and charts), patient information material	Mean: 61.2	54.2	NS	NS	NS	
Frosch, 2008 ⁸	Control	Mean: 59.0 (5.1)	0	White: 133 (88.1), Black: 4 (2.6), Latino: 6 (4.0), Asian: 6 (4.0), Other: 2 (1.3)	NS	8-12 yrs: 6(4.0), 12-16 yrs: 86 (56.9), >16 yrs: 59 (39.1), Some grad school: 10 (6.6), Completed postgraduate: 49 (32.5)	Marital status – Married 123 (81.5), Other 28 (18.5); History of cancer – Self 18 (11.9), Family 104 (68.9), Friends 112 (74.2); Concern about prostate cancer – Not at all 15 (9.9), A little 39 (25.8), Somewhat 63 (41.7), Considerable 25 (16.1), Extreme 9 (6.0);

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes	Mean: 58.5 (5.5)		White: 133 (85.8), Black: 6 (3.9), Latino: 7 (4.5), Asian: 4 (2.6), Other1: 5 (3.2)	NS	8-12 yrs: 8 (5.2), 12-16 yrs: 83 (53.6), >16 yrs: 64 (41.3)	Number of previous PSA tests, mean 2.6, SD: 2.9; Pretest choice of PSA 145 (96.0); Who should make medical decisions – Physician only 10 (6.6), Mostly physician 12 (7.9), Physician and patient together 109 (72.9), Mostly patient 16 (10.6), Patient only 4 (2.6); Pretest treatment preference – Intervention 99 (65.6), Watchful waiting 52 (34.4); [also Internet access at home and work] Marital status – Married 119 (76.8), Other 36 (23.2); History of cancer – Self 18 (11.6), Family 102 (65.8), Friends 120 (77.4); Concern about prostate cancer – Not at all 14 (9.0), A little 42 (27.1), Somewhat 63 (40.6), Considerable 26 (16.8), Extreme 10 (6.5); Number of previous PSA tests, mean 3.0, SD: 4.8; Pretest choice of PSA 148 (95.5); Who should make medical decisions – Physician only 4 (2.6), Mostly physician 19 (12.3), Physician and patient together 120 (77.4), Mostly patient 11(7.1), Patient only 1(0.6); Pretest treatment preference – Intervention 102 (65.8), Watchful waiting 53 (34.2); [also Internet access at home and
		<u> </u>					work]

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise	Mean: 58.4 (5.6)	0	White: 127 (83.0), Black: 2 (1.3), Latino: 15 (9.8), Asian: 7 (4.6), Other: 2	NS	8-12 yrs: 6 (3.9), 12-16 yrs: 75 (49.0), >16 yrs: 72 (47.0)	Marital status – Married 114 (74.5), Other 39 (25.5); History of cancer – Self 12 (7.8), Family 101 (66.0), Friends 114 (74.5); Concern about prostate cancer – Not at all 15 (9.8), A little 49 (32.0), Somewhat 56 (36.6), Considerable 26 (17.0), Extreme 7 (4.6); Number of previous PSA tests, mean 2.1, SD: 2.6; Pretest choice of PSA 148 (96.7); Who should make medical decisions – Physician only 3 (2.0), Mostly physician 20 (13.1), Physician and patient together 119 (77.8), Mostly patient 9 (5.9), Patient only 2 (1.3); Pretest treatment preference – Intervention 101 (66.0), Watchful waiting 52 (34.0); [also Internet access at home and work]
	Both the didactic decision aid and the chronic disease trajectory model	Mean: 58.8 (5.4)	0	White: 133 (87.5), Black: 5 (3.3), Latino: 4 (2.6), Asian: 7 (4.6), Other: 3 (2.0)	NS	8-12 yrs: 7 (4.6), 12-16 yrs: 66 (43.4), >16 yrs: 79 (52.0)	
	Patients had an intervention but took post- test only	Range: 5-24: (0), 25-64: (43), 65-74: (14), >75: (43)	8 (60)	NS	NS	NS	
Maslin, 1998 ⁹	Control	Mean: 52.1, Range: 28-73	49 (100)	NS	NS	NS	

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Shared-decision program on interactive video disk (IVD)	Mean: 52.1, Range: 28-73	51 (100)	NS	NS	NS	
	Telephone	Mean: 65.4	13	NS	NS	NS	
	Early diagnosis and prevention system	Mean: 38.1	(56.8)	NS	NS	<8 yrs: 296 (100)	Household size 4.4
Montgomery, 2007 ¹⁰	Control	Mean: 32.4, Range: 4.6	247 (100)	NS	<£20: 42 (18), £20-30: 53 (23), £30-40: 51 (22), >£40: 89 (38)	Degree: 92 (38), GCSE/NVQ1-3: 99 (40), A level/ HND: 42 (17)	
	Information program with descriptions and probabilities re vaginal or Caesarean birth	Mean: 32.8, Range: 4.7	250 (100)	NS	<£20: 44 (19), £20-30: 57 (24), £30-40:46 (19), >£40: 89 (38)	Degree: 97 (39), A level/HND: 47 (19), GCSE/NVQ1-3: 92 (37)	
	Decision analysis in which mode of delivery was recommended based on concealed decision tree	Mean: 32.5, Range: 4.8	245 (100)	NS	<£20: 48 (20), £20-30: 49 (21), £30-40: 44 (19), >£40: 96 (40)	Degree: 103 (42), A level/ HND: 36 (15), GCSE/NVQ1-3: 97 (40)	

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
Schapira, 2007 ¹¹	Control	Mean: 57.8, SD: 7.5	88 (100)	White: 64 (73), Black: 22 (25), Other/unknown: 2 (2)	<pre><\$19,999: 25 (28), \$20,000- 34,999: 32 (36), \$35,000- 49,999: 17 (19), \$50,000+: 17 (16)</pre>	<8 yrs: 2 (2), 8- 12 yrs: 17 (19), 12-16 yrs: 57 (65), >16 yrs: 12 (14)	Prior HT use – Current user 34(39), Former user 35 (40), Never user 19 (22); Prior hysterectomy 44 (50); Baseline menopausal attitudes – Problem (1-5 range) 3.2, SD: 0.69, Control (1-5 range) 2.3, SD: 0.57
	Computer-based decision aid that was easy to use and retained risk information incorporated from emerging scientific data	Mean: 57.8, SD: 7.2	89 (100)	White: 64 (72), Black: 24 (27), Other/unknown: 1 (1)	<\$19,999: 31 (35), \$20,000- 34,999: 22 (25), \$35,000- 49,999: 19 (21), \$50,000+: 17 (19)	<8 yrs: 4 (5), 8-12 yrs: 20 (23), 12-16 yrs: 56 (64), >16 yrs: 9 (10)	Prior HT use – Current user 2 (33), Former user 37 (42), Never user 23 (25); Prior hysterectomy 42 (47); Baseline menopausal attitudes – Problem (1-5 range) 3.1, SD: 0.78, Control (1-5 range) 2.4, SD: 0.53
Sciamanna, 2006 ¹²	Control	Mean: 41.1	(87.5)	White: 22 (100), Latino: (4.5)		>16 yrs: (50)	Satisfaction with medical care (3.1); Internet use for health, at least several times each month (33.3); My headache is – Mild (4.2), Moderate (60.0), Severe (32.0); I have a headache – 1 to 4 times per month (20.8), More than 1 per week (79.2); Headache Disability Inventory – Emotion subscale 33.8 Function subscale 27.1, Saw a specialist during study 68.2

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income- Ranges, n (%)	Education, n (%)	Other Characteristics, n (%)
	Web-based personalized feedback to migraine patients	Mean: 41.9	(85.7)	White: 28 (100)		>16 yrs: (46.4)	Satisfaction with medical care (3.2); Internet use for health, at least several times each month (42.9); My headache is – Mild (3.6), Moderate (35.7), Severe (60.7); I have a headache – 1 to 4 times per month (28.6), More than 1 per week (71.4); Headache Disability Inventory – Emotion subscale 25.2, Function subscale 23.8; Saw a specialist during study 50.0
Whited, 2002- ¹³	Control	Mean: 61.6	NS	White: 77.9	NS	NS	
	Teledermatology consultation	Mean: 60.9	NS	White: 80	NS	NS	

BMI: Body mass index, BP: Blood pressure, CHESS-MAB: Comprehensive Health Enhancement Support System-Menopause and Beyond, FT: Full-time, HS: High school, HT: Hormone therapy, NS: Not specified, PT: Part time, SD: Standard deviation, yrs: years

Evidence Table 27. Participant characteristics of studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

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Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
Apkon, 2005 ¹	Healthcare	Usual care				704	30.7	
	opportunities fulfilled	Coupler				721	33.9	0.12 as compared to Arm A
	Screening/preventio	Usual care				704	30.4	
	n opportunities fulfilled	Coupler				721	34.8	0.02 as compared to Arm A
	Acute/chronic	Usual care				704	32.6	
	opportunities fulfilled	Coupler				721	27.7	
	Total costs/resource	Usual care	US dollars			704	698	
	consumption	Coupler	US dollars			721	789	0.05 as compared to Arm A
	Costs ambulatory	Usual care	Dollar			704	292	
	visits	Coupler	US dollars			721	307	0.17 as compared to Arm A
	Costs laboratory	Usual care	US dollars			704	31	
	testing	Coupler	US dollars			721	43	0.04 as compared to Arm A
	Costs diagnostic	Usual care	US dollars			704	29	
	imaging	Coupler	US dollars			721	31	0.26 as compared to Arm A
	Costs pharmacy	Usual care	US dollars			704	164	
	use	Coupler	US dollars			721	203	0.03 as compared to Arm A
	Speed, efficiency,	Usual care	Score			792	4.19	
	courtesy during visit	Coupler	Score			781	4.17	0.23 as compared to Arm A
	Satisfaction with	Usual care				792	4.37	
	health care provider	Coupler	Score			781	4.4	0.82 as compared to Arm A

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Overall visit	Usual care				792		
	assessment	Coupler	Score			781	4.27	0.74 as compared to Arm A
Barnabei, 2008 ²	Providers able to convey HT information to patients	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147		
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151		141		0.12
	Level of relevance of patients' questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	3.5	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	3.8	0.03
	Level of patients' engagement regarding discussion of HT	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	3.7	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	3.7	0.05
	Level of appropriateness of medical history conveyed by patient	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	3.8	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	3.8	0.03
	Level of satisfaction of discussion with patient	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	3.7	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	3.7	0.01
	Efficiency of visit as compared with other visits	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	3.1	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	3.1	0.04
	Time to complete appointment	Patients undergoing menopausal HT who did not have access to TTYD Web site	Minutes	154		147	20.3	
		Patients undergoing menopausal HT who had access to TTYD Web site	Minutes	151		141	20.3	0.78
	Number of patients that came to appointment with questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147	80	
	·	Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151		141	96	<0.01

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Patient previously seen this provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147	78	
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151		141	81	0.5
	Decisions regarding HT	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147	43	
		Patients undergoing menopausal HT who had access to TTYD Web site	Decisions regarding HT	151		141	28/69/3	0.78
	Patients' feelings about amount of time with provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Number of patients	154		147	1/76/24	
		Patients undergoing menopausal HT who had access to TTYD Web site	Number of patients	151		141	1/69/31	0.43
	Patients' feelings about level of encouragement of provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	4.2	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	4.3	0.3
	Patients' feelings about level satisfaction with answers to questions	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	4.6	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	4.7	0.68
	Patients' feelings about level of positively of interaction with provider	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154	147	4.5		
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	4.6	0.23
	Patients' feelings about level of comfort in making decisions about HT	Patients undergoing menopausal HT who did not have access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	154		147	4.2	
		Patients undergoing menopausal HT who had access to TTYD Web site	Ordinal scale units (1 to 5 with 5 the highest response)	151		141	4.3	0.19
Chan, 2008 ³	Prefer learning about health topics	Private access to computer	Rating score 1-5			77		
	by reading a brochure	Public access to computer	Rating score 1-5			20		
	Prefer learning about health topics	Private access to computer	Rating score 1-5			77		
	by talking with a nurse	Public access to computer	Rating score 1-5			20		
	Prefer learning about health topics	Private access to computer	Rating score 1-5			77		
	by talking with a doctor	Public access to computer	Rating score 1-5			20		
	Prefer learning about health topics	Private access to computer	Rating score			77		
	by watching video cassette	Public access to computer	Rating score 1-5			20		

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Prefer learning about health topics	Private access to computer	Rating score 1-5			77		
	by using computer/internet	Public access to computer	Rating score 1-5			20		
	Plan to make appointment with	Private access to computer	%			77	23.4	
	doctor for screening in the next 6 months – Strongly agree	Public access to computer	%			20	25	
	Plan to make appointment with	Private access to computer	%			77	35.1	
	doctor for screening in the next 6 months – Agree	Public access to computer	%			20	30	
	Plan to make appointment with	Private access to computer	%			77	16.9	
	doctor for screening in the next 6 months – Disagree	Public access to computer	%			20	5	
	Plan to make appointment with	Private access to computer	%			77	1.3	
	doctor for screening in the next 6 months – Strongly disagree	Public access to computer	%			20	5	
	Plan to make appointment with	Private access to computer	%			77	22.1	
	doctor for screening in the next 6 months — Do not know	Public access to computer	%			20	35	
	Plan to make appointment with	Private access to computer	%			77	1.3	
	doctor for screening in the next 6 months – Missing	Public access to computer	%			20	0	
Chu, 2009 ⁴	Lower computer anxiety	Wait-list control group did not receive a 2- hour training session, once a week for 5 weeks			26	NR	25	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Intervention group received a 2-hour training session, once a week for 5 weeks			26.13	NR	35.05	<0.001
	Computer confidence	Wait-list control group did not receive a 2- hour training session, once a week for 5 weeks			28	NR	28	
		Participants in the intervention group received a 2-hour training session, once a week for 5 weeks			28.26	NR	36.1	<0.001
	Computer self- efficacy	Wait-list control group did not receive a 2- hour training session, once a week for 5weeks			14	NR	14.5	
		Participants in the intervention group received a 2-hour training session, once a week for 5 weeks			13.9	NR	17.87	<0.001
Delichatsios, 2001 ⁵	Mean intake of fruit using FFQ	Control – Computer- mediated telephone education program about physical activity	Servings per day		2.4	53	2	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		2.8	61	3.2	<0.05
	Mean intake of vegetables using FFQ	Control – Computer- mediated telephone education program about physical activity	Servings per day		3.5	53	3.6	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		3.8	61	4.5	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Mean intake of red/processed meats using FFQ	Control – Computer- mediated telephone education program about physical activity	Servings per day		0.7	53	0.6	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		0.7	61	0.5	
	Mean intake of whole-fat dairy foods using FFQ	Control – Computer- mediated telephone education program about physical activity	Servings per day		1.4	53	1.1	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		1.6	61	1	
	Mean intake of whole-grain foods using FFQ	Control – Computer- mediated telephone education program about physical activity	Servings per day		0.6	53	0.7	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		0.7	61	0.7	
	Global diet quality using FFQ	Control – Computer- mediated telephone education program about physical activity	Score		55	53	55.4	
		Intervention – Computer-mediated telephone education program about nutrition	Score		54.7	61	64	<0.05
	Mean intake of dietary fiber using FFQ	Control – Computer- mediated telephone education program about physical activity	g		20	53	18	
		Intervention – Computer-mediated telephone education program about nutrition	g		21	61	22	<0.05

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Mean intake of saturated fat using FFQ	Control – Computer- mediated telephone education program about physical activity	% energy		10.3	53	10.5	
		Intervention – Computer-mediated telephone education program about nutrition	% energy		10.1	61	8.8	<0.05
	Mean intake of folate using FFQ	Control – Computer- mediated telephone education program about physical activity	μg		316	53	29	
		Intervention – Computer-mediated telephone education program about nutrition	μg		339	61	34	
	Mean intake of calcium using FFQ	Control – Computer- mediated telephone education program about physical activity	mg		795	53	68	
		Intervention – Computer-mediated telephone education program about nutrition	mg		806	61	648	
	Mean intake of iron using FFQ	Control – Computer- mediated telephone education program about physical activity	mg		2020	53	1619	
		Intervention – Computer-mediated telephone education program about nutrition	mg		14.4	61	13.6	
	Mean intake of vitamin A using FFQ	Control – Computer- mediated telephone education program about physical activity	Retinol equivalents		2020	53	1619	
		Intervention – Computer-mediated telephone education program about nutrition	Retinol equivalents		1917	61	1811	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Mean intake of vitamin C using FFQ	Control – Computer- mediated telephone education program about physical activity	mg		156	53	142	
		Intervention – Computer-mediated telephone education program about nutrition	mg		183	61	183	
	Mean intake of beta-carotene using FFQ	Control – Computer- mediated telephone education program about physical activity	μg		#####	53	#####	
		Intervention – Computer-mediated telephone education program about nutrition	μg		#####	61	#####	
	Mean intake of fruit using Primescreen	Control – Computer- mediated telephone education program about physical activity	Servings per day		1.2	150	1.5	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		1.1	148	1.5	<0.05
	Mean intake of vegetables using Primescreen	Control – Computer- mediated telephone education program about physical activity	Servings per day		1.2	150	1.4	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		1.3	148	1.5	
	Mean intake of red/processed meats using Primescreen	Control – Computer- mediated telephone education program about physical activity	Servings per day		0.4	150	0.4	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		0.4	148	0.4	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Mean intake of whole-fat dairy foods using Primescreen	Control – Computer- mediated telephone education program about physical activity	Servings per day		0.5	150	0.4	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		0.6	148	0.4	
	Mean intake of whole-grain foods using Primescreen	Control – Computer- mediated telephone education program about physical activity	Servings per day		0.4	150	0.4	
		Intervention – Computer-mediated telephone education program about nutrition	Servings per day		0.4	148	0.5	
	Mean intake of dietary fiber using Primescreen	Control – Computer- mediated telephone education program about physical activity	g		6	150	6.2	
		Intervention – Computer-mediated telephone education program about nutrition	g		6.2	148	7.3	<0.05
	Mean intake of saturated fat using Primescreen	Control – Computer- mediated telephone education program about physical activity	% energy		12.2	150	11.8	
		Intervention – Computer-mediated telephone education program about nutrition	% energy		12.6	148	10.7	<0.05
	Mean intake of folate using Primescreen	Control – Computer- mediated telephone education program about physical activity	μg		123	150	127	
		Intervention – Computer-mediated telephone education program about nutrition	μg		125	148	144	<0.05

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Mean intake of calcium using Primescreen	Control – Computer- mediated telephone education program about physical activity	mg		315	150	336	
		Intervention – Computer-mediated telephone education program about nutrition	mg		295	148	318	
	Mean intake of iron using Primescreen	Control – Computer- mediated telephone education program about physical activity	mg		3.8	150	3.8	
		Intervention – Computer-mediated telephone education program about nutrition	mg		4.2	148	4.2	
	Mean intake of Vitamin A using Primescreen	Control Computer- mediated telephone education program about physical activity	Retinol equivalents		644	150	648	
		Intervention – Computer-mediated telephone education program about nutrition	Retinol equivalents		621	148	776	<0.05
	Mean intake of Vitamin C using Primescreen	Control – Computer- mediated telephone education program about physical activity	mg		78	150	75	
		Intervention – Computer-mediated telephone education program about nutrition	mg		74	148	92	<0.05
Fretheim, 2006 ⁶	Thiazides prescription	Passive dissemination of guidelines	Proportion of patients	2365	209	1968	218	
	First-time prescriptions for hypertension where thiazides were prescribed	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients	2784	161	2184	378	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Patients assessed for CVD risk before	Passive dissemination of guidelines	Proportion of patients			786	112	
	prescribing anti- HTN or cholesterol- lowering drugs	Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients			854	147	
	Treatment goal achieved	Passive dissemination of guidelines	Proportion of patients	15411	5174	16598	6056	
		Educational outreach visit with audit and feedback, and computerized reminders linked to the medical record system	Proportion of patients	15914	4669	17213	5502	
Frosch, 2008 ⁷	Clicked on assigned	Internet links	%	151			77	
	link	CDT	%	153			87	
		TDA traditional decision aid group	%	155			85	
		Combination CDT and TDA	%	152			77	
	PSA screening –	Internet links	%	151			96	
	Pretest choice	CDT	%	153			96.7	
		TDA traditional decision aid group	%	155			95.5	
		Combination CDT and TDA	%	152			96.7	
	PSA screening –	Internet links	Change in %					
	Reduction	CDT	Change in %					<0.001
		TDA traditional decision aid group	Change in %					<0.001
		Combination CDT and TDA						<0.001
	Watchful waiting at	Internet links	%	151			34.4	
	pre-test	CDT	%	153			34	
		TDA traditional decision aid group	%	155			34.2	
		Combination CDT and TDA		152			40.8	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Total knowledge	Internet links	10 items	151		,	7.24	
	score/Imputed data	CDT	10 items	153			7.69	0.005
		TDA traditional decision aid group	10 items	155			8.14	0.005
		Combination CDT and TDA	Change in %	152			7.71	0.005
	Total knowledge	Internet links	10 items			99	7.49	
	score/Complete	CDT	10 items			115	8.03	0.001
	cases only	TDA traditional decision aid group	10 items			119	8.65	0.001
		Combination CDT and TDA	%			120	8.03	0.001
Gomez, 2002 ⁸	Hba1c	Group not using DIABTel system	Percentage	10	8.1	10	8.15	
Groon 2005 ⁹ Effectiveness of		Group using DIABTel system	Percentage	10	8.4	10	7.9	0.053
Green, 2005 ⁹	Effectiveness of counseling session by clients	Counselor group – Standard genetic counseling				105	6.6	
		Computer group – Used the interactive computer program before counseling				106	6.6	
	Effectiveness of counseling session by counselors	Counselor group – Standard genetic counseling				105	5.8	
	,	Computer group – Used the interactive computer program before counseling				106	5.9	
Clients' perception - Client's willingness to share worries and fears Clients' perception - Client's understanding of	Clients' perception – Client's willingness to share	Counselor group – Standard genetic counseling				105	3.6	
	Computer group – Used the interactive computer program before counseling				106	3.6		
	- Client's	Counselor group – standard genetic counseling				105	3.4	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	breast cancer	Computer group – Used the interactive computer program before counseling				106	3.4	
	Clients' perception – Client's understanding of	Counselor group – standard genetic counseling				105	3.4	
	heredity	Computer group – Used the interactive computer program before counseling				106	3.3	
	Clients' perception – Client's understanding of	Counselor group – Standard genetic counseling				105	3.5	
	the pros and cons of genetic testing	Computer group – Used the interactive computer program before counseling				106	3.5	
	Clients' perception – Client's preparedness for	Counselor group – Standard genetic counseling				105	3.4	
	making a decision about genetic testing	Computer group – Used the interactive computer program before counseling				106	3.4	
	Clients' perception – The quality of the questions that client	Counselor group – Standard genetic counseling				105	3.1	
	asked	Computer group – Used the interactive computer program before counseling				106	3.2	
	Clients' perception – The level of rapport established	Counselor group – Standard genetic counseling				105	3.7	
	with the genetic counselor	Computer group – Used the interactive computer program before counseling				106	3.6	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Clients' perception – Able to meet client's need for	Counselor group – Standard genetic counseling				105	3.8	
	factual information	Computer group – Used the interactive computer program before counseling				106	3.8	
	Clients' perception – The extent to which client's	Counselor group – Standard genetic counseling				105	3.6	
	emotional concerns were addressed	Computer group – Used the interactive computer program before counseling				106	3.5	
	Clients' perception – Ascertain what was most important	Counselor group – Standard genetic counseling				105	3.6	
	to client	Computer group – Used the interactive computer program before counseling				106	3.7	
	Clients' perception – tailor the discussion to	Counselor group – Standard genetic counseling				105	3.8	
	client's specific concerns	Computer group – Used the interactive computer program before counseling				106	3.7	
	Clients' perception – Level of personal satisfaction with this	Counselor group – Standard genetic counseling				105	3.8	
	session	Computer group – Used the interactive computer program before counseling				106	3.8	
	Counselors' perception – Client's willingness	Counselor group – Standard genetic counseling				105	3.3	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	to share worries and fears	Computer group – Used the interactive computer program before counseling				106	3.2	
	Counselors' perception – Client's	Counselor group – Standard genetic counseling				105	3	
	understanding of breast cancer	Computer group – Used the interactive computer program before counseling				106	3	
	Counselors' perception – Client's	Counselor group – Standard genetic counseling				105	2.7	
	understanding of heredity	Computer group – Used the interactive computer program before counseling				106	2.9	
	Counselors' perception – Client's	Counselor group – Standard genetic counseling				105	2.9	
	understanding of the pros and cons of genetic testing	Computer group – Used the interactive computer program before counseling				106	3.1	
	Counselors' perception – Client's	Counselor group – Standard genetic counseling				105	2.9	
	preparedness for making a decision about genetic testing	Computer group – Used the interactive computer program before counseling				106	3	
	Counselors' perception – The quality of the	Counselor group – Standard genetic counseling				105	3.3	
	questions that client asked	Computer group – Used the interactive computer program before counseling				106	3.3	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Counselors' perception – The level of rapport	Counselor group – Standard genetic counseling				105	3.2	
	established with the genetic counselor	Computer group – Used the interactive computer program before counseling				106	3.2	
	Counselors' perception – Able to meet client's need	Counselor group – Standard genetic counseling				105	3.3	
	for factual information	Computer group – Used the interactive computer program before counseling				106	3.3	
	Counselors' perception – The extent to which	Counselor group – Standard genetic counseling				105	3	
	client's emotional concerns were addressed	Computer group – Used the interactive computer program before counseling				106	3	
	Counselors' perception – Able to ascertain what was	Counselor group – Standard genetic counseling				105	3.3	
	most important to client	Computer group – Used the interactive computer program before counseling				106	3.3	
	Counselors' perception –Able to tailor the discussion	Counselor group – Standard genetic counseling				105	3.3	
	to client's specific concern	Computer group – Used the interactive computer program before counseling				106	3.3	
	Counselors' perception – Level of personal	Counselor group – Standard genetic counseling				105	3.2	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	satisfaction with this session	Computer group – Used the interactive computer program before counseling				106	3.2	
Green, 2008 ¹⁰	% controlled BP at	Usual care		258		247	31	
	12 months	BP monitoring and patient Web services		258		247	36	0.21
		BP monitoring, patient Web services, and pharmacist care		258		247	56	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	- 5.3	
	SBP at 12 months	BP monitoring and patient Web services		258		247	-8.2	<0.001
		BP monitoring, patient Web services, and pharmacist care		258		247	-13.2	<0.001
	Adjusted change in	Usual care	mm Hg	258		247	-3.5	
	DBP at 12 months	BP monitoring and patient Web services		258		247	-4.4	<0.001
		BP monitoring, patient Web services, and pharmacist care		258		247	- 4.6	<0.001
	Satisfaction scores	No telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	2.53	0.004
		Telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	1.13	0.004
	Decisional conflict scores	No telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	35	<0.001
		Telemedicine	Satisfaction and Decisional Conflict Scale scores	15		15	14	<0.001
	Mean consultation	No telemedicine	Minutes	15		15	50	
	duration	Telemedicine	Minutes	15		15	35	<0.01

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
Kaner, 2007 ¹¹	Total consultation times	Paper-based guidelines for clinician- patient treatment decision	Minutes			10	21	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	31	0.001
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	44	0.001
	Clinician verbal dominance in 10 minutes preceding decision	Paper-based guidelines for clinician- patient treatment decision	% of 10 minutes			10	60	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	% of 10 minutes			11	65	0.09
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	% of 10 minutes			8	64	0.09
	Doctor's Information-seeking	Paper-based guidelines for clinician- patient treatment decision	Minutes			10	6	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	3	0.004

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	7	0.004
	Doctor's pause	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	6	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	4	0.04
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	1	0.04
	Patient's negative talk	Paper-based guidelines for clinician- patient treatment decision	Minutes			10	2	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	0	0.01
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	1	0.01
	Doctor's nodding	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	17	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	36	0.005
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	21	0.005
	Doctor's head shake	Paper-based guidelines for clinician- patient treatment decision	Minutes			10	4	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	2	0.006
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	0	0.006
	Doctor's smiling	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	0	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	1	0.04
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	2	0.04

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Doctor's pointing at patients	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	1	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	0	0.01
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	0	0.01
	Doctor's touching/pointing at tool	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	6	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	1	0.007
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	6	0.007
	Doctor's eye-gaze toward tool	Paper-based guidelines for clinician-patient treatment decision	Minutes			10	5	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	15	0.001

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	16	0.001
	Patient's eye-gaze toward tool	Paper-based guidelines for clinician- patient treatment decision	Minutes			10	5	
		Implicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			11	16	0.0001
		Explicit computer- based decision aid, DARTS II, used for clinician-patient treatment decision	Minutes			8	16	0.0001
iaw, 1998 ¹²	Improved patient's knowledge of own health	Patients with one or more chronic health problems, without PHR received		22		22		
		Patients with one or more chronic health problems, without PHR received		29		29	56%	
		Post-test group, without PHR		NR		NR		
	Patient felt more responsible for own health	Patients with one or more chronic health problems, without PHR received		NR		NR		
	Patients with one or more chronic health problems, without PHR received		NR		NR	52%		
		Post-test group, without PHR		NR		NR		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Improved knowledge of health promotion tasks	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR	41%	
		Post-test group, without PHR		NR		NR		
	Improved sharing of information with family	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR	38%	
		Post-test group, without PHR		NR		NR		
	Improved patient- doctor communication	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR	32%	
		Post-test group, without PHR		NR		NR		
	Improved sharing of information with hospital	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR		
		Post-test group, without PHR		NR		NR		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Improved sharing of information with other health care providers	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR		
		Post-test group, without PHR		NR		NR		
	Impact on systolic BP	Patients with one or more chronic health problems, without PHR received		16		NR		
		Patients with one or more chronic health problems, without PHR received		20		NR		0.04
		Post-test group, without PHR		NR		NR		
	Impact on diastolic BP	Patients with one or more chronic health problems, without PHR received		NR		NR		
		Patients with one or more chronic health problems, without PHR received		NR		NR		Not significant
Kuppermann, 2009 ¹³	Knowledge score (%) post-viewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	64.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	79.5	<0.001

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Knowledge score (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	65.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	77.6	<0.001
	Correct procedure- related miscarriage risk estimate (%) post-viewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	48.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	64.9	0.002
	Correct procedure- related miscarriage risk estimate (%) 1- 2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	51	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	55.7	0.39

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Correct DS-affected fetus estimate (%) post-viewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	51.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	63.5	<0.001
	Correct DS-affected fetus estimate (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	15.7	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	42.8	<0.001
	Intervention satisfaction – Post- reviewing	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	8.1	<0.001

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Intervention satisfaction 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	8.2	<0.001
	Intervention satisfaction at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	7.5	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking				202	8.2	<0.001
	Decisional conflict – Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	40.2	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	32.1	<0.001

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Decisional conflict – Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	38.8	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	32.3	0.005
	Decisional conflict – factors contributing to uncertainty at 26- 30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	26.2	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	21.9	0.01
	Factors contributing to uncertainty 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	26.2	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	19.2	<0.001

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Factors contributing to uncertainty at 26- 30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	19.4	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	15.2	<0.001
	Ineffective decision 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	17.7	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	15.4	0.11
	Ineffective decision at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	32	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	31.4	0.47

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Overall decisional conflict 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	20.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	19.1	0.21
	Overall decisional conflict at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	23.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	20.6	0.001
	Decision regret (%) at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	12.8	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	9.6	0.28

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Intervention affected prenatal testing plan (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	27.5	
		Intervention group receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	47.8	<0.001
	Intervention affected prenatal testing plan (%) 1-2 weeks later	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	36	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	38.2	0.85
	Satisfaction in decision making (%) – Information given by the provider at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	49.2	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	44.8	0.40

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Satisfaction in decisionmaking (%) – Way of decision given by the provider at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		,	48.1	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		244		202	44.3	0.45
	Satisfaction in decision making (%) – Degree of involvement of the provider at 26-30 weeks of gestation	Control group did not receive computerized interactive prenatal testing decision tool on prenatal testing decisionmaking		252		218	79.9	
		Intervention group received computerized interactive prenatal testing decision tool on prenatal testing decisionmaking					72.6	0.10
orig, 2006 ¹⁴	Health distress	Usual care	1-yr changes	501		426	-0.193	
		Internet-based CDSMP	1-yr changes	457		354	-0.377	
	Self-reported global	Usual care	1-yr changes	501		426	-0.068	
	health	Internet-based CDSMP	1-yr changes	457		354	-0.102	
	Illness intrusiveness	Usual care	1-yr changes	501		426	-0.064	
		Internet-based CDSMP	1-yr changes	457		354	-0.150	
	Disability	Usual care	1-yr changes	501		426	-0.142	
		Internet-based CDSMP	1-yr changes	457		354	-0.166	
	Fatigue	Usual care	1-yr changes	501		426	-0.358	
		Internet-based CDSMP	1-yr changes	457		354	-0.720	
	Pain	Usual care	1-yr changes	501		426	-0.047	
		Internet-based CDSMP	1-yr changes	457		354	-0.367	
	Shortness of breath	Usual care	1-yr changes	501		426	-0.216	
		Internet-based CDSMP	1-yr changes	457		354	-0.537	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Aerobic exercise	Usual care	1-yr changes	501		426	7.99	
		Internet-based CDSMP	(min/wk) 1-yr changes	457		354	12.1	
	Stretch/strength exercise	Usual care	(min/wk) 1-yyr changes	501		426	1.16	
		Internet-based CDSMP	(min/wk) 1-yr changes	457		354	11.9	
	Communication with	Usual care	1-yr changes	501		426	0.221	
	physician	Internet-based CDSMP	1-yr changes	457		354	0.268	
	Practice stress management	Usual care	(times/wk) 1- yr changes	501		426	0.200	
	(times/week)	Internet-based CDSMP	(times/wk) 1-yr changes	457		354	0.647	
	Self-efficacy	Usual care	1-yr changes	501		426	0.200	
		Internet-based CDSMP	1-yr changes	457		354	0.406	
	Physician visits	Usual care	1-yr changes	501		426	-0.866	
	(past 6 mo)	Internet-based CDSMP	1-yr changes	457		354	-0.680	
	Emergency visits	Usual care	1-yr changes	501		426	-0.144	
	(past 6 months)	Internet-based CDSMP	1-yr changes	457		354	-0	
	Days in hospital	Usual care	1-yr changes	501		426	-0.243	
	(past 6 months)	Internet-based CDSMP	1-yr changes	457		354	-0.003	
Lowensteyn, 1998 ¹⁵	Likelihood of high- risk Patients for a followup coronary risk assessment	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		110				
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		494		494		

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Likelihood of low- risk patients for a followup coronary risk assessment	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		66				
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		288		288		
	Impact of coronary risk profiles on CHD risk factors –Total cholesterol (mmol/l)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			6.11	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	6.55	0.05
	Impact of coronary risk profiles on CHD risk factors – HDL cholesterol (mmol/l)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			1.16	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	1.13	0.55
	Impact of coronary risk profiles on CHD risk factors – LDL cholesterol (mmol/l)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			3.88	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	4.37	0.05
	Impact of coronary risk profiles on CHD risk factors – Total/HDL ratio cholesterol (mmol/l)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			5.7	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	6.2	0.05

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors – Systolic BP (mm Hg)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			129.2	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	133	0.61
	Impact of coronary risk profiles on CHD risk factors – Diastolic BP (mm Hg)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			79.8	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	82.3	0.99
	Impact of coronary risk profiles on CHD risk factors – Body mass index (kg/m²)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			27.8	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	28.6	0.31
	Impact of coronary risk profiles on CHD risk factors – Smokers	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			21	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	42	0.64
	Impact of coronary risk profiles on CHD risk factors – 8-yr coronary risk %	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			52	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	12	<0.01

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Impact of coronary risk profiles on CHD risk factors – Cardiovascular age (yrs)	The control group physician received their profile only if the patient was clinically reevaluated during a 3-month followup visit		89			52	
		The profile group physician received coronary risk profiles for their patients within 10 working days after the baseline patient assessment, providing early feedback		202		202	54	<0.01
Maslin, 1998 ¹⁶	Mental health score on SF-36 questionnaire	Control – Usual care from multidisciplinary team			68	NR	68	
		Intervention – Interactive video disk system + usual care from multidisciplinary team			60	NR	68	0.02
	Anxiety score on the Hospital Anxiety and Depression	Control – Usual care from multidisciplinary team				NR		<0.001
	Scale	Intervention – Interactive video disk system + usual care from multidisciplinary team				NR		<0.001
	Viewing IVD had impact on surgical choice	Intervention – Interactive video disk system + usual care from multidisciplinary team				NR	12.5	
		Intervention – Interactive video disk system + usual care from multidisciplinary team				NR	14.2	
McCrossan,	Specific concern	Videoconference	%			22	62	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
2007 ¹⁷	raised by parent	Telephone	%			25	58	
	No medical	Videoconference	%			22	76	
	attention needed	Telephone	%			25	64	
	Nurse informs	Videoconference	%			22	20	
	medical consultant	Telephone	%			25	14	
	Nurse advises to	Videoconference	%			22	4	
	take NHS action	Telephone	%			25	22	
Montgomery,	Decisional conflict	Standard care	Score				27.8	
2007 ¹⁸	scale (total)	Information program	Score				22.5	
		Decision analysis	Score				23.6	
	Mode of delivery –	Standard care	N				50	
	Elective caesarean	Information program	N			117	49	
		Decision analysis	N				41	
	Mode of delivery –	Standard care	N				20	
	Emergency	Information program	N			53	22	
	Caesarean	Decision analysis	N			50	21	
	Mode of delivery –	Standard care	N				30	
	Vaginal birth	Information program	N				29	
		Decision analysis	N			88	37	
	Anxiety	Standard care					42.1	
		Information program					38.5	
		Decision analysis					38.7	
	Knowledge	Standard care					57.5	
		Information program					69.7	
		Decision analysis					68.0	
	Satisfaction with	Standard care					4.2	
	decision	Information program					4.3	
		Decision analysis					4.4	
Peters, 2006 ¹⁹	Global Patient Assessment of Care Index	Without computer- assisted decision support technology to assist with patient screening		309	25	331	21.2	
		Computer-assisted decision support technology to assist with patient screening		296	25	350	28.6	0.99/<0.00

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Satisfaction With Care Index	Without computer- assisted decision support technology to assist with patient screening		309	13.4	331	8.9	
		Computer-assisted decision support technology to assist with patient screening		296	13.7	350	17.4	0.79/<0.00
	Technical Quality of Care Index	Without computer- assisted decision support technology to assist with patient screening		309	28.3	331	22.2	
		Computer-assisted decision support technology to assist with patient screening		296	28.3	350	30.3	1.00/<0.00
	Respect for Patient Index	Without computer- assisted decision support technology to assist with patient screening		309	26.7	331	18	
		Computer-assisted decision support technology to assist with patient screening		296	25.5	350	23.9	0.48/<0.00
	Communication Index	Without computer- assisted decision support technology to assist with patient screening		309	31.5	331	32.5	
		Computer-assisted decision support technology to assist with patient screening		296	32.1	350	44	0.75/<0.00
	Financial Aspect of Care Index	Without computer- assisted decision support technology to assist with patient screening		309	31.4	331	33.3	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Computer-assisted decision support technology to assist with patient screening		296	30.6	350	40.1	0.72/<0.00
	Access to Care Index	Without computer- assisted decision support technology to assist with patient screening		309	20.5	331	16.2	
		Computer-assisted decision support technology to assist with patient screening		296	21.2	350	20.7	0.66/0.008
	Health worker's attitude – Use computer for diagnosis and treatment	Without computer- assisted decision support technology to assist with patient screening		20	5.3	22	13.6	
		Computer-assisted decision support technology to assist with patient screening		17	11.1	23	39.1	0.51/0.05
	Health worker's attitude – Use equipment at work	Without computer- assisted decision support technology to assist with patient screening		20	5.3	22	22.7	
		Computer-assisted decision support technology to assist with patient screening		17	5.6	23	30.4	0.97/0.56
	Health worker's attitude – Learning new technology	Without computer- assisted decision support technology to assist with patient screening		20	94.7	22	90.9	
		Computer-assisted decision support technology to assist with patient screening		17	88.9	23	91.3	0.51/0.96

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Health worker's attitude – What technology needs to use in the clinic	Without computer- assisted decision support technology to assist with patient screening		20	57.9	22	77.3	
		Computer-assisted decision support technology to assist with patient screening		17	72.2	23	95.7	0.36/0.07
	Health worker's attitude – Medical information readily available on a computer	Without computer- assisted decision support technology to assist with patient screening		20	0	22	18.2	
		Computer-assisted decision support technology to assist with patient screening		17	0	23	52.2	na/0.02
	Health worker's attitude – Patients' medical history available on a computer in the	Without computer- assisted decision support technology to assist with patient screening		20	0	22	27.3	
	clinic	Computer-assisted decision support technology to assist with patient screening		17	11.1	23	69.6	0.23/0.005
	Health worker's attitude – Have computer in the clinic	Without computer- assisted decision support technology to assist with patient screening		20	15.8	22	36.4	
		Computer-assisted decision support technology to assist with patient screening		17	5.6	23	87	0.60/<0.00
	Health worker's attitude – Use a computer in the clinic	Without computer- assisted decision support technology to assist with patient screening		20	0.013.6	22		

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Computer-assisted decision support technology to assist with patient screening		17	5.6	23	39.1	0.49/0.05
Saver, 2007 ²⁰	Decisional	Brochure	Quality scores		22.2	199	24.7	
	satisfaction	CHESS-MAB, Web- based decision support	Quality scores	173	22.2	144	24.5	
	Decisional conflict	Brochure	Quality scores		8.6	199	7.5	
		CHESS-MAB, Web- based decision support	Quality scores	173	8.4	144	7.7	
	Knowledge	Brochure	Quality scores		10.3	199	12.8	
chapira 2007 ²¹		CHESS-MAB, Web- based decision support	Quality scores	173	10.5	144	14.3	
Schapira, 2007 ²¹	Knowledge	Control intervention consisting of a printed pamphlet		88		86	15.5	
		Computer-based HT decision aid		89		85	15.1	
	Satisfaction with decision	Control intervention consisting of a printed pamphlet		88		86	4.37	
		Computer-based HT decision aid		89		85	4.37	
	Decision conflict – Total	Control intervention consisting of a printed pamphlet		88		86	1.78	
		Computer-based HT decision aid		89		85	1.74	
	Decision conflict – Decisional uncertainty	Control intervention consisting of a printed pamphlet		88		86	1.9	
	subscale	Computer-based HT decision aid		89		85	1.88	
	Decision conflict – Factors of uncertainty	Control intervention consisting of a printed pamphlet		88		86	1.78	
	subscale	Computer-based HT decision aid		89		85	1.73	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Decision conflict – Effective decisionmaking	Control intervention consisting of a printed pamphlet		88		86	1.7	
	subscale	Computer-based HT decision aid		89		85	1.64	
Schifferdecker, 2008 ²²	Ability to find information on the Web	Delayed intervention group (RCT control group at followup 1 only)	Scale 1-5	20	3.4	20	3.5	
		Practitioners trained in information management	Scale 1-5	25	3.1	25	3.8	<=0.05
	Ability to find educational materials on the Web for patients	Delayed intervention group (RCT control group at followup 1 only)	Scale 1-5	20	2.4	20	2.4	
		Practitioners trained in information management	Scale 1-5	25	2.1	25	3.1	<=0.05
	Skills for finding information on the Web for patients	Delayed intervention group (RCT control group at followup 1 only)	Scale 4-20	20	10.6	20	10.4	
		Practitioners trained in information management	Scale 4-20	25	7.6	25	11	<=0.05
	Skills in using a variety of Web-based resources	Delayed intervention group (RCT control group at followup 1 only)	Scale 8-40	20	13.9	20	13.9	
		Practitioners trained in information management	Scale 8-40	25	10	25	21.2	<=0.05
	Provider uses Web for patient care decisions	Delayed intervention group (RCT control group at followup 1 only)	Scale 7-28	20	10.1	20	8.9	
		Practitioners trained in information management	Scale 7-28	25	7.8	25	10	<=0.05

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Like patients to bring information from the Web	Delayed intervention group (RCT control group at followup 1 only)	Scale 1-5	20	3.4	20	3.5	
		Practitioners trained in information management	Scale 1-5	25	3.2	25	3.8	<=0.05
	Leadership encourages using Web for patient education	Delayed intervention group (RCT control group at followup 1 only)	Scale 1-5	20	2.9	20	2.9	
		Practitioners trained in information management	Scale 1-5	25	2.6	25	3.5	<=0.05
Schumann, 2008 ²³	1st letter, normative feedback: Precontemplation – Theoretical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				727		
	2nd letter, normative and ipsative feedback: Precontemplation – Theoretical number	Participants received two tailored feedback letters				471		
	3rd letter, normative and ipsative feedback: Precontemplation – Theoretical number	Participants received three tailored feedback letters				422	54.6	
	1st letter, normative feed back: Precontemplation – Empirical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				727		
	2nd letter, normative and ipsative feedback: Precontemplation – Empirical number	Participants received two tailored feedback letters				471		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	3rd letter, normative and ipsative feedback: Precontemplation – Empirical number	Participants received three tailored feedback letters				422	54.6	
	1st letter, normative feedback: Precontemplation – Empirical frequency	Participants received only one computer-tailored feedback letter (normative comparisons only)				727		
	2nd letter, normative and ipsative feedback: Precontemplation – Empirical frequency	Participants received two tailored feedback letters				471	57.5	
	3rd letter, normative and ipsative feedback: Precontemplation – Empirical frequency	Participants received three tailored feedback letters				422	54.6	
	1st letter, normative feedback: Contemplation – Theoretical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				282		
	2nd letter, normative and ipsative feedback: Contemplation – Theoretical number	Participants received two tailored feedback letters				279	34.1	
	3rd letter, normative and ipsative feedback: Contemplation – Theoretical number	Participants received three tailored feedback letters				258	33.4	
	1st letter, normative feedback: Contemplation – Empirical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				282		

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	2nd letter, normative and ipsative feedback: Contemplation – Empirical number	Participants received two tailored feedback letters				279		
	3rd letter, normative and ipsative feedback: Contemplation – Empirical number	Participants received three tailored feedback letters				258	33.4	
	1st letter, normative feedback: Contemplation – Empirical frequency	Participants received only one computer-tailored feedback letter (normative comparisons only)				282		
	2nd letter, normative and ipsative feedback: Contemplation – Empirical frequency	Participants received two tailored feedback letters				279		
	3rd letter, normative and ipsative feedback: Contemplation – Empirical frequency	Participants received three tailored feedback letters				258	33.4	
	1st letter, normative feedback: Preparation – Theoretical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				35		
	2nd letter, normative and ipsative feedback: Preparation – Theoretical number	Participants received two tailored feedback letters				41		
	3rd letter, normative and ipsative feedback: Preparation – Theoretical number	Participants received three tailored feedback letters				34	4.4	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	1st letter, normative feedback: Preparation – Empirical number	Participants received only one computer-tailored feedback letter (normative comparisons only)				35	3.4	
	2nd letter, normative and ipsative feedback: Preparation – Empirical number	Participants received two tailored feedback letters				41	5	
	3rd letter, normative and ipsative feedback: Preparation – Empirical number	Participants received three tailored feedback letters				34	4.4	
	1st letter, normative feedback: Preparation – Empirical frequency	Participants received only one computer-tailored feedback letter (normative comparisons only)				35	3.4	
	2nd letter, normative and ipsative feedback: Preparation – Empirical frequency	Participants received two tailored feedback letters				41	5	
	3rd letter, normative and ipsative feedback: Preparation – Empirical frequency	Participants received three tailored feedback letters				34	4.4	
	2nd letter, normative and ipsative feedback:Action – Theoretical number	Participants received two tailored feedback letters				28	3.4	
	3rd letter, normative and ipsative feedback: Action – Theoretical number	Participants received three tailored feedback letters				50	6.5	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	2nd letter, normative and ipsative feedback: Action – Empirical number	Participants received two tailored feedback letters				28	3.4	
	3rd letter, normative and ipsative feedback: Action – Empirical number	Participants received three tailored feedback letters				50	6.5	
	2nd letter, normative and ipsative feedback: Action – Empirical frequency	Participants received two tailored feedback letters				28	3.4	
	3rd letter, normative and ipsative feedback: Action – Empirical frequency	Participants received three tailored feedback letters				50	6.5	
	3rd letter, normative and ipsative feedback- Maintenance - Theoretical number	Participants received three tailored feedback letters				50	1.2	
	3rd letter, normative and ipsative feedback: Maintenance – Theoretical number	Participants received three tailored feedback letters				9	1.2	
	3rd letter, normative and ipsative feedback: - Maintenance – Theoretical number	Participants received three tailored feedback letters				9	1.2	
Sciamanna, 2006 ²⁴	Question on history of migraine headaches or some	Group did not use the Web site before a doctor visit				22	54.5	
	other type of headaches	Group used the Web site before a doctor visit				28	89.3	<0.01

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Question on cause of headaches	Group did not use the Web site before a doctor visit				22	13.6	
		Group used the Web site before a doctor visit				28	50	<0.01
	Question on taking nausea medication	Group did not use the Web site before a doctor visit				22	4.5	
		Group used the Web site before a doctor visit				28	21.4	
	Question on migraine-specific medication	Group did not use the Web site before a doctor visit				22	54.5	
		Group used the Web site before a doctor visit				28	53.6	
	Question on "triptan" medication	Group did not use the Web site before a doctor visit				22	22.7	
		Group used the Web site before a doctor visit				28	14.3	
	Question on medication to prevent headaches	Group did not use the Web site before a doctor visit				22	63.6	
	·	Group used the Web site before a doctor visit				28	67.9	
	Question on different medication to prevent	Group did not use the Web site before a doctor visit				22	50	
	headaches	Group used the Web site before a doctor visit				28	39.3	
	Question on headache treatment such as relaxation	Group did not use the Web site before a doctor visit				22	40	

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
		Group used the Web site before a doctor visit				28	42.9	
	Question on headache caused by medicine	Group did not use the Web site before a doctor visit				22	13.6	
		Group used the Web site before a doctor visit				28	28.6	
	Question on how to avoid headache triggers	Group did not use the website before a doctor visit				22	31.8	
		Group used the Website before a doctor visit				28	50	
	Question on benefits from seeing a headache	Group did not use the Web site before a doctor visit				22	3.8	
	specialist	Group used the Web site before a doctor visit				28	32.1	
	Question on satisfaction with visit	Group did not use the Web site before a doctor visit				22	3.8	
		Group used the Web site before a doctor visit				28	4	0.51
	Question on printing any information from the website	Group did not use the Web site before a doctor visit				22	n/a	
		Group used the Web site before a doctor visit				28	78.6	
	Question on bringing printout to the doctor	Group did not use the Web site before a doctor visit				22	n/a	
		Group used the Web site before a doctor visit				28	28.6	

Evidence Table 28. All outcomes of studies addressing improving shared decision-making between the patient and clinician (continued)

Author, Year	Outcome	Control Intervention	Units	Baseline n	Baseline Measure	Final n (or n After Withdrawals)	Final Measure	P-value
	Question on Web site suggestion	Group did not use the Web site before a doctor visit				22	n/a	
		Group used the Web site before a doctor visit				28	64.3	
	Question on how many days of the week taking	Group did not use the Web site before a doctor visit				22	68.2	
	medication	Group used the Web site before a doctor visit				28	64.3	
	Question on overall number of topics discussed	Group did not use the Web site before a doctor visit				22	4.3	
		Group used the Web site before a doctor visit				28	5.5	0.83
Whited, 2002- ²⁵	Time to initial definitive	Text-based electronic consult form	Days			140	127	
	intervention	Telederm consult with digital images and standardized history	(i.e., time to setting consult appointment or providing consult answers if visit unneeded			135	41	<0.001

BP: Blood pressure, CDSMP: Chronic Disease Self-Management Program, CDT: Chronic disease trajectory group, CVD: Cardiovascular disease, DBP: Diastolic blood pressure, FFQ: Food frequency questionnaire, HDL: High density lipoprotein, HT: Hormone therapy, HTN: Hypertension, IVD: Interactive video disk system, LDL: Low density lipoprotein, RCT: Randomized controlled trial, SBP: Systolic blood pressure, TDA: Traditional decision aid, TTYD: Talk to Your Doc

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Evidence Table 29. Outcomes related to diabetes mellitus in studies related to shared decision-making between patients, their families, and providers, clinician

communication, or providing patients and clinicians access to medical information.

	provide providing p		l l		Control Outcome Measure at Baseline	Control Outcome Measure at Final			
				n Final Control	Intervention Outcome	Intervention Outcome	Control Change	Change Difference	
Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Intervention	Measure at Baseline	Measure at Final	Intervention Change	Final Difference	P- Value
Gomez, 2002 ¹	Median HbA1c level	% of glycated hemoglobin	Group using Idabel telemedicine system vs. Usual care group	10	8.10 8.4	8.15 7.9	0.05	-0.55 -0.25	0.053
	Mean	Number of	Group using	10		0.2			**SNR
	therapeutic medication prescriptions increased	medication prescriptions	DIABTel telemedicine system vs. Usual care group	10		2.9		2.7	

**SNR: Significance not reported

P-value of 0 = p-value > 0.10 HbA1c: Glycated hemoglobin

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Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P-Value
Fretheim,	Thiazides	% of patients	Educational	446	8.8	11.1	2.3	9.2	<0.001
2006 ¹ prescription (%)		outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. Passive dissemination of guidelines	516	5.8	17.3	11.5	6.2		
	Cardiovascular	Cardiovascular	Educational	446	14.5	14	-0.5	-0.3	0
	risk among patients started on treatment risk score outreach vision with audit an feedback, ar computerize reminders linked to the medical reconstruction system vs. Passive dissemination	linked to the medical record system vs. Passive dissemination of guidelines	516	15.1	14.3	-0.8	0.3		
	Patients with	% of patients	Educational	446	23.4	22	-1.4	-1.5	0
	cardiovascular risk above 20%	with outcome	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. Passive dissemination of guidelines	516	25.8	22.9	-2.9	0.9	

Evidence Table 30. Outcomes related to heart disease in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

	Treatment goal	% of patients with outcome	Educational	446	30.6	33.7	3.1	-2.2	0
	achieved among diabetes patients	diabetes patients	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. Passive dissemination of guidelines	516	30.6	31.5	0.9	-2.2	
	Treatment goal	% of patients	Educational	446	29.7	31.3	1.6	0.8	0
Green,	for hypertension achieved Mean increase	with outcome Communicatio	outreach visit with audit and feedback, and computerized reminders linked to the medical record system vs. Passive dissemination of guidelines BP monitoring	516	24.8	27.2	2.4	-4.1	0.01
2008 ²	in patient- initiated threads	n threads	and patient Web services vs. Usual care						0.01
				246		2.7		0.9	
	Mean increase in patient-	Communicatio n threads	BP monitoring and patient	247		1.8			<0.01
	initiated threads	initiated Web ser and pharmac care vs. care	Web services and pharmacist care vs. Usual	237		4.2		2.40	
	Telephone encounters	Telephone encounters	BP monitoring and patient	247		4			<0.001
			Web services vs. Usual care	246		7.5		3.5	
	Telephone	Telephone	BP monitoring	247		4			**SNR

	encounters	encounters	and patient Web services and pharmacist care vs. Usual care	237	3.8	-0.20	
	Primary care visits	Visits	BP monitoring and patient Web services vs. Usual care	247	3.2	-0.2	0
	Primary care visits	Visits	BP monitoring and patient Web services and pharmacist care vs. Usual care	247	3.2		0
Kaner, 2007 ³	Median consultation times	Minutes	Implicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	10	31	10	0.001
	Median	%	Implicit	10	60		0.09

do 10 pi	elinician's verbal dominance in 0 minutes preceding decision		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	11	65	5	
D	Median Doctor's nformation-	Minutes	Implicit computer-based decision	10	6	-3	<0.004
Se	eeking		aid, DARTS II, used for clinician-patient treatment decision vs. Paper-based guidelines for clinician-patient treatment decision			,	
	/ledian loctor's pause	Minutes	Implicit computer-	10	6 4	-2	<0.04
			based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision		7	-2	

Median	Minutes	Implicit	10	2		<0.01
patient's negative talk		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	11	0	-2	
Median doctor's nodding	Minutes	Implicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	10	36	19	0.005
Median	Minutes	Implicit	10	4		0.006

doctor's head shake		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	11	2	-2	
Median doctor's smiling		Implicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision-	11	1	1	0.04
Median doctor's pointing at the patient	Minutes	Implicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	11	0	-1	0.01

Median doctor's touching/pointi ng at tool	Minutes	Implicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment	11	1	-5	0.007
Median doctor's eye-	Minutes	decision Implicit computer-	10	5	10	0.001
gaze toward tool		based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision				
Median	Minutes	Implicit	10	5		0.0001

T		l	1 ,	4.4	I	1.0		
	patient's eye- gaze toward tool		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient	11		16	11	
			treatment decision					
	Median consultation times	Minutes	Explicit computer-based decision	8		21 44	23	0.001
			aid, DARTS II, used for clinician-patient treatment decision vs. Paper-based guidelines for clinician-patient treatment decision					
	Median Clinician's	%	Explicit computer-	10		60 64	4	0.09
	verbal dominance in 10 minutes preceding decision (%)		based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision					

Median	Minutes	Explicit	10	6		0.004
doctor's information- seeking		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	7	1	
Median doctor's pause	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	6 1	-5	0.04
Median	Minutes	Explicit	10	2		0.01

1			T	T _	1	т .	ı		1
	patient's negative talk		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8		1		-1	
	Median	Minutes	Explicit	10		17			<0.005
	doctor's	Williatos	computer-						40.000
	nodding		based decision aid, DARTS II, used for clinician-patient treatment decision vs. Paper-based guidelines for clinician-patient treatment decision	8		21		4	
	Median	Minutes	Explicit	10		4			<0.006
	doctor's head shake		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8		0		-4	

Median	Minutes	Explicit	10	0		0.04
doctor's smiling		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	2	2	
Median doctor's pointing at the patient	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	0	-1	0.01
Median	Minutes	Explicit	10	6		0.007

doctor's touching/pointi ng at tool		computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	6	0	
Median doctor's eye- gaze toward tool	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	5 16	11	<0.001
Median patient's eyegaze toward tool	Minutes	Explicit computer- based decision aid, DARTS II, used for clinician- patient treatment decision vs. Paper-based guidelines for clinician- patient treatment decision	8	5 16		<0.0001

Evidence Table 30. Outcomes related to heart disease in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

	Ratio of high-	Ratio of	Coronary risk	782		0.77			<0.05
, 1998 ⁺	risk/low-risk patients returning for follow up	patients	profile to physician vs. No risk profile to physician	176		1.23		0.46	
	Total	mmol/l	Coronary risk	782	6.11	6.02	-0.09	-0.4	0.05
	cholesterol		profile to physician vs. No risk profile to physician	176	6.55	6.06	-0.49	0.04	
	HDL	mmol/l	Coronary risk	782	1.16	1.16	0	0.02	0
	cholesterol	mmol/l	profile to physician vs. No risk profile to physician	176	1.13	1.15	0.02	-0.01	
	LDL-c (mmol/l)	mmol/l	Coronary risk	782	3.88	3.87	-0.01	-0.39	0.05
		ph No to	profile to physician vs. No risk profile to physician	176	4.37	3.97	-0.4	0.10	
	Total No units	No units	nits Coronary risk profile to physician vs. No risk profile to physician	782	5.7	5.5	-0.2	-0.4	0.05
	cholesterol/HD L cholesterol ratio)		176	6.2	5.6	-0.6	0.10	
	Systolic BP	mmHg	Coronary risk	782	129.2	128	-1.2	-0.8	0
			profile to physician vs. No risk profile to physician	176	133	131	-2	3.00	
	Diastolic BP	mmHg	Coronary risk	782	79.8	79.9	0.1	-1	0
i			profile to physician vs. No risk profile to physician	176	82.3	81.4	-0.9	1.50	
	Body mass	kg/m ²	Coronary risk	782	27.8	27.5	-0.3	0.1	0
	index pi	profile to physician vs. No risk profile to physician	176	28.6	28.4	-0.2	0.90		
	8-yr coronary	% of patients	Coronary risk	782	9.6	9.3	-0.3	-1.5	<0.01

	risk		profile to physician vs. No risk profile to physician	176	12	10.2	-1.8	0.90	
	Cardiovascular	Years	Coronary risk	782	52	51.9	-0.1	-0.5	<0.01
	age		profile to physician vs. No risk profile to physician	176	54	53.4	-0.6	1.50	
	Total cholesterol	mmol/l	Coronary risk profile to physician vs. No risk profile to physician	782	6.11	6.02	-0.09	-0.4	0.05
McCrossan,	Proportion:	% of patients	Videoconferen	22		58			**SNR
2007 ⁵	Concern by parents		cing for children with congenital heart disease vs. Teleconferenci	25		62		4	
	Proportion: No	% of patients	Videoconferen	22		64			**SNR
	action needed	cing for children with congenital heart disease vs. Teleconferenci	22		76		12		
	Proportion:	% of patients	Videoconferen	22		14			**SNR
Info	Inform consultant		cing for children with congenital heart disease vs. Teleconferenci ng	25		20		6	
	Proportion:	% of patients	Videoconferen	22		22			**SNR

Advised NHS	cing for	25	4	-18	
action	children with				
	congenital				
	heart disease				
	VS.				
	Teleconferenci				
	ng				

^{**}SNR: Significance not reported

P-value of 0 = p-value > 0.10

BP: Blood pressure, HDL-c; High-density lipoprotein cholesterol, kg: Kilograms, LDL-c: Low-density lipoprotein cholesterol, l: Liters, mmol: millimoles, mmHg: millimeters of mercury.

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Assisting the transition from hospital to home for children with
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and initial results. Medical Informatics and the Internet in
Medicine 2007; 32(4):297-304.

Evidence Table 31. Outcomes related to cancer in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information.

Study, Year Chan, 2008	Outcomes Measure Fecal occult	Unit % of patients	Description of Intervention e-mailed NetLET vs. NetLET	n Final Control n Final Intervention 35	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final 8	Control Change Intervention Change	Change Difference Final Difference	P- Value **SNR
2008	blood tests returned	with outcome	sent through regular mail	42		11			
	Colon cancer screening appointments made	% of patients with outcome	e-mailed NetLET vs. NetLET sent through regular mail	35 42		50			**SNR
Frosch, 2008 ²	Total knowledge score/Imputed data	Score unit	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	116 155		7.24 8.14		0.9	0.005
	Total knowledge score/Complete cases only	Score unit	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	99 119		7.49 8.65		1.16	0.001
	Total knowledge score/Imputed data	Score unit	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancer-specific Web sites from credible sources	116 153		7.24 7.69		0.45	0.005
	Total	Score unit	Chronic disease trajectory	99		7.49			0.001

Evidence Table 31. Outcomes related to cancer in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	knowledge score/Complete cases only		model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancer-specific Web sites from credible sources	115		8.03		0.54	
	Total knowledge score/Imputed data	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer- specific Web sites from credible sources	116 152		7.24 7.71		0.47	0.005
	Total knowledge score/Complete cases only	Score unit	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer- specific Web sites from credible sources	99		7.49 8.03		0.54	0.001
	PSA screeningPre-test choice	% of patients with outcome	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	116 155		96 95.5		-0.5	**SNR
	PSA screening – Reduction	% of patients with outcome	Traditional didactic decision aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	116 155		3.3 9.1		5.8	0.047
	Watchful	% of patients	Traditional didactic decision	116		34.4			0

Evidence Table 31. Outcomes related to cancer in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	waiting at pre- test	with outcome	aid providing information about prostate-specific antigen (PSA) screening options and outcomes vs. Links to public prostate cancer-specific Web sites from credible sources	155		34.2		-0.2	
	PSA screening – Pretest choice	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancer-specific Web sites from credible sources	116 153		96 96.7		0.7	**SNR
	PSA screening — Reduction	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancer-specific Web sites from credible sources	116 153		3.3 8.7		5.4	0.047
	Watchful waiting at pretest	% of patients with outcome	Chronic disease trajectory model for prostate cancer followed by a time-trade-off exercise vs. Links to public prostate cancer-specific Web sites from credible sources	116 153		34.4		-0.4	0
	PSA screening - Pre-test choice	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer- specific Web sites from credible sources	116 152		96 96.7		0.7	**SNR
	PSA screening	% of patients	Both the didactic decision	116		3.3			0

Evidence Table 31. Outcomes related to cancer in studies related to shared decision-making between patients, their families, and providers, clinician communication, or providing patients and clinicians access to medical information (continued)

Study, Year	Outcomes Measure	Unit	Description of Intervention	n Final Control n Final Intervention	Control Outcome Measure at Baseline Intervention Outcome Measure at Baseline	Control Outcome Measure at Final Intervention Outcome Measure at Final	Control Change Intervention Change	Change Difference Final Difference	P- Value
	- Reduction	with outcome	aid and the chronic disease trajectory model vs. Links to public prostate cancer- specific Web sites from credible sources	152		5.3		2	
	Watchful waiting at pre- test	% of patients with outcome	Both the didactic decision aid and the chronic disease trajectory model vs. Links to public prostate cancer- specific Web sites from credible sources	116 152		34.4 40.8		6.4	0
Maslin, 1998 ³	Mental health score on Short Form-36 questionnaire	Score unit	Interactive video disk system + usual care from multidisciplinary team vs. Usual care from multidisciplinary team	49 51	68 60	68 68	0 8	8	0
	Anxiety score on the Hospital Anxiety and Depression Scale	Score unit	Interactive video disk system + usual care from multidisciplinary team vs. Usual care from multidisciplinary team	49 51				0	<0.001
	Viewing interactive video disk had impact on surgical choice	% of patients with outcome	Intervention: Interactive video disk system + usual care from multidisciplinary team vs. Usual care from multidisciplinary team	49 51		No data 12.5		*Insufficient data	0

P-value of 0 = p-value > 0.10

NetLET = Internet letter; PSA = Prostate-specific antigen; SNR = significance not reported

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- 3 Maslin A, Baum M, Walker J, A'Hern R, Prouse A. Shared decision-making using an interactive video disk system for women with early breast cancer... including commentary by Beaver K. NT Research 1998; 3(6):444-55.

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Abdullah, 2005 ¹	Cancer	Survey	2003 (2 months)	Patient	Outpatient clinic, Reference to home	18 yrs or older, Can read, Had a malignancy, Attending the clinic	Illiterate, No malignancy, Refusal
Abraham, 2008 ²	Diabetes, hypertension, a diagnosis of chronic and/or congestive heart failure, chronic obstructive pulmonary disease, and/or surgical, pressure, or vascular wound care management	Qualitative Interview data were collected from the VA medical facility personnel	2006 (3-week intervals from January 2006 through May 2006)	Clinician	Medical system (network of hospitals and/or clinics)	VA medical facility personnel involved in the home telehealth program	NS
Ammenw erth, 2000 ³	Improving communicatio n in clinical care using mobile communicatio n tools	Usability, simulation study	1997(1 week)		Simulation test	NS	NS
Andreass en, 2006 ⁴	Not specified, Determinants of use of IT systems by patients	Qualitative interviews with patients	(Interviews were conducted 3 to 5 months before the 1-year intervention period ended)	Patient	A medical practice consisting of six GPs	Active user of PasientLink	NS
Ash, 2003 ⁵	Patterns and themes concerning perceptions of POE	Qualitative, Usability	NS	System	Medical system (network of hospitals and/or clinics)	NS	NS
Audet, 2004 ⁶		Self-administered mail surveys	2003 (3 months)	Clinician	Medical system	Physicians involved in direct patient care of	Specialists unlikely to be involved in patient

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
					(network of hospitals and/or clinics)	adults, In practice at least 3 yrs postresidency	care long term (e.g., radiologists, anesthesiologists, pathologists, and dermatologists)
Avery, 2007 ⁷	Improving general practice computer systems to enhance safety in primary care	Qualitative semi- structured interviews	2003	Professiona Is with a range of experience s of using clinical computer systems	Medical system (network of hospitals and/or clinics)	General practitioners and other professionals known to have a range of experiences of using clinical computer systems	NS
Barak, 2006 ⁸	Intervention helpfulness	Qualitative	NS	Clients seeking support through online support chat and professiona I therapists who evaluated the discussions	Pool of archived conversations	NS	NS
Bar-Lev, 2006 ⁹	EMR	Qualitative interviews	2001(2001-2003)	System, Clinician	Hospital	NS	NS
Beale, 2006 ¹⁰	Cancer (other)	RCT	(At least 3 months), NS	Patient	Patient	Age 13-29, Cancer diagnosis	History of photo seizures, Inability to communicate in English, Spanish, or French, Incapable of following study schedule
Benaroia, 2007- ¹¹	No specified condition in general group of 67 patients; 15 patients in substudy had	Quasi- experimental: 15 patients whose history obtained by computer and by physician were	NS	Patient	Hospital, Specifically ED	>18 yrs of age, Nonemergent	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	CC of abdominal pain	compared; Usability: 67 patients asked to provide history by computer; Feasibility pilot study					
Bernhardt , 2002 ¹²	Human genetics health communicatio n	Focus groups, Interview	2000 (winter and spring)	Patient	Non-medical	NS	NS
Bernheim , 2006 ¹³	Cardiac patients	Survey	(12 months)	Patient	Hospitalized in short-term clinic for cardiac investigation	All patients who had been hospitalized in the clinic, Consented to the study, Received a CardioCare card	NS
Blanchfiel d, 2006 ¹⁴	Diabetes	Qualitative	2000	Health care system	NS	NS	NS
Bobrie, 2007 ¹⁵	Hypertension	Prospective, open- label, single-group pilot study	NS	System, Patient	Outpatient clinic, Medical system (network of hospitals and/or clinics)	Hypertensive patients 18 yrs or older treated by monotherapy, with either uncontrolled hypertension (SBP >=140, or DBP >=90 mm Hg) or treatment- related side effects	Severe hypertension (SBP >180, or DBP >110 mm Hg), A known or suspected allergy to diuretics, angiotensin-converting enzyme-inhibitors, or angiotensin receptor blockers, Hyponatremia or hypovolemia, Secondary hypertension, Uncontrolled hypertension after the administration of two antihypertensive drugs, Diabetes mellitus, Renal impairment (serum creatinine, 150 mol/L),

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
							Obesity (with which the HBPM device is not validated)
Bowns, 2006 ¹⁶	SF: various dermatology issues	RCT, Qualitative, Patient survey, Patient interview, Provider survey, Provider interview	1998 (NS)	System	Hospital, Outpatient clinic	16 yrs or older, SF study: Requiring a new (not seen by a hospital dermatologist within the past year) consultant opinion	NS
Bratton, 2001- ¹⁷	Telemedicine among geriatric patients	Two studies: Satisfaction Surveys	1998 and 2001	Patient	Outpatient clinic, Rural Retirement Community	NS	NS
Brebner, 2005 ¹⁸	Telemedicine	Qualitative, interviews, Retrospective outcome review	NS	NS	Scottish telemedicine services	NS	NS
Brooks, 2006 ¹⁹	General e- mail communicatio n across practices	Cross-sectional survey (March- May, 2005) of all primary care physicians (n = 10253	2005 (3 months)	Clinician	Outpatient clinic	NS	Practice address outside of Florida, Did not traditionally practice in the ambulatory setting (e.g., radiologists, pathologists, anesthesiologists and emergency physicians)
Campbell , 2006 ²⁰	All hospital patients	Field data collection (participant observation, semistructured interviews), Expert panel, Card sort	2004 (9 months)	Clinician	Hospital	Clinicians, hospital administrators or IT administrators (interviews)	NS
Carroll, 2002 ²¹	Diabetes	Usability	NS	Clinician, Patient	Outpatient clinic	Clinicians working at Hope Hospital Diabetes Centre or patients with type 2 diabetes mellitus	NS
Carroll, 2004 ²²	PDA use in pediatricians	Usability, Survey	2002	Clinician	NS	NS	NS
Carroll,	Diabetes	Qualitative, Focus	NS (3 months)	Patient	Outpatient	13-18 yrs old, Normal	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
2007 ²³		groups, Usability: A pilot study was initiated to evaluate user satisfaction with the integrated system, including the potential of the device to transmit self-monitoring data to a Web site for review and analysis			clinic, Pediatric diabetes clinic	cognitive development, Type 1 diabetes	
Chen, 2008 ²⁴	Not specified	RCT	2007 (2 months)	Patient	Outpatient clinic, Affiliated with Sir Run Shaw Hospital, School of Medicine, Zhejiang University, China	Had scheduled appointment in health promotion center	NS
Chinman, 2007 ²⁵	Mental health (depression)	Qualitative surveys and focus groups	2004 (12 months)	Patient	Medical system (network of hospitals and/or clinics)	18 yrs or older, Clinical diagnosis in medical records of SMI (MDD, schizophrenia, schizoaffective, bipolar), Able to read English, Able to use a touchscreen computer monitor and follow instructions to complete the computerized interviews and written questionnaires, Did not have an LPS conservator, Did not rely on a family member for care	NS
Christens en,		Qualitative, Time spent with patient	2002, 2003, 2005	Clinician	Outpatient clinic	Norwegian GPs	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Chu, 2009 ²⁷	None	RCT, Pre-/post-measures	2007 (9 months)	Patient	Community centers	> 65 yrs old, Attended community center, Could read and understand English, Able to identify the on switch button on the computer and hold a mouse to navigate the arrow on the screen, Self-identified the ability to do simple typing on a keyboard, Enrolled at congregate meal site of the YWCA	NS
Citerio, 2000 ²⁸	Head injury	Usability	NS	System, Clinician	Hospital, Medical system (network of hospitals and/or clinics)	NS	NS
Crosson, 2005 ²⁹	Electronic medical record	Qualitative case study	(1 yr)	Clinician	Outpatient clinic	NS	NS
Cruz- Correia, 2007 ³⁰	Asthma	RCT	NS	System	Outpatient clinic	16-65 yrs old, Diagnosis of asthma for >6 months, Use of inhaled budesonide/formotero I, Pre-bronchodilator FEV1 >50% predicted	Severe psychiatric, neurological, oncologic or immunologic disease, Unable to access Internet during study period
Dansky, 2008 ³¹	Heart failure	RCT	March 2004 – December 31, 2005)	Patient	Community, Residents served by home health agency	Patient with heart failure, Ability to communicate in conversational English, Cognitively intact, Able to see and hear the equipment, Had a phone line in the	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						home	
Day, 2007 ³²	Videophone use	Qualitative technology acceptance model- based interviews	(2 months)	Clinician	2 hospices	Employed >6 months	NS
de Toledo, 2006 ³³	COPD	RCT, Questionnaire	2002 (12 months)	Patient	Hospital, Outpatient clinic	COPD patient (admitted to the hospital for an acute episode)	NS
Delichatsi os, 2001 ³⁴	Obesity	RCT	(>6 months), NS	Patient	Outpatient clinic	More than 25 yrs old, Sedentary, Suboptimal diet	Debilitating medical condition, Regularly exercise
Demakis, 2000 ³⁵	Clinical trial comparing the performance of residents receiving CRS with the performance of residents not receiving CRS	RCT, Usability	1995(5months)	Clinician	Hospital, Medical system (network of hospitals and/or clinics)	Resident physicians were chosen for participation because they were the VA physicians who were most involved in patient primary care at the time of the study	NS
Demiris, 2004- ³⁶	Telemedicine involving multiple clinical specialties, including radiology, psychiatry, behavioral health, dermatology, cardiology, endocrinology , child health, physical medicine and rehabilitation, adolescent	Qualitative semi- structured interview	NS	Telehealth professiona Is, including care providers (physicians, nurses, medical assistants, psychologis ts) who utilized the network to interact with patients, Administrat ors or	Public-private partnerships in telehealth: Missouri Telehealth Network (MTN)	Sample of telehealth professionals of the MTN was selected to include 80% of the professionals who were registered users of the MTN facilities and equipment	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	medicine, orthopedics, neurology, surgery			educators who interacted with other professiona Is			
Deutsche r, 2008 ³⁷	Physical therapy for neuromusculo skeletal disorders	Quasi- experimental, prospective observational cohort study, Qualitative	2005	Clinician, Patient	Outpatient clinic: the physical therapy service of Maccabi Healthcare Services, a public health maintenance organization	All patients18 yrs or older who were admitted during 2005 for physical therapy intervention, secondary to a neuromusculoskeletal diagnosis	NS
Dombko wski, 2007 ³⁸	Asthma: The attitudes of pediatric primary care providers regarding the implementatio n of this system were assessed	Survey	2006	Clinician	Individual providers	Office-based general pediatricians (n = 300) and family physicians (n = 300) in Michigan	Respondent not providing outpatient primary care to children
Earnest, 2004 ³⁹	Congestive heart failure	Qualitative, Individual interviews and focus groups	2001	Clinician, Patient	Hospital	18 yrs or older, Followed up in the clinic, Spoke English, Used a Web browser before	NS
Eminovic, 2004 ⁴⁰	Any non- urgent health concern brought to a GP	Pilot test (Questionnaire, Log, Compared RN and MD recommendations)	(0.2 months 6 days)	Clinician, Patient, nurse	Outpatient clinic	Patient of GP who had a non-urgent appointment	NS
Ertmer, 2005 ⁴¹	Electronic health record (EHR) akteonline.de A self-online	Retrospective, quantitative study	(36 days)	Patient	Patient's home	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Farmer, 2005 ⁴²	questionnaire Diabetes	Usability	NS	Patient	Patient's home	Young adult, With type I diabetes	NS
Feil, 2000 ⁴³	Diabetes	Survey	NS	System, Patient	Outpatient clinic	mellitus 40-75 yrs old, Had a telephone, Able to read and write English, From the local area, Novice computer user, Had type 2 DM for at least 1 yr	Could not be contacted, Declined to participate, Found ineligible, Current internet access, Not type 2 diabetes, Incapacitated or too ill, Moving or not in area
Feldman, 2004 ⁴⁴	Methodologic problem in e-mail reminder by homecare nurses for patients with congestive heart failure or cancer	Case study	NS	Clinician, Patient	Home health	Nurses who deliver home health care services, Patients diagnosed with heart failure, Patients diagnosed with cancer who report pain issues	NS
Finch, 2005 ⁴⁵	Telecare	Qualitative semistructured interviews	(Sep 2002 - May 2004)	Key informants from the UK known to have involvemen t or interest in telecare: Policy-makers, clinicians, technologis ts, health service managers, researchers and patient advocates	NS	Key informants from UK, Known to have involvement or interest in telecare	NS
Frank, 2004 ⁴⁶	Smoking, Diabetes,	RCT	1998(12months)	Clinician	Outpatient clinic	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	Hypertension, Cancer (other), Cervical cancer, Recording of allergies, Recording of weight, Hyperlipidemi a, Cancer (breast), Immunization s						
Gagnon, 2004 ⁴⁷	5	NS	NS	NS	NS	NS	NS
Gagnon, 2005 ⁴⁸		Qualitative, 32 medical directors of healthcare centers, Multiple case study: exploratory survey	2002 (12 months)	System	Hospital	NS	NS
Garcia- Sanchez, 2008 ⁴⁹	Not specified	Survey of patients	NS	Patient	Mailed surveys	16-75 yrs old, Male or female	Terminal illness, Mental disorder, Moderately or severely disabled Temporary resident, In residential institution, On antipsychotic, cytotoxic, or immunosuppressant drug
Gardiner, 2006 ⁵⁰	Adults on warfarin therapy	Usability/Feasibility study	(5 months)		Outpatient clinic, Home	18 yrs or older, On oral anticoagulation medication > 9 months, Telephone line	Poor compliance, Addiction, Major surgery, In other study
Gielen, 2007 ⁵¹	Safety knowledge	RCT	2004 (17 months)	Parent	Medical system (network of hospitals and/or clinics),	Parents of child 4-66 months old in ED, English-speaking parent or older sibling, Lived in	Child suspected of abuse, Critically ill child

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
					or pediatric emergency department	Baltimore	
Glazebro ok, 2006 ⁵²	Cancer (other), Melanoma	RCT	NS	Patient	Outpatient clinic	From a convenience sample of morning, afternoon and evening surgeries, patients with at least one risk factor for melanoma (red hair, multiple moles, history of sunburn as a child, freckling, family history of melanoma, fair sunsensitive skin)	NS
Goddard, 2001 ⁵³	Mental health (other), All mental health services	Survey of current practice, Attitude questionnaire, Semi-structured interviews re attitude and barriers	Year began not specified but ended in 1999	System, Clinician	Hospital, Outpatient clinic, Medical system (network of hospitals and/or clinics)	NS	NS
Gomez, 2002 ⁵⁴	Diabetes	Pilot cross-over	(6-month cross- over)	Patient	Hospital	Patients had to present an inadequate metabolic control and DM duration of >5 yrs	NS
Gonzalez - Heydrich, 2000 ⁵⁵	Unspecified psychiatric condition requiring psychopharm acological therapy	Usability	NS	System, Clinician	Outpatient clinic	Parents of 100 consecutive patients in psychopharmacology clinic	NS
Graham, 2007 ⁵⁶	Menopause/H RT menopause/H RT menopause/H RT mental	Usability, Survey on intention to use and actual use	NS	Clinician	Outpatient clinic	Canadian respirologists, geriatricians or family physicians, Had patients to whom the intervention would	Not in inclusion group, Did not know about intervention

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	health (other), Feeding tube placement in cognitively impaired patient					apply	
Griffiths, 2006- ⁵⁷	Mental health (depression), Mental health (other)	Only did study with one group of 15 mental health clients, no control	NS	Clinician	NS	A psychiatric diagnosis, according to the ICD (10th revision, Australian Modification), of generalized anxiety disorder (GAD), PAD, MDD, or mixed ADD	Severe comorbid condition (e.g. major psychosis, severe substance abuse or intellectual disability), A high risk of self- harm, Poor English skills
Grossma n, 2006 ⁵⁸	Hospital and hospital system data sharing on all patients	Semi-structured interview	2005 (6 months)	System	Hospital, Medical system (network of hospitals and/or clinics)	Largest providers in community	Smaller, stand-alone hospitals
Grundmei er, 1999 ⁵⁹	Any	Survey	NS	NS	Hospital	Housestaff at the two study hospitals (JHH and GWU)	NS
Gustafso n, 2005 ⁶⁰	Cancer (breast)	Quasi-experimental pre-post matched control	NS	Patient	Outpatient clinic	Female, Living at or below 250% of the official federal poverty line, Within 1 year of breast cancer diagnosis or had metastatic breast cancer, Not homeless, Able to read and understand an informed consent letter, Lived in urban	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						or rural area	
Hailey, 2003 ⁶¹	Mental health (other), Availability of data, especially outcomes data, and the increasing complexity of the TMH service; Another practical consideration was the level of resources available to undertake assessments	Qualitative evaluation of assessment guideline	1997	Guidelines	Medical system (network of hospitals and/or clinics)	NS	NS
Halamka, 2006 ⁶²	Electronic prescribing	Qualitative formal interviews with pilot EDs	2005	System	Hospital, Pharmacy	NS	NS
Han, 2005 ⁶³	Срое	Retrospective analyses of pre- CPOE and post- CPOE implementation	18 months (13 months before, 5 months after CPOE implementation)	System	Hospital	All children who were admitted to CHP via interfacility transport for specialized, tertiary-level care	NS
Harper, 2000 ⁶⁴	Cancer (other)	Usability, One-arm feasibility study	1997 (8 months)	Clinician, Patient	Outpatient clinic	18 yrs or older, Female, Scheduled for colposcopy	NS
Hassol, 2004 ⁶⁵	Not specified	Survey	2001 (1 month)	Clinician, Patient	Outpatient clinic	Patients in Geisinger clinic registered on PHR MyChart, Accessed MyChart at least once since 1/1/2001	NS
Hess, 2007 ⁶⁶	Diabetes	Focus group	2004	System	Hospital	NS	NS
Hetlevik, 2000 ⁶⁷	Diabetes	RCT	1994 (18 months)	Clinician	Outpatient clinic	Patients in practices of selected	Died, Moved, Had checkup by specialist

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						Norwegian physicians	
Hibbert, 2004 ⁶⁸	Chronic obstructive pulmonary disease (COPD)	Participant observation study	2001	System	NS	NS	NS
Hillman, 2005 ⁶⁹	Implementatio n of CPOE	Implementation of CPOE	2003 (12 months)	System	Hospital, Medical system (network of hospitals and/or clinics), Survey of hospital patient safety and quality improvement activities	Non-federal short- term general hospitals, Children's' general hospitals	Specialty facilities, Veterans' Administration facilities
Hilty, 2006 ⁷⁰	Depression, ADHD	Case series	NS	Clinician, Patient	Outpatient clinic	NS	NS
Hobbs, 2003 ⁷¹		Usability	2002	System, Clinician, Patient	Medical system (network of hospitals and/or clinics)	NS	NS
Homko, 2007 ⁷²	Diabetes	RCT, control group, pre-test/post-test design	2004 (20 months)	Patient	Outpatient clinic, endocrinology outpatient department of a tertiary care hospital	Able to access the Internet in the home, Able to perform blood glucose self-testing, Had own cellular phone	Clinical history of a severe illness, Renal insufficiency with a creatinine level >1.5mg/dl, Using insulin pump
Hopp, 2006- ⁷³	Telemedicine use: Nearly all of the respondents indicated particular disease categories that would	Qualitative direct interviews	January 2004 (13)	Clinician, Administrat or, Telemedici ne provider	Medical system (network of hospitals and/or clinics), VHA medical centers and free-standing clinics located	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	benefit from telemedicine: Chronic diseases such as heart failure, chronic obstructive pulmonary disease, (COPD) and diabetes were mentioned most often; Some mentioned subgroups within these disease categories, such as patients with poorly controlled conditions				in the Midwest of the USA		
Hunter, 2008 ⁷⁴	Obesity	RCT	2003 (recruited between June 2003 and October 2005)	Patient	USAF personnel	18-65 yrs old, USAF personnel, Weight within 5 pounds of or above their MAW for the USAF, Availability of a personal computer with Internet access, Plans to remain in the local area for 1 year, Lackland and Randolph Air Force Base or Brooks City Base	Lost more than 10 pounds in the previous 3 months, Used prescription or over- the-counter weight- loss medications in the previous 6 months, Had any physical activity restriction, History of myocardial infarction, stroke, or cancer in the last 5 yrs, Reported diabetes, angina, or thyroid difficulties, Had orthopedic or joint

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
							problems that would prohibit exercise, Currently pregnant or breast-feeding, or had plans to become pregnant in the next year
Jerant, 2001 ⁷⁵	Congestive heart failure	RCT	1999 (12 months)	System, Patient	Admitted to University of California Davis (UCD) Hospital with a primary admission diagnosis of CHF	40 yrs or older, Active telephone line in the home, Englishspeaking Had a PCP, Potential subjects (or a designated caretaker) needed to have vision and hearing adequate to use telephone or telecare equipment	Patients with a Charlson score of 6 or greater (equivalent to metastatic cancer, full- blown AIDS, or several chronic diseases with end organ manifestations), Scored 7 or higher on the GDS, 20 or lower on the MMSE, or more than 2 standard deviations below age- and education- adjusted mean SDMT scores
John, 2007 ⁷⁶	Mental health (depression)	Reason for not screening, Usage tracking, Focus groups (in preparation for an RCT)	2006 (3 months)	Clinician	Outpatient clinic	APN students in the Columbia University School of Nursing	NS
Jones, 1999 ⁷⁷	Cancer	RCT	1996	System, Patient	Oncology center	Patient with breast, cervical, prostate, or laryngeal cancer	Receiving palliative treatment, No knowledge of their diagnosis, Visual or mental handicap, Severe pain or symptoms
Kaner, 2007 ⁷⁸	Atrial fibrillation and anticoagulation	Quasi- experimental, Qualitative	2003(13months)	Clinician, Patient	Outpatient clinic	General practitioners	ŃS
Kaufman,	Diabetes	RCT, Qualitative	NS	Patient	Patient home	Article suggests	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
2006 ⁷⁹		IDEATel was an RCT; Study looked at usability via task analysis				Seniors, Includes Hispanic	
Keeffe, 2005 ⁸⁰	CHF	Other	NS	NS	NS	NS	NS
Kerr, 2008 ⁸¹	Cardiac disease	Qualitative, Usability	NS	Patient	NS	Interest	NS
Keselma n, 2007 ⁸²	Patients' experience with reviewing their health records	Qualitative, Cross- sectional survey	2006 (1.5)	Patient	NS	Individual who viewed his/her paper or electronic health records within the past year	NS
Kim, 2002 ⁸³	PHR for anyone; used a sample case for this study	Usability	NS	NS	NS	NS	NS
Kim, 2004 ⁸⁴	Wounds	Prospective cohort design	1999 (18 months)	Clinician, Patient	Outpatient clinic	Patient: Chronic stage 2, 3, or 4 pressure sores, Postoperative wounds having undergone a tissue flap procedure for a grade 3 or 4 pressure ulcer, or diabetic ulcer, Hospital inpatient, outpatient, or nursing home resident, Gave informed consent	Mentally incompetent
King, 2007 ⁸⁵	Unspecified	Survey	2003	Clinician	Medical system (network of hospitals and/or clinics)	Clinician staff working in 26 of Scotland's most remote practices and five of the seven most rural health boards	NS
Kittler, 2004 ⁸⁶	Electronic platforms for patient-	survey	NS	NS	NS	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	provider communicatio n						
Kleinberg , 2002 ⁸⁷	Any pediatric condition	Survey	2001	NS	Outpatient clinic	NS	NS
Kreuter, 2006 ⁸⁸	Cancer (breast)	Quasi- experimental, Qualitative	2003	Patient	Kiosk users in beauty salons, churches, neighborhood health centers, laundromats, and social service agencies in St. Louis and other community commercial areas	NS	NS
Krousel- Wood, 2001- ⁸⁹	Hypertension	Satisfaction surveys, physician and patient	(12 months)	Clinician, Patient	Hospital, Home Telemedicine	Had clinic visit scheduled during the study period, Attended hypertension clinic	NS
Lahdenp era, 2000 ⁹⁰		Pilot Study	1997	System, Patient	Medical system (network of hospitals and/or clinics)	32-63 yrs old, Male or female, High BP and taking medication for one year or no medication	Not interested in trying the intervention
Larcher, 2003 ⁹¹	Cancer (breast), Physicians' responses showed a significant difference regarding the EPR's effects on relationship with patient,	Usability	2000	System	Medical system (network of hospitals and/or clinics)	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	the nurses' responses with regard to its effects on care quality; Physicians felt that both modalities of teleconsultati on were good						
Lavanya, 2006 ⁹²	Skin care in nursing home residents	Outcome evaluation, Online survey	2005 (4 months)	System	Nursing home	Nurses who used the system in November 2005 (n=5), or Dermatologists who used the system in the month of November 2005 (n=2)	NS
Lee, 2002 ⁹³	ICU setting GD	Usability	NS	Nurses	Hospital	Nurses had to have performed services in the unit for more than 6 months	NS
Levick, 2005 ⁹⁴	CPOE implemenation	Other	NS	NS	NS	NS	NS
Liaw, 1998 ⁹⁵	Chronic health problems, alcohol abuse, hypertension	RCT	(18 months)	Patient	Outpatient clinic	One or more chronic health problems	NS
Likourezo s, 2004 ⁹⁶	Emergency department physicians' and nurses' perception of EMR	Survey	2002		Hospital, ER	Physicians and nurses in the ED of a large urban teaching hospital affiliated with a school of medicine	NS
Lindenau er, 2006 ⁹⁷		Survey	2003	Clinician	Hospital	Attending physician at two hospitals, Wrote at least 25 orders during May-June 2003	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Linder, 2006 ⁹⁸	No specific condition: Electronic Health Record use during patient visits	Qualitative cross- sectional survey	NS	Clinician	Medical system (network of hospitals and/or clinics)	PCPs at Massachusetts General Hospital and Brigham and Women's Hospital primary care clinics that use the LMR	NS
Lobach, 2006 ⁹⁹	No specific condition: Perceptions of Medicaid beneficiaries regarding the usefulness of accessing personal health information and services through a patient Internet portal	Qualitative, Surveys, Pilot study	NS	Patient	Population of Medicaid beneficiaries	Medicaid beneficiaries in North Carolina, participating in a Medicaid- sponsored care management program, Medicaid claim during the past year	NS
Lober, 2006 ¹⁰⁰	General elderly persons with disability: Population of the housing project	Qualitative survey and observation	2005 (6 months)	Patient	Housing project	Residents of the participating publicly subsidized housing project	NS
Lyons, 2005 ¹⁰¹	Use of information technologies for clinical guideline use	Qualitative, 50 focus groups segmented by profession and including administrators, physicians, and nurses	1999	System	Medical system (network of hospitals and/or clinics), the VAMC and the population of all VAMCs providing acute ambulatory care services	The VAMC and the population of all VAMCs providing acute ambulatory care services	NS
Madaras-	URIs:	Quasi-	2002 (winter 2002-	Clinician,	Community	Pharmacists in	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Kelly, 2006 ¹⁰²	Targeted URIs included acute bronchitis, acute sinusitis, nonspecific URI, pharyngitis, and "other;" The "other" category included diagnoses such as influenza or acute exacerbation of chronic bronchitis	experimental, 8- week control phase followed by an 8- week intervention phase, Cohort design (patient interview)	2003, winter 2003- 2004)	pharmacist contacted PCP	pharmacy	community pharmacies in Twin Falls, Idaho, Patients who received an antimicrobial prescription for one of the targeted URI diagnoses or described symptoms consistent with a targeted URI	
Magnus, 2009 ¹⁰³	Hiv/aids	Qualitative, Serial cross-sectional survey	2002 (40 months)	Clinician	Outpatient clinic, Medical system (network of hospitals and/or clinics)	Providers in HIV clinics	NS
Maisie Wang, 2004- ¹⁰⁴	Patient referrals to specialists	Quasi-experimental	(7 months)	Patient	Bone and Joint Center, University of Washington Department of Orthopedics	Patient completing referral requests	NS
Mangunk usumo, 2007 ¹⁰⁵	Adolescent preventive care	RCT	NS	Adolescent, non-patient	Secondary- school students in a rural and an urban population	In secondary school (rural and urban)	NS
Marceau, 2007 ¹⁰⁶	Chronic pain	RCT	NS	System	Hospital	More than 21 yrs old, English-speaking, Experiencing chronic	Cognitive impairment, No access to a landline telephone

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						pain for longer than 3 months	
Margalit, 2006 ¹⁰⁷	Patient- physician communicatio n in primary care	Qualitative analysis of videotapes of patient-provider communication	NS	Clinician	Outpatient clinic	NS	NS
Maslin, 1998 ¹⁰⁸	Cancer (breast)	Quasi- experimental, Experimental random design, not blinded	(24 months)	Patient	Medical system (network of hospitals and/or clinics), NS		Pregnancy, Evidence of bilateral or multifocal breast cancer, large tumor, Paget's diagnosis or inflammatory breast cancer, Evidence of extension or metastasis of breast cancer, Contraindication to mastectomy, Contradiction to radiation, Hearing visual or cognitive impairment
Masucci, 2006 ¹⁰⁹	Hypertension, smoking, diabetes, hyperlipidemi a	Quasi-experimental		Patient	NS	With Hypertension, Hyperlipidemia, Diabetes, or Smoker	NS
Masys, 2002 ¹¹⁰	Any healthcare patient who had at least one clinic visit or hospitalizatio n within the previous year	Qualitative, User feedback (patient and physician), Usability	1999 (12 months)	NS	NS	Active UCSD Healthcare patients (i.e., Had at least one clinic visit or hospitalization within the previous year), Had pre-existing Internet access, Had an [internet-] compatible computer, Primary care physician agreed to their participation and	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						co-signed the informed consent document acknowledging the patient's participation	
Maviglia, 2003 ¹¹¹	Computerized practice guidelines for the long-term management of chronic diseases	Description of project	NS	System	Hospital	NS	SN
May, 2005 ¹¹²	EMR in private practice	Case studies	NS	Clinician	Outpatient clinic	NS	NS
Mayo- Smith, 2007 ¹¹³	Diabetes, Cancer (breast), Preventive care smoking	Usage frequency, Provider survey	2003(1month)	Clinician	Hospital, Outpatient clinic, Medical system (network of hospitals and/or clinics)	All primary care providers in 49 primary care practice sites affiliated with the eight medical centers of the VA New England Healthcare System	NS
McCowa n, 2001 ¹¹⁴	Asthma	RCT	NS	Clinician, Patient	Outpatient clinic	NS	NS
McDonal d, 2006 ¹¹⁵	Diabetes	Other	NS	System	Hospital	NS	NS
McKinley, 2001 ¹¹⁶	Patients with trauma as the primary risk factor for ARDS	RCT	NS	System, Clinician, Patient	Hospital	PaO2/FIO2 <18 mmHg for patients with a pulmonary artery catheter, Acute onset of respiratory failure (i.e., hypoxia, low compliance, need for ventilator support developing within 48 hours accompanied by an ARDS risk factor), Radiographic	Preexisting ARDS with duration >21 days, irreversible central nervous system damage, severe chronic obstructive pulmonary disease, severe chronic obstructive pulmonary disease area, rapidly fatal malignancy, chronic left ventricular

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						evidence of bilateral diffuse infiltrates	failure, chronic renal failure (i.e., creatinine > 2 mg/dl or chronic dialysis), chronic liver failure (i.e., bilirubin > 2 mg/dl, biopsy-proven cirrhosis and documented portal hypertension, episodes of past upper gastrointestinal bleeding attributed to portal hypertension, prior episodes of hepatic failure, encephalopathy, coma)
McManus , 2000 ¹¹⁷	Study of clinical data collection systems	Qualitative	NS	NS	NS	NS	NS
Mikulich, 2001 ¹¹⁸	(Occupational exposure to blood and body fluids, low BP, febrile children 3 years of age, recurrent seizure, and male discharge/dys uria	Usability	1992 (60 months)	System, Clinician	NS	NS	NS
Molenaar , 2007 ¹¹⁹	Cancer (breast)	Quasi- experimental, according to author	NS	Patient	Hospital	Newly diagnosed with stage I/II breast cancer, Surgeon has decided that both BCT and MT are acceptable treatment options	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Munir, 2001 ¹²⁰	Patients' viewing of EHR	Postal survey	NS	Patient	NS	NS	NS
Nguyen, 2008 ¹²¹	Copd	RCT, Randomized repeated measures pilot study	(6 months intended but study stopped)	Patient	Two academic medical centers	Diagnosis of COPD, Clinically stable for at least 1 month, Spirometry results showing at least mild obstructive disease defined as post- bronchodilator forced expiratory volume in 1 s (FEV1) to forced vital capacity (FVC) ratio 80% predicted, ADL limited by dyspnea, Use of the Internet and/or checking e-mail at least once per week with a Windows operating system, Oxygen saturation > 85% on room air or ≤ 6 l/min of nasal oxygen at the end of a 6-minute walk test	Any active symptomatic illness (i.e., cancer, heart failure, ischemic heart disease with known coronary artery or valvular heart disease, psychiatric illness, or neuromuscular disease), Participated in a pulmonary rehabilitation program in the last 12 months, Currently participating in > 2 days of supervised maintenance exercise
Noel, 2004 ¹²²	Heart failure, chronic lung disease, diabetes mellitus,	RCT	(> 6 months) NS	Patient	Home	Elderly veterans in VA program, CHF, COPD and/or DM, Documented high use of healthcare resources, Barriers to accessing healthcare services due to geographic, economic, physical, linguistic, technologic, and/or cultural factors	NS
Ojima, 2003 ¹²³	Periodontal disease	RCT, Usability, Development of	NS	System	Workplace	Workers (unspecified location)	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	management use of the system, Utility of video images	Web-based intervention system					
Pagliari, 2003 ¹²⁴	Diabetes DARTS 2000 system	Qualitative, Usability	NS	Clinician	Medical system (network of hospitals and/or clinics)	NS	NS
Paperny, 1999 ¹²⁵	Health- compromising behaviors and psychological problems—as opposed to biomedical diseases—as the major threats to adolescent health	Feasibility study, Pilot study, Cost analysis	NS	Patient	In community: offered at 11 sites by mobile teams	NS	NS
Patt, 2003- ¹²⁶	Doctor-patient e-mail communicatio n	Qualitative In-depth phone interviews of 45 physicians currently using e- mail with patients	2000 (5 months)	Clinician	Medical system (network of hospitals and/or clinics), National convenience sample of members of Physicians' Online	Convenience sample of "Internet-savvy" physicians frequently using e-mail with patients	NS
Patterson , 2004 ¹²⁷	HIV/AIDS	Qualitative	2001 (12 months)	System	Medical system (network of hospitals and/or clinics)	Six study sites were selected based on IRB approval and participation in a larger, randomized 16-site study	NS
Patterson , 2005 ¹²⁸	Clinical reminders	Qualitative, semi- structured	2001 (12 months: October 2001 to	System, Clinician	Veteran's Health	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
		interviews, Surveys	October 2002)		Administration (VHA)		
Paul, 1999- ¹²⁹	Telemedicine across multiple disciplines	Multiple case study design	NS	Observational case study of multiple interactions: Primary care physician to multiple specialist, Specialist to specialist to patient, Specialist relying on technology to nonphysician primary care provider	Medical system (network of hospitals and/or clinics), Health facilities and corresponding rural clinics	NS	NS
Pelletier- Fleury, 1999 ¹³⁰	Sleep apnea	Quasi- experimental, Usability	1997 (11 months)	Clinician, Patient	Hospital, Home	Clinical suspicion of sleep apnea syndrome, Capacity to comply with intervention	Decompensated concomitant disease, Mental deficiency formally indicated a supervised examination or failing to give consent
Persell, 2008 ¹³¹	Diabetes	RCT	2004 (6 months)	Clinician, Patient	Outpatient clinic	More than 40 yrs old, DM diagnosed on the basis of ICD 9-CM codes, Insulin or oral hypoglycemic drug use, or A1c > 7.0%, DM based on ICD9- CM further defined as: presence of any	Aspirin, clopidogrel or warfarin on their medication list, No allergy to aspirin or NSAID

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						two outpatient codes for diabetes mellitus 250.xx, diabetic neuropathy; diabetic retinopathy 362.0x, or diabetic cataract 366.41, Hg A1c > 7.0, 2 clinic visits in 18 months prior	
Peters, 2006 ¹³²	Primary care	Quasi- experimental, Before/after patients/physicians	2002 (6 months)	Clinician, Patient, Cluster- randomized	Outpatient clinic, Medical system (network of hospitals and/or clinics)	NS	NS
Piette, 2000 ¹³³	Diabetes	RCT	NS	Patient	Outpatient clinic, Home	Adult <75 yrs old, Diabetic, On oral hypoglycemic drug	Psychotic, Life expectancy <12 months, Non-English/ Spanish –speaking, Diabetics without medication, Leaving the clinic, No pushbutton telephone
Pillai, 2004 ¹³⁴	Discharged patients	Survey	2002 (18)	Clinician	Hospital, Outpatient clinic	NS	NS
Pinna, 2007 ¹³⁵	Home telemonitoring system is acceptable and feasible for heart failure patient measuring vital sign	Feasibility; Data sources: log of vital signs transmissions in each enrolling center, 2) followup information in the study database, and 3) notes by the study nurse	2002 (24 months)	Patient	Home telemonitoring	18-85 yrs old, Heart failure stage New York Heart Association class II - IV, Left ventricular ejection fraction < 40%, Etiology: ischemic, idiopathic, hypertensive, valvular, One or more hospital admissions for heart failure or decompensation episodes in the previous 12 months,	Myocardial infarction or revascularization in the previous 6 months, Angina or ischemia requiring future revascularization, Implanted ventricular or atrial pacemaker (except DDD pacemakers with good sinus activity), Insulindependent diabetes or other severe pathology limiting survival, IDC less than 6 months

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						Abnormal echo diastolic pattern (from E/A)	before enrolment if delivering continuous pacing, Poor compliance with the telemonitoring system, Inclusion in another trial
Pizziferri, 2005 ¹³⁶		Time-motion	2001 (May 2001 to Dec 2003)	Clinician	Outpatient clinic, five clinics	NS	NS
Poon, 2003 ¹³⁷	Virtually all management officials, including those that have successfully implemented CPOE, Cited significant barriers to adoption, including: 1) cost, as high as 10–30 million dollars for a large hospital; 2) uncertain return on investment; 3) potential	Qualitative, direct interviews	NS	System, Senior administrat ors	Hospital	NS	NS
Priebe, 2007 ¹³⁸	Mental health (other), Schizophreni a and psychotic disorders	RCT	2002 (29 months)	Clinician, Patient	Community mental health care	18-65 yrs old, Clinicians: Professional qualification in mental health or a minimum of 1 year's professional experience in an out- patient setting, An	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						active case-load as key worker; Patients: living in the community (not in 24-hour supported accommodation), Treated as out-patient by community psychiatric team, Routinely having at least one meeting with their key worker every 2 months, with the expectation that they would continue with the service for the next 12 months, No severe organic psychiatric illness or primary substance misuse	
Raebel, 2006 ¹³⁹	On Amiodarone, Atorvastatin, Gemfibrozil, Lovastatin, Pioglitazone, Simvastatin, Carbamazepi ne, Lithium, Phenytoin, Metformin, Theophylline	RCT	2003	Patient	Outpatient clinic, Medical system (network of hospitals and/or clinics)	18 yrs or older, All adult patients in Kaiser Permanente	NS
Rahimpo ur, 2008- 140	Congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), or	Qualitative, Focus group interviews (FGIs)	NS	Not an intervention study	Australia, culturally diverse focus groups	More than 40 yrs old, From one of 7 different ethnic backgrounds, Primary diagnosis of CHF, class II to IV of NYHA, COPD, or both, Member of one	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	both		J (J)			of the major ethnic communities in the southeast area of Sydney, Able to read, write, and speak in their native language, Mentally able to understand the consent form	
Ralston, 2009 ¹⁴¹	Primary care: Effective communicatio n	Quasi-experimental retrospective analysis	2004 (15 months)	Patient	Medical system (network of hospitals and/or clinics)	18 yrs or older, Continuously enrolled in Group Health between January 1, 2003 and March 31, 2005, Received primary care in a Group Health-owned medical center	NS
Rothert, 2006 ¹⁴²	Obesity	RCT	2002 (6 months)	Patient	Outpatient clinic, Home	More than 18 yrs old, Patient of Kaiser Permanente, Had Web access, E-mail address, BMI 27-40 kg/m, Willing to complete follow-up questionnaires	Surgical management of obesity, Pregnant, Considering pregnancy
Roussea u, 2003 ¹⁴³	Asthma, angina	Qualitative	NS	Clinician	Outpatient clinic	NS	NS
Rubin, 2006 ¹⁴⁴	Upper respiratory tract infections, particularly pharyngitis	Exit questionnaire, Observational study	2002 (26 months)	Clinician	Hospital, Outpatient clinic	All primary care providers in six communities	NS
Ruland, 2003 ¹⁴⁵	Cancer (other): Experience in administering the computer application,	RCT, Usability, cluster randomization at level of clinician	(2 months)	Clinician, Patient	Outpatient clinic	More than 21 yrs old, Able to read, write, and speak English, No cognitive impairment, Able to provide informed	New patient coming for the first consultation

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	Cancer (other): Usefulness and feasibility of use of a new support system in a clinical setting, Cancer (other): Time taken to fill out instrument, Ease of use					consent, Did not feel too fatigued, Participation approved by patient's physicians	
Ruland, 2004 ¹⁴⁶	Survey of clinicians	Cross-sectional	NS	Clinician	Hospital, Outpatient clinic, Medical system (network of hospitals and/or clinics)	NS	NS
Saigh, 2006 ¹⁴⁷	Pain assesment	Usability cross- sectional survey	2002	Clinician	Hospital	NS	Visits by non-physician providers
Saleem, 2005 ¹⁴⁸	Clinical reminder system	Qualitative field observations	(6 months)	System	Medical system (network of hospitals and/or clinics)	NS	NS
Samoutis , 2007 ¹⁴⁹	Emr	Usability, Development of an EMR system and its pilot implementation and evaluation	(18 months)	Clinician, Patient	Outpatient clinic	Both genders, Primary care physician or nurses, Patients	NS
Schabets berger, 2006 ¹⁵⁰	EHR (all conditions): Purpose of study was to identify the key functional	Delphi technique	NS	System	NS	Patients (not further defined), Doctors (not further defined)	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	demands for a virtual cross- institutional and patient- centered EHR						
Schifferd ecker, 2008 ¹⁵¹	Primary care: Preventive	RCT, Quasi- experimental time series (baseline, 3 months after 1st training, 3 after 2nd training)	2004 (24 months)	Clinician	Outpatient clinic, 24 PCC practices	NS	NS
Schuman n, 2008 ¹⁵²	Smoking	Not yet a clinical study; Study of theoretical and empirical variability	NS	Patient	Outpatient clinic	NS	NS
Sequist, 2005 ¹⁵³	Diabetes, coronary artery	RCT	2002	System, Clinician	Medical system (network of hospitals and/or clinics)	NS	NS
Sequist, 2007 ¹⁵⁴	EHR to be used for all patients	Qualitative surveys	2003	System, Clinician	Outpatient clinic, Medical system (network of hospitals and/or clinics)	Health record champion at the 26 health centers, Primary care clinicians including physicians, nurse practitioners, and physician assistants in one of the 26 health centers (N=223)	NS
Sevick, 2008 ¹⁵⁵	Diabetes	RCT	September 2004 and December 2006	System	Combination of scheduled visits and educational sessions at an academic research facility at the University of	18 yrs or older, Diagnosis of type 2 diabetes	History of hypoglycemic coma/seizure within the last 12 months, Hypoglycemia requiring third-party assistance within the last 3 months, Unwillingness to do

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
					Pittsburgh and at community settings when participants employed the intervention in their daily lives		capillary blood testing, History consistent with type 1 diabetes, Unwilling or unable to participate in scheduled group classes, Receiving renal dialysis or expected to require dialysis within 6 months, History of dementia, alcohol or substance abuse, Planned to move, Lack of support from PCP, Participating in another clinical study
Shea, 2007 ¹⁵⁶	Diabetes	RCT	2000 (35 months)	Patient, Nurse case managers	Federally designated medically underserved area (MUA or HPSA)	55 yrs or older, Current Medicare beneficiary, DM defined by a physician's diagnosis, On treatment with diet, an oral hypoglycemic agent or insulin, Residence in a federally designated medically underserved area, Oral fluency in either English or Spanish	Moderate or severe cognitive, visual, or physical impairment, or the presence of severe comorbid disease
Shiffman, 2000 ¹⁵⁷	Asthma	RCT, Before-after trial with randomly selected physicians who served as their own controls	1996 (24 months)	Clinician, Patient	Outpatient clinic	Clinician: Actively practiced primary care pediatrics within a 20-mile radius of New Haven, Connecticut, Anticipated seeing 20 patients older than 5 yrs of age with acute asthma exacerbations	Not in active practice (retired, administration, part-time), Had moved away, Did not anticipate seeing 20 patients, Did not have appropriate equipment, Partner in office already in study, Declined as a group

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						within the following year, Had equipment available in their offices for measurement of PEFR and for providing supplemental oxygen if needed	practice decision
Shore, 2008 ¹⁵⁸	Mental health (other)	Usability, Survey, Prospective single- arm	NS	Patient	Outpatient clinic	Adult, American Indian	NS
Shu, 2001 ¹⁵⁹	Time spent ordering before and after CPOE, Comparison of the impact on medical house staff time, Impact of order entry on other house staff responsibilitie s, Impact on time spent with various people, such as other physician and patients	Usability	1998 (5 months)	System	Hospital	Medical interns	NS
Sicotte, 1998 ¹⁶⁰	Implementatio n of a coupterized medical records system in four hospitals	Data were collected through individual interviews, focus group interviews, observations, and secondary documented sourcesl the primary source was	NS	System	Hospital	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
		semi-structured interviews					
Sicotte, 2009 ¹⁶¹	Nurses and physicians	Qualitative cross- sectional survey of nurses and physicians	2005 (6 months)	Clinician	Hospital	Nurse or physician in one of two hospitals	NS
Simon, 2007 ¹⁶²	Physician use of EHR	Mail surveys	2005	Clinician	Medical system (network of hospitals and/or clinics)	All physicians practicing in Massachusetts in spring 2005	Residents in training, retired, or without direct patient care responsibilities
Simon, 2008 ¹⁶³	EHR adoption in ambulatory care practices	Survey	2005	System	Hospital, Medical system (network of hospitals and/or clinics)	Sampled 100% of hospital-based primary care practices, larger practices and non-urban practices to ensure their adequate representation in the sample	SS
Sittig, 2006 ¹⁶⁴	Clinical decision support GD	Qualitative survey of primary care physicians	(Completed surveys were returned over a 5- week period)	Clinician	НМО	NS	NS
Smith, 2005 ¹⁶⁵	Computerized clinical documentatio n	Quasi-experimental precomputerization and postcomputerization surveys, interviews of nursing staff	(16 months)	Clinician	Hospital	Nursing staff surveys	NS
Smith, 2007 ¹⁶⁶	DSM-IV diagnosis of dementia or mild cognitive impairment	Quasi-experimental subjects served as own controls; 6 (of 14) participants could not do the video because of poor phone line quality	NS	Patient	Outpatient clinic, Home monitoring	DSM-IV diagnosis of dementia or mild cognitive impairment, Clinical Dementia Rating Scale10 score of 0.5 or 1.0, Lived alone in own home or apartment, Had a reliable informant who lives in the region and	Significant health- related risks for hospitalization

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
						had regular contact with the patient, Absence of delusions or hallucinations as assessed by the NPI, Took at least 1 medication daily, If on psychotropic medications, the doses were stable	
Tamblyn, 2003 ¹⁶⁷	Evaluated the use of both medical services and drugs before and after the implementatio n of CDS, Initiation and discontinuatio n rates by type of prescribing problem	RCT, Usability, Cluster-randomized	1997 (13 months)	Clinician, Patient	Medical system (network of hospitals and/or clinics)	Patients: 66 yrs or older, Male or female, Had been seen on two or more occasions, Living in the community; General practitioners: Practicing in Montreal	General practitioners working <20 hours/week, Salaried practice, Planning to retire or move within 24 months, Refused to participate, Consented too late
Tan, 2006 ¹⁶⁸	Cancer (other)	Qualitative semi- structured interviews	2005 (2 months)	Clinician	Hospital	Senior-level physicians, junior-level physicians, nurses, pharmacists, "Purposeful sample" to represent all NSW Area Health Services and both metropolitan and rural hospitals	NS
Thomas, 2004 ¹⁶⁹	Mental health (other), Common mental disorders	RCT	(6months)	Patient	Outpatient clinic	16 yrs or older, Completed the GHQ- 124 and scored three or more	Previous diagnosis of psychotic illness, mental handicap or cognitive impairment, language or literacy difficulties, severe or terminal physical illness

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Tierney, 2003 ¹⁷⁰	Heart failure	RCT	1994 (28 months)	Patient	Outpatient clinic	Patients with heart failure were eligible if they had objective evidence of left ventricular dysfunction on an echocardiogram (either the cardiologist impression of left ventricular systolic dysfunction or a fractional shortening of less than 25%) or card	NS
Tierney, 2005 ¹⁷¹	Asthma, COPD	RCT	1994 (12 months)	Clinician	Research hospital network	18 yrs or older, Had previously visited the study practices in the past year, Had either (1) a diagnosis of asthma or COPD recorded during any inpatient visit, (2) emphysema recorded as a reading on any prior chest radiograph, or (3) two or more prescriptions NS for inhaled alphaagonists, corticosteroids, ipratropium	NS
Trief, 2006 ¹⁷²	Diabetes	RCT, Qualitative	(12 months)	Patient	Outpatient clinic, Home	Diabetes, Married, partnered or cohabitating for more than 1 yr	Refused, Too sick, Did not have diabetes, Primary care provider refused
Trivedi, 2002 ¹⁷³							
Trivedi, 2009 ¹⁷⁴	Mental health (depression)	Qualitative, a series of informal qualitative	NS	Clinician	Outpatient clinic, five public mental	Interested clinicians at five test sites	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
		interviews between the training director for the project (JKK) and the participating clinicians and support staff at the sites, Usability			health clinics in Texas		
Tsang, 2001 ¹⁷⁵	(Questionnair e responses regarding attitude to the DMS), questionnaire responses regarding technical issues	RCT, Usability (survey-based)	NS	Patient	Outpatient clinic	Male and female, From the diabetes clinic	NS
Tudiver, 2007 ¹⁷⁶	Diabetes	Qualitative, longitudinal phone survey	2000	Clinician	Medical system (network of hospitals and/or clinics)	Clinician with patients who: Were 55 yrs or older, Had diabetes, Were Medicare beneficiaries, Lived in a federally designated medically underserved area; PCPs from federally designated medically underserved areas within the contiguous area of more than 30,000 square miles of upstate New York west of the Hudson River and north of the Pennsylvania border	NS
Tufano, 2008 ¹⁷⁷	Preventive: Patient- centered access	Qualitative semi- structured in-depth interviews	2005 (5 months)	System	Medical system (network of hospitals and/or clinics)	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Valdes, 2004 ¹⁷⁸	Identify potential barriers to proliferation	Usability	2003	System	NS	NS	NS
van den Berg, 2008 ¹⁷⁹	Rheumatoid arthritis	Usability	N/S	Clinician, Patient	Physical therapists, Insurance companies	Rheumatoid arthritis, Being sedentary, Access to the internet	NS
Van Den Brink, 2005 ¹⁸⁰	Cancer (other)	Prospective evaluation study	2000 (15 months)	Clinician, Patient	Hospital, Outpatient clinic	Patients: Able to read and write Dutch, Had a phone at home, Had one of these surgeries: a laryngectomy (removal of the speech organ), a commando-procedure (removal of a tumor in the mouth or throat by splitting the lower jaw), or a neck dissection (removal of the lymph nodes in the neck)	NS
van Wijk, 2001 ¹⁸¹	Multiple conditions (study of appropriate test ordering)	RCT, Usability	1996(11months)	Clinician	Outpatient clinic in the region of Delft, the Netherlands	64 practices (94 general practitioners) in the region of Delft, the Netherlands, were invited to participate in the study; only practices that had replaced their paperbased patient records with electronic records and were using the computer during patient encounters were eligible	NS
Vanmeer beek,		Qualitative, Usability	Meetings in May 2004	NS	NS	NS	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
Varonen, 2008 ¹⁸³	Clinical applications: Disease prevention, diagnosis, therapy, allergy alerts, follow-up, administration	Qualitative focus groups/semi- structured interview	2005 (3 months)	Clinician	Network of the Centre for Pharmacother apy Development	NS	NS
Velikova, 2002 ¹⁸⁴	Cancer (other)	Prospective non- randomized study	NS	Patient	Outpatient clinic	Able to read and understand English, Willing to give informed consent, Expected to attend the clinic at least once after the baseline visit	NS
Wade, 2005 ¹⁸⁵	Traumatic brain injury	One-arm feasibility study	NS	Patient, Family members	TBI Hospital- based registry	Children aged 5-16, Sustained a moderate-to-severe TBI for >15 months	Children with non-blunt head trauma
Wang, 2003 ¹⁸⁶	Primary outcome: Net financial costs or benefits per provider during a 5-yr period	Cost-benefits analysis	NS	System	Outpatient clinic	NS	NS
Wang. 2009 ¹⁸⁷	Survey of clinicians	Qualitative, Cross- sectional survey of physicians, Usability experiences with system usability	2006 (3 months)	Clinician	Private practices and small physician offices	Practicing physicians, those enrolled in Horizon's e- prescribing sponsorship program as of September, 2006	Retired, Deceased, Were on leave during the survey period, No longer in practice at the location of record with Horizon
Weingart, 2006 ¹⁸⁸	PatientSite: "a tool for electronic patient-centered	Two pilot studies: A cohort study and a case-control study	April 2003 (1-yr cohort study)	Clinician, Patient	Hospital, Patient's home	Clinicians: One of their physicians had enrolled in the PatientSite system, Patients: Registered	NS

Evidence Table 32. Characteristics of studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Condition	Study Design	Data Collection Period, Year Began (Length)	Level	Setting	Inclusion Criteria	Exclusion Criteria
	communicatio n" that mitigated shortcomings of traditional e-mail (especially inadequate security) and offered additional patient-centric features					online for PatientSite, Logged into the system at least once	
Weiss, 2005 ¹⁸⁹	Cancer (other), any type of cancer	Semi-structured interview	NS (1 week)	Patient	Outpatient clinic	Patients receiving chemotherapy and their caregivers	NS
West, 2004 ¹⁹⁰	Telemedicine in a home healthcare	Qualitative case study	1997(33months)	System	Home care organization	NS	NS
Wilbright, 2006 ¹⁹¹	N/A Computer literacy	Qualitative survey of nurses	2004 (1 month)	Clinician	Hospital, Outpatient clinic	All nursing department staff, including nurses, nursing assistants, and nursing unit clerks, whose work responsibilities included the access and utilization of computerized information system	NS
Winkelma n, 2005 ¹⁹²	Inflammatory bowel disease	Qualitative	NS	Patient	Outpatient clinic	Patients with inflammatory bowel disease seen in a subspecialty clinic	NS
Woods, 1999 ¹⁹³	Sickle cell anemia	Assigned to usual care/telemedicine based on clinic location	1998	Patient	Outpatient clinic, Outreach clinic or Telemedicine	Adult with sickle cell disease	NS

ADD: Anxiety and depressive disorder, ADL: Activity of daily living, APN: Advanced Practice Nurse, ARDS: Acute respiratory distress syndrome, BCT: Breast-conserving therapy, BMI: Body mass index, CHF: Congestive heart failure, COPD: Chronic obstructive pulmonary disease, DBP: Diastolic blood pressure, DM: Diabetes mellitus, DSM: Diagnostic and Statistical Manual of Mental Disorders, ED: Emergency department, FEV₁: Forced expiratory volume in one second, FVC: Forced vital capacity, GAD: Generalized anxiety disorder, GD: General diabetes, GP: General physician, GWU: George Washington University, HBPM: Home blood pressure measurements, ICD9: International Statistical Classification of Diseases and Related Health Problems, IDC: Implanted cardioverter-defibrillator, IRB: Institutional Review Board, IT: Internet technology, JHH: Johns Hopkins Hospital, LMR: Longitudinal medical record, LPS: Lanterman Petris Short, MAW: Maximum allowable weight, MDD: Major depressive disorder or mixed anxiety, mmHg: Millimeters of mercury, MMSE: Mini-Mental Status Examination, MT: mastectomy, MTN: Missouri Telehealth Network, NPI: Neuropsychiatric Inventory, NSAID: Non-steroidal anti-inflammatory drug, NSW: New South Wales, NYHA: New York Heart Association, PAD: Panic disorder with agoraphobia, PCC: Patient-centered care, PCP: Primary care provider, primary care physician, PEFR: Peak expiratory flow rate, PHR-: Patient health record, RCT: Randomized control trial, SAS: Sleep apnea syndrome, SBP: Systolic blood pressure, SDMT: Symbol Digit Modalities Test, SF: Store-and-forward, SMI: Severe mental illness, TBI: Traumatic brain injury, USAF: United States Air Force, URI: Upper respiratory infection, UCSD: University of California, San Diego, VA: Veteran's Affairs, VAMC: Veterans Affairs Medical Center, YWCA: Young Women's Christian Association

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Evidence Table 33. Characteristics of patients in studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Abdullah, 2005 ¹	Urban population: Survey of access to communication technologies	Mean: 62.7	(57)	White: (76), Non-Caucasian: (23.9)	<\$20,000: (27.3), \$20,000-50,000: (42.2), >\$50,000: (30.4)	<8 yrs: (4.3), 8-12 yrs: (11.9), 12-16 yrs: (32.4), >16 yrs: (27)	Urban, Rural
	Rural population: Survey of access to communication technologies	Mean: 64.3	(56.5)		<\$20,000: (35.1), \$20,000-50,000: (42.7), >\$50,000: (22.2)	<8 yrs: (7.8), 8-12 yrs: (16.5), 12-16 yrs: (48.7), >16 yrs: (27.0)	
Abraham, 2008 ²	Interviews regarding the implementation and management of home telehealth technologies			NS	NS	NS	
Ammenwerth , 2000 ³	Testing of a mobile communication application			NS	NS	NS	
Andreassen, 2006 ⁴	Qualitative interviews with participants using PasientLink			NS	NS	NS	
Ash, 2003 ⁵	Qualitative study of physician order entry	NS	NS	NS	NS	NS	NS
Audet, 2004 ⁶	Use of Information technologies	<45: 32, 45-54: 35, 55-64: 22, >=65: 12	23	NS	NS	NS	
Avery, 2007 ⁷	Qualitative study to		7	NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	identify how general practice computer systems could be improved to enhance safety in primary care						
Barak, 2006 ⁸	Analysis of positive online support conversations	15-50	~20 (50)				
	Comparison of participant and instructor's perceptions of online support chat	13-55	~30 (50)				
Bar-Lev, 2006 ⁹	Negotiating time scripts during implementation of an electronic medical record	NS	NS	NS	NS	NS	
Beale, 2006 ¹⁰	Video game, Re-Mission, for young cancer patients			NS	NS	NS	Did not report on control group
Benaroia, 2007 ¹¹	All patients who used the interactive computer system	Mean: 34, SD: 13	(67)	NS	<\$20,000 (28.8), \$20,001-60,000: the majority	<8 yrs: a minority, 8-12 yrs: (42.4), 12-16 yrs: (30.3), >16 yrs (had either an undergraduate, professional, or graduate degree): (22.8)	
Bernhardt, 2002 ¹²	Internet-based human genetics health communication	Mean: 28.6, SD: 6.19	44 (59)	White: 39 (53), Black: 35 (47)	<\$10,000: (16), \$10,000 to \$25,000: (24), \$25,000 to \$40,000: (29), >= \$40,000: (26)	12-16 yrs: nearly half	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Bernheim, 2006 ¹³	Pocket-sized electronic information system, CardioCard, with cardiological data	Mean: 65, Range: 26- 91	94 (24)	NS	NS	NS	
Blanchfield, 2006 ¹⁴	Identified cost of designing, developing, implementing, and operating an innovative informatics-based registry and disease management system (POPMAN) to manage type 2 DM	NS	NS	NS	NS	NS	
Bobrie, 2007 ¹⁵		>=18	NS	NS	NS	NS	
Bowns, 2006 ¹⁶	Control	Mean: 49.7, SD: 19.8	45 (62)				
	SF teledermatolog y	Mean: 43.6, Median: 17.8	58 (63)	NS	NS	NS	
Bratton, 2001 ¹⁷	Telemedicine			NS	NS	NS	
Brebner, 2005 ¹⁸	Experience- based guidelines for implementation of telemedicine services	NS	NS	NS	NS	NS	
Brooks, 2006 ¹⁹	Evaluating physician use of e-mail with patients	Mean: 50.64	(24.1)	White: 2875 (68.4), Black: 133 (3.2), Latino: 539 (12.8),	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
				Asian/Pacific: 433 (10.3), Unknown: 223 (5.3)			
Campbell, 2006 ²⁰	CPOE systems (identifying unanticipated adverse consequences of them)	NS	NS	NS	NS	NS	
Carroll, 2002 ²¹	Design and evaluating a clinical decision support system	NS	NS	NS	NS	NS	
Carroll, 2004 ²²	Evaluating pediatricians' PDA use	NS	NS	NS	NS	NS	
Carroll, 2007 ²³	Health-Pia GlucoPack™ Diabetes Monitoring System, integrates a small blood glucose monitoring device into the battery pack of a cell phone	Mean: 15.5	(50)	W:(80)	NS	NS	
Chen, 2008 ²⁴	Control	Mean: 51.14	(42.5)	Asian: (100)			
	A reminder was sent via SMS 72 hours prior to the appointment	Mean: 50.01	(41.5)	Asian/Pacific: (100)			

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	A reminder was sent via telephone 72 hours prior to the appointment	Mean: 50.52	(43.3)		NS	NS	
Chinman, 2007 ²⁵	Computerized patient self-assessment from the VA	Mean: 49	9	White: (41), Black: (30)	NS	NS	Priimary diagnosis – Major depressive disorder (55), bipolar disorder (15), schizophrenia (12), PTSD (11);as their primary diagnosis. Comorbid alcohol or substance abuse/dependence diagnosis (47)
	Computerized patient self-assessment from the DMH Clinic	Mean: 47	(56)	White: (90)	NS	NS	Primary diagnosis – Major depressive disorder (35), bipolar disorder (25), schizophrenia (25), PTSD (0); Comorbid alcohol or substance abuse/dependence diagnosis (18)
Christensen, 2008 ²⁶	Observation of 80 GP encounters	NS	NS	NS	NS	NS	anag. resie (10)
	Questionnaire of GPs in study	NS	NS	NS	NS	NS	
Chu, 2009 ²⁷	Partnering with seniors for better health	Mean: 74	(72)		< \$10,000 (64)	8-12 yrs: (21.4) 12- 16 yrs: (50)	Previous computer use (29.5); Previous Internet access (18.8)
Citerio, 2000 ²⁸	Database developed for head trauma victims admitted to the NICU			NS		NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Crosson, 2005 ²⁹	Implementing EMR in family medicine practice	NS	NS	NS	NS	NS	
Cruz- Correia,	Control	Mean: 29	15 (71)			Median yrs: 11, Range: 4-18	
2007 ³⁰	P'ASMA	Mean: 29	15 (71)			Median yrs: 11, Range: 4-18	
Dansky, 2008 ³¹	Control	Mean: 76.88, Median: 78, SD: 10					
	Monitor only	Mean: 76.72, Median: 79, SD: 10.52					
	Monitor and Video	Mean: 78.11, Median: 79, SD: 7.11		NS	NS	NS	
Day, 2007 ³²	Hospice		16 (94)	NS	NS	NS	
de Toledo, 2006 ³³	Control	Mean: 72, SD: 8	3 (3.2)				FEV1 42, SD: 15
	Educational session (1.5 hours), single home visit (24-72 hours after discharge), telephone access to system's call center; the team used the system to coordinate their work and to access the ECPR	Mean: 71, SD: 8	2 (2.3)	NS	NS	NS	FEV1 42, SD: 20

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Delichatsios, 2001 ³⁴	Control	Mean: 45.7	72	White: 43.3, Black: 46	>\$2,000 per month: (58.2)	12-16 yrs: (46.0)	BMI 28.7
	Computer- based monitoring of daily diet, educational feedback, advice, counseling	Mean: 46.2	72.3	White: 46.6, Black: 43.2	>\$2,000 per month: (57.4)	12-16 yrs: (48.3) >16 yrs: (24.5)	BMI 28.7
Demakis, 2000 ³⁵	Computerized reminders in VA sites			NS	NS	NS	
Demiris, 2004- ³⁶	Semi- structured interview protocol with eight open- ended questions			NS	NS	NS	
Deutscher, 2008 ³⁷	ÉHR	Mean: 50.9, SD: 15.5	(57.1)	NS	NS		Affected body part – Lumbar (20.9), Cervical (16.6), Knee (12.8), Shoulder (12.6), Other (37.1); Language used to answer the survey for outcome measurement – English (2.7), Hebrew (66.3), Russian (28.9), Arabic (2.1)
Dombkowski , 2007 ³⁸	MCIR is a statewide immunization information system			NS	NS	NS	No characteristics
Earnest, 2004 ³⁹	EMR: SPPARO	>=18	NS	NS	NS	NS	
Eminovic, 2004 ⁴⁰	Web chat with nurse	Mean: 48	57%	NS	NS	18 (78) of patients considered	For all patients, age, gender, and self-

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
						themselves computer-literate	reported computer literacy were recorded; in order to calculate the duration of the Web chat and its components, the intervals between specific defined events occurring during a CES session were logged into a file
Ertmer, 2005 ⁴¹	Control						Users who, according to log files, had not used the system frequently (i.e., control group) 11
	EHR akteonline.de with CD-ROM			NS	NS	NS	29
	EHR akteonline.de with brochure			NS	NS	NS	24
Farmer, 2005 ⁴²	GPRS mobile phone diabetes telemedicine system			NS	NS	NS	Used full functionality 46; Did not use full functionality 48
Feil, 2000 ⁴³	Evaluation of participation rates and factors associated with nonparticipation namong primary care patients invited to join Internet-based self-management research	40-75					

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	program						
Feldman, 2004 ⁴⁴	E-mail reminder to nurse highlighting six key, condition- specific evidence- based practices	NS	NS	NS	NS	NS	
Finch, 2005 ⁴⁵	Perspectives on telecare	NS	NS	NS	NS	NS	
Frank, 2004 ⁴⁶	Control	Mean: 35.4	(57)				Number of services in 6 months before start of trial, median (interquartile range) 1 (0–2); Fees charged per consultation in 6 months before trial, median (interquartile range) \$21 (\$0–59); Number of long-term problems coded before trial, median (interquartile range) 0 (0–1)
	In-consultation reminders about 12 outstanding preventive activities	Mean: 36	(56)	NS	NS	NS	Number of services in 6 months before start of trial, median (interquartile range)1 (0–2); Fees charged per consultation in 6 months before trial, median (interquartile range) \$21 (\$0–56); Number of long term problems coded before trial, median (interquartile range) 0 (0–1)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Gagnon, 2004 ⁴⁷	Survey on telehealth	NS	NS	NS	NS	NS	
Gagnon, 2005 ⁴⁸	Telehealth			NS	NS	NS	Telehealth non- adopters 4; Telehealth adopters 5
Garcia- Sanchez, 2008 ⁴⁹	Questionnaire asking attitudes about confidentiality breaches of computer records		66	NS	NS	NS	
Gardiner, 2006 ⁵⁰	TOPCARE (Telematic Homecare Platform in Cooperative Health Care Provider Networks)			NS	NS	NS	
Gielen, 2007 ⁵¹	Control	Children: 4- 66 months, Parents: 14- 30	Mothers: 339 (90.4)	Black: (94.1), Other: (5.8)	<\$5,000: (66.5), >\$5,000: (33.5)	<8 yrs: (11.1), 8-12 yrs: (73.2) 12-16 yrs: (15.7)	
	Computer kiosk	Children: 4- 66 months, Parents: 14- 30	Mothers: 348 (90.6)	Black: (92.2), Other: (7.8)	<\$5,000: (60.9) >\$5,000: (39.0)	< 8 yrs: (9.2), 8-12 yrs: (75.8) 12-16 yrs: (15.0)	
Glazebrook, 2006 ⁵²	Control	Mean: 38.4, SD: 15.2	259 (78.5)				Professional or skilled non-manual occupation 137 (42.4); Sought advice regarding suspicious lesion in the past year 28 (11.6)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	Interactive multimedia intervention "Skinsafe"	Mean: 38.2, SD: 14.3	214 (82.6)	NS	NS	>16 yrs: further or higher education 125 (54.1)	Professional or skilled non-manual occupation 98 (39.8); Sought advice regarding suspicious lesion in the past year 28 (14.2)
Goddard, 2001 ⁵³	Investigation of barriers to effective information provision for mental health care delivery by comparing practitioner's perceptions with strategic solutions			NS	NS	NS	
Gomez, 2002 ⁵⁴	Current features of the DIABTel telemedicine system and the evaluation outcomes of its use in clinical routine	NS	NS	NS	NS	NS	NS
Gonzalez- Heydrich, 2000 ⁵⁵	Five-question survey to begin to assess the impact of the application on the alliance with the parent			NS	NS	NS	
Graham, 2007 ⁵⁶	Survey on perceptions of decision aid and willingness to use		79 (29)	NS	NS	>16 yrs: 450 (100)	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention		,				
Griffiths, 2006 ⁵⁷	Telemedicine	NS	NS	NS	NS	NS	
Grossman, 2006 ⁵⁸	Clinical data Exchange	NS	NS	NS	NS	NS	
Grundmeier, 1999 ⁵⁹	Computer- based clinical decision support			NS	NS	NS	
Gustafson, 2005 ⁶⁰	CHÉSS	Mean: 51.6		White: 154, Black: 77	Living at or below 250% of the official federal poverty line	Mean yrs: 13	Living in rural Wisconsin 144 (all Caucasian); Living in Detroit 85 (all African American)
Hailey, 2003 ⁶¹	Teleconsultatio n			NS	NS	NS	
Halamka, 2006 ⁶²	E-prescribing			NS	NS	NS	
Han, 2005 ⁶³	CPOE	Mean: 9	826 (44.2)	NS	NS	NS	
Harper, 2000 ⁶⁴	Technical performance and clinical feasibility of telecolposcopi c system in remote site 1	Mean: 28.9	79 (100)	NS	NS	NS	
	Technical performance and clinical feasibility of telecolposcopi c system in remote site 2	Mean: 26.4	79 (100)	NS	NS	NS	
Hassol, 2004 ⁶⁵	Online survey (and focus group information)	>18	(60)	NSW: (98) of 1421	NS	12-16 yrs: (40) >16 yrs: (27), High school or less: (33)	Duration of MyChart Use, Use of MyChart
Hess, 2007 ⁶⁶	Pre- implementation	Mean: 53, SD: 13		Nonwhite: 7 (33)		8-12 yrs: 6 (29), 12-16 yrs: 7 (33), Postgraduate degree 6 (29)	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Post- implementation	Mean: 55, SD: 11		Nonwhite: 4 (22)	NS	8-12 yrs: 1 (6), 12-16 yrs: 5 (28), >16 yrs: 4 (22), Postgraduate degree: 8 (44)	
Hetlevik, 2000 ⁶⁷	Control	Mean: 68.1	(55)				Patients 408
	CDSS	Mean: 66.3	(53)	NS	NS	NS	Patients 368
Hibbert, 2004 ⁶⁸	Technology- related tasks and the interplay between the research team and the 12 nurses who were to use the telehealth equipment	NS	NS	NS	NS	NS	NS
Hillman, 2005 ⁶⁹	CPOE			NS	NS	NS	Hospitals located in The Leapfrog Group's targeted regions 842
Hilty, 2006 ⁷⁰	Telemedicine: secure email, telephone, videoconferenc ing	Mean: 33	(33)	White: 3 (100)	NS	NS	
Hobbs, 2003 ⁷¹	A paper-based survey	Mean: 46.3	58907 (68.2)	White/non- Hispanic: 37620 (43.6), Black: 5714 (6.6), Hispanic: 6976 (8.1), Asian: 1504 (1.7), Other: 1204 (1.4), Unknown: 33284 (38.6)	NS	NS	Provider-patient e- mail usability system, Overall physician workload, Physician opinions regarding the use of e-mail with patients and time period physicians worked for Partners HealthCare System

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Homko, 2007 ⁷²		Mean: 47.5, SD: 9.1	15 (57.7)				
		Mean: 46.8, SD: 8.8	14 (56)	NS	NS	NS	BMI – Control group, mean 23.4 kg/m2, Intervention group, mean 24.5 kg/m2; Duration of diabetes – Control group, mean 8.0 yr, Intervention group, mean 5.2. There was no significant difference in age, sex, BMI, duration of diabetes, diabetes medication, blood pressure, blood glucose, or serum lipids levels between the two groups. At the pre-test, no significant difference was found in HbA1c levels between the groups
Hopp, 2006-	Telemedicine	Mean: 64	(5)	NS	NS	NS	
Hunter, 2008 ⁷⁴	Control	Mean: 34.4, SD: 7.2	(50.5)	White: (53.2)	NS	High school or some college: (61.7)	Married or partnered (73.0); Enlisted (75.2); Years in service, mean 13.0, SD: 6.6; Plan to retire from AF (81.4)

	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	BIT	Mean: 33.5, SD: 7.4	(50.0)	White: (58)	NS	High school or some college: (63.9)	Married or partnered (73.0); Enlisted (81.7); Years in service, mean 12.4, SD: 6.6; plan to retire from AF (78.9)
Jerant, 2001 ⁷⁵	Control	Mean: 72.7, SD: 11.4	50	White: 7 (58), Black: 4 (33), Latino/Hispanic: 1 (8)	NS	NS	
	Home telecare	Mean: 66.6, SD: 10.9	54	White: 4 (31), Black: 8 (62), Latino/Hispanic: 1 (8)	NS	NS	
	Telephone telecare	Mean: 71.3, SD: 14.1	58	White: 7 (58), Black: 5 (42), Latino/Hispanic: 0 (0)	NS	NS	
John, 2007 ⁷⁶	Personal digital assistant- based decision support system	NS	25	NS	NS	NS	
Jones, 1999 ⁷⁷	Personal computer information			NS	NS	NS	
	General computer information			NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Kaner, 2007 ⁷⁸	Implicit (concise) patient decision aid involved individualized risk and benefit presentation and a section to support shared decisionmakin g			NS	NS	NS	
	Explicit (extended) patient decision aid additionally included patients' elicited values for health and treatment states derived via standard gamble and analyzed in a Markov decision analysis			NS	NS	NS	
Kaufman, 2006 ⁷⁹	Analysis designed to identify problems related to use of the system and to characterize the complexity of the various tasks			NS	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	supported by the system						
Keeffe, 2005 ⁸⁰	Assessment of the responses of providers to recommendati ons generated by a computer- management system for CHF	NS	NS	NS	NS	NS	
Kerr, 2008 ⁸¹	The intervention "CHESS Living with Heart Disease" provided information, emotional and social support, self-assessment and monitoring tools and behavior change support, modified for study	Range: 41- 84	1 (20)	NS	NS	NS	
Keselman, 2007 ⁸²	Survey of patients' experience with reviewing their health records, in order to identify barriers to optimal record use	NS	89	White: 95, Asian: 2, Other: 5	NS	High school: 9, College: 48, Graduate school: 39, Other: 5	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Kim, 2002 ⁸³	Evaluation of the functionality and utility of a selection of personal health records	NS	NS	NS	NS	NS	
Kim, 2004 ⁸⁴	Diagnostic evaluations of a wound were made both by a treating physician in person and by a remote physician using the telemedicine system	Mean: 59, Range: 24- 83	NS	NS	NS	NS	Married or had a live- in partner (35.3); Lived at home rather than in a nursing home 97.1; Lived without assistance (41.3); Received some kind of assistance or care at home (58.7); Had a full- or part-time caregiver (39.7); Had some assistance (12.7); Used a full- time nurse (6.3); Considered their overall health to be – "Good or very good" (63.3), "Fair" (23.3), "Poor" (13.3)
М	Qualitative interview study to explore factors that have facilitated and prevented adoption of telemedicine in general practice in remote and rural Scotland	Range: 20- 59	19 (66)	NS	NS	NS	Discipline – GPs 19; Nurses 10; Practice Island 8; Mainland 21
Kittler,	Feedback on	NS	NS	NS	NS	NS	
2004 ⁸⁵	use of Patient						

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	Gateway in an integrated health system						
Kleiner, 2002 ⁸⁶	Survey	GPs: 29, SPs: 36	NS	White GPs: 82 (51.9), White SPs: 97 (59.5), Black GPs: 66 (41.8), Black SPs: 54 (33.1), Other GPs: 10 (6.3), Other SPs: 12 (7.4)	<\$20,000, GPs: 25 (17.1), SPs: 24 (15.3), \$20,000-35,000, GPs: 47 (32.2), SPs: 38 (24.2), \$35,000-60,000, GPs: 39 (26.7), SPs: 39 (24.8), \$60,000-100,000, GPs: 28 (19.2), SPs: 31 (19.8), >\$100,000, GPs: 7 (4.8), SPs: 25 (15.9)	Not completes HS, GP 16 (10.1), SP:13 (7.9) Graduated, GP:53 (33.5), SP:43 (26.2), Did not complete college, GP:40 (25.3), SP: 45 (27.4), Graduated college, GP: 32 (20.3), SP: 45 (27.4) Attended postgrad, GP:4 (2.5) SP:1 (0.6) Completed post grad, GP:13 (8.2) SP:17 (10.4)	E-mail access – GPs 90 (57.3), SPs 107 (65.6)
Kreuter, 2006 ⁸⁷	Tracked patterns of use and characteristics of kiosk users	Mean: 35.4		NS	NS	NS	By site: beauty salons, churches, health centers, laundromats, and social service agencies
Krousel- Wood, 2001- 88	Telemedicine	Mean: 67 (11)	(43)	Black: (18)			Married (77); In managed care (53); Gave Louisiana as their state of residence (95); Retired (53); Had an income < \$50,000 per year (66); Had a high-school education or more (68); Computer use at work, home, or some other place (32); Distance the

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
							participant lived from the clinic, mean (km) 37, SD: 45, and 37 min, SD: 31
Lahdenpera, 2000 ⁸⁹	Assessed patients' attitudes to IT, their experiences of IT, and their attitudes and expectations concerning its use in the treatment of hypertension	Average: 46	12	NS	NS	NS	
Larcher, 2003 ⁹⁰	Teleconsultatio n system in oncology			NS	NS	NS	
Lavanya, 2006 ⁹¹	A survey of teledermatolog y: D-PHIMS			NS	NS	Nurse, MD (dermatologist)	
Lee, 2002 ⁹²	Present ICU nurses' experiences with a computerized nursing care plan system at a medical center in Taiwan	NS	NS	NS	NS	NS	
Levick, 2005 ⁹³	CPOE implementation in Lehigh Valley	NS	NS	NS	NS	NS	NS

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Liaw, 1998 ⁹⁴	Control	5-24: (5) years,	20 (68)				
		25-64; (27), 65-74: (18), >75: (50)					
	Patients provided with a computer- generated patient handheld record	5-24: (10), 25-64: (28), 65-74: (17), >75: (45)	15 (69)				
	Patient had intervention but took posttest only	5-24: (0), 25-64: (43), 65-74: (14), >75: (43)	8 (60)	NS	NS	NS	
Likourezos, 2004 ⁹⁵	Assessed physician and nurse satisfaction with an ED EMR						
Lindenauer, 2006 ⁹⁶	Survey		97 (28)	NS	NS	Physicians	Site 1, Site 2
Linder, 2006 ⁹⁷	Survey of LMR use during patient visits: non-use (non-users), moderate use (users but not complete documenters), and intensive use (complete documenters)	Mean: 39	(60)	NS	NS	NS	Physicians 197 (88); Nurse practitioners 24 (11); Other clinician types, including registered nurses and licensed practical nurses 4 (2); Trainees – interns, residents, and fellows 92 (41)
Lobach, 2006 ⁹⁸	Perceptions of Medicaid beneficiaries regarding the	Mean: 36.9, Range: 22- 62	28 (90)	Non-white: 26 (84)	NS	NS	Internet access 28 (90); Past Internet use 23 (74); Internet health Info 16 (52);

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention usefulness of accessing personal health information and services through a patient Internet portal						Worked in medical environment 14 (45);
Lober, 2006 ⁹⁹	Feasibility of PHR use by an elderly and disabled population	Mean: 69, Range: 49- 92	(82)	NS	NS	NS	Population composed of elderly, disabled, and immigrants; Had chronic diseases
Lyons, 2005 ¹⁰⁰	Multisite study compared the perceptions of three stakeholder groups regarding information technologies as barriers to and facilitators of CPGs	Mean: Administrato r Focus: 47.8, Physician Focus: 46.3, Nurse Focus: 44.4, Range: 61-	Administrator Focus: (63), Physician Focus: (43), Nurse Focus: (86)	NS	NS	NS	Length of career – Administrator focus, mean (yrs) 22.9, Physician focus, mean (yrs) 18.7, Nurse focus, mean (yrs)19.9, VA System: Aadministrator focus, mean (yrs) 17.1, Physician focus mean (yrs) 7.7, Nurse focus, mean (yrs) 13.4
Madaras- Kelly, 2006 ¹⁰¹	Pharmacists conducted guided interviews regarding patient symptoms in a cohort of patients with BSA prescription visiting two rural			NS	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	community pharmacies during peak respiratory illness season						
Magnus, 2009 ¹⁰²	Cross- sectional survey	<30: 16 (8.6), 30-50: 127 (68.3), >50: 43 (23.1)	156(80)	NS	NS	NS	Respondents – Overall (all three times data were collected): Length of Time worked at clinic – 1 yr 167 (85.0); Usual work patterns at clinic – >4 days per week 103 (53.7); Role – Nurse 61 (31.2), Nurse practitioner 30 (15.4), Physician 56 (28.7), Ancillary service provider 12 (6.2), Other (e.g., students, data entry personnel, research coordinators) 36 (18.4); Facility location – Urban 109 (55.6), Rural 87 (44.4)
Maisie Wang, 2004 ¹⁰³	PHIMS	Mean: 45.70 (12.93)	24 (39.34)	NS	NS	NS	,

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Mangunkusu mo, 2007 ¹⁰⁴	Control	Mean: 15, Range 13- 17	242 (51.5)	NS	NS	8-12 yrs: 475	Nationality – Dutch (76.5), Turkish (7.7), Moroccan (1.7), Surinamese (2.1), Antillean/Arubean (0.4), Others (11.5); Education – Lower secondary/vocational education (57.7), Intermediate secondary education (19.8), Upper secondary education (22.5)
	Internet tool to support the current adolescent preventive health care provided by Dutch municipal health services	Mean: 15, Range: 13- 17	256 (56.1)	NS	NS	8-12 yrs: 458	Nationality – Dutch (76.5), Turkish (5.0), Moroccan (3.3), Surinamese (2.4), Antillean/Arubean (0.4), Others (12.3); Education – Lower secondary/vocational education (59.1), Intermediate secondary education 18.6 Upper secondary education 22.3
Marceau, 2007 ¹⁰⁵	Control	Mean: 48, Median: 8, Range: 34- 65	(69)	White: (82)	NS	NS	Duration of pain, mean (yrs) 8.4, SD: 7.9
	Electronic	Mean: 48, Median: 8, Range: 34- 65	(69)	White: (82)	NS	NS	Durations of pain, mean (yrs) 8.4, SD: 7.9
Margalit, 2006 ¹⁰⁶	Extent of computer use was measured Communicatio n dynamics	34-44 (physicians)	2/3	NS	NS	14 yrs of experience beyond medical school	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	were analyzed through the application of a new Hebrew translation and adaptation of the RIAS						
Maslin, 1998 ¹⁰⁷	Control	Mean: 52.1, Range: 28- 73	49 (100)	NS	NS	NS	
	Support from the multidisciplinar y team and use of the IVD were offered to women to aid them in decision-making if they wished	Mean: 52.1, Range: 28- 73	51 (100)	NS	NS	NS	
Masucci, 2006 ¹⁰⁸	The 2-hour training was divided into three basic components: (1) determination of initial computer experience, (2) computer training, and (3) assessment of specific skills gained	Mean: 60.4	(73)	White: 21 (48), Black: 23 (52)	<\$15,000: 15 (34), \$15,000–24,999: 13 (30), \$25,000–34,999: 4, <\$35,000: 9	>16 yrs: 0 College: 8 (18), Some high school: 5 (11), High school: 21 (48), Some college 10 (23)	
Masys, 2002 ¹⁰⁹	Giving patients access to their medical	NS	Physicians: (22), Patients: (73)	NS	NS	College degree: (71)	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	records via the Internet: PCASSO						
Maviglia, 2003 ¹¹⁰	Automating complex guidelines for chronic disease: Lessons learned	NS	NS	NS	NS	NS	NS
May, 2005 ¹¹¹	NS	NS	NS	NS	NS	NS	NS
Mayo-Smith, 2007 ¹¹²	Survey of attitudes AND completion rates to reminders			NS	NS	NS	Provider type
McCowan, 2001 ¹¹³	Control	Mean: 37.4, SD: 22.6	53				
	CDSS	Mean: 32.6, SD: 24.2	51	NS	NS	NS	
McDonald, 2006 ¹¹⁴	Control	Mean: 38, SD: 2	29				ISS 25 6 2; (76)
McKinley, 2001 ¹¹⁵	"Protocol"- assigned patients had ventilatory support directed by the bedside respiratory therapist using the computerized protocol	Mean: 40, SD: 3	27	NS	NS	NS	Blunt ISS 26 6 3, (73) blunt

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Clinicians used handheld computers to maintain up-to-date records			NS	NS	NS	
	on their clients						
McManus, 2000 ¹¹⁶	Embedding guidelines in an electronic charting system, EDECS	24-35	(30)	NS	NS	NS	
Mikulich, 2001 ¹¹⁷	Interactive decision aid on breast cancer	Mean: 55.1	NS	NS	NS	8-12 yrs – Compulsory or lower 63 (59), 12-16 yrs – Higher than compulsory 43 (41)	Other background information, p 125
Molenaar, 2007 ¹¹⁸	Survey of patient interest in EHR			NS	NS	NS	
Munir, 2001 ¹¹⁹	Survey	NS	NS	NS	NS	NS	NS
Nguyen, 2008 ¹²⁰	fDSMP	Mean: 70.9, SD: 8.6	9 (45)			12-16 yrs: 8 (40), >16 yrs: 12 (60)	Not currently employed or currently disabled or retired 15 (75); Living situation with spouse or other 13 (65); Currently smoking 1(5); Distance to clinical site (km) 13.1, SD: 15.7; BMI (kg/m2): 27.7, SD: 6.4; [several disease severity measures]; [several computer / Internet skills]

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	DSMP	Mean: 68.0, SD: 8.3	8 (39)	White: 20 (100)	NS	12-16 yrs: 10 (50) >16 yrs: 9 (50)	Not currently employed or currently disabled or retired 13 (72); Living situation with spouse or other 12 (63); Currently smoking 2 (11); Distance to clinical site (km) 20.4, SD: 18; BMI (kg/m2) 29.4, SD: 5.9; [several disease severity measures]; [several computer / Internet skills]
Noel, 2004 ¹²¹	Control	Mean: 70	0 (0)				
2004	Home telehealth plus nurse case management	Mean: 72	3 (3)				CHF, COPD, DM combinations
	Usual home healthcare services plus nurse case management	Mean: 70	0	NS	NS	NS	CHF, COPD, DM combinations
Ojima, 2003 ¹²²	Experimental (group E) received Webbased followup as well as two occasions of face-to-face tooth brushing instruction and telephone follow-up			NS	NS	NS	
Pagliari, 2003 ¹²³	Multifaceted, Web-based resource for diabetes	NS	NS	NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Management, formative evaluation						
Paperny, 1999 ¹²⁴	YHP, an interactive health education software program	Mean: 17.2, Range: 12.9-24.9	56				
Patt, 2003-	Doctor-patient e-mail communication	<35: 9, 35-55: 73, >55: 18	18	NS	NS	NS	Generalists (general internal medicine, family practice, general pediatrics, general psych, preventive medicine) 64; Specialists (internal medicine, pediatrics) 20; Emergency room 2; Obstetrics/Gynecolog y 7
Patterson, 2004 ¹²⁶	Objective: Identify human factors barriers to the use of CRs	NS	NS	NS	NS	NS	Total number observed – Patients 33; Attendings 10; Fellows 7 Residents 5, Medical student1, NP 1, Dietitian 1
Patterson, 2005 ¹²⁷	Staff surveys at VA institutions using clinical reminder systems	NS	NS	NS	NS	NS	Providers 28; Patients 32
Paul, 1999-	Telemedicine			NS	NS	NS	Not given and perhaps not relevant
Pelletier- Fleury, 1999 ¹²⁹	Compared two particular modalities of PSG: at the patient's home and in hospital,	Mean: NS		NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	where the examination was telemonitored by a sleep laboratory						
Persell, 2008 ¹³⁰	Patient intervention plus reminders in a cluster- randomized design	Mean: 58.8, SD: 11.2	92 (71)	White: 44 (33.9), Black: 45 (34.6), Latino: 7 (5.4), Asian/Pacific Islander: 5 (3.9), Other: 21 (16.2), Unknown: 8 (6.2)			Coronary artery disease 6 (5); Contraindication to Aspirin 19 (15); Gl bleeding or peptic ulcer disease 12; Liver disease 5; Platelet disorder 3; CNS hemorrhage or vascular anomaly 2
	Clinician reminders only	Mean: 56.8, SD: 10.4	60 (54)		NS	NS	Coronary artery disease 10 (8.9); Contraindication to aspirin 12 (11); Gl bleeding or peptic ulcer disorder 9; Liver disease 3; Platelet disorder 0; CNS hemorrhage or vascular anomaly 0
Peters, 2006 ¹³¹	Control	Mean: 32.9	(50.5)			<8 yrs: 309 (100)	Household size 4.6
	Early diagnosis and prevention system	Mean: 38.1	(56.8)	NS	NS	<8 yrs: 296 (100)	Household size 4.4
Piette, 2000 ¹³²	Control	Mean: 53.3	56.5	White: (29) Hispanic: (51.6) Other: (19.4)	<\$10,000 (56.3)		

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention In addition to usual care, intervention patients received biweekly ATDM calls with telephone followup by a diabetes nurse educator; patients used the ATDM calls to report information about their health and self-care and to access self-care education; the nurse used patients'	Mean: 55.7	61.3	White: (29) Hispanic: (47.6) Other: (23.4)	<\$10,000 (59.1)	NS	
	ATDM reports to allocate her time according to their needs						
Pillai, 2004 ¹³³	Electronic immediate discharge document			NS	NS	NS	
Pinna, 2007 ¹³⁴	Patients were contracted monthly by study nurse to determine their symptoms, current medication, and vital sign measurement	NS	NS	NS	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Patient were contracted weekly by study nurse to determine their symptoms, current medication and vital sign measurement and blinded cardiorespirato ry monitoring	Mean: 60, SD: 11, <60: 98, 60-70: 59, 70-79: 31, >=80: 7	(13)	NS	NS	NS	
	Patient were contracted weekly by study nurse to determine their symptoms, current medication and vital sign measurement and cardiorespirato ry monitoring	Mean: 60, SD: 11, <60: 98, 60-70: 59, 70-79: 31, >=80: 7	(13)	NS	NS	NS	
Pizziferri, 2005 ¹³⁵	Use of EHR in the context of a clinic session	NS	20 physicians	NS	NS	NS	Years in practice, mean 13.5, SD: 8.4
Poon, 2003 ¹³⁶	Multi-site qualitative study of US hospitals at various stages of CPOE implementation			NS	NS	NS	Senior management officials in 25 US hospitals 57

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Priebe, 2007 ¹³⁷	Control	Mean: 41.8	83 (35.2)				Undifferentiated schizophrenia 89 (37.7); Paranoid schizophrenia 63 (26.7); Catatonic schizophrenia 4 (1.7); Hebephrenic schizophrenia 10 (4.2); Schizoaffective manic disorder 7 (3.0); Schizoaffective depression (moderate) 9 (3.8); Schizoaffective depression (severe) 2 (0.8); Schizoaffective bipolar disorder 9 (3.8); Delusional disorder 2 (0.8); Other non-organic psychotic disorders 41 (17.4)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	In the intervention group clinicians used DIALOG, a computer mediated procedure to discuss 11 domains with their patients	Mean: 42.5	88 (32.5)	NS	NS	NS	Undifferentiated schizophrenia 91 (33.6); Paranoid schizophrenia 89 (32.8); Catatonic schizophrenia 1 (0.4); Hebephrenic schizophrenia 7 (2.6); Schizoaffectivemanic disorder 19 (7.0); Schizoaffective depression (moderate) 9 (3.3); Schizoaffective depression (severe) 3 (1.1); Schizoaffective bipolar disorder 15 (5.5); Delusional disorder 1 (0.4); Other non-organic psychotic disorders 36 (13.3)
Raebel, 2006 ¹³⁸	Control	Median: 60	2352 (51)				
	Staff from the departments of pharmacy, research, primary care, laboratory, and clinical technology collaborated to develop and implement computer programming to link drug and laboratory data	Median: 61	2313 (51)	NS	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	intervention						
Rahimpour, 2008 ¹³⁹	Focus group interviews regarding the HTMS	Mean: 71 and 1 month, median: 71		NS	NS	NS	
Ralston, 2009 ¹⁴⁰	Control	18-35: (15), 35-50: (30), 51-65: (37), >65: (18)	(55)		Low-income neighborhood: (5)		Rural location (2); Distance to clinic >/= 17 miles (7); Morbidity – None (8), Very low (6), Low (17), Moderate (51), High or very high (18); History of depression (6); History of diabetes (8); History of CHF (1) Enrollment with Health Plan – 0-3 yrs (12), 4-8 yrs (19), 9- 12 yrs (12), >12 yrs (56); Insurance – Commercial (78), Medicare (21), Medicaid (1)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Secure messages user (1-3 threads)	18-35: (15), 35-50: (31), 51-65: (40), >65: (14)	(60)		Low-income neighborhood: (6)		Rural location (2); Distance to clinic >/= 17 miles (7); Morbidity – None (3), Very low (4), Low (13), Moderate (58), High or very high (22); History of depression (9); History of diabetes (9); History of CHF (1); Enrollment with Health Plan – 0-3 yrs (12), 4-8 yrs (19), 9- 12 yrs (13), >12 yrs (56); Insurance – Commercial (82), Medicare (17), Medicaid (1)
	Secure messages user (4-8 threads)	18-35: (13), 35-50: (31), 51-65: (42), >65: (14)	(64)		Low-income neighborhood: (6)		Rural location (3); Distance to clinic >/= 17 miles (7); Morbidity – None (1), Very low (1), Low (7), Moderate (57), High or very high (34); History of depression (13); History of diabetes (12); History of CHF (1); Enrollment with Health Plan – 0-3 yrs (12), 4-8 yrs (19), 9- 12 yrs (12), >12 yrs (57); Insurance – Commercial (82), Medicare (17), Medicaid (1)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention Secure messages user (>8 threads)	18-35: (11)I 35-50: (29), 51-65: (43), >65: (17)	(65)	NS	Low-income neighborhood: (6)		Rural location (3); Distance to clinic >/= 17 miles (7); Morbidity – None (0), Very low (1), Low (2), Moderate (42), High or very high (55); History of depression (18); History of diabetes (15); History of CHF (2); Enrollment with Health Plan – 0-3 yrs (11), 4-8 yrs (19), 9- 12 yrs (12), >12 yrs (59); Insurance – Commercial (77),
Rothert, 2006 ¹⁴¹	Tailored Expert System Condition, program for weight management	Mean: 45.6, SD: 12.1	(82.9)	White: (56.8), Black: (35.4), Latino: (3.4), Other: (4.4)			Medicare (21), Medicaid (1) BMI (kg/m2) 33.0 (3.8); Motivation (0- 10 scale) 7.2 (2.0); Self-efficacy (1-5 scale) 2.5 (0.8); Weight (kg) 92.2 (14.4)
	Information- only condition	Mean: 45.2 SD: 12.0	(82.7)		NS	NS	BMI (kg/m2) 31.0 (3.9); Motivation (0- 10 scale) 7.3 (2.1); Self-efficacy (1-5 scale) 2.5 (0.8); Weight (kg) 92.5 (14.3)
Rousseau, 2003 ¹⁴²	cDSS using evidence-based guidelines for the primary care management of asthma in adults and	>=18	NS	NS	NS	NS	19 semi-structured interviews with 13 respondents – Practice managers 2, Nurses 3, General practitioners 8; 40 people in randomized controlled trial

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	angina						practices – Doctors 34, Nurses 3; Qualitative interview re study practices – Doctors (including 1 previously interviewed) 3
Rubin, 2006 ¹⁴³	PDA-based CDSS and exit survey			NS	NS	NS	User (physician) type and PDA use frequency
Ruland, 2003 ¹⁴⁴	Assessment summaries were printed and given to the patient and clinician in the subsequent consultation						Patients 25, MDs 5; Patients 27 MDs 9
Ruland, 2004 ¹⁴⁵	Survey of clinicians' opinions about the usefulness of DSS for evidence- and patient preference-based illness management, factors important to their implementation , and criteria for evaluating their effectiveness		(49.7)	NS	NS	Nurse, MD	Physicians (54.9); Nurses (staff, head nurse, CNS, NP) (37); Other (8.2)
Saigh, 2006 ¹⁴⁶	Mandatory computerized PAS in the outpatient EMR system	NS	NS	NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Saleem, 2005 ¹⁴⁷	Use by providers (MD, PA, resident, NP) and nurses of CRs in an HER in an outpatient clinic	NS	NS	NS	NS	NS	
Samoutis, 2007 ¹⁴⁸	The computer- based EMR: Physicians and nurses	Mean, physicians: 52, nurses: 40					
	The computer- based EMR: 18 patients	Mean: 65	10 (100)	NS	NS	8-12 yrs: 10 (100)	
Schabetsber ger, 2006 ¹⁴⁹	E-card, an overall link-up of nearly all health service providers of the external sector			NS	NS	NS	
Schifferdeck er, 2008 ¹⁵⁰	Control	Mean: 43.6, SD: 11.1	17 (85)				Role in practice – Provider 8 (40), Clinical staff 6 (30), Administration 2 (10), Other 4 (20); Years in practice 6.3, SD: 6.9; Hours per week 37.9, SD: 9.7; Computer with Web access available at work (1-5 scale) 4.5, SD: 1.1; Computer at work had fast Internet (1-5 scale) 4.1, SD: 1.4; Frequency of Web use at work (1-5 scale) 4.8, SD: 1.4

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Initial: Training to implement Web resources	Mean: 46, SD: 12.7	17 (71)				Role in practice – Provider 10 (40), Clinical staff 7 (28), Administration 3 (12), Other 5 (20); Years in practice 8.8, SD: 8.6; Hours per week 41.2, SD: 8.4; Computer with Web access available at work (1-5 scale) 4.6, SD: 0.9; Computer at work had fast Internet (1-5 scale) 4.3, SD: 1.1; Frequency of Web use at work (1-5
	Delayed: Training to implement Web resources NOTE: this is the control group for the data at followup 1, which was after the initial training but before the 2nd training	Mean: 43.6, SD: 11.1	17 (85)	NS	NS	NS	scale) 4.8, SD: 1.6 Role in practice – Provider 8 (40), Clinical staff 6 (30), Administration 2 (10), Other 4 (20); Years in practice 6.3, SD: 6.9; Hours per week 37.9 SD: 9.7; Computer with Web access available at work (1-5 scale) 4.5, SD: 1.1; Computer at work had fast Internet (1-5 scale) 4.1, SD: 1.4; Frequency of Web use at work (1-5 scale) 4.8, SD: 1.4
Schumann, 2008 ¹⁵¹	TTM-based intervention resulting in computer-generated tailored feedback for			NS	NS	NS	,

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	smoking cessation						
Sequist, 2005 ¹⁵²	Control	Mean: 41.4, SD: 11	53 (52)	NS	NS	NS	Physicians
	Evidence- based electronic reminders within patients' EMR regarding diabetes and CAD	Mean: 39.2, SD: 10	60 (65)	NS	NS	NS	Physicians
Sequist, 2007 ¹⁵³	Full-functioning electronic health record within Indian Health Service	NS	NS	NS	NS	NS	
Sevick, 2008 ¹⁵⁴	PalmOne Tungsten/E2 PDAs preloaded with BalanceLog®	NS	NS	NS	NS	NS	
Shea, 2007 ¹⁵⁵	Control	Mean: 71, Median: 70	NS	NS	NS	NS	
	HTU	Mean: 71, Median: 70	NS	NS	NS	NS	
Shiffman, 2000 ¹⁵⁶	Control	Mean: 43, Range: 31- 53	3(33)	NS	NS	NS	Interval since completion of residency, mean (yrs) 11.6; Percentage of effort in practice setting – Urban, inner-city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self-assessed computer experience – Nonuser 2, Novice 4, Intermediate 3.

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	For acute asthma exacerbations, computer provided for structured encounter documentation and offered recommendati ons based on the guideline of the AAP; patients were contacted by telephone 7 to 14 days after the visit to assess outcomes	Mean: 43 acute asthma exacerbatio ns, Range: 31- 53	3(33)	NS	NS	NS	Interval since completion of residency, mean (yrs) 11.6; Percentage of effort in practice setting – urban, inner- city (11), Urban, not inner-city (28), Suburban (56), Rural (5); Self-assessed computer experience – Nonuser 2, Novice 4, Intermediate 3
Shore, 2008 ¹⁵⁷	Telepsychiatry with videoconferencing	Mean: 54, Median: 54, Range: 46- 71	(0)	American/Indian: 53 (100)	NS	12-16 yrs: 28 (52)	Had been married in the past 48 (90); Currently married1 7 (32)
Shu, 2001 ¹⁵⁸	Computerized physician order entry	NS	NS	NS	NS	NS	
Sicotte, 1998 ¹⁵⁹	CPŔ	NS		NS	NS	NS	
Sicotte, 2009 ¹⁶⁰	Survey of nurses and physicians on electronic clinical information system	<=40, Nurses: (50), Pphysicians: (33)	Nurses (89), Physicians (26)	NS	NS	NS	Had significant computer experience – Physicians (69), Nurses (31)
Simon, 2007 ¹⁶¹	ÉHR use	NS	(36.4)	NS	NS	NS	
Simon, 2008 ¹⁶²	Survey of a stratified random			NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	sample of 1829 office practices in Massachusetts in 2005						
Sittig, 2006 ¹⁶³	Survey of PCPs to identify factors that affected their acceptance of clinical decision support	Mean: 46.5	(38)	NS	NS	NS	Tenure at Kaiser Permanente 11.7 years
Smith, 2005 ¹⁶⁴	Determined the impact of online documentation on staff attitudes, completeness of documentation , and the time needed for documentation	NS	Total: 35 nurses	NS	NS	NS	
Smith, 2007 ¹⁶⁵	Control	Mean: 85.5, SD: 6.6				Mean yrs: 12.1 (4.1)	Mini-Mental State Examination (MMSE) score 25.7 (3.3); Neuropsychiatric Inventory score 0 (0)
	Video	Mean: 79.8, SD: 11.4				Mean yrs: 11.9 (2.8)	(MMSE score 23.2 (1.9); Neuropsychiatric Inventory score 0.4 (1.3)
	Phone	Mean: 81.9, SD: 11.0		NS	NS		MMSE score 22 (2.1); Neuropsychiatric Inventory score 0 (0)

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
Tamblyn, 2003 ¹⁶⁶	Control	Mean: 75.3	4028 (64.2)				Total physician visits 21.2, SD: 20.5; Visits to primary care physician 8.3, SD: 5.5; Visits to primary care physician (51.4), SD: (25.5); Total prescriptions 53.3, SD: 40.7;, Prescriptions from primary care physician 32.4, SD: 31.8, Prescribing physicians 3.3, SD: 2.2; Pharmacies 1.8, SD: 1.2, Prevalence of potentially inappropriate prescribing in the 2-month period before the study (14 items) 53; MD characteristics – age, sex, first language, location of medical school training (graduation), computer experience, number of eligible patients in practice

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Computerized decision-making support Group	Mean: 75.4	3845 (61.2)	NS	NS	NS	Total physician visits 20.7, SD: 19.5, Visits to primary care physician 7.7, SD: 5.3; Visits to primary care physician (49.5), SD: (26.4); Total prescriptions 51.0, SD: 43.1; Prescriptions from primary care physician 30.3, SD: 32.4; Prescribing physicians 3.3, SD: 2.3; Pharmacies 3.3, SD: 2.3; Prevalence of potentially inappropriate prescribing in the 2-month period before the study (14 items) 54
Tan, 2006 ¹⁶⁷	Interview survey of cancer-treating clinicians to determine what human, electronic and printed information sources to guide pharmacologic al treatment they perceived as the most readily available and time-efficient at the point of	<=25: 1, 26-35: 17, 36-45: 6, 46-55: 7, >55: 1	22	NS	NS	NS	Senior Medical Officer 8; Junior Medical Officer 8; Oncology Pharmacist 7; Oncology Nurse 7; Pharmacist 1; Pharmacy technician 1; Patients treated – Inpatient only 3, Outpatient (ambulatory) only 4, Both inpatient and outpatient 25

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	care						
Thomas, 2004 ¹⁶⁸	Control	Mean: 42.4	66				Married/cohabiting (60); Home owners/occupier (63); Car owner (84); Living comfortably (15); Long-standing disability/infirmity (66)
	Participants completed a computerized psychosocial assessment that generated a report for the GP, including patient-specific treatment recommendati ons.	Mean: 43.5	72	NS	NS	NS	Married/cohabiting (58); Home owner/occupier (61); Car owner (79); Living comfortably (16); Long-standing disability/infirmity (61)
Tierney, 2003 ¹⁶⁹	Control	Mean: 60, SD: 13	(66)	Black: (59)			Primary care visits during the study, mean 4.5, SD: 3.5; Enrolled patients completing the 12- month interview 119 (66)
	Physician intervention	Mean: 61, SD: 12	(61)				Primary care visits during the study 5.3, SD: 4.1; Enrolled patients completing the 12-month interview 142 (72)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention	-	(/-)				
	Pharmacist Intervention	Mean: 57, SD: 12	(68)	Black: (54)	NS	NS	Primary care visits during the study 4.8, SD: 3.7; Enrolled patients completing the 12-month interview 107 (68)
Tierney, 2005 ¹⁷⁰	Control	Mean: 52, SD: 13	71	White: 61		Mean yrs: 9.9, SD: 3.0	COPD (74)
	Physician Intervention	Mean: 50, SD: 14	77	White: 55		Mean yrs: 10.1, SD: 2.9	COPD (70)
	Pharmacist Intervention	Mean: 51, SD: 14	68				COPD (63)
	Both Interventions	Mean: 51, SD: 14	71	White: 59	NS	Mean yrs: 10.4, SD: 2.9	COPD (68)
Trief, 2006 ¹⁷¹	Control	Mean: 69.5	(38.71)	White: 58 (93.55), Black: 2 (3.23), Other: 2 (3.23)	\$2,580.01 per month	Mean yrs: 12.33	
	Telemedicine intervention	Mean: 70.64	(45.83)	White: 68 (94.44), Black: 2 (2.78), Other: 2 (2.78)	: \$2,306.47	Mean yrs: 12.69	
Trivedi, 2002 ¹⁷²	Discussion: 1) barriers of implementation of guidelines in general and of CDSSs; 2) importance of physician's role in development, implementation , and adherence; 3) methods that could improve CDSS acceptance	NS	NS	NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention		(7-5)				(14)
	and use; 4) the types of tools needed to obtain end- user feedback						
Trivedi, 2009 ¹⁷³	Computerized decision support system for depression (CDSS-D)			NS	NS	NS	
Tsang, 2001 ¹⁷⁴		Mean: 35	2 (225)				Duration of illness, mean (yrs) 11.8, SD: 3.5; Body mass index, mean (kg/m2) 26.0, SD: 5.8; Basal HbA1c (8.81), SD: 1.79
	Group 1 used the DMS for 12 weeks and then had a control period of 12 weeks	Mean: 30	5 (50)	NS	NS	NS	Duration of illness (yrs) 5.3, SD: 6.5; Body mass index, mean (kg/m2) 22.2, SD: 3.1; Basal HbA1c (8.56) SD: 1.79
Tudiver, 2007 ¹⁷⁵	IDEATel: telemedicine to electronically deliver health care services to Medicare patients with diabetes in federally designated medically underserved areas of upstate New York	Mean (PCPs): 48, SD: 20.0	32 (27.6)	NS	NS	NS	PCP Type — Physician 91 (81.9), Physician Assistant 4 (3.6), Nurse Practitioner 8 (7.2), Doctor of Osteopathy 8 (7.2); Practice base — Institution 41 (38.7), Self 58 (54.7), Other 7 (6.6); PCP care panel size — <=2,000 36 (38.3), 2,001-4,000 40 (42.6), 4,001-6,000 11 (11.7), 6,001 and over 7 (7.4), Average 3,393, SD: 3,718;

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
							Clinical practice per week, mean (hours) 47.7, SD: 19.81; Patients per PCP enrolled in the study – 1-5 68 (60.7), 6-10 28 (25.0), 11-15 10 (8.9), >15 6 (5.4), Average (year 1, N = 112) 3.0, SD: 2.89, Average (year 2, N = 66) 3.2 patients SD: 3.07; Minutes per month spent on IDEATel, mean (year 1) 33.5, SD: 3.175
Tufano, 2008 ¹⁷⁶	Elicited, described, and characterized providers' perceptions of the effects of the Access Initiative, an information technology- enabled organizational redesign initiative intended to promote patient- centered access	NS	NS	NS	NS	NS	21 care providers representing 14 medical specialties were recruited; participants worked at least 50% of time performing direct patient care activities
Valdes, 2004 ¹⁷⁷	Characterized users and non- users of EHR/EMR software, identified	<40: (23.5), 40-5:(23.7), >65: (19.1)	(24.1)	NS	NS	NS	Urban (23.5); Rural (23.7)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	potential						
	barriers to						
	proliferation,						
	examined the						
	extent of						
	standardization						
	across reported						
	EHR/EMR,						
	and suggested						
	possible						
	solutions to						
	identified						
	barriers						
van den	A short			NS	NS	NS	
Berg, 2008 ¹⁷⁸	questionnaire sent to patients						
2000	regarding						
	implementation						
	of an Internet-						
	based physical						
	activity						
	intervention,						
	phone calls to rheumatology						
	centers and						
	insurance						
	companies						
Van Den	Evaluate use,	Range: 38-	10 (27.7)	NS	NS	NS	
Brink, 2005 ¹⁷⁹	appreciation	78					
2005''	and						
	effectiveness of electronic						
	health						
	information						
	support system						
	in H&N cancer						
	care						

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
van Wijk, 2001 ¹⁸⁰	BloodLink- Guideline, an indication- oriented test- ordering system	Mean: 43.2, Median: 43, Range: 39- 47					Experience at start of study, mean (yrs) 15.6, Median 16.0, Range 12.0-20.0
	BloodLink- Restricted group, a system which initially presented a limited list of tests	Mean: 43.7, Median: 42, Range: 38.7-48.2		NS	NS	NS	Experience at start of study, mean (yrs) 16.5, Median 15.0
Vanmeerbee k, 2004 ¹⁸¹	Use of EMR in FMH	NS	NS	NS	NS	NS	
Varonen, 2008 ¹⁸²	EBMeDS focus group interviews re (CDSS)	Median: 46, Range: 27- 56	(44)				Work experience, median 17; Daily computer use; Medication
Velikova, 2002 ¹⁸³	Compute- administered individual quality of life measurement in oncology clinics	Median: 57.4, Range: 43- 77	22	NS	NS	Basic school education: 3, Studied in college: 9, Higher university education: 3, Uknown: 3	
Wade, 2005 ¹⁸⁴	Web-based problem solving intervention	Mean: 10.5	2	NS	NS	NS	Children with TBI 6, Parents 8, Siblings 5
Wang, 2003 ¹⁸⁵	Cost-benefit study to analyze the financial effects of electronic medical record systems in ambulatory primary care	NS	NS	NS	NS	NS	

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
	settings from the perspective of the health care organization						
Wang, 2009 ¹⁸⁶	Cross- sectional survey of physicians who either had installed or were awaiting installation of one of two commercial e- prescribing systems	Mean: 47, Range: 27- 82		NS	NS	NS	
Weingart, 2006 ¹⁸⁷	Control	Mean: 52.9, Range: 21- 92	(56)	W:(54)			100 Case-control
	PatientSite	Mean: 42.9, Range: 20- 81	(67)	W:(80)	NS	NS	100 Case-control
Weiss, 2005 ¹⁸⁸	Web-based information and communication systems for cancer patients to provide holistic cancer care and communication	NS	NS	NS	NS	NS	

Author, Year	Control Intervention	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Homecare patients	<65, Male: (13), Female: (18.2), >=65, Male: (25.1), Female: (43.6)	(61.8)	White and Other: (68.6), Black: (31.1), Hispanic: (0.3)	NS	NS	
	Telemedicine patients	<65, Male: (10.9), Female: (28.3), >=65, Male (19.5), Female: (41.3)	(69.6)	White and Other: (60.9), Black: (39.1), Hispanic: (0)	NS	NS	
Wilbright, 2006 ¹⁹⁰	Self- assessment survey administered to nurses and nursing support staff to determine proficiency with computer skills they might perform at work: 15- question self- assessment survey to the nurses and nursing support staff	5-50: (49), <35:(23), >50: (28)			NS	Nursing or related degree	RNs (60)
Winkelman, 2005 ¹⁹¹	Focus groups, Interviews, and observation	Range: 21- 60	7 (58)	NS	NS	NS	Diagnosis, Years since diagnosis

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	Intervention						
Woods, 1999 ¹⁹²		Mean: 33.32, SD: 10.23	33 (55)			Mean yrs: 12.62, SD: 2.25	Insurance status – Medicaid 25 (41.7), Medicare 4 (6.7), Private insurance 11 (18.3), Medicaid/Medicare 12 (20.0), Other 1 (1.7), None 7 (11.7); Employment status – Employed 13 (21.7), Unemployed 47 (78.3); Genotype – HbSS 49 (81.7), HbSC 7 (11.7), HbSbthal 3 (5.0), Other 1 (1.7); Hydroxyurea treatment – Yes 29 (48.3), No 31 (51.7); Complications – Cardiomyopathy 4 (7.0),

Evidence Table 33. Characteristics of patients in studies addressing barriers, facilitators, and/or drivers to the use of health IT to implement patent-centered care (continued)

Author, Year	Control	Age, n (%)	Female, n (%)	Race, n (%)	Income Range, n (%)	Education, n (%)	Other Characteristics, n (%)
	intervention						
	Telemedicine	Mean: 29.37, SD: 10.18	36 (30)	NS	NS	Mean yrs: 12.03, SD: 2.39	Insurance status – Medicaid 43 (1.7), Medicare 4 (6.7), Private insurance 6 (10.0), Medicaid/Medicare 6 (10.0), Other 1 (1.7), None 0 (0.0); Employment status – Employed 17 (28.3), Unemployed 43 (71.7); Genotype – HbSS 57 (95.0), HbSC 1 (1.7), HbSbthal 2 (3.3), Other 0 (0.0); Hydroxyurea treatment – Yes 45 (75.0) No 15 (25.0) Complications – Cardiomyopathy 0 (0.0),

AAP: American Academy of Pediatrics, AF: Air Force, ATDM: Automated telephone disease management, BIT: Behavioral Internet treatment, BMI: Body mass index, CAD: Coronary artery disease, CDSS: Clinical decision support system, CHESS: Comprehensive Health Enhancement Support System, CHF: Congestive heart failure, COPD: Chronic obstructive pulmonary disease, CPOE: Computerized provider order entry, Computerized physician order entry, CPR: Computer-based patient record, CPGs: Clinical practice guidelines, CRs: Clinical reminders, DM: Diabetes mellitus, DMH: Department of Mental Health, D-PHIMS: Distributed Personal Health Information Management System, DSS: Decision support systems, EBMeDS: Evidence-based Medicine Electronic Decision Support, ED: Emergency department, EDECS: Emergency Department Expert Charting System, EHR: Electronic health record, EMR: Electronic medical record, fDSMP: face-to-face dyspnea self-management programs, FEV₁: Forced expiratory volume in 1 second, FMH: French-speaking Belgian Medical Houses, HCO: Homecare organization, HIV: Human immunodeficiency virus, H&N: Head and neck, ICU: Intensive care unit, IIS: Immunization information system, ISS: Injury Severity Score, IT: Information technology, IVD: Interactive video disk, HTU: Home telemedicine unit, HTMS: Home Telecare Management System, LMR: Longitudinal medical record, MCIR: The Michigan Care Improvement Registry, MD: Doctor, MMSE: Mini-Mental Status Examination, NICU: Neurointensive care unit, NIH: National Institutes of Health, NP: Nurse practictioner, NS: Not specified, PA: Physician's assistant, PAS: Pain assessment screen, P'ASMA: A Web-based asthma self-management support tool, PCASSO: Patient-Centered Access to Secure Systems Online, PCP: Primary care provider or primary care physicians, PDA: Personal digital assistant, PHIMS: Personal Health Information Management System, PSG: Polysomnography, RCT: Randomized Controlled Trial, RIAS: Roter Interaction Analysis System, RN: Nurse, Rx: Prescription, SF: Store and forward, SMS: Sh

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